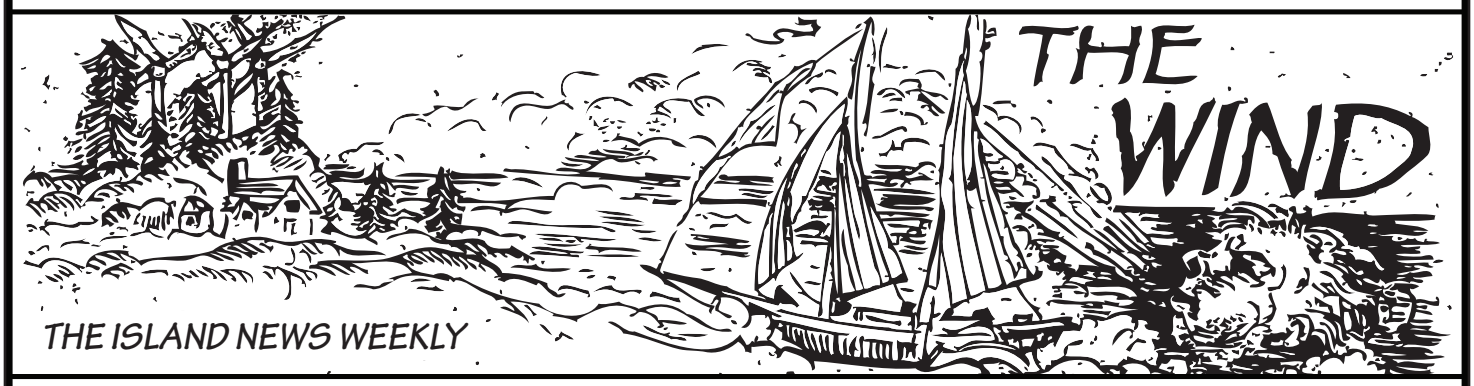
P.O. BOX 194, VINALHAVEN, ME 04863 ANNUAL SUBSCRIPTION: $50



January 14 – January 20, 2021 E-MAIL: vinalhavenwind@gmail.com

On behalf of the family of Ann Webster Guidoboni, I would like to extend our deepest thanks to the residents of Vinalhaven for the donations to my mother's memory.We are happy to say that there will be books purchased and donated in Mom's memory to the Vinalhaven school library. Mom graduated from Vinalhaven schools and later returned there as a teacher, and her loving husband Norman taught music there as well.

We are especially grateful to Jean Conway for organizing this donation and for her excellent suggestion as to the beneficiary. Her help is especially touching as her mom and mine graduated in the same class at VHS. We just know that Mom would be thrilled to hear of this tribute.

On a personal note, I would also like to give belated but heartfelt thanks to Davidson Realty for their kind assistance this summer in organizing what turned out be my Mom's last visits to her beloved island.

We salute our friend
Fritz Lord,
a long-time volunteer at
Second Hand Prose, and a
true Friend of the Library.
We send our heartfelt
condolences to Penelope,
the rest of his family, and
his many friends who will
miss him so deeply.

Friends of the Library

The WIND staff
would like to extend their
most sincere thanks to
Gabe McPhail
for all her work on the WIND
since the pandemic hit.
If you had not stepped up
so swiftly and ably,
we do not know how we
would've gotten the WIND
out these last few months!

Martin Luther King Jr. Day
Roadside Clean-up
Monday, January 18th

Together We Serve is a national day of action to lift up our communities and serve our neighbors. Join your friends and fellow community members to help clean the roadsides of Vinalhaven this coming Monday, January 18th. VLT will help organize this and will supply bags for trash and debris.

Email VLT for a list of suggested locations: info@vinalhavenlandtrust,org Plan to meet at the parking lot in town at 1 PM, to form groups, or head out on your own! Waterproof boots are a good idea; please wear a mask and gloves and social distance with those not in your household or pod. Let us know where you worked and how much trash you collected!

The Mainland Fairy

Need someone to pick up groceries, Chinese food, prescriptions and send them across? Need a ride to doctors appointment?
Call Chuck 207-303-7787

Town of Vinalhaven Information

www.townofvinalhaven.org

Meetings

Committee meetings have been postponed, are being held virtually, or are hybrid with both in-person and zoom attendance. The Select Board meets every two weeks. Meetings are delivered virtually from our Facebook page: **facebook.com/townofvinalhaven** and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven.**

Town Office & Transfer Station CLOSED, Monday, January 18 – in honor of MLK Day

Library CLOSED, Saturday, January 16 – in honor of MLK Day

Select Board – Virtual Meeting, Tuesday, January 19, 5:30pm Contact Andrew Dorr, Town Manager for Zoom login information **townmanager@townofvinalhaven.org**

Notices

Property Taxes 2020-2021 Property Taxes are due on November 2nd, 2020 and May 3rd, 2021. Interest began on November 3rd, 2020 for the November payment. Please call the Town Office for an interest figure before mailing payment (207) 863-4471

CEO/LPI Faye Grant is in the office most days 9am-12pm. The town office is not open to walk-ins so contact 863-2168 or vhceo@townofvinalhaven.org to schedule an appointment.

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. $10 Recycling Totes available at the Town Office.

