



May 14 - May 20, 2020

E-MAIL: vinalhavenwind@gmail.com

pre.K-5 parking lot poetry

Remember Parking Lot Poetry? We could all use a little dose of goodness right about now, so let's try an old idea with a new twist. Pre-K-5 has been working on Poetry while learning on-line & they're going to share their work with the whole island!

Chalk is being delivered to all students in grades pre.K-5. Students are going to be writing little poems (or doodles) all around town! Poetry (& chalk drawings) can be done any time May 12 - 15. When students get their chalk, they'll find one of the safe little spots all around town and leave their little poetry messages for everyone to see.

Here are just some of the spots to keep an eye on where poetry may show up: the school parking lot, Arcola Lane sidewalk, the bank ramp, Main Street sidewalks from the Bank to Fox Island Electric, the sidewalk from the Legion Hall to Candy Co., just to name a few!



PLEASE KEEP THE FOLLOWING IN MIND, WHILE PARTICIPATING IN PARKING LOT POETRY:)

- Please see the list of safe/approved chalk poetry location around town to work
 - a complete list of locations & more detailed directions sent home to families with the chalk delivery)
- Continue to observe Social Distancing Guidelines
- Wear a mask if you create your poetry in a public space where you might see other people
- Be mindful of hours of operation for main street businesses
- Please accompany your children at all times
- Stay safe & have fun! While we want this to be a fun activity, we value safety above all else.

!Happy Birthday!

This Friday May 15th, our own Priscilla Rosen will be 95 years young. We wish you many happy, healthy returns of the day Priscilla!



Vinalhaven Community Outreach

We need your help and we're here to help you

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

Donations may be mailed to VCO, PO Box 15, Vinalhaven. Please mark Covid-19 in the memo

If you need help, and fit our criteria, please contact us by email
vhcommunityoutreach@gmail.com

Thank you.

We are a 501 (c) 3 organization

Maine Trivia

Where is the county seat located for Penobscot County?

Community Calendar

Email events to:
windnonprofitads@gmail.com

Trivia Questions

1. All astronauts who visit the International Space Station must learn what language?
2. Where is Grant's Tomb?
3. What is the most common letter used in the English language?

Town of Vinalhaven Information

www.townofvinalhaven.org

Meetings

Town Buildings are closed to the public until further notice. All events and programs have been cancelled until further notice. Committee meetings have been postponed or are being held virtually. The Select Board meets regularly online only. Meetings are delivered virtually from our Facebook page: facebook.com/townofvinalhaven and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven**

Virtual Meeting – Water District Trustees, Tuesday, May 19, 10am–12pm. For information and Zoom access, please contact Pam Alley, palley@townofvinalhaven.org

Virtual Meeting – Sewer Commissioners, Tuesday, May 19, 1pm–3pm. For information and Zoom access, please contact Pam Alley, palley@townofvinalhaven.org

Notices

Revised Property Tax Deadline Due to COVID-19 and to relieve what may be a financial burden at this time, the Select Board voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. While we encourage those that can pay to please do so, there will be no penalty for those who are unable to pay until July 1. Interest will still accrue on the unpaid November 1, 2019 balances. If you have any questions, please contact the Town Office.

Annual Town Meeting originally scheduled for May 13, 2020 has been postponed. New date TBD.

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

Food Scrap Composting collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

Hours of Operation & Contact Information*

*The phone numbers below are accurate, but due to the Covid-19 virus, the Town Office is closed to the public so the hours listed may be inaccurate. Services are still available over the phone—please see further information in the column to the right.

Town Office – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

Town Manager – Andrew J. Dorr – 863-2042; 266-7806;
townmanager@townofvinalhaven.org

Town Clerk – Darlene M. Candage – 863-4343; townclerk@townofvinalhaven.org

Deputy Town Clerk – Tanya Robishaw – 863-4343; deputyclerk@townofvinalhaven.org

Assessor – Wes Robinson – Hours vary, contact 863-2168 or
vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – Faye Grant – Hours vary, contact 863-2168 or vhceo@townofvinalhaven.org to set up an appointment

Planning and Community Development – Gabe McPhail – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage – 863-2063

Library – Scott Candage – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vinalhaven.lib.me.us

Transfer Station – Kenny Martin – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

Fire Department – Marc Candage – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

Ambulance Service – Kerry McKee – Emergency 911; Non-Emergency 863-2119 or kmckee@townofvinalhaven.org

Knox County Deputy – Emergency 911; Non-Emergency 593-9132

Animal Control Officer – James Knowlton – 756-0209

Harbor Master – James Knowlton – 756-0209

Deputy Harbor Master – Peter Gasperini – 542-1992



BOAT REGISTRATION NOTICE

In March, Governor Janet Mills directed Maine Department of Inland Fisheries and Wildlife Commissioner Judy Camuso to allow boaters to operate without a current 2020 registration and Lake and River Protection sticker until April 30, 2020. Boat registrations normally expire at the end of each calendar year.

