

April 23 - April 29, 2020

E-MAIL: vinalhavenwind@gmail.com

Vinalhaven Community Outreach

We need your help and we're here to help you

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

Donations may be mailed to VCO, PO Box 15, Vinalhaven.

Please mark Covid-19 in the memo

If you need help, and fit our criteria, please contact us by **email**

vhcommunityoutreach@gmail.com

Thank you.

We are a 501 (c) 3 organization

Community Lunch Box

Union Church will be looking at the best options for lunch box going forward. We will not have our sit down lunch at the church for the next couple of weeks.

We will contact our regular guests and ask them to send out the word when we will be preparing and delivering to make sure no one is excluded from their meal. If you have any questions, please contact Candi at 2001

Community Calendar

Email events to:
windnonprofitads@gmail.com

Helping Friends In Need

supporting those who support others

Community Lunchbox

Union Church, attn: Lunchbox
PO Box 249

Checks payable to Union Church
Memo line: Lunchbox

Meals on Wheels

Vinalhaven Eldercare Services
attn: Meals on Wheels, PO Box 624
Checks payable to VES
Memo Line: Meals on Wheels

Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church
attn: CVRF
PO Box 465, Checks payable to Open Bible Baptist Church
Memo line: CVRF

Vinalhaven Community Outreach
PO Box 15, Checks payable to VCO
Memo line: Covid-19

Vinalhaven Fuel Fund

Sue Radley, attn: Vinalhaven Fuel Fund
14 Lawson's Quarry Rd, Checks payable to Vinalhaven Fuel Fund

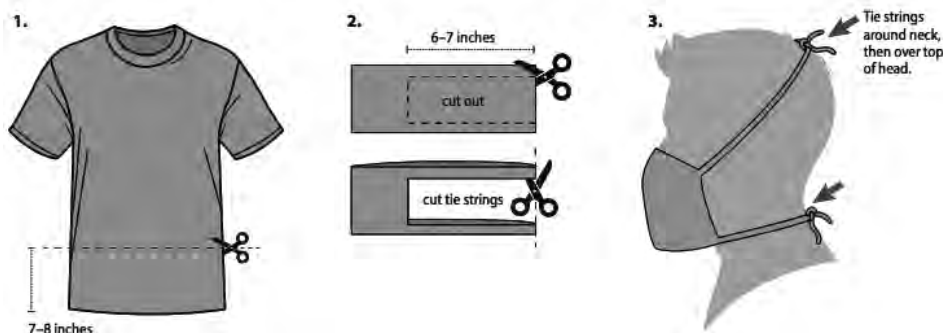
The Brown Door at the Union Church

Union Church, attn: Food Pantry
PO Box 249
Checks payable to Union Church,
Memo line: Food Pantry

All addresses = Vinalhaven, ME 04863

Simple No Sew DIY Cloth Face Covering

Quick Cut T-shirt Cloth Face Covering (no sew method)



Town of Vinalhaven Information

www.townofvinalhaven.org

Meetings

Town Buildings are closed to the public until further notice. All events and programs have been cancelled until further notice. The Town Office is closed. All committee meetings, other than Select Board meetings, have been postponed or will be held virtually. The Select Board will be meeting* regularly to discuss any necessary responses to COVID-19. *We will deliver meetings to you virtually from our Facebook page:

[facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven) and the recording will be posted to the Town's YouTube Channel. There is a link to the Channel on the website. Please visit the Town website and Facebook page for the most up-to-date information about Select Board Meetings.

Notices

Revised Property Tax Deadline Due to COVID-19 and to relieve what may be a financial burden at this time, the Select Board has voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. While we encourage those that can pay to please do so, there will be no penalty for those who are unable to pay until July 1. Interest will still accrue on the unpaid November 1, 2019 balances. If you have any questions, please contact the Town Office.

Annual Town Meeting originally scheduled for May 13, 2020 has been postponed. New date TBD.

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

Food Scrap Composting collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

Hours of Operation & Contact Information*

*The phone numbers below are accurate, but due to the Covid-19 virus, the Town Office is closed to the public so the hours listed may be inaccurate. Services are still available over the phone—please see further information in the column to the right.

