



July 9 - July 15, 2020

E-MAIL: vinalhavenwind@gmail.com

WIND UPDATE

We are now printing paper copies of the WIND for all our subscribers!

We want to make sure that anyone who wants a copy is able to get one. (The WIND will continue to be online, as well). The average cost of one paper, including printing and postage is \$1.70.

If you would be interested in a 3 month subscription, please send \$15.00 to:

The WIND
PO Box 194
Vinalhaven, ME 04863

We will continue this offer as long as needed. Please be patient as we work out the wrinkles.

Thank you!



Mama's Mink

Before my father's passing there was a lot of reminiscing surrounding life on Vinalhaven. One of the many nuggets he told me about while I was visiting one day happened in the late fifties. At this time, we were living in Beverly, MA, and Dad was flying for Northeast airlines. Being an islander and a boat enthusiast, Dad wanted a Gus Skoog boat. Accordingly, he and Gus agreed on the building of a twenty-eight-foot lobster cruiser, which they came to agreement on and to be built at Skoog's boathouse on the Sands. In just a matter of weeks, my father received a call from Gus who said he had found and cut the perfect keel timber that measured thirty feet in length. Gus proceeded and said, "Pete, I can't bring myself to cut two feet off this keel so, I'm gonna build you a thirty foota for the same price." A year later she was launched as "Mama's Mink", Vinalhaven Me. David Peterson



Self Guided Walks

Although we will not have most of our walks this summer, you can always go out on your own. On our website there is a list of suggested places to see birds and wildflowers. Or, just take a hike on one of the many trails

VLT Trails

Perry Creek Conservation Area
Granite Island and Story Trails
Round Pond Trail
Fish Hook Trail
*Starboard Rock Sanctuary
*Whitmore Pond Sanctuary
Eleanor Campbell Preserve
Tip Toe Mountain Preserve
Watershed Trail
Marcuse Wetlands Preserve
The Basin (with MCHT)

*No dogs allowed

For trail maps and guides, visit our website: vinalhavenlandtrust.org

Trivia Questions

1. What baseball team won the first official World Series?
2. What dish is traditionally served at Wimbledon?
3. What city is considered the birthplace of democracy?

Maine Trivia

How did Augusta, Maine get its name?

Community Calendar

Email events to:
windnonprofitads@gmail.com

Town of Vinalhaven Information

www.townofvinalhaven.org

Meetings

Committee meetings have been postponed or are being held virtually. The Select Board meets regularly online. Meetings are delivered virtually from our Facebook page: facebook.com/townofvinalhaven and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven**

Virtual Meeting – WasteWatchers, Monday, July 13, 6pm. For information and Zoom access, please contact Gabe McPhail, gmcphail@townofvinalhaven.org

Virtual Meeting – Vinalhaven Water District, Tuesday, July 21, 10am. For information and Zoom access, please contact Pam Alley palley@townofvinalhaven.org

Virtual Meeting – Sewer Commissioners, Tuesday, July 21, 1pm. For information and Zoom access, please contact Pam Alley palley@townofvinalhaven.org

Notices

Annual Town Meeting has been scheduled for **Wednesday, July 22, 2020, 7pm** at Smith Hokanson Memorial Hall (School Auditorium) Details coming soon.

Property Taxes Due The Select Board voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. Interest is now accruing on unpaid balances. Contact the Town Office for amount due. (207) 863-4471 or 863-4343

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

Food Scrap Composting collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

Hours of Operation & Contact Information*

***The phone numbers below are correct, but due to Covid-19, the Town Office is closed to the public so the hours listed may be inaccurate. All services are available over the phone, by email, or online—please contact the Town Office for further information.**

Town Office – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

Town Manager – Andrew J. Dorr – 863-2042; 266-7806;
townmanager@townofvinalhaven.org

Town Clerk – Darlene M. Candage – 863-4343; townclerk@townofvinalhaven.org

Deputy Town Clerk – Tanya Robishaw – 863-4343; deputyclerk@townofvinalhaven.org

Assessor – Wes Robinson – Hours vary, contact 863-2168 or
vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – Faye Grant – Hours vary, contact 863-2168 or vhceo@townofvinalhaven.org to set up an appointment

Planning and Community Development – Gabe McPhail – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage – 863-2063

Library – Scott Candage – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vhaven.lib.me.us

Transfer Station – Kenny Martin – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

Fire Department – Marc Candage – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

Ambulance Service – Kerry McKee – Emergency 911; Non-Emergency 863-2119 or kmckee@townofvinalhaven.org

Knox County Deputy – Emergency 911; Non-Emergency 593-9132

Animal Control Officer/Harbor Master – James Knowlton – 756-0209

Public Health Officer – Jen Desmond – Contact the Town Office at 863-2042

Deputy Harbor Master – Peter Gasperini – 542-1992



State and Local Elections Tuesday, July 14, 2020

For Vinalhaven, in-person voting will take place on July 14 at the Town Office, 19 Washington School Road. This location will be open from 8am until 8pm.

Voters may cast an absentee ballot instead of voting in person. Casting an absentee ballot is convenient and secure.

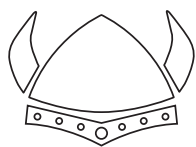
Absentee ballots may be requested in writing, by phone, online, or in person up to and including the day of the election, without specifying a reason. However, if you are asking to receive your ballot by mail, please request it early enough to allow for postal mail delivery time—both to receive it and return it (2-5 days each way).

You can request an absentee ballot by calling your Municipal Clerk's office at **(207) 863-4343**

You can request an absentee ballot online or by mail from the Secretary of State's website: **www1.maine.gov/cgi-bin/online/AbsenteeBallot/online-form.pl**

Ballots must be returned to the municipal clerk no later than 8pm on Election Day. Please Note: Ballots returned by mail require additional postage – regular first class stamp plus an additional 1-ounce stamp.

For additional information go to: **www.maine.gov/sos/cec/elec/vote-r-info/absenteeuide.html**



Vinalhaven School News

I want to take a moment to thank the staff, parents, and students of Vinalhaven School for all of the hard work and time that went into the adventure that was remote learning this spring. To the staff - you had no roadmap, no manual on changing our entire education system and routine, but you all pulled together and figured out how to make it work. Your tireless efforts have not gone unnoticed!! To our students and their parents - your entire days were thrown into chaos, and routines were all but nonexistent. I'm sure there were times when you were sure you couldn't do another day, but you persevered!! All of you are rock stars ...thank you!!

