

April 16 - April 22, 2020

E-MAIL: vinalhavenwind@gmail.com

Vinalhaven Community Outreach

We need your help and we're here to help you

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

Donations may be mailed to VCO, PO Box 15, Vinalhaven.

Please mark Covid-19 in the memo

If you need help, and fit our criteria, please contact us by email

vhcommunityoutreach@gmail.com

Thank you.

We are a 501 (c) 3 organization

Community Lunch Box

Union Church will be looking at the best options for lunch box going forward. We will not have our sit down lunch at the church for the next couple of weeks.

We will contact our regular guests and ask them to send out the word when we will be preparing and delivering to make sure no one is excluded from their meal. If you have any questions, please contact Candi at 2001

Trivia Questions

1. What was Simon and Garfunkel's first hit?
2. Who said, "I am the man who accompanied Jacqueline Kennedy to Paris?"
3. Who fought a never-ending battle for truth, justice and the American way?

Maine Trivia

Where was Harriet Beecher Stowe's anti-slavery book, Uncle Tom's Cabin written?

Community Calendar

Email events to:
windnonprofitads@gmail.com

FOOD PANTRY NOTICE:

The **FOOD PANTRY** is here for everyone. Please contact **Candi 2001** or **Holly 207.363.3423** or stop by a Good Things Coffee House.

Helping Friends In Need

Folks have been asking how to support groups providing for basic needs of islanders. Here are a few ways...

Community Lunchbox

Union Church, PO Box 249
Attn: Lunchbox
Checks payable to Union Church
Memo line: Lunchbox

Meals on Wheels

Vinalhaven Eldercare Services
attn: Meals on Wheels, PO Box 624
Checks payable to VES
Memo Line: Meals on Wheels

Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church, attn: CVRF
PO Box 465, Checks payable to Open Bible Baptist Church, Memo line: CVRF

Vinalhaven Community Outreach

PO Box 15, Checks payable to VCO
Memo line: Covid-19

Vinalhaven Fuel Fund

Sue Radley, attn: Vinalhaven Fuel Fund
14 Lawson's Quarry Rd, Checks payable to Vinalhaven Fuel Fund

The Brown Door at the Union Church

Union Church, PO Box 249
Attn: Food Pantry, Checks payable to Union Church, Memo line: Food Pantry

All addresses = Vinalhaven, ME 04863

Town of Vinalhaven Information

www.townofvinalhaven.org

Meetings

Town Buildings are closed to the public until further notice. All events and programs have been cancelled until further notice. The Town Office is closed. All committee meetings, other than Select Board meetings, have been postponed or will be held virtually. The Select Board will be meeting* regularly to discuss any necessary responses to COVID-19. *We will deliver meetings to you virtually from our Facebook page:

[facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven) and the recording will be posted to the Town's YouTube Channel. There is a link to the Channel on the website. Please visit the Town website and Facebook page for the most up-to-date information about Select Board Meetings.

Notices

Revised Property Tax Deadline Due to COVID-19 and to relieve what may be a financial burden at this time, the Select Board has voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. While we encourage those that can pay to please do so, there will be no penalty for those who are unable to pay until July 1. Interest will still accrue on the unpaid November 1, 2019 balances. If you have any questions, please contact the Town Office.

Annual Town Meeting originally scheduled for May 13, 2020 has been postponed. New date TBD.

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

Food Scrap Composting collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

Hours of Operation & Contact Information*

*The phone numbers below are accurate, but due to the Covid-19 virus, the Town Office is closed to the public so the hours listed may be inaccurate. Services are still available over the phone—please see further information in the column to the right.

Town Office – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

Town Manager – **Andrew J. Dorr** – 863-2042; 266-7806;
townmanager@townofvinalhaven.org

Town Clerk – **Darlene M. Candage** – 863-4343; townclerk@townofvinalhaven.org

Deputy Town Clerk – **Tanya Robishaw** – 863-4343; deputyclerk@townofvinalhaven.org

Assessor – **Wes Robinson** – Hours vary, contact 863-2168 or
vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – **Faye Grant** – Hours vary, contact 863-2168 or vhceo@townofvinalhaven.org to set up an appointment

Planning and Community Development – **Gabe McPhail** – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage – 863-2063

Library – **Scott Candage** – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vinalhaven.lib.me.us

Transfer Station – **Kenny Martin** – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

Fire Department – **Marc Candage** – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

Ambulance Service – **Kerry McKee** – Emergency 911; Non-Emergency 863-2119 or kmckee@townofvinalhaven.org

Knox County Deputy – Emergency 911; Non-Emergency 593-9132

Animal Control Officer – **James Knowlton** – 756-0209

Harbor Master – **James Knowlton** – 756-0209

Deputy Harbor Master – **Peter Gasperini** – 542-1992



Revised State & Federal Income Tax Dates

The deadline for **2019 Maine State and IRS Income Tax Returns** is now **Wednesday, July 15, 2020**.

Town Services Remote Access

The Town Office is currently closed to the public due to Covid-19. However, many services are still available by calling **863-4471 or 864-4343**

Please read our Services Memo at townofvinalhaven.org. If you have any questions, call the Town Office.

COVID-19 INFORMATION

For the latest updates, visit our website townofvinalhaven.org. There is a link on the homepage to all Covid-19 information and resources. Also visit Facebook [facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven)

If you have Covid-19-related questions or need information about services, call **863-2168** or email VHEOC@townofvinalhaven.org

Subscribe to receive Town Daily Covid-19 Updates automatically sent to your inbox. Go to **Subscribe** on the Town's website and subscribe to **"Town Alerts"**.

Please see the Town's **Emergency Operations Center Covid-19 Resource Guide** in this Wind.

