



July 30 - August 5, 2020

E-MAIL: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

### Lobster Bake Benefit

Lobster Bake to benefit our own Deputy Chief James Harris who is battling some serious health issues!

August 9 from 2:00-6:00 at the fire station.

- 2 lobsters
- Corn
- Chips & Butter

Each dinner is only \$20. We are taking pre-orders For curb side pickup or delivery (\$5 delivery charge) within a 3 mile range.

For pre-orders you can call Denise Hopkins at 863-2084 (home) or 207-607-3945 (Cell - call or text) or see Jeannie Conway. Please let us know what time you want to pick up/have delivered and a name & phone number.

Please help us help our fellow fire fighter in need!

### Does your Organization or Business need Hand Sanitizer? Msaks?

ICMS can help!

Email Dinah

[dmoyer@icmsvh.org](mailto:dmoyer@icmsvh.org)

### In Recognition

Carl Philbrook has served the Town of Vinalhaven and its Public Works Department faithfully and professionally for nearly thirty years. For the last several of those, he worked with his colleagues to pass on his knowledge of our road system. Carl implemented the installation of a new public works software that will assist in future work, as well as an update of our Road System Management Software. Were it not for this pandemic and all the requisite restraints on social gatherings, the Town would certainly host an event on the occasion of his retirement recognizing his long devotion to the community he loves and to us all.

### Community Calendar

Email events to:

[windnonprofitads@gmail.com](mailto:windnonprofitads@gmail.com)

### Vinalhaven Taxi

(207) 720-0056

**Free Deliveries of Essentials paid for by ICMS!**

Ferry/Airstrip Connections. Here and There on Vinalhaven By Reservation or by Chance

*Jeanne Bineau-Ames*

### Free to Good Home TABLE

3 feet wide by four foot and 20" tall. Could be inside or outside. In the front yard at 113 Dyer's Island, phone number 310-291-3399

### Trivia Questions

1. What does TED stand for in TED talks?
2. How many eggs can a queen bee lay in a day?
3. In 1967, what group released the hit song, "Ruby Tuesday?"

### Maine Trivia

How many light houses does Maine have?

## Town of Vinalhaven Information

[www.townofvinalhaven.org](http://www.townofvinalhaven.org)

### Meetings

Committee meetings have been postponed or are being held virtually. The Select Board meets regularly online. Meetings are delivered virtually from our Facebook page: [facebook.com/townofvinalhaven](https://facebook.com/townofvinalhaven) and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven**.

For information contact Andrew Dorr, Town Manager [townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**In-person Workshop – Select Board**, Thursday, July 30, 5:00pm. See notice on this page.

**Virtual Meeting – Sea Level Rise**, Tuesday, August 4, 4:30pm. For information contact Gabe McPhail, [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org)

**Virtual Meeting – Pre-Planning Board**, Wednesday, August 5, 7pm. Please contact Robb Warren at [rwarren@vinalhavenschool.org](mailto:rwarren@vinalhavenschool.org) for zoom meeting information

**Virtual Meeting – Select Board**, Tuesday, August 4, 5:30pm. For information contact Andrew Dorr, Town Manager, [townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

### Notices

**Property Taxes** The Select Board voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. Interest is now accruing on unpaid balances. Contact the Town Office for amount due. (207) 863-4471 or 863-4343

**Single-Stream Recycling** #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

**Food Scrap Composting** collection bin located near the household trash container at the Transfer Station. How-To Brochures available at [townofvinalhaven.org](http://townofvinalhaven.org). Free Composting Pails available at the Town Office and Transfer Station.

### Hours of Operation & Contact Information\*

**\*The phone numbers below are correct, but due to Covid-19, the Town Office is closed to the public so the hours listed may be inaccurate. All services are available over the phone, by email, or online—please contact the Town Office for further information.**

**Town Office** – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

\*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

**Town Manager – Andrew J. Dorr** – 863-2042; 266-7806;  
[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Town Clerk – Darlene M. Candage** – 863-4343; [townclerk@townofvinalhaven.org](mailto:townclerk@townofvinalhaven.org)

**Deputy Town Clerk – Tanya Robishaw** – 863-4343; [deputyclerk@townofvinalhaven.org](mailto:deputyclerk@townofvinalhaven.org)

