



October 22 - October 27, 2020

E-MAIL: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

## Vinalhaven Taxi (207) 720-0056

**Free Deliveries of Essentials  
paid for by ICMS!**

Ferry/Airstrip Connections.  
Here and There on Vinalhaven  
By Reservation or by Chance

***Jeanne Bineau-Ames***



### **Free Lead and Copper Test**

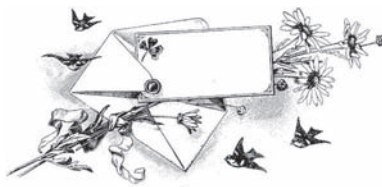
to homes that were renovated  
between 1982-1987

For more information call

**Faye Grant CEO/LPI at 863- 2168**

Your life is already a miracle of  
chance waiting for you to shape  
its destiny.

—Toni Morrison



## *A love-letter to Vinalhaven*

Where else could one find the  
love and support that came our  
way when Fritz had his stroke?

All the EMTs, Jim Hogan,  
Kelly Oxtan, the staff at Elder  
Care, those who have called  
and written, Jack Myer, and  
last, but by no means least, Bob  
Schmoker, you all made Fritz's  
transition to a new phase of life  
with such thoughtfulness and  
caring. We can't thank you  
enough, and rejoice that we are  
privileged to live here.

*Penelope and Fritz*

There is a new book on the  
Story Trail, *The Gruffalo*  
by Julia Donaldson!

### **Community Calendar**

Emailevents to:  
[windnonprofitads@gmail.com](mailto:windnonprofitads@gmail.com)

## **A Message from MDOT Maine Local Roads Center (LTAP)**

Temporary signs (including  
political) in the right of way:  
current law places a 12 week  
per calendar year restriction  
on the placement of temporary  
signs in a public right-of-way.

A recent change, effective  
June 17, 2020, further restricts  
the placement of these signs  
to no more than six weeks  
from Jan. 1 to June 30 and no  
more than six weeks from July  
1 to Dec. 31. Similar signs  
cannot be placed within 30  
feet of each other. All signs  
must include or be marked  
with the name and address of  
the individual or organization  
that placed the sign within the  
public right-of-way and the  
date the sign was erected.

MaineDOT may remove  
nonconforming signs on  
state or state aid highway  
(not inside a compact area)  
and towns/cities may remove  
nonconforming signs on a  
town way or a state or state aid  
highway in an urban compact  
municipality.

## Town of Vinalhaven Information

[www.townofvinalhaven.org](http://www.townofvinalhaven.org)

### Meetings

Committee meetings have been postponed, are being held virtually, or are hybrid with both in-person and zoom attendance. The Select Board meets every two weeks. Meetings are delivered virtually from our Facebook page: [facebook.com/townofvinalhaven](https://facebook.com/townofvinalhaven) and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven**.

**Select Board – Hybrid Virtual and In-Person Meeting, Tuesday, October 27, 5:30pm**  
Contact Andrew Dorr, Town Manager for Zoom login information  
[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Fox Islands Broadband Task Force – Virtual Meeting, Friday, October 23, 4:30pm**  
Gabe McPhail, CDE Coordinator for Zoom login info [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org)

### Notices

**Property Taxes** 2019-2020 Tax Liens were filled the week of September, 27, 2020 at the Knox County Registry of Deeds. 2020-2021 Tax Bills have been mailed. Due dates are November 2nd, 2020 and May 3rd, 2021. Please call the Town Office if you do not receive your bill. (207) 863-4471

**CEO/LPI** Faye Grant is in the office most days 9am-12pm. The town office is not open to walk-ins so contact 863-2168 or [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org) to schedule an appointment.

**Single-Stream Recycling** #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

**Food Scrap Composting** collection bin located near the household trash container at the Transfer Station. How-To Brochures available at [townofvinalhaven.org](http://townofvinalhaven.org). Free Composting Pails available at the Town Office and Transfer Station.

### Hours of Operation & Contact Information\*

\*The Town Office is open to the public. Limit one person in the office, two in the waiting area. Please wear a mask. All services are also available over the phone, by email, or online—please contact the Town Office for further information.

**Town Office** – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

\*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

**Town Manager – Andrew J. Dorr** – 863-2042; 266-7806;  
[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Town Clerk – Darlene M. Candage** – 863-4343; [townclerk@townofvinalhaven.org](mailto:townclerk@townofvinalhaven.org)

**Deputy Town Clerk – Tanya Robishaw** – 863-4343; [deputyclerk@townofvinalhaven.org](mailto:deputyclerk@townofvinalhaven.org)

**Assessor – Wes Robinson** – Hours vary, contact 863-2168 or [vinalhavenassessor@gmail.com](mailto:vinalhavenassessor@gmail.com) to set up an appointment

**Code Enforcement Officer / Local Plumbing Inspector – Faye Grant** – M-F, 9am-12pm contact 863-2168 or [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org) to set up an appointment

**Planning and Community Development – Gabe McPhail** – Hours vary, contact 863-2168 or [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org) to set up an appointment

**Welfare Program** – Call 863-2042 or 266-7806 to set up an appointment

**Public Works / Town Garage** – 863-2063

**Library – Scott Candage** – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or [vpl@vinalhaven.lib.me.us](mailto:vpl@vinalhaven.lib.me.us)

**Transfer Station – Kenny Martin** – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

**Fire Department – Marc Candage** – Emergency 911; Non-Emergency 863-4604 or [mcandage@townofvinalhaven.org](mailto:mcandage@townofvinalhaven.org)

**Ambulance Service – Kerry McKee** – Emergency 911; Non-Emergency 863-2119 or [kmckee@townofvinalhaven.org](mailto:kmckee@townofvinalhaven.org)

**Knox County Deputy** – Emergency 911; Non-Emergency 593-9132

**Animal Control Officer/Harbor Master – James Knowlton** – 756-0209

**Public Health Officer – Jen Desmond** – Contact the Town Office at 863-2042

**Deputy Harbor Master – Peter Gasperini** – 542-1992



## VOTING INFORMATION

**For November 3, 2020**

**General Election**

### In-Person Voting

Polls will be open for in-person voting on **November 3<sup>rd</sup>, 8am to 8pm at the Town Office**. We will be limiting the number of people inside and following safety protocols.

