



March 4 - March 10, 2021

E-MAIL: vinalhavenwind@gmail.com



IVC News

→As you may have heard, the Parsonage on Pleasant St. has sold, and IVC needs to find a new location by June. We have submitted an offer on a house and are currently waiting for a response. We are hopeful our offer will be accepted, however if you have any ideas or options for IVC, please let us know.

→Speaking of board members.... we are looking for people in the community to join our board. If you are interested in supporting this vital community non-profit organization, please let us know.

→IVC has space for part-time and full-time childcare. Check us out on Facebook to see what fun we are having!

→We are fundraising! Currently IVC is running the Little Caesars pizza kit fundraiser from March 1-19. Look for more details on Facebook!

For more information, contact Megan Day at 207-807-4334 or via Messenger.

Did You Know

- That circa 1000, smallpox inoculation was done by blowing a powder of ground smallpox scabs into a patient's nose.
- The Peace Monument in Washington, D.C. was sculpted by Maine native Franklin Simmonds in his studio in Rome and shipped in pieces to the District of Columbia in 1877.

(From Smithsonian Magazine)

Submit to the Wind!

We are looking for stories, **anecdotes, recipes, images, Shout Outs**, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: vinalhavenwind@gmail.com



FLORICE L. YOUNG

VINALHAVEN.....Florice L. Young, 98, of Vinalhaven, died on Tuesday, February 23, 2021 in Vinalhaven. A complete obituary will be published later. Condolences and memories may be shared with the family at www.longfuneral-homecamden.com. Arrangements are with the Long Funeral Home & Cremation Service, 9 Mountain Street, Camden.

Community Calendar

Email events to:
windnonprofitads@gmail.com

The Mainland Fairy

Need someone to pick up groceries, Chinese food, prescriptions and send them across? Need a ride to doctors appointment?

Call Chuck 207-303-7787

Town of Vinalhaven Information

www.townofvinalhaven.org

Calendar

Committee meetings are being held virtually, or are hybrid with both in-person and zoom attendance. The Select Board meets every two weeks. Meetings are delivered virtually from our Facebook page: facebook.com/townofvinalhaven and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven**.

Budget Committee – Virtual Meeting, Monday, March 8, 4:00pm Contact Andrew Dorr, Town Manager for Zoom information townmanager@townofvinalhaven.org

Budget Committee – Virtual Meeting, Wednesday, March 10, 4:00pm Contact Andrew Dorr, Town Manager for Zoom information townmanager@townofvinalhaven.org

Planning Board – Virtual Meeting, Wednesday, March 10, 7pm, Contact Faye Grant, CEO/LPI for Zoom login info vhceo@townofvinalhaven.org

Select Board – Virtual Meeting, Tuesday, March 16, 5:30pm Contact Andrew Dorr, Town Manager for Zoom information townmanager@townofvinalhaven.org

Notices

Property Taxes 2020-2021 Property Taxes are due on November 2nd, 2020 and May 3rd, 2021. Interest began on November 3rd, 2020 for the November payment. Please call the Town Office for an interest figure before mailing payment (207) 863-4471

CEO/LPI Faye Grant is in the office Monday, Tuesday, and Wednesday 9am-1pm. Thursday and Friday – call to see if she is in. To schedule an appointment, contact 863-2168 or vhceo@townofvinalhaven.org

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

Food Scrap Composting collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

Hours of Operation & Contact Information*

*The Town Office is open to the public. Limit one person in the office, two in the waiting area. Please wear a mask. All services are also available over the phone, by email, or online—please contact the Town Office for further information.

Town Office – Mon–Fri 7:30am-5pm – 863-4471 or 863-4343; Fax: 863-4393
Mailing and physical address: 19 Washington School Rd., Vinalhaven, ME 04863

Town Manager – Andrew J. Dorr – 863-2042; 266-7806;
townmanager@townofvinalhaven.org

Town Clerk – Darlene M. Candage – 863-4343; townclerk@townofvinalhaven.org

Deputy Town Clerk – Tanya Robishaw – 863-4343; deputyclerk@townofvinalhaven.org

Assessor – Wes Robinson – Hours vary, contact 863-2168 or
vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – Faye Grant – M-W, 9am-1pm
863-2168 or vhceo@townofvinalhaven.org

Planning and Community Development – Gabe McPhail – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage – 863-2063

Library – Scott Candage – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vinalhaven.lib.me.us

Transfer Station – Kenny Martin – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

Fire Department – Marc Candage – Emergency 911; Non-Emergency 863-4604 or
mcandage@townofvinalhaven.org

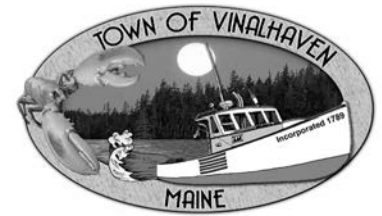
Ambulance Service – Kerry McKee – Emergency 911; Non-Emergency 863-2119 or
kmckee@townofvinalhaven.org

Knox County Deputy – Emergency 911; Non-Emergency 593-9132

Animal Control Officer/Harbor Master – James Knowlton – 756-0209

Public Health Officer – Jen Desmond – Contact the Town Office – 863-2042

Deputy Harbor Master – Peter Gasperini – 542-1992



Public Official Nomination Papers Available!

As of Friday, February 26th, 2021, interested candidates may request nomination papers for Elections to be held on June 8th, 2021.

Positions

Two – 3-year Terms for Selectman

Two – 3-year Terms for MSAD #8 Director (School Board)

One – 3-year Term for Water District Trustee

Candidates must collect not less than 25, nor more than 100 signatures of registered voters to be placed on the June 8th, 2021 ballot. The deadline for submitting nomination papers back to the Town Office is Friday, April 9th, 2021.

For more information contact the Town Clerk at (207) 863-4343 or stop in the Town Office.

REPORT ALL LOOSE DOGS TO THE ANIMAL CONTROL OFFICER

There have been several loose dog incidents recently where dogs have caused harm to pets and livestock on other people's property. **DOG OWNERS** – the Town follows the **State's Leash Law: It is unlawful for any dog to run at large except when it is used for hunting.** *At large means off the premises of the owner and not under the control of any person

If you witness a dog at large, **please TAKE PICTURES of the loose animal(s) and report the incident immediately to Animal Control Officer James Knowlton (207) 756-0209** If you are unable to reach him, please contact Knox County Dispatch **(207) 593-9132**

Posting incidents on Facebook is not an effective way to resolve this growing problem. #doyourpartvh

Wind Online Ad Specifications

Deadline for Submissions
Tuesdays 5:00 pm

Acceptable Ad Sizes

By the Page

Full page (vert.): 7.625" W x 10.125" H

Half Page (horiz.): 7.625" W x 4.875" H

Quarter Pg. (vert.): 3.625" W x 4.875" H

Eighth Pg. (horiz.): 3.625" W x 2.25" H

By the Column Inch

1 Column = 2.25" wide

2 Columns = 5"

3 Columns = 7.625"

Max. column length: 10.125"

Acceptable File Formats

MS Word, pdf, jpg, png, tif

Images at 300 dpi, converted to
black and white print better! *Please
follow these guidelines if you can.*

Rates per Column Inch

(3 columns per page)

Non-profit \$1.50

For profit \$3.50

- Additional cost for photographs
- Community Calendar Events are
free of charge. Email to:
windnonprofitads@gmail.com

Submissions

Deadline: Tuesdays 5:00 pm

Wind ad submissions accepted by
email ONLY until further notice.*

Send to: vinalhavenwind@gmail.com

*DO NOT LEAVE SUBMISSIONS
AT THE CHURCH VESTRY.