This notice is a reminder that as of May 1st, 2020, all motorized watercraft on Maine waters must have a valid registration. In addition, all motorized watercraft on inland waters must display the lake and river protection sticker.

COVID-19 INFORMATION

For the latest updates, visit our website townofvinalhaven.org. There is a link on the homepage to all Covid-19 information and resources. Also visit Facebook facebook.com/townofvinalhaven

If you have Covid-19-related questions or need information about services, call **863-2168** or email **VHEOC@townofvinalhaven.org**

Subscribe to receive Town Daily Covid-19 Updates automatically sent to your inbox. Go to **Subscribe** on the Town's website and subscribe to "Town Alerts".

Please see the Town's **Emergency Operations Center Covid-19 Resource Guide** in this Wind.

Thank You Pat

The Public Health Team wishes to thank Pat Lundholm for her service as Public Information Officer for the Town's Emergency Operations Center. Thank you for getting us up and running! We are grateful!



Islands Community
Medical Services

Our Medical Center

WE ARE HERE TO HELP

The economy presents many challenges to us these days.
One of them shouldn't be your health care.

**ICMS has many programs available to help with your medical
and dental care costs.**

1. We offer a **sliding fee scale** for those who qualify based on income. The sliding scale offers discounts on medical, behavioral health, physical therapy and dental care.
2. We have a **pharmacy program** with Kennebec Pharmacy which offers discounted prescriptions for those without prescription coverage. Savings can be significant.
3. We can also assist patients without drug coverage in applying for **free medications or discount cards**. Some manufacturers also offer a free 30-day trial even if you do have drug coverage.
4. We can also help you with **applications for Mainecare** or other federal programs. In addition, Pen Bay Medical Center has a **program to help with medical bills**.

Please reach out to **Leslie Dyer** at lesliedyer@icmsvh.org or **207-863-4341, ext 1114** or **Carter Stanley** at **207-863-4348** or ecstanley@icmsvh.org for more information or with any questions.

Vinalhaven School News, by Superintendent/Principal Tonya Arnold



Thank your for your help with staff appreciation week. Our educators are thankful for your support.

This week appreciate parents/guardians turned teachers. Our staff would like to ask the community to express your admiration and support for those who have had to serve a dual role as teacher, caregivers and work from home employees juggling more than ever before during this pandemic.

Important Dates:

May 20th – Regular Board Meeting via zoom – contact Amanda for link

May 29th - Generally, our last day for remote learning

June 8 – 26 and July 6 – 24 MWF Special Ed Extended School Year Services (Remote Learning)

June 12th – Last day for school meal deliveries

Food help - <https://www.townofvinalhaven.org/home/pages/help-food-and-finances>

June 13th or 14th – Graduation (Details of event(s) being navigated with DOE/State and local guidance)

June 15th – Last day for school staff to work

June 17th – Regular Board Meeting via zoom – contact Amanda for link

June 23rd - District Budget Meeting vote (tentative if social distancing rules allow)

July 14th - Budget Validation Referendum Vote and State Election Day (if social distancing rules allow)

The 20-21 School Budget Approved: At the April 29th regular School Board meeting there was a vote to approve next year's school budget:

\$397,377.03 a 9.12% increase - See details published in the last issue of the WIND.

- 100,000.00 - a 2.29% carry forward offset bringing us down to 6.82% increase [anticipated]

- 141,655.06 - a 3.25% increase in DOE funding [estimated]

\$155,721.97 3.57% net increase impacting taxpayers

A full newsletter and a brochure will be created to allow various formats for the town to review the budget details.

Widow Island Fund: The WIF Award Committee has decided to wait until after the Budget Validation Referendum to meet regarding awards in case their offer to use WIF funds to offset the budget increase for 20-21 is needed. In April, the school budget was approved by the school board without a WIF grant offset. School staff and the Board wish to preserve the opportunity for increased physical and creative outlets for students through WIF once community restrictions relax. Applications for 20-21 projects will continue to be collected by Bryan Feezor until the school budget passes without WIF funds.

