

January 21 - January 27, 2021

E-MAIL: vinalhavenwind@gmail.com



A HUGE THANK YOU to everyone who sent birthday wishes to me both near and far. For all the cards and phone calls. Special thanks to whoever promoted it all. It was an amazing day - one to remember! I love you all. Thanks again and May God Bless.

- Marion Tolman

Community Calendar

Email events to: windnonprofitads@gmail.com

Submit to the Wind!

We are looking for stories, anecdotes, recipes, images,

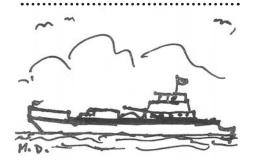
Shout Outs, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: vinalhavenwind@gmail.com

When Fritz and I (and Abigail!) moved to Vinalhaven in 2012, we thought we were just moving to a beautiful place to quietly live out the rest of ourdays. Little did we know we would be drawn into a community that opened its heart to us, one that has loved, supported, and sustained us beyond anything we would have imagined or expected, both generally over the years and especially during these months of Fritz's stroke and crossing the threshold. I know I speak for Fritz as well when I say thank you from the bottom of my heart to the Universe for guiding us to this magical place and to all of you who have gotten us through this time in so many loving, thoughtful, and caring ways, too many to name, but you know who you are. My love to you all.

- Penelope

To Our Advertisers:

As you are aware, the WIND has not charged for ads since the end of February 2020. We will begin billing at the beginning of March 2021 for ads run in February. If we must enlarge your ad for space reasons, will charge you for the smaller ad size you requested. If your ad is printed on a smaller scale (not likely to happen), you will be charged for the smaller size. Thanks for your continued support.



The Mainland Fairy

Need someone to pick up groceries, Chinese food, prescriptions and send them across? Need a ride to doctors appointment?

Call Chuck 207-303-7787

Town of Vinalhaven Information

www.townofvinalhaven.org

Meetings

Committee meetings have been postponed, are being held virtually, or are hybrid with both in-person and zoom attendance. The Select Board meets every two weeks. Meetings are delivered virtually from our Facebook page: **facebook.com/townofvinalhaven** and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven.**

Broadband Community Conversation – Virtual, Wednesday, January 27, 6pm Contact Gabe McPhail, for Zoom information **gmcphail@townofvinalhaven.org**

Community Development Corporation Committee – Virtual, Thursday, January 28, 5pm Contact Gabe McPhail, for Zoom information gmcphail@townofvinalhaven.org

Select Board – Virtual Meeting, Tuesday, February 2, 5:30pm Contact Andrew Dorr, Town Manager for Zoom information **townmanager@townofvinalhaven.org**

Notices

Property Taxes 2020-2021 Property Taxes are due on November 2nd, 2020 and May 3rd, 2021. Interest began on November 3rd, 2020 for the November payment. Please call the Town Office for an interest figure before mailing payment (207) 863-4471

CEO/LPI Faye Grant is in the office most days 9am-12pm. The town office is not open to walk-ins so contact 863-2168 or vhceo@townofvinalhaven.org to schedule an appointment.

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

Food Scrap Composting collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

Hours of Operation & Contact Information*

*The Town Office is open to the public. Limit one person in the office, two in the waiting area. Please wear a mask. All services are also available over the phone, by email, or online-please contact the Town Office for further information.

Town Office – Mon–Fri 7:30am-5pm – 863-4471 or 863-4343; Fax: 863-4393 *Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

Town Manager – Andrew J. Dorr – 863-2042; 266-7806; townmanager@townofvinalhaven.org

Town Clerk - Darlene M. Candage - 863-4343; townclerk@townofvinalahven.org

Deputy Town Clerk – Tanva Robishaw – 863-4343; deputyclerk@townofvinalhaven.org

Assessor – Wes Robinson – Hours vary, contact 863-2168 or vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – Faye Grant – M-F, 9am-12pm contact 863-2168 or vhceo@townofvinalhaven.org to set up an appointment

Planning and Community Development – Gabe McPhail – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage – 863-2063

Library – Scott Candage –Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vhaven.lib.me.us

Transfer Station – Kenny Martin – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

Fire Department – Marc Candage – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

Ambulance Service – Kerry McKee – Emergency 911; Non-Emergency 863-2119 or kmckee@townofvinalhaven.org

Knox County Deputy – Emergency 911; Non-Emergency 593-9132

Animal Control Officer/Harbor Master – James Knowlton – 756-0209

Public Health Officer – Jen Desmond – Contact the Town Office – 863-2042

Deputy Harbor Master – Peter Gasperini – 542-1992



REMINDER: Report All Loose Dogs to the Animal Control Officer

There have been several loose dog incidents recently where dogs have caused harm to pets and livestock on other people's property. DOG OWNERS – the Town follows the State's Leash Law: It is unlawful for any dog to run at large except when it is used for hunting. *At large means off the premises of the owner and not under the control of any person

If you witness a dog at large, please report the incident immediately to Animal Control Officer James Knowlton (207) 756-0209 If you are unable to reach James, please contact Knox County Dispatch (207) 593-9132

Reporting incidents on Facebook is not an effective way to resolve this growing problem.

REMINDER: 2021 Dog Registrations Due January 31, 2021

\$6 for altered dogs
\$11 for unaltered dogs
Rabies immunization must be
current on the date license is
issued. If our records show
immunization is not current,
you must provide proof of
current immunization before a
license can be issued.
\$25 late fee starts

February 1st, 2021

Call or stop by the Town
Office (207) 863-4343

KINDERGARTEN KIDS: Class of 2032



What is your name? Arianna Vera Wadleigh

How old are you? I am 5.

When is your birthday My birthday is 'Eptember 22nd.

Who is in your family? Bubba, Mummy, Daddy, Montana, Bailey, Mimi, Pa, and my uncles.