Town Office – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

Town Manager – **Andrew J. Dorr** – 863-2042; 266-7806;
townmanager@townofvinalhaven.org

Town Clerk – **Darlene M. Candage** – 863-4343; townclerk@townofvinalhaven.org

Deputy Town Clerk – **Tanya Robishaw** – 863-4343; deputyclerk@townofvinalhaven.org

Assessor – **Wes Robinson** – Hours vary, contact 863-2168 or
vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – **Faye Grant** – Hours vary, contact 863-2168 or vhceo@townofvinalhaven.org to set up an appointment

Planning and Community Development – **Gabe McPhail** – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage – 863-2063

Library – **Scott Candage** – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vinalhaven.lib.me.us

Transfer Station – **Kenny Martin** – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

Fire Department – **Marc Candage** – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

Ambulance Service – **Kerry McKee** – Emergency 911; Non-Emergency 863-2119 or kmckee@townofvinalhaven.org

Knox County Deputy – Emergency 911; Non-Emergency 593-9132

Animal Control Officer – **James Knowlton** – 756-0209

Harbor Master – **James Knowlton** – 756-0209

Deputy Harbor Master – **Peter Gasperini** – 542-1992



Revised State & Federal Income Tax Dates

The deadline for **2019 Maine State and IRS Income Tax Returns** is now **Wednesday, July 15, 2020**.

Town Services Remote Access

The Town Office is currently closed to the public due to Covid-19. However, many services are still available by calling **863-4471 or 864-4343**

Please read our Services Memo at townofvinalhaven.org. If you have any questions, call the Town Office.

COVID-19 INFORMATION

For the latest updates, visit our website townofvinalhaven.org. There is a link on the homepage to all Covid-19 information and resources. Also visit Facebook [facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven)

If you have Covid-19-related questions or need information about services, call **863-2168** or email VHEOC@townofvinalhaven.org

Subscribe to receive Town Daily Covid-19 Updates automatically sent to your inbox. Go to **Subscribe** on the Town's website and subscribe to "**Town Alerts**".

Please see the Town's **Emergency Operations Center Covid-19 Resource Guide** in this Wind.

Revised Property Tax Deadline

The **May 1, 2020 Property Tax payment has been extended to July 1, 2020**. While we encourage those that can pay to please do so, there will be no penalty for those who are unable to pay until July 1. Interest will still accrue on the unpaid November 1, 2019 balances. Questions? Contact the Town Office **863-4471, 864-4343**



COVID-19 Vinalhaven Emergency Operations Center (EOC)

Andrew Dorr
Town Manager

Marc Candage
EMA Director

Kerry McKee
EMS Director

Jen Desmond
Public Health Officer

Pat Lundholm
Public Information Officer

Gabrian McPhail
Community Outreach Coordinator

Tanya Robishaw
EOC Support Staff

Janica Barrows
EOC Support Staff

EOC Contact
VHEOC@townofvinalhaven.org
207-863-2168

Town of Vinalhaven
19 Washington School Rd
Vinalhaven, Maine 04863
Phone: 207-863-2042
Cell: 207-266-7806
Fax: 207-863-4393
www.townofvinalhaven.org

UPDATED COVID-19 RESOURCE GUIDE

Today is not like yesterday; tomorrow will not be like today. The problems that we are facing with this Covid-19 pandemic are unique and dynamic and force us to adapt to new changes daily. During this time of uncertainty, information and recommendations are changing rapidly. We ask that you be compassionate towards each other and be adaptable.

Please visit the Town's website for the most up-to-date information including changes in the ferry schedule and changes in how businesses are operating. **townofvinalhaven.org** Call or email for help and more information.

1-207-863-2168

VHEOC@townofvinalhaven.org

Go to "Subscribe" at townofvinalhaven.org and subscribe to "Town Alerts" to receive Daily Updates in your email inbox. Updates are also available on our Facebook Home Page by 7pm daily.

facebook.com/townofvinalhaven

Up-to-Date Information about Covid-19 and Resources

Maine's 2-1-1 Resource List for Covid-19 help. **211maine.org**

Office of Governor Janet T. Mills **maine.gov/governor/mills/covid-19**

Maine Health and Human Services Hotline: Dial **2-1-1** or **1-866-811-5695**, Get answers about COVID-19 by calling or texting your zipcode to 898-211, or emailing **info@211maine.org**

Maine Center for Disease Control & Prevention **1-207-287-8016**
maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml

United States Centers for Disease Control and Prevention **1-800-CDC-INFO**
(1-800-232-4686) **cdc.gov/coronavirus/2019-ncov/index.html?s_cid=bb-coronavirus-2019-ncov-NCIRD**

Help with Finances for Those in Need

General Assistance is a program that every town in Maine has to help people in need by providing financial assistance for basic necessities, such as housing, utilities, and food. Contact **Andrew Dorr, Town Manager** **1-207-863-2042** **town-manager@townofvinalhaven.org**

Vinalhaven Community Outreach helps islanders who have been directly, financially affected by COVID-19. Contact **vhcommunityoutreach@gmail.com**