Food Scrap Composting collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

Hours of Operation & Contact Information*

***The Town Office is open to the public. Limit one person in the office, two in the waiting area. Please wear a mask. All services are also available over the phone, by email, or online–please contact the Town Office for further information.**

Town Office – Mon–Fri 7:30am-5pm – 863-4471 or 863-4343; Fax: 863-4393

*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

Town Manager – Andrew J. Dorr – 863-2042; 266-7806; townmanager@townofvinalhaven.org

Town Clerk – Darlene M. Candage – 863-4343; townclerk@townofvinalahven.org

Deputy Town Clerk – Tanya Robishaw – 863-4343; deputyclerk@townofvinalhaven.org

Assessor – Wes Robinson – Hours vary, contact 863-2168 or vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – Faye Grant – M-F, 9am-12pm contact 863-2168 or vhceo@townofvinalhaven.org to set up an appointment

Planning and Community Development – Gabe McPhail – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage – 863-2063

Library – Scott Candage –Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vhaven.lib.me.us

Transfer Station – Kenny Martin – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

Fire Department – Marc Candage – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

Ambulance Service – Kerry McKee – Emergency 911; Non-Emergency 863-2119 or kmckee@townofvinalhaven.org

Knox County Deputy – Emergency 911; Non-Emergency 593-9132

Animal Control Officer/Harbor Master – James Knowlton – 756-0209

Public Health Officer – Jen Desmond – Contact the Town Office – 863-2042

Deputy Harbor Master – Peter Gasperini – 542-1992

DON'T FORGET TO REGISTER ME!

2021 DOG REGISTRATIONS DUE JANUARY 31, 2021

$6 for altered dogs
$11 for unaltered dogs
Rabies immunization must be current on the date license is issued. If our records show immunization is not current, you must provide proof of current immunization before a license can be issued.
$25 late fee starts February 1st, 2021

Call or stop by the Town Office FMI (207) 863-4343

2021 Boat Stickers and Hunting Licenses

Call or stop by the Town Office to get yours.

Upcoming EVENTS

Join Us

Live on Zoom
and Facebook

6pm Wednesday January 20
Join FIBTF Chair Janann Sherman and Mark Greene from the Town of Long Island Broadband Exploratory Committee for a conversation about Long Island's recent partnership with Consolidated Communications (CCI) (formerly Fairpoint) to deliver a fiber-to-the-premise broadband solution to every home on their island.

To join on Zoom, contact **Gabe McPhail gmcphail@townofvinalhaven.org 207-952-1817**

SAVE THE DATE for our next Event! 6pm Wednesday January 27
Details coming soon!

VINALHAVEN CAMPAIGN FOR

COMMUNITY BROADBAND

The Town of Vinalhaven's Fox Islands Broadband Task Force is hosting virtual activities and events to build community consensus on how to bring high speed internet to every home on the island. Join us!

Here's how you can get involved

Take the Broadband Speed Test

A Maine Broadband Coalition project, the broadband speed test is a simple way to register your internet speed by location. The data collected is used to map an accurate picture of current internet access in Maine.
www.mainebroadbandcoalition.org/speed-test-info

Share Your Stories.

What are your internet challenges? How would having fast reliable internet be a game changer for you?
Let Janann Sherman know. **janannsherman@gmail.com**

Be a Broadband Champion.

Check out our ***NEW* Broadband Glossary!**
Read the **2020 Broadband Report!**
Both available at **www.townofvinalhaven.org** – click on **"Join the Vinalhaven Broadband Conversation"** on the homepage.
Talk to friends and family who may not support broadband; listen and learn why. Share what you know and why you believe broadband is critical.

Want to learn more? Contact Janann **janannsherman@gmail.com** or Gabe **gmcphail@townofvinalhaven.org**

Important School Dates for Parents:

- There will be an early release on Friday, January 15th. Students will be dismissed at 12:30. Teachers will be in a workshop that afternoon.
- There is no school on Monday, January 18th—Martin Luther King Jr. Day.
- 2nd quarter ends on Friday, January 29th.

KINDERGARTEN KIDS: Class of 2032

What is your name? Avery Francis Martin

How old are you? I am 5

When is your birthday My birthday is April 3rd

Who is in your family? Mommy, Daddy, Scarlett (Sissy), Grammie Greta, Grampa Mark, Auntie Keel, Papa, Markie, Alice, Uncle Johnny, Auntie Ali, Faith, Jack, Bella, and the cat Punkin

Where do you live? Dogtown

Do you have any pets? Tell us about them. Jake, my dog. He likes to lick my Mommy, and barks when there is someone outside the window. He likes to wrestle with my Dad, and I do too.

Name some of your friends. D, Faith, Jayce, Logan, Henry, Yanna.

Name three of your favorite foods. Spaghetti, tacos, and pepperoni pizza.

What is/are your favorite color (s)? Blue and green

What do you like best about kindergarten? I get to play with my best friend D, and I like centers.

What do you like to do after school? I like to go watch YouTube Kids on my iPad, and ride my electric scooter.

What do your parents do for work? My Dad is a lobsterman and works in the woods. My Mommy works at school, and works at Greet's Eats, Grammie Greta's wagon.

Tell us something special about you. I like to help, and have chores.

What do you want to be when you are grown up? I want to be a Dirt Bike Rider, Policeman, and a Boxer.

January on Vinalhaven

Preserve Hikes

Hiking is one of the activities we can do safely together with friends. Dress warmly, in layers that can be removed as needed, stay hydrated, remember the limited daylight, and enjoy! For a list of all Vinalhaven trails:

vinalhavenlandtrust.org/hiking-preserves

Marcuse Wetlands Preserve

The trail is a 0.6 mile loop trail with a 0.2 spur across the wetland. Marcuse offers forested trails with benches at scenic overlooks for wildlife viewing. There is a spruce-fir forest where granite ledges are adorned with mosses and lichens. Link to more info and a printable brochure and map:

vinalhavenlandtrust.org/marcuse-wetlands

Merchandise and Gift Memberships

Shop locally! Visit our website to purchase hats, notecards, canvas bags, gift memberships, and more!

vinalhavenlandtrust.org/vlt-merchandise

Trivia Questions

1. Which Shakespeare play is the longest?
2. Power outages in the United States are mostly caused by what?
3. When did the Cold War end?

Friends of the Library
Meeting
Thursday, Jan 21
9 am
Join us via Zoom
All are welcome

Please email for link:
Friendsof VHLibrary@gmail.com

Island Village Childcare

IVC has openings!

Are you interested in enrolling your child in childcare?

