



June 25 - July 1, 2020

E-MAIL: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

**Submit to the Wind!**

We are looking for stories, **anecdotes, recipes, images, Shout Outs**, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)



Life Rings at the quarries are for LIFE SAVING. They are NOT WATER TOYS and should not be used as such.

Thank you – Vinalhaven Parks Commission



Happy 200th Maine  
visit [www.maine200.org](http://www.maine200.org)  
for more info

**Community Calendar**

Email events to:  
[windnonprofitads@gmail.com](mailto:windnonprofitads@gmail.com)

**WIND UPDATE**

We are now printing paper copies of the WIND for all our subscribers!

We want to make sure that anyone who wants a copy is able to get one. (The WIND will continue to be online, as well). The average cost of one paper, including printing and postage is \$1.70.

If you would be interested in a 3 month subscription, please send \$15.00 to:

**The WIND**  
**PO Box 194**  
**Vinalhaven, ME 04863**

We will continue this offer as long as needed. Please be patient as we work out the wrinkles.

*Thank you!*

**Trivia Questions**

1. What scientist established the ROYGBIV color spectrum for the sequential colors of the rainbow?
2. What was the original name of Duct Tape?
3. What author was the first to become a billionaire?

**Challenge Question**

What three major cities maintain their own time zone which is 30 minutes from that of the rest of the world?

**Maine Trivia**

What is the oldest college in Maine?

**COVID-19 INFORMATION**

For the latest Town updates, visit [www.townofvinalhaven.org](http://www.townofvinalhaven.org) There is a link on the homepage to all Covid-19 information and resources. Also visit Facebook [facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven)

If you have Covid-19-related questions or concerns contact **207-863-2168** or [VHEOC@townofvinalhaven.org](mailto:VHEOC@townofvinalhaven.org)

Subscribe to receive Town Covid-19 Updates automatically in your inbox. Go to **Subscribe** on the Town's website and subscribe to "Town Alerts". Also subscribe to **CivicReady® Emergency Notifications** to receive text and phone alerts.

## Town of Vinalhaven Information

[www.townofvinalhaven.org](http://www.townofvinalhaven.org)

### Meetings

Committee meetings have been postponed or are being held virtually. The Select Board meets regularly online only. Meetings are delivered virtually from our Facebook page: [facebook.com/townofvinalhaven](https://facebook.com/townofvinalhaven) and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven**

**Virtual Meeting – Sea Level Rise Committee**, Tuesday, July 7, 4:30pm. For information and Zoom access, please contact Gabe McPhail, [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org)

### Notices

**Annual Town Meeting** has been scheduled for **Wednesday, July 22, 2020, 7pm** at Smith Hokanson Memorial Hall (School Auditorium) Details coming soon.

**Revised Property Tax Deadline** Due to COVID-19 and to relieve what may be a financial burden at this time, the Select Board voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. While we encourage those that can pay to please do so, there will be no penalty for those who are unable to pay until July 1. Interest will still accrue on the unpaid November 1, 2019 balances. Any balance owed on June 30, 2020 will be listed in the next Town Report with a note on the change in the due date. If you have any questions, please contact the Town Office.

**Single-Stream Recycling #1-7** rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

**Food Scrap Composting** collection bin located near the household trash container at the Transfer Station. How-To Brochures available at [townofvinalhaven.org](http://townofvinalhaven.org). Free Composting Pails available at the Town Office and Transfer Station.

### Hours of Operation & Contact Information\*

**\*The phone numbers below are accurate, but due to the Covid-19 virus, the Town Office is closed to the public so the hours listed may be inaccurate. All services are available over the phone, by email, or online—please contact the Town Office for further information.**

**Town Office** – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

\*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

**Town Manager – Andrew J. Dorr** – 863-2042; 266-7806;  
[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Town Clerk – Darlene M. Candage** – 863-4343; [townclerk@townofvinalhaven.org](mailto:townclerk@townofvinalhaven.org)

**Deputy Town Clerk – Tanya Robishaw** – 863-4343; [deputyclerk@townofvinalhaven.org](mailto:deputyclerk@townofvinalhaven.org)

**Assessor – Wes Robinson** – Hours vary, contact 863-2168 or [vinalhavenassessor@gmail.com](mailto:vinalhavenassessor@gmail.com) to set up an appointment

**Code Enforcement Officer / Local Plumbing Inspector – Faye Grant** – Hours vary, contact 863-2168 or [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org) to set up an appointment

**Planning and Community Development – Gabe McPhail** – Hours vary, contact 863-2168 or [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org) to set up an appointment

**Welfare Program** – Call 863-2042 or 266-7806 to set up an appointment

**Public Works / Town Garage** – 863-2063

**Library – Scott Candage** – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or [vpl@vhaven.lib.me.us](mailto:vpl@vhaven.lib.me.us)

**Transfer Station – Kenny Martin** – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

**Fire Department – Marc Candage** – Emergency 911; Non-Emergency 863-4604 or [mcandage@townofvinalhaven.org](mailto:mcandage@townofvinalhaven.org)

**Ambulance Service – Kerry McKee** – Emergency 911; Non-Emergency 863-2119 or [kmckee@townofvinalhaven.org](mailto:kmckee@townofvinalhaven.org)

**Knox County Deputy** – Emergency 911; Non-Emergency 593-9132

**Animal Control Officer/Harbor Master – James Knowlton** – 756-0209

**Public Health Officer – Jen Desmond** – Contact the Town Office at 863-2042

**Deputy Harbor Master – Peter Gasperini** – 542-1992



## State and Local Elections

**For Tuesday, July 14, 2020**

For Vinalhaven, in-person voting will take place on July 14 at the Town Office, 19 Washington School Road. This location will be open from 8am until 8pm.

### **Voters may cast an absentee ballot instead of voting in person.**

To minimize interaction with others during this public health pandemic (COVID-19), some voters may prefer voting by absentee ballot. Casting an absentee ballot is convenient and secure.

**Absentee ballots may be requested in writing, by phone, online, or in person up to and including the day of the election,** without specifying a reason.

However, if you are asking to receive your ballot by mail, please request it early enough to allow for postal mail delivery time—both to receive it and return it (2-5 days each way).

You can request an absentee ballot by calling your Municipal Clerk's office at **207-863-4343**

You can request an absentee ballot online or by mail from the Secretary of State's website:

**[www1.maine.gov/cgi-bin/online/AbsenteeBallot/online-form.pl](http://www1.maine.gov/cgi-bin/online/AbsenteeBallot/online-form.pl)**

**Absentee ballot requests are being accepted right now.** Printed ballots will be available by mid-June, and we will issue your ballot as soon as possible after that date.

**Ballots must be returned to the municipal clerk no later than 8pm on Election Day.**

For additional information go to: **[www.maine.gov/sos/cec/elec/voter-info/absenteeguide.html](http://www.maine.gov/sos/cec/elec/voter-info/absenteeguide.html)**

# VINALHAVEN COMMUNITY GUIDELINES\*

**“Reopening is not the same as returning to normal.”**

Everyday we make choices about what we can and cannot do, should and shouldn't do. **Bottom line: WE ARE STILL IN A PANDEMIC.** We must all do our part to put our safety, our family's safety, and the safety of our community first. Do not take unnecessary risks, and be respectful of others by following actions that are legally required and those that are recommended.

**Thank you for doing your part by abiding by the following guidelines.**

## Safety Protocols

**Stay home** if you are exhibiting symptoms of COVID-19 or if you are in quarantine. Limit any unnecessary travel.

**Maintain physical distance** by keeping at least 6 feet away from others unless you are living in the same household.

**Do not gather in groups** of more than the permitted number according to current guidelines.

**Wear a face covering** when in public, including places of business, downtown, on the ferry, and all areas where keeping at least 6 feet away from others is not possible.