Deliveries ICMS will pay for deliveries from any business downtown. Call Vinalhaven Taxi to arrange deliveries **1-207-720-0056**

Penquis Low Income Assistance Program **1-207-973-3630**

MaineHousing COVID-19 Rental Relief Program offers rental assistance for those affected by Covid-19 **mainehousing.org**

Maine Seacoast Mission provides financial resources, assistance with food access, medical and mental healthcare, and eldercare support. Contact Douglas Cornman **1-207-479-0707** **dcornman@seacoastmission.org**

Help Getting Food

The Brown Door at the Union Church offers free grocery staples. Contact **Holly 1-207-363-3423**

Community Lunchbox delivers prepared meals on Mondays. Contact **Candi 1-207-863-2001**

Meals on Wheels delivers prepared meals to those unable to leave their homes. Contact **Linda 1-207-863-9980** or **1-207-863-9343** or **Shelly 1-207-863-2058**

Open Bible Baptist Church Corona Virus Relief Fund (CVRF) purchases and delivers food for anyone in need. Contact **Cathy 1-207-286-2550** **Kate 1-207-409-2969** or **Maggie 1-207-863-2185**

**Friendly Reminder that Carvers Harbor Market is offering curbside pickup and delivery of groceries. Contact 1-207-863-4319 or orders@carversharbormarket.com*

Help Paying Utility Bills

Vinalhaven Fuel Fund helps pay for up to 100 gallons of fuel. Contact **Sue 1-207-863-4822**

Penquis HEAP Program 1-207-973-3630

FIEC recommends contacting the Shaws Fund for Mariner's children at **207-677-2070** or **cmacleod@shawfund.org** or the Low Income Assistance Program at Penquis **1-207-973-3630**

Maine Water has suspended shutoffs for nonpayment until further notice and will work with customers on payment arrangements. **1-800-287-1643**

Spectrum will not charge late fees or terminate service for 60 days for residential or small business customers who face difficult economic circumstances related to the COVID-19 pandemic. **1-833-267-6094**

Consolidated will waive late fees and make sure individuals and businesses keep their phone and internet connected even if they can't pay their bills due to disruptions caused by the coronavirus pandemic. **1-844-YOUR-CCI**

Help Managing Stress and Anxiety

Maine Statewide Crisis Hotline 24/7 for immediate crisis-oriented help. **1-888-568-1112**

Maine Warm Line 24/7 for connecting with someone if you need mental and emotional support. **1-866-771-9276**

ICMS offers behavioral health services. Contact Dan Keniston at ICMS at **1-207-863-9959, Option 3**

Anonymous Online Peer Recovery Programs

Narcotics Anonymous **namaine.org**

Alcoholics Anonymous **csoaamaine.org**

Nar-Anon **nar-anon.org** and Al-Anon **maineafg.org**

Help for Businesses, the Self-Employed and Nonprofits

The Town has compiled a list of resources to help businesses, the self-employed and non-profits. **Visit the Covid-19 page on the Town website.**

MANP (Maine Association of Nonprofits) has compiled this list of resources to help nonprofits. **nonprofit-maine.org/learn/resources/covid-19/**

How You Can Help

Stay Home. Governor Mills' mandate limits travel for anything but essential needs.

Practice Physical Distancing. If you are on a trip for essential needs or out for exercise, keep a minimum of 6 feet away from others at all times.

Wear a Mask or Cloth Face Covering in public.

Wash Your Hands and clean surfaces well and often.

Volunteer in a Safe Way by reaching out to community groups and individuals to see if they need help.

Donate to Groups and Organizations that are listed here, as well as any other groups and organizations working to support our community.

Pay-It-Forward by supporting businesses that have been required to close their doors to the public. Buy a gift card and pass it along to someone in need.

Focus on Facts Not Fear by getting reliable and credible information from the CDC and the Maine CDC. Maine Public Radio (90.5 FM WMEP) offers reliable Covid-19 information **mainepublic.org**

*If you are a community group or organization offering services and would like to be included in this resource guide, please contact **1-207-863-2168** or **VHEOC@townofvinalhaven.org** This information was last revised on 4/20/20*

You can email questions to VHEOC@townofvinalhaven.org. This community is a special place and together we will get through this!

Obituary



Former island resident David Holmquist Kirkham passed away peacefully at home in Lincolnville on April 10, 2020 next to his wife Kristi Kirkham and with his cat on his lap.