Where do you live? Vinalhaven Road

Name some of your friends. Aubri, Jordan, Baby Zo, Aria, Hads, Maevis, Paigey, Avery and Henry. Do you have any pets? Tell us about them. My new puppy is Digger, he chases me. Buddy is my other doggy and he trips me up on his line sometimes. Rocco is my cat, and he meows.

Name three of your favorite foods. I like Popsicles, cucumbers, and chocolate. I'm really crazy about chocolate.

What is/are your favorite color (s)? Purple, pink, and red.

What do you like best about kindergarten? I like playing with my friends.

What do you like to do after school? Coloring with my Pa and playing on my gymnastics bars.

What do your parents do for work? Mumma works at the gym. Daddy goes to haul, paints hop buoys, builds traps, and clams. One time digging clams he burnt his butt really bad.

Tell us something special about you. I'm kind, and I share toys.

What do you want to be when you are grown up? A mermaid.

Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

- 1. Download the wind to your computer/device
- 2. Create an email message addressed to your Kindle account
- 3. Subject of the email is the word "Convert"
- 4. Attach the wind PDF to the email body (no other text)
- 5. Send email
- 6. After a short while open your Kindle app and synchronize the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' – copy/paste that address and you're all set.

Trivia Questions

- What do you call filo pastry dough stuffed with chopped nuts and honey?
- 2. What is the first element on the Periodic Table?
- 3. What three words are written on Martin Luther King's gravestone?



January on Vinalhaven

Preserve Hikes

Hiking is one of the activities we can do safely together with friends. Dress warmly, in layers that can be removed as needed, stay hydrated, remember the limited daylight, and enjoy! For a list of all Vinalhaven trails:

vinalhavenlandtrust.org/hiking-preserves

Marcuse Wetlands Preserve

The trail is a 0.6 mile loop trail with a 0.2 spur across the wet-land. Marcuse offers forested trails with benches at scenic overlooks for wildlife viewing. There is a spruce-fir forest where granite ledges are adorned with mosses and lichens. Link to more info and a printable brochure and map:

vinalhavenlandtrust.org/marcuse-wetlands

Merchandise and Gift Memberships

Shop locally! Visit our website to purchase hats, notecards, canvas bags, gift memberships, and more!

vinalhavenlandtrust.org/ vlt-merchandise

Have you taken this **Survey** yet? Now's the time! www.surveymonkey.com/r/VHPoG

What is this Survey? Why should you take it?

The PoG Survey is a way for YOU to share what you feel is MOST IMPORTANT for VH grads and why.

Did you (or DO you) go to school on Vinalhaven?

Do Vinalhaven students and/or grads work for you?

Do you work for Vinalhaven grads?

Do you care about the success of our graduates?

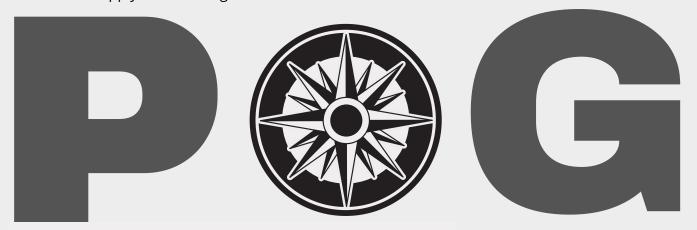
Do you CARE about the future of Vinalhaven?

If you answered YES to any of these questions, then PLEASE, TAKE THE SURVEY!

What is PoG?

Portrait of a Graduate is a School and Community process undertaken by the School and Vinalhaven residents supported by the Island Institute and Rural Aspirations to define the skills and knowledge that we want our students to have to be successful in life, college, work, and as future citizens of our local and global community.

The first part of the process involves gathering information (doing research, conducting focus groups and interviews, and administering **THIS Community-wide Survey**). The second part involves creating an action plan that will enable our School and Community to take what we've learned and apply it to learning in the classroom and the wider world.



VINALHAVEN PORTRAIT OF A GRADUATE

a shared vision of success for our community and school

Learn more. Contact Yvonne ythomas@islandinstitute.org or Val val@ruralaspirations.org

December 2020's Kindness Bucket winners are...

STEPHEN SMALL
AUBRI HOOSE
MACKENZIE HUFSEY
TREY GOODRICH

December 2020's Kindness Buck Recipients are... Lorelei Crossman-King** Brady Philbrook

Alice Philbrook** Madeline Beckman

Noah Hufsey**
Mariah Small
Jaxson Oxton
Summer Chilles
Gianna Jones

Hadley Swears**
Ezra Watt
Paxton Peavy
Joshua Small
Davidson Young
Isla Poole

Aaliyah Osgood

Kayleb Wadsworth**

Mallory Simpson Maevis Bryant Addison Poole Jack McCarthy Ellie Hunsinger Sydney Dirrigl-Martin Logan Miller Isabelle Smith Nolan Turner Alden Potter Malorie Stockbridge Francisco Bickford Charlie Adair Von Jones **Hunter Hamilton** Aiden Boody

Raymond Bryant**

Tanner Lazaro
Cooper Dickinson
Brandon Philip
Ana Simpson
Jeremy Robishaw
Audrey Anthony
Bella Tolman
Lincoln Dennison

**Most kindness bucks received.

KINDERGARTEN KIDS: Class of 2032



What is your name? Paige Rebecca Watt

How old are you? 5

When is your birthday August 25th

Who is in your family? Adrienne Grace Watt, my sister, Riley Emmett, he's my brother, and my Mom and Dad

Where do you live? Vinalhaven on the North Haven Road

Name some of your friends. Arianna, Aaliyah, Lucas, and other kids in my class. Do you have any pets? Tell us about them. I have a pig named Charlotte, she likes to eat a lot. I have a dog, her name is Bella, she lays down a lot. I also have chickens, they can run really fast and they lay blue eggs or sometimes brown or white ones.