Inquire with us TODAY!

Part-time and full-time slots available for children 0-5 years. For more information, please contact Megan Day.

863-4382 or 863-2214

KINDERGARTEN KIDS: Class of 2032

What is your name? Faith

How old are you? 5

When is your birthday July 1st

Who is in your family? Mama, Jack, and Daddy and Bella and Pumpkin and Bubbles

Where do you live? On Tolman Road

Do you have any pets? Tell us about them. I have a fish and a cat. My cat likes to go out a lot. Bubbles likes to swim around in his tank.

Name some of your friends. Jayda and Mazey, Stephen, Scotty, Nolan, Addie, Jayce, Mallory, Charlie, Aaliyah

Name three of your favorite foods. Well, I like broccoli and Cucumbers, and I like ice cream a lot!

What is/are your favorite color (s)? Light pink, light purple, and light blue

What do you like best about kindergarten? Recess

What do you like to do after school? I usually like to eat snacks and watch TV.

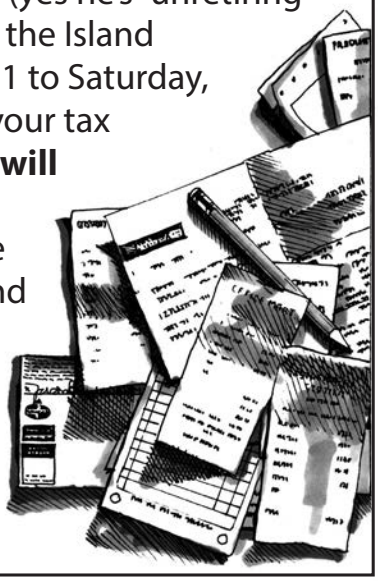
What do your parents do for work? My Daddy goes to haul and Mama sews.

Tell us something special about you. I got a super star at school.

What do you want to be when you are grown up? A baker.

THE TAX MEN ARE ARRIVING!

Joe Kruk and Ron MacDonald (yes he's "unretiring" for one more year!) will be on the Island from Monday February 1, 2021 to Saturday, February 13, 2021 to service your tax needs and other matters. **We will be staying at The Tidewater Motel again this year.** Please call John and Debbie Moreland at 863 – 2782 to schedule an appointment. New clients are welcome. We service all types of tax clients, businesses and tax matters.



Islands Community Medical Services

Our Medical Center

Medical Center Information

www.icmsvh.org

Medical Services: 863-4341
Dental Services: 863-2533
Counseling: 863-9959
Billing: 863-4348

Hours of Operation

Medical Services

Mon, Tues, Wed, Fri: 8:00 am – 12 noon, 1pm – 4pm
Thurs: 8:00 am – 12 noon
Closed Tues. AM and Thurs. PM

Dental Services

Dentist: January 13,14,20,21,27,28, &29
Hygienist:January 14,15,22,28,29
Office:

Physical Therapy

To schedule an appointment, please call 863-4341

Counseling

Dan Keniston, LCSW
Jeff Wilber, LCSW
To schedule an appointment, Please call 863-9959

Osteopathic Manipulative Treatment & Acupuncture

To schedule an appointment, please call 863-4341.
Stuart Damon, DO January 15,22, & 29

Women's Health

Kathleen Coleman Feb 5
To schedule an appointment, please call 863-4341.
Cathy Colman, ANP: December 4th

To reach the provider on call dial 863-4341 and your call will be forwarded to the answering services. They will take your call and page the provider on call for you.

Like us on Facebook

ICMS receives HHS funding & has federal PHS deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and covered individuals.
ICMS is a 501(c) 3 and contributions to ICMS are tax exempt. This health center is a Health Center Program grantee under 42 USC 254b, and a deemed Public Health Service employee under 42 USC 233(g)-(n).

Islands Community Medical Services

Our Medical Center

Great news! You can now pay your ICMS bill online. You will need your account number, which is on your statement, name and email address. The address to make a payment is pay.instamed.com/icmsvh.

If you have any questions or concerns, please contact the Billing Department at 207-863-4348.

Thank you.

Having a hard time? Not sure who to talk to?

Remember, the Medical Center is here for you with trained therapists available to help you through difficult times.

You can reach **Jeff Wilber**, LCSW at (**207) 449-9448** or **Dan Keniston**, LCSW, **(207) 837-4057**

We have appointments available by telemedicine through Zoom. We are offering a **free visit** for anyone who is struggling during these challenging times.
You can call Jeff or Dan directly.

If you have any questions or concerns, please contact Dinah Moyer at **dmoyer@icmsvh.org** or **(207) 863-4109**

a shared vision of success for our community and school

PoG

VINALHAVEN PORTRAIT OF A GRADUATE

Get Involved. Take the Survey.

www.surveymonkey.com/r/VHPoG

What is PoG?

Portrait of a Graduate is a School and Community process to define the skills and knowledge that we want our students to have to be successful in life, college, work, and as future citizens of our local and global community.

The first part of the process involves gathering information (doing research, conducting focus groups and interviews, and administering a community-wide survey). The second part involves creating an action plan that will enable our School and Community to take what we've learned and apply it to learning in the classroom and the wider world.

Who's involved?

Everyone! That's right. All members of the Vinalhaven School and Community are invited to be part of this process. There is a **core team of teachers and community members** who make up the "process team" who are doing the work involved. They are guided by **two process facilitators**–Yvonne Thomas from the Island Institute and Val Peacock of Rural Aspirations. Both Yvonne and Val have a long history with the Vinalhaven School, including assisting with the formation of the Skippers Program. PoG is funded by a grant from the Barr Foundation (barrfoundation.org) and works collaboratively with the **University of Maine** and **the Maine Department of Education**.

Learn more.