**Assessor – Wes Robinson** – Hours vary, contact 863-2168 or [vinalhavenassessor@gmail.com](mailto:vinalhavenassessor@gmail.com) to set up an appointment

**Code Enforcement Officer / Local Plumbing Inspector – Faye Grant** – Hours vary, contact 863-2168 or [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org) to set up an appointment

**Planning and Community Development – Gabe McPhail** – Hours vary, contact 863-2168 or [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org) to set up an appointment

**Welfare Program** – Call 863-2042 or 266-7806 to set up an appointment

**Public Works / Town Garage** – 863-2063

**Library – Scott Candage** – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or [vpl@vinalhaven.lib.me.us](mailto:vpl@vinalhaven.lib.me.us)

**Transfer Station – Kenny Martin** – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

**Fire Department – Marc Candage** – Emergency 911; Non-Emergency 863-4604 or [mcandage@townofvinalhaven.org](mailto:mcandage@townofvinalhaven.org)

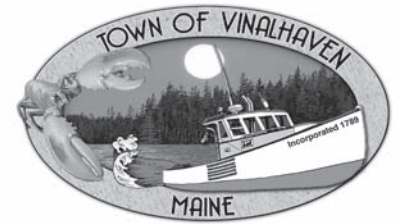
**Ambulance Service – Kerry McKee** – Emergency 911; Non-Emergency 863-2119 or [kmckee@townofvinalhaven.org](mailto:kmckee@townofvinalhaven.org)

**Knox County Deputy** – Emergency 911; Non-Emergency 593-9132

**Animal Control Officer/Harbor Master – James Knowlton** – 756-0209

**Public Health Officer – Jen Desmond** – Contact the Town Office at 863-2042

**Deputy Harbor Master – Peter Gasperini** – 542-1992



### **Select Board Law Enforcement Workshop Thursday, July 30th at 5pm** Located in the field across from Vinalhaven Library

The Vinalhaven Select Board will conduct a workshop intended to be a community forum to gather information relating to law enforcement on the island.

**Meeting Goal:** To determine what level of law enforcement is expected and/or suitable for Vinalhaven.

Questions to consider prior to this workshop: 1. What do the citizens of VH want [for what?] 2. What do citizens of VH expect for law enforcement services?

This event is being held outdoors, please plan accordingly. Everyone attending is expected to wear a face covering and sit only with members of their household. Please bring your own chair(s), the Town will only have a limited number available.

### **Job Opportunity**

*Are you looking for steady, reliable work? Interested in doing work that you will see the results of at the end of the day?*

The Town of Vinalhaven is looking for a F/T, year-round Driver/Laborer to join our Public Works Department.

This is a position with diverse tasks, health and dental plan valued at over \$12k, retirement plan, and OT.

**For more details, please visit  
our website or contact  
Andrew Dorr at (207) 863-2042**

Welcome to summer at the Vinalhaven Public Library during the Covid-19 pandemic. It is certainly not the summer we anticipated or wanted but it is the one we have. We are happy to be able to provide some limited library services during a phased re-opening.

### **Curbside Service – How It Works**

- Request books and DVDs from our collection at [vpl@vhaven.lib.me.us](mailto:vpl@vhaven.lib.me.us) or 207.863.4401.
- Library staff is available for requests **Tuesday – Saturday, 9 am – 5 pm.**
- Cut-off for guaranteed same-day service is 3 pm.
- Your order will be at the rear entrance to the building in a teal-colored plastic bag with your name attached. Items not collected by 5 pm will be available again at 9 am the following business day.
- When approaching the building, please *maintain a minimum distance of six feet from other individuals and wear a mask.*
- Please return materials to the book drops at front and rear of the building.
- Returned materials undergo a quarantine period before being checked back into our circulation system, so our online catalog may be up to a week out-of-date. To ensure availability of an item, please call or email.

### **New Release Titles**

- Due to quarantine requirements and to make it possible for the maximum number of people to access these materials, **only 2 new release titles per patron** may be checked out for a period of 7 days.
- Patrons may borrow up to 2 more new release titles when the first returned titles have been quarantined and entered back into circulation.
- No renewals allowed.

