

P.O. BOX 194, VINALHAVEN, ME 04863

ANNUAL SUBSCRIPTION: \$50



February 4 - February 10, 2021

E-MAIL: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)



I want to thank everyone who remembered me on my birthday, the beautiful cards, money, gifts, beets and a beautiful cake.

Also, a huge thank you for the two gentlemen who helped me when I fell last week.

God bless you all.

— Ede



A HUGE THANK YOU to everyone who sent birthday wishes to me both near and far. For all the cards, gifts, and phone calls. Special thanks to whoever promoted it all. It was an amazing day – one to remember! I love you all. Thanks again and May God Bless.

— Marion Tolman



## Roadside Cleanup

*Sunday, February 14th*

Thank you to **ALL** who helped with last month's cleanup; we collected over 50 bags of trash and recyclables! If you want to get out again, there is more to do. Email us at [info@vinalhavenlandtrust.org](mailto:info@vinalhavenlandtrust.org) for locations in need. VLT will provide the bags and the transfer station will not charge for trash collected.

*A reader has asked if any islander has a recipe for pickled scallops. If you do, please give me a call, so I can share it. Thanks!*  
Sue Radley 863-4822

## To Our Advertisers:

As you are aware, the WIND has not charged for ads since the end of February 2020. We will begin billing at the beginning of March 2021 for ads run in February. If we must enlarge your ad for space reasons, will charge you for the smaller ad size you requested. If your ad is printed on a smaller scale (not likely to happen), you will be charged for the smaller size. Thanks for your continued support.

## Submit to the Wind!

We are looking for stories, **anecdotes**, recipes, **images**, Shout Outs, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

## The Mainland Fairy

Need someone to pick up groceries, Chinese food, prescriptions and send them across? Need a ride to doctors appointment?

Call Chuck 207-303-7787

## Town of Vinalhaven Information

[www.townofvinalhaven.org](http://www.townofvinalhaven.org)

### Meetings

Committee meetings are being held virtually, or are hybrid with both in-person and zoom attendance. The Select Board meets every two weeks. Meetings are delivered virtually from our Facebook page: [facebook.com/townofvinalhaven](https://facebook.com/townofvinalhaven) and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven**.

**Planning Board – Virtual Meeting, Wednesday, February 10, 7pm**, Contact Faye Grant, CEO/LPI for Zoom login info [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org)

**Select Board – Virtual Meeting, Tuesday, February 16, 5:30pm** Contact Andrew Dorr, Town Manager for Zoom information [townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Community Development Corporation Committee – Virtual Meeting, Thursday, February 25, 5pm** Contact Gabe McPhail, for Zoom information [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org)

### Notices

**Property Taxes** 2020-2021 Property Taxes are due on November 2nd, 2020 and May 3rd, 2021. Interest began on November 3rd, 2020 for the November payment. Please call the Town Office for an interest figure before mailing payment (207) 863-4471

**CEO/LPI** Faye Grant is in the office most days 9am-12pm. The town office is not open to walk-ins so contact 863-2168 or [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org) to schedule an appointment.

**Single-Stream Recycling** #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

**Food Scrap Composting** collection bin located near the household trash container at the Transfer Station. How-To Brochures available at [townofvinalhaven.org](http://townofvinalhaven.org). Free Composting Pails available at the Town Office and Transfer Station.

### Hours of Operation & Contact Information\*

\*The Town Office is open to the public. Limit one person in the office, two in the waiting area. Please wear a mask. All services are also available over the phone, by email, or online—please contact the Town Office for further information.

**Town Office** – Mon–Fri 7:30am-5pm – 863-4471 or 863-4343; Fax: 863-4393

\*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

**Town Manager – Andrew J. Dorr** – 863-2042; 266-7806;  
[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Town Clerk – Darlene M. Candage** – 863-4343; [townclerk@townofvinalahven.org](mailto:townclerk@townofvinalahven.org)

**Deputy Town Clerk – Tanya Robishaw** – 863-4343; [deputyclerk@townofvinalhaven.org](mailto:deputyclerk@townofvinalhaven.org)

**Assessor – Wes Robinson** – Hours vary, contact 863-2168 or [vinalhavenassessor@gmail.com](mailto:vinalhavenassessor@gmail.com) to set up an appointment

**Code Enforcement Officer / Local Plumbing Inspector – Faye Grant** – M-F, 9am-12pm contact 863-2168 or [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org) to set up an appointment

**Planning and Community Development – Gabe McPhail** – Hours vary, contact 863-2168 or [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org) to set up an appointment

**Welfare Program** – Call 863-2042 or 266-7806 to set up an appointment

**Public Works / Town Garage** – 863-2063

**Library – Scott Candage** – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or [vpl@vhaven.lib.me.us](mailto:vpl@vhaven.lib.me.us)

**Transfer Station – Kenny Martin** – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

**Fire Department – Marc Candage** – Emergency 911; Non-Emergency 863-4604 or [mcandage@townofvinalhaven.org](mailto:mcandage@townofvinalhaven.org)

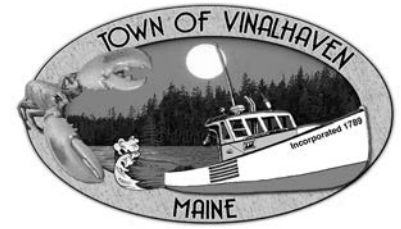
**Ambulance Service – Kerry McKee** – Emergency 911; Non-Emergency 863-2119 or [kmckee@townofvinalhaven.org](mailto:kmckee@townofvinalhaven.org)

**Knox County Deputy** – Emergency 911; Non-Emergency 593-9132

**Animal Control Officer/Harbor Master – James Knowlton** – 756-0209

**Public Health Officer – Jen Desmond** – Contact the Town Office – 863-2042

**Deputy Harbor Master – Peter Gasperini** – 542-1992



## REPORT ALL LOOSE DOGS TO THE ANIMAL CONTROL OFFICER

There have been several loose dog incidents recently where dogs have caused harm to pets and livestock on other people's property. **DOG OWNERS – the Town follows the State's Leash Law: It is unlawful for any dog to run at large except when it is used for hunting. \*At large means off the premises of the owner and not under the control of any person**

If you witness a dog at large, **please TAKE PICTURES of the loose animal(s) and report the incident immediately to Animal Control Officer James Knowlton (207) 756-0209** If you are unable to reach him, please contact Knox County Dispatch **(207) 593-9132**

Posting incidents on Facebook is not an effective way to resolve this growing problem. *#doyourpartvh*

## *Keep up with all things Town-Related*

Did you know you can join Select Board meetings by Zoom or Facebook? You can also watch recorded meetings later on the Town's YouTube Channel.

Find all the web links you need by going to **[www.townofvinalhaven.org](http://www.townofvinalhaven.org)** and checking out the Town Calendar.