They will not be collected!

Subscriptions

3 Months: \$15 **12 Months:** \$50

Mail to: The Wind, P.O. Box 194
Vinalhaven, ME 04863

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*For further information about
The Wind, contact
vinalhavenwind@gmail.com*

*When you don't know
who else to ask,
Ask Etta at
vhasketta@gmail.com*

Trivia Questions

1. What does CNN stand for?
2. What type of poetry was Ogden Nash known for?
3. What three countries made up the original axis powers in WWII?



To Our Advertisers:

As you are aware, the WIND
has not charged for ads since
the end of February 2020.

We will begin billing at the
beginning of March 2021
for ads run in February.

If we must enlarge your
ad for space reasons, will
charge you for the smaller ad
size you requested. If your
ad is printed on a smaller
scale (not likely to happen),
you will be charged for the
smaller size. Thanks for your
continued support.



SECOND HAND PROSE

Now open
with the usual safety
measures in place

We have
gently used books
rare books
kids books
holiday books
craft books
cook books
puzzles
music CDs
DVDs

...all good things for
the long winter

OPEN

Most Fridays & Saturdays
10-2

Look for the OPEN flag

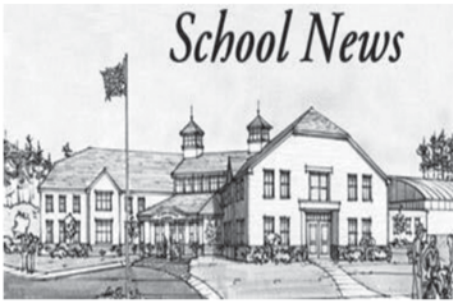
All sales support
Friends of the Library

Word of the Week

– Perseverance –

*Continued effort to do or
achieve something despite
difficulties, failure, or
opposition:*

*the action or condition or an
instance of persevering.*



22 Arcola Lane 863.4800

www.vinalhavenschool.org

Friend us on facebook. Find us as
"The Vinalhaven School"

Spring Break Travel

We request that anyone traveling beyond Maine, VT, or NH follow CDC guidelines to be in compliance before returning to Vinalhaven school. If traveling outside of ME, VT or NH, *please complete a 10-day quarantine*. Or, Maine will allow those who have a negative COVID-19 antigen or molecular (PCR, NAAT, or isothermal) test collected no more than 72 hours before arriving in Maine to forgo the 10-day quarantine upon arrival in Maine. After a negative test, please continue to monitor for any symptoms for the following 10 days. FYI regarding approved testing – Pen Bay can test 6 days/week. Make an appointment by calling (207) 301-8000, ask for A.R.C.

Again, Vinalhaven school requests all students and staff to be in-compliance with CDC guidelines before returning to school after spring break.

<https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/travel.shtml>

Kids Trivia

1. A scientist who studies rocks is called a what?
2. In sports what is an MVP?
3. How many continents are there in the world? Name them.

Vinalhaven School Class D Rivalries

by Mark Augusto Jr.

Throughout professional sports, it is tradition to have a rival team. For example, the Boston Bruins and the Montreal Habs, Lakers and Celtics, Red Sox and Yankees, but have you ever thought about Vinalhaven High School's rivalries?

Depending on which sport you're referring to, rivalries change, just like in professional sports. The Celtics rival a different state than the Red Sox do. Likewise, in Class D, it's not fixed to one specific team across all sports.

"I think we're rivals with everyone," said Sandy Nelson, who's been the varsity girls basketball coach for seven years, "I guess Rangeley. It was going on before me."

Vinalhaven and Rangeley have, until recently, been in close competitions with each other. This suggests that a team is rivals with whoever is closest to its skill level.

This idea does not go unshared. Sophomore Sam Wentworth, though he has a particular distaste for Islesboro, also agrees that whoever is closest to your team's skill level is the team you're most adamant about beating.

Susan Philbrook, varsity girls soccer coach concurs. "I would say in the last three years that Portland Christian was our rival, because that's who we were most competitive with," she said.

Philbrook also pointed out a team could have two rivals on different ends of the skill spectrum. Vinalhaven has always had Richmond in their "scopes" when it comes to wanting to beat a team. But with Richmond's Class C status, achieving it is a different story.

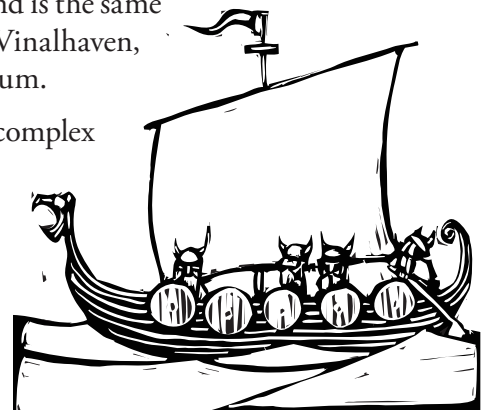
"When Chelsea [Harrington] and Jen [Guptill] were playing, Chelsea scored with a header to win the only game we've ever won against Richmond," Philbrook said.

But does Richmond have the same feelings about us? The answer to this question can be found by looking at the rivalry between Vinalhaven and North Haven, which has been present for decades.

"It was definitely a rivalry when I was in school, but we did beat them the four times when I was in school," said Amanda Wentworth, school secretary. "We've always had the advantage—the upper hand."

Vinalhaven's rivalry with Richmond is the same as North Haven's rivalry with Vinalhaven, but on the other end of the spectrum.

Class D rivalries are even more complex than one might think. Each team has multiple rivals at the same time, with different ranges of skill. Some you wish to beat, some if you try hard you can beat and some wins come quite easily.



KINDERGARTEN KIDS: Class of 2032



What is your name? Maevis.

How old are you? 5

When is your birthday? April 2nd.

Who is in your family? Mom, Arthur, A.J., Cowboy, Jaide (remember that girl in Florida), and Auntie. I can't remember anymore. Oh, Wait! Mam!

Where do you live? Vinalhaven.

Name some of your friends. Mazey, Jayda, Arianna, Stephen, Faith, Davidson, Avery, Mallory, Charlie, Lucas, Michael, A.J., Paige.

Do you have any pets? Tell us about them. Chickens. Remember my mams. Is it okay if I talk about them? More chickens at my mams, lizard, bunny, baby chicks, 4 ducks (2 baby ones and 2 big ones, 4 dogs (2 at mams and 2 at aunties), and 2 cats.

Name three of your favorite foods. Cranberry sauce, toast, and bacon.

What is/are your favorite color(s): Red, blue, purple (light purple), orange

What do you like best about kindergarten? Drawing.

What do you like to do after school? Go do more coloring.

What do your parents do for work? Hauling, usually traps.

Tell us something special about you. I get to see my mam. And you love me.

What do you want to be when you are grown up? A vet. If they're injured I'll have to give them a cast..



VINALHAVEN SCHOOL
WINTER/SPRING 2021

K-12 ART SHOW

ON DISPLAY DOWNSTREET
IN THE STAR OF HOPE WINDOWS

EXHIBIT NO.1 FEBRUARY & MARCH
EXHIBIT NO.2 APRIL & MAY

Our students are
creative, clever, & curious!