Open positions for 20-21:

- Ed Tech 3 (90 college credits required for this certification) – Special Ed K-12
- Ed Tech 1 or 2 (HS diploma ET1 or 60 college credits for ET2) – Special Ed K-12
- SE Teacher (1 year)
- 3rd Grade Teacher (1 year)
- PE/Health Teacher
- Principal and Assistant Principal

VINALHAVEN SCHOOL BOARD MEETING
May 20, 2020
VIRTUAL VIA ZOOM LINK
(contact Amanda, School Secretary, for link and password)
Business Meeting 6:00 PM

1. Call to order
2. Action on minutes of the April 29, 2020, Regular Monthly Board Meeting
3. Action on notes from Special Meeting for Executive Session May 6, 2020
4. Adjustments to and Approval of the Agenda
5. Public Comment via zoom
6. Student Leadership Report
7. School Leaders Report
includes update on graduation related events from Bianca, Jenn and Carolyn
8. New Business

Discussion item: Board signs warrants for 20-21 budget approved on April 29th

Discussion item: ESEA (Title 1 etc) Application Process

and Comprehensive Needs Assessment work of Priority Team

Action item: Accept Audit Report of 18-19 Fiscal Year

Action item: Approval of School Emergency and Crisis Response Plan (updated)

Action item: Appointment of faculty and staff for 20-21 (if any)

9. Old Business

Discussion/Action item: Facilities use fees and any update to policy KF (if any)

Discussion/Action item: Steering Committee update on Teacher Evaluation (if any)

Action item: Affirm date for next meeting based on timeline

Proposal of 6:00 June 17 Regular Board meeting via zoom

10. Superintendent Report
11. Executive Session (1 MRSA, Sec 405(6)(A)) (if needed)
12. Adjournment

Congratulations Class Of 2020!



May you all stay safe and go far!

Well Done Graduates!



You are capable of amazing things!

Congrats 2020 Grads!



*Thank You
Megan Day
for the
Photos!*

Be bold, be courageous, be your best.

Vinalhaven Wastewater District would like you to help keep our wastewater system working properly and avoid unnecessary service interruptions.

With the recent events surrounding the COVID-19 pandemic, we are seeing a number of changes in our daily lives and it's becoming more important that we make sound decisions to prevent further issues. We have seen an increased number of sewer backups in the last month. As a quick reminder keep the following in mind – these easy steps will help protect and keep the system operating properly:

FLUSH IT: URINE, FECES AND TOILET PAPER. These are the **ONLY** things to flush down toilets. Toilet paper breaks down in water, other products do not.

TRASH IT: Everything else including paper towels, napkins, disposable wet wipes, cleaning or baby wipes – even if marked “flushable”, cotton puffs/swabs — must be disposed of as trash and **NOT** flushed down toilets.



Water District Flushing Notice

The Vinalhaven Water Division of Maine Water will be flushing the water mains beginning 4/27/20. Due to the flushing you may experience changes in your tap water such as discoloration or low water pressure. You may want to check the water quality before washing your laundry. These flushing activities are a vital part of our maintenance program that enables us to supply high quality water service. We apologize for any inconvenience this might cause you. If you have any questions or if discoloration persists, please contact a Customer Service Specialist at 1-800-287-1643.

Robert Andrew Clapham - Marine

March 17, 1938 - May 4, 2020



Robert Andrew Clapham "Andy" of Indian Land, SC, formerly of Simsbury, CT, Atlanta, GA, and Beaufort, SC, died at home on Monday, May 4, 2020 at the age of 82. Andy, son of the late Charles Hesser Clapham II and Mary Nimblett Clapham, was born in Fairmont, WV and grew up in Dobbs Ferry, NY and spent summers in Vinalhaven, ME during his life.

Andy had an engaging, friendly spirit, reaching out to anyone he came in contact with. Andy's devotion to his family and God permeated his life and faith.

Andy earned a Bachelor of Arts in Economics from Pomona College in Claremont, CA. Andy began his career as a salesman for IBM and spent the first part of his career in computer sales. He then worked for Northern Telecom and finally GE. Andy was an active member of St. Albans Episcopal Church in Simsbury, CT, St. Phillips Episcopal Church in Atlanta, GA, St. Helena's Episcopal Church in Beaufort, SC, and St. Margaret's Episcopal Church, in Waxhaw, NC.

In addition to his parents, Andy was predeceased by his sister, Patty and his brother, Jonathan.

He is survived by his life-long sweetheart and wife of 59 years (whom he met on the playground while in elementary school in Dobbs Ferry, NY), Nancy Lloyd d'Avi Clapham; their 4 children: Susie Clapham Morrison and her husband, Jim and grandchildren, Hank, Sam, Tessie & Thomas; Dr. Lizzie Nimblett Clapham; Andrew Hesser Clapham and his wife, Erin and grandchildren, Ryan and Emma; and Christy Clapham Albertson and her husband, Bill and grandchildren, Billy and Tommy. Andy adored his wife and cherished each of his children and grandchildren. When they would leave to return home, he would say "I hate when they leave." Andy is also survived by his brother, Chuck and his wife, Connie; and his brother, Richard and his wife, Anne.