Plus YouTube icon in the upper right-hand corner of the page will bring you to the Town's YouTube Channel. ***Stay in the know!***



## February on Vinalhaven

### Preserve Hikes

Hiking is one of the activities we can do safely together with friends. Dress warmly, in layers that can be removed as needed, stay hydrated, remember the limited daylight, and enjoy! For a list of all Vinalhaven trails:

[vinalhavenlandtrust.org/hiking-preserves](http://vinalhavenlandtrust.org/hiking-preserves)

### Watershed Preserve

This 1.5 mile trail has a short out-and-back section followed by a loop through four different forest habitats. There is a unique pitch pine woodland with giant bonsai-type trees on top of a granite mound, which are rare for this forest type. To get there, head out of town on the North Haven Road, Folly Pond Road is your first left after you pass Round the Island Road. For more information and a map:

[vinalhavenlandtrust.org/watershed](http://vinalhavenlandtrust.org/watershed)

## For Sale

Half price, brand-new AT&T 3-Handset Cordless Answering System. Originally \$50, asking \$25. Works perfectly. Display just too small for my old eyes.

Call Penelope 863-5177.



## Dorothy (Flagg) Webster

On January 25, 2021, Dorothy (Flagg) Webster passed away surrounded by loved ones in the comfort of her son George and daughter-in-law Diane's home in Syracuse New York. Dotty is preceded by her husband George Webster and daughter Jane Evans. She is survived by eleven of her twelve children and their spouses, thirty-eight grandchildren, 30 great grandchildren, her brother Noel Flagg, sister Maryanne Gasner and too many nieces and nephews to count.

Dotty was a lifelong summer resident of Vinalhaven. Her love of Vinalhaven began as a child when her father, Paluel Flagg, purchased the Franz Herman Estate in Roberts Harbor. Dotty lived a life deeply enriched by the beauty and the people of Vinalhaven – and the Webster family is sincerely thankful for all the love and affection shown to our mom and grandma across the 89 years she spent visiting this idyllic island.

Known for her gift of gab Dot couldn't make it from Go Fish to the Post Office without being stopped by a dear friend. A trip to the public library was more often in search of good conversation than a new novel. This passion for people and community was most apparent at Saturday's flea market, where Dot was always equally interested in extracting friendly chit chat as she was brokering a sale of one of her fine treasures.

In Vinalhaven, more than anywhere, the love and memory of our dearly departed mother and grandmother lives on. We will always be deeply indebted to Vinalhaven for everything it meant to Dot.

A service to bury Dot's ashes will be held this summer on the island.

Sincerely,

The Webster Family


## SHOUT OUT!

A huge Shout Out to:

- **Pam Alley**, who suggested the ball ground hill be cleared for sledding to the town crew.
- **Town crew members Jeremy and Dustin** then took on the challenge and got it done.
- **Dustin, Jeremy, and Rollie** who made the seats and benches along the roadside at the ball ground.
- **The Town of Vinalhaven and Town Parks committee** who split the cost of the wood.



*The good old days are back!!*



*CALLING ALL  
35-44 year-olds,  
Parents of School-age Kids,  
and Males*

**PLEASE TAKE  
THIS SURVEY – HERE'S WHY:**

Many people have taken the survey so far, but we need to hear from more parents, 35-44 year-olds, and men! You don't need to be a Vinalhaven grad, student, or even have lived that long on Vinalhaven to take this survey. If you care about our School and Community (we know you do!), then your opinions are valuable to this process. ***Share your input! Take the Survey TODAY!***

**[www.surveymonkey.com/r/VHPoG](http://www.surveymonkey.com/r/VHPoG)**

*What is PoG?*

**Portrait of a Graduate is a School and Community process** undertaken by the School and Vinalhaven residents supported by the Island Institute and Rural Aspirations to define the skills and knowledge that we want our students to have to be successful in life, college, work, and as future citizens of our local and global community.

The first part of the process involves gathering information (doing research, conducting focus groups and interviews, and administering **THIS Community-wide Survey**). The second part involves creating an action plan that will enable our School and Community to take what we've learned and apply it to learning in the classroom and the wider world.



**VINALHAVEN PORTRAIT OF A GRADUATE**

*a shared vision of success for our community and school*

*Learn more.* Contact Yvonne **[ythomas@islandinstitute.org](mailto:ythomas@islandinstitute.org)** or Val **[val@ruralaspirations.org](mailto:val@ruralaspirations.org)**



## KINDERGARTEN KIDS: Class of 2032



**What is your name?** Scotty

**How old are you?** 6 (whispers)  
I'm six because I'm taller than 5.  
Then said, "I'm five."

**When is your birthday** April  
5th

**Who is in your family?** My dad,  
Amelia, Tucker, my mom,  
Tanner.

**Where do you live?** Vinalhaven,  
East Boston Road.

**Name some of your friends.**  
Addie, Aaliyah, Jayda, Nolan

**Do you have any pets? Tell us about them.** Yes, Dodge. He's a dog.

**Name three of your favorite foods.** Mom's homemade cookies, my mini bread and curly noodle soup.

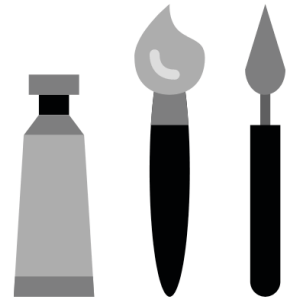
**What do you like best about kindergarten?** Ummm, I like kindergarten the best because my teachers are so nice.

**What do you like to do after school?** After school, I like to rest because I run a lot in gym.

**What do your parents do for work?** Long pause...shrugs shoulders. Then says dad goes to haul.

**Tell us something special about you.** I'm special because I grew in my mom.

**What do you want to be when you are grown up?** A policeman! It would be easy to be a policeman. Just drive around and look for people that are going 500 miles of speed; I would pull them over.



VINALHAVEN SCHOOL  
WINTER/SPRING 2021

## K-12 aRt shOw

ON DISPLAY DOWNSTREET  
@ THE STAR OF HOPE BUILDING

How exciting to have such a beautiful & public space to display student artwork in this year! **Thank you to the Star of Hope Foundation** for offering your wonderful windows.

*\*The first round of student artwork will be on display starting the second week of February.*



## Word of the Week – Polyglot –

Speaking or writing  
in several languages;  
multi-lingual.

### Trivia Questions

1. What American author wrote "A Catcher in the Rye"?
2. In what country can you visit Nairobi?
3. What is the name of the first rescue dog to live in the White House?

### Community Calendar

Email events to:  
[windnonprofitads@gmail.com](mailto:windnonprofitads@gmail.com)



## Pop-up Snowshoe Walk

Banner Moffat has offered to lead a "pop-up" snowshoe walk when there is enough snow! If you would like to be notified when this is scheduled, please send your email address to [info@vinalhavenlandtrust.org](mailto:info@vinalhavenlandtrust.org). Bring snowshoes and poles or winter hiking boots. Social distancing required.

[vinalhavenlandtrust.org](http://vinalhavenlandtrust.org)

## Pleasant River Grange

would like to donate buckets of sand and salt to our island seniors.

If you or a loved one is interested, please call Sue Radley at 863-4822 and leave a message. We will deliver!



### Kids Trivia

1. What fruit is usually used to make marmalade?
2. What two colors are mixed to make purple?
3. What is the capital of New Hampshire??

