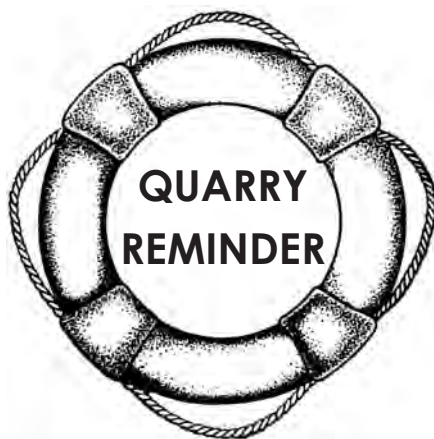


June 25 - July 1, 2020

E-MAIL: vinalhavenwind@gmail.com

Submit to the Wind!

We are looking for stories, **anecdotes**, **recipes**, **images**, **Shout Outs**, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: vinalhavenwind@gmail.com



Life Rings at the quarries are for LIFE SAVING. They are NOT WATER TOYS and should not be used as such.

Thank you – Vinalhaven Parks Commission



Happy 200th Maine
visit www.maine200.org
for more info

Community Calendar

Email events to:
windnonprofitads@gmail.com

WIND UPDATE

We are now printing paper copies of the WIND for all our subscribers!

We want to make sure that anyone who wants a copy is able to get one. (The WIND will continue to be online, as well). The average cost of one paper, including printing and postage is \$1.70.

If you would be interested in a 3 month subscription, please send \$15.00 to:

The WIND
PO Box 194
Vinalhaven, ME 04863

We will continue this offer as long as needed. Please be patient as we work out the wrinkles.

Thank you!

Trivia Questions

1. What scientist established the ROYGBIV color spectrum for the sequential colors of the rainbow?
2. What was the original name of Duct Tape?
3. What author was the first to become a billionaire?

Challenge Question

What three major cities maintain their own time zone which is 30 minutes from that of the rest of the world?

Maine Trivia

What is the oldest college in Maine?

COVID-19 INFORMATION

For the latest Town updates, visit www.townofvinalhaven.org There is a link on the homepage to all Covid-19 information and resources. Also visit Facebook [facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven)

If you have Covid-19-related questions or concerns contact **207-863-2168** or VHEOC@townofvinalhaven.org

Subscribe to receive Town Covid-19 Updates automatically in your inbox. Go to **Subscribe** on the Town's website and subscribe to "Town Alerts". Also subscribe to **CivicReady® Emergency Notifications** to receive text and phone alerts.

Town of Vinalhaven Information

www.townofvinalhaven.org

Meetings

Committee meetings have been postponed or are being held virtually. The Select Board meets regularly online only. Meetings are delivered virtually from our Facebook page: facebook.com/townofvinalhaven and recordings are posted to the Town's YouTube Channel – Town of Vinalhaven

Virtual Meeting – Sea Level Rise Committee, Tuesday, July 7, 4:30pm. For information and Zoom access, please contact Gabe McPhail, gmcphail@townofvinalhaven.org

Notices

Annual Town Meeting has been scheduled for **Wednesday, July 22, 2020, 7pm** at Smith Hokanson Memorial Hall (School Auditorium) Details coming soon.

Revised Property Tax Deadline Due to COVID-19 and to relieve what may be a financial burden at this time, the Select Board voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. While we encourage those that can pay to please do so, there will be no penalty for those who are unable to pay until July 1. Interest will still accrue on the unpaid November 1, 2019 balances. Any balance owed on June 30, 2020 will be listed in the next Town Report with a note on the change in the due date. If you have any questions, please contact the Town Office.

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

Food Scrap Composting collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

Hours of Operation & Contact Information*

***The phone numbers below are accurate, but due to the Covid-19 virus, the Town Office is closed to the public so the hours listed may be inaccurate. All services are available over the phone, by email, or online—please contact the Town Office for further information.**

Town Office – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

Town Manager – Andrew J. Dorr – 863-2042; 266-7806;
townmanager@townofvinalhaven.org

Town Clerk – Darlene M. Candage – 863-4343; townclerk@townofvinalhaven.org

Deputy Town Clerk – Tanya Robishaw – 863-4343; deputyclerk@townofvinalhaven.org

Assessor – Wes Robinson – Hours vary, contact 863-2168 or vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – Faye Grant – Hours vary, contact 863-2168 or vhceo@townofvinalhaven.org to set up an appointment

Planning and Community Development – Gabe McPhail – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage – 863-2063

Library – Scott Candage – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vnhaven.lib.me.us

Transfer Station – Kenny Martin – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

Fire Department – Marc Candage – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

Ambulance Service – Kerry McKee – Emergency 911; Non-Emergency 863-2119 or kmckee@townofvinalhaven.org

Knox County Deputy – Emergency 911; Non-Emergency 593-9132

Animal Control Officer/Harbor Master – James Knowlton – 756-0209

Public Health Officer – Jen Desmond – Contact the Town Office at 863-2042

Deputy Harbor Master – Peter Gasperini – 542-1992



State and Local Elections

For Tuesday, July 14, 2020

For Vinalhaven, in-person voting will take place on July 14 at the Town Office, 19 Washington School Road. This location will be open from 8am until 8pm.

Voters may cast an absentee ballot instead of voting in person.

To minimize interaction with others during this public health pandemic (COVID-19), some voters may prefer voting by absentee ballot. Casting an absentee ballot is convenient and secure.

Absentee ballots may be requested in writing, by phone, online, or in person up to and including the day of the election, without specifying a reason.

However, if you are asking to receive your ballot by mail, please request it early enough to allow for postal mail delivery time—both to receive it and return it (2-5 days each way).

You can request an absentee ballot by calling your Municipal Clerk's office at **207-863-4343**

You can request an absentee ballot online or by mail from the Secretary of State's website:

www1.maine.gov/cgi-bin/online/AbsenteeBallot/online-form.pl

Absentee ballot requests are being accepted right now. Printed ballots will be available by mid-June, and we will issue your ballot as soon as possible after that date.

Ballots must be returned to the municipal clerk no later than 8pm on Election Day.

For additional information go to: **www.maine.gov/sos/cec/elec/voter-info/absenteeguide.html**

VINALHAVEN COMMUNITY GUIDELINES*

“Reopening is not the same as returning to normal.”

Everyday we make choices about what we can and cannot do, should and shouldn't do. **Bottom line: WE ARE STILL IN A PANDEMIC.** We must all do our part to put our safety, our family's safety, and the safety of our community first. Do not take unnecessary risks, and be respectful of others by following actions that are legally required and those that are recommended.

Thank you for doing your part by abiding by the following guidelines.

Safety Protocols

Stay home if you are exhibiting symptoms of COVID-19 or if you are in quarantine. Limit any unnecessary travel.

Maintain physical distance by keeping at least 6 feet away from others unless you are living in the same household.

Do not gather in groups of more than the permitted number according to current guidelines.

Wear a face covering when in public, including places of business, downtown, on the ferry, and all areas where keeping at least 6 feet away from others is not possible.