Name three of your favorite foods. Watermelon, popcorn, and yogurt.

What is/are your favorite color (s)? Pink and purple.

What do you like best about kindergarten? Going to wheel- I like art class!

What do you like to do after school? I like to color and play on my playground or walk to the stream.

What do your parents do for work? My Dad goes to haul and my Mom cleans houses.

Tell us something special about you. I am a good big sister.

What do you want to be when you are grown up? A Zoo Keeper

THE TAX MEN ARE ARRIVING!

Joe Kruk and Ron MacDonald (yes he's "unretiring" for one more year!) will be on the Island from Monday February 1, 2021 to Saturday, February 13, 2021 to service your tax needs and other matters.

We will be staying at The Tidewater Motel again this year. Please call John and Debbie Moreland at 863 – 2782 to schedule an appointment. New clients are welcome. We service all types of tax clients, businesses and tax matters.



Medical **S**ervices

Our Medical Center

Medical Center Information

www.icmsvh.org

Medical Services: 863-4341 Dental Services: 863-2533 Counselina: 863-9959 Billing: 863-4348

Hours of Operation Medical Services

Mon, Tues, Wed, Fri: 8:00 am -12 noon, 1pm – 4pm Thurs: 8:00 am - 12 noon Closed Tues. AM and Thurs. PM

Dental Services

Dentist: January 20,21,27,28, &29 Hygienist: January 22,28,29 Office:

Physical Therapy

To schedule an appointment, please call 863-4341

Counseling

Dan Keniston, LCSW Jeff Wilber, LCSW

To schedule an appointment. Please call 863-9959

Osteopathic Manipulative Treatment &

Acupuncture

To schedule an appointment, please call 863-4341.

Stuart Damon, DO January 22, & 29

Women's Health

Kathleen Coleman Feb 5 To schedule an appointment, please call 863-4341.

Cathy Colman, ANP: December 4th To reach the provider on call dial 863-4341 and your call will be forwarded to the answering services. They will take your call and page the provider on call for you.

Like us on Facebook

ICMS receives HHS funding & has federal PHS deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and covered individuals. ICMS is a 501(c) 3 and contributions to ICMS are tax exempt. This health center is a Health Center Program grantee under 42 USC 254b, and a deemed Public Health Service employee under 42 USC 233(g)-(n).



Our Medical Center

Great news! You can now pay your ICMS bill online. You will need your account number, which is on your statement, name and email address. The address to make a payment is pay.instamed.com/icmsvh.

If you have any questions or concerns, please contact the Billing Department at 207-863-4348.

Thank you.



Having a hard time? Not sure who to talk to?

Remember, the Medical Center is here for you with trained therapists available to help you through difficult times.

You can reach Jeff Wilber, LCSW at (207) 449-9448 or Dan Keniston, LCSW, (207) 837-4057

We have appointments available by telemedicine through Zoom. We are offering a **free visit** for anyone who is struggling during these challenging times. You can call Jeff or Dan directly.

> If you have any questions or concerns, please contact Dinah Moyer at dmoyer@icmsvh.org or (207) 863-4109

VINALHAVEN CAMPAIGN FOR

COMMUNITY BROADBAND

The Town of Vinalhaven's Fox Islands Broadband Task Force is hosting virtual activities and events to build community consensus on how to bring high speed internet to every home on the island. Join us!



Here's how you can get involved

1. Take the Broadband Speed Test

A Maine Broadband Coalition project, the broadband speed test is a simple way to register your internet speed by location. The data collected is used to map an accurate picture of current internet access in Maine.

www.mainebroadbandcoalition.org/speed-test-info

2. Share Your Stories.

What are your internet challenges? How would having fast reliable internet be a game changer for you? Let Janann Sherman know. janannsherman@gmail.com

3.Be a Broadband Champion.

Read the **2020 Broadband Report!** Available at www.townofvinalhaven.org – click on "Join the Vinalhaven Broadband Conversation" on the homepage. Talk to friends and family who may not support broadband; listen and learn why. Share what you know and why you believe broadband is critical.

Want to learn more? Contact Janannjanannsherman@gmail.com or Gabe gmcphail@townofvinalhaven.org

Learn More Toin These EVENTS

Live on Zoom and Facebook

6pm Wednesday January 27

Roger Heinen, a
member of Islesboro's
Broadband Committee,
will talk with FIBTF
Chair Janann Sherman
about the path
Islesboro took to build
a municipally owned
Broadband Network
which serves their
community equitably
with lightening-fast
fiber-to-the-home
connections.

To join on Zoom, contact Gabe McPhail gmcphail@townofvinalhaven.org (207) 952-1817

SAVE THE DATE for our next Event! 6pm Wednesday February 17 Details coming soon! Hello Vinalhaven Viking Families! We are happy to announce that we had two people answer the entire first puzzle correctly. Shyanne Warren and Caleb Turner both matched the 10 questions correctly. Great job! Caleb was drawn as the grand prize winner and will receive a large pizza. Below are the correct answers to the first puzzle. Join in the fun and complete the second puzzle. The completed puzzle will need to be returned by January 29th.

Entries can be dropped off at the school office or mailed to the school. Vinalhaven School, 22 Arcola Lane, Vinalhaven, ME 04863.

All entries that have correctly matched the teachers with the facts will be added to a drawing and one family will win a certificate for one large pizza from the Pizza Pitt. Entries must include your name and be returned to the school office or received in the mail by January 29th. Good Luck!

ANSWERS FROM THE FIRST PUZZLE

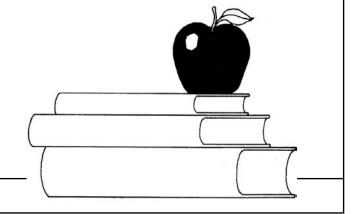
Match the name of the teacher below with the fact listed.