### Island's Closet

The Island's Closet wants to help you and your sweetheart have a safe and happy Valentine's Day. We are offering a variety of baskets for delivery or pickup. We can make baskets with candy, candles, colognes or balloons, gift baskets for men, women or children. We have a new assortment of Yankee candles, Bath and Body, and Victoria Secrets products. We have a nice selection of new jackets, clothing, and toys. We have stuffed toys for the little ones and so much more. Come in or call and let us get it for you.

## KINDERGARTEN KIDS: Class of 2032



**What is your name?** Jayda Ellen Thompson

**How old are you?** 6

**When is your birthday**  
December 21<sup>st</sup>

**Who is in your family?** Dad, Shelby, me, mom, Nonna, Pop, Claire, Helen, Torry, Ryan, Scotty, Tucker, Grammy, and Grampy, and a new baby, Olivia.

**Where do you live?** On East Boston Road.

**Name some of your friends.**  
Maizy, Faith, Scotty, Nolan, Addie, and the rest of the class.

**Do you have any pets? Tell us about them.** I have a dog. Her name is Remy, and she is a black lab. Usually, she just sleeps. She goes over to our neighbors, Lauretta.

**Name three of your favorite foods.** Spaghetti and meatballs, hot dogs and bacon pizza.

**What do you like best about kindergarten?** We go to our wheel and we have free play and we get to go outside.

**What do you like to do after school?** Well, I like to go home and see my little sister, Shelby. Sometimes we go places, up to my Nonna's and sometimes to Lindsay's.

**What do your parents do for work?** Well, my dad goes to haul and my mother takes care of me, Shelby and dad.

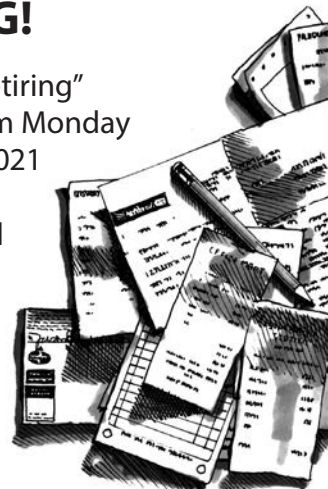
**Tell us something special about you.** Well, I'm good at drawing. I usually color things for my mom. One time at school I made a Valentine. I like art class. I draw things in art.

**What do you want to be when you are grown up?** I wanna be a mom, and when the kids go to school, I'm going on the computer.

## THE TAX MEN ARE ARRIVING!

Joe Kruk and Ron MacDonald (yes he's "unretiring" for one more year!) will be on the Island from Monday February 1, 2021 to Saturday, February 13, 2021 to service your tax needs and other matters.

**We will be staying at The Tidewater Motel again this year.** Please call John and Debbie Moreland at 863 - 2782 to schedule an appointment. New clients are welcome. We service all types of tax clients, businesses and tax matters.





Islands Community  
Medical Services

*Our Medical Center*

### **Medical Center Information**

[www.icmsvh.org](http://www.icmsvh.org)

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

**Hours of Operation**

**Medical Services**

**Mon, Tues, Wed, Fri: 8:00 am –**

**12 noon, 1pm – 4pm**

**Thurs: 8:00 am – 12 noon**

**Closed Tues. AM and Thurs. PM**

**Dental Services**

Dentist: February 3,4,10,11,17,18,24, & 25

Hygienist: February

4,5,10,11,12,18,19,22,25,26

Office:

**Physical Therapy**

To schedule an appointment,  
please call 863-4341

**Counseling**

**Dan Keniston, LCSW**

**Jeff Wilber, LCSW**

To schedule an appointment,

Please call 863-9959

**Osteopathic Manipulative Treatment &**

**Acupuncture**

To schedule an appointment, please call  
863-4341.

Stuart Damon, DO February 12 & 26

**Women's Health**

Kathleen Coleman Feb 5

To schedule an appointment,  
please call 863-4341.

Cathy Colman, ANP: December 4th

**To reach the provider on call dial 863-4341  
and your call will be forwarded to the  
answering services. They will take your call  
and page the provider on call for you.**

**Like us on Facebook**

ICMS receives HHS funding & has federal PHS  
deemed status with respect to certain health or  
health-related claims, including medical malpractice  
claims, for itself and covered individuals.

ICMS is a 501(c) 3 and contributions to ICMS are tax  
exempt. This health center is a Health Center  
Program grantee under 42 USC 254b, and a  
deemed Public Health Service employee under 42  
USC 233(g)-(n).



Islands Community  
Medical Services

*Our Medical Center*

Great news! You can now pay your ICMS bill  
online. You will need your account number, which  
is on your statement, name and email address. The  
address to make a payment is  
[pay.instamed.com/icmsvh](http://pay.instamed.com/icmsvh).

If you have any questions or concerns, please  
contact the Billing Department at 207-863-4348.

Thank you.



### **Having a hard time? Not sure who to talk to?**

Remember, the Medical Center is here for you with trained  
therapists available to help you through difficult times.

You can reach **Jeff Wilber, LCSW** at **(207) 449-9448**  
or **Dan Keniston, LCSW, (207) 837-4057**

We have appointments available by telemedicine through  
Zoom. We are offering a **free visit** for anyone who is  
struggling during these challenging times.

You can call Jeff or Dan directly.

If you have any questions or concerns,  
please contact Dinah Moyer at  
**[dmoyer@icmsvh.org](mailto:dmoyer@icmsvh.org) or (207) 863-4109**



# VINALHAVEN CAMPAIGN FOR COMMUNITY BROADBAND

*This winter Vinalhaven's Fox Islands Broadband Task Force (FIBTF) is hosting virtual conversations to build community consensus on how to bring high speed internet to every home on the island. Join us!*

*Here's how you can get involved*

## Take the Broadband Speed Test

A Maine Broadband Coalition project, the broadband speed test is a simple way to register your internet speed by location. The data collected is used to map an accurate picture of current internet access in Maine. [www.mainebroadbandcoalition.org/speed-test-info](http://www.mainebroadbandcoalition.org/speed-test-info)

## Be a Broadband Champion.

Read the **2020 Broadband Report!** Available at [www.townofvinalhaven.org](http://www.townofvinalhaven.org) – click on "Join the Vinalhaven Broadband Conversation" on the homepage. Talk to friends and family who may not support broadband; listen and learn why. Share what you know and why you believe broadband is critical.

### Recap of Our Latest Events...

**Broadband Conversation #2, January 20, 2021:** Mark Greene, chair of the Long Island Broadband Exploratory Committee, joined FIBTF Chair Janann Sherman to talk about Long's Public-Private Partnership with Consolidated Communications (CCI) to build a fiber broadband network funded and owned in part by the Town of Long Island with CCI funding and owning fiber connections to homes, and providing broadband internet service.

**Broadband Conversation #3, January 27, 2021:** Roger Heinen of the Islesboro Broadband Committee spoke about their municipally owned fiber system, which delivers 1 gigabit service to all subscribers for \$360/year. Through this Publicly-Owned model, Islesboro owns and controls the infrastructure and GWI, a Maine-based internet company, operates the system. Property taxes of roughly \$8 per month per \$100,000 valuation pay off the \$3.8m bond for the build-out of the system.