**Comply with CDC guidelines.** Do not touch surfaces unnecessarily. Wash/sanitize hands often.

**Comply with all guidelines for individual businesses.**

**Stay safe. Keep others safe. Be kind.**

## Testing

At this time, ICMS is only able to provide testing for those that meet the CDC and lab guidelines. Under the Keep ME Healthy Plan, Maine is **strongly urging visitors** to “Know Before You Go” and to **be tested and receive results in their home state** before traveling to Maine, which will allow them to take appropriate action depending on the result. Websites like **Get Tested COVID-19** show local testing options nationwide.

## Quarantine

Beginning June 26, there will be two options for visitors from other states: **1) getting a recent negative COVID-19 test;** or **2) quarantining for 14-days** upon arrival.

Visitors from NH and VT are exempt from these requirements effective immediately.

**People staying in rental lodging** who are not ME, NH, or VT residents **must sign a Certificate of Compliance** indicating

either that they have received a **negative COVID-19 test** result, that they will **quarantine for 14 days**, or that they have **already completed their quarantine in Maine. Certificates of Compliance** are available upon registering with your rental lodging.

If a ME resident visits NH or VT, they are not required to quarantine upon returning to ME, effective immediately. However, if they visit elsewhere, they must quarantine for 14 days or use a negative test as an alternative.

Seasonal homeowners, workers traveling to the island, and other visitors may also use a recent negative COVID-19 test as an alternative to the required 14-day quarantine in Maine effective immediately.

The Town asks that **anyone travelling to the island from out-of-state** who will not be staying in rental lodging **complete a Certificate of Compliance** available on the Town's website. Prior to or upon arrival, return the completed certificate to the Emergency Operations Center via email, fax, or by using the online form.

**If you are coming to the island from ANY AREA with community spread, it is RECOMMENDED you quarantine for 14 days.**

The Public Health Team recognizes the **14-day quarantine is a proven public health strategy to mitigate the spread of the virus.** Therefore, for the safety of the community, they **strongly encourage** those traveling from “hot spots” and areas of community transmission located out-of-state and within Maine to **quarantine for 14 days** upon arrival.

## When in Quarantine...

**Stay in your house or on your property** during the length of your quarantine. Do not go out to shop, to hike public trails, to meet someone at the ferry, etc. Contact businesses on-island

to **arrange to have items delivered** (groceries, medications, toiletries, etc.).

## Monitor for symptoms.

If you have a fever, cough, or other symptoms, you might have COVID-19. Most people have a mild illness and are able to recover at home, but you should **call your medical provider** immediately and keep track of your symptoms, especially if you think you may have been exposed to COVID-19. Your medical provider will advise you on what to do next.

If you experience **emergency symptoms**—trouble breathing, persistent pain or pressure in the chest, confusion or inability to arouse, bluish lips or face—**call 911** and let dispatch know you may have COVID-19. Emergency personnel will assist you.

**Contact local businesses to get supplies while in quarantine or if you need to stay isolated.**

**Support the local economy!** Shop on-island. Contact businesses directly to **arrange for delivery of goods.** The Town's website has a list of businesses offering essential services, as well as links to the Vinalhaven Chamber of Commerce website and the Vinalhaven phone book, which both list business contacts.

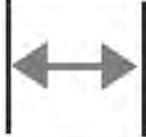
For on-island goods, ICMS offers **free delivery** to anyone in need of supplies. Contact **Vinalhaven Taxi (207-720-0056)** or the business you are shopping with to request delivery.

For mainland deliveries, **Bunkers (207-863-4828)** and Penobscot Island Air (**PIA (207-596-7500)**) offer various pick up and delivery options. In addition, Phil Crossman and his brother Dick provide mainland deliveries to the island (**207-863-4917**).

*For up-to-date Vinalhaven Covid-19 Information, Certificates of Compliance, and Business contact information go to **www.townofvinalhaven.org** and click on COVID-19. Questions? Comments? Call 207-863-2168*

# COVID-19: REDUCE YOUR RISK

The more low-risk choices you make, the more protection you have from getting or spreading COVID-19.

		SAFEST ————— RISKIEST			
<b>Face Covering</b>		Everyone is wearing a mask or face covering	Most wearing masks	Some wearing masks	None wearing masks
<b>Social Distance</b>		Not engaging in any activity in person; virtual only	Staying 6 feet or more from others	Staying under 6 feet from others	Standing face to face, hugging, shaking hands
<b>Droplet Spread</b>		Breathing normally	Speaking or breathing heavily	Shouting, yelling or singing	Coughing or sneezing
<b>Location</b>		Outdoors in an open space	Staying under a shelter (gazebo, covered porch) outdoors	Large, indoor rooms with good air flow	Small, indoor rooms with poor air flow
<b>Food</b>		Only bringing and touching your own food	Serving pre-portioned food, using good hand hygiene	Family style, but using your own serving utensils	Sharing plates, utensils, and cups
<b>Groups</b>		Only household members	Small groups (two households, under 10 people)	Large groups over 10 people	Large gatherings with people from different geographic areas

**EXAMPLES**

SAFEST ————— SAFER, SOME RISK ————— RISKIEST



Staying home with only people you live with



Small outdoor gathering, keeping at least 6 feet apart



Singing with a large choir in a small room

**ALWAYS REMEMBER**



Washing hands well and often reduces risk in all situations. If you don't have soap and water, use a hand sanitizer that contains at least 60% alcohol.



Stay home if you're feeling any mild symptoms, except to get medical care.

# Vehicle Registrations

Effective May 26th, 2020 per Governor Mills Executive Order 53-a FY 19-20

**ALL Vehicle Registrations need to be registered within 30 Days.**

**This includes ALL Motor Vehicles, ATV's, Watercraft, Snowmobiles and Trailers**

Please call **863-4471** or **863-4343** for amounts due.

## How to Register a Vehicle

### **Re-registering a vehicle previously registered in Vinalhaven**

Provide **current proof of insurance** on the vehicle (not past or future cards—it has to be effective on the date of registration), and **current mileage** of the vehicle. Please call for amount due.



### **Re-registering a vehicle that has been registered in Maine, but never registered in Vinalhaven:**

Provide a **copy of the most recent registration, current proof of insurance** (as listed above) and **current mileage** of the vehicle. Please call for amount due.

### **Registering a new (or used) vehicle from a dealership:**

Provide **proof of insurance** (as listed above), **current mileage** of the vehicle, a **sales invoice** that shows sales tax was paid, and the **blue title application** are needed. Please call for amount due.

### **Registering a new (or used) vehicle from a private sale:**

Provide **current proof of insurance** (as listed above), **current mileage** of the vehicle, a **bill of sale**, and the **original title signed over to you** (if the vehicle is 1995 or newer). \*Please Note\* You CANNOT sell a vehicle that is 1995 or newer until you have received a title for it in YOUR NAME. You do not need to register the vehicle, but you do need to get the new title. Please call for amount due.

### **If you need to file a SR-22:**

Please call for amount due for Excise Tax only. Forms will need to be taken to a Maine Bureau of Motor Vehicle Branch Office to complete your registration and receive your stickers.

\*\*If you need to send proof of insurance, you can send via fax to 207-863-4393.