I also want to remind everyone to vote on July 14th for the 2020/2021 budget. Our budget has a total increase of \$397377, which is a 9% increase. We realize this is a lot. One of our larger increases is in our investment in new administration. It has become apparent that the needs of our kids were not being met with our current leadership structure. This next year we will have a new full-time Principal, Monte Selby, and we have hired Bryan Feezor as our full-time Assistant Principal. In addition, as of July 1st, we have a new part-time Superintendent, Richard Lyons. Rick comes to us with over 40 years of administrative experience, the past 28 of which has been as Superintendent of RSU 22 (Hampden, Newburgh, Winterport, Frankfort). His experience will be invaluable in our transition this year. I hope everyone joins me in welcoming both he and Monte to Vinalhaven!! Thank you all for your support, and I hope you can join the Board and staff of Vinalhaven School in their excitement for this upcoming school year!!

Renee Jones, Board Chair



VINALHAVEN RETURN TO LEARNING UPDATE:

A group of Vinalhaven staff are meeting each week this summer to stay informed with current recommendations for the 2020-2021 school year. We use this time to compare other plans from around the state and nation and monitor any COVID developments on Vinalhaven. We will be working towards a customized plan that works for our students and families. We are grateful to have such a dedicated group of teachers giving their time over the summer to make sure students have an exciting, safe, and effective return to learning. Bryan Feezor is particularly excited to be working with the teachers and the new administration as great ideas are already being generated! More updates will be coming...

Superintendent's Letter

Parents and Citizens of Vinalhaven,

I would like to introduce myself to you as your interim superintendent of schools. I recently retired from RSU#22 (Hampden, Newburgh, Winterport, Frankfort) after serving those communities for twenty-eight years as their superintendent. I was superintendent of schools in Dover-Foxcroft (SAD #68) for two years prior to my RSU#22 service.

I have been meeting remotely with select school personnel to learn of your school community. We are discussing among many themes two major points at this moment. The first one is the upcoming budget referendum vote on Tuesday, July 14th. The second topic is discussing what school programming will look like when the 20-21 school year commences.

I will make my first visit to the school on Monday and Tuesday the 13th and 14th of July. Our July school board meeting is Wednesday, July 22nd.

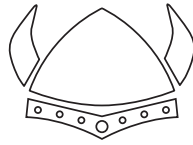
Please feel free to contact me at the school when I am on site. Also, my email address is rl Lyons@rsu22.us, and my cell phone is 745-4571.

On behalf of the Board of Directors who constructed your school budget for the upcoming year, please support their efforts by affirming the budget on Tuesday the 14th.

In advance, I thank you for your involvement in your school and community.

Respectfully,

Richard Lyons



More School News



Dear Vinalhaven students, parents and community;

Hello! My name is Monte Selby, the new school principal, and by the time you read this, Michelle and I will be living in Vinalhaven.

A very sincere thanks to all of the friendly people who have been incredibly helpful these past few weeks!

I grew up playing sports, writing songs, riding motorcycles, and going to school with my brothers and sisters in Gage, Oklahoma, population 418. During high school, my family moved to Kansas, where I finished high school and college, then became a teacher, a principal, a husband, a dad, a professor, and an author. I also enjoyed writing songs and performing, which led to a publishing and recording artist contract with MDM records, Nashville. In 2008, Michelle and I moved to Colorado, and then in 2016, to Cumberland, Maine, where our youngest child graduated from high school. Now, our kids are scattered across Maine, Colorado, New Mexico, and Thailand. Yes, we've lived surrounded

by wheat fields, mountains, and now, ocean! We love small towns, small schools, learning everyone's name, and getting involved in the community.

During July and August, you'll find me at school preparing for our upcoming school year. Bryan Feezor, the assistant principal, and many school staff members are already fully engaged in making sure this year will be unforgettable - in a good way! I've been incredibly impressed with the efforts your school and community put forth to help students finish last school year, and I know you'll support making this next year a success. These are unprecedented and stressful times for everyone, but please know that our mission at school will be to make this the best school year ever. Whether you see me at school, out exploring the island, performing music, or dining out (COVID permitting), don't hesitate to stop me and visit about school. Even if we stand 6 feet apart, I'll be paying attention and ready to hear what you have to say.

Thank you for this opportunity to live and work in Vinalhaven,

Monte Selby



Please consider joining us in sending resources to **Maine Immigrant Rights Coalition**—a group developing programs and supporting policies that promote immigrant inclusion and integration throughout Maine. Reoccurring contributions are encouraged.
www.maineimmigrantrights.org

COVID-19 FINANCIAL HELP

Unemployment Benefit for Self-employed People

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply.
www.maine.gov/unemployment

General Assistance (GA)

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, Town Manager, 207-863-2042 townmanager@townofvinalhaven.org

Vinalhaven Community Outreach (VCO)

VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact vhcommunityoutreach@gmail.com

Vinalhaven Community Outreach

We need your help and we're here to help you

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

Donations may be mailed to VCO, PO Box 15, Vinalhaven.

Please mark Covid-19 in the memo

If you need help, and fit our criteria, please contact us by **email**

vhcommunityoutreach@gmail.com

Thank you.

We are a 501 (c) 3 organization

VINALHAVEN COMMUNITY COVID-19 GUIDELINES

We are still in a Pandemic. Do your part to put your safety, your family's safety, and the safety of the community first. Do not take unnecessary risks, and be respectful of others by abiding by these guidelines.



Stay home if you are exhibiting symptoms of COVID-19 or if you are in quarantine. Limit any unnecessary travel.



Maintain physical distance by keeping at least 6 feet away from others unless you are from the same household.



Do not gather in groups of more than the permitted number according to current guidelines.



Wear a face covering* when in public, including places of business, downtown, on the ferry, and all areas where keeping at least 6 feet away from others is not possible.



Comply with CDC guidelines. Do not touch surfaces unnecessarily. Wash/sanitize hands often.

Comply with guidelines for businesses.



Stay safe. Keep others safe. Be kind.

www.townofvinalhaven.org for Vinalhaven COVID-19 Information

Questions? Comments? Contact the Vinalhaven Emergency Operations Center (EOC) **(207) 863-2168** or **VHEOC@townofvinalhaven.org**

*CDC guidelines state that children under age 2 and anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance should NOT wear a face covering.

Scan code FMI



Community Use of Cloth Masks to Slow the Spread of COVID-19

When to Wear a Cloth Face Covering

Staying home, social distancing, and hand washing are still the best ways to protect yourself and others. However, the US CDC now also recommends wearing a cloth face covering when you must be in public.