Watch all of our past conversations on the Town's YouTube Channel.  
Access from [www.townofvinalhaven.org](http://www.townofvinalhaven.org)

Want to learn more? Contact Janann [janannsherman@gmail.com](mailto:janannsherman@gmail.com)  
or Gabe [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org)

Check out our  
**NEW Broadband  
Glossary!**

Go to  
[www.townofvinalhaven.org](http://www.townofvinalhaven.org)  
click on "Join the Vinalhaven  
Broadband Conversation"  
on the homepage

*Save these Dates*

## Upcoming EVENTS

**Live on Zoom**  
and Facebook  
More details coming  
soon. Get these  
dates on your  
Calendar!

**6pm Wednesday  
February 17**

**6pm Wednesday  
February 24**

**6pm Wednesday  
March 17**

To join on Zoom,  
contact **Gabe  
McPhail**  
[gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org)  
(207) 952-1817





## Round Up for the Grange

**The Grange is a family and community organization with its roots in agriculture established in Vinalhaven in 1908.**

**The Grange provides agriculturally related programs, community events and dances for the pleasure of the community.**

**The Grange needs funds to repair the building, for heat, landscaping, and potable water.**

**Please contribute to our efforts and join us!**

**Round Up for the Grange will begin Monday, November 2 at Carver's Harbor Market.**

**Special thanks to Carver's Harbor Market and to all who round up to benefit the Grange!**

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### ***Pleasant River Grange #492***

We would like to thank those who are rounding up for the Grange at Carver's Harbor Market. It will go towards many necessary maintenance and improvement projects. We sincerely appreciate the help you have given so far, and we hope some of you may be able to give a little more.

We are in the process of upgrading the heating system, getting water from the hand dug well into the building, and are also dealing with large outdoor projects. Unfortunately, our coffers are in no way able to deal with even one of these projects. We are, therefore, asking our friends for additional help. If you could, please send your donation (any amount will be greatly appreciated) to:

**Pleasant River Grange #492  
C/o Penelope Lord, Treasurer  
PO Box 669  
Vinalhaven, Maine 04863**

*The Grange members sincerely thank you!*



**The Middle School music students** spent three weeks learning and recording a song! They used the same techniques in the recording studio that they would in the real world and their performance is awesome.

Go to:  
<https://www.youtube.com/watch?v=Oy7SHXUBzLk>  
 to see a video slideshow which accompanys their final product!



## Knox-Lincoln Spring Plant Sale Catalog & Online Ordering are Here!

Knox-Lincoln Soil & Water Conservation District's 2021 Spring Plant Sale Catalog is now available in print and online. Plants are available for pre-order only, either online or by mail through Monday, April 12th. Quantities are limited so order early – and often – for the best selection!

Choose from over 180 varieties: bareroot fruit trees and berries, native conifers, deciduous trees, shrubs and vines as well as native, organic, Maine-grown perennials & herbs in 1-gallon pots for pollinators. The plant list includes new varieties in all categories as well as tried and true favorites.

Visit [www.knox.lincoln.org/spring-plant-sale](http://www.knox.lincoln.org/spring-plant-sale) to download a catalog or to shop online; call 596-2040 or email [julie@knox-lincoln.org](mailto:julie@knox-lincoln.org) to receive a catalog by USPS.

*Think Spring!*

*join in!*

# #DEARVH

**LET'S ALL GET READING!**

**#DEARVH**  
**Drop Everything And Read**  
 at the Vinalhaven School!

Just start reading  
 20 minutes  
 2 times/week  
*it's as simple as that!*

We value reading at the Vinalhaven School & we're making it a priority to set aside special time each week for all of us to read, for the simple sake of reading! Everyone in the whole school is participating, & you can join in too!

- Follow along with the school schedule.
- Take a selfie of yourself reading
- Post to social media using the hashtag **#DEARVH** to show your support

February dates/times

<b>Wed. 2/3</b>	<b>Fri 2/5</b>	<b>Wed. 2/10</b>	<b>Fri. 2/12</b>	<b>Wed. 2/17</b>	<b>Fri 2/19</b>	<b>Wed. 2/24</b>	<b>Fri. 2/26</b>
@10am	@11am	@1pm	read @ home for 20 minutes use #DEARVH on social media	@10am	@11am	@1pm	@2pm



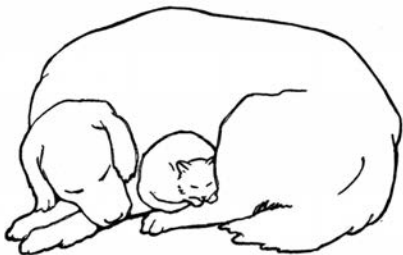
## Grandma And The Bears

She sits there in empathy for  
that cracking noise trees make  
when it's so cold they break inside  
She wonders why snapdragons  
endure so long, what geese have  
so much to talk about and how  
her life once had all the variety  
of her seed catalogue

She can't seem to do anything  
but sit with folded hands staring  
at geraniums as if all the energy  
is sleeping with the bears  
the greatest excitement now  
is calling in the dog  
She turns the red tea kettle on  
just to watch something ignite  
these dim kitchen corners

"Ahh," she smiles suddenly,  
"This isn't the last dress rehearsal  
there's no hearse and I'm not  
dressed, having gotten too con-  
fused after the second cup to find  
anything that matches my mood."

– Paddy Noble



## Rockland Animal Hospital

Dr. Caron will be on the island  
on **Feb. 18 & March 11, 2021**

Clinics are held upstairs  
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**Call 207-594-5850**  
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Leo is still among the missing.  
I would really love to see him come home.  
He might need some coaxing but is a love.  
If you have had any sitings please contact me,  
Perry Boyden, at 863-4406. Many thanks.

## The Scent of Time

It's funny how recollections are triggered. For me, the smell of people, places, and time (yes time ) have always stirred memories long since forgotten. I came to grips with this recently when my 21-year-old daughter phoned me." Dad" she said," I miss your smell." "Huh," I replied," I just miss it, that's all." My first thought was of my own grandfather, and of me sitting outside his office waiting to have my first meeting with him. As I entered his office I took in a deep breath, my nostrils flared, as I took it all in. His cologne, the oak desk, the leather-bound library of books. The office itself had a classic "aged" aroma. Everything left indelible olfactory impressions on me.

I thought of my daughter's comment as I made an inventory of all smells that made my memories awaken. The smell of Spring, life renewed (with all the allergies that come with it). The smell of my grandmother's neck when I hugged her tight (and her Chanel No 5) The fresh salt air from the bow of the ferry, my children as newborns. As you draw in a bouquet of similar aromas, memories will awaken.

I recounted my list to a gathering of Aunts and Uncles on the Island one summer, and instead of thinking I was a bit off (which I'm sure I am) they gazed off and quietly recounted their own scented memories. Many people I find, think that of the five senses, that smell is the least important. I have to disagree.

Across from the old schoolhouse on the island is a magnificent garden – The owner places speakers in amongst the flowers and plays classical music every day for one hour. "Tchaikovsky's, The Waltz of the Flowers, The flowers love it," she says – Fragrances abound – Who am I to argue.