*Student work not displayed in the first exhibit,
will be on display in the April/May exhibit.

COVID-19 FINANCIAL HELP

Unemployment Benefit for Self-employed People

Go to the Maine Department of Labor
Bureau of Unemployment Compensation
webpage to apply.

www.maine.gov/unemployment

General Assistance (GA)

A program to help cover costs for basic
needs like food, housing, and utilities.

Contact **Andrew Dorr, 207-863-2042**
townmanager@townofvinalhaven.org

Fun Websites

- **New England Aquarium's Live Webcams:** <https://www.neaq.org/visit/at-home-events-and-activities/webcams/>
- **USA Today's Free Puzzles** (crossword, sudoku, etc.): <https://puzzles.usatoday.com/>

Does anyone have an online site they would like to recommend?
If so, please send the information to: vinalhavenwind@gmail.com

FOR SALE

Full-sized Portable Washing Machine

Nearly new, and only used
a few times.

Paid \$800, asking \$400.

Call 863-4403

KINDERGARTEN KIDS: Class of 2032



What is your name? My name is Noah.

How old are you? When is your birthday? Last week, and I'm 5 (September 8th).

Who is in your family? Kailyn and Kenzie are my sisters. Oh, and my Mom and my Dad..... and my cat Mary!

Where do you live? On Old Harbor.

Do you have any pets? Tell us about them. A cat named Mary. I have two hamsters Loki and Star. I have a bearded dragon too, but, he's Kailyn's pet.

Name some of your friends. Lucas, Arianna, Paige, Michael, Stephen, Aaliyah.... and I always like Nolan and Scotty.

Name three of your favorite foods. Popcorn, popsicles and string cheese.

What is/are your favorite color(s): Blue

What do you like best about kindergarten? It now has play dough.

What do you like to do after school? Go ice skating.

What do your parents do for work? My Mom goes to school and my Dad goes to haul.

Tell us something special about you. I can ride my electric scooter fast.

What do you want to be when you are grown up? A cop.

Finding Gratitude

I have been given so much in this place that I live just a visitor here opening gifts each day and the only job I have right now is to receive

If I cannot see it
I am not here
if I cannot feel it
I am too caught up
in something or someone
else that is not me

I need only to be still
long enough to be
that which is so simply me.

— Paddy Noble

What are Kindness Bucks?

Out of thousands of kind acts that students exhibit at Vinalhaven School, we highlight a kind effort each week so that students know that we notice & care. We hope you will also acknowledge kids when they show kindness.

Every week we gather kindness bucks from staff and draw a random name. That student receives a \$5 gift card to a local business.

This week's Kindness Bucket winner is...

JACOBY
HUTCHINSON

For kindly pushing in all of the chairs after his peers had left!

From The Grange Archives

Literary Program

Reading – “Meeting of the Kennebec Pomona” by Lydia Webster
Resolved, that a woman is as good a financier as a man.

Affirmative

Kittie Webster
Gwendoline Greene
Zenas Burgess

Negative

Harvard Burgess
Edwin Kittredge
Raymond Webster

By a rising vote, the Grange decided that women are better financiers than men.

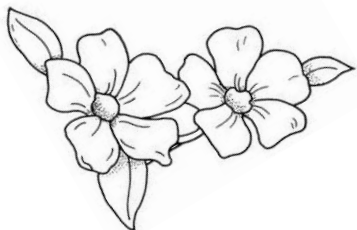
— From the Minutes of the Pleasant River Grange
April 30, 1909

Seeing is Believing

I was parked on First Ave. and 34th Street in Manhattan one beautiful spring day when a well-dressed black woman waved a cab. I half-watched while listening to music. A yellow cab slowed down to pick her up, as she opened the rear door, a well-dressed black man stepped off the sidewalk to join his (as I found out later) wife in the cab, the cabbie said, "No No, I'm not in service" and drove away with the back door wide open. I watched the whole thing right in front of me. I thought I must be mistaken, maybe I missed something. Then the same woman flagged down another cab, now I'm paying attention, the cab stopped, and she opened the door again, and as soon as the cab driver saw the black man, he drove away saying "No-No." I got out and went to the couple and said "Holy S***, I got the license number of the cab, F*** that cabbie, I'll call the police." She turned to me, I saw anger and hurt pour from her. Without malice, she said, "Forget it, it happens all the time, we'll walk!" I felt dumb, ashamed for having so little comprehension of the enormity of stress and anguish that those of color endure. It seems nothing changes because in more than a century it hasn't!

Enough is Enough.

— Richard Flagg

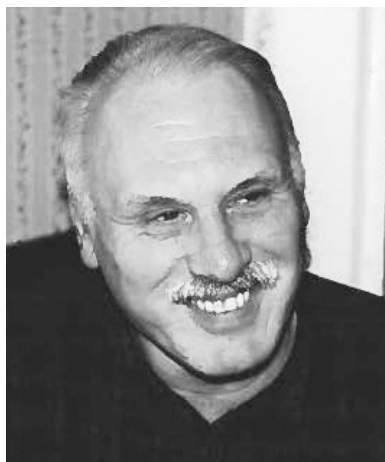


Russell Lee Oakes

1951-2021

VINALHAVEN - Russell Lee Oakes died unexpectedly on his 70th birthday, Tuesday, February 23, 2021. He was born on Feb. 23, 1951 in Vinalhaven to Alton F., Jr. and Cynthia Tupper Oakes. Russ attended Vinalhaven Schools, graduating in 1970.

Upon graduation, Russ worked for Brud Carver in E.G. Carver's Grocery. He did multiple jobs and enjoyed driving the delivery truck. He especially loved delivering at Christmas when many households gifted him holiday treats! When Carver's store closed, Russ moved to Bob Candage's grocery, where he made many life-long friends. Eventually, he took a job at the Vinalhaven Public Works where he worked on the roads and drove equipment. In recent years Russ worked for Billy Mills, again driving equipment and working on roads.



Russ had two main loves in life, cars and music. He owned many cars throughout his life, however according to friends, a '76 Monte Carlo was a particular favorite.

Over the years Russ attended many NASCAR races with his good friend, Dana, hitting many tracks around the around the country. Russ was also a member of the Owls Head Transportation Museum, and enjoyed attending Sunday events. When it came to music, Russ had acquired a massive record collection. He drove his parents crazy with his stereo

system blasting. As Russ did not play an instrument, his close friend, David, suggested he become the "manager" for the local teen band, the "Dimensions" who played at "The Pier" for many years.

Russ was a member of the Moses Webster Lodge (Masons) on Vinalhaven, having joined in 1974. His post was chaplain. Russ enjoyed the simple things in life, such as attending the Monday Lunch Box, sitting and visiting with friends at the Post Office or attending programs put on by the Vinalhaven School. He loved his cat, who moved in as a stray and remained nameless. He was a kind, hard-working man

Russell is survived by his mother, Cynthia Tupper Oakes; his sisters, Karen Oakes and Jill Oakes (Alan Koenig); and his nephew and niece, Joseph Pratt (Amanda) and Whitney Breault (Robert). He has three great nephews and one great niece. He was predeceased by his father, Alton F. Oakes, Jr. in 2012, his paternal grandparents, Alton and Agnes Oakes and maternal grandparents, Ira and Evelyn Tupper.