Interesting Tidbits

- 1. F I raced superbikes 650 and 750 class in-line 4, v-twin, and triple motorcycles
- 2. B My jobs when I lived in Chicago were working at a craft store, a pizza restaurant, and a puppet theater.
- 3. G I was born in Oklahoma, and the year I was 5 I lived in Germany and went to Kindergarten there.
- D I have a fraternal twin sister!
- 5. H I took a cross country horseback ride to the top of the Continental Divide.
- 6. E I once came in 278th out of 279 in a Cross Country Race.
- 7. J I sometimes save worms when they're crawling on the blacktop after it rains.
- 8. I I lived next to the National Zoo in Washington, D.C.
- 9. A I have 11 grandchildren.
- 10. C I was born during a weather event, and got my name because of it!

Teachers

- a. Carolyn Augusto
- b. Emily Cohn
- c. Stormy Dyer
- d. Brooke Label
- e. James LePage
- f. Hillary Newton
- g. Kris Osgood
- h. Pat Paguet
- i. Robb Warren
- j. Heather White



Swedish Orange Rye Bread

Adapted from <u>High Altitude Baking</u> by the Summit County (CO) Friends of the Library

This recipe comes from a cookbook my husband Dan got when he was working as a ski patrolman/repair plumber in Breckenridge Colorado. The recipes are all adapted for the altitude, about 10,000 feet. Adapting this recipe to a damp sea level environment took me many tries. Many of my attempts produced good hockey pucks.

I finally succeeded and can offer some advice. The rye flour and the yeast must be fresh. Also be patient. Rye bread is slow to rise at high altitude and a sea level it is ridiculous. But the result is worth it. This is incredible bread.

2 T or 2 packages of yeast ½ c warm water, 105°-115° Zest and juice of one orange ¼ c brown sugar ¼ c molasses

1 T salt

2 T shortening

Boiling water to equal 11/4 c when added to orange juice.

2½ c rye flour

3½ - 4 c white bread flour

- 1. Mix the yeast in the warm water and set aside to prove. Cut the zest off the orange using a zester or micro plane. Squeeze the juice and put in a measuring cup. Mix the brown sugar, molasses, salt and shortening. Add enough boiling water to the orange juice to make 1½ cups. Add to the brown sugar mixture and stir until the sugar is dissolved and the molasses is thinned.
- 2. Add the rye flour to the liquid and beat until smooth. Let the mixture cool until it is less than 115°, then add the yeast mixture and the zest and stir. Add 3½ c white flour. Put ½ c flour on the counter and knead the dough for 10 minutes
- 3. Put the dough in a greased bowl and let it rise in a warm place (90°) until it is double in volume. Be patient this can take as much as 4 hours.
- 4. When the dough has doubled, put it on your counter and punch it down. Grease two loaf pans. Divide the dough into two equal portions. Knead each a little and form it into a log the length of the pan. Put the "logs" into the pans, with any seam down, and set aside in a warm place of 2 hours. They will not double in that time, but do not worry, they will rise lot more when baked.
- 5. Preheat the oven to 350°. And bake for 45-50 minutes. They should sound moist and a bit hollow when they are done.

- Marcia Cleveland



IVC has openings!

Are you interested in enrolling your child in childcare?

Inquire with us TODAY!

Part-time and full-time slots available for children 0-5 years. For more information, please contact Megan Day.

863-4382 or 863-2214

Pleasant River Grange

would like to donate buckets of sand and salt to our island seniors. If you or a loved one is interested, please call Sue Radley at 863-4822 and leave a message. We will deliver!





Outreach Are you experiencing unusual expenses because of COVID-19

Vinalhaven Community

and loss of income, or unexpected medical bills or other crises in

your life?

If you need help, and fit our criteria, please contact us by email

vhcommunityoutreach@gmail .com

Thank you.
We are a 501 (c) 3 organization

How You Can Help

donate to local service groups

Community Lunchbox

Union Church, attn: Lunchbox PO Box 249 Checks payable to Union Church Memo line: Lunchbox

Meals on Wheels

VES attn: Meals on Wheels, PO Box 624 Checks payable to VES Memo Line: Meals on Wheels

Vinalhaven Community Outreach

PO Box 15 Checks payable to VCO Memo line: Covid-19

Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church attn: CVRF PO Box 465 Checks payable to Open Bible Baptist Church, Memo line: CVRF

Vinalhaven Fuel Fund

Sue Radley
attn: Vinalhaven Fuel Fund
14 Lawson's Quarry Rd
Checks payable to Vinalhaven Fuel
Fund

The Brown Door at the Union Church

Union Church attn: Food Pantry PO Box 249 Checks payable to Union Church Memo line: Food Pantry

All = Vinalhaven, ME 04863





Rockland Animal Hospital

Dr. Caron will be on the island on Jan. 28 and Feb. 18, 2021

Clinics are held upstairs at the Old Fire Hall

Call 207-594-5850 to schedule an appointment

Trivia Answers

- 1. Baklava
- 2. Hydrogen
- 3. Free at Last

PAPER WINDS!

We are now printing paper copies of the WIND for all our subscribers!

We want to make sure that anyone who wants a copy is able to get one. (The WIND will continue to be online, as well). The average cost of one paper, including printing and postage is \$1.70.

If you would be interested in a 3 month subscription, please send \$15.00 to:

The WIND PO Box 194 Vinalhaven, ME 04863

Thank you!



!!! CALL FOR PHOTOGRAPHS !!!



2022 ANNUAL FUNDRAISING CALENDAR ISLANDS COMMUNITY MEDICAL SERVICES

Friends and Photographers, it's time to send in your favorite Vinalhaven images for the 2022 edition, a tradition you have made great and greater.