Comply with CDC guidelines. Do not touch surfaces unnecessarily. Wash/sanitize hands often.

Comply with all guidelines for individual businesses.

Stay safe. Keep others safe. Be kind.

Testing

At this time, ICMS is only able to provide testing for those that meet the CDC and lab guidelines. Under the Keep ME Healthy Plan, Maine is **strongly urging visitors** to “Know Before You Go” and to **be tested and receive results in their home state** before traveling to Maine, which will allow them to take appropriate action depending on the result. Websites like **Get Tested COVID-19** show local testing options nationwide.

Quarantine

Beginning June 26, there will be two options for visitors from other states: **1) getting a recent negative COVID-19 test;** or **2) quarantining for 14-days** upon arrival.

Visitors from NH and VT are exempt from these requirements effective immediately.

People staying in rental lodging who are not ME, NH, or VT residents **must sign a Certificate of Compliance** indicating

either that they have received a **negative COVID-19 test** result, that they will **quarantine for 14 days**, or that they have **already completed their quarantine in Maine. Certificates of Compliance** are available upon registering with your rental lodging.

If a ME resident visits NH or VT, they are not required to quarantine upon returning to ME, effective immediately. However, if they visit elsewhere, they must quarantine for 14 days or use a negative test as an alternative.

Seasonal homeowners, workers traveling to the island, and other visitors may also use a recent negative COVID-19 test as an alternative to the required 14-day quarantine in Maine effective immediately.

The Town asks that **anyone travelling to the island from out-of-state** who will not be staying in rental lodging **complete a Certificate of Compliance** available on the Town's website. Prior to or upon arrival, return the completed certificate to the Emergency Operations Center via email, fax, or by using the online form.

If you are coming to the island from ANY AREA with community spread, it is RECOMMENDED you quarantine for 14 days.

The Public Health Team recognizes the **14-day quarantine is a proven public health strategy to mitigate the spread of the virus.** Therefore, for the safety of the community, they **strongly encourage** those traveling from “hot spots” and areas of community transmission located out-of-state and within Maine to **quarantine for 14 days** upon arrival.

When in Quarantine...

Stay in your house or on your property during the length of your quarantine. Do not go out to shop, to hike public trails, to meet someone at the ferry, etc. Contact businesses on-island

to **arrange to have items delivered** (groceries, medications, toiletries, etc.).

Monitor for symptoms.

If you have a fever, cough, or other symptoms, you might have COVID-19. Most people have a mild illness and are able to recover at home, but you should **call your medical provider** immediately and keep track of your symptoms, especially if you think you may have been exposed to COVID-19. Your medical provider will advise you on what to do next.

If you experience **emergency symptoms**—trouble breathing, persistent pain or pressure in the chest, confusion or inability to arouse, bluish lips or face—**call 911** and let dispatch know you may have COVID-19. Emergency personnel will assist you.

Contact local businesses to get supplies while in quarantine or if you need to stay isolated.

Support the local economy! Shop on-island. Contact businesses directly to **arrange for delivery of goods.** The Town's website has a list of businesses offering essential services, as well as links to the Vinalhaven Chamber of Commerce website and the Vinalhaven phone book, which both list business contacts.

For on-island goods, ICMS offers **free delivery** to anyone in need of supplies. Contact **Vinalhaven Taxi (207-720-0056)** or the business you are shopping with to request delivery.







For mainland deliveries, **Bunkers (207-863-4828)** and Penobscot Island Air (**PIA (207-596-7500)**) offer various pick up and delivery options. In addition, Phil Crossman and his brother Dick provide mainland deliveries to the island (**207-863-4917**).

*For up-to-date Vinalhaven Covid-19 Information, Certificates of Compliance, and Business contact information go to **www.townofvinalhaven.org** and click on COVID-19. Questions? Comments? Call 207-863-2168*

COVID-19: REDUCE YOUR RISK

The more low-risk choices you make, the more protection you have from getting or spreading COVID-19.

SAFEST ————— RISKIEST

Face Covering		Everyone is wearing a mask or face covering	Most wearing masks	Some wearing masks	None wearing masks
Social Distance		Not engaging in any activity in person; virtual only	Staying 6 feet or more from others	Staying under 6 feet from others	Standing face to face, hugging, shaking hands
Droplet Spread		Breathing normally	Speaking or breathing heavily	Shouting, yelling or singing	Coughing or sneezing
Location		Outdoors in an open space	Staying under a shelter (gazebo, covered porch) outdoors	Large, indoor rooms with good air flow	Small, indoor rooms with poor air flow
Food		Only bringing and touching your own food	Serving pre-portioned food, using good hand hygiene	Family style, but using your own serving utensils	Sharing plates, utensils, and cups
Groups		Only household members	Small groups (two households, under 10 people)	Large groups over 10 people	Large gatherings with people from different geographic areas

EXAMPLES

SAFEST ————— SAFER, SOME RISK ————— RISKIEST



Staying home with only people you live with



Small outdoor gathering, keeping at least 6 feet apart



Singing with a large choir in a small room

ALWAYS REMEMBER



Washing hands well and often reduces risk in all situations. If you don't have soap and water, use a hand sanitizer that contains at least 60% alcohol.



Stay home if you're feeling any mild symptoms, except to get medical care.

Vehicle Registrations

Effective May 26th, 2020 per Governor Mills Executive Order 53-a FY 19-20

ALL Vehicle Registrations need to be registered within 30 Days.

This includes ALL Motor Vehicles, ATV's, Watercraft, Snowmobiles and Trailers

Please call **863-4471** or **863-4343** for amounts due.

How to Register a Vehicle

Re-registering a vehicle previously registered in Vinalhaven

Provide **current proof of insurance** on the vehicle (not past or future cards—it has to be effective on the date of registration), and **current mileage** of the vehicle. Please call for amount due.



Re-registering a vehicle that has been registered in Maine, but never registered in Vinalhaven:

Provide a **copy of the most recent registration, current proof of insurance** (as listed above) and **current mileage** of the vehicle. Please call for amount due.

Registering a new (or used) vehicle from a dealership:

Provide **proof of insurance** (as listed above), **current mileage** of the vehicle, a **sales invoice** that shows sales tax was paid, and the **blue title application** are needed. Please call for amount due.

Registering a new (or used) vehicle from a private sale:

Provide **current proof of insurance** (as listed above), **current mileage** of the vehicle, a **bill of sale**, and the **original title signed over to you** (if the vehicle is 1995 or newer). *Please Note* You CANNOT sell a vehicle that is 1995 or newer until you have received a title for it in YOUR NAME. You do not need to register the vehicle, but you do need to get the new title. Please call for amount due.

If you need to file a SR-22:

Please call for amount due for Excise Tax only. Forms will need to be taken to a Maine Bureau of Motor Vehicle Branch Office to complete your registration and receive your stickers.