Wearing a mask helps protect others. You can have or transmit COVID-19 without having any symptoms. That's why wearing a mask, even if you don't feel sick, is a good idea. If you have a job in a public setting, wearing a mask while at work may provide an even bigger benefit to the community, because of the number of people you encounter in a day.

Additional CDC Info on Cloth Face Coverings

Coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove their own mask.

Masks Should:

- **Fit snugly but comfortably against the side of your face.**
- **Be secured with ties or ear loops.**
- **Include multiple layers of fabric.**
- **Allow you to breathe without restriction.**
- **Be machine-washed and dried after each use.**

People should continue to practice social distancing, keeping 6 feet apart and washing hands/using hand sanitizer frequently.



Wash your hands before and after handling your mask.



Pick your mask up by the ear loops or ties only. Avoid touching the mask itself.



If you do touch your mask, wash your hands with soap and water or hand sanitizer right away.

For more information on children and mask use, visit chlb.me/kidmasks

For more information from the CDC, visit chlb.me/maskinfo



This information is provided by Bangor Public Health and Community Services and is based on US CDC guidance.

Star of Hope Update



While this season is very different from years past, we hope you had a very enjoyable 4th of July.

Our work continues on the Star of Hope building with the utmost care, following the COVID-19 guidelines set forth by the CDC and State. Our team is committed to ensuring the safety of everyone in Vinalhaven.

Please visit our website to watch a video that highlights this very special building as our construction team works to stabilize this historic site.

www.starofhopefoundation.org

The Mission of the Star of Hope Foundation is to promote education of the visual arts through various means including exhibitions, a museum, artist-in-residence programs and other outreach endeavors.



The CDC has issued new protocols for outside visits at The Homestead.

Outdoor Visitation: Facilities may allow in-person visitation in a designated outdoor visitation space, provided the facility implements all of the following safety, care, and infection prevention and control measures. There must be no new COVID-19 cases that originated within the facility, including those involving residents or staff, within the last 14 days

Measures: • Visits Specifics:

- o Must take place in a designated outdoor space and are dependent upon permissible weather conditions, availability of outdoor space, and sufficient staffing at the facility to meet resident care needs, and the health and well-being of the resident.
- o Visitations must be scheduled in advance for all designated outdoor spaces
- o Facilities may limit the length of any visit, the days on which visits will be permitted, the hours during a day when visits will be permitted, and the number of times during a day or week a resident may be visited.
- o No meals/snacks are permitted during the visit as this would require the removal of the face mask/face covering.
- o Facilities will post signage or provide a handout for visitors on signs and symptoms associated with COVID-19.
- o Prior to the visit the facility will provide the visitor instructions and requirements for visitation and where to go upon arrival.
- o 6 feet of physical distance must be maintained during the visit.**
- o Residents must wear a cloth face covering. Visitors must wear a face covering or mask for the duration of the visit.**

Visitors: o Visitors must be limited to no more than two individuals per visit

- o The facility must screen the visitor for fever or respiratory symptoms. Any individuals with symptoms of COVID-19 infection¹ will not be permitted to visit.
- o Hand hygiene will be performed before and after the visit.
- o All visitors must remain at least 6 feet from the resident and any attending staff member(s) at all times during the visit.
- o Children must be supervised at all times, maintain social distancing, and wear a face covering when age appropriate
- . • Staff: o A staff member(s) trained in patient safety and infection prevention and control measures must be present to monitor the outdoor designated space(s).
- o Monitoring of visitation is required. Facility should assess the number of staff necessary to ensure appropriate masking and social distancing are followed.**
- o Staff must wear a surgical face mask.**



Islands Community
Medical Services

Our Medical Center

UPDATE ON DENTAL SERVICES:

Starting May 20th, in accordance with the recommendations of the Maine CDC, ICMS Dental will begin to phase in routine and preventative dental care. Our dental hygiene visits will resume after June 1st. Office staff will contact you to reschedule appointments that were postponed during this pandemic. To protect our patients and staff, ICMS Dental is instituting new protocols to ensure that treatment is completed safely. Please be patient and allow extra time for your visit; staff will go into detail when your appointment is scheduled. If you were not previously scheduled and need a dental appointment please contact Brooke, our Dental Office Manager at (207) 863-2533 so she can setup an appointment for you. Again, thank you for your patience through this pandemic and in the future as we assist you in meeting your dental health needs.

Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

1. Download the wind to your computer/device
2. Create an email message addressed to your Kindle account
3. Subject of the email is the word "Convert"
4. Attach the wind PDF to the email body (no other text)
5. Send email
6. After a short while open your Kindle app and synchronize - the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' - copy/paste that address and you're all set.



Vinalhaven Eldercare Services

Carver's Harbor Market has been extremely helpful during all of this stay at home period. As you know Vinalhaven Eldercare Services is not going to be able to do our large fund-raising events this summer. **Carvers Harbor Market has graciously agreed to let Vinalhaven Eldercare Services have the round up this summer.**

I am asking that those of you who do curb side pickup when you place your order to ask them to round up for VES or add a small amount to your order to help support us and if you go to the store shopping that you please ask the cashier to round up for us.

This is going to be a very different summer for us, and we really need your support. ***Thank you for your help keeping our Homestead and all of our programs going.***



Islands Community
Medical Services

Our Medical Center

WE ARE HERE TO HELP

The economy presents many challenges to us these days.
One of them shouldn't be your health care.

**ICMS has many programs available to help with your medical
and dental care costs.**

1. We offer a **sliding fee scale** for those who qualify based on income. The sliding scale offers discounts on medical, behavioral health, physical therapy and dental care.
2. We have a **pharmacy program** with Kennebec Pharmacy which offers discounted prescriptions for those without prescription coverage. Savings can be significant.
3. We can also assist patients without drug coverage in applying for **free medications or discount cards**. Some manufacturers also offer a free 30-day trial even if you do have drug coverage.
4. We can also help you with **applications for Mainecare** or other federal programs. In addition, Pen Bay Medical Center has a **program to help with medical bills**.

Please reach out to **Leslie Dyer** at lesliedyer@icmsvh.org or **207-863-4341, ext 1114** or **Carter Stanley** at **207-863-4348** or ecstanley@icmsvh.org for more information or with any questions.