– Richard Flagg



## Dear VH Community,

It's been over 6 months since I moved to Vinalhaven and started working as your school principal. The time has flown by, with second semester greeting us next week!

Some people might define this year by mask wearing, Covid fears, or "how many ways we missed out on something." I see it differently. It's been a year defined by extraordinary efforts to discover silver linings. Here's a few observations from inside the building.

**MASKS.** Kids are impressively adaptable. The rush out to recess - run, climb, swing, spin, dig, chase, shoot, yell and laugh - with a mask on. Yes, masks become wet, gross, and broken, so we have an enormous supply of colors, materials and sizes. We've all learned how to talk louder, listen more closely, and read partially hidden facial expressions. And just so you know, those masks with clear plastic in the front don't work...

**TECHNOLOGY.** We have exciting new technology that can make learning more engaging, whether we are in the building or remote. Someday, we'll be able to invite the community inside for a hands-on technology fair. You'll be amazed at the skills teachers and students have gained this year.

**FLEXIBILITY.** Every week the staff prepares to teach either onsite or remote. If elementary or middle school or high school initiates a change, everyone quickly adapts. This week, we are still practicing flexibility as staff take on new roles, trade off supervision responsibilities, and offer new options for learning because students needs continually change.

**BASKETBALL AND SUBSTITUTES.** Our goal this year has been to increase safety by drastically reducing the number of people going in and out of the building. Teachers have gone to great lengths to be present - they minimize being "away", and somehow, they rarely get sick. Plus, we cover for each other to reduce calling substitutes. But, we've recently allowed "outsiders" into the gym, because kids need to move and have fun. It's true, there is basketball after school for every kid from first grade to seniors! Coaches focus on skills and exercise, not competition. So even though kids and coaches wear a mask, and it's not a "real" season, it's still a bright spot to have basketball help break up winter months!

### **COMMUNICATION, COLLABORATION AND CREATIVITY.**

The amount of staff time reading and sending emails, meeting before and after school, and "zooming" is enormous. That's what it takes to collaborate and find creative ways to teach kids. In addition to lesson plans and coordinating special events, there are meetings every single school day regarding meeting the needs of individual students. Staff at VH school care about kids.

What can you do to make a difference in the success of VH students? Every time you ask a student about school, and encourage them to go to school (every day), you are making a difference. That's how any of us get better at basketball, reading, math, science, art, music or recess. Show up and try.

Read. Read a little bit more. Tell a kid about what you've read. Read

### **What are Kindness Bucks?**

Out of thousands of kind acts that students exhibit at Vinalhaven School, we highlight a kind effort each week so that students know that we notice & care. We hope you will also acknowledge kids when they show kindness.

Every week we gather kindness bucks from staff and draw a random name. That student receives a \$5 gift card to a local business.

### **This week's Kindness Bucket winner is...**

JAXSON OXTON

For his creative kindness when he drew pictures for his friends at school

to a kid. Read with a kid. Ask them about what they've read. Let them see you close Facebook and pick up a book. If they read 10 books, take them to do something special. Every single book exposes new vocabulary, insight into the world and people, helps increase success for future learning, and reduces day to day stress. The school is promoting DEAR-VH (Drop Everything And Read). That's for ALL of us. It makes a difference.

Monte Selby, *Principal*



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### Annual Report of the Operations of the United States Life-saving Service Wreck of the Schooner Leaping Water, March 1887 Thomas J. Young of Vinalhaven was a crew member

March 27—At half-past 9 o'clock at night of the 26th, during a strong westerly breeze and clear weather, the schooner Leaping Water, of Vinalhaven, Maine, bound to Lincolnville, from New Bedford, Massachusetts, ran on old Cilley Ledge, eight miles southwest of the White Head Station, (First District,) coast of Maine, and became a total wreck. She had a miscellaneous cargo and a crew of four men. Owing to the darkness and distance from the station, she was not discovered by the patrol until daylight the following morning (27th). The surf boat was immediately launched, and, after a hard pull of two and half hours, the life-saving men boarded her, and found that she was abandoned and fast breaking up. It was thought at the time that the crew had been picked up by a three-masted schooner which was seen to pass inside with a small boat in tow. The surfmen assisted a party of wreckers in saving most of the cargo and then returned to their quarters. Three days later, (30th), hearing that the vessel's crew had not been heard from, the station force went to Metinic Island, between five and six miles to the southward, cruised along the shores, and made every effort to obtain tidings of the missing sailors, but without success. From information subsequently received it appears that they took to their boat as soon as the accident occurred, and, losing the oars, made a line fast to the schooner to ride by, but the end slipped and they were cast adrift at the mercy of the wind and seas, being buffeted about for thirteen hours, having nothing but a piece of board to steer with. Finally, much exhausted and almost frozen by exposure to the cold, they made a landing on Matinicus Island, some sixteen miles to the southeastward from where they were wrecked, and were kindly treated and cared for by the inhabitants during a period of five days, when they were taken to Rockland in the packet schooner Julia Fairbanks.

Thomas Jefferson Young (1848-1939)  
Bleak House Archive, February 2021



## How You Can Help donate to local service groups

### Community Lunchbox

Union Church, attn: Lunchbox  
PO Box 249

Checks payable to Union Church  
Memo line: Lunchbox

### Meals on Wheels

VES attn: Meals on Wheels,  
PO Box 624

Checks payable to VES  
Memo Line: Meals on Wheels

### Vinalhaven Community Outreach

PO Box 15

Checks payable to VCO Memo line:  
Covid-19

### Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church attn: CVRF  
PO Box 465

Checks payable to Open Bible Baptist  
Church, Memo line: CVRF

### Vinalhaven Fuel Fund

Sue Radley

attn: Vinalhaven Fuel Fund

14 Lawson's Quarry Rd

Checks payable to Vinalhaven Fuel  
Fund

### The Brown Door at the Union Church

Union Church

attn: Food Pantry

PO Box 249

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All = Vinalhaven, ME 04863



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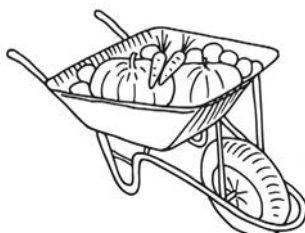
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Caitlin Clapham





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Send those pictures  
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Deadline for entries is February 14, 2021



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# Finnish Cookies

from *The Finnish Cookbook* by Beatrice A. Ojakangas

My mother-in-law was a Finn. This recipe comes from a Finnish cookbook she gave us. These cookies are part of the "coffee table," meant to be served when friends come over for coffee. I get the impression from the cookbook that Finns get through the long winter with a combination of coffee, sugar and butter, an idea I can endorse.