A heartfelt thank you to the medical providers: Dr. Tracy Timony, Dr. Benjamin Bringardner, Dr. Justin Favaro, Dr. Yvonne Mack, Kindred Hospice providers, Crisi, Glynna and Aneitra, and Always Best Care providers, Lucille, Heidi, Tara, and Teresa, all of whom enabled Andy to live comfortably and end his life peacefully at home.

A private service for the immediate family was held at St. Margaret's Episcopal Church in Waxhaw, NC and a memorial service will be held at St. Margaret's Episcopal Church in the coming months. Donations may be sent to St. Margaret's Episcopal Church, 8515 Rea Rd., Waxhaw, NC 28173; Kindred Hospice, 223 South Herlong Avenue, Rock Hill, SC 29732; and Always Best Care, 146 East White Street, Rock Hill, SC 29730.

Ocean View

The last two weeks have been very exciting. Several days early in the morning we've had a female merganser. She swims around and every so often she flies up to the hole in the duck houses and then goes in the water again. There are ducks in the two houses and don't know why she does it. The female wood ducks come out early morning and late afternoon. They and their mates fly off and after a while they're back. They swim for a while and then the females just fly right into the house. Sometimes they don't stop in the water and just go right into the house. Such a surprise to be watching and see it.

We had a black duck this a.m. It's the first time this year we've seen one. They are so shy and there is much more traffic than there was years ago. On May 27, 1973 when I was trying to have my second child we went out to go on a walk and the mother black duck was waddling up the road with all her tiny babies. It was so cute.

There have been three eagles visiting. One adult was seen sitting in a tree, diving down to the water and then going back in the tree. Hope he wasn't eating ducks! The other night there were an adult eagle and an immature. Many times in the summer they come for a drink of water.

On May 1 I saw a mother mallard and maybe ten babies. I saw her twice that day, but I think she took the babies down the brook. Once they're gone they don't come back and I know the gulls are just waiting for a meal. We have a pair of mallards that come for corn. I wonder if she had the babies I saw and is going to have another clutch. This is the earliest I've seen babies and we usually have two, sometimes three different families. Last year I fed two families most of the summer.

I've had as many as eight male wood ducks at a time and there is a beautiful picture of some of them on facebook. When the sun shines on them they are the most beautiful ducks we have.

Chicks, nuts, cardinals, blue jays, black birds, juncos, gold and purple finches, brown creepers, robins, flickers, and myrtle warblers. So strange, the myrtles have been on the suet. Never saw that before. Also a kingfisher and blue herons. No hummers on my feeder yet, but they should be here any day. CD

OBITUARY

Andrew Clapham

Robert Andrew (Andy) Clapham has left our family here on earth to be with all the Clapham's and Nimblett's in Heaven. Born on St. Patrick's Day in 1938 in Fairmont, West Virginia and raised by every Nimblett including our grandmother Mac, Julia McGillicuddy Nimblett, also born on St. Patrick's Day. He was the son of Mary and Hesser Clapham. He leaves behind his wife Nancy of 59 years, his four children: Lizzie, Susie, Christy & Andrew and his beloved eight grandchildren. He was the quintessential family man.

He was also the proverbial "Big Brother", who would return home from either college, the Marines or Calif., where he was with the love of his life, Nancy D'Avi Clapham. On his short stays back home, he would help his "little" brother learn how to bike without training wheels (he pushed me down Saranac street in Dobbs Ferry, New York, I could not see the end of this street nor the tree I hit halfway down). He taught me how to swim at our back shore on Vinalhaven by dropping me in the ocean. He introduced me to the fine art of sledding down the tallest, steepest hill in Berwick, Pennsylvania with me on the front of my Flexible Flyer and again, we hit a tree.

My revenge for all his acts of terrorism occurred when he returned from California with the second love of his life, a Vespa motor scooter. He stored it carefully in the back of our father's garage and told me "don't even think about it." As dad was driving him to the bus, a friend arrived and without a key, he started it. Off we went, with me on the back, up and down dirt roads and into farm fields, again and again. The only thing good about me getting shipped off to boarding school was that I missed his eruption upon his return from California and finding the condition of his beloved Vespa had deteriorated.

Brother Richard and I are all that is left of our original Clapham family here on earth.

Andy has been reunited with his family in heaven and he can now tell my son Patrick, all the stories that are not fit to print. cc

★
**THE GO FISH!
 CANDY COUNTER
 IS ONLINE!**

[HTTP://GOFISHVH.SQUARE SITE/](http://GOFISHVH.SQUARE SITE/)
 IT IS TIME TO TREAT YOURSELF
 OR SURPRISE YOUR HARD
 WORKING KIDS TO A FUN,
 INTERACTIVE TRIP TO...GO FISH!

YOU MAY PLACE YOUR ORDERS
 AT ANY TIME

★ **CURBSIDE PICK UP** ★
 MONDAY – SATURDAY 3:00 – 5:00
 YOU WILL RECEIVE A MESSAGE
 WHEN YOUR ORDER IS READY!