Contact Yvonne **ythomas@islandinstitute.org** or Val **val@ruralaspirations.org**

08/08

PUBLIC NOTICE:
NOTICE OF INTENT TO FILE

Please take notice that

Jason Arey Phone #: 207-329-5560

562 Preble St. Portland, ME 04106

(*Name, Address and Phone # of Applicant*)

is intending to file a Natural Resources Protection Act permit application with the Maine Department of Environmental Protection pursuant to the provisions of 38 M.R.S. §§ 480-A thru 480-BB on or about

January 23, 2021
(anticipated filing date)

The application is for

A 5'x95' pier with a 12'x20' float
(description of the project)

at the following location:

42 Narrows Island Road, Vinalhaven, ME 04863
(*project location*)

A request for a public hearing or a request that the Board of Environmental Protection assume jurisdiction over this application must be received by the Department in writing, no later than 20 days after the application is found by the Department to be complete and is accepted for processing. A public hearing may or may not be held at the discretion of the Commissioner or Board of Environmental Protection. Public comment on the application will be accepted throughout the processing of the application.

For Federally licensed, permitted, or funded activities in the Coastal Zone, review of this application shall also constitute the State's consistency review in accordance with the Maine Coastal Program pursuant to Section 307 of the federal Coastal Zone Management Act, 16 U.S.C. § 1456. (Delete if not applicable.)

The application will be filed for public inspection at the Department of Environmental Protection's office in (*Portland, Augusta or Bangor*)(circle one) during normal working hours. A copy of the application may also be seen at the municipal offices in Vinalhaven, Maine.
(*town*)

Written public comments may be sent to the regional office in Portland, Augusta, or Bangor where the application is filed for public inspection:

MDEP, Central Maine Regional Office, 17 State House Station, Augusta, Maine 04333
MDEP, Southern Maine Regional Office, 312 Canco Road, Portland, Maine 04103
MDEP, Eastern Maine Regional Office, 106 Hogan Road, Bangor, Maine 04401

(pink)

GO FISH

SENDING AN ENORMOUS

THANK YOU!

TO MY CUSTOMERS NEAR AND FAR FOR ALL OF YOUR SUPPORT IN 2020!

YOUR SHOPPING LOCALLY OVER THE HOLIDAYS ALSO PUT $2000 BACK INTO OUR COMMUNITY TO KEEP PEOPLE SAFE, WARM, FED AND CARED FOR – THANK YOU!

STORE HOURS ARE FEWER BUT YOU CAN FIND MOST OF OUR REMAINING STOCK ONLINE AT...

GOFISHVH.COM

HOURS FOR JANURAY
THURSDAY - SATURDAY
11:00 – 4:00

OR BY APPT. – 863-9973
MRSGOFISH@GMAIL.COM

Vinalhaven Community Outreach

Are you experiencing unusual expenses because of COVID-19 and loss of income, or unexpected medical bills or other crises in your life?

If you need help, and fit our criteria, please contact us by **email**
vhcommunityoutreach@gmail.com

Thank you.

We are a 501 (c) 3 organization

How You Can Help

donate to local service groups

Community Lunchbox
Union Church, attn: Lunchbox
PO Box 249
Checks payable to Union Church
Memo line: Lunchbox

Meals on Wheels
VES attn: Meals on Wheels,
PO Box 624
Checks payable to VES
Memo Line: Meals on Wheels

Vinalhaven Community Outreach
PO Box 15
Checks payable to VCO Memo line: Covid-19

Open Bible Baptist Church Corona Virus Relief Fund (CVRF)
Open Bible Baptist Church attn: CVRF
PO Box 465
Checks payable to Open Bible Baptist Church, Memo line: CVRF

Vinalhaven Fuel Fund
Sue Radley
attn: Vinalhaven Fuel Fund
14 Lawson's Quarry Rd
Checks payable to Vinalhaven Fuel Fund

The Brown Door at the Union Church
Union Church
attn: Food Pantry
PO Box 249
Checks payable to Union Church
Memo line: Food Pantry

All = Vinalhaven, ME 04863

COVID-19 FINANCIAL HELP

Unemployment Benefit for Self-employed People
Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply.
www.maine.gov/unemployment

General Assistance (GA)
A program to help cover costs for basic needs like food, housing, and utilities.
Contact **Andrew Dorr**, **207-863-2042**
townmanager@townofvinalhaven.org

Community Calendar

Email events to:
windnonprofitads@gmail.com

Pleasant River Grange

would like to donate buckets of sand and salt to our island seniors.
If you or a loved one is interested, please call Sue Radley at 863-4822 and leave a message. We will deliver!

NORTH HAVEN * VINALHAVEN

VINALHAVEN: Dyer Island Retreat. A quaint shingled Cape with granite remains of a deep-water dock. Access over a causeway from the main island to this well-maintained get-away in a private setting at the end of the road. Island living at its finest, with spectacular sunsets. Offered at **$875,000**

CITY POINT, VINALHAVEN: 7 acres with 1,000' deep water on Vinalhaven's Westside. Two-bedroom year-round cottage with separate garage/workshop. Sunset views. MLS #1347431 **$799,000**

VINAL COVE, VINALHAVEN: 8 acres of nicely elevated waterfront land. 500' on the water, with deep water. 2 soil tests for septic. Nice variety of trees. **$495,000**

THE PRIVILEDGE, VINALHAVEN: Cabin at the water's edge on private cove off Winter Harbor near Starboard Rock. Six plus acres with driveway to cabin. **$395,000**

CRIPPLE CREEK CABIN, VINALHAVEN: This cabin sits at the end of a private road yet is close to several island beaches and quarries. This year-round home has a beautiful covered porch which includes a hot tub as well as an open deck area to enjoy the outdoors. **$327,000**

VINAL COVE, VINALHAVEN: 7 acres with 700' tidal waterfront looking East at Conservation land. Two soil tests for septic. Easy road frontage, driveway started. **$289,000**