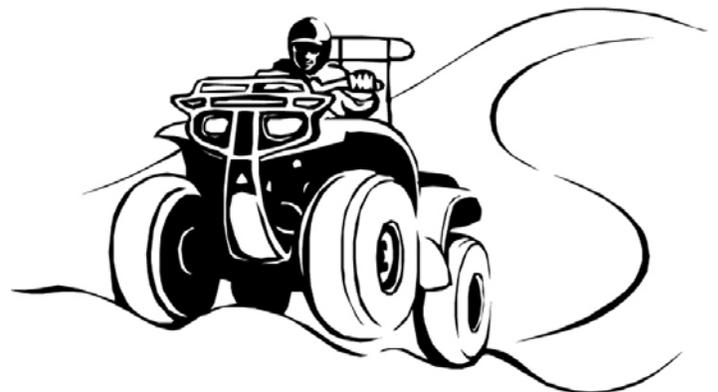
## How to Register Your Boat, Snowmobile or ATV

### **Re-registering a vehicle previously registered in Vinalhaven:**

Provide the **registration number** (5 letters/numbers) and **vehicle information** for boat, snowmobile or ATV you wish to re-register. Please call for amount due.

### **Registering a New Boat, Snowmobile or ATV:**

Provide **proof that sales tax was paid or bill of sale listing sales price**, hull or vehicle **serial number**, and **vehicle information** (horsepower, length of boat, make, and model). Please call for amount due.



## Vinalhaven School News, by Superintendent/Principal Tonya Arnold



### Open positions for 20-21:

- SE Teacher (1 year)
- 3<sup>rd</sup> Grade Teacher (1 year)
- Ed Tech 3 (90 college credits required for this certification) – Special Ed K-12
- Ed Tech 2 (60 college credits required for this certification) – Special Ed K-12
- Math Teacher (7-12 certification)

### Important Dates:

**June 23<sup>rd</sup>** – District School Budget Hearing was held via zoom at 6:00 pm

Opportunity to send written feedback to [tdavidson@vinalhavenschool.org](mailto:tdavidson@vinalhavenschool.org) by 6/30

Look for the full budget newspaper and the bifold budget brochure online on the school website and Facebook page as well as paper copies around town.

**July 14<sup>th</sup>** - **Budget Validation Referendum Vote and State Election Day** by absentee ballot or polls

Please support our students by voting yes in support of the school budget.

**July 15<sup>th</sup>** – Regular Board Meeting via zoom – contact Amanda for link

**August 19<sup>th</sup>** – Regular Board Meeting via zoom – contact Amanda for link

**Congratulations:** Please help us congratulate Monte Selby who has been appointed to full-time Principal beginning with the 20-21 school year. Monte comes with 7 years of building administrator experience and many more years as a project facilitator for best practices in education to unlock the potential in students. He is moving here with his wife from Cumberland, Maine after spending many years in Kansas. The new two day per week interim Superintendent beginning as of July 1 is Rick Lyons who spent decades as a Superintendent in Hampden in RSU 22.

Vinalhaven school also welcomes new teachers. A new 7-12 science teacher, Daniel Ganoza, is moving here with his wife from Divide, Colorado. Mr. Ganoza replaces Mr. Smith who is retiring again. A new 7-12 social studies teacher, James LePage, is also moving here from Cumberland, Maine. Mr. LePage is replacing Ms. Applegate who is taking a Dean of Students position on the mainland. These new additions are experienced teachers with training in project-based learning with proven experience engaging and inspiring young minds. This fall RJ Jones will be the new PE/Health teacher, replacing Mrs. Tuminski who retired. Many know RJ as local assistant coach, and now he obtained a conditional PE teacher certification based on his previous college experience at the University of Maine Presque Isle.

In addition, Randy Pitts will be a three-quarter time Technology Director supporting the school's technology needs full-time until January, then half time for the remainder of the 20-21 school year, prolonging his retirement process a bit further.

### Looking ahead:

Rick Lyons and Monte Selby will be facilitating the Collaborative Planning Team who will work on plans for what school will look like in the fall per the most recent CDC guidelines and Department of Education guidance. Surveys of parents and staff will likely be part of that work, so be on the look out for a quick turn around of those.

I wish you all well. I pray that you find the strength to focus on the positive during these trying times, and pull together as a caring community full of healthy role models working toward a vision that includes a bright future for the young hearts and minds of Vinalhaven School.

Farewell



The CDC has issued new protocols for outside visits at The Homestead.

Outdoor Visitation: Facilities may allow in-person visitation in a designated outdoor visitation space, provided the facility implements all of the following safety, care, and infection prevention and control measures. There must be no new COVID-19 cases that originated within the facility, including those involving residents or staff, within the last 14 days

Measures: • Visits Specifics:

- o Must take place in a designated outdoor space and are dependent upon permissible weather conditions, availability of outdoor space, and sufficient staffing at the facility to meet resident care needs, and the health and well-being of the resident.
- o Visitations must be scheduled in advance for all designated outdoor spaces
- o Facilities may limit the length of any visit, the days on which visits will be permitted, the hours during a day when visits will be permitted, and the number of times during a day or week a resident may be visited.
- o No meals/snacks are permitted during the visit as this would require the removal of the face mask/face covering.
- o Facilities will post signage or provide a handout for visitors on signs and symptoms associated with COVID-19.
- o Prior to the visit the facility will provide the visitor instructions and requirements for visitation and where to go upon arrival.
- o 6 feet of physical distance must be maintained during the visit.**
- o Residents must wear a cloth face covering. Visitors must wear a face covering or mask for the duration of the visit.**

Visitors: o Visitors must be limited to no more than two individuals per visit

- o The facility must screen the visitor for fever or respiratory symptoms. Any individuals with symptoms of COVID-19 infection will not be permitted to visit.
- o Hand hygiene will be performed before and after the visit.
- o All visitors must remain at least 6 feet from the resident and any attending staff member(s) at all times during the visit.
- o Children must be supervised at all times, maintain social distancing, and wear a face covering when age appropriate
- Staff: o A staff member(s) trained in patient safety and infection prevention and control measures must be present to monitor the outdoor designated space(s).
- o Monitoring of visitation is required. Facility should assess the number of staff necessary to ensure appropriate masking and social distancing are followed.**
- o Staff must wear a surgical face mask.**



Islands Community  
Medical Services

*Our Medical Center*

## UPDATE ON DENTAL SERVICES:

Starting May 20<sup>th</sup> , in accordance with the recommendations of the Maine CDC, ICMS Dental will begin to phase in routine and preventative dental care. Our dental hygiene visits will resume after June 1<sup>st</sup>. Office staff will contact you to reschedule appointments that were postponed during this pandemic. To protect our patients and staff, ICMS Dental is instituting new protocols to ensure that treatment is completed safely. Please be patient and allow extra time for your visit; staff will go into detail when your appointment is scheduled. If you were not previously scheduled and need a dental appointment please contact Brooke, our Dental Office Manager at (207) 863-2533 so she can setup an appointment for you. Again, thank you for your patience through this pandemic and in the future as we assist you in meeting your dental health needs.

## Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

1. Download the wind to your computer/device
2. Create an email message addressed to your Kindle account
3. Subject of the email is the word "Convert"
4. Attach the wind PDF to the email body (no other text)
5. Send email
6. After a short while open your Kindle app and synchronize - the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' - copy/paste that address and you're all set.

## Vinalhaven Community Outreach

**We need your help and we're here to help you**

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

**Donations may be mailed to VCO, PO Box 15, Vinalhaven.**

Please mark Covid-19 in the memo

**If you need help**, and fit our criteria, please contact us by **email**

[vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)

Thank you.

We are a 501 (c) 3 organization

Those who are happiest are those who do the most for others.