### Request an Absentee Ballot

Registered Vinalhaven Voters may request absentee ballots any **ONE** of three ways:

1. Use the Secretary of State's Online Absentee Ballot Request Portal. Go to [apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl](https://apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl) The deadline to request ballots using this service is 5:00 pm on Thursday, October 29, 2020.
2. Call the Town Office at **(207) 863-4343** to request a ballot by phone. Please Note: the person requesting the ballot must speak with the Clerk. A person may not request a ballot for someone other than themselves.
3. Print, fill out and mail (or put in our drop box) the request form available on the Town website. [www.townofvinalhaven.org](http://www.townofvinalhaven.org)

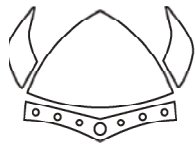
### Register to Vote

You will need to fill out a **Maine Voter Registration Card** and **provide a Maine Drivers License or Maine ID AND proof of Vinalhaven residence** (if your VH address is not already on the license). For more Voting info and deadlines go to [www.maine.gov/sos/cec/elec/voter-info/index.html](https://www.maine.gov/sos/cec/elec/voter-info/index.html)

### Check Status of Absentee Ballots

If you requested an absentee ballot and want to check the status of your ballot, here's a simple tool you can use. [apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/ballot\\_status.pl](https://apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/ballot_status.pl)





## Quick Notes from the Vinalhaven School

From pre-kindergarten to seniors, Vinalhaven students have celebrated successes in the classroom, during science research field trips, on the soccer field, and through many other activities.

The varsity soccer team scrimmaged school staff this season, and wrapped up the final game with a thank you to seniors and their parents. Students enjoyed the first School Ice Cream Field Trip Festival for their good behavior and attendance.

Elementary students attended a special assembly and truck tour, thanks to the Fire Department!

In recognition of the outstanding staff efforts, Mr. Feezor is recognizing Employees of the Month. And he's doing it every week because he can't keep up with all of the great things he's seeing around school!

Coming up, picture retakes on November 12th.

And don't forget Friday, October 30th is an early release day at 12:30 p.m. Teachers only for staff development that afternoon!

**Monte Selby, principal**  
**[mselby@vinalhavenschool.org](mailto:mselby@vinalhavenschool.org)**





Islands Community  
Medical Services

*Our Medical Center*

### **Medical Center Information**

[www.icmsvh.org](http://www.icmsvh.org)

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

**Hours of Operation**

**Medical Services**

**Mon, Wed, Fri: 8:00 am – 12 noon,**

**1 pm – 4 pm**

**Tues: 1 pm – 4 pm**

**Thurs: 8:00 am – 12 noon**

**Closed Tues. AM and Thurs. PM**

**Dental Services**

Dentist: October 21,22,28,29,30

Hygienist: October 23,30

Office:

**Physical Therapy**

To schedule an appointment,  
please call 863-4341

**Counseling**

**Dan Keniston, LCSW**

**Jeff Wilber, LCSW**

To schedule an appointment,  
Please call 863-9959

### **Osteopathic Manipulative Treatment & Acupuncture**

To schedule an appointment, please call  
863-4341.

Stuart Damon, DO October 30

**Women's Health**

To schedule an appointment,  
please call 863-4341.

Cathy Colman, ANP: October 23

**To reach the provider on call dial 863-4341  
and your call will be forwarded to the  
answering services. They will take your call  
and page the provider on call for you.**

**Like us on Facebook**

ICMS receives HHS funding & has federal PHS  
deemed status with respect to certain health or  
health-related claims, including medical malpractice  
claims, for itself and covered individuals.  
ICMS is a 501(c) 3 and contributions to ICMS are tax  
exempt. This health center is a Health Center  
Program grantee under 42 USC 254b, and a  
deemed Public Health Service employee under 42  
USC 233(g)-(n).



Islands Community  
Medical Services

*Our Medical Center*

ICMS Dental is pleased to announce that the children enrolled in  
Pre-K through Fifth Grade at the Vinalhaven School are eligible for a  
**FREE fluoride varnish treatment and dental screening.**

This program is funded by The Maine Center for Disease Control &  
Prevention and The Maine Oral Health Program.

ICMS Dental staff will be doing the fall varnish on  
**Monday, October 19th during school hours at the Vinalhaven  
School.** We will be returning to the Vinalhaven School in the spring  
to complete the next treatment and screening.

If you did not fill out a permission slip and would like your child to  
participate **please contact: Brooke @ 863-2533.** Thank you!



### **Having a hard time? Not sure who to talk to?**

Remember, the Medical Center is here for you with trained  
therapists available to help you through difficult times.