RE/MAX Jaret & Cohn

THE ISLAND GROUP
Box 168, Vinalhaven, ME 04863-0168

WESLEY REED 207-863-2554
ASHLEY DAVIS-OAKES 207-213-3788
WANDA DAVIS-OAKES 207-401-8655

Tidbits from the Vinalhaven Historical Society

A Good Example of hockey spirit was given in the first game of the season, Tuesday afternoon which was played on Sanborn and Arey's ice pond, between the Sons of Rest and V. H. S. teams. It was an even match the first period and neither team was successful enough to get a goal, but the V. H. S. team, keeping the puck in the vicinity of the enemy's goal during the second period, scored by a pass from Raymond to Miller, and later Patrick caught Bunker sleeping and scored another. The game ended in the third period and was called off on account of darkness. Raymond, Smith and Patrick featured for V. H. S, while Cunningham and Merrithew featured for the Sons of Rest. The line up follows:

VHS – Raymond, c; Patrick, l.w.; Burns, r.; Davis, g.; Poole, r.; Davidson, c.r.; Miller, c.r.

Sons of Rest – Cunningham c.; Smith, l.w.; Grey, r.w.; Merrithew, r.; Bunker, g.; Pulk, p.; Robertson, c.r.

Scorers – Patrick and Miller.

Courier-Gazette January 15, 1921

Thursday - January 6th was the coldest day we have felt so far this winter. The mercury stood at 12 degrees below zero.

Courier-Gazette January 11, 1887

A reporter of the Courier Gazette visited the office of the late Moses Webster Thursday morning. Every-thing was as the old gentleman left it the last time he was there. On the desk were his glasses as he had dropped them, while his private letters were scattered in homelike confusion. On the floor lay the skin of the deer that he shot, while above it were the cases of stuffed birds, 56 in number, that were his pride. Views of the camp at Jonesboro with his own familiar figure and that of Gov. Bodwell in the foreground, and the boathouse and log cabin at Round Pond were on the wall. The whole appearance of the place was a sad reminder of the old man beneficent who was gone.

Courier-Gazette January 25, 1887

Word of the Week

– Haptic –

Relating to the sense of touch.

BILL PAYMENT ASSISTANCE PROGRAM
FOX ISLANDS ELECTRIC COOPERATIVE, INC.

The **Low Income Assistance Program,** developed by Fox Islands Electric Cooperative, Inc., is a payment assistance and incentive program for qualified customers. **Who knows…you may just be one of them.**

The **LOW INCOME ASSISTANCE PROGRAM** can help you avoid unmanageable account balances and even help you GET CREDIT FOR THE USE OF AN OXYGEN PUMP. **PENQUIS COMMUNITY ACTION PROGRAM will certify your eligibility when you apply for HEAP.**

Penquis Community Action Program (PCAP)
Please call 596-0361 to schedule an appointment in the Rockland office.

www.penquis.org

For more information about the program, call Fox Islands Electric Cooperative, Inc.
We're working harder to make keeping up with your energy bill easier.

863-4636

!!! CALL FOR PHOTOGRAPHS !!!

2022 ANNUAL FUNDRAISING CALENDAR
ISLANDS COMMUNITY MEDICAL SERVICES

Friends and Photographers, it's time to send in your favorite Vinalhaven images for the 2022 edition, a tradition you have made great and greater.
Your contributions to the ICMS Calendar benefit the entire island community and make new friends worldwide.

Send those pictures
High Resolution, to:
vhicmscalendar@gmail.com
Deadline for entries is February 14, 2021

Rockland Animal Hospital

Dr. Caron will be on the island on **Jan. 28 and Feb. 18, 2021**

Clinics are held upstairs at the Old Fire Hall

Call 207-594-5850
to schedule an appointment

Submit to the Wind!

We are looking for stories, **anecdotes**, recipes, **images**, Shout Outs, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: vinalhavenwind@gmail.com

PAPER WINDS!

We are now printing paper copies of the WIND for all our subscribers!

We want to make sure that anyone who wants a copy is able to get one. (The WIND will continue to be online, as well). The average cost of one paper, including printing and postage is $1.70.

If you would be interested in a 3 month subscription, please send $15.00 to:

The WIND
PO Box 194
Vinalhaven, ME 04863

Thank you!

DOWNTOWN *waterfront* RESTAURANT

$359,000

Excellent opportunity to own a busy waterfront restaurant in downtown Vinalhaven! Perfectly positioned in the center of town and situated over Carver's Pond, the location is ideal for a seasonal restaurant. The restaurant seats 95 guests, 75 guests in the dining room, 20+ guests on the outdoor patio and also includes a side porch window for ice cream and takeout connected to the kitchen. Above the restaurant, there is a newly renovated and winterized 700+ sq/ft studio apartment where the current owners lived year-round while running the restaurant.

Claire Jackson, Sales Agent | 207-401-8242 | claire@vinalhavenrealty.com | www.vinalhavenrealty.com

Millstream Cottage

All seasons
waterfront rental
by day, week, or month

Two bedroom, two bath
full kitchen and laundry
Easy walk to ferry and all in-town activities
Great bird watching!

Contact
Phil Crossman
207-592-1865
philcrossman.vh@gmail.com

January is National Cervical Cancer Awareness Month!

You can prevent cervical cancer by getting a routine screening test called a PAP. A PAP test can detect abnormal cells BEFORE they turn into cancer and can also find cervical cancer EARLY when it is easy to treat. The test is not painful, takes 2 to 5 minutes and can be done here at your Medical Center. Call 863-4341 to schedule. (Try to schedule the test on a day when you do not expect to be on your menstrual period. If your period begins unexpectedly and will be continuing on the day of your test, try to reschedule the appointment).

The CDC recommends **women between 21-29 years of age get a PAP test every 3 years. Women aged 30-65 should get both a PAP and HPV test every 5 years.**

Had a hysterectomy? If you still have a cervix, you may still need to be screened. Talk to your provider for more information.