Born in October 1942 to Dr. Dunham and Elsie Kirkham in Hot Springs, Arkansas, Dave grew up the eldest son of an Army family and spent much of his youth in both upstate New York and Togus, ME where Dunham ran the VA hospital. Dave's life-long interest in woodworking began at a young age, sharing many projects with his father that included restoring two canoes they purchased from the local girl scout troop in exchange for maps of local trails. From 1953-1955 the family lived on Majuro, the largest of the Marshall Islands in the Pacific where Dunham was stationed as a community health officer. Most of his schooling involved swimming and spear fishing in the coral reefs, splitting coconuts with a machete, and translating his comics books into the local dialect for his friends.

After graduating from Beloit College with a degree in Geology, Dave went on to graduate school studies at Johns Hopkins. He earned a master's degree in geophysics and spent the next 7 years working as a researcher. He published numerous academic papers, some in the American Journal of Science, including titles such as "Theoretical Prediction of the Thermodynamic Behavior of Aqueous Electrolytes at High Pressures and Temperatures."

By the mid-seventies Dave tired of academic life in California and decided to return with Kristi and his two eldest sons to the island of Vinalhaven, where his mother Elsie was born and had retired with his father. In the summer of 1977 Dave and Kristi bought a yellow school bus and outfitted it for a month-long family cross-country trip from California to Maine, complete with a sofa, easy chairs, an upright piano and a large family-sized bed. Soon after, following in his parents' footsteps once more, Kristi and David were married in the local hardware store.

Dave spent the next two decades on Vinalhaven working many jobs that included carpentry, building and repairing wooden boats, scallop diving, and long-haul trucking. Two more children, son Morgan and daughter Elizabeth soon entered the picture. Remembering this time, Dave's eldest son Christopher recounts he and Nikolai being awoken at 4:30 in the morning and rowing out past Sheep Island in the pea pod Dave had built himself to check on halibut trawls

before school. "I don't remember catching many halibut honestly, but it sure was a fun thing to do with your dad."

After being hired as the school shop teacher, Dave worked with a generation of island students sharing his passion for fine craftsmanship. They repaired churches, built boats and worked on endless individual projects throughout the academic year. Summers saw him enjoying time with his family and helping any friend that needed advice or a hand with something they might be building. Towards the end of his teaching days, Dave began work on a full-scale stand-up bass fiddle. Working from books on violin construction that were written in foreign languages he did not speak, Dave used the pictures and his innate skill to craft what many consider his masterpiece, a gorgeous bass fiddle that he spent the remainder of his years playing in various bands on and off the island.

Retiring to the mainland after 25 years of island life, Dave and Kristi found great joy in hiking, canoeing and maintaining large vegetable gardens. He remained a highly engaged father, grandfather and friend, always helping with various remodeling projects and caring for his young grandchildren. Dave was an active member of a mid-coast men's group, active in King David's Lodge #62, and played bass in the local polka band King Pirogi with his son Morgan up until the final weeks of his life. Recounting their years together, Dave's sister Tinkey remembers "we just drifted along shoulder to shoulder whether we were together or not. He did all kinds of great things for us, he was fun and he was good looking, and I loved being around him and saying 'this was my brother.'"

Dave is survived by his wife Kristina, three sons Christopher, Nikolai and Morgan, daughter Elizabeth, grandchildren Alice, Eliot, Jack, Nadia, and Henry, sister Katharine (Tinkey) Turner, nieces Alison Turner, Erica Turner, Kirsten Turner and nephew Shadrach Smith. He is predeceased by his sister Margaret Rose Kirkham. While the Kirkham family is devastated by his loss, we also know Dave's spirit lives on with us and in all the objects he helped create throughout his life.

We would love to hear from anyone who built things with Dave, so if any of his friends or old students would post a picture of any projects using the hashtag #builtwithDaveVh on Instagram or other social media platform and give a little description it really would mean so much to our family. A celebration of his life will be announced once we are able to gather together.

Water District Flushing Notice

The Vinalhaven Water Division of Maine Water will be flushing the water mains beginning 4/27/20. Due to the flushing you may experience changes in your tap water such as discoloration or low water pressure. You may want to check the water quality before washing your laundry. These flushing activities are a vital part of our maintenance program that enables us to supply high quality water service. We apologize for any inconvenience this might cause you. If you have any questions or if discoloration persists, please contact a Customer Service Specialist at 1-800-287-1643.

From Dr. Falcheck

It is with heavy hearts that we inform the Vinalhaven community that the Vinalhaven Veterinary Clinic will suspend all services effective 5/1/20.