****If you need to send proof of insurance, you can send via fax to 207-863-4393.**

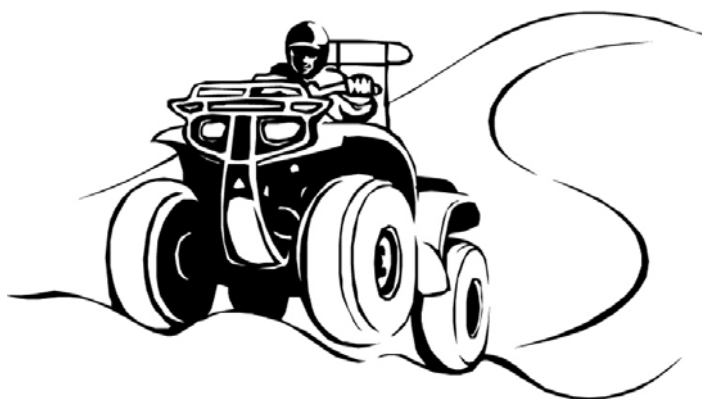
How to Register Your Boat, Snowmobile or ATV

Re-registering a vehicle previously registered in Vinalhaven:

Provide the **registration number** (5 letters/numbers) and **vehicle information** for boat, snowmobile or ATV you wish to re-register. Please call for amount due.

Registering a New Boat, Snowmobile or ATV:

Provide **proof that sales tax was paid or bill of sale listing sales price**, hull or vehicle **serial number**, and **vehicle information** (horsepower, length of boat, make, and model). Please call for amount due.



Vinalhaven School News, by Superintendent/Principal Tonya Arnold



Open positions for 20-21:

- SE Teacher (1 year)
- 3rd Grade Teacher (1 year)
- Ed Tech 3 (90 college credits required for this certification) – Special Ed K-12
- Ed Tech 2 (60 college credits required for this certification) – Special Ed K-12
- Math Teacher (7-12 certification)

Important Dates:

June 23rd – District School Budget Hearing was held via zoom at 6:00 pm

Opportunity to send written feedback to tdavidson@vinalhavenschool.org by 6/30

Look for the full budget newspaper and the bifold budget brochure online on the school website and Facebook page as well as paper copies around town.

July 14th - **Budget Validation Referendum Vote and State Election Day** by absentee ballot or polls

Please support our students by voting yes in support of the school budget.

July 15th – Regular Board Meeting via zoom – contact Amanda for link

August 19th – Regular Board Meeting via zoom – contact Amanda for link

Congratulations: Please help us congratulate Monte Selby who has been appointed to full-time Principal beginning with the 20-21 school year. Monte comes with 7 years of building administrator experience and many more years as a project facilitator for best practices in education to unlock the potential in students. He is moving here with his wife from Cumberland, Maine after spending many years in Kansas. The new two day per week interim Superintendent beginning as of July 1 is Rick Lyons who spent decades as a Superintendent in Hampden in RSU 22.

Vinalhaven school also welcomes new teachers. A new 7-12 science teacher, Daniel Ganoza, is moving here with his wife from Divide, Colorado. Mr. Ganoza replaces Mr. Smith who is retiring again. A new 7-12 social studies teacher, James LePage, is also moving here from Cumberland, Maine. Mr. LePage is replacing Ms. Applegate who is taking a Dean of Students position on the mainland. These new additions are experienced teachers with training in project-based learning with proven experience engaging and inspiring young minds. This fall RJ Jones will be the new PE/Health teacher, replacing Mrs. Tuminski who retired. Many know RJ as local assistant coach, and now he obtained a conditional PE teacher certification based on his previous college experience at the University of Maine Presque Isle.

In addition, Randy Pitts will be a three-quarter time Technology Director supporting the school's technology needs full-time until January, then half time for the remainder of the 20-21 school year, prolonging his retirement process a bit further.

Looking ahead:

Rick Lyons and Monte Selby will be facilitating the Collaborative Planning Team who will work on plans for what school will look like in the fall per the most recent CDC guidelines and Department of Education guidance. Surveys of parents and staff will likely be part of that work, so be on the look out for a quick turn around of those.

I wish you all well. I pray that you find the strength to focus on the positive during these trying times, and pull together as a caring community full of healthy role models working toward a vision that includes a bright future for the young hearts and minds of Vinalhaven School.

Farewell



The CDC has issued new protocols for outside visits at The Homestead.

Outdoor Visitation: Facilities may allow in-person visitation in a designated outdoor visitation space, provided the facility implements all of the following safety, care, and infection prevention and control measures. There must be no new COVID-19 cases that originated within the facility, including those involving residents or staff, within the last 14 days

Measures: • Visits Specifics:

- o Must take place in a designated outdoor space and are dependent upon permissible weather conditions, availability of outdoor space, and sufficient staffing at the facility to meet resident care needs, and the health and well-being of the resident.
- o Visitations must be scheduled in advance for all designated outdoor spaces
- o Facilities may limit the length of any visit, the days on which visits will be permitted, the hours during a day when visits will be permitted, and the number of times during a day or week a resident may be visited.
- o No meals/snacks are permitted during the visit as this would require the removal of the face mask/face covering.
- o Facilities will post signage or provide a handout for visitors on signs and symptoms associated with COVID-19.
- o Prior to the visit the facility will provide the visitor instructions and requirements for visitation and where to go upon arrival.
- o 6 feet of physical distance must be maintained during the visit.**
- o Residents must wear a cloth face covering. Visitors must wear a face covering or mask for the duration of the visit.**

Visitors: o Visitors must be limited to no more than two individuals per visit

- o The facility must screen the visitor for fever or respiratory symptoms. Any individuals with symptoms of COVID-19 infection¹ will not be permitted to visit.
- o Hand hygiene will be performed before and after the visit.
- o All visitors must remain at least 6 feet from the resident and any attending staff member(s) at all times during the visit.
- o Children must be supervised at all times, maintain social distancing, and wear a face covering when age appropriate
- . • Staff: o A staff member(s) trained in patient safety and infection prevention and control measures must be present to monitor the outdoor designated space(s).
- o Monitoring of visitation is required. Facility should assess the number of staff necessary to ensure appropriate masking and social distancing are followed.**
- o Staff must wear a surgical face mask.**



Islands Community
Medical Services

Our Medical Center

UPDATE ON DENTAL SERVICES:

Starting May 20th, in accordance with the recommendations of the Maine CDC, ICMS Dental will begin to phase in routine and preventative dental care. Our dental hygiene visits will resume after June 1st. Office staff will contact you to reschedule appointments that were postponed during this pandemic. To protect our patients and staff, ICMS Dental is instituting new protocols to ensure that treatment is completed safely. Please be patient and allow extra time for your visit; staff will go into detail when your appointment is scheduled. If you were not previously scheduled and need a dental appointment please contact Brooke, our Dental Office Manager at (207) 863-2533 so she can setup an appointment for you. Again, thank you for your patience through this pandemic and in the future as we assist you in meeting your dental health needs.

Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

1. Download the wind to your computer/device
2. Create an email message addressed to your Kindle account
3. Subject of the email is the word "Convert"
4. Attach the wind PDF to the email body (no other text)
5. Send email
6. After a short while open your Kindle app and synchronize - the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' - copy/paste that address and you're all set.