Already HPV vaccinated? Even if you've already got the vaccine, it doesn't protect against all types of HPV so it is recommended that women continue having PAP tests and even HPV tests in some cases.

Worried about the cost? The Affordable Care Act covers this screening, check with your insurance provider. If you are uninsured or insurance won't cover PAPs and are a Mainer over 40, the Maine CDC Breast and Cervical Health Program (MBCHP) will help cover costs of an annual PAP/HPV testing (as well as Mammogram screenings). Call 800-350-5180 to apply. ICMS also has a sliding fee scale for patients without insurance or with high deductibles.

Please contact Anna (207)-607-0134 or aclapham@icmsvh.org for more information.

Islands Community Medical Services
Our Medical Center

Medicare Questions?

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Office: 207-832-6950
Email:
info@unitedcornerstone.com

We Have Answers!

Feeling Low? Reach Out for Help

ICMS offers behavioral health services. Contact **Jeff Wilber**, LCSW at **(207) 449-9448** or **Dan Keniston**, LCSW, **(207) 837-4057**

Maine Statewide Crisis Hotline 24/7 for immediate crisis-oriented help **1-888-568-1112**

Maine Warm Line 24/7 for connecting with someone if you need mental and emotional support **1-866-771-9276**

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Oceanfront Home with Beach. Post & Beam home just off the Thorofare with deepwater dock, large sandy beach, 12 acres, garage. Stunning! **$1,590,000**

Kelwick Farm. Historic farm with 18 acres and tastefully updated farmhouse. 3 fireplaces, 4 beds/2 baths. Fruit trees, open meadows. Charming! **$595,000**

The Schoolhouse. Iconic 2.5 story bldg. designed as an elem. school. Flex 1st flr space, office, 2 apartments. Very well maintained & full of history! **$439,000**

Roberts Harbor Views. Contemporary cottage w/ big views on the SE side. Wood flrs, first flr. bdrm., spacious covered porch. Impeccable! **$439,900**

Elevated Building Lot. 3.88 acres w/ granite dock on Seal Cove, just off the Thorofare. Completed survey and soil test. Stunning sunset views! **$525,000**

3+ Acres on Coombs Neck. Oceanfront lot with extraordinary elevated views of E. Penobscot Bay. HOA dock and common land. Fabulous! **$445,500**

Elevated Building Lot. 1.4 acres with sweeping views of the eastern bay. Soil tested with power nearby. Quiet location yet close to town. **$185,900**

Land on Calderwood Neck. 13 Acres w/ lovely building site nestled between granite outcroppings. Surveyed, soil test, electric nearby. **$82,500**

Does your Organization or Business need

Hand Sanitizer? Masks?

ICMS can help!

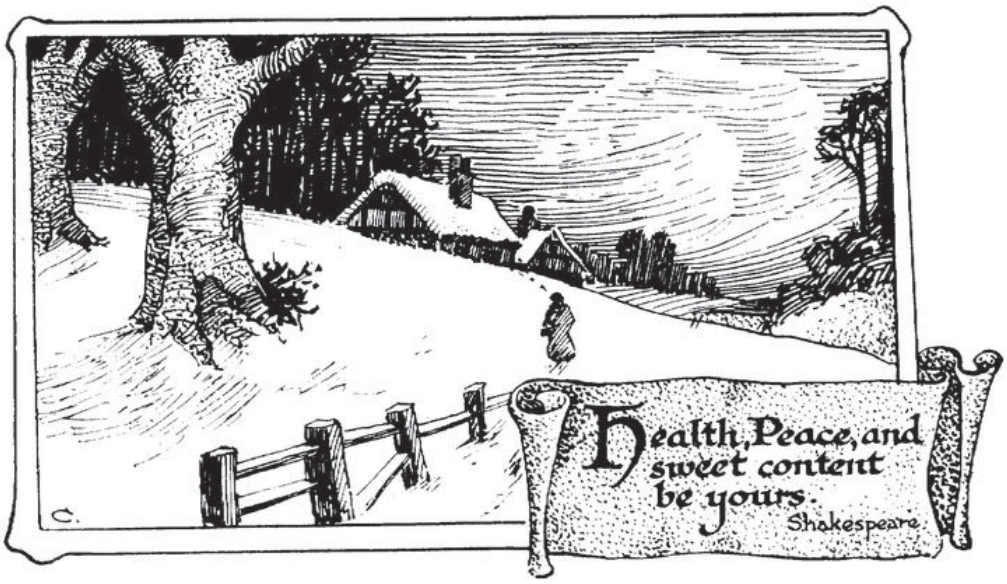
Email Dinah **dmoyer@icmsvh.org**

Trivia Answers

1. Hamlet
2. Squirrels
3. 1989

Kids Trivia

1. Old Glory refers to what?
2. How many teeth does an adult human have?
3. What are animals that eat both meat and vegetables called?



I Am Island

I was here before you and
remain after you're gone
my dust is in your bones
I used to be the Indian
that fished n hunted here
the squaw that birthed his
sons and daughters
they sang my song
and I used to be the
teachers in your one-room
schoolhouses scattered in
hamlets over all the land
your shopkeepers, your
stone cutters squatting in
strength, or your linemen
guiding granite to safety
on small trains running
the sternman hauling on
your boats for the captain
catching your next meal
the woman waiting your
table, the girls sent out to
Hurricane to please your
vision n clean your homes

I lived on the hills of your
town, ran the company
for the boss man, flirted
with the canners, the fish
cutters, I was the Boss
paying people in smiles
and a handshake until
money was found
the engineer arguing
laid out plans for the
next cut, the next break
to quarry, I nursed the
injured, fed the egos
driving carriages thru
town like everyday was
Sunday and I, the young
man, keeping the streets
clean of dung, spying on
old men in trap shops to
learn their cursing and
how to chase women
and money with humor

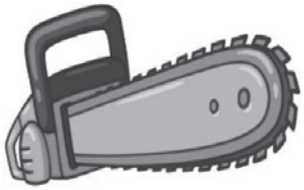
I am your island home
I am in your blood
and my salt is your salt
my trees fall at your will
my deer hang in your
dooryards and we care
for each other the way a
pilot fish carries the whale
the way flood and flowers
both warn and heal you
as our food fills your
tables and the greens die
off yearly under my snows

My waters are your life
now, my air your balm
and being, and all I ask
is that you remember
our truth is our bond
we care and live together
Stronger than you I will
stay longer than you
I'll keep the stories of
this place, gather them
like seed for the next
generation, for I am Island
I am your happiness more
than I am your sorrow.