Islands Community
Medical Services

Our Medical Center

Medical Center Information

www.icmsvh.org

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

Hours of Operation

Medical Services

**Mon, Wed, Fri: 8:00 am – 12 noon,
1 pm – 5 pm**

Tues: 1 pm – 5 pm

Thurs: 8:00 am – 12 noon

Closed Tues. AM and Thurs. PM

Dental Services

Dentist: July 1,2,8,9,15,16,22,23,24,29,30

Hygienist: July

6,8,10,13,16,17,20,23,24,27,30,31

Office:

Physical Therapy

To schedule an appointment,
please call 863-4341

Counseling

Dan Keniston, LCSW

Jeff Wilber, LCSW

To schedule an appointment,
Please call 863-9959

Osteopathic Manipulative Treatment & Acupuncture

To schedule an appointment, please call
863-4341.

Stuart Damon, DO July 10,24,31

Women's Health

To schedule an appointment,
please call 863-4341.

Cathy Colman, ANP: July 17

**To reach the provider on call dial 863-4341
and your call will be forwarded to the
answering services. They will take your call
and page the provider on call for you.**

Like us on Facebook

ICMS receives HHS funding & has federal PHS
deemed status with respect to certain health or
health-related claims, including medical malpractice
claims, for itself and covered individuals.

ICMS is a 501(c) 3 and contributions to ICMS are tax
exempt. This health center is a Health Center
Program grantee under 42 USC 254b, and a
deemed Public Health Service employee under 42
USC 233(g)-(n).

Stressed out by COVID-19 and the recent tragedy in town? Don't know who to turn to?

Remember, the Medical Center is here for you with trained
therapists available to help you through difficult times.

You can reach **Dan Keniston, LCSW** at **207-837-4057**
or **Jeff Wilber, LCSW** at **207-449-9448**

We have appointments available by telemedicine through
Zoom. We are offering a **free visit** for anyone who is
struggling during these challenging times.

You can call Dan or Jeff directly.

If you have any questions or concerns, please contact Dinah
Moyer at dmoyer@icmsvh.org or **207-863-4109**.



Islands Community
Medical Services

Our Medical Center

JOB OPENINGS

Medical Assistant *Thursdays & Fridays-12 hrs per wk*

You'll work 2 days per week in the Medical Center and provide clinical
support for medical practitioners, triage patient calls and follow up with
tests results. Manage patient records and act as a liaison between patient,
hospital, and other providers. May perform phlebotomy work and
injections.

Outreach Medical Assistant *32-40 hours/week.*

Work remotely and in the Center. This position needs a creative problem-
solver to help clients obtain affordable healthcare - researching program
access and financial resources. You'll reach out to islanders to provide
enrollment/eligibility assistance and partner with local organizations.
Much of this work may be done remotely. May also provide clinical
support for medical practitioners in our Medical Center. Funded by a
grant from the National Cancer Foundation.

Patient Services Rep –Fridays and Per Diem

You're the first person patients meet when they call and visit the Medical
Center. Schedule appointments; verify patient information; inform them
of preparations for appointments/tests and costs; and collect fees. Input
data and balance financials.

For all 3 positions, experience in a medical setting preferred. We need high-
energy team players with excellent patient service skills who will protect
patient information. Computer skills and excellent communication skills
needed. On-the-job training provided. For more information, visit our website
at www.icmsvh.org, contact Susan Hurst in Human Resources at (207)596-
3566 or email Humanresources@icmsvh.org.



PHOTO BY RICHARD HOWARD

**WOULD YOU LOVE A PARADE RIGHT NOW ?
!!! YOUR 2021 ICMS CALENDAR HAS ONE !!!**

**GRAB A BUNCH FOR YOURSELF, FAMILY, FRIENDS
\$15 EACH
AT THE FLEA, ISLAND'S CLOSET, TIDEWATER MOTEL, ICMS**

**TO MAIL-ORDER YOUR 2021 ICMS CALENDARS
PHONE: 207-863-4109
OR EMAIL: dmoyer@icmsvh.org.**

**\$20 For One, Includes Shipping & Handling
Two Or More to the Same Address, \$15 Each, No Shipping & Handling
(ICMS' gift to you!)**

**Vinalhaven Eldercare
Services**

NEEDS YOUR HELP

During this critical time, VES is grateful to have a dedicated staff of caregivers who are going above and beyond and making personal sacrifices to ensure that the residents of the Calderwood Homestead remain healthy and safe during these scary times. We need each one of them to ensure adequate staffing at the Homestead.

However, there is currently one staff member who needs temporary housing on the island to continue working at the Homestead.

If you or anyone you know might have housing available for a few months over the summer, please let Linda Lynch know at **863-9343**.
Thanks for your help.

COVID-19 INFORMATION

For the latest Town updates, visit **www.townofvinalhaven.org**. There is a link on the homepage to all Covid-19 information and resources.

Also visit Facebook **[facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven)**

If you have Covid-19-related questions or concerns contact **207-863-2168** or **VHEOC@townofvinalhaven.org**

Subscribe to receive Town Covid-19 Updates automatically in your inbox. Go to **Subscribe** on the Town's website and subscribe to **"Town Alerts"**. Also subscribe to **CivicReady® Emergency Notifications** to receive text and phone alerts.

Write to Friends

We are sure these folks would love to hear from islanders /friends during the coronavirus pandemic

Jaquelyn Ames
c/o Goodwill-Kendall
Lane House
Freeport, Maine 04032

Lucy Wadsworth
30 Community Drive
Camden, Maine 04843

Joan Mitchell
Assisted Living Floor
Quarry Hill
Camden, Maine 04843

Carlene Michael
Boardman Cottage
Islesboro, Maine 04848

Charles M. Miller
1725 Honore Avenue
Sarasota, FL 34232

Gladys Walls
(new address)
PO Box 702
Newcastle, Maine 04553

Herb Conway
Nans Case
Barb Davis
Priscilla Rosen
Leonard "Buddy" Skoog
Pat Nick
Virginia Olney
Marguerite Mills
Calderwood Homestead
18 Beaver Dam Road
Vinalhaven, Maine 04863

Ora "Buddy" Warren
Harbor Hill Center
2 Footbridge Road
Cape Rosier Unit Rm. 3
Belfast, Maine 04915

Ann Anthony
Caroline Morton
Dottie Knowlton
Windward Gardens
105 Mechanic Street
Camden, Maine 04843

Rosemary Anthony
7 North Shore Drive
Owls Head, Maine 04854

Fresh Bread

Portuguese sweet bread is back for Sat. morning delivery! (previously at the flea) \$7/loaf. Email Eli: bread@ezisland.org
Leave name, phone, address, and quantity.

**Does your
Organization or
Business need Hand
Sanitizer?**

ICMS can help!