A private service will be held at the Pleasant River Chapel in March officiated by Robert Candage. Donations in Russ' name would be welcomed for the Monday Lunch Box, c/o Candi Barton, Union Church, Vinalhaven.

Arrangements are in the care of Burpee, Carpenter & Hutchins Funeral Home, 110 Limerock Street, Rockland. To share a memory or condolence with Russ' family, please visit their Book of Memories at www.bchfh.com.



Islands Community
Medical Services

Our Medical Center

Medical Center Information

www.icmsvh.org

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

Hours of Operation

Medical Services

Mon, Tues, Wed, Fri: 8:00 am –

12 noon, 1pm – 4pm

Thurs: 8:00 am – 12 noon

Closed Tues. AM and Thurs. PM

Dental Services

Dentist: March

3,4,10,11,17,18,19,24,25,&31

Hygienist: March 4,5,10,11,12,18,19,25,26,

Office:

Physical Therapy

To schedule an appointment,

please call 863-4341

Counseling

Dan Keniston, LCSW

Jeff Wilber, LCSW

To schedule an appointment,

Please call 863-9959

Osteopathic Manipulative Treatment &

Acupuncture

To schedule an appointment, please call
863-4341.

Stuart Damon, DO March 12th & 26th

Women's Health

Kathleen Coleman, ANP March 5

To schedule an appointment,

please call 863-4341.

To reach the provider on call dial 863-4341
and your call will be forwarded to the
answering services. They will take your call
and page the provider on call for you.

Like us on Facebook

ICMS receives HHS funding & has federal PHS
deemed status with respect to certain health or
health-related claims, including medical malpractice
claims, for itself and covered individuals.

ICMS is a 501(c) 3 and contributions to ICMS are tax
exempt. This health center is a Health Center
Program grantee under 42 USC 254b, and a
deemed Public Health Service employee under 42
USC 233(g)-(n).



Islands Community
Medical Services

Our Medical Center

Great news! You can now pay your ICMS bill
online. You will need your account number, which
is on your statement, name and email address. The
address to make a payment is
pay.instamed.com/icmsvh.

If you have any questions or concerns, please
contact the Billing Department at 207-863-4348.

Thank you.



Having a hard time? Not sure who to talk to?

Remember, the Medical Center is here for you with trained
therapists available to help you through difficult times.

You can reach **Jeff Wilber, LCSW** at **(207) 449-9448**
or **Dan Keniston, LCSW, (207) 837-4057**

We have appointments available by telemedicine through
Zoom. We are offering a **free visit** for anyone who is
struggling during these challenging times.

You can call Jeff or Dan directly.

If you have any questions or concerns,
please contact Dinah Moyer at
dmoyer@icmsvh.org or **(207) 863-4109**

RESOURCES: VACCINATIONS • COVID-19 GUIDELINES • ASSISTANCE

Vaccination Information

State Effective March 3, 2021, **Maine will use an age-based approach for vaccination eligibility.** While vaccination is planned to proceed consecutively through the age groups outlined below, flexibility is possible based on vaccination progress and vaccine supply. *Only Maine residents are eligible to receive a vaccine in Maine at this time. Exact dates for age-eligibility will be announced.*

March 3: Age 60 and older; **April:** Age 50 and older; **May:** Age 40 and older; **June:** Age 30 and older; **July:** All ages, including children pending authorization of a child vaccine

For Maine Vaccine Information, including FAQs, what to expect, and vaccination sites across the state, go to www.maine.gov/covid19/vaccines

Local As ICMS receives vaccine doses from the state, they will continue offering vaccination clinics in accordance with Maine's vaccination plan timeline. The goal is to vaccinate everyone on-island who wishes to be vaccinated. If you would like **to be added to the ICMS vaccination list to be eligible for upcoming vaccination clinics, please contact Anna Clapham (207) 863-4341 ex. 1126 or email aclapham@icmsvh.org**

If you're able to travel off-island, vaccines are available at other facilities throughout the state. Visit www.maine.gov/covid19/vaccines/vaccination-sites for more information. **PenBay is also a vaccination site** for island residents. For more information call **1-877-780-7545** or visit www.mainehealth.org/Coronavirus-COVID-19/Vaccine/FAQs

COVID-19 Maine Travel Requirements

Visitors coming to Maine from other states (except for NH and VT) and Mainers traveling back to Maine from anywhere other than NH or VT, must either **quarantine for 10 days upon arrival, or receive a negative COVID-19 test no more than 72 hours prior to returning home.** For a complete overview of Maine's COVID-19 Travel Requirements, go to www.maine.gov/covid19/restartingmaine/keepmainehealthy/faqs

Testing

ICMS does not provide testing for those without symptoms. This includes people seeking an alternative to travel-related quarantine. For a complete list of testing sites (Swab & Send sites) that provide testing to those who wish to test out of travel-related quarantine, go to www.maine.gov/covid19/restartingmaine/keepmainehealthy/testing

Local Help With Basic Needs

General Assistance Local assistance for residents having difficulty paying for basic necessities. Contact **Andy (207) 863-2042, townmanager@townofvinalhaven.org**

Vinalhaven Community Outreach COVID-19 Fund Help for residents financially affected by the virus. Contact **vhcommunityoutreach@gmail.com**

Vinalhaven Fuel Fund Pays for up to 100 gallons of fuel. Contact **Sue (207) 863-4822**

Little Free Food Pantry Free staples for anyone in need. No questions asked. Nothing to sign up for. Just come by and get what you need. Located at the Fire Station/Public Safety Building.

The Brown Door at the Union Church Free grocery staples. Contact **Holly (207) 363-3423 or Candi (207) 863-2001**

Community Lunchbox Prepared meals delivered on Mondays. Contact **Candi (207) 863-2001**

Meals on Wheels Prepared meals delivered to those unable to leave their homes. Contact **Linda (207) 863-9980** or **(207) 863-9343 or Shelly (207) 863-2058**

Open Bible Baptist Church Corona Virus Relief Fund (CVRF) Food for anyone in need. Contact **Cathy (207) 286-2550** **Kate (207) 409-2969 or Maggie (207) 863-2185**

Area Interfaith Outreach (AIO) in Rockland Offers food and heating assistance to Knox County residents. Go to www.aiofoodpantry.org or contact **(207) 596-1043, email@aiofoodpantry.org**

Help from the State

Maine Assistance Programs Food and fuel assistance are available through the SNAP, WIC, and TANF programs. Call **(855) 797-4357** to learn more.