Paddy Noble

Do you need woods work done, cutting , clearing, or just sprucing things up? Call Two Many Captains tree service, no job to small, reasonable rates and references available. Kyle Doughty and Joseph Hutchinson

863-5009 or
KD3205@twc.com



VINALHAVEN VACATION RENTALS

www.vinalhavenvacationrentals.com
207- 401-8242
claire@vinalhavenvacationrentals.com

Round Up for the Grange

The Grange is a family and community organization with its roots in agriculture established in Vinalhaven in 1908.

The Grange provides agriculturally related programs, community events and dances for the pleasure of the community.

The Grange needs funds to repair the building, for heat, landscaping, and potable water.

Please contribute to our efforts and join us!

Round Up for the Grange will begin Monday, November 2 at Carver's Harbor Market.

Special thanks to Carver's Harbor Market and to all who round up to benefit the Grange!

Pleasant River Grange #492

We would like to thank those who are rounding up for the Grange at Carver's Harbor Market. It will go towards many necessary maintenance and improvement projects. We sincerely appreciate the help you have given so far, and we hope some of you may be able to give a little more.

We are in the process of upgrading the heating system, getting water from the hand dug well into the building, and are also dealing with large outdoor projects. Unfortunately, our coffers are in no way able to deal with even one of these projects. We are, therefore, asking our friends for additional help. If you could, please send your donation (any amount will be greatly appreciated) to:

Pleasant River Grange #492
C/o Penelope Lord, Treasurer
PO Box 669
Vinalhaven, Maine 04863

The Grange members sincerely thank you!

"The Last Hurrah"

Frederick Wyatt Lord - "Fritz"
15 June 1930 – 7 January 2021

These last years (since 2012), living on Vinalhaven — shared with my beloved wife Penelope and our much-loved dog Abigail — have provided the most fulfilling contentment in my whole life. But now it is time to move on. I have begun my journey of transition from incarnate life to the welcoming embrace of Divine Mystery: unknown, but anticipated with joy. Here on Vinalhaven I have been able to concentrate more on "Being" rather than on "Doing."

My education began in my small town's (Great Barrington, Massachusetts) public schools followed by a BA Dartmouth, an MBA Harvard Business School, and a JD Boston College Law School at age 47.

My vocational Doing life — mostly in the Berkshires of Western Massachusetts — has included being an attorney, ballet company general manager, encounter-group facilitator, Ensign USNR (Korean War), insurance and real-estate broker, massage therapist, mediator/counselor, middle-school substitute teacher, non-profit financial administrator, and semi-professional singer. Indeed, singing has been a prime non-vocational pleasure for me from age 8 in a boy's choir onward through church choirs, choruses both large and small, and community lyric theater productions. In the great outdoors, I have greatly enjoyed skiing, hiking, swimming, boating, and bicycling, along with reading, language, cooking, wining and dining with friends, and dancing. And laughing! My love of laughter connects me to the universal Cosmic Joke, of which I have been an avid adherent.

I leave my beloved family: Penelope, my wife of 33 years; my son David and his life partner MoonSong; my daughter Rebecca and her wife Janita; my daughter Julia and her husband Lee, along with their twin sons: my grandsons Gabriel and Samuel; my sister Melissa; my nephew Erick; my niece Sarah; my two step-sons Geoffrey and Alexis; my former wife Eleanor, mother of our children; and William Delmolino, my best-of-all-time friend.

Dear sisters and brothers, if we — and all other creatures of this earth — are to survive our ruthless and violent destruction of Gaia and ourselves, we shall have to move from being the planet of materialistic knowledge and "tribal" delusions to being the planet of all-encompassing love.

For many years now, I have been working with this quotation from William Blake:

"We are placed on this earth for a little space of time to learn to bear The Beams of Love."

I have treated this as a Tendai Buddhist koan. Love is the eternal essence, which I am now going to rejoin wholly within Divine Mystery. So presently, it all shall become clear. Hurray!

LOVE ONE ANOTHER

AMATE

Penraven

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"We are placed on this earth for a little space of time to learn to bear The Beams of Love."
– William Blake

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Ferry/Airstrip Connections. Here and There on Vinalhaven
By Reservation or by Chance ***Jeanne Bineau-Ames***

The Journey

Two quotes tell the story of travel:

"So much of who we are is where we have been." William Langewiesche

"No one realizes how beautiful it is to travel until he comes home and rests his head on his old, familiar pillow." Lin Yutang

Every family home on Vinalhaven was home, and few families had a family like us. That is why Mom packed everything under the sun and her two pillows. Mom coordinated and purchased all summer home supplies. We could decide what went in our one suitcase. The night before departure at dinner mom would say, "are you packed? did you pack this? did you pack that? you need this, you don't need that and then yes, we all repacked our suitcases. We were leaving our home to go home, but Mom demanded her off-Island creature comforts.

Our Island home consisted of 12 houses. Any of which you could enter without anyone lifting an eyebrow. All of which to me felt like home. It's always been known that traveling is half the fun, Mom and Dad didn't share that thought

At midnight the Bear (Dad) came into my bedroom, "Richard, get up! Get up now", I rolled out of bed and shed my PJ's. Lucky, I wore them over my clothes; I now would have an extra 10 minutes to lie on the bed, ha-ha! Dad was a professional packer, he would turn to us children mid packing at midnight and invariably said, "how much shit is your mother bringing?" we would shrug our shoulders, as our only concern was, who would sit in the middle backseat. Mom always rode shotgun.