Your contributions to the ICMS Calendar benefit the entire island community and make new friends worldwide.



Send those pictures High Resolution, to: vhicmscalendar@gmail.com Deadline for entries is February 14, 2021





Buying? Selling? We can help!

Kris Davidson, Broker Lisa Shields, Associate Broker ~ Alex Young, Sales Agent 207.863.2200 ~ info@davidson-realty.com www.maineislandliving.com



Blackberry Point. Three bedroom post and beam on Mill River w/ 20 acres and 2400'+on Mill River. Attached guest quarters. Deepwater dock. \$975,000





Leo's Lane. Fabulous 5 bdrm, 3 bath **The Schoolhouse.** Iconic 2.5 story bldg. 1890s home, w/ deeded harbor access. designed as an elem. school. Flex 1st flr Excellent craftsmanship and impeccable space, office, 2 apartments. Very well details. Completely rebuilt. \$849,000 maintained & full of history! \$439,000



Roberts Harbor Views. Contemporary cottage w/ big views on the SE side. Wood flrs, first flr. bdrm., spacious covered porch. Impeccable! \$439,900



1840s Home on large Lot. windows, new direct vent heat. Corner \$150,000 lot with a shed near town.



Three **3+ Acres on Coombs Neck.** Oceanfront bedrooms, 1½ baths, updated electric & lot with extraordinary elevated views of E. Penobscot Bay. HOA dock and common land. Fabulous! \$445,500



Elevated Building Lot. 1.4 acres with Ten Acre Building Lot Near Village. sweeping views of the eastern bay. Soil Lovely lot adjacent to a VLT preserve. 3 tested with power nearby. Quiet location \$185,900 yet close to town.



bdrm soil test, 30' ROW has been partially cleared. Great value! \$84,000

BILL PAYMENT ASSISTANCE PROGRAM FOX ISLANDS ELECTRIC COOPERATIVE, INC.

The Low Income Assistance
Program, developed by Fox
Islands Electric Cooperative, Inc.,
is a payment assistance and
incentive program for qualified
customers. Who knows...you
may just be one of them.

The LOW INCOME ASSISTANCE PROGRAM can

help you avoid unmanageable account balances and even help you GET CREDIT FOR THE USE OF AN OXYGEN PUMP. PENQUIS COMMUNITY ACTION PROGRAM will certify your eligibility when you apply for HEAP.

Penquis Community Action Program (PCAP)

Please call 596-0361 to schedule an appointment in the Rockland office.

www.penquis.org
For more information about the
program, call Fox Islands Electric
Cooperative, Inc.

We're working harder to make keeping up with your energy bill easier.

863-4636

Feeling Low? Reach Out for Help

ICMS offers behavioral health services. Contact Jeff Wilber, LCSW at (207) 449-9448 or Dan Keniston, LCSW, (207) 837-4057

Maine Statewide Crisis Hotline 24/7 for immediate crisis-oriented help 1-888-568-1112

Maine Warm Line 24/7 for connecting with someone if you need mental and emotional support 1-866-771-9276

January is National Cervical Cancer Awareness Month!

You can prevent cervical cancer by getting a routine screening test called a PAP. A PAP test can detect abnormal cells BEFORE they turn into cancer and can also find cervical cancer EARLY when it is easy to treat. The test is not painful, takes 2 to 5 minutes and can be done here at your Medical Center. Call 863-4341 to schedule. (Try to schedule the test on a day when you do not expect to be on your menstrual period. If your period begins unexpectedly and will be continuing on the day of your test, try to reschedule the appointment).

The CDC recommends women between 21-29 years of age get a PAP test every 3 years. Women aged 30-65 should get both a PAP and HPV test every 5 years.

Had a hysterectomy? If you still have a cervix, you may still need to be screened. Talk to your provider for more information.

Already HPV vaccinated? Even if you've already got the vaccine, it doesn't protect against all types of HPV so it is recommended that women continue having PAP tests and even HPV tests in some cases.

Worried about the cost? The Affordable Care Act covers this screening, check with your insurance provider. If you are uninsured or insurance won't cover PAPs and are a Mainer over 40, the Maine CDC Breast and Cervical Health Program (MBCHP) will help cover costs of an annual PAP/HPV testing (as well as

Mammogram screenings). Call 800-350-5180 to apply. ICMS also has a sliding fee scale for patients without insurance or with high deductibles.

Please contact Anna (207)-607-0134 or aclapham@icmsvh.org for more information.

Islands Community Medical Services

Our Medical Center

Does your Organization or Business need
Hand Sanitizer? Masks?
ICMS can help!
Email Dinah dmoyer@icmsvh.org

Word of the Week

- vis-a-vis -
- Face to face with one another
- 2. in relation to
- 3. As compared with
- 4. in company: together

Kids Trivia

- 1. What is the capital of Florida?
- 2. What is the only fruit with its seeds on the outside?
- 3. What is the main substance used to make crayons?

Tidbits from the Vinalhaven Historical Society

The Leading Business Houses of Vinalhaven

R. W. Wiley Drugs & Medicine

As a pharmacist Mr. R. W. Wiley has gained an excellent reputation enjoying the confidence of the medical fraternity and of the community at large. The valuable stock carried by him embraces a general line of pure drugs, chemicals and medicines, drug sundries, toilet articles and preparations, proprietary medicines, perfumery, imported and domestic brands of cigars, and the popular "Apollo" chocolates. A specialty is made of the prescription department. Physician's orders are carefully and accurately filled, the laboratory being equipped with every facility and safeguard. Mr. Wiley has earned a just reputation for the excellent healing qualities of "Wiley's Lung Syrup" for colds, coughs, croup, asthma, etc. The remedy has been thoroughly tested by those troubled with the above named ailments, in each case proving highly satisfactory. Mr. Wiley is also the local agent for Eastman "Kodaks" and the "Poco" camera and carries a full line of amateur photographers supplies.