Email Dinah
dmoyer@icmsvh.org

Gardening Help Wanted

Island Groundworks, LLC
Contact: Kristel Moore
207-863-4868

**Field mowing and other light
duty tractor work.**
Call Tim 863-4672

Cleaning Services

Both house and/or yard!
We are experienced cleaners available to start anytime - willing to wear masks and gloves.
Contact info:
Amber Shane: (207) 863-4455
Ashlyn Littlefield: (207) 863-4552

Indoor Cycling is Zoom'ing!
Contact Karen at
kal@cs.wpi.edu for more info



Vinalhaven Cleaning Services, LLC
We don't cut corners, we clean them!
207.863.2073

**Vinalhaven Cleaning Services is open for
business!**

At this time, we have decided that we do not feel comfortable flipping weekly rentals until things move in a different direction. We WILL, however, open houses for those coming to the island who plan on staying for the summer or for more than the 14-day quarantine. We will be more than happy to come back & clean for you again once you have satisfied the quarantine requirement. We will also be more than happy to clean for any local island residents and/or businesses. We are fully insured and can provide proof of insurance as requested.

We have all of our own cleaning supplies and equipment, facial coverings, gloves, foot coverings, ozone generators (more info on those as requested), etc and look forward to talking to each of you on your personal needs & requirements for your home or business!

Please be patient with us as we work out the kinks with our new venture in this new world we are navigating thru! We hope to be able to provide a wonderful service to everyone & to the community.

Angelina Turner & Maggie Beckman 😊

Email contact:

angelina@vinalhavencleaningservices.com

Disclaimer: we reserve the right to accept or deny any business & your safety & ours is our top priority!!

Looking for
babysitting jobs

Call Ava 867-5600



Vinalhaven Historical Society

Open for the Season

NEW HOURS

Monday-Thursday, 9-3:30

Other times by appointment. Email
vhhissoc@myfairpoint.net or call
863-4410

Masks are required while inside the
building. Please limit groups to 5.



Life Rings at the quarries are for LIFE
SAVING. They are NOT WATER TOYS
and should not be used as such.

*Thank you – Vinalhaven Parks
Commission*

Trivia Answers

1. Boston Americans in 1903
2. Strawberries and cream (since 1877)
3. Athens, Greece

Maine Trivia

Henry Dearborn, American soldier and statesman (Fort Dearborn, Illinois and Dearborn, Michigan are named for him) had a daughter, Augusta, and in 1799 the town of Cushnoc, which became Harrington in 1797, became Augusta.

WINDHORSE ARTS

I have made the very difficult and sad decision to only be open by appointment. If you would like to make an appointment please call or text 207/449-6285 or email alisonthibault@gmail.com I am available to "live shop" and my website www.WindHorseArts.com has all of my current inventory. Special orders are welcome!

Wishing you and your loved ones health, grace, courage and love as we traverse this pandemic.
I miss all of you! with love, Alison

Submit to the Wind!

We are looking for stories, **anecdotes**, recipes, **images**, Shout Outs, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: vinalhavenwind@gmail.com



Your home is your sanctuary.
Heat Pumps clean and filter the air in your home while giving you energy efficient heating & cooling.

We are practicing social distancing & offering remote estimates
Call or e-mail to learn more
lunarockvh@gmail.com
207 863 5048

Window Cleaning Services

Call

Ashlyn: (207) 863-4552
Terry: (207) 863-8007
Amber: (207) 863-4455



BOTTLE BRIGADE CONTINUES WITH YOUR HELP, THANKS!



It is working! Following CDC guidelines, we are collecting returnable bottles and cans in the town parking lot

(not yet at the dump) to benefit Vinalhaven Eldercare Services.

Please deposit clean returnables (no milk jugs) in the totes or bring bags of mixed returnables to the bin on the right.

Please do not deliver directly to the Homestead as we need to keep items "quarantined" for three days before sorting on Sundays and Wednesdays.

For more information, contact Bill Alcorn 863-2246 or Peter Richards 863-5055

New Era Gallery



Cristy West

"Bricolage"

Mixed Media

Midsummer

featuring
Elaine Crossman
Cristy West

Opening
Saturday, July 11
10:00 - 5:00
meet the artists
3:00 - 5:00

Masks and Social
Distancing required
No more than 5 people
at any time

Enjoy a virtual tour on our website!

neweragallery.com

207.863.9351

Veggie Corner: Sicilian Pesto

- ✓ Equal parts basil, flat leaf Italian parsley and mint (washed, stems removed)
- ✓ Grated pecorino cheese if you can get it, otherwise parmesan
- ✓ Olive oil
- ✓ Blanched almonds
- ✓ 1 or more garlic cloves
- ✓ Salt
- ✓ Ricotta

1.) Put the herbs in the container of a food processor.

2.) Go slowly on the other ingredients. Add a little pecorino cheese, a little oil, a small handful of almonds, one clove of garlic, a tiny amount of salt (pecorino cheese is already salty) and process. If too dry, add more oil. Add more pecorino, almonds, garlic, salt to taste. Place in a pasta bowl.

3.) Boil spaghetti or linguine. Drain and place in the pasta bowl with the sauce. Add one or two tablespoonfuls of ricotta and mix thoroughly. Serve with pecorino or parmesan on the side.

Note: also works with bow-tie pasta or orecchiette (small ear-shaped pasta).



Veggie Corner: Other Pestos

- ✓ Fresh oregano, carrot tops, or fennel fronds (washed, stems removed)
- ✓ Pine nuts (preferred) or blanched almonds or walnuts
- ✓ Grated parmesan
- ✓ Olive oil
- ✓ Salt

Put either oregano or carrots tops or fennel fronds in a food processor

Go slowly with the other ingredients, adding oil and the other ingredients in increments as you process them until the desired consistency and taste is reached.

Toss with spaghetti or linguine or with bow tie or orecchiette pasta. Serve with grated parmesan.



ISLAND TICKS

pest control
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Organic Sprays for Ticks
and Mosquitoes.

Also treatments for:

Ants
Spiders
Wasps
Mice and More

"If you have a pest...we
have a Solution!"
Charlie and Erica Simpson

PENOBSCOT ISLAND AIR



P.O. Box 273, South Thomaston, ME 04858
Terminal Lane, Owls Head, ME 04854
(207) 596-7500 • www.penobscotislandair.net

Those we love don't go away,
they walk beside us every day... unseen, unheard,
but always near, still loved, still missed, and very dear.

—Unknown

FOX ISLAND DIVING

37 Years, Still Kicking!

Not Retiring Yet!