MaineHousing Emergency Rent Relief Program Rental and utility relief payments to help eligible renters maintain housing stability. For more information and to apply online go to www.mainehousing.org/programs-services/rental/rentaldetail/covid-19-rental-relief-program or contact **1-800-452-4668, rentrelief@mainehousing.org**

Behavioral Health Support

ICMS Providers are available to take calls anytime and can work with you over the phone or with Zoom. Contact **Jeff Wilber, LCSW, (207) 449-9448 or Dan Keniston, LCSW, (207) 837-4057**

StrengthenME Free stress management and resiliency resources to anyone in Maine experiencing stress reactions to the COVID-19 Pandemic. Call **(207) 221-8198** or go to www.strengthenme.com





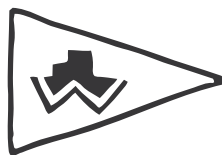
From The Cold Old Days



Sherry Miller Welch

She rowed us out into the cove to the lobsterman hauling traps. She said to him—"if you ever want to sell your boat I'll buy it," and handed him our number. The wood hull was missing a section of the transom. It listed slightly to starboard. He called the following season. She named her *Hookerman's Prey*.*

Every year on mother's day we scraped, caulked, and painted her. Buff deck, white pilot house, black hull. We learned the ways of the sea and what it meant to hammer down. We called our friends by marine radio. We island-hopped and went on day cruises. We threw bikes in the stern to get to the quarry. We got dropped off in town for sailing lessons. When the seas got choppy and our knuckles turned white, she'd say *where's your sense of adventure?! We got to realize not everyone grows up like this. Not everyone has a salty, sea-faring badass for a mother. For those who do—you know how lucky we are.*



RIP Sherry Miller Welch

Thank you for making everything an adventure.
We will love you forever. - Mali & Seth Welch

**The Hookerman's Prey took 3rd place one year in the Fox Islands Lobster Boat Races, captained by Sherry Welch with Al Moffat as crew. She had her so trimmed up that they porpoised over the finish line. They won \$50 and a lobster pot.*

Found in Readings from the Hurricane Island Outward Bound School, a gift from her after completion of our courses. This poem captures her wild spirit.

Sea Fever

By John Masefield

I must go down to the seas again, to the lonely sea and the sky,
And all I ask is a tall ship and a star to steer her by;
And the wheel's kick and the wind's song and the white sails shaking,
And a grey mist on the sea's face, and a grey dawn breaking.

I must go down to the seas again, for the call of the running tide
Is a wild call and a clear call that may not be denied;
And all I ask is a windy day with the white clouds flying,
And the flung spray and the blown spume, and the seagulls crying.

I must go down to the seas again, to the vagrant gypsy life,
To the gull's way and the whale's way where the wind's like a whetted knife;
And all I ask is a merry yarn from a laughing fellow-rover,
And quiet sleep and a sweet dream when the long trick's over.

Shipwreck!

This is a game our mother played with us as kids. It was SO MUCH FUN every time. You will need:

- An afternoon
- A few bored kids
- A decent imagination
- A go-bag stashed
- A pre-chosen destination, preferably where you will be alone

There is a little lore necessary to get this game afoot. Telling bedtime tales of shipwrecks and "prepping" your kids over time improves the game. What would they grab if the ship was going down with only three precious minutes to spare? How would they fare if shipwrecked on an island? What would they eat? How would they make shelter? What items would aid them in survival?

Of course, the wreck is imaginary. But what you do is have a shipwreck *drill*. You saunter into wherever your kids are loafing around and call out "SHIPWRECK!!!" at which point everyone has three minutes to grab and go.

Our mother's rules were you had to be in the dinghy and cast off before the three minutes were up. So you will have to make your own rules depending on your life-raft (boat, truck, bikes, whatever you have).

Go-bag contents are up to you! Pro tip: have a snack plan. Pack a knife, strike-anywhere matches and a wad of newspaper. It was always a highlight to have a beach fire to roast hot dogs on whittled driftwood spears (below the high tide line of course and properly extinguished afterwards). Also—water, Kool-aid packets, camp mugs, a cooking pot, canned soup, a bag for trash. Leave no footprint. The idea is that you plan ahead a little but your kids don't know that. Try to work the items they bring into the adventure.

We think you get the gist. Create your own adventure and we hope you have fun! Your kids surely will.



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"Rudeness is the weak man's
 imitation of strength."

– Eric Hoffer
 (1902-1983)



Vinalhaven MS & HS Students: Maine Summer Camps & Programs are *OPEN* in 2021!

– and **PIE** will be awarding

Travel & Education Scholarships!

3 Application Deadlines:

March 15, April 15 & May 15

**\$2500 is available to HS students and
 \$1000 to MS students – for EACH
 deadline**

These scholarships are only for programs in
 Maine and neighboring states dependent on
 CDC guidelines.

Applications available on PIE website:

PartnersInIslandEducation.org

*If you are interested in attending a summer
 program, don't miss out! Check out your options
 ASAP. Registrations are open or will be open
 soon, and enrollment will be limited.*

ME programs previously attended by VH Students:

- **Maine School of Science & Math Summer Camp**
- **Hurricane Island Summer Science Programs**
- **Tanglewood 4H Camp**
- **Pine Tree Basketball Camp**
- **Chewonki Outdoor Camps for Girls & Boys**
- **Maine College of Art – Pre-College Program**

FOR MORE INFORMATION:

Contact **PIE** on **Facebook**, or email
PartnersInIslandEducation@gmail.com

or contact **Jess Woods:**

jwoods@vinalhavenschool.org

A Close Shave

I read once in a building magazine that a majority of construction accidents occur right after lunch. On Monday March 1st, with a belly full of church lunchbox mac and cheese, I wound a long-awaited new chain onto my electric chainsaw with intent on flushing a pressure treated plate to the framing above. What I did not know then, and what I know now, is that if the bar tip touches the cross-hatched type of plastic we used to close off the door hole, the saw will exhibit the same dynamic tendencies as if it had touched sheet metal, and the bar instantaneously came to a stop on the left side of my head above the eyebrow. Tobin calmly says, "let me see", then grabs the first cloth he comes to, his plush winter pullover, smooshes it to my head, says "pressure pressure", and calls ahead as Bryan takes me to the med center, keeping up a humorous banter as I bleed all over the interior of his new truck. The med center is slammed and they are dealing with multiple emergencies; what I watch is like watching good basketball, with good court spacing, constant talking on defense, no confusion, no wasted motion, as 6 or more women in constant motion triage me and another like benevolent worker bees. I'm a bit ashamed to not know all their names, but you know who I mean. Shawn and Mont simultaneously from different locations know to bring my van down from the site so Audrey can come with. Shawn meets Aud at the ferry, which had been held back (sorry folks) and asks, "what about you house?" and along with Mont, Patrick and Holly, and Phil and Laura, turn on the electric baseboards, light fires, and crack the faucets open as the temperature plummets. I'm going to go out on a limb and assume that my new nickname came from Al and Rod at a removed worksite. A very pleasant boat ride ensues with Mark and Denise, who, despite spending her day on consecutive ambulance rides back and forth, gives me zero of any "you're an idiot" vibe I was feeling deserved of. Penbay, also slammed, and over time I am tended to by a primary doc, imaging guy, a surgeon, and a phalanx of nurses, aides, and trainees, all I'm guessing born when I was in my thirties or older, all upbeat, none frazzled. We are living in extraordinary times of medical care.

Aud and I do this superstitious custom where you say "rabbit rabbit" on the first morning of the month before you say anything else, to bring you good luck for the whole month. I don't believe it for a sec, but it's fun trying to remember to do it, I guess. I've been cynical all my life, and the fact that I took a chainsaw to the head 6 hours after we had successfully pulled this off would fire up my sarcastic nature. But it's hard to be cynical in the face of the fact that two of my workmates went back to the site, extracted my hat from the saw and cleaned off blood, skin, and bone from the bar and chain because they didn't want me to come on to that at a later time.

Different kind of cats live on the side of Isle au Haut Mountain.
March 1st was the luckiest day of my life.
I love you all.

Schuyler 'van Gogh'





Rockland Animal Hospital

Dr. Caron will be on the island
on **March 11 & April 1, 2021**

Clinics are held upstairs
at the Old Fire Hall

Call 207-594-5850
to schedule an appointment

Reading Online Wind on a Kindle

Norbert Leser shared his steps
for converting the online Wind
into a more easily readable
version on a Kindle.