Revised Property Tax Deadline

The **May 1, 2020 Property Tax payment has been extended to July 1, 2020**. While we encourage those that can pay to please do so, there will be no penalty for those who are unable to pay until July 1. Interest will still accrue on the unpaid November 1, 2019 balances. Questions? Contact the Town Office **863-4471, 864-4343**

Vinalhaven School News, by Superintendent/Principal Tonya Arnold



Next week is School Vacation April 18 to 26: Students and parents will not be expected to adhere to remote learning routines. Staycation ideas: Build a Fort, Design a Garden or Outdoor Space, Be Crafty, Do Safe Home Science Experiments (https://thestir.cafemom.com/big_kid/177627/science_experiment_project_kids_home), Take a Hike, Learn a New Skill, Learn Dance Moves Together, Plan Movie Nights, Have a Picnic, Play Yard Games, Stargaze, Try New Food, Indulge in Home Spa Day, Scavenger Hunt, Create an Obstacle Course, Stage a Family Photo Shoot Contests, Story Tell Around a Bonfire or Backyard Camping. Have fun!

Food deliveries: There will be no food deliveries from school during School Vacation Week. On April 27 we will begin again. We have a very lean staff for meal production. Meeting regulations is tied to funding. Working within budget, and shipment limits, prevent some creative adjustments. The town's webpage for help with food is <https://www.townofvinalhaven.org/home/pages/help-food-and-finances>

Remote learning extends through end of School Year: We know this news is unsettling for families. We are seeking feedback from families through a SurveyMonkey link posted on our Facebook page to help us determine which dates would be best to end remote instruction, to end school food deliveries, and to hear creative ideas for end of year celebrations that comply with social distancing requirements. After we receive family feedback and collaborate as a staff about the details related to the wrap up of the school year, we will share a more detailed plan with the Board and the community.

The past month has been especially difficult for Seniors with so many changes. One thing that has not changed is our devotion to the Class of 2020 and our desire for those students to have as many cherished memories and traditions as possible. The graduation ceremony is important. Whether or not to have a graduation ceremony was never a question. The question is in light of the situation, how can we honor the class in a way that is as historic as the times?

Third Quarter Progress Reports should be on their way to homes for Upper Grades. Pre-K to 3rd Grades are on trimesters, so the next report at those grades will be narrative at the end of the year.

Budget Development Continues: Following the budget work session via zoom on 4-8-20, we continue to search for areas to trim the budget draft further. We are exploring loan options in order to complete some of critical roof and other repairs that can no longer be put off. Nearly 5% of the increases over last year's budget are non-negotiable items due to contract increases. Offering appropriate special education services continues to be our greatest challenge: from both a program and from a fiscal point of view. Fifty-four special education students are currently identified for services, with additional students being evaluated. These numbers represent an extra-ordinary high number of identified students relative to our total population, and some of these students will require significant services. We will work to provide the best possible services for our students as efficiently as possible.

Next Regular Board Meeting: We rescheduled our April 15th meeting to April 29th. The agenda is in this edition. Contact our school secretary for the zoom meeting link information after school vacation.

A VERY IMPORTANT MESSAGE FOR ALL OF US

from the Town's Public Health Team and Select Board

Dear Fellow Vinalhaveners,

We are grateful to you for keeping yourself and your family **SAFE** and **CLOSE TO HOME** during the Covid-19 Pandemic. The difficult actions and sacrifices we make today show the respect we have for our beloved community.

We urge you to keep following the guidelines below. And please, if you or anyone you know needs **HELP** or would like to help...

Contact us at **VHEOC@townofvinalhaven.org** or **207- 863-2168** — *Thank you!*

The virus doesn't move. We move the virus. Please...

Stay at Home

If you go outside for exercise or essential needs, keep at least 6 feet away from others

Maintain Physical Distance

Unless you are living in the same household, keep at least 6 feet away from others

Wear a Mask or Face Covering in

Public If you're going where you will be within 6 feet of other people, wear a mask or face covering

Sick? Call ICMS 207-863-4341

Don't go to the medical center without calling first

Get Help with Food, Finances, and More – Discover Ways to Help Others

Go to the **Covid-19** page on the Town website **www.townofvinalhaven.org**

Email **VHEOC@townofvinalhaven.org** or call **207-863-2168**

Do Not Travel to the Mainland

Unless for emergencies and essential needs

Quarantine for 14 days

If you are travelling from out-of-state or from any area with community spread

Wash Your Hands Frequently

Also use hand sanitizer

Avoid Touching Your Face

Disinfect Surfaces and Items Often

Please check the Town website or Facebook page daily – Updates are posted every day by 7 PM. Please contact the EOC with your questions and for assistance. Subscribe to "Town Alerts" on the Town's website to automatically receive Daily Updates in your inbox. *This community is a special place and together we will get through this!*



COVID-19 Vinalhaven Emergency Operations Center (EOC)

Andrew Dorr
Town Manager

Marc Candage
EMA Director

Kerry McKee
EMS Director

Jen Desmond
Public Health Officer

Pat Lundholm
Public Information Officer

Gabrian McPhail
Community Outreach Coordinator

Tanya Robishaw
EOC Support Staff

Janica Barrows
EOC Support Staff

EOC Contact
VHEOC@townofvinalhaven.org
207-863-2168

Town of Vinalhaven
19 Washington School Rd
Vinalhaven, Maine 04863
Phone: 207-863-2042
Cell: 207-266-7806
Fax: 207-863-4393
www.townofvinalhaven.org

RESOURCES for Coping with the COVID-19 Pandemic

Today is not like yesterday; tomorrow will not be like today. The problems that we are facing with this Covid-19 pandemic are unique and dynamic, and force us to adapt to the changes daily. Throughout the coming days, the Town's Emergency Operations Center will keep you informed the best we can. During this time of uncertainty, information and recommendations are changing rapidly. We ask that you be compassionate towards each other and be adaptable.