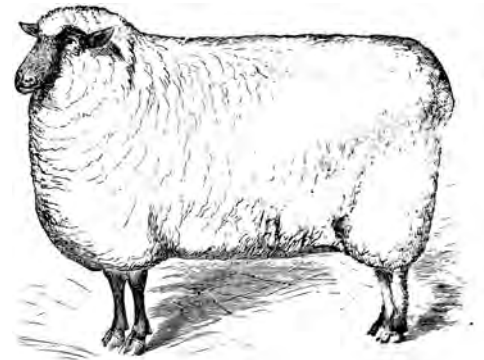
As such, we will be unable to provide any exams, vaccinations, blood tests, pharmaceuticals, surgeries, consultations, or approve any medications or treatments.

We want everyone to know what a pleasure it has been to serve the island and be amongst its wonderful residents and guests since 2006.

We encourage all of our clients to establish a good relationship with a new veterinarian of your choice. With regards to medical records, everyone should have their rabies certificate (a second copy was sent to the town as a backup). Please message us for other vaccination dates should they be relevant. For long standing medical cases, we can fax your pet's records to your new vet. Many records without a yearly visit are considered inactive.

COVID-19 has taken a heavy toll upon our lives. May you all please stay healthy and well, and we look forward to a time when we can all get together again.

Yours, Will and Michelle



NORTH HAVEN * VINALHAVEN



BAY POINT, SEAL COVE, FOX ISLAND THOROFARE, VINALHAVEN: 50 acres with 8,000' waterfront, classic shingled summer cottage, with guesthouse and deep-water granite pier. Water views in 270 degrees from the Old Swimming Pool to the Shipwreck Cove including North Haven and the Camden Hills. MLS #1268785 **\$4,975,000**



DUCK ISLANDS & 24 ACRES, VINALHAVEN: Eastside retreat with 1,050' waterfront with grandmothered remains of cabin on the shore, and 4 islands. Private, magical setting. MLS# 1224976 **\$795,000**



LIGHTHOUSE COVE, VINALHAVEN: Well-built, beautifully designed Contemporary on 20 private acres with plenty of room for family and friends. 5 bedrooms, 3 baths, separate guest quarters in boathouse. Granite fireplaces, waterside porches. Deep-water dock, large hangar/garage. Splendid sunset views! MLS #1373724 **\$1,995,00**



VINAL COVE, VINALHAVEN: Choice of 7 acres with 700' tidal frontage with 2 soil tests for septic for **\$289,000** MLS# 1339207 or 8 acres with 500' waterfront with deep water and two septic sites. MLS #1404821 **\$495,000**



VINALHAVEN: Dyer Island Retreat. A quaint shingled Cape with granite remains of a deep-water dock. Access over a causeway from the main island to this well-maintained getaway in a private setting at the end of the road. Island living at its finest, with spectacular sunsets. **Offered at \$895,000**



23 SCHOOL STREET, VINALHAVEN: Circa 1880 Maine Farmhouse style year-round home with slate roof with recent copper valleys, recent high end heating system. Convenient location. **\$169,000**



RE/MAX Jaret & Cohn

THE ISLAND GROUP

Box 168, Vinalhaven, ME 04863-0168

WESLEY REED 207-863-2554

wreed@jaretcohn.com

Class of 2032



What is your name? Fiona

Who is in your family? My mom and dad and sisters.

Do you have any pets? Tell me about them. No

How old are you and when is your birthday? My birthday is March 28 and I am six years old.

Where do you live? Vinalhaven

What do your parents do for work? My dad takes care of patients at the Medical Center. My mom takes care of me.

Who are your best friends? Johnny and Finn and Lorelei and Isla and Ellie and Ingrid.

What is your favorite color? My favorite color is purple.

Name three of your favorite foods. Couscous, hot chocolate, mint chocolate chip ice cream.

What do you like about school? That I can see all my friends and my teacher.

What do you like to do after school? Girl Scouts!

Tell us something special about you. That I love my family.

What do you want to do when you are grown up? A construction worker.

Daughter of Luke and Brittany Price

Help Wanted

Bean Maine Lobster has an opening for a full time position. Duties include buying/shipping lobster, working in the bait areas. Forklift experience helpful. Paid sick/personal days, paid holidays, and health insurance. Apply at the first lobster buying facility near the ferry terminal, or call 863-2082



Islands Community
Medical Services

Our Medical Center

Medical Center Information

www.icmsvh.org

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

Hours of Operation

Medical Services

**Mon, Wed, Fri: 8:30 am – 12 noon,
1 pm – 4 pm**

Tues: 1 pm – 4 pm

Thurs: 8:30 am – 12 noon

Closed Tues. AM and Thurs. PM

Dental Services

Dentist:

Hygienist:

Office:

Physical Therapy

To schedule an appointment,
please call 863-4341

Counseling

Dan Keniston, LCSW

Jeff Wilber, LCSW

To schedule an appointment,
Please call 863-9959

**Osteopathic Manipulative Treatment &
Acupuncture**

To schedule an appointment, please call
863-4341.