1. Download the wind to your
computer/device
2. Create an email message
addressed to your Kindle
account
3. Subject of the email is the
word "Convert"
4. Attach the wind PDF to the
email body (no other text)
5. Send email
6. After a short while open your
Kindle app and synchronize
– *The Wind* should appear in
your library!

To find the Kindle email account
mentioned above, you need
to open the Kindle app and go
to 'App Settings' in your menu
at Kindle's home page. It lists
'Send to Kindle Email Address'
– copy/paste that address and
you're all set.

Round Up...for the Grange!

*The Pleasant River Grange #492 would like to thank those
who are rounding up for the Grange at Carver's Harbor Market.*

Our building is on the National Register of Historic Places in Maine.
It has been on the current site since 1908, donated by A. M. Webster.
We are trying to repair and care for it with the following projects:

- Upgrade our heating system so we can have year round activities,
programs and events.
- Make the old hand dug well functional – so we will not have to
carry water to the property.
- Reshingle the south side, replace the trim and doors, and install
gutters to preserve the building.



Unfortunately, our coffers are unable to
deal with even one of these projects.

We are, therefore, asking our friends
for additional help. If you could,
please send your donation (any
amount is greatly appreciated) to:

Pleasant River Grange #492
c/o Penelope Lord, Treasurer
PO Box 669, Vinalhaven, ME 04863

The Grange members sincerely thank you!

How You Can Help donate to local service groups

Community Lunchbox

Union Church, attn: Lunchbox
PO Box 249

Checks payable to Union Church
Memo line: Lunchbox

Meals on Wheels

VES attn: Meals on Wheels,
PO Box 624

Checks payable to VES
Memo Line: Meals on Wheels

Vinalhaven Community Outreach

PO Box 15

Checks payable to VCO Memo line:
Covid-19

Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church attn: CVRF
PO Box 465

*Checks payable to Open Bible Baptist
Church, Memo line: CVRF*

Vinalhaven Fuel Fund

Sue Radley
attn: Vinalhaven Fuel Fund
14 Lawson's Quarry Rd

*Checks payable to Vinalhaven Fuel
Fund*

The Brown Door at the Union Church

Union Church
attn: Food Pantry
PO Box 249

Checks payable to Union Church
Memo line: Food Pantry

All = Vinalhaven, ME 04863



VINALHAVEN CAMPAIGN FOR COMMUNITY BROADBAND

The Town of Vinalhaven's Fox Islands Broadband Task Force is working to build community consensus to bring high speed internet to every home on the island.

Your Broadband Questions Answered

What is Broadband?

Broadband refers to high-speed Internet access. Over the years, as what we use the internet for has demanded a larger capacity for moving data, the speed definition of broadband has increased accordingly. The current definition of broadband internet, set by the FCC (Federal Communications Commission), is a minimum bandwidth speed of 25 Mbps download and 3 Mbps upload.

What is Bandwidth?

Bandwidth is a measure of how much data, measured in bits, a network can deliver per second. Bandwidth determines if you can download a picture in 2 seconds or 2 minutes.

Bit: smallest unit of digital information

Bps: bits per second

Kbps: kilobits per second (1000 bits per second)

Mbps: megabits per second (1 million bits per second)

Gbps: gigabits per second (1 billion bits per second)

What is "Fiber" and "Fiber to the Home"?

Fiber Optic Technology converts electrical signals carrying data to light and sends the light through transparent glass or plastic fibers about the diameter of a human hair. These fibers are capable of transmitting large amounts of data at high transfer rates as pulses of light. Fiber transmits data at speeds far exceeding DSL or coaxial cable speeds. FTTH (fiber to the home) or FTTP (fiber to the premise)—fiber optic cable connected from the main fiber line, or "backbone", directly to a home or building—delivers the fastest most reliable internet speeds. 1Gbps download and 1Gbps upload speeds are easily achievable with fiber. Fiber is extremely durable and has a lifespan of 30-40 years, making it a reliable long-term investment.

Learn more. Contact Janann janannsherman@gmail.com or Gabe gmcphail@townofvinalhaven.org

Check out our
Broadband
Glossary!

Go to
www.townofvinalhaven.org
click on "Join the Vinalhaven
Broadband Conversation"
on the homepage

EVENTS

**Live on Zoom
and Facebook**

**6pm Wednesday
March 17**

Learn about the various ownership models other towns have used to bring universal broadband to their communities and hear from Broadband Task Force members about why they feel a municipally-owned broadband system is the best option for Vinalhaven.

To join on Zoom,
contact **Gabe McPhail**
gmcphail@townofvinalhaven.org
(207) 952-1817

Who Gets Up in the Middle of the Night in Your House?

Power struggles between men and women about anxiety.

I was abruptly awakened early this morning by my wife shaking me and asking “What’s that?” As I groggily came to, I heard the noise she was referring to, and reassured her that it was the sound of a window fan, and then got up and turned it off. I was immediately angry at having my sleep so rudely interrupted for something that seemed so trivial to me. I wondered why something that was bothering her ended up with me out of bed and awake and her going back to sleep? I quickly realized that she woke me up because she was scared, and that both of us reflexively expected me to be in charge of fixing things that frightened her.

I woke in the morning with several questions on my mind:

- Why did the noise bother my wife so much more than it bothered me? It’s not just that she sleeps more soundly. My wife’s default assumption was that there was something wrong, whereas mine was that everything was OK.
- Why did my wife automatically turn to me to take care of her anxiety? I’m pretty sure she did not consider getting up to investigate herself, yet if she were alone I’m sure she would have taken care of it.
- Why did I automatically assume that it was my job to take care of her anxiety?

Anxiety in its simplest form is simply a preoccupation with a series of fearful predictions about an imagined future. Anxiety is not only normal, it is to an extent adaptive, alerting us to potential dangers. Mild to moderate amounts of anxiety increase productivity.

In our culture, women tend to be more anxious than men. Because men hold more privilege, things in general work better for them. Men face less challenge, less struggle, and less uncertainty in their lives than women. In other words, men have less to be anxious about. Women have less privilege. They are biologically tied to their offspring and at more risk of abandonment than their male partners, and earn 30 percent less, and are more likely to live in poverty if

divorced. Accordingly, women have good reason to be anxious.

Anxiety is also contagious and it’s relational, meaning that when one person in a relationship feels more anxiety, the other is likely to feel less. For example, one person in a couple might wake up in the middle of the night, feeling anxious and not be able to get back to sleep. She wakes her partner and talks to him about what she’s feeling anxious about, whereupon she goes right back to sleep and now he feels her anxiety and can’t go back to sleep (Felder, 1988). When women carry more than their share of anxiety in a relationship it protects men from feeling their own anxiety. Women have it and don’t want it. Men have

less of it, or at least are not willing to let themselves know they have it, and don’t want to catch it from their partners.

Women naturally want to spread the load—they want men to feel some of the anxiety they are carrying, and men are naturally resistant. For men, being around women who are anxious often makes them feel more of their own anxiety which their privilege has largely protected them from experiencing. Men are socialized to think of anxiety

as a feminine trait, and taught to hide their anxiety and “never let them see you sweat,” in large part to protect their privileged status. As a result, men do their best to “take care” of women and “solve” women’s anxiety in order to protect themselves from feeling more anxious.