Please visit the Town's website for the most up-to-date information including changes in the ferry schedule and changes in how businesses are operating.
townofvinalhaven.org

Call **1-207-863-2168** or email **VHEOC@townofvinalhaven.org** for help and more information. Follow **facebook.com/townofvinalhaven** for daily updates

Up-to-Date Information about Covid-19 and Resources

Maine's 2-1-1 Resource List for Covid-19 help. **211maine.org**

Office of Governor Janet T. Mills **maine.gov/governor/mills/covid-19**

Maine Health and Human Services Hotline: Dial **2-1-1** or **1-866-811-5695**, Get answers about COVID-19 by calling or texting your zipcode to 898-211, or emailing **info@211maine.org**

Maine Center for Disease Control & Prevention **1-207-287-8016**
maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml

United States Centers for Disease Control and Prevention **1-800-CDC-INFO**
(1-800-232-4686) **cdc.gov/coronavirus/2019-ncov/index.html?s_cid=bb-coronavirus-2019-ncov-NCIRD**

Help with Finances for Those in Need

General Assistance is a program that every town in Maine has to help people in need by providing financial assistance for basic necessities, such as housing, utilities, and food. Contact **Andrew Dorr, Town Manager** **1-207-863-2042**
townmanager@townofvinalhaven.org

Vinalhaven Community Outreach helps islanders who have been directly, financially affected by COVID-19. Contact **vhcommunityoutreach@gmail.com**

Deliveries ICMS will pay for deliveries from any business downtown. Call Vinalhaven Taxi to arrange deliveries **1-207-720-0056**

Penquis Low Income Assistance Program **1-207-973-3630**

Help Getting Food

The Brown Door at the Union Church offers free grocery staples. Contact **Holly** **1-207-363-3423**

Community Lunchbox delivers prepared meals on Mondays. Contact **Candi** **1-207-863-2001**

Meals on Wheels delivers prepared meals to those unable to leave their homes. Contact **Linda** **1-207-863-9980** or **1-207-863-9343** or **Shelly** **1-207-863-2058**

Open Bible Baptist Church Corona Virus Relief Fund (CVRF) will purchase and deliver food for anyone in need. Contact **Cathy 1-207-286-2550**
Kate 1-207-409-2969 or **Maggie 1-207-863-2185**

**Friendly Reminder that Carvers Harbor Market is offering curbside pickup and delivery of groceries. Contact 1-207-863-4319 or orders@carversharbormarket.com*

Help Paying Utility Bills

Vinalhaven Fuel Fund helps pay for up to 100 gallons of fuel. Contact **Sue 1-207-863-4822**

Penquis HEAP Program 1-207-973-3630

FIEC recommends contacting the Shaws Fund for Marriner's children at **207-677-2070** or cmacleod@shawfund.org or the Low Income Assistance Program at Penquis **1-207-973-3630**

Maine Water has suspended shutoffs for nonpayment until further notice and will work with customers on payment arrangements. **1-800-287-1643**

Spectrum will not charge late fees or terminate service for 60 days for residential or small business customers who face difficult economic circumstances related to the COVID-19 pandemic. **1-833-267-6094**

Consolidated will waive late fees and make sure individuals and businesses keep their phone and internet connected even if they can't pay their bills due to disruptions caused by the coronavirus pandemic. **1-844-YOUR-CCI**

Help Managing Stress and Anxiety

If you need help, reach out. Hope is just a phone call away.

Maine Statewide Crisis Hotline 24/7 for immediate crisis-oriented help. **1-888-568-1112**

Maine Warm Line 24/7 for connecting with someone if you need mental and emotional support. **1-866-771-9276**

ICMS offers behavioral health services. Contact Dan Keniston at ICMS at **1-207-863-9959, Option 3**

Anonymous Peer Recovery Programs

Narcotics Anonymous namaine.org

Alcoholics Anonymous csoaamaine.org

Nar-Anon nar-anon.org and Al-Anon maineafg.org

If you are a community group or organization offering services and would like to be included in this resource guide, please contact 1-207-863-2168 or VHEOC@townofvinalhaven.org This information was last revised on 4/6/20

Help for Businesses, the Self-Employed and Nonprofits

The Town has compiled a list of resources to help businesses, the self-employed and non-profits. townofvinalhaven.org/sites/vinalhavenme/files/uploads/covid19businessresources_040320.pdf

MANP (Maine Association of Nonprofits) has compiled this list of resources to help nonprofits. nonprofitmaine.org/learn/resources/covid-19/

How You Can Help

Stay Home. Governor Mills' mandate limits travel for anything but essential needs.

Practice Physical Distancing. If you are on a trip for essential needs or out for exercise, keep a minimum of 6 feet away from others at all times.

Wear a Mask or Cloth Face Covering in public.

Wash Your Hands and clean surfaces well and often.

Volunteer in a Safe Way by reaching out to community groups and individuals to see if they need help. Follow all safety guidelines provided by the CDC and the Town of Vinalhaven.

Connect with Others using video conferencing tools like Zoom. The Island Institute's Covid-19 resource page includes information about online video conferencing tools islandinstitute.org/coronavirus

Reach Out by calling friends, relatives, and neighbors. Do especially kind things, and thank people for all that they are doing.

Donate to Groups and Organizations that are listed here, as well as any other groups and organizations working to support our community.

Pay-It-Forward by supporting businesses that have been required to close their doors to the public. Utilize take-out and curbside to-go services. Purchase merchandise from businesses' websites. Buy a gift card or gift certificate and pass it along to someone in need.

Focus on Facts Not Fear by getting reliable and credible information from the CDC and the Maine CDC. Maine Public Radio 90.5 FM WMEP offers reliable Covid-19 information mainepublic.org

Since 1898,
we've always
been here
for you.



A lot has happened in the world since we opened our doors in 1898. We've always been here for you and we continue to be ready to serve your insurance needs as we all navigate through this unprecedented time in our lives.

We have taken all the necessary steps to keep our employees safe

while having the technology in place to serve our customers. Please contact us directly if you have any questions on claims, coverage or billing.

It's now easier than ever to connect with us at www.jedwardknight.com.

We are here to help and are open for business!

K INSURANCE
J. EDWARD KNIGHT
Independent. Local. Focused on You.