Wheel cleanings

Mooring inspections
and cleanings

863-4837

or text 542-1992

Cleaning Services Available

Experience cleaning both

business and residential

Access to AWD vehicle

Scheduled cleaning available

Please email at:

Sarina.Alley@gmail.com

Or call 863-2287 ask for Sarina
for more information

1999 Pursuit for Sale



\$29,500. Gorgeous boat!!! Very good condition. 28+'. Runs and looks great. Garmin GPS, radar, depth finder. With aluminum bunk trailer. Reupholstered cushions. Ready for summer fun and fishing! Call Drew 860-490-3001 or Dkeir@cox.net.

FOR SALE: Double Sea Kayak

22' fast, stable, ocean kayak, w/3 cargo holds and rudder; includes 2 paddles w/leashes, 2 skirts & a bilge pump. Perfect for local day tripping or extended island hopping along the coast. This is a sister ship to the one that supported the Gulf of Maine Expedition, May to September, 2002; from Provincetown, MA to Cape Sable Island, Nova Scotia...by kayak. So, no problems going anywhere. \$1,600 complete, or \$1,300 w/o gear. Larry McIntosh, (207) 703-6668 or Lmacyak@gmail.com

"Retired Property Manager"

Frank W. Demmons

863-4364

Handy-man work, Hard-scape & Landscape, Mechanic; small engine & heavy equipment. Mudding & painting (inside only), Professional tiling (any design you want)

Free Estimates • Fully Insured • 17 Years Experience • RRP Lead Certified

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Noah Hall VH: 863-5024 Cell: 299-8633

Hall357@gmail.com

Vinalhaven Taxi

(207) 720-0056

**Free Deliveries of
Essentials
paid for by ICMS!**

Ferry/Airstrip Connections
Here and There
on Vinalhaven
By Reservation or by Chance

Jeanne Bineau-Ames

There are some who bring
a light so great to the world
that even after they have
gone the light remains.

—*Unknown*



Interested in Serving Your Community? Helping Your Neighbor?

An intensive 8 week EMT
class will be starting very
soon with openings!
Online, Zoom,
independent study,
as well as 3 Saturdays.

***Call for more info
(207) 863-2119***

Vinalhaven Ambulance



SWIMMING LESSONS

July 11th – July 17th

Ages 4 and up

Fee \$50

Registration July 10th

@ Lawson's Quarry

3:30 – 5:30 pm

Sponsored by
The Lions Club

There will be safety guidelines to
make sure that children, parents,
and staff are as safe as possible
during this pandemic. There will
also a waiver that will need to be
signed.



**32 WEST MAIN STREET
VINALHAVEN, ME 04863**

\$525,000.



CONTEMPORARY CAPE ON 7 ACRES

Well maintained 20 year old 3 bedroom home with
2 car garage, full basement. Near Town, but very
private. Easy walk to swimming quarry. Expansive
views out over the Island.

\$525,000.

ASHLEY DAVIS-OAKES 207-213-3788

WANDA DAVIS-OAKES 207- 401-8655



**WESLEY REED 207-863-2554
Serving the Islands for 30 years**

\$95,000.



**ISLE AU HAUT MOUNTAIN, VINALHAVEN
17 AC. ZONED RESIDENTIAL/ COMMERCIAL.
ADJACENT TO TOWN PARK & LAND TRUST
PRESERVE. SOIL TESTED FOR SEPTIC.
LOTS OF OPPORTUNITIES. \$95,000.**

wreed@jaretcohn.com
32 WEST MAIN STREET, VINALHAVEN

Historical Notes
from the
Vinalhaven Historical Society

September 29, 1920

A load of brick arrived Saturday which will be used to replace chimneys at the L. C. Chase Net Factory.

November 2, 1920

The old chimney at the Net Factory has been removed and a new one is nearing completion. It measures 60' in height, 6' at the base and 3' at the top.

October 13, 1928

The workmen broke ground Wednesday for the new bank building which is to be erected on Main Street between the Merrithew Studio and what was formerly the Winslow Studio. W. H. Glover Co. of Rockland has the contract and E. L. Glidden of this town is superintendent. The building, 30'x40' will be constructed of brick with stone trimmings. It will be equipped with safe deposit boxes, modern heating and electrical burglar alarm. The cost is estimated at \$30,000.

December 22, 1928

John Chilles and Minnie Lyford were united in marriage Tuesday evening at the Union Church parsonage by Rev. E. C. Jenkins. They were attended by Fred and Muriel Chilles. The bride wore blue Georgette and the bridesmaid brown Messaline. Both bride and groom are popular and have a host of friends who extend congratulations.



SALE PENDING



SALE PENDING



IN TOWN \$199,000



HISTORIC FARMHOUSE
\$249,500



WOODED LOTS
\$22-\$35,000



OCEANFRONT LAND
\$169,500



*Have you been
waiting to sell your
home or property?*

**WE HAVE
BUYERS!**

Contact us today or visit
at our downtown
location. 28 Main St.

207 863 5151

www.vinalhavenrealty.com

Be the things you loved most
about the people who are gone.

—Unknown



Island's Closet

The Island's Closet is now your party source for fun and excitement! We have helium balloons, regular balloons, party hats and supplies for all occasions. Please give us your balloon needs a couple days in advance so we can have them ready for you. Coming soon we'll have pinatas and all the stuffing. You can register for your party and gift items with us. Have your child walk through the store and identify what they would like to get for their party. We will hold their list at the counter. This will help your invited guests pick up the presents your child desires without any duplication or omission. We also have lots of toys, puzzles and games, quarry toys and floats, outdoor family games and much more.

Come on down to see what fun
things you might find hanging in
'the Closet!'

**Vinalhaven Registered Nurse
Job Opportunity!**

Home healthcare agency *Skilled Care Solutions* is seeking a trustworthy and highly motivated registered nurse to work one-on-one with children in a homecare setting. Immediate full or part time openings are available, with a starting pay of \$34/hr.

Interested?

Contact Samantha, *Skilled Care Solutions* by telephone
(207) 319-8708

Or visit our website at
www.skilledcaresolutions.com



Skilled Care Solutions

DHHS License 39226.