You can reach **Jeff Wilber, LCSW** at **(207) 449-9448** or  
**Dan Keniston, LCSW, (207) 837-4057**

We have appointments available by telemedicine through  
Zoom. We are offering a **free visit** for anyone who is  
struggling during these challenging times.

You can call Jeff or Dan directly.

If you have any questions or concerns, please contact Dinah  
Moyer at **dmoyer@icmsvh.org** or **(207) 863-4109.**



## **COVID-19 FINANCIAL HELP**

### **Unemployment Benefit for Self-employed People**

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply.  
**[www.maine.gov/unemployment](http://www.maine.gov/unemployment)**

### **General Assistance (GA)**

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, Town Manager, **207-863-2042** **[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)**

### **Vinalhaven Community Outreach**

**(VCO)** VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact **[vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)**

## **SECOND HAND PROSE CLEARANCE SALE!**

We missed our July 4 book sale, so we're doing an ongoing clearance sale

Check the Clearance Cart in the back of the shop

25 cents each  
New books added daily

OPEN MON-SAT 10-2

### ***Feeling Low? Reach Out for Help***

**ICMS** offers behavioral health services. Contact **Jeff Wilber**, LCSW at **(207) 449-9448** or **Dan Keniston**, LCSW, **(207) 837-4057**

**Maine Statewide Crisis Hotline 24/7** for immediate crisis-oriented help  
**1-888-568-1112**

**Maine Warm Line 24/7** for connecting with someone if you need mental and emotional support **1-866-771-9276**

### **Online Recovery Programs:**

**Narcotics Anonymous:** **[namaine.org](http://namaine.org)**  
**Alcoholics Anonymous:** **[csoaamaine.org](http://csoaamaine.org)**  
**Nar-Anon** – **[nar-anon.org](http://nar-anon.org)**  
**Al-Anon** – **[maineafg.org](http://maineafg.org)**

## **Trivia Questions**

1. How many First Ladies died while their husbands were President?
2. Before the Beatles were formed, John Lennon, Paul McCartney and George Harrison were members of which group?
3. What renowned author died the same day as President Kennedy was shot?

## **Maine Trivia**

What is Maine's average temperature in January?

## **Submit to the Wind!**

We are looking for stories, **anecdotes**, **recipes**, **images**, *Shout Outs*, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: **[vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)**

## **COVID-19 INFORMATION**

For Town updates, visit **[www.townofvinalhaven.org](http://www.townofvinalhaven.org)**  
There is a link on the homepage to all Covid-19 information and resources.

Also visit Facebook **[facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven)**

If you have Covid-19-related questions or concerns contact **207-863-2168** or **[VHEOC@townofvinalhaven.org](mailto:VHEOC@townofvinalhaven.org)**

Subscribe to receive Town Covid-19 Updates automatically in your inbox. Go to **Subscribe** on the Town's website and subscribe to **"Town Alerts"**. Also subscribe to **CivicReady® Emergency Notifications** to receive text and phone alerts.

## **Vinalhaven Community Outreach**

**We need your help and we're here to help you**

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

**Donations may be mailed to VCO, PO Box 15, Vinalhaven.**

Please mark Covid-19 in the memo

**If you need help**, and fit our criteria, please contact us by **email**

**[vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)**

Thank you.

We are a 501 (c) 3 organization

**THANK YOU**  
*For shopping on island and for supporting local businesses*

## **SECOND HAND PROSE**

Let's all keep safe with the following protocols:

- 2 customers or 1 family group (same household) at a time
  - Face covering and hand sanitizer required
  - 6' spacing between browsers
- \*\*\*

## **BOOK DONATIONS**

Like the library, we will be putting all incoming books in quarantine for the recommended period of time.

We have very little storage space, so we will need to strictly limit donations to **10 BOOKS PER HOUSEHOLD PER DAY**

**DROP-OFF DURING  
OPEN HOURS ONLY**

Thank you for understanding:)

\*\*\*  
OPEN MON-SAT 10-2

## *Tidbits from the Vinalhaven Historical Society*

Monday evening of last week the home of Mr. & Mrs. C. B. Vinal was the scene of a very pretty wedding when their daughter, Edith Hemmingway Vinal, was united in marriage to Ira E. Smith.

The ceremony was performed by Rev. R. A. Colpitts pastor of Union Church the impressive ring service being used. The wedding march was played by Miss Lena Arey, cousin of the bride. The bride wore a gown of white silk over taffeta and carried bride roses. She was accompanied by Miss Louise Carver, who was attired in white muslin and carried a bouquet of pink carnations. L. W. Vinal, the bride's brother, acted as best man. The bridal couple received a large number of valuable and costly presents, among which is a house and lot situated on Lane's Island, the gift of the groom's father, George Smith.

The other present included silver, linen, china and articles for home furnishing. Refreshments of cake and ice cream were served. The guests included only near relatives

and intimate friends of the bride and groom.

Mrs. Smith is one of the town's most successful school teachers and a young lady popular in the social circles. Mr. Smith who has borne with honor the title of captain is a smart man of the sea. A host of friends wish them a long and happy life.

***Courier-Gazette***  
***November 3, 1903***

Johnson & Young of Boston who have the big lobster point here have closed buying lobsters this fall. Their agent, Elisha Oakes, has just put into the point one hundred fifty thousand, and all accomplished in 22 days.

They paid three and a half cents for each of them. Since the big firm has ceased buying, about the only sale for lobsters now is through our commission merchant, R. T. Carver, who is shipping as usual, but says that he is about snowed under, as there seems to be a slow sale at extraordinary low figures.