800-898-4423
www.jedwardknight.com

Boothbay Harbor New Harbor Vinalhaven Rockland Bath

WindHorse Arts

Be the first to get one of my new
Spring colors and support those in
need on Vinalhaven

Online Auction
all proceeds
to benefit
Vinalhaven Community Outreach

on instagram
@alisonthibault
for details

www.WindHorseArts.com



Jaret & Cohn
real estate

THE ISLAND GROUP

WESLEY REED 207-863-2554
Serving the Islands for 30 years

7 ACRES ON VINAL COVE
\$289,000.



SPECIAL LOT!

VINAL COVE, VINALHAVEN: 7 AC. WITH 700'WF
2 SOIL TESTS FOR SEPTIC. VIEW OVER CONSER-
VATION LAND. ROOM FOR 2 HOUSES. **\$289,000.**

SEE MY OTHER LISTINGS AT VINALHAVENME.COM

wreed@jaretcohn.com



Jaret & Cohn
real estate

THE ISLAND GROUP

WESLEY REED 207-863-2554

NEW PRICE!



WATERFRONT ON WINTER HBR
Year round home on 2 acres with great
southern exposure. Recent raised ranch
on old house site. \$249,000.

wreed@jaretcohn.com

HOW-TO GUIDE



for Single-Stream RECYCLING

Single-Stream is EASY! Everything goes in one bin – NO SORTING! Follow this guide to make sure ONLY recyclable materials get put into the recycling bin.



Plastic

must... have #1-#7 symbol on it
be rigid (no plastic bags, plastic wrap, etc.)
be a container
empty and rinse



Yes ✓

milk & juice jugs
detergent bottles
food containers
all rigid containers
marked #1-#7

No ✕

plastic bags! (shopping, frozen food, zip-lock, animal feed, soil, etc.)
bubble-wrap, shrink-wrap
plastic envelopes
to-go cup lids



Paper Cartons

empty and rinse, remove plastic caps

milk & juice cartons
drink boxes
aseptic containers

wax-coated
paperboard



Cardboard & Mixed Paper

must be clean and dry
(no greasy-gross pizza or food boxes)

all clean cardboard
paperboard boxes
newspapers, mail
catalogs, paper bags
office paper, envelopes
wrapping paper, books
phone books, clean
paper plates, shredded
paper (in clear bag)

wax-coated card-
board
shredded paper
that's NOT in a
clear plastic bag
(bag gets sorted out
by hand at recycling
center)



Glass

jars and bottles, all colors
empty and rinse (if containing solids)
remove caps

clear & colored
glass bottles & jars

window glass



Metal

tin and aluminum
empty and rinse

tin cans
aluminum cans & clean
non-balled-up foil
empty aerosol cans
(cooking spray, paint, etc.)
pots & pans, jar lids

scrap metal
regular paint cans
gas cylinders of
ANY size

Still not sure what gets recycled? Ask the WasteWatchers Team! islandwastewatchers@gmail.com

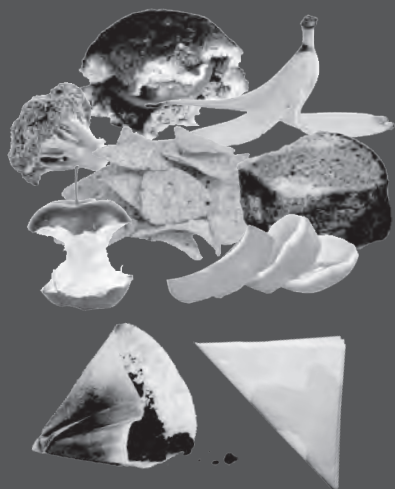
Download EcoMaine's Free **Recyclopedia** app visit ecomaine.org/RECYCLOPEDIA



HOW-TO GUIDE for Food Scrap COMPOSTING



Vinalhaven Community Compost at the Transfer Station



Yes ✓

FOOD SCRAPS

vegetables, fruit, peels, grains, coffee grounds
eggshells, fish, spoiled and leftover foods

UNCOATED FOOD PAPERS

tea bags, coffee filters, soiled napkins



No ✗

MEAT, BONES, DAIRY

no meats and dairy, no large quantities of oil

COMPOSTABLE “PLASTICS”

no bags/pail liners, no cups, no cutlery

PRODUCE STICKERS

remove produce stickers

How VH Community Compost Works

1. Collect food scraps at home and at work
2. Dump food scraps into the collection bin at the Transfer Station
3. We mix all the food scraps into an active manure pile
4. The pile cures until it becomes nutrient-rich compost
5. Our community uses the compost to enrich garden soils

For more information about VH Community Compost visit the **WasteWatchers** page at www.townofvinalhaven.org

EARTH DAY

DAILY CHALLENGE

Visit **earthday.org** to learn more about every day EARTH ACTIONS

 <p>Do a plastic audit</p>	 <p>Compost creatively</p>	 <p>Read, don't stream</p>	 <p>Take the Earth Day pulpit pledge</p>	 <p>Create for the Earth</p>
 <p>Tag 3 friends</p>	 <p>Support your mental health</p>	 <p>Become a citizen scientist</p>	 <p>Go plant-based for 1 meal/day this week</p>	 <p>Fix and DIY – Don't buy</p>
 <p>Green power utilities</p>	 <p>Work for the Earth</p>	 <p>Pick up an isolation</p>	 <p>Skype a Scientist</p>	 <p>Measure your carbon footprint</p>
 <p>Go zero-waste for one day</p>	 <p>Make a window for the world</p>	 <p>Start a dialogue</p>	 <p>Plant a forest</p>	 <p>Take the 4-22 workout challenge</p>
 <p>Register to vote</p>	<p>APRIL</p> <p>22</p> <p>JOIN US AS EARTH DAY GOES DIGITAL</p> 			

Class of 2032



What is your name? Brady Poole

Who is in your family? Mom, dad, Luke and me.

Do you have any pets? Tell me about them. No, but I'm gonna get one. It's gonna be a cat. I'll probably name him Petty Paws.

How old are you and when is your birthday? 6 and October 24th.

Where do you live? Vinalhaven, of course!

What do your parents do for work? My mom does yoga and my dad works at ... uh ... where do you work dad?

Who are your best friends? Johnny, Logan, Francisco, and Joshua.