★ **SHIPPING** ★
 TO REDUCE TRAFFIC TO THE POST
 OFFICE, ORDERS WILL BE SHIPPED ON
 TUESDAYS AND THURSDAYS ONLY.

WE WILL BE ADDING MORE TO
 THE SITE IN THE WEEKS AHEAD
 TO TRY TO STAY CONNECTED TO
 ALL OF YOU MISSING YOUR
 VINALHAVEN HOME.



Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

1. Download the wind to your computer/ device
2. Create an email message addressed to your Kindle account
3. Subject of the email is the word "Convert"
4. Attach the wind PDF to the email body (no other text)
5. Send email
6. After a short while open your Kindle app and synchronize - the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' - copy/paste that address and you're all set.

SCHOOL LIBRARY BOOK SWAP

During this time of remote learning one of the things **missing** from many of our students' lives is **access to books** -- actual hands-on, physical books. In non-Covid times, the school library has annually held the very popular book swap where students bring books in and swap them with books donated by other students. All students get at least one book, regardless if they are unable to bring any in.

I am working on making the book swap happen, with a safe twist especially for these pandemic times!

Students, parents, and other community members, if you have books you no longer want or need at your home please consider donating them to our book swap. Of greatest need are children's books, but others are welcome as well.

For any of you who have books to donate, I will be leaving a box or milk crate on the bench outside the school entrance, marked Book Swap Donations each school day morning until noon for the remainder of May. For your safety, please place your books in the box without touching any other books that may already be inside. All items collected will then be quarantined until the swap.

I'm planning for the book swap to take place before the middle of June.

Thanks in advance for your help!

Susie Warren Pitts
 School Librarian



Still Here

Still here behind the window
 behind the walls, the mask
 the gloves, no more crowds
 live music's in a nose dive
 and I planned to clean
 the house, the clutter
 but getting up most days
 is the biggest chore
 Where's my Mama?
 for that matter
 where's the scruff of my neck?

Sometimes I imagine
 the sounds of engines
 running down their
 watery highways
 the calls and hugs
 entering the door
 or a pretty girl unmasked
 sitting out on her stoop
 in blazing sunshine
 Needs must and that
 will all return someday
 like summer in a swimsuit
 and we'll go out to play
 to hike amidst enormous roots
 holding awesome green spires
 to the floor of the world

Funny how anger simmers
 as if in a pot on the stove
 unnoticed and contained
 till just one push too many
 and someone gets hurt
 in the overflow
 But this house is not
 a cooking pot
 and I will not come to a boil
 I have tools
 I have clues
 I have windows
 and there will never be
 a moonrise too many.

Paddy Noble

There is nothing like
 staying at home for
 real comfort.

– Jane Austen



Announcement by the Maine State Ferry Service:

The current Standby System at the Vinalhaven Ferry Terminal will no longer be in effect as of Monday, June 1, 2020.

From that date forward, the Vinalhaven Terminal will operate the same as other MSFS terminals for standby status:

Vehicles may line up 1 hour before the first departure of the day, and for all other departures, vehicles may line up once the previous boat has departed.

When vehicles get in line, they must plan to depart on the next boat.

Vehicles will be directed to board the ferry on a first come, first serve basis.

Standby numbers attached to Line Numbers are also no longer in effect from June 1, 2020.

The First Come, First Serve Standby starting point will remain the same, and will continue down to the end of the guardrail/entrance of the upper parking lot.

The beginning and end of the standby line will be clearly marked, and all vehicles lined up must fit completely within the lines.

 **RE/MAX** THE ISLAND GROUP
Jaret & Cohn real estate WESLEY REED 207-863-2554
Serving the Islands for 30 years



NEW LISTING!

"HIDDEN GEM"

6 PLUS ACRES WITH 600' WATERFRONT ON THE PRIVILEGE WITH WATERSIDE CAMP THAT IS NOT IN THE FLOOD ZONE. MANY LARGE WHITE PINES. MORE LAND AVAILABLE IF NEEDED, A GREAT HIDE-A-WAY.

\$395,000.

wreed@jaretcohn.com
32 WEST MAIN STREET, VINALHAVEN

 **RE/MAX** THE ISLAND GROUP
Jaret & Cohn real estate WESLEY REED 207-863-2554
Serving the Islands for 30 years



NEW LISTING!