**Interlibrary Loans will not be available through the library until the fall.**

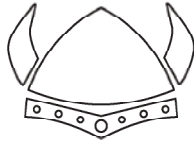
### **ReadME Adult Summer Reading Program**

- This year's titles were selected by Maine author Lily King:
  - *Roughhouse Friday* by Jaed Coffin (nonfiction)
  - *The Vigilance of Stars* by Patricia O'Donnell (fiction).
- We have 4 copies of each book available to circulate for a period of 7 days. Please contact us at the library to borrow one or both of these titles.
- There will be several Zoom ReadME author programs open to the public; information will be posted when available.

**Check our Vinalhaven Public Library Facebook page for more information and for new release titles.**

Thank you all for being patient with us as we provide the best library services possible as we learn to operate within a constantly changing environment. Be safe, be well, and be kind to each other.

Scott Candage, Library Director.



# Vinalhaven School News

As we quickly move into August, almost every wants to know the plans for Vinalhaven School. Yes, we're having school, and yes, we'll be sharing extensive information in the coming weeks. Here's what you can expect:

1. All schools in the state of Maine will have at least 3 plans. Plan A.) All students are at school in the building. Plan B.) "Hybrid" means that students are at school part of the time, and "remote" part of the time. Plan C.) All students are remote (not in the building). We will be prepared with all plans required by the state. And, with each plan, our goal is to make school engaging, relevant, and fun.
2. Vinalhaven has significant advantages because we have smaller class sizes, lots of outdoor space, and a large building with great ventilation. Plus, teachers who are willing

to put all of these plans together during the summer!

3. When we complete our planning, we'll get that info out to the community. It will be on our website, on our facebook page, shared through community links, and we'll produce a video where we can "walk" through the school to show everyone how it will work.
4. We will have repeated "zoom" sessions where we'll explain the plans, and then invite everyone in the community to ask questions.
5. Even though we will share with you each plan, we will not know which plan the state will require us to use on September 8 when school starts. No matter what, we will consistently communicate updates with the Vinalhaven community!

## Veggie Corner: Greek Fisherman's Stew



Adapted from Florence Fabricant's recipe in the NY Times. Serves 6.

- ✓ 3 tbsps olive oil
- ✓ 1 medium onion, diced
- ✓ 6 cloves garlic, sliced thin
- ✓ 1 small head fennel, diced
- ✓ 1/4 red chili flakes
- ✓ 3 large tomatoes
- ✓ Salt
- ✓ 1 cup dry white wine
- ✓ 1/2 lb. potatoes, peeled and diced
- ✓ Black pepper
- ✓ Lemon juice
- ✓ 2 lbs halibut, cut into 12 pieces
- ✓ 6 basil leaves, torn
- ✓ Mayonnaise seasoned with 1 1/2 tps sriracha or other hot sauce

1.) Warm oil in a 4 qt saucepan over medium heat. Stir in onion and garlic and cook until soft but not brown. Add fennel and cook a few minutes, until softened. Stir in chili flakes. Add tomatoes and salt, cover and cook on medium for about 10 minutes.

2.) Stir in wine and 2 1/2 cups of water, bring to a simmer, until potatoes are tender. check seasonings, adding salt and pepper to taste. Add lemon juice.

3.) Season fish pieces with salt and pepper, place them in the stew and simmer on low, covered, until the fish is just cooked through, about 5 minutes. Meanwhile, warm 6 generous soup plates.

4.) When fish is done, remove it to the warm soup plates. Remove pot from heat, stir in basil, just to wilt it and divide soup among the 6 plates. Serve spiced mayonnaise on the side if desired.



# VINALHAVEN COMMUNITY COVID-19 GUIDELINES

We are still in a Pandemic. Do your part to put your safety, your family's safety, and the safety of the community first. Do not take unnecessary risks, and be respectful of others by abiding by these guidelines.



**Stay home** if you are exhibiting symptoms of COVID-19 or if you are in quarantine. Limit any unnecessary travel.



**Maintain physical distance** by keeping at least 6 feet away from others unless you are from the same household.



**Do not gather in groups** of more than the permitted number according to current guidelines.



**Wear a face covering\*** when in public, including places of business, downtown, on the ferry, and all areas where keeping at least 6 feet away from others is not possible.