Vinalhaven Community Outreach

**We need your help and we're
here to help you**

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

**Donations may be mailed to
VCO, PO Box 15, Vinalhaven.**

Please mark Covid-19 in the
memo

If you need help, and fit our
criteria, please contact us by
email

vhcommunityoutreach@gmail
.com

Thank you.

We are a 501 (c) 3 organization

Those who are happiest are those
who do the most for others.

—Booker T. Washington

Indoor Cycling is Zoom'ing!
Contact Karen at
kal@cs.wpi.edu for more info

COVID-19 FINANCIAL HELP

Unemployment Benefit for Self-employed People

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply.
www.maine.gov/unemployment

General Assistance (GA)

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, Town Manager, **207-863-2042** **townmanager@townofvinalhaven.org**

Vinalhaven Community Outreach

(VCO) VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact **vhcommunityoutreach@gmail.com**



Islands Community
Medical Services

Our Medical Center

WE ARE HERE TO HELP

The economy presents many challenges to us these days.
One of them shouldn't be your health care.

**ICMS has many programs available to help with your medical
and dental care costs.**

1. We offer a **sliding fee scale** for those who qualify based on income. The sliding scale offers discounts on medical, behavioral health, physical therapy and dental care.
2. We have a **pharmacy program** with Kennebec Pharmacy which offers discounted prescriptions for those without prescription coverage. Savings can be significant.
3. We can also assist patients without drug coverage in applying for **free medications or discount cards**. Some manufacturers also offer a free 30-day trial even if you do have drug coverage.
4. We can also help you with **applications for Mainecare** or other federal programs. In addition, Pen Bay Medical Center has a **program to help with medical bills**.

Please reach out to **Leslie Dyer** at lesliedyer@icmsvh.org or **207-863-4341, ext 1114** or **Carter Stanley** at **207-863-4348** or ecstanley@icmsvh.org for more information or with any questions.



Calling all Artists

We are looking for people to paint Pot buoys and/or small furniture

To Auction off at a later time.

Please contact Kachina at 863-2109



Vinalhaven Eldercare Services

Carver's Harbor Market has been extremely helpful during all of this stay at home period. As you know Vinalhaven Eldercare Services is not going to be able to do our large fund-raising events this summer. **Carvers Harbor Market has graciously agreed to let Vinalhaven Eldercare Services have the round up this summer.**

I am asking that those of you who do curb side pickup when you place your order to ask them to round up for VES or add a small amount to your order to help support us and if you go to the store shopping that you please ask the cashier to round up for us.

This is going to be a very different summer for us, and we really need your support. ***Thank you for your help keeping our Homestead and all of our programs going.***

Vinalhaven Eldercare Services NEEDS YOUR HELP

During this critical time, VES is grateful to have a dedicated staff of caregivers who are going above and beyond and making personal sacrifices to ensure that the residents of the Calderwood Homestead remain healthy and safe during these scary times. We need each one of them to ensure adequate staffing at the Homestead.

However, there is currently one staff member who needs temporary housing on the island to continue working at the Homestead.

If you or anyone you know might have housing available for a few months over the summer, please let Linda Lynch know at

863-9343.

Thanks for your help.



4TH OF JULY

LOBSTER DINNERS COOKED AND DELIVERED

Mark your calendars!

VINALHAVEN ELDERCARE SERVICES WITH THE HELP FROM THE LIONS CLUB will be selling twin Lobster Dinners ON THE 4TH OF JULY

Lobster Dinner will include

2 Lobsters,

Mussels

Corn on the cob

Pre ordered pick up \$20

Pre ordered delivered \$25

For information or to place an order call Kachina at 863-2109



Write to Friends

*We are sure these folks would love
to hear from islanders /friends dur-
ing the coronavirus pandemic*

Jaquelyn Ames
c/o Goodwill-Kendall
Lane House
Freeport, Maine 04032

Lucy Wadsworth
30 Community Drive
Camden, Maine 04843

Joan Mitchell
Assisted Living Floor
Quarry Hill
Camden, Maine 04843

Carlene Michael
Boardman Cottage
Islesboro, Maine 04848

Charles M. Miller
1725 Honore Avenue
Sarasota, FL 34232

Gladys Walls
(new address)
PO Box 702
Newcastle, Maine 04553

Herb Conway
Nans Case
Barb Davis
Priscilla Rosen
Leonard "Buddy" Skoog
Pat Nick
Virginia Olney
Marguerite Mills
Calderwood Homestead
18 Beaver Dam Road
Vinalhaven, Maine 04863

Ora "Buddy" Warren
Harbor Hill Center
2 Footbridge Road
Cape Rosier Unit Rm. 3
Belfast, Maine 04915

Ann Anthony
Caroline Morton
Dottie Knowlton
Bruce Kelwick
Windward Gardens
105 Mechanic Street
Camden, Maine 04843

Rosemary Anthony
7 North Shore Drive
Owls Head, Maine 04854

My Life / My Choice

Just when I thought I was done
with fighting myself over small stuff
thought I could give up the homework
the self-work, any work at all
because age has privilege
doesn't it? there comes this
massive plot twist!, this covert Covid!
this curl your toes, howling in the wind
kind of thing taking the elusive shape
of all my nightmares combined
this crawling creeping slimy
boogey-man in the closet
long nails rattling, under the bed
sort of thing that scares the crap
out of grown men and women
and isolates us all till we've turned
into screaming mimi's
So I'm asking new questions now
and that just may be the point of it all!

Like: If none of life is an accident
do we create it? If so, is that
because we need it
to hold a mirror to ourselves?

Are we really all one?
Then why do we still
fight each other to death
over stuff or pride?

Can we all please step back
a moment, breathe and look
really look at how we treat
each other every single day
how I treat myself?

Do I think I can conquer
my problems when I
can't control my own mind?
Do I know who this me is?

Problems will be here forever
I won't
Do I want to spend my life

in battle after battle, war after war
like some mad-mind-Machiavellian
stuck on sweets till toothless
still raving for more and blaming
the sugar cane for its sweetness?
Or rather see the problems
for what they are: mishaps in
a different clown suit daily
arriving upon my waking
walking me thru another beautiful
god-given day if they'd just
shut up for a minute

Can I just get on with it?
the business of enjoying
my life and the beauty I am?
I'm tired of the pain
my own and others
I want to always laugh out loud
live this moment in all its
boundless spontaneity
and love, yes! I want to love
to unlock the kindness
in my heart and feel it before
I give it away
to know that what I'm looking for
is looking for me
just the other side of this closed
door I created to keep me safe

Will I work for that feeling? Maybe
Thank God I have help!
We are so lucky!
and It has always been as
simple as — my effort equals
my ease
like asking for it and it arrives
fed-exed to my soul and
stamped in smiles
This time is a very special time
never have so many helped so many
see who we are and how to be.
Paddy Noble

Maine is a
beautiful
place that I
paradoxically
want to hoard to
myself and share
with everyone I
meet.

—John Hodgman
from
*Vacationland:
True Stories from
Painful Beaches*



Happy Birthday Maine

200 Years

GO FISH
JUNE HOURS
11:00 AM – 5:00 PM
MONDAY – SATURDAY
CLOSED SUNDAYS

WE CAN'T WAIT TO SEE YOU!