*-Booker T. Washington*

Indoor Cycling is Zoom'ing!  
Contact Karen at  
[kal@cs.wpi.edu](mailto:kal@cs.wpi.edu) for more info

## COVID-19 FINANCIAL HELP

### **Unemployment Benefit for Self-employed People**

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply. [www.maine.gov/unemployment](http://www.maine.gov/unemployment)

### **General Assistance (GA)**

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, Town Manager, **207-863-2042** [townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

### **Vinalhaven Community Outreach (VCO)**

VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact [vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)



Islands Community  
Medical Services

*Our Medical Center*

## **WE ARE HERE TO HELP**

The economy presents many challenges to us these days.  
One of them shouldn't be your health care.

**ICMS has many programs available to help with your medical  
and dental care costs.**

1. We offer a **sliding fee scale** for those who qualify based on income. The sliding scale offers discounts on medical, behavioral health, physical therapy and dental care.
2. We have a **pharmacy program** with Kennebec Pharmacy which offers discounted prescriptions for those without prescription coverage. Savings can be significant.
3. We can also assist patients without drug coverage in applying for **free medications or discount cards**. Some manufacturers also offer a free 30-day trial even if you do have drug coverage.
4. We can also help you with **applications for Mainecare** or other federal programs. In addition, Pen Bay Medical Center has a **program to help with medical bills**.

Please reach out to **Leslie Dyer** at [lesliedyer@icmsvh.org](mailto:lesliedyer@icmsvh.org) or 207-863-4341, ext 1114 or **Carter Stanley** at 207-863-4348 or [ecstanley@icmsvh.org](mailto:ecstanley@icmsvh.org) for more information or with any questions.



### Calling all Artists

We are looking for people to paint Pot buoys and/or small furniture

To Auction off at a later time.

**Please contact Kachina at 863-2109**



### **Vinalhaven Eldercare Services**

Carver's Harbor Market has been extremely helpful during all of this stay at home period. As you know Vinalhaven Eldercare Services is not going to be able to do our large fund-raising events this summer. **Carvers Harbor Market has graciously agreed to let Vinalhaven Eldercare Services have the round up this summer.**

I am asking that those of you who do curb side pickup when you place your order to ask them to round up for VES or add a small amount to your order to help support us and if you go to the store shopping that you please ask the cashier to round up for us.

This is going to be a very different summer for us, and we really need your support. ***Thank you for your help keeping our Homestead and all of our programs going.***

### **Vinalhaven Eldercare Services NEEDS YOUR HELP**

During this critical time, VES is grateful to have a dedicated staff of caregivers who are going above and beyond and making personal sacrifices to ensure that the residents of the Calderwood Homestead remain healthy and safe during these scary times. We need each one of them to ensure adequate staffing at the Homestead.

However, there is currently one staff member who needs temporary housing on the island to continue working at the Homestead.

If you or anyone you know might have housing available for a few months over the summer, please let Linda Lynch know at

**863-9343.**

Thanks for your help.



**4<sup>TH</sup> OF JULY**

**LOBSTER DINNERS COOKED AND DELIVERED**

**Mark your calendars!**

**VINALHAVEN ELDERCARE SERVICES WITH THE HELP FROM THE LIONS CLUB will be selling twin Lobster Dinners ON THE 4<sup>TH</sup> OF JULY**

**Lobster Dinner will include**

**2 Lobsters,**

**Mussels**

**Corn on the cob**

**Pre ordered pick up \$20**

**Pre ordered delivered \$25**

**For information or to place an order call Kachina at 863-2109**



## Write to Friends

*We are sure these folks would love to hear from islanders /friends during the coronavirus pandemic*

Jaquelyn Ames  
c/o Goodwill-Kendall  
Lane House  
Freeport, Maine 04032

Lucy Wadsworth  
30 Community Drive  
Camden, Maine 04843

Joan Mitchell  
Assisted Living Floor  
Quarry Hill  
Camden, Maine 04843

Carlene Michael  
Boardman Cottage  
Islesboro, Maine 04848

Charles M. Miller  
1725 Honore Avenue  
Sarasota, FL 34232

Gladys Walls  
(new address)  
PO Box 702  
Newcastle, Maine 04553

Herb Conway  
Nans Case  
Barb Davis  
Priscilla Rosen  
Leonard "Buddy" Skoog  
Pat Nick  
Virginia Olney  
Marguerite Mills  
Calderwood Homestead  
18 Beaver Dam Road  
Vinalhaven, Maine 04863

Ora "Buddy" Warren  
Harbor Hill Center  
2 Footbridge Road  
Cape Rosier Unit Rm. 3  
Belfast, Maine 04915

Ann Anthony  
Caroline Morton  
Dottie Knowlton  
Bruce Kelwick  
Windward Gardens  
105 Mechanic Street  
Camden, Maine 04843

Rosemary Anthony  
7 North Shore Drive  
Owls Head, Maine 04854

## My Life / My Choice

Just when I thought I was done  
with fighting myself over small stuff  
thought I could give up the homework  
the self-work, any work at all  
because age has privilege  
doesn't it? there comes this  
massive plot twist!, this covert Covid!  
this curl your toes, howling in the wind  
kind of thing taking the elusive shape  
of all my nightmares combined  
this crawling creeping slimy  
boogey-man in the closet  
long nails rattling, under the bed  
sort of thing that scares the crap  
out of grown men and women  
and isolates us all till we've turned  
into screaming mimi's  
So I'm asking new questions now  
and that just may be the point of it all!

Like: If none of life is an accident  
do we create it? If so, is that  
because we need it  
to hold a mirror to ourselves?

Are we really all one?  
Then why do we still  
fight each other to death  
over stuff or pride?

Can we all please step back  
a moment, breathe and look  
really look at how we treat  
each other every single day  
how I treat myself?

Do I think I can conquer  
my problems when I  
can't control my own mind?  
Do I know who this me is?

Problems will be here forever  
I won't  
Do I want to spend my life

in battle after battle, war after war  
like some mad-mind-Machiavellian  
stuck on sweets till toothless  
still raving for more and blaming  
the sugar cane for its sweetness?  
Or rather see the problems  
for what they are: mishaps in  
a different clown suit daily  
arriving upon my waking  
walking me thru another beautiful  
god-given day if they'd just  
shut up for a minute

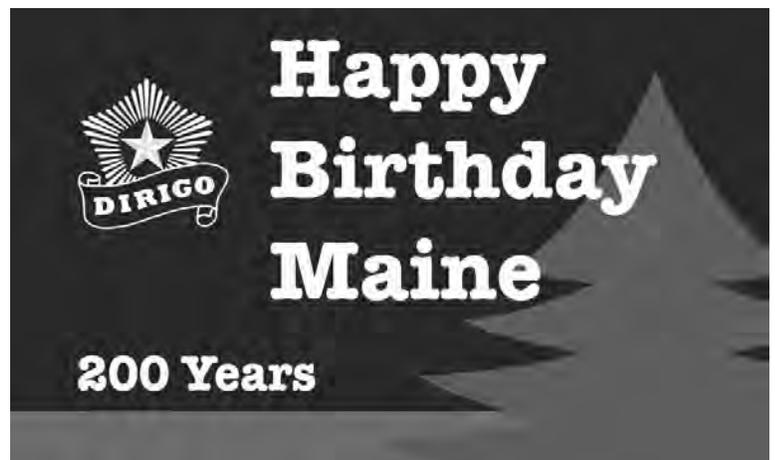
Can I just get on with it?  
the business of enjoying  
my life and the beauty I am?  
I'm tired of the pain  
my own and others  
I want to always laugh out loud  
live this moment in all its  
boundless spontaneity  
and love, yes! I want to love  
to unlock the kindness  
in my heart and feel it before  
I give it away  
to know that what I'm looking for  
is looking for me  
just the other side of this closed  
door I created to keep me safe

Will I work for that feeling? Maybe  
Thank God I have help!  
We are so lucky!  
and It has always been as  
simple as — my effort equals  
my ease  
like asking for it and it arrives  
fed-exed to my soul and  
stamped in smiles  
This time is a very special time  
never have so many helped so many  
see who we are and how to be.  
Paddy Noble

Maine is a  
beautiful  
place that I  
paradoxically  
want to hoard to  
myself and share  
with everyone I  
meet.