Lobster Cowboy



I never needed a crow's nest
a widow's walk
but I remember them
same way I remember
1966 and your bronzed arms
swinging in air, hauling trap
after trap in the sun
muscles bunching, shells
crunching in the paper-
creases 'round your eyes

I believed lobsters sighed
at your touch and I?
well I'd died in your arms
happy if I never went on
with 4ams and the insane
brine-hauling madness
that paid the bills
but left us childless
alone in the same bed
with the same questions
asked and answered
over and over in silent
yearnings and loud mis-
givings, till the space
outside of each grew
as if god slept between us
and knew that eventually
we'd grow tired trying to
pursue that rising-tide-call
of what money would buy

I was from away and
didn't know how it was done
how endurance starts young
and carries you thru, when to
speak, when to listen and most
importantly what to ignore



Time passed in numbers
that you caught, or in the
swell of the sea claiming
hers, with you happily living
to the rhythm of her dance . . .
so you went to her softness
from mine and one day
I just rolled over and left
as if sluiced away with the
rest of the chum, leaving
your deck clean, your screws
in the water and both of
our minds in the clear

I regret very little in life
'ceptin maybe not fighting
for you, as if I ever could
keep you on land, tear your
hands from the ropes
tie them to me, bring your eyes
back to My sweet horizons
let My swells ground or
feed you, not that you'd never
go out . . . but then
I never caught on that tide
was stronger than tears
till I watched how your 'living'
ended what once promised
us both so much

Years haven't changed
what it was and it's all good
in my age now, in my knowing
my understanding, that as I
hold on I can let go and keep
going, let somebody else wipe
the salt off the sorrow
It's been a lifetime of learning
that when fishing deep waters
ya haul in your catch
keep your eye on the line
and never throw back the good.

Paddy Noble

FULL SERVICE RENTAL MANAGEMENT



CHECK OUT OUR INVENTORY!

AUGUST IS ALMOST FULL

WWW.VINALHAVENVACATIONRENTALS.COM

207-401-8242

✓ *Get Counted*
2020 Census



Great news!

The VH Chamber of Commerce has installed a new bulletin board in the grassy area in front of the post office where the previous board stood for twenty years. As before, all are invited to make use of it.

The three doors are operated with a key.

*Please return to the locked position
after opening and closing.*

Please be respectful of other notices and avoid posting anything that might be viewed as offensive.

The Chamber will monitor it for current and appropriate content and will remove anything that is deemed inappropriate.

Thank you!

Get the Help You Need

ICMS offers behavioral health services.
Contact **Dan Keniston**, LCSW at
207-837-4057 or **Jeff Wilber**, LCSW at
207-449-9448

Maine Statewide Crisis Hotline 24/7
for immediate crisis-oriented help
1-888-568-1112

Maine Warm Line 24/7 for connecting
with someone if you need mental and
emotional support **1-866-771-9276**

Online Anonymous Recovery Programs:
Narcotics Anonymous – namaine.org
Alcoholics Anonymous – csoaamaine.org
Nar-Anon – nar-anon.org
Al-Anon – maineafg.org



Representing Buyers and Sellers on the Fox Islands

Kris Davidson, Broker ~ Lisa Shields, Associate Broker

207.863.2200 ~ info@davidson-realty.com

www.maineislandliving.com



New Price!

Kelwick Farm. Historic farm with 18 acres and tastefully updated farmhouse. 3 fireplaces, 4 beds/2 baths. Fruit trees, open meadows. Charming! **\$595,000**



New Listing!

The Schoolhouse. Iconic 2.5 story bldg. designed as an elem. school. Flex 1st flr space, office, 2 apartments. Very well maintained & full of history! **\$439,000**



New Listing!

Elevated Building Lot. 3.88 acres w/ granite dock on Seal Cove, just off the Thorofare. Completed survey and soil test. Great sunset views! **\$525,000**



Leo's Lane. Fabulous 5 bdrm, 3 bath 1890s home, w/ deeded harbor access. Excellent craftsmanship and impeccable details. Completely rebuilt. **\$849,000**



Spectacular Views. Year-round home w/ ocean access perched above Robert's Harbor. First flr ensuite master, 2 bdrms & bath on second flr. Garage. **\$625,000**



Spacious Log Home. Many possibilities for this 6500 sq.ft. bldg. Currently main residence w/ 2 rentals. Updated, well-maintained. Good value! **\$310,000**



Village Home. Circa 1880s 3 bedroom, 2 bath house on Pleasant St. 1600+ sq. ft. Well-maintained, many updates. Great location in the village! **\$210,000**



Ten Acre Building Lot Near Village. Lovely lot adjacent to a VLT preserve. 3 bdrm soil test, 30' ROW has been partially cleared. Great value! **\$84,000**

How You Can Help donate to local service groups

Community Lunchbox

Union Church, attn: Lunchbox
PO Box 249
Checks payable to Union Church
Memo line: Lunchbox

Meals on Wheels

Vinalhaven Eldercare Services
attn: Meals on Wheels, PO Box 624 Checks payable to VES
Memo Line: Meals on Wheels

Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church
attn: CVRF
PO Box 465, Checks payable to Open Bible Baptist Church
Memo line: CVRF

Vinalhaven Community Outreach

PO Box 15, Checks payable to VCO, Memo line: Covid-19

Vinalhaven Fuel Fund

Sue Radley, attn: Vinalhaven Fuel Fund
14 Lawson's Quarry Rd, Checks payable to Vinalhaven Fuel Fund

The Brown Door at the Union Church

Union Church, attn: Food Pantry
PO Box 249
Checks payable to Union Church, Memo line: Food Pantry

All addresses = Vinalhaven, ME 04863



VINAL ENERGY

36 WEST MAIN ST PO BOX 803

(207) 613-7460

vinalenergy@gmail.com

**Fuel oil, Kerosene, Diesel & Propane
Factory Authorized Toyotomi and
Monitor service and sales**

**Fuel prices are low - think about
pre-buying for next season!**



GOOD FOOD. ISLAND GROWN.

WE ARE OPEN!

Veggies, herbs, flowers & more.
Come visit!

NEW Farm Hours: Tues & Thurs 2-5, Sat 9-5
Follow CDC guidelines for masks, social distancing

144 ROBERTS CEMETERY ROAD

  @ROBERTSHARBORFARM | RHFARMVH.COM | 207-863-4474

There are no goodbyes for us.
Wherever you are, you will
always be in my heart.
—Mahatma Gandhi



**Peaceful Harbor
Farm Nursery
THIS WEEK!
ALL ANNUALS
25% OFF**

Tomatoes,
Herbs including
Lemon Grass and Mints
Colorful
Annual Flower Seedlings
Lisianthus (Lizzies!), Alyssum,
Margarites, Cannas, Bacopas,
Lantana, Dahlias,
Osteospermum,
And Much More!