Unless some change takes place soon lobster fishermen will be obliged to take up their traps and give up the business.

***Vinalhaven Echo***  
***October 11, 1888***

A seam has been discovered in the big shaft at the Sands Quarry. It will be quarried into smaller blocks for immediate use and the present prospects are that one can be quarried one hundred and thirty feet long, the largest single granite shaft in the world.

The B. G. Co., are gradually increasing their cutting force. Friday of last week they put on one blacksmith, Hiram Doyle being the fortunate man to secure the fire.

The number of paving blocks that will be shipped this season under the supervision of Joseph Black, will amount to nearly eight hundred thousand.

***Vinalhaven Echo***  
***Friday, October 7, 1887***

### **Write to Friends**

*We are sure these folks would love to hear from islanders / friends during the coronavirus pandemic*

Jaquelyn Ames  
c/o Goodwill-Kendall  
Lane House  
Freeport, Maine 04032

Lucy Wadsworth  
30 Community Drive  
Camden, Maine 04843

Carlene Michael  
Boardman Cottage  
Islesboro, Maine 04848

Charles M. Miller  
1725 Honore Avenue  
Sarasota, FL 34232  
  
Gladys Walls  
(new address)  
PO Box 702  
Newcastle, Maine 04553

Rosemary Anthony  
7 North Shore Drive  
Owls Head, Maine 04854

Ann Anthony  
Caroline Morton  
Dottie Knowlton  
Windward Gardens  
105 Mechanic Street  
Camden, Maine 04843

Ora "Buddy" Warren  
Harbor Hill Center  
2 Footbridge Road  
Cape Rosier Unit Rm. 3  
Belfast, Maine 04915  
Nans Case

Barb Davis  
Marie Dempster  
Joan Mitchell  
Priscilla Rosen  
Pat Nick  
Virginia Olney  
Calderwood  
Homestead  
18 Beaver Dam Road  
Vinalhaven, Maine 04863

## Senior Profile

## Class of 2021



**Name:** Tess Reidy

**Age/birthday:** 17, June 21st

**Parents/siblings:** I live with my mom, dad, and dog, Oreo. I have two sisters, Blake and Ellie that I see often.

**Hobbies:** I like to watch movies and listen to music.

**Favorite book/movie/TV show:** SpongeBob and Frozen

**Favorite Color:** Orange

**What is new with you?** My sister, Blake, and brother in law, Bobby, had a baby in April. His name is Gavin. I am his T'auntie. He loves me a lot.

**Favorite Holiday:** Halloween

**What is your favorite saying/phrase?** Bye, Peace out.

**Favorite song/band:** Shake it Off by Taylor Swift and Uptown Funk by Bruno Mars.

**Favorite animal(s):** Pigs

**Just for fun I:** Act like a diva.

**Favorite H.S. course (s):** Music Therapy

**Best school memory:** Swimming in the pool and dressing up as Khaleesi, Mother of Dragons, for Halloween last year.

**In school what would you be voted most likely to do?** Be sassy and have the best Spirit Week costumes.

**Who is your favorite person to spend time with?:** Mama

Tess, who has Rett Syndrome and is non-verbal, answered all questions using her eye gaze communication device.

## Recipe: Two Minute Peanut Butter Fudge

3 c. sugar  
1/2 c. milk  
1/2 c. butter  
1 tsp. vanilla  
18 oz. peanut butter  
Jar of marshmallow fluff

Bring sugar, milk and butter to a boil. Boil for 2 minutes. Remove from heat. Stir in peanut butter, fluff and vanilla. Mix together until blended. Pour into a 9x11 inch pan.

*Recipe from Doris O'Hearn's recipe box*







*Jess Reidy in her Khaleesi, Queen of Dragons Halloween costume*



## Story Trail

### *The Gruffalo*

Story Trail was created in partnership with Vinalhaven Reads, a community organization dedicated to literacy. The newest book is *The Gruffalo*, by Julia Donaldson, illustrated by Axel Sheffler. A rhyming story of a mouse and a monster. The mouse goes for a walk in a dangerous forest, and to scare off his enemies he invents tales of a fantastical creature called the Gruffalo. SO, imagine his surprise when he meets the REAL Gruffalo!

For more information visit our website:  
[vinalhavenlandtrust.org](http://vinalhavenlandtrust.org)

## PAPER WINDS!

We are now printing paper copies of the WIND for all our subscribers!

We want to make sure that anyone who wants a copy is able to get one. (The WIND will continue to be online, as well). The average cost of one paper, including printing and postage is \$1.70.

If you would be interested in a 3 month subscription, please send \$15.00 to:

**The WIND**

**PO Box 194**

**Vinalhaven, ME 04863**

We will continue this offer as long as needed. Please be patient as we work out the wrinkles.

*Thank you!*





## HERBERT M. CONWAY

VINALHAVEN... Herbert Myers Conway, 93, died on September 1, 2020 at the Ivan Calderwood Homestead on Vinalhaven. Born on Vinalhaven on November 17, 1926, he was the son of Max Stanley and Eleanor (Henniger) Conway.

During WWII, Herb quit school at age 17, as did some of his classmates, and joined the U.S. Navy. He served on the liberty ship, Hesperia AKS 13, going to the Pacific and was in Tokyo Bay when the Japanese surrender was signed. Thanks to Frank Adams, their teacher, the boys from Vinalhaven received their diplomas when they returned home. Herb was the last Vinalhaven native WWII veteran and was very proud to have served his country.