—John Hodgman

from  
*Vacationland:  
True Stories from  
Painful Beaches*




  
**GO FISH**
  
**JUNE HOURS**
  
 11:00 AM – 5:00 PM
   
 MONDAY – SATURDAY
   
 CLOSED SUNDAYS

WE CAN'T WAIT TO SEE YOU!
   
 HERE ARE OUR GUIDELINES
   
 TO FOLLOW TO KEEP US ALL
   
 HEALTHY AND AT EASE:

- \*2 CUSTOMERS AT A TIME IN THE STORE OR IN YOUR SMALL FAMILY GROUP
- \*WE THANK YOU FOR WEARING A FACE COVERING DURING YOUR ENTIRE VISIT
- \*WE ASK YOU TO PLEASE USE THE HAND SANITIZER PROVIDED AT THE ENTRANCE SO THAT YOU CAN TOUCH THE MERCHANDISE FREELY.

SADLY THE CANDY COUNTER WILL ONLY BE AVAILABLE ONLINE SO PLEASE PLACE YOUR ORDER BEFORE YOU MAKE THE TRIP IN!

→ [gofishvh.square.site](http://gofishvh.square.site) ←

MORE AND MORE ITEMS BEING ADDED TO THE SITE DAILY WITH CURBSIDE AND SHIPPING OPTIONS BOTH AVAILABLE.

BE KIND, PATIENT AND THOUGHTFUL, WE ARE ALL IN THIS TOGETHER!

[WWW.GOFISHVH.COM](http://WWW.GOFISHVH.COM)
  
[MRSCOFISH@GMAIL.COM](mailto:MRSCOFISH@GMAIL.COM)
  
 (207) 863-4193


  
 Happy **FOURTH OF** July!

🎵 Maybe there'll be fireworks  
 Sorry, the parade won't work  
 But you can decorate your porch  
 With colors, flags, a tiki torch...

VH you're a firework  
 Come on let your colors burst  
 Make'em go "Oh, oh, oh!"  
 And the judges say  
 "Waoh, waoh, waoh" 🎵

We are bummed that we can't have the traditional Vinalhaven 4<sup>th</sup> of July, but we can't let covid 19 ruin the Vinalhaven 4<sup>th</sup> of July like it has so many other things this year. The 4<sup>th</sup> of July committee would like to encourage everyone in Vinalhaven to join the contest and decorate their home or business. Be as creative and patriotic as you can! Judging will be done by volunteers on the 4<sup>th</sup> and prizes will be awarded on the 5<sup>th</sup>. There will be 4 categories judged. They are: Most Patriotic, Most Creative, Most Extravagant, and Judges Choice. Judging will be done during the day and after dark, so if you have red, white and blue lights we want to see them. To register please call Sarah @ 863-9968, so we know to tell the judges where to go. We do not want to leave anyone out!

**SCHOOL LIBRARY BOOK SWAP**

During this time of remote learning one of the things **missing** from many of our students' lives is **access to books** -- actual hands-on, physical books. In non-Covid times, the school library has annually held the very popular book swap where students bring books in and swap them with books donated by other students. All students get at least one book, regardless if they are unable to bring any in.

I am working on making the book swap happen, with a safe twist especially for these pandemic times!

**Students, parents, and other community members**, if you have books you no longer want or need at your home please consider donating them to our book swap. Of greatest need are children's books, but others are welcome as well.

**For any of you who have books to donate**, I will be leaving a box or milk crate on the bench outside the school entrance, marked Book Swap Donations each school day morning until noon for the remainder of May. For your safety, please place your books in the box without touching any other books that may already be inside. All items collected will then be quarantined until the swap.

I'm planning for the book swap to take place before the middle of June.

Thanks in advance for your help!

Susie Warren Pitts  
 School Librarian

**Cleaning Services**
  
 Both house and/or yard!
   
 We are experienced cleaners available to start anytime - willing to wear masks and gloves.
   
 Contact info:
   
 Amber Shane: (207) 863-4455
   
 Ashlyn Littlefield: (207) 863-4552

**Gardening Help Wanted**
  
*Island Groundworks, LLC*
  
**Contact: Kristel Moore**
  
**207-863-4868**


  
**Field mowing and other light duty tractor work.**
  
**Call Tim 863-4672**



Vinalhaven Cleaning Services, LLC  
We don't cut corners, we clean them!  
207.863.2073

Vinalhaven Cleaning Services is open for  
business!

At this time, we have decided that we do not feel comfortable flipping weekly rentals until things move in a different direction. We WILL, however, open houses for those coming to the island who plan on staying for the summer or for more than the 14-day quarantine. We will be more than happy to come back & clean for you again once you have satisfied the quarantine requirement. We will also be more than happy to clean for any local island residents and/or businesses. We are fully insured and can provide proof of insurance as requested.

We have all of our own cleaning supplies and equipment, facial coverings, gloves, foot coverings, ozone generators (more info on those as requested), etc and look forward to talking to each of you on your personal needs & requirements for your home or business!

Please be patient with us as we work out the kinks with our new venture in this new world we are navigating thru! We hope to be able to provide a wonderful service to everyone & to the community.

Angelina Turner & Maggie Beckman 😊

Email contact:

[angelina@vinalhavencleaningservices.com](mailto:angelina@vinalhavencleaningservices.com)

*Disclaimer: we reserve the right to accept or deny any business & your safety & ours is our top priority!!*

## Vinalhaven Historical Society

Open for the Season  
**NEW HOURS**

**Monday-Thursday, 9-3:30**

Other times by appointment. Email  
vhhissoc@myfairpoint.net or call  
863-4410

Masks are required while inside the  
building. Please limit groups to 5.

### Historical Notes

September 23 1920

Vinalhaven High School opened with a registration of 63 pupils. Interior improvements to ceilings and walls are much appreciated by the pupils. The School wishes to thank the Alumni Association for the new piano which they presented to V. H. S.

The pennant won by last spring's team looks good in the assembly room. Carroll Burns has been elected captain and Virgil Smith manager of the 1921 baseball team. Capt. Burns thinks the squad looks good for developing another pennant-winning team.

It may be interesting to know what the graduates of 1920 are doing:

Leroy Ames, University of Maine;

Doris Fifield, Wheaton College;

Annie Osier, teaching at home;

Albra Oakes, teaching at home;

Lester Mullen, employed by J. Leopold & Co.;

Sawyn Pierce, employed by E. G. Carver;

Lillian Ross, employed by H. Y Carver & Son;

Gladys Simmons, at home;

Leah Seliger at home;

Maurice Bickford, employed at F. F. Ames.

Looking for  
babysitting jobs

**Call Ava 867-5600**



**Does your Organization or  
Business need Hand Sanitizer?**

**ICMS can help!**

**Email Dinah at [dmoyer@icmsvh.org](mailto:dmoyer@icmsvh.org)**

# WINDHORSE ARTS

Be the first to see my new summer colors and designs ~ sign up for my email list and get **20% off** your first order!

Call 207/449-6285

Email [alisonhibault@gmail.com](mailto:alisonhibault@gmail.com)

Visit [www.WindHorseArts.com](http://www.WindHorseArts.com)

Like WindHorse Arts on Facebook

Follow @alisonhibault on Instagram

Write PO Box 45 Vinalhaven, ME 04863



Your home is your sanctuary. Heat Pumps clean and filter the air in your home while giving you energy efficient heating & cooling.