Stuart Damon, DO

Women's Health

To schedule an appointment,
please call 863-4341.

**To reach the provider on call dial 863-4341
and your call will be forwarded to the
answering services. They will take your call
and page the provider on call for you.**

Like us on Facebook

ICMS receives HHS funding & has federal PHS
deemed status with respect to certain health or
health-related claims, including medical malpractice
claims, for itself and covered individuals.

ICMS is a 501(c) 3 and contributions to ICMS are tax
exempt. This health center is a Health Center
Program grantee under 42 USC 254b, and a
deemed Public Health Service employee under 42
USC 233(g)-(n).

“Change will not come if we wait for some other person, or if we wait for some other time.
We are the ones we’ve been waiting for. We are the change that we seek.”

–Barack Obama

We will open for the season
Friday May 1st

Seedlings of all kinds,
veggies, herbs, perennials, flowers,
including

Everything you need to create your
own window boxes and hanging baskets

Supplies of all kinds, including
pea netting, potting soil, stakes, fish
emulsion, gift certificates and more!



Peaceful Harbor
Farm

So many
Reasons
To visit
Peaceful
Harbor
Farm's
Greenhouse

Greenhouse Hours:

Starting May 1st

Wed - Friday 10:30 - 4pm

Saturday - Sunday 10:30 - 4pm

closed Monday and Tuesday

Support your local economies:

The loyal, hard-working, contributing
businesses and neighbors that have
served you, supplied you, advised you
- and who you've known and trusted
For Decades!

Please wear a mask and practice social
distancing

Dushane Road, 863-9381

Just off the Pequot Road

Support Local Economies

Reading Online Wind on a Kindle

Norbert Leser shared his steps
for converting the online Wind
into a more easily readable
version on a Kindle.

1. Download the wind to
your computer/device
2. Create an email message
addressed to your Kindle
account
3. Subject of the email is
the word "Convert"
4. Attach the wind PDF to
the email body (no other
text)
5. Send email
6. After a short while open
your Kindle app and
synchronize - the Wind
should appear in your
library!

To find the Kindle email account
mentioned above, you need to
open the Kindle app and go to
'App Settings' in your menu at
Kindle's home page. It lists 'Send
to Kindle Email Address' -
copy/paste that address and
you're all set.

Get the Help You Need

ICMS offers behavioral
health services. Contact Dan
Keniston at ICMS at **1-207-
863-9959, Option 3**

**Maine Statewide Crisis
Hotline 24/7** for immediate
crisis-oriented help
1-888-568-1112

Maine Warm Line 24/7 for
connecting with someone
if you need mental and
emotional support
1-866-771-9276

Online Anonymous Peer
Recovery Programs:

**Narcotics Anonymous -
namaine.org**

**Alcoholics Anonymous -
csoaamaine.org**

Nar-Anon - nar-anon.org

Al-Anon - maineafg.org

"The purpose of life, after all, is to
live it, to taste experience to the
utmost, to reach out eagerly and
without fear for a newer and richer
experience." - *Eleanor Roosevelt*

Trivia Questions

1. What popular soda is
banned in Japan and the
EU?
2. What 1997 film took its
name from one of the
first scandal magazines?
3. When was the first color
photograph taken?

Maine Trivia

What is Maine's oldest
lighthouse?



"Remember, man does not live on bread alone: sometimes he needs a
little buttering up." - *John C Maxwell*

FULL SERVICE RENTAL MANAGEMENT

**VINALHAVEN
VACATION
RENTALS**

CHECK OUT OUR INVENTORY!
AUGUST IS ALMOST FULL

WWW.VINALHAVENVACATIONRENTALS.COM
207-401-8242

"Retired Property Manager"
Frank W. Demmons
863-4364

Handy-man work, Hard-scape & Landscape, Mechanic; small engine & heavy equipment. Mudding & painting (inside only), Professional tiling (any design you want)

Pregnant?
Get answers about your pregnancy options
594-1616

carenetofrockland.org **CARENET**
Hotline: 1.800.712.4357 Pregnancy Center of Rockland