Herb married Marjorie Smith on January 29, 1947. They shared their anniversary with Herb's grandparents, Evie and Angus Henniger, and ten years later Herb's brother, Clarence, married Muriel Oakes on January 29 (1957). They celebrated their anniversaries together through 2018 when Marge passed away. They were married 71 years.

Herb's employment included the fishing industry where he worked hand lining and lobstering. He also transported herring on a sardine carrier for Paul Williams, owner of Fish All Bait Company from California. For many years, Herb worked as an able bodied seaman and ticket agent for the Maine State Ferry Service until his retirement. During his retirement years he was a caretaker for the Rhinelander family.

Active in his community, Herb was a member of the Masonic Lodge, the Gold Club, the American Legion, and had previously served on the Vinalhaven Volunteer Fire Department.

Herb loved golf and went to the G & T Golf Tournament at North Haven for many years. In addition, he played at Myrtle Beach with his golf friends and different golf courses in Maine. He also liked to play pool, cribbage, and hang out at "John's fish house". Herb especially loved time spent with his family.

He was predeceased by his wife, Marjorie Smith Conway, four brothers, Stanley, Van, and Harry, son-in-law, Timothy B. Dyer, and sister-in-law, Muriel Conway.

Surviving is his brother, Clarence Conway; three children, Cynthia Dyer; Pamela Alley and her husband, Steve; Edward and his wife Martha; five grandchildren, Tina, Leslie, Raymond, Shannon, and Natalie, fourteen great grandchildren; four great-great grandchildren; and several nieces and nephews.

The Conway family would like to thank the staff at the Ivan Calderwood Homestead and the Island's Medical Center for the loving care they gave Herb. Services will be announced in the future due to Covid.

Condolences may be shared with the family at [www.longfuneralhomecamden.com](http://www.longfuneralhomecamden.com). Arrangements are with the **Long Funeral Home & Cremation Service, 9 Mountain Street, Camden.**



## Hunting Season

*Bow: Oct 3-30*

*Firearms Nov. 2-28*

*Muzzleloaders: Dec. 7-12*

Just a reminder that hunters are welcome on all Vinalhaven Land Trust and Maine Coast Heritage Trust preserves. Please, remember that our trails are also being used by others, including children and dogs. Hikers and hunters both: please be safe! Wear blaze orange when in the woods during hunting season, and make sure your dog has an orange scarf or vest as well.

Nothing can dim the light  
that shines from within.

—Maya Angelou

## Calling Shotgun

The use of “shotgun” to refer to riding shotgun was used to describe the guard who rode alongside a stagecoach driver, ready to use his shotgun to ward off bandits or hostile Native Americans.

“Shotgun ”

With my head down walking out of Fairway Market, three children run haphazardly past me. The oldest boy no older than 8 yells “ I got Shotgun ” the trailing two younger boys scream “ no fair, you have to be touching the car, DDAAADD ! , he’s not playing fair ”, crying erupts from the non- winners. I catch the Dad’s eye and say the proverbial “ been there, done that “, he and I both laugh. Believe it or not, this phrase was coined in 1919. I used it, my kids did, now a new generation carries on.

Richard Flagg

## The Observer

Halloween is fun for us all, but long ago and for several memorable years, it was an incredible event. Halloween was celebrated, for those with the courage to participate, in the old Governor Bodwell mansion, where Wes and Martha live now. I think a lot of it was organized by Jill Oakes. She certainly did get into it. Kids and parents were ‘guided’ in groups of half a dozen or so, through the house from the horrifying cellar installations to the third-floor tower where I had the pleasure of reclining in a coffin. By the time each group got to me, the final, stop on the long and terrifying tour, nerves were on edge, and they were prime candidates for a frightening finale. An inconspicuous string threaded from a nearby closet across the ceiling and down to the cover of the coffin, and when the string puller thought the time was just right, the coffin would open magically, and I would sit up slowly, fix my eyes on a good candidate and step out of the coffin, never taking my eyes off a certain kid or kids, or in some cases, a parent. My best night was when we had to pause the proceedings and clean up the stairs because a certain mother had been so frightened, she’d abandoned her kid and ran screaming down the stairs, but wetted herself in the process.

pc



## When push comes to shove and pain turns to love

For everything that comes my way,  
there is a reason  
in all the pain of living there is a way  
when I don’t understand  
what’s happening, whenever  
it cannot be explained  
I need to cry out loud n long  
then wait  
wait for the sun to rise again  
for the clouds to blow away  
wait for the ability to see  
what to do and what to say  
and in the waiting, pray.

*Paddy Noble*



## Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

1. Download the wind to your computer/device
2. Create an email message addressed to your Kindle account
3. Subject of the email is the word “Convert”
4. Attach the wind PDF to the email body (no other text)
5. Send email
6. After a short while open your Kindle app and synchronize - the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to ‘App Settings’ in your menu at Kindle’s home page. It lists ‘Send to Kindle Email Address’ - copy/paste that address and you’re all set.

**Elin Elisofon - Realtor**  
**Buyers and Sellers Agent**  
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It is working! Following CDC guidelines, we are collecting returnable bottles and cans in the town parking lot

(not yet at the dump) to benefit Vinalhaven Eldercare Services.

Please deposit clean returnables (no milk jugs) in the totes or bring bags of mixed returnables to the bin on the right.

Please do not deliver directly to the Homestead as we need to keep items "quarantined" for three days before sorting on Sundays and Wednesdays.