HERE ARE OUR GUIDELINES
TO FOLLOW TO KEEP US ALL
HEALTHY AND AT EASE:

*2 CUSTOMERS AT A TIME IN
THE STORE OR IN YOUR
SMALL FAMILY GROUP

*WE THANK YOU FOR
WEARING A FACE COVERING
DURING YOUR ENTIRE VISIT

*WE ASK YOU TO PLEASE USE
THE HAND SANITIZER
PROVIDED AT THE ENTRANCE
SO THAT YOU CAN TOUCH THE
MERCHANDISE FREELY.

SADLY THE CANDY
COUNTER WILL ONLY BE
AVAILABLE ONLINE SO
PLEASE PLACE YOUR
ORDER BEFORE YOU
MAKE THE TRIP IN!

→ gofishvh.square.site ←

MORE AND MORE ITEMS
BEING ADDED TO THE SITE
DAILY WITH CURBSIDE AND
SHIPPING OPTIONS BOTH
AVAILABLE.

BE KIND, PATIENT AND
THOUGHTFUL, WE ARE ALL
IN THIS TOGETHER!

WWW.GOFISHVH.COM
MRSGOFISH@GMAIL.COM
(207) 863-4193

Cleaning Services

Both house and/or yard!
We are experienced cleaners
available to start anytime -
willing to wear masks and
gloves.
Contact info:
Amber Shane: (207) 863-4455
Ashlyn Littlefield: (207) 863-4552



♪ Maybe there'll be fireworks
Sorry, the parade won't work
But you can decorate your porch
With colors, flags, a tiki torch...

VH you're a firework
Come on let your colors burst
Make'em go "Oh, oh, oh!"
And the judges say
"Waah, woah, woah" ♪

We are bummed that we can't
have the traditional Vinalhaven 4th
of July, but we can't let covid 19
ruin the Vinalhaven 4th of July like
it has so many other things this
year. The 4th of July committee
would like to encourage everyone
in Vinalhaven to join the contest
and decorate their home or
business. Be as creative and
patriotic as you can! Judging will
be done by volunteers on the 4th
and prizes will be awarded on the
5th. There will be 4 categories
judged. They are: Most Patriotic,
Most Creative, Most Extravagant,
and Judges Choice. Judging will be
done during the day and after
dark, so if you have red, white and
blue lights we want to see them.
To register please call Sarah @
863-9968, so we know to tell the
judges where to go. We do not
want to leave anyone out!

Gardening Help Wanted

Island Groundworks, LLC
Contact: Kristel Moore
207-863-4868

SCHOOL LIBRARY BOOK SWAP

During this time of remote learning
one of the things **missing** from many
of our students' lives is **access to
books** -- actual hands-on, physical
books. In non-Covid times, the
school library has annually held the
very popular book swap where
students bring books in and swap
them with books donated by other
students. All students get at least
one book, regardless if they are
unable to bring any in.

I am working on making the book
swap happen, with a safe twist
especially for these pandemic times!

**Students, parents, and other
community members**, if you have
books you no longer want or need at
your home please consider donating
them to our book swap. Of greatest
need are children's books, but
others are welcome as well.

**For any of you who have books to
donate**, I will be leaving a box or milk
crate on the bench outside the
school entrance, marked Book Swap
Donations each school day morning
until noon for the remainder of May.
For your safety, please place your
books in the box without touching
any other books that may already be
inside. All items collected will then
be quarantined until the swap.

I'm planning for the book swap to
take place before the middle of
June.

Thanks in advance for your help!

Susie Warren Pitts
School Librarian



**Field mowing and other light
duty tractor work.
Call Tim 863-4672**



Vinalhaven Cleaning Services, LLC
We don't cut corners, we clean them!
207.863.2073

**Vinalhaven Cleaning Services is open for
business!**

At this time, we have decided that we do not feel comfortable flipping weekly rentals until things move in a different direction. We WILL, however, open houses for those coming to the island who plan on staying for the summer or for more than the 14-day quarantine. We will be more than happy to come back & clean for you again once you have satisfied the quarantine requirement. We will also be more than happy to clean for any local island residents and/or businesses. We are fully insured and can provide proof of insurance as requested.

We have all of our own cleaning supplies and equipment, facial coverings, gloves, foot coverings, ozone generators (more info on those as requested), etc and look forward to talking to each of you on your personal needs & requirements for your home or business!

Please be patient with us as we work out the kinks with our new venture in this new world we are navigating thru! We hope to be able to provide a wonderful service to everyone & to the community.

Angelina Turner & Maggie Beckman 😊

Email contact:
angelina@vinalhavencleaningservices.com

Disclaimer: we reserve the right to accept or deny any business & your safety & ours is our top priority!!

Vinalhaven Historical Society

Open for the Season
NEW HOURS
Monday-Thursday, 9-3:30

Other times by appointment. Email
vhhissoc@myfairpoint.net or call
863-4410

Masks are required while inside the building. Please limit groups to 5.

Historical Notes

September 23 1920

Vinalhaven High School opened with a registration of 63 pupils. Interior improvements to ceilings and walls are much appreciated by the pupils. The School wishes to thank the Alumni Association for the new piano which they presented to V. H. S.

The pennant won by last spring's team looks good in the assembly room. Carroll Burns has been elected captain and Virgil Smith manager of the 1921 baseball team. Capt. Burns thinks the squad looks good for developing another pennant-winning team.

It may be interesting to know what the graduates of 1920 are doing:

Leroy Ames, University of Maine;
Doris Fifield, Wheaton College;
Annie Osier, teaching at home;
Albra Oakes, teaching at home;
Lester Mullen, employed by J. Leopold & Co.;
Sawyn Pierce, employed by E. G. Carver;
Lillian Ross, employed by H. Y Carver & Son;
Gladys Simmons, at home;
Leah Seliger at home;
Maurice Bickford, employed at F. F. Ames.

Looking for
babysitting jobs

Call Ava 867-5600



**Does your Organization or
Business need Hand Sanitizer?**

ICMS can help!

Email Dinah at dmoyer@icmsvh.org

WINDHORSE ARTS

Be the first to see my new
summer colors and designs ~
sign up for my email list and get
20% off your first order!

Call 207/449-6285

Email alisonhibault@gmail.com

Visit www.WindHorseArts.com

Like WindHorse Arts on Facebook

Follow @alisonhibault on Instagram

Write PO Box 45 Vinalhaven, ME 04863



Your home is your sanctuary.
Heat Pumps clean and filter the air in
your home while giving you energy
efficient heating & cooling.

We are practicing social distancing &
offering remote estimates

Call or e-mail to learn more

lunarockvh@gmail.com

207 863 5048

Trivia Answers

1. Isaac Newton
2. Duck Tape
3. J.k. Rowling (Harry Potter Series)

Challenge Answer

New Delhi, Mumbai, Tehran

Maine Trivia

Bowdoin College



Window Cleaning Services

Call

Ashlyn: (207) 863-4552

Terry: (207) 863-8007

Amber: (207) 863-4455



**BOTTLE BRIGADE
CONTINUES WITH
YOUR HELP, THANKS!**



It is working! Following CDC guidelines, we are collecting
returnable bottles and cans in the town parking lot

(not yet at the dump) to benefit Vinalhaven Eldercare Services.