OLDER MOBILE HOME ON ESTABLISHED LOT. DRILLED WELL, 4 BEDROOM SEPTIC SYSTEM IN PLACE THAT MAY SUPPORT A SECOND HOME. SUNNY SPOT WITH GRASS IN FRONT AND TREES IN BACK YARD

\$79,000.

wreed@jaretcohn.com
32 WEST MAIN STREET, VINALHAVEN



Islands Community
Medical Services

Our Medical Center

Medical Center Information

www.icmsvh.org

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

Hours of Operation

Medical Services

**Mon, Wed, Fri: 8:30 am – 12 noon,
1 pm – 4 pm**

Tues: 1 pm – 4 pm

Thurs: 8:30 am – 12 noon

Closed Tues. AM and Thurs. PM

Dental Services

Dentist:

Hygienist:

Office:

Physical Therapy

To schedule an appointment,
please call 863-4341

Counseling

Dan Keniston, LCSW

Jeff Wilber, LCSW

To schedule an appointment,
Please call 863-9959

Osteopathic Manipulative Treatment &

Acupuncture

To schedule an appointment, please call
863-4341.

Stuart Damon, DO

Women's Health

To schedule an appointment,
please call 863-4341.

**To reach the provider on call dial 863-4341
and your call will be forwarded to the
answering services. They will take your call
and page the provider on call for you.**

Like us on Facebook

ICMS receives HHS funding & has federal PHS
deemed status with respect to certain health or
health-related claims, including medical malpractice
claims, for itself and covered individuals.
ICMS is a 501(c) 3 and contributions to ICMS are tax
exempt. This health center is a Health Center
Program grantee under 42 USC 254b, and a
deemed Public Health Service employee under 42
USC 233(g)-(n).

Helping Friends In Need

supporting those who support others

Community Lunchbox

Union Church, attn: Lunchbox

PO Box 249

Checks payable to Union Church

Memo line: Lunchbox

Meals on Wheels

Vinalhaven Eldercare Services

attn: Meals on Wheels, PO Box

624 Checks payable to VES

Memo Line: Meals on Wheels

Open Bible Baptist Church

Corona Virus Relief Fund

(CVRF)

Open Bible Baptist Church

attn: CVRF

PO Box 465, Checks payable to

Open Bible Baptist Church

Memo line: CVRF

Vinalhaven Community

Outreach

PO Box 15, Checks payable to

VCO

Memo line: Covid-19

Vinalhaven Fuel Fund

Sue Radley, attn: Vinalhaven Fuel

Fund

14 Lawson's Quarry Rd, Checks
payable to Vinalhaven Fuel Fund

The Brown Door at the Union Church

Union Church, attn: Food Pantry

PO Box 249

Checks payable to Union

Church, Memo line: Food Pantry

All addresses = Vinalhaven, ME
04863

Get the Help You Need

ICMS offers behavioral health services. Contact Dan Keniston
at ICMS at

1-207-863-9959, Option 3

Maine Statewide Crisis Hotline 24/7 for immediate crisis-
oriented help

1-888-568-1112

Maine Warm Line 24/7 for connecting with someone if you
need mental and emotional support

1-866-771-9276

Online Anonymous Peer Recovery Programs:

Narcotics Anonymous – namaine.org

Alcoholics Anonymous – csoaamaine.org

Nar-Anon – nar-anon.org

Al-Anon – maineafg.org

PRE-K REGISTRATION

If your child is eligible for Pre-K (turning 4 years of age on or before October 15, 2020) please contact Vinalhaven School to give your child's name and birthdate, along with your phone number and mailing address. (Call 863-4800 X2, between the hours of 8-11am.) A registration form will be sent to you to fill out and mail back in. You will also need copies of your child's birth certificate and immunization record to mail in with the completed registration. Pre-K Screening will take place at a later, undetermined date. Please contact Cherie Doughty at cdoughty@vinalhavenschool.org with questions.



1999 Pursuit for Sale



\$29,500. Gorgeous boat!!! Very good condition. 28+'. Runs and looks great. Garmin GPS, radar, depth finder. With aluminum bunk trailer. Reupholstered cushions. Ready for summer fun and fishing! Call Drew 860-490-3001 or Dkeir@cox.net.

THE OBSERVER

This virus has afforded me time that might otherwise be idle. I've gone to the attic and retrieved my mother's stash of memories, something I should have done long ago, of course. It's been revealing and certainly memorable, documenting our travels around the island in search of a permanent home until, around 1958 we certainly found one when my folks negotiated the purchase of the Moses Webster House. The luxurious memory of that even more luxurious move is fresh in my mind. We'd gone from an apartment over the Sandbar when we were two kids, to the Kittredge house up in Pequot, when we were three (with no plumbing), to the red house on Leo's Lane, to Harold Vinal's house on Lanes Island, to 'The Bucket' down on Indian Creek, when we were finally four, and suddenly we were in possession of a castle, each boy with a room of his own. I'd thought we were itinerant, but my folks had been working and saving and now look at us. pc

Trivia Answers

1. Russian
2. New York City, New York. It is the largest mausoleum in the United States.
3. "E"

Shout Out!