FOR SALE: Double Sea Kayak

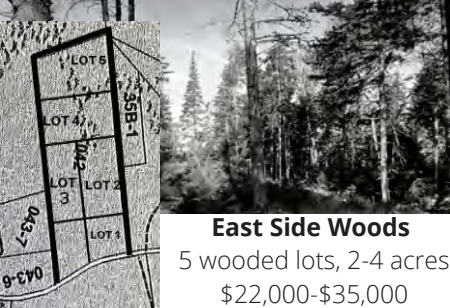
22' fast, stable, ocean kayak, w/3 cargo holds and rudder; includes 2 paddles w/leashes, 2 skirts & a bilge pump. Perfect for local day tripping or extended island hopping along the coast. This is a sister ship to the one that supported the Gulf of Maine Expedition, May to September, 2002; from Provincetown, MA to Cape Sable Island, Nova Scotia...by kayak. So, no problems going anywhere. \$1,600 complete, or \$1,300 w/o gear. Larry McIntosh, (207) 703-6668 or Lmacyak@gmail.com



In Town Family Home!
3br/2 bath, 2.6 acres \$199,000



Farmhouse on State Beach Rd.
1.7 acres, 4 bd/1.5 bath \$249,000



East Side Woods
5 wooded lots, 2-4 acres
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Lorraine Walker
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207 249 5379

Claire Jackson
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207 401 8242

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islandticks@gmail.com

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We are open and here to help you during this period of social distancing. Stay well all!



FUNDRAISER FOR VH ELDER CARE!

As we all know the Eldercare bottle recycling is no longer taking place. These \$.15 and \$.05 bottle deposits add up to a fair amount of money for Eldercare.

We at Spirits want to pick up the slack. **Through May, we will track every bottle deposit taken in, and donate that same amount to Eldercare!**

If you need wine, beer or soda (or any other product that we carry) delivered, we will make it happen. Just give us a call: 207.863.2192

Stay safe and well!



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beers, Maine raised
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beautiful
bouquets for
Mother's Day!
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soon...***

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A lot has happened in the world since we opened our doors in 1898. We've always been here for you and we continue to be ready to serve your insurance needs as we all navigate through this unprecedented time in our lives.

We have taken all the necessary steps to keep our employees safe

while having the technology in place to serve our customers. Please contact us directly if you have any questions on claims, coverage or billing.

It's now easier than ever to connect with us at www.jedwardknight.com.

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Mathieu Saw & Tool, Inc. is Maine's second largest saw and tool shop and is based in Lewiston. We're looking for (1) a machinist and (2) a sales person. We are offering \$2,500 of Vinal Energy fuel credit to any resident of Vinalhaven who can successfully find us an employee.

The employee will learn the trade, work with a great team, and enjoy professional growth.

Please have your dependable and hardworking lead send their resume to mathieusaw@gmail.com and let us know that you're a friend of Arif's on Vinalhaven.

mathieusaw.com

vinalenergy.com

Class of 2032



What is your name? Izzy

Who is in your family?
Momma, dada and me.

Do you have any pets? Tell me about them. Bandit, my cat likes to play. His last name is Smith.

How old are you and when is your birthday? 6. I don't know when my birthday is.

Where do you live? On the Main Street.

What do your parents do for work? They make pizzas and catch fish.

Who are your best friends?
Brook and Jaidyn. Jacoby, Aria.

What is your favorite color?
Oooo I like all the colors.

Name three of your favorite foods. Ice cream, strawberries, tacos.

What do you like about school?
I can play, and play outside, and color, and do all kinds of activities.

What do you like to do after school? I play with my friend Brooklyn.

Tell us something special about you. I love coloring. I like to play with dolls and have fun with my family.

What do you want to do when you are grown up? I want to get a job. I want to work at a haircut place.

Daughter of Dusty and Alaina Smith



Nature is Open!

VLT preserves are open and a great way to get outside and enjoy the fresh spring air.

- Do not visit preserves if you are exhibiting symptoms of Covid-19.
- Please practice good hygiene and do not touch railings or surfaces unnecessarily.
- Be safe, practice social distancing when with friends outside, stay six feet apart and wear a mask.
- Not all hikers are comfortable with dogs, please keep your dog on a leash or under voice command, and please do not pet dogs per CDC recommendations.
- Don't forget to perform frequent tick checks on yourself, your family and your pets.

(207) 863-2543
info@vinalhavenlandtrust.org

COVID-19 FINANCIAL HELP

Please be aware that state and federal programs involve WAIT TIMES!

Unemployment Benefits for Self-employed People

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to check the status of this program.

General Assistance (GA)

A program to help cover costs for basic needs like food, housing, and utilities.

Contact **Andrew Dorr**, Town Manager **207-863-2042**

townmanager@townofvinalhaven.org

Vinalhaven Community Outreach (VCO)

VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact vhcommunityoutreach@gmail.com

FMI Contact Gabe McPhail, Town of Vinalhaven Community Outreach Coordinator gmcphail@townofvinalhaven.org or call **207-863-2168**



@ Home or the Transfer Station

FMI please contact Anna
knitwitmaine@gmail.com or Gabe
gabemcphail@gmail.com

WindHorse Arts

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"How would your life be different if...
You stopped making negative judgmental
assumptions about people you encounter?
Let today be the day... You look for the good
in everyone you meet and respect
their journey."