Please deposit clean returnables (no milk jugs) in the totes or
bring bags of mixed returnables to the bin on the right.

Please do not deliver directly to the Homestead as we need to keep items
"quarantined" for three days before sorting on Sundays and Wednesdays.

For more information, contact Bill Alcorn 863-2246 or Peter Richards 863-5055



Islands Community
Medical Services

Our Medical Center

Medical Center Information

www.icmsvh.org

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

Hours of Operation

Medical Services

Mon, Wed, Fri: 8:00 am – 12 noon,

1 pm – 5 pm

Tues: 1 pm – 5 pm

Thurs: 8:00 am – 12 noon

Closed Tues. AM and Thurs. PM

Dental Services

Dentist: June 24, 25

Hygienist: June 22, 25, 26, 29

Office:

Physical Therapy

To schedule an appointment,
please call 863-4341

Counseling

Dan Keniston, LCSW

Jeff Wilber, LCSW

To schedule an appointment,
Please call 863-9959

Osteopathic Manipulative Treatment &

Acupuncture

To schedule an appointment, please call
863-4341.

Stuart Damon, DO June 26

Women's Health

To schedule an appointment,
please call 863-4341.

Cathy Colman, ANP: July 17

**To reach the provider on call dial 863-4341
and your call will be forwarded to the
answering services. They will take your call
and page the provider on call for you.**

Like us on Facebook

ICMS receives HHS funding & has federal PHS
deemed status with respect to certain health or
health-related claims, including medical malpractice
claims, for itself and covered individuals.
ICMS is a 501(c) 3 and contributions to ICMS are tax
exempt. This health center is a Health Center
Program grantee under 42 USC 254b, and a
deemed Public Health Service employee under 42
USC 233(g)-(n).



Islands Community
Medical Services

Our Medical Center

Stressed out by COVID and the recent tragedy in town? Don't know who to turn to?

Remember, the Medical Center is here for you with trained
therapists available to help you through difficult times.

You can reach **Dan Keniston, LCSW** at **207-837-4057**
or **Jeff Wilber, LCSW** at **207-449-9448**

We have appointments available by telemedicine through
Zoom. We are offering a **free visit** for anyone who is struggling
during these challenging times. You can call Dan or Jeff directly.

If you have any questions or concerns, please contact Dinah
Moyer at **dmoyer@icmsvh.org** or **207-863-4109**.

Hope is being able to see
that there is light
despite all of the darkness.

—Desmond Tutu



Get the Help You Need

ICMS offers behavioral health services. Contact **Dan Keniston,**
LCSW at **207-837-4057** or **Jeff Wilber, LCSW** at **207-449-9448**

Maine Statewide Crisis Hotline 24/7 for immediate crisis-
oriented help **1-888-568-1112**

Maine Warm Line 24/7 for connecting with someone if you need
mental and emotional support **1-866-771-9276**

Online Anonymous Peer Recovery Programs:

Narcotics Anonymous – namaine.org

Alcoholics Anonymous – csoaamaine.org

Nar-Anon – nar-anon.org

Al-Anon – maineafg.org



Fairy Houses

Looking for something to do outside during these times of social distancing? You can ALWAYS build a fairy house on the Story Trail at VLT's Granite Island Preserve! You'll make the fairies so happy!

Fairy House building reminders:

- Think about a day-in-the-life of a fairy. What special things do fairies need in their homes to be comfortable?
- Find material on the forest floor to build your fairy houses: sticks, rocks, birch bark, berries, leaves, etc.
- Remember that fairies wouldn't want to see you picking living plants or moss for building materials, there's plenty of stuff to use already on the ground.
- Island Fairies will be so grateful that you thought of them:)

My attachment to the state is that of a barnacle to a ledge, the pull of the moon to the earth. Maine, because of its singular and profound beauty, is a place of worship without walls. I love it so.

—May Davidson, from *Whatever It Takes*



THE ISLAND GROUP
32 WEST MAIN STREET
VINALHAVEN, ME 04863

\$525,000.



CONTEMPORARY CAPE ON 7 ACRES

Well maintained 20 year old 3 bedroom home with 2 car garage, full basement. Near Town, but very private. Easy walk to swimming quarry. Expansive views out over the Island.

\$525,000.

ASHLEY DAVIS-OAKES 207-213-3788

WANDA DAVIS-OAKES 207- 401-8655



THE ISLAND GROUP
WESLEY REED 207-863-2554
Serving the Islands for 30 years



ESTABLISHED BUILDING LOT ON THE NORTH HAVEN ROAD. MOSTLY OPEN AND GRASSY, BUT A FEW TREES OIN THE BACK. SEPTIC DESIGNED FOR 4 BEDROOM HOME OR 2 TWO BEDROOM HOUSES. OLD LILACS.

\$39,000.

wreed@jaretcohn.com
32 WEST MAIN STREET, VINALHAVEN



ISLAND TICKS

pest control

Organic Sprays for Ticks
and Mosquitoes.

Also treatments for:

Ants
Spiders
Wasps
Mice and More

"If you have a pest...we
have a Solution!"
Charlie and Erica Simpson

FOX ISLAND DIVING

37 Years, Still Kicking!

Not Retiring Yet!

Wheel cleanings
Mooring inspections
and cleanings

863-4837

or text 542-1992

Cleaning Services Available

Experience cleaning both
business and residential

Access to AWD vehicle

Scheduled cleaning available

Please email at:

Sarina.Alley@gmail.com

Or call 863-2287 ask for Sarina
for more information

"Retired Property Manager"

Frank W. Demmons

863-4364

Handy-man work, Hard-scape &
Landscape, Mechanic; small engine
& heavy equipment. Mudding &
painting (inside only), Professional
tiling (any design you want)

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TERMINAL LANE, OWLS HEAD, ME 04854

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1999 Pursuit for Sale



\$29,500. Gorgeous boat!!! Very
good condition. 28+'. Runs and
looks great. Garmin GPS, radar,
depth finder. With aluminum
bunk trailer. Reupholstered
cushions. Ready for summer fun
and fishing! Call Drew 860-490-
3001 or Dkeir@cox.net.

FOR SALE: Double Sea Kayak

22' fast, stable, ocean kayak, w/3
cargo holds and rudder; includes
2 paddles w/leashes, 2 skirts & a
bilge pump. Perfect for local day
tripping or extended island
hopping along the coast. This is a
sister ship to the one that
supported the Gulf of Maine
Expedition, May to September,
2002; from Provincetown, MA to
Cape Sable Island, Nova
Scotia...by kayak. So, no
problems going anywhere.
\$1,600 complete, or \$1,300 w/o
gear. Larry McIntosh, (207) 703-
6668 or Lmacyak@gmail.com

The greatness of a community is
most accurately measured by the
compassionate actions of
its members.