To Megan Day who got "aspirations" posters for all the graduating seniors. Each one has a photo of the senior and their future plans. They are all around the bandstand and look awesome.



Nature is Open!

VLT preserves are open and a great way to get outside and enjoy the fresh spring air.

- Do not visit preserves if you are exhibiting symptoms of Covid-19.
- Please practice good hygiene and do not touch railings or surfaces unnecessarily.
- Be safe, practice social distancing when with friends outside, stay six feet apart and wear a mask.
- Not all hikers are comfortable with dogs, please keep your dog on a leash or under voice command, and please do not pet dogs per CDC recommendations.
- Don't forget to perform frequent tick checks on yourself, your family and your pets.

(207) 863-2543
info@vinalhavenlandtrust.org

Answer Maine Trivia

Bangor

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FOR SALE: Double Sea Kayak

22' fast, stable, ocean kayak, w/3 cargo holds and rudder; includes 2 paddles w/leashes, 2 skirts & a bilge pump. Perfect for local day tripping or extended island hopping along the coast. This is a sister ship to the one that supported the Gulf of Maine Expedition, May to September, 2002; from Provincetown, MA to Cape Sable Island, Nova Scotia...by kayak. So, no problems going anywhere. \$1,600 complete, or \$1,300 w/o gear. Larry McIntosh, (207) 703-6668 or Lmacyak@gmail.com



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GRANDPA!
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SO MUCH.
XOXO JOHNNY



New Era Gallery
60 Main Street



Our new website is up!

Visit neweragallery.com
to see our summer
schedule, and works by
your favorite artists.

"Whether you succeed or not is
irrelevant, there is no such thing.
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- Georgia O'Keeffe



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3br/2 bath, 2.6 acres \$199,000



Farmhouse on State Beach Rd.

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Hall357@gmail.com

HOW-TO GUIDE for Food Scrap



COMPOSTING

Vinalhaven Community Compost at the Transfer Station



Yes ✓

FOOD SCRAPS

vegetables, fruit, peels, grains, coffee grounds
eggshells, fish, spoiled and leftover foods

UNCOATED FOOD PAPERS

tea bags, coffee filters, soiled napkins



No ✗

MEAT, BONES, DAIRY

no meats and dairy, no large quantities of oil

COMPOSTABLE "PLASTICS"

no bags/pail liners, no cups, no cutlery

PRODUCE STICKERS

remove produce stickers

REMINDERS:

Transfer Station Composting does not allow for the composting of certain items. **Please...**

**NO (SHELLFISH)
SHELLS**

NO BONES

NO MEAT

NO DAIRY

NO YARD WASTE

**NO COMPOSTABLE
PRODUCTS**

**NO PRODUCE
STICKERS**

*Thank you for
Composting!*

WindHorse Arts

Spring!
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If you have any questions or need help finding just the right piece, please call. I am working in the studio daily and am happy to help you "live shop"!

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My storefront at, 50 Main Street on Vinalhaven, will reopen in June for personal shopping by appointment.



Elin Elisofon - Realtor
Buyers and Sellers Agent
207-867-4866 • 207-450-1937
elin@islandheritagehomes.com
www.islandheritagehomes.com

PLEASANT RIVER WOODLAND Vinalhaven



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FUNDRAISER FOR VH ELDER CARE!

As we all know the Eldercare bottle recycling is no longer taking place. These \$.15 and \$.05 bottle deposits add up to a fair amount of money for Eldercare.

We at Spirits want to pick up the slack. **Through May, we will track every bottle deposit taken in, and donate that same amount to Eldercare!**

If you need wine, beer or soda (or any other product that we carry) delivered, we will make it happen. Just give us a call: 207.863.2192

Stay safe and well!

THE JEFF TOLMAN MUSIC AWARD PRESENTS

Virtual OPEN MIC



FRI, MAY 15 @6^{PM}

Do you play an instrument? Do you Sing? All performers welcome!
Sign up now at: <https://forms.gle/r33yc9RZrNc6Qct86>

Hosted on the Zoom platform and on Facebook live. Performers will use Zoom to stream performances. Non-performing attendees can enjoy on Zoom or Facebook live! Zoom link will be provided upon sign-up.

Contact Bill Trevaskis at wtrevaskis@vinalhavenschool.org with any questions.

COVID-19 FINANCIAL HELP

Unemployment Benefits for Self-employed People

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply.

General Assistance (GA)

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, Town Manager 207-863-2042 townmanager@townofvinalhaven.org

Vinalhaven Community

Outreach (VCO) VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact vhcommunityoutreach@gmail.com

FMI Contact Gabe McPhail, gmcphail@townofvinalhaven.org



Representing Buyers and Sellers on the Fox Islands

207.863.2200 ~ info@davidson-realty.com

Kris Davidson, Broker ~ Lisa Shields, Associate Broker

www.maineislandliving.com

VINALHAVEN STRONG!