We are practicing social distancing & offering remote estimates

Call or e-mail to learn more

[lunarockvh@gmail.com](mailto:lunarockvh@gmail.com)

207 863 5048

## Trivia Answers

1. Isaac Newton
2. Duck Tape
3. J.k. Rowling (Harry Potter Series)

## Challenge Answer

New Delhi, Mumbai, Tehran

## Maine Trivia

Bowdoin College



## Window Cleaning Services

Call

Ashlyn: (207) 863-4552

Terry: (207) 863-8007

Amber: (207) 863-4455



# BOTTLE BRIGADE CONTINUES WITH YOUR HELP, THANKS!



It is working! Following CDC guidelines, we are collecting returnable bottles and cans in the town parking lot

(not yet at the dump) to benefit Vinalhaven Eldercare Services.

Please deposit clean returnables (no milk jugs) in the totes or bring bags of mixed returnables to the bin on the right.

Please do not deliver directly to the Homestead as we need to keep items "quarantined" for three days before sorting on Sundays and Wednesdays.

For more information, contact Bill Alcorn 863-2246 or Peter Richards 863-5055



Islands Community  
Medical Services

*Our Medical Center*

**Medical Center Information**

[www.icmsvh.org](http://www.icmsvh.org)

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

**Hours of Operation**

**Medical Services**

**Mon, Wed, Fri: 8:00 am – 12 noon,  
1 pm – 5 pm**

**Tues: 1 pm – 5 pm**

**Thurs: 8:00 am – 12 noon**

**Closed Tues. AM and Thurs. PM**

**Dental Services**

Dentist: June 24, 25

Hygienist: June 22, 25, 26, 29

Office:

**Physical Therapy**

To schedule an appointment,  
please call 863-4341

**Counseling**

**Dan Keniston, LCSW**

**Jeff Wilber, LCSW**

To schedule an appointment,  
Please call 863-9959

**Osteopathic Manipulative Treatment &**

**Acupuncture**

To schedule an appointment, please call  
863-4341.

Stuart Damon, DO June 26

**Women's Health**

To schedule an appointment,  
please call 863-4341.

Cathy Colman, ANP: July 17

**To reach the provider on call dial 863-4341  
and your call will be forwarded to the  
answering services. They will take your call  
and page the provider on call for you.**

**Like us on Facebook**

ICMS receives HHS funding & has federal PHS  
deemed status with respect to certain health or  
health-related claims, including medical malpractice  
claims, for itself and covered individuals.  
ICMS is a 501(c) 3 and contributions to ICMS are tax  
exempt. This health center is a Health Center  
Program grantee under 42 USC 254b, and a  
deemed Public Health Service employee under 42  
USC 233(g)-(n).



Islands Community  
Medical Services

*Our Medical Center*

**Stressed out by COVID and the recent  
tragedy in town? Don't know who to turn to?**

Remember, the Medical Center is here for you with trained  
therapists available to help you through difficult times.

You can reach **Dan Keniston, LCSW** at **207-837-4057**  
or **Jeff Wilber, LCSW** at **207-449-9448**

We have appointments available by telemedicine through  
Zoom. We are offering a **free visit** for anyone who is struggling  
during these challenging times. You can call Dan or Jeff directly.

If you have any questions or concerns, please contact Dinah  
Moyer at **dmoyer@icmsvh.org** or **207-863-4109**.

Hope is being able to see  
that there is light  
despite all of the darkness.

*–Desmond Tutu*



***Get the Help You Need***

**ICMS** offers behavioral health services. Contact **Dan Keniston,**  
LCSW at **207-837-4057** or **Jeff Wilber, LCSW** at **207-449-9448**

**Maine Statewide Crisis Hotline 24/7** for immediate crisis-  
oriented help **1-888-568-1112**

**Maine Warm Line 24/7** for connecting with someone if you need  
mental and emotional support **1-866-771-9276**

Online Anonymous Peer Recovery Programs:

**Narcotics Anonymous – [namaine.org](http://namaine.org)**

**Alcoholics Anonymous – [csoaamaine.org](http://csoaamaine.org)**

**Nar-Anon – [nar-anon.org](http://nar-anon.org)**

**Al-Anon – [maineafg.org](http://maineafg.org)**



# Fairy Houses

Looking for something to do outside during these times of social distancing? You can ALWAYS build a fairy house on the Story Trail at VLT's Granite Island Preserve! You'll make the fairies so happy!

## Fairy House building reminders:

- Think about a day-in-the-life of a fairy. What special things do fairies need in their homes to be comfortable?
- Find material on the forest floor to build your fairy houses: sticks, rocks, birch bark, berries, leaves, etc.
- Remember that fairies wouldn't want to see you picking living plants or moss for building materials, there's plenty of stuff to use already on the ground.
- Island Fairies will be so grateful that you thought of them:)

My attachment to the state is that of a barnacle to a ledge, the pull of the moon to the earth. Maine, because of its singular and profound beauty, is a place of worship without walls. I love it so.

—May Davidson, from *Whatever It Takes*

**RE/MAX** THE ISLAND GROUP  
Jaret & Cohn  
real estate  
32 WEST MAIN STREET  
VINALHAVEN, ME 04863

**\$525,000.**



### **CONTEMPORARY CAPE ON 7 ACRES**

Well maintained 20 year old 3 bedroom home with 2 car garage, full basement. Near Town, but very private. Easy walk to swimming quarry. Expansive views out over the Island.

**\$525,000.**

**ASHLEY DAVIS-OAKES 207-213-3788**

**WANDA DAVIS-OAKES 207- 401-8655**

**RE/MAX** THE ISLAND GROUP  
Jaret & Cohn  
real estate  
WESLEY REED 207-863-2554  
Serving the Islands for 30 years



**ESTABLISHED BUILDING LOT ON THE NORTH HAVEN ROAD. MOSTLY OPEN AND GRASSY, BUT A FEW TREES OIN THE BACK. SEPTIC DESIGNED FOR 4 BEDROOM HOME OR 2 TWO BEDROOM HOUSES. OLD LILACS.**

**\$39,000.**

wreed@jaretcohn.com  
32 WEST MAIN STREET, VINALHAVEN



**ISLAND TICKS**  
pest control

Organic Sprays for Ticks and Mosquitoes.

Also treatments for:  
Ants  
Spiders  
Wasps  
Mice and More

"If you have a pest...we have a Solution!"  
Charlie and Erica Simpson

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TERMINAL LANE, OWLS HEAD, ME 04854  
(207) 596-7500 • [WWW.PENOBSCOTISLANDAIR.NET](http://WWW.PENOBSCOTISLANDAIR.NET)



**FOR SALE: Double Sea Kayak**

22' fast, stable, ocean kayak, w/3 cargo holds and rudder; includes 2 paddles w/leashes, 2 skirts & a bilge pump. Perfect for local day tripping or extended island hopping along the coast. This is a sister ship to the one that supported the Gulf of Maine Expedition, May to September, 2002; from Provincetown, MA to Cape Sable Island, Nova Scotia...by kayak. So, no problems going anywhere. \$1,600 complete, or \$1,300 w/o gear. Larry McIntosh, (207) 703-6668 or [Lmacyak@gmail.com](mailto:Lmacyak@gmail.com)

The greatness of a community is most accurately measured by the compassionate actions of its members.