June 6, 1910

Phyllis, daughter of Mr. and Mrs. J. Herbert Shields, celebrated her third birthday anniversary by entertaining a number of her friends, among whom

were Charlotte Beggs, Louise Hardison, Doris Fifield, Muriel and Evelyn Chilles, Annie Donahue and Victor Hatch. The birthday cake was decorated with candies and three candles. Cake and ices were served. Games and playthings made the hours from 6 to 8 pass quickly. The charming young hostess attired in white embroidered muslin made a pretty picture and surrounded by the happy young people, it was easy to guess the first party was a delightful success. Little Miss Phyllis received a number of pretty and useful presents.

Courier-Gazette January 25, 1910

Walter and Roscoe Smith and Fred Coombs, the past week were assisting to cut the schooner Henry Nickerson from the ice, when they accidentally turned the dory they were in bottom up and spilled the trio into the water. Walter was fortunate enough to scramble upon the ice while the other two were struggling in the water. Coombs was sometime under the dory before he made his escape from his dangerous predicament. When he did, he and Roscoe Smith grasped a plank that Walter found on the ice and pushed to them, and by its means were rescued from their salt water bath. Salt water is not so agreeable in winter as salt air in summer.

Vinalhaven Echo January 26, 1888

Medicare Questions?



816 Atlantic Hwy

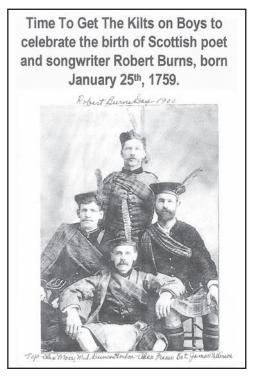
Waldoboro, ME 04572

Office: 207-832-6950

Email:

info@unitedcornerstone.com

We Have Answers!



The Sport of Napping

Being able to reside on a Maine Island, in the dead of winter, having 7 hours of diluted sunlight and mind altering cold every day has made Vinalhaven the Napping Capital of the World. With that said I have been left witnessing three distinct styles.

The "Bobble head"

When in the sitting position, this style of napping has the head falling forward and slapping the chest, then bouncing back to its normal upright position. This style is for the napper that doesn't want to nap and fights it. Akin to having your head attached to a bungee cord.

The "Tilter"

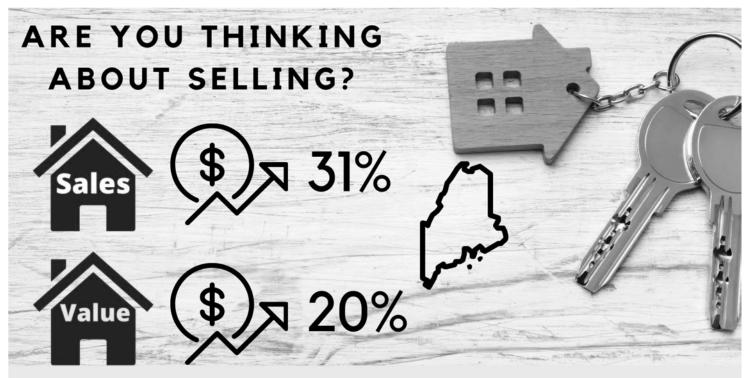
Like Big Ben you start at high noon. You then start to lean ever so slowly towards three or nine o'clock (your preference). This style gets bonus points for the face horror the napper exhibits when the process awakens. Repeat!!

The "Sword Swallower"

This nap is rated a difficulty of ten on "that's gotta hurt scale." This nap begins when the head falls back on the shoulder blades. This leaves your body and mouth at a straight 180 degrees line. The head goes so far back it's hard to look at. This napper has a tendency to snore loudly and awake with cotton mouth.

For me, I prefer a pillow on the couch.

- Richard Flagg



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Round Up for the Grange

The Grange is a family and community organization with its roots in agriculture established in Vinalhaven in 1908.

The Grange provides agriculturally related programs, community events and dances for the pleasure of the community.

The Grange needs funds to repair the building, for heat, landscaping, and potable water.

Please contribute to our efforts and join us!

Round Up for the Grange will begin Monday, November 2 at Carver's Harbor Market.

Special thanks to Carver's Harbor Market and to all who round up to benefit the Grange!

Pleasant River Grange #492

We would like to thank those who are rounding up for the Grange at Carver's Harbor Market. It will go towards many necessary maintenance and improvement projects. We sincerely appreciate the help you have given so far, and we hope some of you may be able to give a little more.

We are in the process of upgrading the heating system, getting water from the hand dug well into the building, and are also dealing with large outdoor projects. Unfortunately, our coffers are in no way able to deal with even one of these projects. We are, therefore, asking our friends for additional help. If you could, please send your donation (any amount will be greatly appreciated) to:

Pleasant River Grange #492 C/o Penelope Lord, Treasurer PO Box 669 Vinalhaven, Maine 04863

The Grange members sincerely thank you!



Mummy?

- "Mummy?"
- "Yes son?"
- "Is it wrong to pray for snow?"
- "No, dear, of course not.
- "Why would you think that?"
- "Well, Gramma hates it and I don't want to hurt her feelings."

- Paddy Noble

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FEBRUARY 28, 2021!

That's the application deadline for PIE's Post-Secondary Scholarships!

PIE's Vinalhaven College Scholarship

For graduating Vinalhaven seniors going on to four-year College, \$2000 for each year of college – a total of \$8000! *PIE will award TWO College Scholarships in 2021.*

PIE's Ogden/Chaffey Scholarship

For a graduating Vinalhaven senior going on to attending a 2-year, 1-year or vocational program.