-Steve Maraboli



Asparagus shoot

Trivia Answers

1. Mountain Dew (contains brominated vegetables oil which is a flame retardant and outlawed in those countries)
2. L.A. Confidential
3. 1861 (photo of tartan ribbon)

Maine Trivia

Portland Head Light - 1787



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Kris Davidson, Broker ~ Lisa Shields, Associate Broker

www.maineislandliving.com

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Pleasant River Views. Interesting 2.5 story building on 1 acre. 1st floor workshop, 2nd flr. kitchen., living room. Top flr. bedroom. Easy living! **\$185,000**



Harbor Views. Well-maintained home perched overlooking Carver's Harbor. 3 bdrm, 2 baths, hardwood floors, woodstove, deck. Workshop. **\$330,000**



Roberts Harbor Views. Well-built cottage w/ big views on the SE side. Wood flrs, first flr. bdrm., spacious covered porch. Impeccable! **\$439,900**



Spectacular Views. Year-round home w/ ocean access perched above Robert's Harbor. First flr ensuite master, 2 bdrms & bath on second flr. Garage. **\$625,000**



Post and Beam on Roberts Harbor. Stunning custom-built home. Quality construction, loft bedroom, expansive ocean views, shared dock. **\$629,000**



Kelwick Farm. Historic farm with 18 acres and tastefully updated farmhouse. Originality intact. 3 fireplaces, 4 beds/2 baths. Sustainable living! **\$649,000**



Polly's Cove Retreat. Superbly built Post & Beam cottage w/ private beach & 17 acres just off the Thorofare. Separate sleeping cabin. Very private. **\$730,000**



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Lauren and Brian



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Pleasant River Chapel

Sunday, April 26th

Sharing Sunday

Join us for a virtual service at
8:50 AM

If you would like to join in via
internet or phone, contact
Carol Thompson at 863-4110
or email pleasanriverchapel@gmail.com for log-on
information

We are grateful to those who
are taking care of so many.

For pastoral care call:

Rosanne Wallace 863-4846

Vannesa Henneke 863-4834

Al-Anon and Peer Support Group
Meetings: Still Postponed



Our meetings have
temporarily gone online,
for URL and times
please email

VinalhavenAA@gmail.com

Union Church
Partnering with the Maine
Seacoast Mission and the
United Church of Christ
~ Welcomes You ~

Union Church
is temporarily **NOT**
holding services at the
church.

We will have audio
services on our FB page.

If you need pastoral care,
please continue to contact

John Potter

729-7024

or

Ruthie Philbrook

863-4507

Find Anonymous Peer Recovery Programs ONLINE

Narcotics Anonymous
namaine.org

Alcoholics Anonymous
csoaamaine.org

Nar-Anon
nar-anon.org

Al-Anon
maineafg.org

“Just when the caterpillar
thought the world was over,
it became a butterfly.”

—Zen proverb



SUNDAY

Worship Service Live Feed
Streaming at 11:15 @ Open Bible Baptist
live on Facebook

Open Bible Baptist Church Corona
Virus Relief Fund (CVRF) will purchase
and deliver food for anyone in need.

Donations for the Corona Virus Relief
Fund can be made out to Open Bible
Baptist Church with CVRF in the memo
line. All financial or item donations will
go directly to help those in need.

FMI Contact Cathy 286-2550
Kate 409-2969 or Maggie 863-2185

ALL ARE WELCOME!

20 Fellowship Drive
863-9944
www.obbc-vinalhaven.org



AL-ANON MEETING CHANGE

**Until further notice,
Al-Anon meetings will
be held virtually.**

To join the meeting by internet
OR phone, please email
vinalhavenalanon@gmail.com
or call **207-952-1817**

Help is also available from Maine
Al-Anon maineafg.org
and World Al-Anon al-anon.org

We are here for you! Newcomers welcome!

FOOD PANTRY NOTICE

The **FOOD PANTRY** is here
for everyone.

Please contact **Candi 2001**
or **Holly 207.363.3423**
or stop by a Good Things
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for items and prices.

2. Make your list – please be as
specific as you can with your
choices

3. Email your order to
mrs.gofish@gmail.com

Please include your phone
number

4. Orders will be assembled and I
will call when ready to review
order and take payment.

5. Orders can be for delivery or
picked up outside store with an
appointment.

6. be kind, patient and
thoughtful, we are all in this
together.

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Islands community medical
center**

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