What is your favorite color? Red. And black.

Name three of your favorite foods. Corn, chicken, and fish.

What do you like about school? Um... playing blocks, I guess.

What do you like to do after school? I like to eat.

Tell us something special about you. I'm funny!

What do you want to do when you are grown up? I want to be a builder.

Son of Donald and Danielle Poole

Star of Hope Update

The Star of Hope Foundation Board continues its work and is reviewing the data collected from the community survey and the community meetings. This information is being used to plan for the future and guide us as we move forward to meet our mission.

The mission of the Star of Hope Foundation is to promote education of the visual arts through various means including exhibitions, a museum, artist-in-residence programs and other outreach endeavors.

Please visit our website for more information, and to view a visual tour of inside the Star of Hope building.
www.starofhopefoundation.org



Islands Community
Medical Services

Our Medical Center

Medical Center Information

www.icmsvh.org

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

Hours of Operation

Medical Services

**Mon, Wed, Fri: 8:30 am – 12 noon,
1 pm – 4 pm**

Tues: 1 pm – 4 pm

Thurs: 8:30 am – 12 noon

Closed Tues. AM and Thurs. PM

Dental Services

Dentist:

Hygienist:

Office:

Physical Therapy

To schedule an appointment,
please call 863-4341

Counseling

Dan Keniston, LCSW

Jeff Wilber, LCSW

To schedule an appointment,
Please call 863-9959

Osteopathic Manipulative Treatment &

Acupuncture

To schedule an appointment, please call
863-4341.

Stuart Damon, DO

Women's Health

To schedule an appointment,
please call 863-4341.

**To reach the provider on call dial 863-4341
and your call will be forwarded to the
answering services. They will take your call
and page the provider on call for you.**

Like us on Facebook

ICMS receives HHS funding & has federal PHS
deemed status with respect to certain health or
health-related claims, including medical malpractice
claims, for itself and covered individuals.

ICMS is a 501(c) 3 and contributions to ICMS are tax
exempt. This health center is a Health Center
Program grantee under 42 USC 254b, and a
deemed Public Health Service employee under 42
USC 233(g)-(n).

*“When one tugs at a single thing in
nature, he finds it attached to the rest
of the world.” – John Muir*

Send a Card! Send a Letter!

Jaquelyn Ames
C/O Goodwill-Kendall
Lane House
Freeport, Maine 04032

Carlene Michael
Boardman Cottage
Islesboro, Maine 04848

Lucy Wadsworth
30 Community Drive
Camden, Maine 04843

Charles M. Miller
1725 Honore Avenue
Sarasota, FL 34232

Herb Conway
Nans Case
Barb Davis
Priscilla Rosen
Leonard "Buddy" Skoog
Pat Nick
Virginia Olney
Marguerite Mills
Calderwood Homestead
18 Beaver Dam Road
Vinalhaven, Maine 04863

Ora "Buddy" Warren
Harbor Hill Center
2 Footbridge Road
Cape Rosier Unit Rm. 3
Belfast, Maine 04915

Rosemary Anthony
7 North Shore Drive
Owls Head, Maine 04854

Gladys Walls (new address)
PO Box 702
Newcastle, Maine 04553

Caroline Morton
Dottie Knowlton
Bruce Kelwick
Windward Gardens
105 Mechanic Street
Camden, Maine 04843

Joan Mitchell
Assisted Living Floor
Quarry Hill
Camden, Maine 04843

Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

1. Download the wind to your computer/device
2. Create an email message addressed to your Kindle account
3. Subject of the email is the word "Convert"
4. Attach the wind PDF to the email body (no other text)
5. Send email
6. After a short while open your Kindle app and synchronize - the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' - copy/paste that address and you're all set.



Simple Every Day
Earth Day Actions
Reduce Reuse Recycle
COMPOST!

Obituary

A. ANNETTE PHILBROOK

A. Annette Philbrook, 85, of Vinalhaven, died on Friday, April 10, 2020 at the Sussman House in Rockport. A complete obituary will be published later and services will be announced following the outbreak of Covid 19. Condolences and memories may be shared with the Philbrook family at www.longfuneralhomecamden.com. Arrangements are with the Long Funeral Home & Cremation Service, 9 Mountain Street, Camden.

Get the Help You Need

ICMS offers behavioral health services. Contact Dan Keniston at ICMS at **1-207-863-9959, Option 3**

Maine Statewide Crisis Hotline 24/7 for immediate crisis-oriented help **1-888-568-1112**

Maine Warm Line 24/7 for connecting with someone if you need mental and emotional support **1-866-771-9276**

Online Anonymous Peer Recovery Programs:

Narcotics Anonymous –
namaine.org

Alcoholics Anonymous –
csoaamaine.org

Nar-Anon – nar-anon.org

Al-Anon – maineafg.org

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Pregnant?
Get answers about your pregnancy options
594-1616

carenetofrockland.org CARENET
Hotline: 1.800.712.4357 Pregnancy Center of Rockland

FOR SALE: Double Sea Kayak


22' fast, stable, ocean kayak, w/3 cargo holds and rudder; includes 2 paddles w/leashes, 2 skirts & a bilge pump. Perfect for local day tripping or extended island hopping along the coast. This is a sister ship to the one that supported the Gulf of Maine Expedition, May to September, 2002; from Provincetown, MA to Cape Sable Island, Nova Scotia...by kayak. So, no problems going anywhere. \$1,600 complete, or \$1,300 w/o gear. Larry McIntosh, (207) 703-6668 or Lmacyak@gmail.com



In Town Family Home!
3br/2 bath, 2.6 acres \$199,000



Farmhouse on State Beach Rd.
1.7 acres, 4 bd/1.5 bath \$249,000



East Side Woods
5 wooded lots, 2-4 acres
\$22,000-\$35,000



Gateway to the Basin
1.5 acres, oceanfront, well & septic
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claire@vinalhavenrealty.com
207 401 8242

"To leave the world better than you found it, sometimes you have to pick up other people's trash." – Bill Nye



There are only 80 days until the 4th of July!!!