—Coretta Scott King

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HALL PAINTING

INTERIOR & EXTERIOR
PAINTING

Sheetrock and Plaster Repair

No job too big or small. Set prices, no surprises.

All material & Labor with no extras.

Noah Hall VH: 863-5024 Cell: 299-8633

Hall357@gmail.com



Great news!

The VH Chamber of Commerce has installed a new bulletin board in the grassy area in front of the post office where the previous board stood for twenty years. As before, all are invited to make use of it.

The three doors are operated with a key.

*Please return to the locked position
after opening and closing.*

Please be respectful of other notices and avoid posting anything that might be viewed as offensive.

The Chamber will monitor it for current and appropriate content and will remove anything that is deemed inappropriate.

Thank you!

Vinalhaven Taxi (207) 720-0056

**Free Deliveries of Essentials
paid for by ICMS!**

Ferry/Airstrip Connections
Here and There
on Vinalhaven
By Reservation or by Chance

Jeanne Bineau-Ames

Rustic Cabin 20 Feet from Sea

Glam camping with hot water and equipped kitchen. Easy launch for canoe or kayak. Sleeps 4. Very private. \$650 per week.

CandGRE@yahoo.com

(212)427-7654



SALE PENDING



SALE PENDING



IN TOWN \$199,000



**HISTORIC FARMHOUSE
\$249,500**



**WOODED LOTS
\$22-\$35,000**



**OCEANFRONT LAND
\$169,500**



*Have you been
waiting to sell your
home or property?*

**WE HAVE
BUYERS!**

Contact us today or visit
at our downtown
location. 28 Main St.

207 863 5151

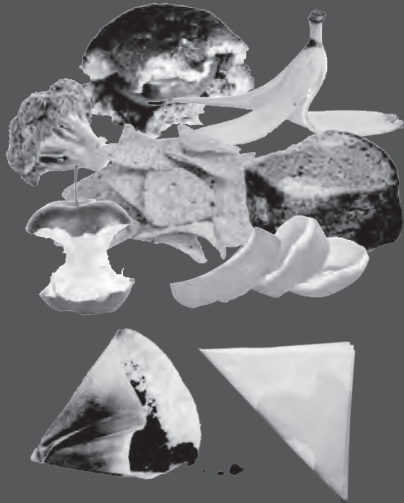
www.vinalhavenrealty.com

I would
rather
feel bad
in Maine
than feel
good
anywhere
else.
-E.B.
White

HOW-TO GUIDE for Food Scrap **COMPOSTING**



Vinalhaven Community Compost at the Transfer Station



Yes ✓

FOOD SCRAPS

vegetables, fruit, peels, grains, coffee grounds
eggshells, fish, spoiled and leftover foods

UNCOATED FOOD PAPERS

tea bags, coffee filters, soiled napkins



No ✗

MEAT, BONES, DAIRY

no meats and dairy, no large quantities of oil

COMPOSTABLE “PLASTICS”

no bags/pail liners, no cups, no cutlery

PRODUCE STICKERS

remove produce stickers

How VH Community Compost Works

1. Collect food scraps at home and at work
2. Dump food scraps into the collection bin at the Transfer Station
3. We mix all the food scraps into an active manure pile
4. The pile cures until it becomes nutrient-rich compost
5. Our community uses the compost to enrich garden soils

FMI about VH Community Compost visit the **WasteWatchers** page at www.townofvinalhaven.org



Representing Buyers and Sellers on the Fox Islands

207.863.2200 ~ info@davidson-realty.com

Kris Davidson, Broker ~ Lisa Shields, Associate Broker

www.maineislandliving.com

Invest in Your Future on Vinalhaven ~ We have something for everyone!

Monthly payments are based on conventional 30-year mortgage with 20% down and 3.13% interest



\$720/month

Village Home. Circa 1880s 3 bedroom, 2 bath house on Pleasant St. 1600+ sq. ft. Well-maintained, many updates. Great location in the village! **\$210,000**



**\$2040/month.
(Less with rental income!)**

Roberts Harbor. Well-maintained 4 bdrm waterfront home w/ 3 bdrm guest apartment. Buy alone or invest w/ another family. Great value! **\$595,000**



**\$1063/month.
(Less with rental income!)**

Spacious Log Home. Many possibilities for this 6500 sq.ft. bldg. Currently main residence w/ 2 rentals. Updated, well-maintained. Good value! **\$310,000**



\$2006/month

Hurricane Sound. Custom-built home with wonderful ocean views & beach. Open concept design, lovely covered porch. 6+ acres, dock access. **\$585,000**



\$2911/month

Leo's Lane. Fabulous 5 bdrm, 3 bath 1890s home, w/ deeded harbor access. Excellent craftsmanship and impeccable details. Completely rebuilt. **\$849,000**



\$2226/month

Kelwick Farm. Historic farm with 18 acres and tastefully updated farmhouse. Originality intact. 3 fireplaces, 4 beds/2 baths. Sustainable living. **\$649,000**



\$2040/month

Spectacular Views. Year-round home w/ ocean access perched above Robert's Harbor. First flr ensuite master, 2 bdrms and bath on second flr. Garage. **\$625,000**



\$1252/month

Ocean Views. Enjoy views of Isle Au Haut Bay from this comfortable 3 bdrm, 2 bath home. 2 out bldgs, almost an acre of land. Near village, private. **\$365,000**

How You Can Help donate to local service groups

Community Lunchbox

Union Church, attn: Lunchbox
PO Box 249
Checks payable to Union Church
Memo line: Lunchbox

Meals on Wheels

Vinalhaven Eldercare Services
attn: Meals on Wheels, PO Box 624 Checks payable to VES
Memo Line: Meals on Wheels

Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church
attn: CVRF
PO Box 465, Checks payable to Open Bible Baptist Church
Memo line: CVRF

Vinalhaven Community Outreach

PO Box 15, Checks payable to VCO, Memo line: Covid-19

Vinalhaven Fuel Fund

Sue Radley, attn: Vinalhaven Fuel Fund
14 Lawson's Quarry Rd, Checks payable to Vinalhaven Fuel Fund

The Brown Door at the Union Church

Union Church, attn: Food Pantry
PO Box 249
Checks payable to Union Church, Memo line: Food Pantry

All addresses = Vinalhaven, ME 04863



VINAL ENERGY

36 WEST MAIN ST PO BOX 803

(207) 613-7460

vinalenergy@gmail.com

**Fuel oil, Kerosene, Diesel & Propane
Factory Authorized Toyotomi and
Monitor service and sales**

***Fuel prices are low - think about
pre-buying for next season!***



GOOD FOOD. ISLAND GROWN.

This week's produce - radishes, cukes,
kale, arugula, lettuce & more.
Last call for seedlings!