## Basic Cookie Dough

- 2½ c softened butter
- 1 c white sugar
- 5 c white flour
- ¼ tsp salt

## Anise Cookies

- 1 tsp ground anise
- 1 egg

## Nut Cookies

- ½ c ground almonds or walnuts for the dough, plus more for sprinkling.
- granulated sugar

## Cinnamon Cardamom Nuggets

- 1 tsp ground cardamom
- 2 tsp ground cinnamon

## Diagonal Cookies

- jam
- ½ c confectioners' sugar
- 1 T hot water

1. To make the **basic cookie dough** cream the butter and sugar together with a mixer. Gradually add the flour and salt. The mixture will be crumbly. Work the dough with your hands until the warmth of your hands forms it into dough. Divide the dough into four equal parts.
2. For **nut cookies**, mix the ground nuts into the first quarter of the dough. Roll into a log 1 inch in diameter. Cut into 1/8 inch slices. Sprinkle with more ground nuts and granulated sugar. Put on a greased cookie sheet. Bake 7-10 minutes in a 350° oven.
3. For **diagonal cookies**, take the second quarter of the cookie dough, and roll it out into four logs about ½ inch in diameter. Put them on a lightly greased cookie sheet. Using a knife, make a crease lengthwise in each log. Bake 10 minutes in a 350° oven. Remove and fill the crease of each log with your favorite jam. Return to the oven and cook about another 10 minutes until the cookie edges are lightly golden brown. Remove from the oven. Make a glaze of the confectioners' sugar and paint it over the logs. Once the logs cool cut them in 1-inch diagonal pieces.
4. For the **anise cookies**, take the third quarter of the cookie dough and add anise and egg. Mix well. Roll out the cookie dough on a floured surface about 1/8 inch thick. With a crimped edge pastry wheel cut the whole dough into diamond shapes. Transfer them to a greased cookie sheet. Cook for 10 minutes at 375°.
5. For the **cinnamon cardamom nuggets**, add the cinnamon and cardamom to the last quarter of the cookie dough. Roll into strands about the thickness of a finger and chill in the refrigerator until they are stiff. Cut into ½ inch chunks and put them on a greased baking sheet. Bake 10 minutes at 375°.

**It is easy to burn these cookies, so watch them carefully while they are in the oven.** Once when I was cooking these for Christmas I left them in the oven a little too long. When I took them out, I wanted to cool them off as fast as possible so I ran out to the garage and put the cookie sheet on the top of our old Saab. I forgot them. Later in the day I drove off with cookies still on top of the car. Miraculously, the cook sheet stayed on the car, but the cookies flew out to my neighbors, spreading some unintended Christmas cheer.

– Marcia Cleveland



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## Applesauce Cake

I submit this recipe for applesauce cake at the urging of several people. Best made with Vinalhaven apples! Full recipe great for large family or company. Easy to make half a recipe for smaller needs.

1-1/2 cups raisins

1/2 cup butter

1-1/2 cups brown sugar

2 eggs

1-1/2 cups thick, unsweetened applesauce

3 cups sifted flour (I use spelt)

1-1/2 tsp baking soda

3/4 tsp. salt

1-1/2 tsp. cinnamon

3/4 tsp. ground cloves

3/4 tsp. nutmeg

3/4 cup chopped nuts (optional)

1. Cover raisins with boiling water and set aside to plump the raisins.
2. Cream butter. Add sugar gradually, beating until well mixed. Add eggs and beat well. Stir in applesauce.
3. Sift together flour, baking soda, salt, and spices. Stir into applesauce mixture.
4. Drain raisins well. Add raisins (and nuts, if used) to batter. Pour into 3 quart baking pan.
5. Bake at 300 degrees for about 1-1/4 hours.

## LEMON ICING

*(A must. Really complements the cake)*

1/3 cup butter

Grated rind and juice of one lemon

2-3 cups confectioners sugar

Small amount of extra water if needed.

Cream butter, add grated lemon rind and blend. Add 1/4 cup confectioners sugar gradually. Stir in lemon juice. Add rest of confectioners sugar, mixing until icing has creamy, spreading consistency.

– Penelope Lord

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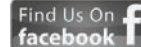
For a graduating Vinalhaven senior going on to attending a 2-year, 1-year or vocational program.  
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***If you have ANY plans for post-secondary education, don't miss out on this opportunity!***

See the **PIE** website for more information and links to the applications: [www.PartnersInIslandEducation.org](http://www.PartnersInIslandEducation.org)

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Or see **Jess Woods** at school: [jwoods@vinalhavenschool.org](mailto:jwoods@vinalhavenschool.org)



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*Thank you!*

## Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

1. Download the wind to your computer/device
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3. Subject of the email is the word "Convert"
4. Attach the wind PDF to the email body (no other text)
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To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' – copy/paste that address and you're all set.

# A Shrink's Take on Dating

*Hint: It's supposed to be fun.*

I'm a clinical psychologist, and over the years, and I've had a lot of opportunities to work with people who are dating, either for the first time, or the first time in a long time. People generally describe dating as a miserable experience and approach it with emotions ranging from anxiety to terror. In fact, I've had a number of people tell me that they've stayed in bad marriages for years just because they dreaded dating so much.

A lot of dating advice seems to be taken from the "How to Be Popular in High School" manual. There are usually a lot of over-complicated tips for how to present a façade that will get people to like you. Following this advice, people obsess over writing the perfect profile for a dating website, or picking something to do for their first date that they think will really impress their date. In contrast, the most important thing I've learned about dating, and the thing that people most often overlook is very simple: just be yourself.

Dating is not a popularity contest; the objective is not to go out with as many people as you can or get as many people to like you as possible. The purpose of dating is not to impress someone, it's not a job interview. The objective of dating is to find one person you like, preferably someone who also likes you, and then spend some time together to see how things go. Dating is about discernment, not popularity. The idea is not to get someone to like you, but to figure out if you like each other. If you go out with someone on a first date and things don't click, that's a success, not a failure. Trying to impress someone to get them to like you creates the same problems as trying to impress an employer to get a job. If you succeed, then you have to continue to pretend to be someone you are not. In the long run, you are better served being yourself and letting the chips fall where they may. Here are some of the most important things I've learned about dating:

- Date a lot of people casually, and then one person at a time seriously. Don't spend a lot of time chatting online, texting, building up to a phone call, etc. None of that really helps you get to know someone, and it creates way too many opportunities for you to talk yourself out of meeting someone for purely imagined reasons. No matter how much the technology

improves, there is still no substitute for good old-fashioned meeting face-to-face. It's still the most reliable way to tell if you and another person will connect. If you have any interest in someone, don't waste a lot of time trying to figure things out. Go ahead and meet them for coffee and see what happens.

- Don't obsess about when to text or call someone, whether it's too soon and you'll look needy, or how long you should wait, etc. Keep it simple. If you want to talk to someone, call them. If you don't, don't call them. Hopefully they will use the same straightforward principle with you, and then it's very easy to figure out where they stand. If they call you, you know they want to talk to you. If they don't call, you can be pretty sure they are not that interested in talking.

- The criteria for going on a second date with someone is whether you had a good time on the first date. Again, keep it simple. If you enjoyed yourself see them again. Don't worry about whether they've been single long enough, or too long, or they're not into you enough or too into you, or too old or too young, or whatever other arcane criteria you've been using for dating. Keep it simple, if you had a good time, see them again. If you didn't have such a great time, but it was at least pleasant, and your intuition is that things might go better the next time, then go ahead and see them again. People are often very anxious on a first date and don't put their best foot forward. If you hope to be in a relationship with someone for the rest of your life, then what you are looking for is not how they are right now, but how they change and adapt over time. This is a long-term investment you are considering, so see them again and you may be pleasantly surprised.