Theme for this year is:

"The Maine Event"

Now is a good time to be thinking of your fun float ideas.

Oh...we also want everyone to know that we are having **fireworks** this year!!!

Roadside Clean-up, a suitable activity for social distancing:



This is a photo of the trash and recyclables (after sorting, it was about 2/3rds recyclables by bulk after crushing all the aluminum cans) picked up along exactly 1 mile of the North Haven Rd. by Lisa & me and Doug & Claudia.

At this point we've cleaned @ 2 miles from Tiptoe Mtn. Rd. to the Marcuse Wetland Land Trust trailhead. Because plants will be leafing out shortly, the remaining 6 miles to town may have to wait for another season.

-- Banner



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Charlie + Erica Simpson

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islandticks@gmail.com

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Hall357@gmail.com

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Please email at:

Sarina.Alley@gmail.com

Or call 863-2287 ask for Sarina

for more information

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Fuel prices are low - think about pre-buying for next season!

We are open and here to help you during this period of social distancing. Stay well all!



PIE SCHOLARSHIP NEWS

Travel & Education Scholarships for Summer 2020

*have been suspended, and the
May 1st application deadline is cancelled*

PIE regrets this decision, but due to the uncertainty of summer travel and restrictions, it is the only safe option. We will follow CDC guidelines and resume T&E scholarships for middle and high school students *as soon as possible*. If you planned to apply for a T&E scholarship, we encourage you to think ahead to next year! The next application deadline is December 1st.

Vinalhaven College & Ogden/Chaffey Scholarships for 2020

will be awarded in June

Scholarship awards will be made on schedule, and recipients can count on the funds being available once they begin their college or post-secondary program.

For more information or questions:
PartnersInIslandEducation@gmail.com
Jess Woods at jwoods@vinalhavenschool.org

COVID-19 FINANCIAL HELP

Please be aware that state and federal programs involve WAIT TIMES!

Unemployment Benefits for Self-employed People

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to check the status of this program.

General Assistance (GA)

A program to help cover costs for basic needs like food, housing, and utilities. Apply through the Town Office. Contact **Andrew Dorr**, Town Manager **207-863-2042**
townmanager@townofvinalhaven.org

Vinalhaven Community Outreach (VCO)

VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact vhcommunityoutreach@gmail.com

FMI Contact Gabe McPhail, Town of Vinalhaven
Community Outreach Coordinator
gmcphail@townofvinalhaven.org or call **207-863-2168**

ATTENTION:FISHERMEN, SELF-EMPLOYED AND BUSINESS OWNERS

Coronavirus Relief is available through the Small Business Administration (SBA) with different programs to help the self-employed as well as businesses.

Please contact the SBA at (800) 659-2955 with questions or to file for a \$10,000 grant not subject to repayment. There are also forgivable loans available through your local bank such as the SBA Paycheck Protection Program.

Feel free to call me with questions or options at (781) 454-0748 or if you would like to use our services to help with the filings.

Stay safe,
Joe Kruk
JT Kruk Associates, LLC

Annette Phillbrook passed away this last Friday, sadly not here, but there.

For those of you who don't understand, There means anywhere but here, on Vinalhaven.

When she worked for the ferry service, I believe I was public enemy number one to her. She tormented me over and over again not only on this side, But in Rockland as well.

July 3, a long time ago, I had arrived 24 hours prior and moved my pickup truck to the very front of the line. Last boat, I was sure to get on. Right before departure, Out of the office comes Annette and the Ferry manager. The manager asked to see my ticket and then he asked to see my registration. I was driving an F2 50 which exceeded the GVW for a passenger classified ticket. I did not get on that boat, and I missed the parade the next day.

I did not forgive her until several years ago. I stood up in church and asked for help in regards to my now deceased son Patrick.

Annette was the first one to reach me, she wrapped her arms around me and told me that she loved me; One of several epiphanies I ve had in the Union church.

God bless you Annette for helping me to see the light and to learn to forgive those that have trespassed against me.

cc

Thank you to

Priscilla Philbrook

For 17 years of dedicated hard work!

Good luck on your retirement, you will
be missed!

From all of us at
Vinalhaven Fisherman's Coop



Mathieu Saw & Tool, Inc. is Maine's second largest saw and tool shop and is based in Lewiston. We're looking for (1) a machinist and (2) a sales person. We are offering \$2,500 of Vinal Energy fuel credit to any resident of Vinalhaven who can successfully find us an employee.

The employee will learn the trade, work with a great team, and enjoy professional growth.

Please have your dependable and hardworking lead send their resume to mathieusaw@gmail.com and let us know that you're a friend of Arif's on Vinalhaven.

mathieusaw.com

vinalenergy.com

Class of 2032



What is your name? Francisco Lavon Bickford

Who is in your family? Daddy, Mommy, Michael James

Do you have any pets? Tell me about them. Yes, I have a male dog. His name is Tucker. He loves to play with me and my brother. He is a very good dog.

How old are you and when is your birthday? I am 6 years old and my birthday is December 11, 2013.

Where do you live? I live on Sand's Road, Vinalhaven.

What do your parents do for work? My daddy goes lobstering. Mommy is taking care of me, my younger brother and my dad.

Who are your best friends? Lilly, Ellie, Logan, and Ezra.

What is your favorite color? Green

Name three of your favorite foods. Hot dogs, hamburgers, and fried fish.

What do you like about school? I like when we do our perspective classroom activities.

What do you like to do after school? I like to play on the school playground. I also like to watch TV and read books at home.

Tell us something special about you. I like to help my mommy do the house chores, and I like to work with my daddy.

What do you want to do when you are grown up? I want to become a veterinarian.

Son of Maritess and John Bickford.

THE OBSERVER

Lots of folks reach eighty. I hope to do that before long myself. Some reach ninety as well and a few, like my Great Gram J. who was presented with the Vinalhaven Boston Post Cane for the occasion on February 2, 1987, managed to celebrate a hundred years. But not everyone, few in fact, leave a trail of community creation quite like the one that Annie Boyden has so graciously shared for so long with us, her fellow and fortunate islanders.