Village Home. Circa 1880s 3 bedroom, 2 bath house on Pleasant St. 1600+ sq. ft. Well-maintained, many updates. Great location in the village! **\$210,000**



Harbor Views. Well-maintained home perched overlooking Carver's Harbor. 3 bdrm, 2 baths, hardwood floors, woodstove, deck. Workshop. **\$330,000**



Spacious Log Home. Many possibilities for this 6500 sq.ft. bldg. Currently main residence w/ 2 rentals. Updated, well-maintained. Good value! **\$325,000**



Roberts Harbor. Well-maintained 4 bdrm waterfront home w/ 3 bdrm guest apartment. Buy alone or invest w/ another family. Great value! **\$595,000**



Post and Beam on Roberts Harbor. Stunning custom-built home. Quality construction, loft bedroom, expansive ocean views, shared dock. **\$629,000**



Blackberry Point. Contemporary post and beam on Mill River w/ 20 acres and 2400'+ on Mill River. Attached guest house. Deepwater dock. **\$975,000**



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Ten Acre Building Lot Near Village. Lovely lot adjacent to a VLT preserve. 3 bdrm soil test, 30' ROW has been partially cleared. Great value! **\$84,000**

New Hours: Noon-4pm Wed-Thur and Sat-Sunday

(sorry we've had to reduce our hours due to medical issues. If these hours do not work for you, please call and let's see what we can do!)

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COMPOST NOW!



If you are new to composting, get a **FREE Compost Pail or Bucket!** Call the Town Office to arrange for pickup. **1-207-863-4471**

Put food scraps in it and bring the bucket to the Transfer Station as part of your normal trash run. Empty it into the blue bin by the household trash, close the lid and go!

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distancing. Stay well all!

Beloved Vinalhaven Resident
turns 70 on may 15 this year. As
his grandson, I am overjoyed that
this milestone has finally come!!

Chuck 'Chuckie' Clapham is a
retired tactical EMT / firefighter
/ mason / normal EMT / flea
market seller / flea market buyer/
most recent inmate of the granite
jail / hot dog cart vendor / amaz-
ing grandpa / vinalhaven's finest
bowling pin setter, and MUCH
MORE !!!!

Happy Birthday grandpa!!!!

From your grandson:

Jude Vinalhaven Lampka!

*(to anyone else reading this, yes
my middle name is vinalhaven)*



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Pleasant River Chapel

Sunday, May 17

Message given by

Ted Todd

**Join us for a virtual service at
8:50 AM**

**If you would like to join in via
internet or phone, contact
Carol Thompson at 863-4110
or email pleasantriverchapel
@gmail.com for log-on
information**

**We are grateful to those who
are taking care of so many.**

For pastoral care call:

Rosanne Wallace 863-4846

Vannesa Henneke 863-4834

Find Anonymous Peer Recovery Programs ONLINE

**Portland Recovery Center
portlandrecovery.org**

**Narcotics Anonymous
namaine.org**

**Alcoholics Anonymous
csoaamaine.org**

**Nar-Anon
nar-anon.org**

**Al-Anon
maineafg.org**

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**Union Church
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holding services at the
church.**
**We will have audio
services on our FB page.**

**If you need pastoral care,
please continue to contact
John Potter
729-7024
or
Ruthie Philbrook
863-4507**



AL-ANON MEETING CHANGE

**Until further notice,
Al-Anon meetings will
be held virtually.**

To join the meeting by internet
OR phone, please email
vinalhavenalanon@gmail.com
or call **207-952-1817**
Help is also available from Maine
Al-Anon **maineafg.org**
and World Al-Anon **al-anon.org**
We are here for you! Newcomers welcome!



SUNDAY

**Worship Service Live Feed
Streaming at 11:15 @ Open Bible Baptist
live on Facebook**

**Open Bible Baptist Church Corona
Virus Relief Fund (CVRF) will purchase
and deliver food for anyone in need.
Donations for the Corona Virus Relief
Fund can be made out to Open Bible
Baptist Church with CVRF in the memo
line. All financial or item donations will
go directly to help those in need.
FMI Contact Cathy 286-2550
Kate 409-2969 or Maggie 863-2185**

ALL ARE WELCOME!

**20 Fellowship Drive
863-9944
www.obbc-vinalhaven.org**



**Our meetings have
temporarily gone online,
for URL and times
please email**

VinalhavenAA@gmail.com

**"I want to be in the arena.
I want to be brave with my
life. And when we make the
choice to dare greatly, we sign
up to get our asses kicked. We
can choose courage or we can
choose comfort, but we can't
have both.**

Not at the same time."

—Brene Brown

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when I am not."

—Coco Chanel



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