Women, in turn, are socialized to be more openly anxious with their male partners because it’s often one of the few effective ways of getting some of the emotional attention and caring that they otherwise find difficult to obtain. This often results in a mutually dissatisfying polarization in heterosexual couples in which the woman takes on the role of the anxious person and the man the role of the person responsible for managing his wife’s/partner’s anxiety.

All of this helps explain why my wife was more worried about the strange sound in the middle of the

*Anxiety is relational,
meaning that when one
person in a relationship
feels more anxiety, the
other is likely to feel less.*

(continued on next pg.)

Why Do Men Get Nervous... (continued)

night than I was, and why we both automatically assumed that I would be the one to get out of bed to investigate. The way out of this polarized relationship pattern is for each person in the relationship to expand his or her capacity to experience the role they are blocked from.

For men, this might involve not working so hard to suppress their partner's anxiety and allowing themselves to feel more of their own anxiety. For women, this might mean not relying on using anxiety to make a connection with their partners, instead addressing their frustrations and desire for more emotional connection more directly.

Avrum Weiss is a psychologist who consults for the medical center. This article originally appeared in psychologytoday.com

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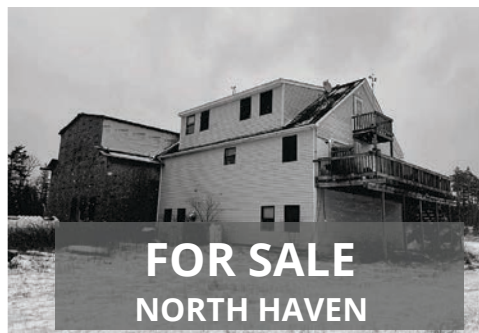
(The WIND will continue to be online, as well).

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Vinalhaven, ME 04863

Thank you!



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Write to Friends

With the winter season upon us, our shut-in community members would especially appreciate hearing from friends. Take a moment to write a note and bring a smile to someone's face!

Jaquelyn Ames
c/o Goodwill-Kendall
Lane House
Freeport, ME 04032

Lucy Wadsworth
30 Community Drive
Camden, ME 04843

Carlene Michael
Boardman Cottage
Islesboro, ME 04848

Charles M. Miller
1725 Honore Avenue
Sarasota, FL 34232

Gladys Walls
(new address)
PO Box 702
Newcastle, ME 04553

Rosemary Anthony
7 North Shore Drive
Owls Head, ME 04854

Ann Anthony
Caroline Morton
Dottie Knowlton
Windward Gardens
105 Mechanic Street
Camden, ME 04843

Nans Case
Barb Davis
Marie Dempster
Joan Mitchell
Priscilla Rosen
Pat Nick
Virginia Olney
Calderwood Homestead
18 Beaver Dam Road
Vinalhaven, ME 04863

Ora "Buddy" Warren
Harbor Hill Center
2 Footbridge Road
Cape Rosier Unit, Rm. 3
Belfast, ME 04915

Knox-Lincoln

Spring Plant Sale Catalog & Online Ordering are Here!

Knox-Lincoln Soil & Water Conservation District's 2021 Spring Plant Sale Catalog is now available in print and online. Plants are available for pre-order only, either online or by mail through Monday, April 12th. Quantities are limited so order early – and often – for the best selection!

Choose from over 180 varieties: bareroot fruit trees and berries, native conifers, deciduous trees, shrubs and vines as well as native, organic, Maine-grown perennials & herbs in 1-gallon pots for pollinators. The plant list includes new varieties in all categories as well as tried and true favorites.

Visit www.knox.lincoln.org/spring-plant-sale to download a catalog or to shop online; call 596-2040 or email julie@knox-lincoln.org to receive a catalog by USPS.

Think Spring!

Tidbits from the Vinalhaven Historical Society

Irene Ames, little daughter of Capt. & Mrs. Lawrence Ames, observed her fifth birthday Saturday at her home on Atlantic Avenue. Games were enjoyed and the refreshments included a handsomely decorated birthday cake bearing its five blazing candles. The guests were Corinne and Miriam Greenleaf, Dorothy & Norman Johnson, Albert & Mary Helen Ames. Others present were Mrs. Edward Greenleaf, Mrs. Vaughn Johnson, Mrs. Leroy Ames and Mrs. Richard Young. The little hostel was pleasantly remembered with gifts.

Courier-Gazette March 5, 1931

Carver's Pond on Friday afternoon had the appearance of a big Carnival. Twenty-two ice boats flying in every direction, ten trotters trying their mettle on the tract, and skaters, coasters, a crowd of men looking on, and laughing children sliding and running around made a pleasant happy scene to the looker-on

Courier-Gazette March 8, 1887

Douglas Stone celebrated his fourth birthday March 1 by entertaining these friends: James McDonald, Rexie Crockett, Judy Walker, Lawrence Pierce, Evelyn Brown, Edward Beverage, Patricia Calderwood and Paul Quinn. Ice Cream and cake were served. Horns, noisemakers and balloons furnished much of the afternoon's entertainment. The mothers were also present and Douglas received many nice gifts. A birthday cake was made and presented to Douglas by his aunt, Mrs. Kathleen Waterman. Upon presentation Douglas remarked, "Isn't it a beauty!"

Courier-Gazette March 6, 1941

Barge *Monitor* loaded with paving from Leopold Co., sailed Thursday for New York.

Courier-Gazette Saturday, January 14, 1928

**Vinalhaven Community
Outreach**

**Are you experiencing
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because of COVID-19
and loss of income, or
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1840s Home on large Lot. Three bedrooms, 1 1/2 baths, updated electric & windows, new direct vent heat. Corner lot with a shed near town. **\$150,000**



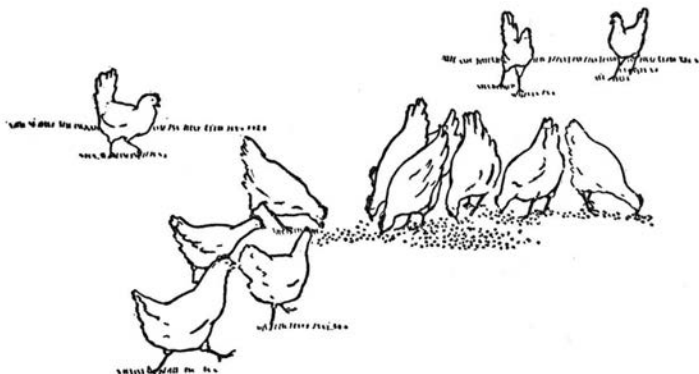
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Elevated Building Lot. 1.4 acres with sweeping views of the eastern bay. Soil tested with power nearby. Quiet location yet close to town. **\$185,900**



Ten Acre Building Lot Near Village. Lovely lot adjacent to a VLT preserve. 3 bdrm soil test, 30' ROW has been partially cleared. Great value! **\$84,000**



Outdoor Fun during March Break! for Grades K-4

Maple Sugaring with the Conlan's

Tuesday, March 9: Grades K-1

Friday, March 12: Grades 2-4

Roberts Harbor Farm with Kate Ritz

Tuesday, March 16: Grades K-1

Thursday, March 18: Grades 2-4

1:00 pm - 2:15 pm

There is no charge, but you must register in advance. Space is limited to 12!

Parents: Drop off and pick up kids at the location. We will be there to meet them. Please make sure they have warm outdoor clothes, and a mask!