For more information, contact Bill Alcorn 863-2246 or Peter Richards 863-5055



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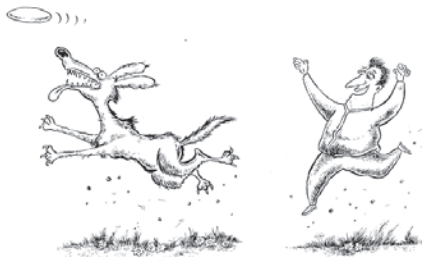
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Gratitude is a celebration we are all invited to.

—Cleo Wade

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NEW SHIPMENT OF  
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HERE ARE OUR GUIDELINES  
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THE STORE.

\* MASKS ARE A MUST FOR  
YOUR VISIT. PLEASE REFRAIN  
FROM TOUCHING IT.

\* USE THE HAND SANITIZER  
PROVIDED AT THE ENTRANCE  
SO THAT YOU CAN TOUCH THE  
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We do not need magic to transform  
our world. We carry all the power we  
need inside ourselves already.

—J.K. Rowling

## THINKING ABOUT RENTING YOUR HOME?

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[claire@vinalhavenvacationrentals.com](mailto:claire@vinalhavenvacationrentals.com)

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Nothing is impossible. The  
word itself says 'I'm possible!'

*—Audrey Hepburn*

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October 29, 2020

Go to  
[www.maine.gov/  
decd/economic-  
recovery-grants](http://www.maine.gov/decd/economic-recovery-grants)



**Trivia Answers**

1. Three: Letitia Tyler, Caroline Harrison and Ellen Wilson
2. The Quarrymen
3. C.S. Lewis (The Chronicles of Narnia)

**Maine Trivia**

15 degrees F.





# ICMS FLU CLINICS

We are offering another drive through flu clinic in the ICMS parking lot.

ALL are welcome age 6 months and  
over.

TUESDAY OCTOBER 27<sup>th</sup>  
FROM 5 TO 7 PM.

If you cannot make this time, please call our office after the 27<sup>th</sup> and other arrangements will be made. We recommend all read the latest CDC Vaccine Information Statement available at

<https://www.cdc.gov/vaccines/hcp/vis/vis-statements/flu.html>

If you have questions please call us at ICMS 863-4341.



pest control

**207-837-7011**

## Mice... YUCK!

Mice are looking for a winter home. If you have, or have had a problem with mice, give us a call.

Fall is also a good time to deal with Cluster Flies and other overwintering pests.

It's never too early to discuss next spring for Ticks, Browntail Moths, and Ants.

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1986 Seaway 18ft Center Console Speedboat and 2015 Yamaha 70hp fuel injected four stroke outboard. Motor has fewer than 20 hours and was professionally installed at Jeff's Marine. Comes with 2017 LoadRite Trailer. Flasher sounder, chart plotter and GPS.

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—Fred Rogers

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admit to making mistakes.*



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**Oceanfront Home with Beach.** Post & Beam home just off the Thorofare with deepwater dock, large sandy beach, 12 acres, garage. Stunning! **\$1,590,000**



**Blackberry Point.** Three bedroom post and beam on Mill River w/ 20 acres and 2400'+on Mill River. Attached guest quarters. Deepwater dock. **\$975,000**



**Leo's Lane.** Fabulous 5 bdrm, 3 bath 1890s home, w/ deeded harbor access. Excellent craftsmanship and impeccable details. Completely rebuilt. **\$849,000**



**Kelwick Farm.** Historic farm with 18 acres and tastefully updated farmhouse. 3 fireplaces, 4 beds/2 baths. Fruit trees, open meadows. Charming! **\$595,000**



**The Schoolhouse.** Iconic 2.5 story bldg. with handsome details throughout. 2 apts., flex 1<sup>st</sup> floor plan, metal roof, insulated. Full of history! **\$439,000**



**Year Round Home.** C. 1880s 3 bedroom, 2 bath home on Pleasant St. 1600+ sq. ft. Great village location. New roof and furnace. Very well priced! **\$199,000**



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**Ten Acre Building Lot Near Village.** Lovely lot adjacent to a VLT preserve. 3 bdrm soil test, 30' ROW has been partially cleared. Great value! **\$84,000**

## HOW-TO GUIDE

# Single-Stream RECYCLING

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### Plastic

must have #1-#7 symbol on it  
rigid containers only, leave recyclable lids on



### Yes ✓

all rigid containers  
marked #1-#7

### No ✗

plastic bags!  
plastic film of any kind



### Paper Cartons

empty & remove plastic caps

milk & juice cartons  
aseptic containers

wax-coated material



### Cardboard & Mixed Paper

must be clean and dry  
(no greasy-gross pizza or food boxes)

all paper, cardboard  
paperboard, shredded  
paper (in clear bag only)

wax-coated material  
loose shredded paper



### Glass

jars & bottles, all colors  
remove caps & lids (recycle metal lids)

clear & colored  
glass bottles & jars

window glass



### Metal

tin & aluminum

tin cans, pots & pans, lids  
aluminum cans & clean foil  
empty aerosol cans

scrap metal  
paint cans  
gas cylinders

## VEGGIE CORNER

### MANGELWURZEL: NOT FOR THE FAINT OF HEART

Mangelwurzel, also called “mangel”, “mangold wurzel”, “mangold”, “mangold beet”, “field beet”, “fodder beet” or “root of scarcity”, is a giant and somewhat scary-looking beet, with swiss-chard-like leaves.