Our traveling routine never wavered nor did our unvarying phrases. How much longer? Are we there yet? And I need to go to the bathroom, to mention a few givens. Our two mandatory pit stops were the gas on the Massachusetts/ Connecticut border and L.L. Beans both were open 24 hours.

Our sole mission was to get the car in line for the 7 am ferry to the Island. The foreshadowing of being there filled our anxious minds. Many Uncles and Aunts, cousins and Island friends awaited. Our Journey would be the "calm before the storm". We arrived at the ferry terminal anywhere from 5-7 am to wait for the Everett Libby to take us on our final hour and a half leg. Once onboard nothing of notice would change until we passed the Breakers. At that point, the Mainland's life was put on hold and forgotten. For a sliver of time memories could start anew.

Richard Flagg

ISLAND TICKS

pest control

207-837-7011

Mice... YUCK!

Mice are looking for a winter home. If you have, or have had a problem with mice, give us a call.

Fall is also a good time to deal with Cluster Flies and other overwintering pests.

It's never too early to discuss next spring for Ticks, Browntail Moths, and Ants.

Island Owned + Operated
Charlie + Erica Simpson

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Terminal Lane, Owls Head, ME 04854
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I've Moved!

Sonya Ames is now working at Gray Moon Hair Salon! If you would like to make an appointment, please call the salon at **(207) 593-8342.**
Gray Moon is located at: 359 Broadway, Rockland ME 04841
We look forward to hearing from you!!

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Kid Trivia Answers

1. The American flag
2. 32
3. Omnivores

Boat and Engine for Sale

1986 Seaway 18ft Center Console Speedboat and 2015 Yamaha 70hp fuel injected four stroke outboard. Motor has fewer than 20 hours and was professionally installed at Jeff's Marine. Comes with 2017 LoadRite Trailer. Flasher sounder, chart plotter and GPS.

Selling just because we don't use it and want someone to enjoy it. Boat is in very good condition and ready to put in the water.

$16,500 OBRO
call 863-9344 for more info.

1999 Pursuit for Sale

$29,500. Gorgeous boat!!! Very good condition. 28+'. Runs and looks great. Garmin GPS, radar, depth finder. With aluminum bunk trailer. Reupholstered cushions. Ready for summer fun and fishing! Call Drew 860-490-3001 or Dkeir@cox.net.

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Pleasant River Chapel

Sunday, January 17th
Kathy Morton, speaker

Live on Zoom

Join us for conversation at 8:30; service begins at 9:00 AM

All are welcome

For Zoom log-on info, email pleasantriverchapel @gmail.com

We are grateful to those who are taking care of so many.

For pastoral care call:
Rosanne Wallace 863-4846
Bob Candage 863-4943

AA

Our meetings have temporarily gone online, for URL and times please email

VinalhavenAA@gmail.com

AL-ANON
MEETING CHANGE

Until further notice, Al-Anon meetings will be held virtually.

To join the meeting by internet OR phone, please email **vinalhavenalanon@gmail.com** or call **207-952-1817**
Help is also available from Maine Al-Anon **maineafg.org** and World Al-Anon **al-anon.org**

We are here for you! Newcomers welcome!

Open Bible
Independent BAPTIST CHURCH
VINALHAVEN, ME
2 Timothy 3:16-17

SUNDAY
9:30—Sunday School
Adults in Church

10:30—Fellowship Time

11:00—Worship Service

WEDNESDAY
6 PM—Bible Study and Prayer Time

ALL ARE WELCOME!

20 Fellowship Drive
863-9944
www.obbc-vinalhaven.org

Pleasant River Grange # 492

The members of the Pleasant River Grange would like to thank Sue and Hugh Martin and Fred Granger for the donation of the beautiful monument honoring the 70 founders of our Grange in 1908.

Carvers Harbor Market

Everyone at Carvers wants to thank our customers for shopping small, local business through these tough times. We have a new shipment of local meats in our freezer: Lamb from Vinalhaven's own Red Meadow Farm, Beef and Pork from Fortin Farms in Winslow and Turkey and Chicken from Pine Tree Poultry in New Sharon. We also carry Love G.R.A.M. creations from Ali McCarthy and Festive Fish products, hand-stitched and designed by Alison Bramhall in Yarmouth Maine. Your support means the world to all of us!!

This week we have a great ad for you. We have Fresh Cut New York Sirloin Strip Steaks $5.99 lb, Chicken Thighs or Drumsticks only 69¢ lb, and Fresh Cut Broccoli Crowns only $1.29 lb. We also have Hood Ice Cream at $2.99, Best Yet Butter Quarters only 2/$5 and Tropicana Orange Juice 2/$5. Make sure to check out the ad available in store and at carversharbormarket.com for more great deals!!

The Sand Bar

863-4500 * Dine-In or Take-Out
Open for Lunch, Dinner & Cocktails
11 am – 8pm (9pm Friday & Saturday)
Closed Mondays

Frequently Asked Questions

Q: Are you open?
A: YES! We are open for dine-in, take-out and touchless curbside togo

Q: How do I eat & drink with a mask on?
A: You only need to wear your mask when you are standing. This includes coming in, using the restroom and leaving. When seated you can remove your mask.

Q: How many people can I have dinner and drinks with?
A: Per state requirements, up to 8 people can be seated at one table.

Q: Can I take my drink to go?
A: Yes and no. You **cannot** take the drink you are enjoying at the bar, but you **can** order drinks to go with your take-out food. We will package any drink for you, try our frozen booze slushies...they are amazing!

Check our Facebook page for daily specials & slushie flavors

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