**Greenhouse Hours
This Week:**

WED, THUR, SAT noon-4pm
SUNDAY 10:30AM-2PM

closed Mon-Tues-Friday

Dushane Road, just off
the Pequot Road
863-9381
Support Local Economies

Millstream Cottage



All seasons
waterfront rental
by day, week, or month

Two bedroom, two bath
full kitchen and laundry
Easy walk to ferry and all in-
town activities
Great bird watching!

Contact
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207-592-1865
philcrossman.vh@gmail.com

**COMPOST
NOW!**



@ Home or the Transfer Station

FMI please contact Anna
knitwitmaine@gmail.com or Gabe
gabemcphail@gmail.com

COMPOST REMINDERS:

Transfer Station Composting does not allow
for the composting of certain items. *Please...*

NO (SHELLFISH) SHELLS
NO BONES, NO MEAT, NO DAIRY
NO YARD WASTE
NO COMPOSTABLE PRODUCTS
NO PRODUCE STICKERS

Thank You for Composting!



**Fox Islands
APIARIES**

Fox Islands Apiaries harvests
their honey from hives right
here on the islands!

**support
local bees**

foxislandsapiaries@gmail.com

available at: Carver's Harbor Market,
Creelman Farm Store, Island Spirits, &
North Haven Grocery



Pleasant River Chapel

Sunday, July 12th

Music Sunday

Outdoor music service at the

Chapel, or Zoom at home

Join us for conversation at

8:30; service begins

at 9:00 AM

If you would like to join in via

internet or phone, contact

Carol Thompson at 863-4110

or email [pleasandrivchapel](mailto:pleasandrivchapel@gmail.com)

@gmail.com for log-on

information

We are grateful to those who

are taking care of so many.

For pastoral care call:

Rosanne Wallace 863-4846

Vannesa Henneke 863-4834

Union Church

Partnering with the Maine

Seacoast Mission and the

United Church of Christ

~Welcomes You~

Sunday Service

at 11:00am

PLEASE WEAR

MASKS

If you need pastoral care,

please contact

John Potter

729-7024

or

Ruthie Philbrook

863-4507



SUNDAY

Worship Service Live Feed

Streaming at 11:15 @ Open Bible Baptist

live on Facebook

Open Bible Baptist Church Corona
Virus Relief Fund (CVRF) will purchase
and deliver food for anyone in need.

Donations for the Corona Virus Relief
Fund can be made out to Open Bible
Baptist Church with CVRF in the memo
line. All financial or item donations will
go directly to help those in need.

FMI Contact Cathy 286-2550

Kate 409-2969 or Maggie 863-2185

ALL ARE WELCOME!

20 Fellowship Drive

863-9944

www.obbc-vinalhaven.org



Our meetings have
temporarily gone online,
for URL and times
please email

VinalhavenAA@gmail.com

Happy
Birthday
Maine

200 Years

AL-ANON

MEETING CHANGE

**Until further notice,
Al-Anon meetings will
be held virtually.**

To join the meeting by internet

OR phone, please email

vinalhavenalanon@gmail.com

or call 207-952-1817

Help is also available from Maine

Al-Anon maineafg.org

and World Al-Anon al-anon.org

We are here for you! Newcomers welcome!

Find Anonymous Peer Recovery Programs ONLINE

Portland Recovery Center

portlandrecovery.org

Narcotics Anonymous

namaine.org

Alcoholics Anonymous

csoaamaine.org

Nar-Anon

nar-anon.org

Al-Anon

maineafg.org

COVID-19 (Coronavirus)

It is okay

To feel stressed, afraid or anxious



It is okay

To reach out



It is okay

To ask for help



You are not in this alone

Fathom Seafood and Meats

Offering free delivery of a variety of fresh meats from Wiggins Butcher shop. Call for free delivery and a full menu including steaks, ground chuck, sausage, pork chops, fresh chicken, fresh cooked lobsters, and much more!

Kelly and Lee Oxtan: 703-6720

RESTAURANT FOR RENT
64 MAIN STREET (SALT)
MASTERBAR@AOL.COM

SECOND HAND PROSE REOPENING

For those of us who believe that books are ESSENTIAL, we're glad to finally reopen!

Let's all keep safe with the following protocols:

- 2 customers or 1 family group (same household) at a time
- face covering required
- gloves required (provided)
- 6' spacing between browsers

To minimize contact between volunteers and customers, we won't be giving cash change but will instead issue a credit slip. PLEASE BRING SMALL BILLS OR A CHECK or feel free to round up:)

BOOK DONATIONS

Like the library, we will be putting all incoming books in quarantine for 7 days. We have very little storage space, so we will need to strictly limit donations to 10 BOOKS PER HOUSEHOLD / DAY. DROP-OFF DURING OPEN HOURS ONLY. Thank you for understanding:)

The Sand Bar

863-4500 * Dine-In or Take-Out
Open for Lunch, Dinner & Cocktails
11 am - 8pm (9pm Friday & Saturday)
Closed Mondays

Frequently Asked Questions

Q: Are you open?

A: YES! We are open for dine-in, take-out and touchless curbside togo

Q: How do I eat & drink with a mask on?

A: You only need to wear your mask when you are standing. This includes coming in, using the restroom and leaving. When seated you can remove your mask.

Q: How many people can I have dinner and drinks with?

A: Per state requirements, up to 8 people can be seated at one table.

Q: Can I take my drink to go?

A: Yes and no. You **cannot** take the drink you are enjoying at the bar, but you **can** order drinks to go with your take-out food. We will package any drink for you, try our frozen booze slushies...they are amazing!

Q: Last summer it was so hot in the bar, is it still hot?

A: No! We now have AC, come in and cool off...enjoy a cold drink too!

Check our Facebook page for daily specials & slushie flavors

SURFSIDE

**DAILY 4:00ish-10:30 AM.
LIMITED INSIDE/OUTSIDE
SEATING; STILL TAKING
CURBSIDE ORDERS.
PLEASE FOLLOW STATE
PROTOCOL.
863-2767**



Scallops

ADAIR SCALLOPS at the flea market Sat. 9am. \$20. lb., also can call the house 863-4926 for contact free pick up. 412 North Haven rd.



**Hand-selected wines,
artisanal cheeses, craft
beers, Maine raised
meats, locally roasted
coffee, and more!**

NEW Hours:

**TUESDAY
thru
SATURDAY
10-5**

**32 Main Street
863.2192**

**Call for curbside
or home delivery!**



**FIORE - The Freshest
Olive Oil & Aged
Balsamic from Italy**

**Find Us Every Day
at Island Spirits
as well as
503 Main Street in**