*The following is excerpted from Wikipedia:*

**History:** The mangelwurzel has a history in England of being used for sport (“mangold hurling”), for celebration, for animal fodder, and for the brewing of a potent alcoholic beverage. The 1830 Scottish cookbook *The Practice of Cookery* includes a recipe for a beer made with mangelwurzel. In 19th-century American usage, mangel beets were sometimes referred to as “mango”.

During the Irish Famine (1845–1852), Poor Law Guardians in Galway City leased (on a 999-year-lease) a 20-acre former nunnery to house 1000 orphaned or deserted boys ages from five to about 15. Here, the boys were taught tailoring, shoe making, and agricultural skills. On a five-acre plot, they grew potatoes, cabbage, parsnips, carrots, onions, Swedish turnips, and “mangold wurtzel”, both for workhouse consumption and for a cash crop.

As with most foods, subsisting on solely one crop can produce dietary deficiency. The food shortages in Europe after World War I caused great hardships, including cases of mangel-wurzel disease, as relief workers called it. It was a consequence of eating only beets.

**Tradition:** In South Somerset, England, on the last Thursday of October every year, Punkie Night is celebrated. Children carry around lanterns called “Punkies”, which are hollowed-out mangelwurzels. Mangelwurzels also are, or previously were, carved out for Halloween in Norfolk, Wales, parts of Yorkshire and northwest Cumberland (Workington).

John Le Marchant recommends cutting the “mangel-wurzel” to learn the proper mechanics for a draw cut with the broadsword in his historic manual on swordsmanship.

In an early article in the *Lancet*, Thompson A and Minx M, cite Mangelwurzel seeds as an effective relief for constipation when taken per anum after scoring the husk.[12]

Mangelwurzel seeds were sent by Benjamin Rush to George Washington.[13]

This said, young, fresh mangels, their flesh mottled a pleasing pink and white, can be prepared in many ways.

Note: slicing crosswise cuts through the fibers, which grow lengthwise, eliminating any toughness.

1.) Raw: Peel and slice crosswise, then into sticks 1/4 inch square by 3 inches long and eat immediately with salt and lemon, or dress also with oil and eat as a salad. The taste and consistency is similar to jicama or Jerusalem artichokes.

2.) Roasted: Preheat the oven to 400 degrees. Peel and slice the mangel cross-wise in rounds no thicker than 1/4 inch (you need a large, sharp knife to do this, or you can make it easier for yourself by slicing the mangel in half lengthwise, then cutting thin half-rounds). Spread on a rimmed baking sheet. Drizzle with oil and bake until tender and caramelized around the edges, turning once halfway through the baking. Serve sprinkled with chopped parsley or dill.

3.) Cream of Mangel Soup. Sauté one roughly chopped onion in olive oil and butter. Add 2 inch square mangel cubes and 2 inch square potato cubes (the ratio can be 2 parts mangel to 1 part potato). Add chicken broth to cover. Bring to a boil, then simmer until tender. Process until smooth. Add copious amounts of lemon juice. Thin with water, if needed. Add salt. Serve hot or cold, topped with chopped parsley, dill or chives, and with sour cream and croutons on the side.

4.) Mangel stems and leaves can be prepared as you would Swiss chard, making sure to cut the stems and leaves in segments no longer than 1/2 inch to reduce their fibrousness. After steaming or boiling and after they have cooled, squeeze leaves and stems until they are semi-dry, to reduce their bitterness, then chop them a bit more before preparing them further.





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gabemcphail@gmail.com

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NO YARD WASTE  
NO COMPOSTABLE PRODUCTS  
NO PRODUCE STICKERS**

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### How You Can Help *donate to local service groups*

#### Community Lunchbox

Union Church, attn: Lunchbox  
PO Box 249

Checks payable to Union Church  
Memo line: Lunchbox

#### Meals on Wheels

VES

attn: Meals on Wheels,  
PO Box 624

Checks payable to VES  
Memo Line: Meals on Wheels

#### Vinalhaven Community Outreach

PO Box 15

Checks payable to VCO Memo line:  
Covid-19

#### Open Bible Baptist Church Corona

##### Virus Relief Fund (CVRF)

Open Bible Baptist Church  
attn: CVRF  
PO Box 465

Checks payable to Open Bible Baptist  
Church, Memo line: CVRF

#### Vinalhaven Fuel Fund

Sue Radley

attn: Vinalhaven Fuel Fund  
14 Lawson's Quarry Rd

Checks payable to Vinalhaven Fuel  
Fund

#### The Brown Door at the Union Church

Union Church  
attn: Food Pantry  
PO Box 249

Checks payable to Union Church  
Memo line: Food Pantry

All = Vinalhaven, ME 04863







## **Pleasant River Chapel**

**Sunday, October 25th**

### **Sharing Sunday**

**Have a song, poem, or  
story to share**

**In-person at the chapel and  
live on Zoom**

**Join us for conversation at  
8:30; service begins  
at 9:00 AM**

**Seating is limited to 20  
people, masked and distanced**

**For Zoom log-on info, email  
pleasantriverchapel  
@gmail.com**

-----

**We are grateful to those who  
are taking care of so many.**

-----

**For pastoral care call:  
Rosanne Wallace 863-4846  
Bob Candage 863-4943**

## **Union Church**

**Partnering with the Maine  
Seacoast Mission and the  
United Church of Christ  
~Welcomes You~**

**Sunday Service  
at 11:00am**

**PLEASE WEAR  
MASKS**

**If you need pastoral care,  
please contact  
John Potter  
729-7024  
or  
Ruthie Philbrook  
863-4507**

### **Substance Abuse Study Group**

Do you or a loved one have a problem with drugs or alcohol? Are you interested in learning more? Island CARES is sponsoring a get together once a month. We will read an article or watch a short video about drug and alcohol abuse and then have a discussion. We hope you will join us online on Wednesday, October 21st at 6:30 pm. [aweiss@icmsvh.org](mailto:aweiss@icmsvh.org)