FMI / to Register: Message us on **PIE Facebook** or **PartnersInIslandEducation@gmail.com**

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Great exposure for your rental!

Call or email for information.



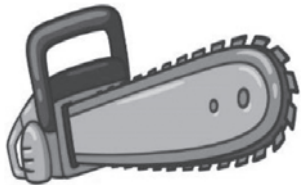
info@davidson-realty.com

207.863.2200

maineislandliving.com

Do you need woods work done, cutting, clearing, or just sprucing things up? Call Two Many Captains tree service, no job to small, reasonable rates and references available. Kyle Doughty and Joseph Hutchinson

863-5009 or
KD3205@twc.com



Bumiller & Co.

CARETAKING & CONTRACTING

Mainland Caretakers

We're here, when you're not.



207-596-6146
bumillercompany.com



*Plumbing
and Heating*

- Licensed Master Plumber
- Licensed Master Oil Burner
- Repair Service Available

P.O. Box 69
Vinalhaven, ME 04863
207/863-2030

Solar hot water
JSDavisPlumheat@aol.com



ISLAND TICKS

pest control

207-837-7011

Mice... YUCK!

Mice are looking for a winter home. If you have, or have had a problem with mice, give us a call.

Fall is also a good time to deal with Cluster Flies and other overwintering pests.

It's never too early to discuss next spring for Ticks, Browntail Moths, and Ants.

Island Owned + Operated
Charlie + Erica Simpson

Boat and Engine for Sale

1986 Seaway 18ft Center Console Speedboat and 2015 Yamaha 70hp fuel injected four stroke outboard. Motor has fewer than 20 hours and was professionally installed at Jeff's Marine. Comes with 2017 LoadRite Trailer. Flasher sounder, chart plotter and GPS.

Selling just because we don't use it and want someone to enjoy it. Boat is in very good condition and ready to put in the water.

\$16,500 OBRO
call 863-9344 for more info.

"Retired Property Manager"

Frank W. Demmons
863-4364

Handy-man work, Hard-scape & Landscape, Mechanic; small engine & heavy equipment. Mudding & painting (inside only), Professional tiling (any design you want)

Kid Trivia Answers

1. Geologist
2. Most Valuable Player
3. Seven-Africa, Asia, Europe, North America, South America, Antarctica, and Australia

PENOBSCOT ISLAND AIR



P.O. Box 273, SOUTH THOMASTON, ME 04858
TERMINAL LANE, OWLS HEAD, ME 04854
(207) 596-7500 • WWW.PENOBSCOTISLANDAIR.NET



Pleasant River Chapel

Sunday, March 7th

Communion Sunday

Ted Todd, Speaking

Bob Candage giving
communion

Live on Zoom

Join us for fellowship at 8:30;
service begins
at 9:00 AM

All are welcome

SAVE THE DATE!

DRIVE-THRU BEAN SUPPER

Saturday Mar 20

Watch for details in the
Wind

For Zoom log-on info, email
pleasantriverchapel
@gmail.com

For pastoral care call:

Rosanne Wallace 863-4846

Bob Candage 863-4943



Our meetings have
temporarily gone online, for
URL and times
please email

VinalhavenAA@gmail.com



Pastor Jeff Winters

SUNDAY

9:30—Sunday School
Adults in Church

10:30—Fellowship Time

11:00—Worship Service

WEDNESDAY

6 PM—Bible Study and
Prayer Time

ALL ARE WELCOME!

20 Fellowship Drive
863-9944
www.obbc-vinalhaven.org

AL-ANON MEETING CHANGE

**Until further notice,
Al-Anon meetings will
be held virtually.**

To join the meeting by internet
OR phone, please email
vinalhavenalanon@gmail.com
or call 207-952-1817
Help is also available from Maine
Al-Anon maineafg.org
and World Al-Anon al-anon.org
We are here for you! Newcomers welcome!

Union Church
~ Welcomes You ~

Union Church
Is currently
holding services via
Zoom. Services are held
every Sunday at 11 a.m.

Guest Speaker
Ben Henneke
March 7

Please contact
Betsy Walsh at 4124 for
Zoom link information

If you would like to donate
to Union Church
donations can be mailed to
PO Box 249
Or visit our website at
Unionchurchvh.com
Donations can be made
securely online under the
Donate or Give tab

"Sports do not build character.
They reveal it."
— Heywood Brown 1939

Trivia Answers

1. Cable News Network
2. Humorous "If called by a panther, don't anther."
3. Germany, Italy and Japan

**Does your Organization or Business need
Hand Sanitizer? Masks?**

ICMS can help!

Email Dinah dmoyer@icmsvh.org

Carvers Harbor Market

In this week's ad flyer, we have Boneless Pork Roast or Chops for \$1.99 lb, Bone-In Chicken Thighs or Drumsticks for 69¢ lb, Boneless New York Sirloin \$4.99 lb, and Hormel Marinated Pork Tenderloins only \$3.99 each.

Looking for some other fresh deals? We have Nature's Finest Red Bliss or Yukon Gold Potatoes 2/\$5, Green Giant Carrots 59¢ bag, Fresh Avocados 99¢ each, and Crisp Cucumbers 3/\$2. Need to fill up your pantry? We have Post Fruity or Cocoa Pebbles or Golden Crisp Cereal 2/\$4, 6 Pk 16.9 oz Bottles Pepsi or Mountain Dew 4/\$10, Ragu Pasta Sauce 2/\$4, Barilla Pasta 2/\$4 and Velveeta or Kraft Deluxe Macaroni and Cheese 2/\$6. To finish it off with a snack, we have Best Yet Ice Cream 2/\$4 or Nabisco Oreo Cookies \$3.99. Make sure to check out the ad available in store and at carversharbormarket.com for more great deals!!

Don't forget to come in Friday for "Fry-Day" with our Chester's Chicken, Mozzarella Sticks, Onion Rings, and whatever else we can find to throw in the fryer!! 😊 See you there!!

Thank you for shopping local!!
We appreciate your patronage!!

SURFSIDE

**DAILY 4:00ish-10:30 AM.
LIMITED INSIDE/OUTSIDE
SEATING; STILL TAKING
CURBSIDE ORDERS.
PLEASE FOLLOW STATE
PROTOCOL.
863-2767**

The Sand Bar

is closed during the
month of March for our
annual break.

Reopening April 1st

See you then!

Fathom Seafood and Meats

Offering free delivery of a variety of fresh meats from Wiggins Butcher shop. Call for free delivery and a full menu including steaks, ground chuck, sausage, pork chops, fresh chicken, fresh cooked lobsters, and much more!

Kelly and Lee Oxtan: 703-6720



Pleasant River Chapel

**Sign up now for the
March 20th drive through
or home delivery Bean
Supper. Call Pete at
207.551.4483 to reserve
your meal and arrange
pick up time.**

Cost \$10.00 pp.

**1/3 of the profit from this
event will be given to a
local charity program.
More details in next
week's wind**



**Hand-selected wine,
artisanal cheese, craft beer,
Maine raised meats, locally
roasted coffee beans, gluten
free pasta & crackers,
and more!**

NEW Hours!

Effective Tuesday, March 2nd

**TUESDAY
thru
SATURDAY
11-5**

**32 Main Street
863.2192**



**FIORE – The Freshest
Olive Oil & Aged
Balsamic from Italy**

**Find Us Every Day
at Island Spirits
as well as
503 Main Street in
Rockland**