PIE will award TWO \$1000 scholarships in 2021.

If you have ANY plans for post-secondary education, don't miss out on this opportunity!

See the **PIE** website for more information and links to the applications: www.PartnersInIslandEducation.org

PartnersInIslandEducation@gmail.com

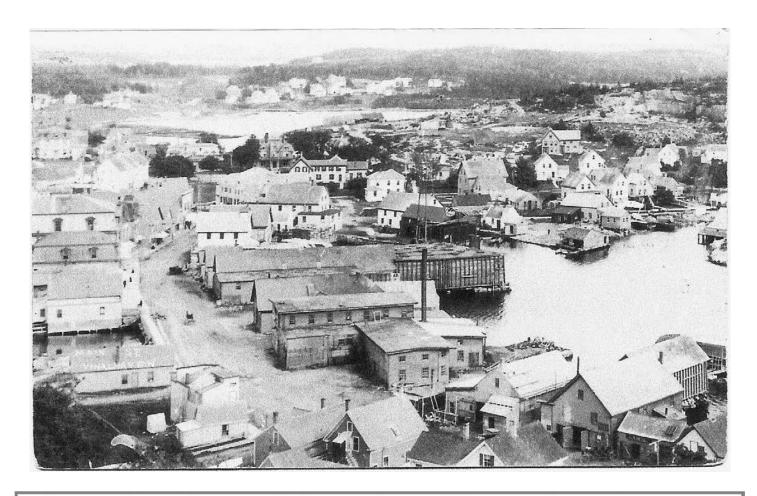
Or see Jess Woods at school: jwoods@vinalhavenschool.org







www.vinalhavenvacationrentals.com 207- 401-8242 claire@vinalhavenvacationrentals.com



NORTH HAVEN * VINALHAVEN



VINALHAVEN: Dyer Island Retreat. A quaint shingled Cape with granite remains of a deep-water dock. Access over a causeway from the main island to this well-maintained getaway in a private setting at the end of the road. Island living at its finest, with spectacular sunsets. Offered at \$875,000



CITY POINT, VINALHAVEN: 7 acres with 1,000' deep water on Vinalhaven's Westside. Two-bedroom year-round cottage with separate garage/workshop. Sunset views. MLS #1347431 \$799,000



VINAL COVE, VINALHAVEN: 8 acres of nicely elevated waterfront land. 500' on the water, with deep water. 2 soil tests for septic. Nice variety of trees. \$495,000



THE PRIVILEDGE, VINALHAVEN: Cabin at the water's edge on private cove off Winter Harbor near Starboard Rock. Six plus acres with driveway to cabin. \$395,000



CRIPPLE CREEK CABIN, VINALHAVEN: This cabin sits at the end of a private road yet is close to several island beaches and quarries. This year-round home has a beautiful covered porch which includes a hot tub as well as an open deck area to enjoy the outdoors. \$327,000



VINAL COVE, VINALHAVEN: 7 acres with 700' tidal waterfront looking East at Conservation land. Two soil tests for septic. Easy road frontage, driveway started. \$289,000



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Janice E. (Barton) O'Connor

May 3, 1944 ~ January 4, 2021 (age 76)



Services

GRAVESIDE SERVICE
Tuesday
January 12, 2021
11:00 AM
St. Michael Cemetery

Springfield, MA

Janice Elaine (Barton) O'Connor, 76, passed away January 4, 2021 at Mercy Medical Center. She was born in Vinalhaven, Maine to the late Arnold and Charlotte (Mills) Barton. Shortly after graduation from Vinalhaven High School, she moved to Springfield to find work and to live with her aunt and uncle, the late Josephine and Albert Columb. She was an area resident for over 58 years, residing in Springfield, Indian Orchard, Chicopee and most recently



West Springfield. Janice worked as a machine operator at Mead Westvaco for many years. She was a member of the American Legion Auxiliary Post 277 in Indian Orchard. She enjoyed reading, adult coloring books, playing games on her phone, crossword puzzles and also liked listening to karaoke music at the American Legion.

Janice was predeceased by her parents; her husband William T. O'Connor in 1999; a brother Arnold Barton, Jr. and a step-daughter Maureen Minnie. She leaves a brother, Dana Barton of Vinalhaven, ME; a special cousin Ruthann Sassi and her husband Gino of Ludlow; a niece Kirstin Barton and nephew Nicholas Barton; her step-children: William O'Connor and his wife Naza, Debra Nyman and her husband Jeffrey and Patricia Connors; her step-grandchildren: Christopher, Allison, and Aaron Nyman, William, Kevin, and Edward Minnie and Timothy and Brittany Connors; her sister-in-law Candi V. Barton and several cousins, other family members and friends.

A graveside service will be held on Tuesday, January 12, 2021 at 11:00am at St. Michael Cemetery, 1601 State St., Springfield MA. The service will be live streamed and can be viewed at http://client.tribucast.com/tcid/29710777 (http://client.tribucast.com/tcid/29710777) Nowak Funeral & Cremation Services is entrusted with arrangements.

Memorial contributions may be made to the Lupus Foundation of America (https://www.lupus.org/give/ways-to-give), 2121 K St. NW, Suite 200, Washington, DC 20037-1830 or to the American Legion (https://www.members.legion.org/tal/donatenow#legion-org) Association of your area.

Donations may be made to:

Lupus Foundation of America

2121 K Street, NW, Suite 200, Washington DC 20037-1830

Tel: 1-202-349-1155



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Spacious Barn Style home, with 1.5 story Carriage House and lofted woodshed, provides a peaceful, four-season retreat, with abundant wildlife and ever changing natural beauty! Overlooking Fresh Pond and Upper Pulpit Harbor. \$789,000

PLEASANT RIVER WOODLAND Vinalhaven



19 acres of mixed woodland plus 9 acres of salt marsh habitat with frontage on the southern end of Vinal Cove. Close to town, existing woods road, driveway and soil test for a 3 bedroom home. A wonderful property with various habitats. \$158,000

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Sonya Ames is now working at Gray Moon Hair Salon! If you would like to make an appointment, please call the salon at (207) 593-8342.