### **Find Anonymous Peer Recovery Programs ONLINE**

Portland Recovery Center  
[portlandrecovery.org](http://portlandrecovery.org)  
Narcotics Anonymous - [namaine.org](http://namaine.org)  
Alcoholics Anonymous - [csoaamaine.org](http://csoaamaine.org)  
Nar-Anon - [nar-anon.org](http://nar-anon.org)  
Al-Anon - [maineafg.org](http://maineafg.org)



### **SUNDAY**

**9:30—Sunday School  
Adults in Church**

**10:30—Fellowship Time**

**11:00—Worship Service**

### **WEDNESDAY**

**6 PM—Bible Study and  
Prayer Time**

**ALL ARE WELCOME!**

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[www.obbc-vinalhaven.org](http://www.obbc-vinalhaven.org)**



**Our meetings have  
temporarily gone online, for  
URL and times  
please email**

**[VinalhavenAA@gmail.com](mailto:VinalhavenAA@gmail.com)**

## **AL-ANON MEETING CHANGE**

**Until further notice,  
Al-Anon meetings will  
be held virtually.**

To join the meeting by internet  
OR phone, please email  
[vinalhavenalanon@gmail.com](mailto:vinalhavenalanon@gmail.com)  
or call **207-952-1817**  
Help is also available from Maine  
Al-Anon [maineafg.org](http://maineafg.org)  
and World Al-Anon [al-anon.org](http://al-anon.org)  
*We are here for you! Newcomers welcome!*

**Carvers Harbor Market**  
**News**

We have a great ad for you this week. We have Fresh Cut Top Round Steaks or Roasts only \$2.99 lb, Bone-In Pork Roast \$1.79 lb, and delicious Bone-In Chicken Thighs only 79¢ lb. Best Yet Butter Quarters are 2/\$5, Campbell's Tomato or Chicken Noodle Soups are 10/\$10, and Florida's Natural Orange Juice is \$2.99 carton. Looking for a snack? We've got you covered!! Nabisco Ritz Crackers and Oreo Cookies are only \$2.99 each, and Lay's Potato Chips are Buy 1, Get 1 Free!! Make sure to check out the ad available in store on Friday morning for many more specials!!

Looking for an easy dinner or lunch? We always have hot specials in our Deli case and warming case. On Fridays, we'll be doing yummy Chester's Fried Chicken!! For dessert, whether you're looking to feed a crowd or just yourself, we have options for everyone in our bakery case.

Thanks so much for shopping local and we'll see you soon!!

**Fathom Seafood and Meats**

Offering free delivery of a variety of fresh meats from Wiggins Butcher shop. Call for free delivery and a full menu including steaks, ground chuck, sausage, pork chops, fresh chicken, fresh cooked lobsters, and much more!

Kelly and Lee Oxtan: 703-6720

**RESTAURANT FOR RENT**  
64 MAIN STREET (SALT)  
**MASTERBAR@AOL.COM**

**SURFSIDE**

**DAILY 4:00ish-10:30 AM.**  
**LIMITED INSIDE/OUTSIDE**  
**SEATING; STILL TAKING**  
**CURBSIDE ORDERS.**  
**PLEASE FOLLOW STATE**  
**PROTOCOL.**  
**863-2767**

**The Sand Bar**

863-4500 \* Dine-In or Take-Out  
Open for Lunch, Dinner & Cocktails  
11 am - 8pm (9pm Friday & Saturday)  
Closed Mondays

**Frequently Asked Questions**

**Q: Are you open?**

**A: YES!** We are open for dine-in, take-out and touchless curbside togo

**Q: How do I eat & drink with a mask on?**

**A:** You only need to wear your mask when you are standing. This includes coming in, using the restroom and leaving. When seated you can remove your mask.

**Q: How many people can I have dinner and drinks with?**

**A:** Per state requirements, up to 8 people can be seated at one table.

**Q: Can I take my drink to go?**

**A:** Yes and no. You **cannot** take the drink you are enjoying at the bar, but you **can** order drinks to go with your take-out food. We will package any drink for you, try our frozen booze slushies...they are amazing!

**Q: Last summer it was so hot in the bar, is it still hot?**

**A:** No! We now have AC, come in and cool off...enjoy a cold drink too!

**Check our Facebook page for daily specials & slushie flavors**

**OYSTERS**

In the Carvers Parking Lot  
Saturdays 9-11am

Can't make it?  
Call 863-4837  
to order,  
2 dozen minimum



Hand-selected wines,  
artisanal cheeses, craft  
beers, Maine raised  
meats, locally roasted  
coffee, and more!

***Eff. October 1st:***  
***our hours will be:***

**TUESDAY**  
**thru**  
**SATURDAY**  
**11-5**

32 Main Street  
863.2192

*Call for curbside  
or home delivery!*



**FIORE - The Freshest**  
**Olive Oil & Aged**  
**Balsamic from Italy**

**Find Us Every Day**  
**at Island Spirits**  
**as well as**  
**503 Main Street in**  
**Rockland**