How many wonderful memories so many of us, most now adults—some now (gulp) elderly—enjoy. Theater perhaps: Ferry Tales, Guys and Dolls, Once Upon a Mattress, Island Voices, etc. Or music: The Granite Chicks and Kitchen Chorus; so many wonderful Barn Events, the first Farmer's Market, Art classes, and the first ARC, such a gift and one that's been ours for so many years, countless ways our lives have been enriched over the last fifty years thanks to this remarkable woman and her only marginally less remarkable husband. Thank you, Annie, for being a part of our lives and Happy Birthday pc

"It seems to me that the natural world is the greatest source of excitement; the greatest source of visual beauty; the greatest source of intellectual interest. It is the greatest source of so much in life that makes life worth living."

—David Attenborough



American robin

Trivia Answers

1. Sounds of Silence
2. John F. Kennedy
3. Superman

Maine Trivia

Brunswick, ME

From Dr. Falcheck

It is with heavy hearts that we inform the Vinalhaven community that the Vinalhaven Veterinary Clinic will suspend all services effective 5/1/20.

As such, we will be unable to provide any exams, vaccinations, blood tests, pharmaceuticals, surgeries, consultations, or approve any medications or treatments.

We want everyone to know what a pleasure it has been to serve the island and be amongst its wonderful residents and guests since 2006.

We encourage all of our clients to establish a good relationship with a new veterinarian of your choice. With regards to medical records, everyone should have their rabies certificate (a second copy was sent to the town as a backup). Please message us for other vaccination dates should they be relevant. For long standing medical cases, we can fax your pet's records to your new vet. Many records without a yearly visit are considered inactive.

COVID-19 has taken a heavy toll upon our lives. May you all please stay healthy and well, and we look forward to a time when we can all get together again.

Yours, Will and Michelle



***Our deep gratitude to the leaders in our community and those on the front line.
Looking forward to better days ahead.***

Kris Davidson, Broker ~ Lisa Shields, Associate Broker
207.863.2200 ~ info@davidson-realty.com
www.maineislandliving.com



Blackberry Point. Contemporary post and beam on Mill River w/ 20 acres and 2400'+ on Mill River. Attached guest house. Deepwater dock. **\$975,000**



Leo's Lane. Fabulous 5 bdrm, 3 bath 1890s home, w/ deeded harbor access. Excellent craftsmanship and impeccable details. Completely rebuilt. **\$895,000**



Kingfisher Point. Charming antique cottage w/ 20 acres at the tip of Long Cove. 2 boathouses, guest house, deep-water dock. Very special! **\$765,000**



Village Home. Circa 1880s 3 bedroom, 2 bath house on Pleasant St. 1600+ sq. ft. Well-maintained, many updates. Great location in the village! **\$210,000**



The Point. 1700' of waterfront and 7+ acres w/ expansive views of Penobscot Bay. Multiple bldg. sites w/ option for dock. A rare opportunity! **\$749,000**



Building Lot on Coombs Neck. 3+ acres with extraordinary elevated views of E. Penobscot Bay. HOA dock, common land and road. Stunning! **\$495,000**



Elevated Building Lot. 1.4 acres with sweeping views of the eastern bay. Soil tested with power nearby. Quiet location yet close to town. **\$185,900**



Ten Acre Building Lot Near Village. Lovely lot adjacent to a VLT preserve. 3 bdrm soil test, 30' ROW has been partially cleared. Great value! **\$84,000**

Class of 2032



What is your name? Ezra Jofis (Joseph) Watt

Who is in your family? Mimi, sissy, umpa, Joey, Zackery, mama, daddy, pa, Grammy, auntie, uncle Josh, & me!

Do you have any pets? Tell me about them. No! Why would you ask me that? Oh! Jada is my pet, she's in my family. (Aunt's pup) She loves taking things away from me and she likes to play fetch.

How old are you and when is your birthday? Six! Uhh January 13.

Where do you live? Here, the island

What do your parents do for work? Make money for me, seriously.

Who are your best friends? Francisco and Michael, and the big guy (Mikey).

What is your favorite color? Red, blue & orange. All the sonic colors!

Name three of your favorite foods. Not broccoli. Candy, orange, macaroni and cheese.

What do you like about school? Gym.

What do you like to do after school? Going home and playing on the iPad or with daddy.

Tell us something special about you. I'm cute, and I can pretend I can fly.

What do you want to do when you are grown up? A police.

Son of Ethan Watt and Kaysie Corey

In The Cemetery In Spring

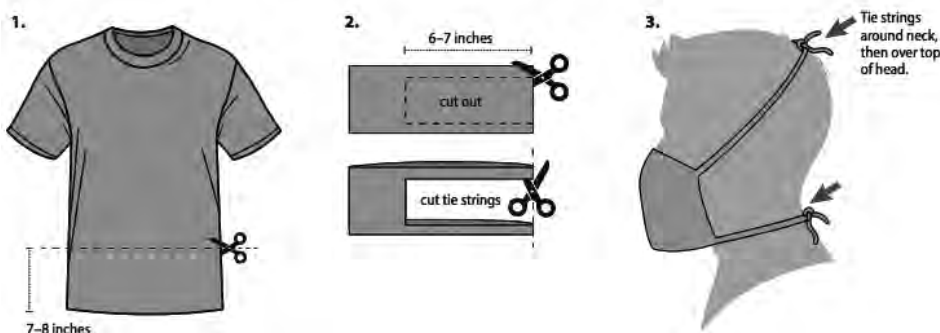
Silver outlines the tips of trees and fence railings
splashes the road with light and keeps the field mouse at home, tonight the owl goes hungry on his branch
It is the time before waking stirring green arrives
so quiet I can hear the sap running on its climb
You will not see this night or any other, Dad
but you carry with you the wind sounding in the stings of trees
you know the notes you once sang them into stories your restless children could sleep by

In climbing aboard
all of those trains
when your boot hit the metal of the first step
your hand on the ice-cold rail
did you ever want to quit worrying about the bills and eleven mouths to feed
just disappear on the next freight out of town
You sleep now with your songs and laughter
earth does not press upon you the way life did
you feel the new shoots slide past you into green
and know when one of us is here remembering
You did it well this living and carry with you nights like these when you rode the rails and saw how the dark's been pushed away and all is mooned and glorious.