Gray Moon is located at: 359 Broadway, Rockland ME 04841 We look forward to hearing from you!!

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Kid Trivia Answers

- 1. Tallahassee
- 2. Strawberry
- 3 Wax

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1986 Seaway 18ft Center Console Speedboat and 2015 Yamaha 70hp fuel injected four stroke outboard. Motor has fewer than 20 hours and was professionally installed at Jeff's Marine. Comes with 2017 LoadRite Trailer. Flasher sounder, chart plotter and GPS.

Selling just because we don't use it and want someone to enjoy it. Boat is in very good condition and ready to put in the water.

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-Benjamin Franklin

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or text 542-1992

OBBC WELCOMES NEW PASTOR



Open Bible Baptist Church (OBBC) is happy to announce that Pastor Jeffrey 'Jeff' Winters will begin full-time ministry at the church on February 7, 2021.

OBBC conducted a lengthy and thorough pastoral search over the last year and a half, culminating in the Lord leading Pastor Jeff to submit his resume for consideration. After review, numerous interviews, and thoughtful prayer, he was recommended to the church congregation and was unanimously accepted for the lead pastoral position. He is excited to enter the pastoral position here on Vinalhaven.

His focus is to lead the congregation in their growth in Bible knowledge and applying that knowledge in their daily living and interactions with the greater community.

Pastor Jeff comes to us from Mill Creek Baptist Church in Unionville, NC, where he was the Associate Pastor of Youth and Families. Among his various roles, he led youth Bible studies and the College and Career Life group; strategized and organized community outreach events and children ministry programs; and provided Christian counseling services.

Pastor Jeff received his B.S. in Christian Leadership and Management from Liberty University in 2014. He furthered his Christian education at Liberty University Baptist Theological Seminary, obtaining a M.A. in Christian Ministry in Pastoral Counseling in 2018 and his Master's in Divinity in 2020.

Pastor Jeff will be joined by his wife Sabryna and sons Brody (8) and Colton (6).

Please welcome them to their new home on Vinalhaven.





Pleasant River Chapel

Sunday, January 24th Sue O'Dell, speaker

Live on Zoom

Join us for conversation at 8:30; service begins at 9:00 AM

All are welcome

For Zoom log-on info, email pleasantriverchapel @gmail.com

We are grateful to those who are taking care of so many.

For pastoral care call:

Rosanne Wallace 863-4846 Bob Candage 863-4943

<u>AA</u>

Our meetings have temporarily gone online, for URL and times please email

VinalhavenAA@gmail.com

AL-ANON

MEETING CHANGE

Until further notice, Al-Anon meetings will be held virtually.

To join the meeting by internet OR phone, please email vinalhavenalanon@gmail.com or call 207-952-1817

Help is also available from Maine Al-Anon maineafg.org and World Al-Anon al-anon.org

We are here for you! Newcomers welcome!





SUNDAY

9:30—Sunday School Adults in Church

10:30—Fellowship Time

11:00—Worship Service

WEDNESDAY

6 PM—Bible Study and Prayer Time

ALL ARE WELCOME!

20 Fellowship Drive 863-9944 www.obbc-vinalhaven.org



Pleasant River Grange # 492

The members of the Pleasant River Grange would like to thank Sue and Hugh Martin and Fred Granger for the donation of the beautiful monument honoring the 70 founders of our Grange in 1908.

Carvers Harbor Market

Everyone at Carvers wants to thank our customers for shopping small, local business through these tough times. We have a new shipment of local meats in our freezer: Lamb from Vinalhaven's own Red Meadow Farm, Beef and Pork from Fortin Farms in Winslow and Turkey and Chicken from Pine Tree Poultry in New Sharon. We also carry Love G.R.A.M. creations from Ali McCarthy and Festive Fish products, hand-stitched and designed by Alison Bramhall in Yarmouth Maine. Your support means the world to all of us!!

This week we have a great ad for you. We have Fresh Cut Assorted Pork Chops \$1.49 lb, Boneless Chicken Breast \$1.99 lb, and Fresh Top Round Roast for \$3.49 lb. In our produce section, we have fresh, Sweet Blueberries 2/\$5, and All-Purpose White Potatoes 2/\$5. Looking to stock your pantry? We have Knorr Rice or Pasta Sides 10/\$10, Folgers Ground Coffee \$5.99, and Kraft Mayonnaise only 2/\$5. Make sure to check out the ad available in store and at carversharbormarket.com for more great deals!!

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www.maine.gov/unemployment

General Assistance (GA)

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, **207-863-2042 townmanager@townofvinalhaven.org**

The Sand Bar

863-4500 * Dine-In or Take-Out Open for Lunch, Dinner & Cocktails 11 am – 8pm (9pm Friday & Saturday) Closed Mondays

Frequently Asked Questions

Q: Are you open?

A: YES! We are open for dine-in, take-out and touchless curbside togo

Q: How do I eat & drink with a mask on?

A: You only need to wear your mask when you are standing. This includes coming in, using the restroom and leaving. When seated you can remove your mask.

Q: How many people can I have dinner and drinks with?

A: Per state requirements, up to 8 people can be seated at one table.

Q: Can I take my drink to go?
A: Yes and no. You cannot take the drink you are enjoying at the bar, but you can order drinks to go with your take-out food. We will package any drink for you, try our frozen booze slushies...they are amazing!

Check our Facebook page for daily specials & slushie flavors



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