—Coretta Scott King

**FOX ISLAND DIVING**

37 Years, Still Kicking!  
Not Retiring Yet!  
Wheel cleanings  
Mooring inspections and cleanings  
863-4837  
or text 542-1992

**1999 Pursuit for Sale**



\$29,500. Gorgeous boat!!! Very good condition. 28+'. Runs and looks great. Garmin GPS, radar, depth finder. With aluminum bunk trailer. Reupholstered cushions. Ready for summer fun and fishing! Call Drew 860-490-3001 or [Dkeir@cox.net](mailto:Dkeir@cox.net).

**Cleaning Services Available**

Experience cleaning both business and residential  
Access to AWD vehicle  
Scheduled cleaning available  
Please email at:

[Sarina.Alley@gmail.com](mailto:Sarina.Alley@gmail.com)  
Or call 863-2287 ask for Sarina for more information

**"Retired Property Manager"**

Frank W. Demmons  
863-4364

Handy-man work, Hard-scape & Landscape, Mechanic; small engine & heavy equipment. Mudding & painting (inside only), Professional tiling (any design you want)

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All material & Labor with no extras.

Noah Hall VH: 863-5024 Cell: 299-8633

[Hall357@gmail.com](mailto:Hall357@gmail.com)



## Great news!

The VH Chamber of Commerce has installed a new bulletin board in the grassy area in front of the post office where the previous board stood for twenty years. As before, all are invited to make use of it.

The three doors are operated with a key.

*Please return to the locked position  
after opening and closing.*

Please be respectful of other notices and avoid posting anything that might be viewed as offensive.

The Chamber will monitor it for current and appropriate content and will remove anything that is deemed inappropriate.

## Thank you!

# Vinalhaven Taxi

## (207) 720-0056

**Free Deliveries of Essentials  
paid for by ICMS!**

Ferry/Airstrip Connections  
Here and There  
on Vinalhaven  
By Reservation or by Chance

***Jeanne Bineau-Ames***

## Rustic Cabin 20 Feet from Sea

Glam camping with hot water and equipped kitchen. Easy launch for canoe or kayak. Sleeps 4. Very private. \$650 per week.

**CandGRE@yahoo.com**

**(212)427-7654**



SALE PENDING



SALE PENDING



IN TOWN \$199,000



HISTORIC FARMHOUSE  
\$249,500



WOODED LOTS  
\$22-\$35,000



OCEANFRONT LAND  
\$169,500



*Have you been  
waiting to sell your  
home or property?*

**WE HAVE  
BUYERS!**

Contact us today or visit  
at our downtown  
location. 28 Main St.

207 863 5151

[www.vinalhavenrealty.com](http://www.vinalhavenrealty.com)

I would  
rather  
feel bad  
in Maine  
than feel  
good  
anywhere  
else.  
-E.B.  
White

# HOW-TO GUIDE for Food Scrap



# COMPOSTING

Vinalhaven Community Compost at the Transfer Station



**Yes ✓**

## FOOD SCRAPS

vegetables, fruit, peels, grains, coffee grounds  
eggshells, fish, spoiled and leftover foods

## UNCOATED FOOD PAPERS

tea bags, coffee filters, soiled napkins



**No ✗**

## MEAT, BONES, DAIRY

no meats and dairy, no large quantities of oil

## COMPOSTABLE “PLASTICS”

no bags/pail liners, no cups, no cutlery

## PRODUCE STICKERS

remove produce stickers

---

### How VH Community Compost Works

1. Collect food scraps at home and at work
2. Dump food scraps into the collection bin at the Transfer Station
3. We mix all the food scraps into an active manure pile
4. The pile cures until it becomes nutrient-rich compost
5. Our community uses the compost to enrich garden soils

FMI about VH Community Compost visit the **WasteWatchers** page at [www.townofvinalhaven.org](http://www.townofvinalhaven.org)



**Representing Buyers and Sellers on the Fox Islands**

207.863.2200 ~ [info@davidson-realty.com](mailto:info@davidson-realty.com)

Kris Davidson, Broker ~ Lisa Shields, Associate Broker

[www.maineislandliving.com](http://www.maineislandliving.com)

**Invest in Your Future on Vinalhaven ~ We have something for everyone!**

Monthly payments are based on conventional 30-year mortgage with 20% down and 3.13% interest



**\$720/month**

**Village Home.** Circa 1880s 3 bedroom, 2 bath house on Pleasant St. 1600+ sq. ft. Well-maintained, many updates. Great location in the village! **\$210,000**



**\$2040/month.**  
**(Less with rental income!)**

**Roberts Harbor.** Well-maintained 4 bdrm waterfront home w/ 3 bdrm guest apartment. Buy alone or invest w/ another family. Great value! **\$595,000**



**\$1063/month.**  
**(Less with rental income!)**

**Spacious Log Home.** Many possibilities for this 6500 sq.ft. bldg. Currently main residence w/ 2 rentals. Updated, well-maintained. Good value! **\$310,000**



**\$2006/month**

**Hurricane Sound.** Custom-built home with wonderful ocean views & beach. Open concept design, lovely covered porch. 6+ acres, dock access. **\$585,000**



**\$2911/month**

**Leo's Lane.** Fabulous 5 bdrm, 3 bath 1890s home, w/ deeded harbor access. Excellent craftsmanship and impeccable details. Completely rebuilt. **\$849,000**



**\$2226/month**

**Kelwick Farm.** Historic farm with 18 acres and tastefully updated farmhouse. Originality intact. 3 fireplaces, 4 beds/2 baths. Sustainable living. **\$649,000**



**\$2040/month**

**Spectacular Views.** Year-round home w/ ocean access perched above Robert's Harbor. First fl ensuite master, 2 bdrms and bath on second fl. Garage. **\$625,000**



**\$1252/month**

**Ocean Views.** Enjoy views of Isle Au Haut Bay from this comfortable 3 bdrm, 2 bath home. 2 out bldgs, almost an acre of land. Near village, private. **\$365,000**

## How You Can Help donate to local service groups

### Community Lunchbox

Union Church, attn: Lunchbox  
PO Box 249  
Checks payable to Union Church  
Memo line: Lunchbox

### Meals on Wheels

Vinalhaven Eldercare Services  
attn: Meals on Wheels, PO Box 624 Checks payable to VES  
Memo Line: Meals on Wheels

### Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church  
attn: CVRF  
PO Box 465, Checks payable to Open Bible Baptist Church  
Memo line: CVRF

### Vinalhaven Community Outreach

PO Box 15, Checks payable to VCO, Memo line: Covid-19

### Vinalhaven Fuel Fund

Sue Radley, attn: Vinalhaven Fuel Fund  
14 Lawson's Quarry Rd, Checks payable to Vinalhaven Fuel Fund

### The Brown Door at the Union Church

Union Church, attn: Food Pantry  
PO Box 249  
Checks payable to Union Church, Memo line: Food Pantry

All addresses = Vinalhaven, ME 04863



**VINAL ENERGY**

**36 WEST MAIN ST PO BOX 803**

**(207) 613-7460**

**[vinalenergy@gmail.com](mailto:vinalenergy@gmail.com)**

**Fuel oil, Kerosene, Diesel & Propane  
Factory Authorized Toyotomi and  
Monitor service and sales**

***Fuel prices are low - think about  
pre-buying for next season!***



## GOOD FOOD. ISLAND GROWN.

This week's produce - radishes, cukes, kale, arugula, lettuce & more.  
Last call for seedlings!