- Believe it or not, dating should be fun. Suggest things to do that are fun, things you like to do, not things you think the other person might like. If you suggest something fun that you like, the chances are better than you will be more relaxed and let more of your true self show through. Having coffee is fine for a first date, but it's a lot of unnecessary pressure

*(continued on next pg.)*

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*The idea is not to  
get someone to like you,  
but to figure out if  
you like each other.*

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## A Shrink's Take on Dating *(continued)*

to have date after date where all you do is sit and talk with each other. Get out and do something fun, something silly where you get a chance to let your hair down and get to know each other in a variety of ways. Dating is a part of your social life, it's not a job. If dating starts to feel like a job, you probably should take a break and spend more time with your friends.

- Think of dating as a great way to learn more about yourself. Every person you date gives you very helpful information about yourself; what you like and don't like, what works for you and what doesn't work. Dating also gives you lots of opportunities to speak up about what doesn't work for you, and if you are divorced, this is probably something you could use some practice with. Dating gives you lots of chances to say "no thank you" to people when a relationship isn't working for you, without feeling like you have to make up a lot of extraneous excuses. Ending a relationship because it's not working for you is the only reason you need to end a relationship, and when you get down to it, it's really the only

reason people end relationships.

- Keep in mind that the goal of dating is to one find one person you think you might have a future with (unless you are looking for multiple partners, but that's a subject for another column). I find getting to know one person intimately at a time to be all the challenge I need. The thought of doing that with two or more people at the same time is overwhelming. When you find someone you like, someone you think you may have a future with, let them know you want to have an exclusive relationship so that you can see if there is a future.

.....

Avrum Weiss is a psychologist who consults for the Islands Community Medical Center. This article is excerpted from *Living and Loving Mutually: How to Break Free from Hurtful Relationship Patterns* published by Lasting Impact Press, an imprint of Connection Victory Publishing Company.



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Kris



Lisa



Alex

## *Tidbits from the Vinalhaven Historical Society*

**HURRICANE** – Henry Mossman from the Harbor moved his family and household goods over here Saturday and will make this his home for the present. He will occupy the Crowman house and will be engaged in boxing granite.

*Courier-Gazette February 8, 1887*

**Ira MacDonald and twin daughters** Marjorie and Marguerite returned Monday from the Snow Bowl Carnival in Camden.

*Courier-Gazette February 20, 1941*

**Jane Quinn celebrated** her eighth birthday last Wednesday afternoon by entertaining a group of friends at her home. Those present were Jane and Judy Quinn, Helen Shields, Douglas Stone, Delma Mills, Roseanne Burgess, Bodine and Jimmy MacDonald, Jeannette Hopkings, Louise and Patsy Morrison, Lucille Quinn, Patsy Calderwood, Fletcher Burgess, Alden Mills, Jack Brown, Dana, Marylyn and Nancy Sherer. Those invited, but unable to attend were Dennis and Ellis Brown. Games were played and a pleasant afternoon spent. Ice cream and birthday cake were served.

*Courier Gazette, January 29, 1946*

**The hospitality of** Mr. and Mrs. Herman Crockett caused Nebo Lodge to form an outstanding impression in the minds of four men who recently left North-east Harbor in the teeth of a northwest gale to deliver two 26-foot U. S. Army power boats to Portland to be used as tenders from the forts of that city. The men, two in each boat, got as far as here (North Haven,) their boats covered in an icy spray, and with their clothes wet and benumbed with cold. They remained at the Lodge for two days before proceeding on their journey. While here the temperature remained around the zero mark.

*Courier Gazette, January 25, 1941*

**MATINICUS** – The people of Matinicus have been very fortunate in obtaining as nurse Miss Rebecca Douglass of Chester, SC. She came here from the sanatorium for crippled children at Atlantic City, which was run by the North American Newspaper Co. of America. Previous to this she had spent two years in France during the World War and also had done public health nursing in Calumet, Mich.

Miss Douglass has endeared herself to the people, going about wherever she is needed in sickness, in all kinds of weather, with a helping hand or a word of cheer. She has organized a first aid class in the school and with the very helpful cooperation of Miss Heath, the teacher, is doing excellent work there.

All are grateful to Mr. Guptill and Miss Knowlton for their part in securing Miss Douglass for public health work here.

*Courier-Gazette February 19, 1931*

**An auto truck** owned by Miles Sukeforth was being driven on Carver's Pond Tuesday morning when it broke through the ice, but later it was hauled out. Mr. Sukeforth and Willis Kossuth were on the truck when the accident occurred.

*Courier Gazette, February 5, 1931*

**Jane Phillips entertained at her home** Saturday in honor of her sixth birthday. Those attending were: Judy Clayter, Muriel Oakes, Norma Whittington, Betty Gray, Annette Burgess, Ann Webster, Connie Phillips, Dellie Norton, Raymond Norton, Wyman Philbrook, Timmy Lane, Valois Young, Clarence Conway, Lermond Doughty, Jimmy Robinson, Richard Tolma, John and David Bagley, David and Bruce Arey, Mack Gilchrist and Edward Dyer. Miss Jane received many pretty gifts. Refreshments were served and the afternoon was spent playing games.

*Courier-Gazette February 5, 1942*

### **"Retired Property Manager"**

**Frank W. Demmons**

**863-4364**

Handy-man work, Hard-scape & Landscape, Mechanic; small engine & heavy equipment. Mudding & painting (inside only), Professional tiling (any design you want)

"Groundhog found fog. New snows and blue toes. Fine and dandy for Valentine candy. Snow spittin'; if you're not mitten-smitten, you'll be frostbitten!  
By jing-y feels spring-y."

– Old Farmer's Almanac



**Do you need interior painting done?  
I'm available until the ground thaws.**



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207-841-8835**

**Vinalhaven Taxi  
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**Free Deliveries of Essentials paid for by ICMS!**

Ferry/Airstrip Connections. Here and There on Vinalhaven  
By Reservation or by Chance *Jeanne Bineau-Ames*

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Sonya Ames is now working at  
Gray Moon Hair Salon!

If you would like to make an appointment,  
please call the salon at  
(207) 593-8342.

Gray Moon is located at:  
359 Broadway, Rockland ME 04841  
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**207 863 5048**

“Why does February feel like one big Tuesday?”

– Todd Stocker



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### Boat and Engine for Sale

1986 Seaway 18ft Center Console Speedboat and 2015 Yamaha 70hp fuel injected four stroke outboard. Motor has fewer than 20 hours and was professionally installed at Jeff's Marine. Comes with 2017 LoadRite Trailer. Flasher sounder, chart plotter and GPS.

Selling just because we don't use it and want someone to enjoy it. Boat is in very good condition and ready to put in the water.

\$16,500 OBRO  
call 863-9344 for more info.



  
**ISLAND TICKS**  
pest control

**207-837-7011**

### Mice... YUCK!

Mice are looking for a winter home. If you have, or have had a problem with mice, give us a call.