Farm Hours: Tues, Thurs, Sat: 2:00-5:00 pm
Follow CDC guidelines for masks, social distancing

@ROBERTSHARBORFARM | RHFARMVH.COM | 207-863-4474

RESTAURANT FOR RENT
64 MAIN STREET (SALT)
MASTERBAR@AOL.COM



Peaceful Harbor Farm Nursery THIS WEEK! ALL ANNUALS 25% OFF

Tomatoes,
Herbs including
Lemon Grass and Mints
Colorful
Annual Flower Seedlings
Lisianthus (Lizzies!), Alyssum,
Margarites, Cannas, Bacopas,
Lantana, Dahlias,
Osteospermum,
And Much More!

Greenhouse Hours This Week:

WED, THUR, SAT noon-4pm
SUNDAY 10:30AM-2PM

closed Mon-Tues-Friday

Dushane Road, just off
the Pequot Road
863-9381
Support Local Economies

Millstream Cottage



All seasons
waterfront rental
by day, week, or month

Two bedroom, two bath
full kitchen and laundry
Easy walk to ferry and all in-
town activities
Great bird watching!

Contact
Phil Crossman
207-592-1865
philcrossman.vh@gmail.com

COMPOST NOW!



@ Home or the Transfer Station

FMI please contact Anna
knitwitmaine@gmail.com or Gabe
gabemcphail@gmail.com

COMPOST REMINDERS:

Transfer Station Composting does not allow
for the composting of certain items. *Please...*

- NO (SHELLFISH) SHELLS**
- NO BONES, NO MEAT**
- NO DAIRY, NO YARD WASTE**
- NO COMPOSTABLE PRODUCTS**
- NO PRODUCE STICKERS**

Thank You for Composting!



Fox Islands APIARIES

Fox Islands Apiaries harvests
their honey from hives right
here on the islands!

**support
local bees**

foxislandsapiaries@gmail.com

available at: Carver's Harbor Market,
Creelman Farm Store, Island Spirits, &
North Haven Grocery



Pleasant River Chapel

Sunday, June 21st

Join us for a virtual service at

8:50 AM

Horace Hunt, Speaker

If you would like to join in via internet or phone, contact Carol Thompson at 863-4110 or email pleasantriverchapel@gmail.com for log-on information

We are grateful to those who are taking care of so many.

For pastoral care call:

Rosanne Wallace 863-4846

Vannesa Henneke 863-4834

AL-ANON

MEETING CHANGE

Until further notice, Al-Anon meetings will be held virtually.

To join the meeting by internet OR phone, please email vinalhavenalanan@gmail.com or call 207-952-1817 Help is also available from Maine Al-Anon maineafg.org and World Al-Anon al-anon.org
We are here for you! Newcomers welcome!

Union Church
Partnering with the Maine Seacoast Mission and the United Church of Christ
~ Welcomes You ~

Union Church is temporarily NOT holding services at the church.

We will have audio services on our FB page.

If you need pastoral care, please continue to contact

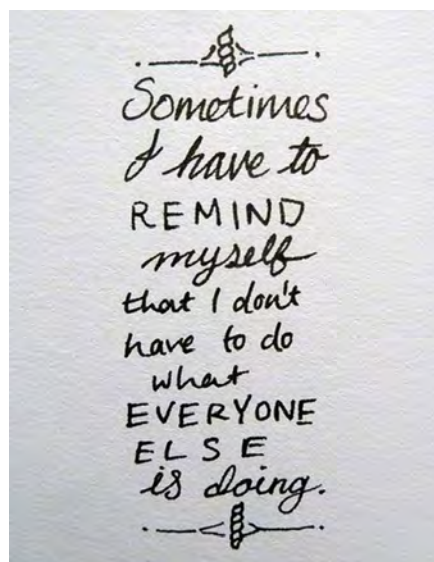
John Potter

729-7024

or

Ruthie Philbrook

863-4507



Our meetings have temporarily gone online, for URL and times please email

VinalhavenAA@gmail.com



SUNDAY

Worship Service Live Feed
Streaming at 11:15 @ Open Bible Baptist live on Facebook

Open Bible Baptist Church Corona Virus Relief Fund (CVRF) will purchase and deliver food for anyone in need. Donations for the Corona Virus Relief Fund can be made out to Open Bible Baptist Church with CVRF in the memo line. All financial or item donations will go directly to help those in need. FMI Contact Cathy 286-2550 Kate 409-2969 or Maggie 863-2185

ALL ARE WELCOME!

20 Fellowship Drive
863-9944

www.obbc-vinalhaven.org



My Recovery must come first so that everything I love in life does not have to come last.

—Unknown

Find Anonymous Peer Recovery Programs ONLINE

Portland Recovery Center
portlandrecovery.org

Narcotics Anonymous
namaine.org

Alcoholics Anonymous
csoaamaine.org

Nar-Anon
nar-anon.org

Al-Anon
maineafg.org



SECOND HAND PROSE REOPENING

For those of us who believe that books are ESSENTIAL, we're glad to finally reopen! Let's all keep safe with the following protocols:

- 2 customers or 1 family group (same household) at a time
 - face covering required
 - gloves required (provided)
 - 6' spacing between browsers
- ***

To minimize contact between volunteers and customers, we won't be giving cash change but will instead issue a credit slip. PLEASE BRING SMALL BILLS OR A CHECK or feel free to round up:)

BOOK DONATIONS

Like the library, we will be putting all incoming books in quarantine for 7 days. We have very little storage space, so we will need to strictly limit donations to 10 BOOKS PER HOUSEHOLD / DAY. DROP-OFF DURING OPEN HOURS ONLY. Thank you for understanding:)

**SHOP LOCAL
EAT LOCAL
SPEND LOCAL
ENJOY LOCAL**

Island's Closet

Summer is finally here!! Come down to the Closet and see what fun things we have. We have ride-on inflatables, swimmies, noodles, goggles and snorkels. We have lawn and patio chairs, side tables, grills, lawnmowers, garden tools and gloves, hoses, sprinklers, potting soil and plants of all types and sizes.

Having a party? We now have helium balloons including the foil type. Need fans? I have them in all shapes. We have books by local authors, puzzles, games, toys, accessories for your cell phones, tablets and more. Come on down and see all the goodies we have stashed away in the closet.

Please call ahead for any balloon needs. I can order or pickup almost anything you want if we don't have it now. Thank you for shopping local and stay safe!



**FIORE – The Freshest
Olive Oil & Aged
Balsamic from Italy**

**Find Us Every Day
at Island Spirits
as well as
503 Main Street in**

SURFSIDE

**DAILY 4:00ish-10:30 AM.
LIMITED INSIDE/OUTSIDE
SEATING; STILL TAKING
CURBSIDE ORDERS.
PLEASE FOLLOW STATE
PROTOCOL.
863-2767**



**Hand-selected wines,
artisanal cheeses, craft
beers, Maine raised
meats, locally roasted
coffee, and more!**

Our Hours:

**TUESDAY
thru
SATURDAY
11-5**

**32 Main Street
863.2192**

***Call for curbside
or home delivery!***



Fathom Seafood and Meats

Offering free delivery of a variety of fresh meats from Wiggins Butcher shop. Call for free delivery and a full menu including steaks, ground chuck, sausage, pork chops, fresh chicken, fresh cooked lobsters, and much more!

Kelly and Lee Oxtan: 703-6720