Paddy Noble

Simple No Sew DIY Cloth Face Covering

Quick Cut T-shirt Cloth Face Covering (no sew method)



"The greatness of a community is most accurately measured by the compassionate actions of its members." —Coretta Scott King



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Thank you for understanding our need to limit farm visits to essential suppliers at this time.

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COMPOST NOW!

We have more reasons to COMPOST NOW than ever before!

We need to make as little waste as possible in case we can't get as much trash shipped off the island because of the ferry schedule. Only throw away what you can't compost or recycle! Getting food scraps out of the trash also makes it less stinky. The more food scraps you keep out of your trash bag, the fewer bags you have to use, and that saves YOU money. Composting today builds garden soils for tomorrow!

If you are new to composting, get a **FREE Compost Pail or Bucket!** Call the Town Office to arrange for pickup.
1-207-863-4471

Put food scraps in it and bring the bucket to the Transfer Station as part of your normal trash run. Empty it into the blue bin by the household trash, close the lid and go!

FMI please contact Anna
knitwitmaine@gmail.com or
Gabe **gabemcphail@gmail.com**

"To leave the world better than you found it, sometimes you have to pick up other people's trash." -Bill Nye



Fox Islands APIARIES

Fox Islands Apiaries harvests their honey from hives right here on the islands!

support local bees

foxislandsapiaries@gmail.com

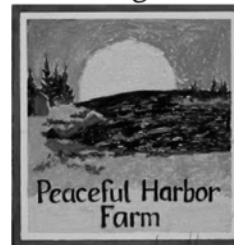
available at: Carver's Harbor Market,
Creelman Farm Store, Island Spirits, &
North Haven Grocery

We will open for the season
Friday May 1st

Seedlings of all kinds,
veggies, herbs, perennials, flowers,
including

Everything you need to create your own window boxes and hanging baskets

Supplies of all kinds, including
pea netting, potting soil, stakes, fish emulsion, gift certificates and more!



So many
Reasons
To visit
Peaceful
Harbor
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Greenhouse Hours:

Starting May 1st

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Saturday - Sunday 10:30 - 4pm

closed Monday and Tuesday

Support your local economies:

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Please wear a mask and practice social distancing

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Kelly and Lee Oxtan: 703-6720



Pleasant River Chapel

Sunday, April 19th

**Join us for a virtual service at
8:50 AM**

**If you would like to join in via
internet or phone, contact
Carol Thompson at 863-4110
or email pleasandrivetchapel@gmail.com for log-on
information**

**We are grateful to those who
are taking care of so many.**

For pastoral care call:

Rosanne Wallace 863-4846
Vannesa Henneke 863-4834

**Al-Anon and Peer Support Group
Meetings: Still Postponed**



Union Church
Partnering with the Maine
Seacoast Mission and the
United Church of Christ
~ Welcomes You ~

Union Church
is temporarily NOT
holding services at the
church.

We will have audio
services on our FB page.

If you need pastoral care,
please continue to contact

John Potter
729-7024

or

Ruthie Philbrook
863-4507

Find Anonymous Peer Recovery Programs ONLINE

Narcotics Anonymous
namaine.org

Alcoholics Anonymous
csoaamaine.org

Nar-Anon
nar-anon.org

Al-Anon
maineafg.org



Our meetings have
temporarily gone online, for
URL and times
please email
VinalhavenAA@gmail.com



SUNDAY

Worship Service Live Feed
Streaming at 11:15 @ Open Bible Baptist
live on Facebook

Open Bible Baptist Church Corona
Virus Relief Fund (CVRF) will purchase
and deliver food for anyone in need.
Donations for the Corona Virus Relief
Fund can be made out to Open Bible
Baptist Church with CVRF in the memo
line. All financial or item donations will
go directly to help those in need.

FMI Contact Cathy 286-2550
Kate 409-2969 or Maggie 863-2185

ALL ARE WELCOME!

20 Fellowship Drive
863-9944
www.obbc-vinalhaven.org

"Sometimes the bravest and
most important thing you can
do is just show up."

—Brené Brown

AL-ANON **MEETING CHANGE**

Until further notice,
Al-Anon meetings will
be held virtually.

To join the meeting by internet
OR phone, please email
vinalhavenalanon@gmail.com
or call 207-952-1817
Help is also available from Maine
Al-Anon maineafg.org
and World Al-Anon al-anon.org

We are here for you! Newcomers welcome!

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\$20/lb. Will put in the cooler
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"I am grateful for each and every
food bank that helps families in
need. Now, more than ever, hunger
is a crisis in America, and yet it is
not spoken enough and people have
yet to give enough to help those
in need. Local food banks help fill
this need but they need our help,
our support, and most importantly,
our dollars. No one should ever go
hungry." –Marlee Matlin

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for items and prices.

2. Make your list – please be as
specific as you can with your
choices

3. Email your order to
mrsstofish@gmail.com
Please include your phone
number

4. Orders will be assembled and I
will call when ready to review
order and take payment.

5. Orders can be for delivery or
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appointment.

6. be kind, patient and
thoughtful, we are all in this
together.

**20% of all sales to benefit our
Islands community medical
center**

Island History

April 19, 1884 WIND
John Babbidge came from
Rockland last Tuesday in a
small canoe. (VHHS)

Island
Spirits

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artisanal cheeses, craft beers,
Maine raised meats, locally
roasted coffee, and more!

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Or, call us and we
will deliver to
your doorstep.***

**863.2192
32 Main Street**

**Check our FB page and
our Instagram feed for
our current hours.
Stay well!**



**FIORE – The Freshest
Olive Oil & Aged
Balsamic from Italy**

**Find Us Every Day
at Island Spirits
as well as
503 Main Street in
Rockland**