Farm Hours: Tues, Thurs, Sat: 2:00-5:00 pm  
Follow CDC guidelines for masks, social distancing

  @ROBERTSHARBORFARM | RHFARMVH.COM | 207-863-4474

# COMPOST NOW!



@ Home or the Transfer Station  
FMI please contact Anna  
knitwitmaine@gmail.com or Gabe  
gabemcphail@gmail.com

### COMPOST REMINDERS:

Transfer Station Composting does not allow for the composting of certain items. *Please...*

- NO (SHELLFISH) SHELLS
- NO BONES, NO MEAT
- NO DAIRY, NO YARD WASTE
- NO COMPOSTABLE PRODUCTS
- NO PRODUCE STICKERS

*Thank You for Composting!*

RESTAURANT FOR RENT  
64 MAIN STREET (SALT)  
MASTERBAR@AOL.COM



### Peaceful Harbor Farm Nursery THIS WEEK! ALL ANNUALS 25% OFF

Tomatoes,  
Herbs including  
Lemon Grass and Mints  
Colorful  
Annual Flower Seedlings  
Lisianthus (Lizzies!), Alyssum,  
Margarites, Cannas, Bacopas,  
Lantana, Dahlias,  
Osteospermum,  
And Much More!

### Greenhouse Hours This Week:

WED, THUR, SAT noon-4pm  
SUNDAY 10:30AM-2PM

closed Mon-Tues-Friday

Dushane Road, just off  
the Pequot Road  
863-9381  
Support Local Economies

### Millstream Cottage



All seasons  
waterfront rental  
by day, week, or month

Two bedroom, two bath  
full kitchen and laundry  
Easy walk to ferry and all in-  
town activities  
Great bird watching!

Contact  
Phil Crossman  
207-592-1865  
philcrossman.vh@gmail.com



## Fox Islands APIARIES

Fox Islands Apiaries harvests  
their honey from hives right  
here on the islands!

### support local bees

foxislandsapiaries@gmail.com

available at: Carver's Harbor Market,  
Creelman Farm Store, Island Spirits, &  
North Haven Grocery



## Pleasant River Chapel

Sunday, June 21st

Join us for a virtual service at

8:50 AM

Horace Hunt, Speaker

If you would like to join in via internet or phone, contact Carol Thompson at 863-4110 or email [pleasandrivchapel@gmail.com](mailto:pleasandrivchapel@gmail.com) for log-on information

We are grateful to those who are taking care of so many.

For pastoral care call:

Rosanne Wallace 863-4846

Vannesa Henneke 863-4834

## AL-ANON MEETING CHANGE

**Until further notice,  
Al-Anon meetings will  
be held virtually.**

To join the meeting by internet OR phone, please email [vinalhavenalanon@gmail.com](mailto:vinalhavenalanon@gmail.com) or call 207-952-1817 Help is also available from Maine Al-Anon [maineafg.org](http://maineafg.org) and World Al-Anon [al-anon.org](http://al-anon.org)  
*We are here for you! Newcomers welcome!*

**Union Church**  
Partnering with the Maine  
Seacoast Mission and the  
United Church of Christ  
~ Welcomes You ~

**Union Church  
is temporarily NOT  
holding services at the  
church.**

**We will have audio  
services on our FB page.**

**If you need pastoral care,  
please continue to contact**

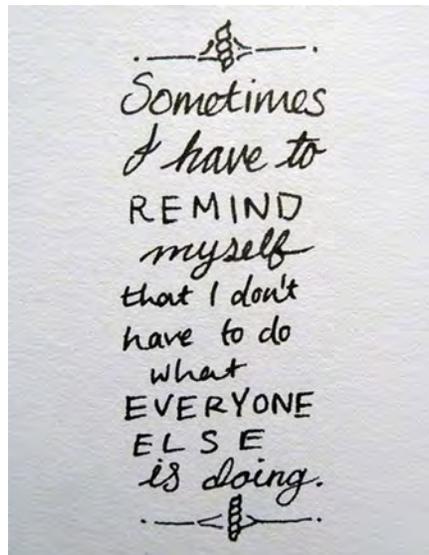
**John Potter**

**729-7024**

or

**Ruthie Philbrook**

**863-4507**



Our meetings have temporarily gone online, for URL and times please email

**VinalhavenAA@gmail.com**



**SUNDAY**

Worship Service Live Feed  
Streaming at 11:15 @ Open Bible Baptist  
live on Facebook

Open Bible Baptist Church Corona Virus Relief Fund (CVRF) will purchase and deliver food for anyone in need. Donations for the Corona Virus Relief Fund can be made out to Open Bible Baptist Church with CVRF in the memo line. All financial or item donations will go directly to help those in need.

FMI Contact Cathy 286-2550

Kate 409-2969 or Maggie 863-2185

**ALL ARE WELCOME!**

20 Fellowship Drive

863-9944

[www.obbc-vinalhaven.org](http://www.obbc-vinalhaven.org)



My Recovery must come first so that everything I love in life does not have to come last.

—Unknown

## Find Anonymous Peer Recovery Programs ONLINE

Portland Recovery Center  
[portlandrecovery.org](http://portlandrecovery.org)

Narcotics Anonymous  
[namaine.org](http://namaine.org)

Alcoholics Anonymous  
[csoamaine.org](http://csoamaine.org)

Nar-Anon  
[nar-anon.org](http://nar-anon.org)

Al-Anon  
[maineafg.org](http://maineafg.org)



## SECOND HAND PROSE REOPENING

For those of us who believe that books are ESSENTIAL, we're glad to finally reopen!

Let's all keep safe with the following protocols:

- 2 customers or 1 family group (same household) at a time
- face covering required
- gloves required (provided)
- 6' spacing between browsers

\*\*\*

To minimize contact between volunteers and customers, we won't be giving cash change but will instead issue a credit slip. PLEASE BRING SMALL BILLS OR A CHECK or feel free to round up:)

\*\*\*

### BOOK DONATIONS

Like the library, we will be putting all incoming books in quarantine for 7 days. We have very little storage space, so we will need to strictly limit donations to 10 BOOKS PER HOUSEHOLD / DAY. DROP-OFF DURING OPEN HOURS ONLY.

Thank you for understanding:)

**SHOP LOCAL  
EAT LOCAL  
SPEND LOCAL  
ENJOY LOCAL**

## Island's Closet

Summer is finally here!! Come down to the Closet and see what fun things we have. We have ride-on inflatables, swimmies, noodles, goggles and snorkels. We have lawn and patio chairs, side tables, grills, lawnmowers, garden tools and gloves, hoses, sprinklers, potting soil and plants of all types and sizes.

Having a party? We now have helium balloons including the foil type. Need fans? I have them in all shapes. We have books by local authors, puzzles, games, toys, accessories for your cell phones, tablets and more. Come on down and see all the goodies we have stashed away in the closet.

Please call ahead for any balloon needs. I can order or pickup almost anything you want if we don't have it now. Thank you for shopping local and stay safe!

## SURFSIDE

**DAILY 4:00ish-10:30 AM.  
LIMITED INSIDE/OUTSIDE  
SEATING; STILL TAKING  
CURBSIDE ORDERS.  
PLEASE FOLLOW STATE  
PROTOCOL.  
863-2767**



**Hand-selected wines,  
artisanal cheeses, craft  
beers, Maine raised  
meats, locally roasted  
coffee, and more!**

### *Our Hours:*

**TUESDAY  
thru  
SATURDAY  
11-5**

**32 Main Street  
863.2192**

**Call for curbside  
or home delivery!**



**FIORE – The Freshest  
Olive Oil & Aged  
Balsamic from Italy**

**Find Us Every Day  
at Island Spirits  
as well as  
503 Main Street in**

### Fathom Seafood and Meats

Offering free delivery of a variety of fresh meats from Wiggins Butcher shop. Call for free delivery and a full menu including steaks, ground chuck, sausage, pork chops, fresh chicken, fresh cooked lobsters, and much more!

Kelly and Lee Oxtan: 703-6720