Fall is also a good time to deal with Cluster Flies and other overwintering pests.

It's never too early to discuss next spring for Ticks, Browntail Moths, and Ants.

Island Owned + Operated  
Charlie + Erica Simpson

### 1999 Pursuit for Sale



\$29,500. Gorgeous boat!!! Very good condition. 28+'. Runs and looks great. Garmin GPS, radar, depth finder. With aluminum bunk trailer. Reupholstered cushions. Ready for summer fun and fishing! Call Drew 860-490-3001 or [Dkeir@cox.net](mailto:Dkeir@cox.net).

### Kid Trivia Answers

1. Oranges
2. Red and blue
3. Concord



## Write to Friends

*With the winter season upon us, our shut-in community members would especially appreciate hearing from friends. Take a moment to write a note and bring a smile to someone's face!*

Jaquelyn Ames  
c/o Goodwill-Kendall  
Lane House  
Freeport, ME 04032

Lucy Wadsworth  
30 Community Drive  
Camden, ME 04843

Carlene Michael  
Boardman Cottage  
Islesboro, ME 04848

Charles M. Miller  
1725 Honore Avenue  
Sarasota, FL 34232

Gladys Walls  
(new address)  
PO Box 702  
Newcastle, ME 04553

Rosemary Anthony  
7 North Shore Drive  
Owls Head, ME 04854

Ann Anthony  
Caroline Morton  
Dottie Knowlton  
Windward Gardens  
105 Mechanic Street  
Camden, ME 04843

Nans Case  
Barb Davis  
Marie Dempster  
Joan Mitchell  
Priscilla Rosen  
Pat Nick  
Virginia Olney  
Calderwood Homestead  
18 Beaver Dam Road  
Vinalhaven, ME 04863

Ora "Buddy" Warren  
Harbor Hill Center  
2 Footbridge Road  
Cape Rosier Unit, Rm. 3  
Belfast, ME 04915





## Pleasant River Chapel

Sunday, February 7th  
Communion Sunday  
Judy and Paul Philbrook,  
Speaking

**Live on Zoom**

Join us for conversation at  
8:30; service begins  
at 9:00 AM

All are welcome

For Zoom log-on info, email  
pleasantriverchapel  
@gmail.com

-----  
We are grateful to those who  
are taking care of so many.

-----  
For pastoral care call:  
Rosanne Wallace 863-4846  
Bob Candage 863-4943



Our meetings have  
temporarily gone online, for  
URL and times  
please email

**VinalhavenAA@gmail.com**



**Pastor Jeff Winters**

### SUNDAY

9:30—Sunday School  
Adults in Church

10:30—Fellowship Time

11:00—Worship Service

### WEDNESDAY

6 PM—Bible Study and  
Prayer Time

**ALL ARE WELCOME!**

20 Fellowship Drive  
863-9944  
www.obbc-vinalhaven.org

## AL-ANON MEETING CHANGE

**Until further notice,  
Al-Anon meetings will  
be held virtually.**

To join the meeting by internet  
OR phone, please email  
vinalhavenalanon@gmail.com  
or call 207-952-1817  
Help is also available from Maine  
Al-Anon [maineafg.org](http://maineafg.org)  
and World Al-Anon [al-anon.org](http://al-anon.org)  
*We are here for you! Newcomers welcome!*

**Union Church**  
~ Welcomes You ~

**Union Church**  
Is currently  
holding services via  
Zoom. Services are held  
every Sunday at 11 a.m.

**Ben Henneke**  
**Guest Speaker**  
February 7th

Please contact  
Betsy Walsh at 4124 for  
Zoom link information

If you would like to donate  
to Union Church  
donations can be mailed to  
PO Box 249  
Or visit our website at  
[Unionchurchvh.com](http://Unionchurchvh.com)  
Donations can be made  
securely online under the  
Donate or Give tab

### Trivia Answers

1. J. D. Salinger
2. Kenya
3. Major

**Does your Organization or Business need**

**Hand Sanitizer? Masks?**

**ICMS can help!**

Email Dinah [dmoyer@icmsvh.org](mailto:dmoyer@icmsvh.org)

## Carvers Harbor Market

Everyone at Carvers wants to thank our customers for shopping small, local business through these tough times. We have a new shipment of local meats in our freezer: Lamb from Vinalhaven's own Red Meadow Farm, Beef and Pork from Fortin Farms in Winslow and Turkey and Chicken from Pine Tree Poultry in New Sharon. We also carry Love G.R.A.M. creations from Ali McCarthy and Festive Fish products, hand-stitched and designed by Alison Bramhall in Yarmouth Maine. Your support means the world to all of us!!

This week we have Red Ripe Strawberries only \$2.99, Boneless Chicken Breasts \$1.79 lb, and Whole Boneless Pork Tenderloin \$2.79 lb. Looking to restock your pantry? We have Ragu Pasta Sauce only \$1.79, both Prince Pasta and Del Monte Tomatoes 10/\$10, and Pepsi or Mountain Dew 24 Pk Cans \$7.99. Make sure to check out the ad available in store and at [carversharbormarket.com](http://carversharbormarket.com) for more great deals!!

## FRESH SCALLOPS

\$15/lb., taking orders for contact-free  
pick up at the house.

**please call 863-4926**

## COVID-19 FINANCIAL HELP

### Unemployment Benefit for Self-employed People

Go to the Maine Department of Labor  
Bureau of Unemployment Compensation  
webpage to apply.

**[www.maine.gov/unemployment](http://www.maine.gov/unemployment)**

### General Assistance (GA)

A program to help cover costs for basic  
needs like food, housing, and utilities.

Contact **Andrew Dorr, 207-863-2042**  
**[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)**

## The Sand Bar

863-4500 \* Dine-In or Take-Out  
Open for Lunch, Dinner & Cocktails  
11 am – 8pm (9pm Friday & Saturday)  
Closed Mondays

### Frequently Asked Questions

#### Q: Are you open?

A: YES! We are open for dine-in,  
take-out and touchless curbside togo

#### Q: How do I eat & drink with a mask on?

A: You only need to wear your mask  
when you are standing. This  
includes coming in, using the  
restroom and leaving. When seated  
you can remove your mask.

#### Q: How many people can I have dinner and drinks with?

A: Per state requirements, up to 8  
people can be seated at one table.

#### Q: Can I take my drink to go?

A: Yes and no. You **cannot** take  
the drink you are enjoying at the  
bar, but you **can** order drinks to go  
with your take-out food. We will  
package any drink for you, try our  
frozen booze slushies...they are  
amazing!

**Check our Facebook page for  
daily specials & slushie flavors**

## SURFSIDE

**DAILY 4:00ish-10:30 AM.  
LIMITED INSIDE/OUTSIDE  
SEATING; STILL TAKING  
CURBSIDE ORDERS.  
PLEASE FOLLOW STATE  
PROTOCOL.  
863-2767**

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variety of fresh meats from  
Wiggins Butcher shop. Call for  
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including steaks, ground chuck,  
sausage, pork chops, fresh  
chicken, fresh cooked lobsters,  
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Kelly and Lee Oxton: 703-6720



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