**Comply with CDC guidelines.** Do not touch surfaces unnecessarily. Wash/sanitize hands often.

**Comply with guidelines for businesses.**



**Stay safe. Keep others safe. Be kind.**

[www.townofvinalhaven.org](http://www.townofvinalhaven.org) for Vinalhaven COVID-19 Information

Questions? Comments? Contact the Vinalhaven Emergency Operations Center (EOC) **(207) 863-2168** or **VHEOC@townofvinalhaven.org**

\*CDC guidelines state that children under age 2 and anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance should NOT wear a face covering.

Scan code FMI





Islands Community  
**Medical Services**

*Our Medical Center*

## **WE ARE HERE TO HELP**

The economy presents many challenges to us these days.  
One of them shouldn't be your health care.

**ICMS has many programs available to help with your medical  
and dental care costs.**

1. We offer a **sliding fee scale** for those who qualify based on income. The sliding scale offers discounts on medical, behavioral health, physical therapy and dental care.
2. We have a **pharmacy program** with Kennebec Pharmacy which offers discounted prescriptions for those without prescription coverage. Savings can be significant.
3. We can also assist patients without drug coverage in applying for **free medications or discount cards**. Some manufacturers also offer a free 30-day trial even if you do have drug coverage.
4. We can also help you with **applications for Mainecare** or other federal programs. In addition, Pen Bay Medical Center has a **program to help with medical bills**.

Please reach out to **Leslie Dyer** at [lesliedyer@icmsvh.org](mailto:lesliedyer@icmsvh.org) or **207-863-4341, ext 1114** or **Carter Stanley** at **207-863-4348** or [ecstanley@icmsvh.org](mailto:ecstanley@icmsvh.org) for more information or with any questions.



Islands Community  
Medical Services

*Our Medical Center*

### **Medical Center Information**

[www.icmsvh.org](http://www.icmsvh.org)

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

#### **Hours of Operation**

##### **Medical Services**

**Mon, Wed, Fri: 8:00 am – 12 noon,**

**1 pm – 5 pm**

**Tues: 1 pm – 5 pm**

**Thurs: 8:00 am – 12 noon**

**Closed Tues. AM and Thurs. PM**

##### **Dental Services**

Dentist: July 29,30

Hygienist: July 27,30,31

Office:

##### **Physical Therapy**

To schedule an appointment,  
please call 863-4341

##### **Counseling**

**Dan Keniston, LCSW**

**Jeff Wilber, LCSW**

To schedule an appointment,  
Please call 863-9959

### **Osteopathic Manipulative Treatment & Acupuncture**

To schedule an appointment, please call  
863-4341.

Stuart Damon, DO July 31

##### **Women's Health**

To schedule an appointment,  
please call 863-4341.

Cathy Colman, ANP: Aug. 7

**To reach the provider on call dial 863-4341  
and your call will be forwarded to the  
answering services. They will take your call  
and page the provider on call for you.**

##### **Like us on Facebook**

ICMS receives HHS funding & has federal PHS  
deemed status with respect to certain health or  
health-related claims, including medical malpractice  
claims, for itself and covered individuals.  
ICMS is a 501(c) 3 and contributions to ICMS are tax  
exempt. This health center is a Health Center  
Program grantee under 42 USC 254b, and a  
deemed Public Health Service employee under 42  
USC 233(g)-(n).



Islands Community  
Medical Services

*Our Medical Center*

## **3 JOB OPENINGS**

**VINALHAVEN**

### **Medical Assistant** *Thursdays and Fridays*

You'll provide clinical support for medical practitioners, triage patient calls, and follow up with tests results. Manage patient records and act as a liaison between patient, hospital, and other providers. May perform phlebotomy work and injections.

### **Patient Services Rep** *Fridays and Per Diem*

The first person patients meet when they call and visit the Medical Center, you'll schedule appointments; verify patient information; inform them of preparations for appointments/tests and costs; and collect fees. Input data and balance financials.

For the above positions, experience in medical setting preferred. We need high-energy team players with excellent patient service skills who will protect patient information. Computer skills and excellent communication skills needed. On-the-job training provided.

### **Facility Cleaner** *Part-time*

Help create a sanitary environment through daily cleaning of all areas of the medical center. Discard trash, medical waste and recycling. Will need to follow various regulations and procedures. Looking for a dependable and conscientious individual. On-the-job training provided. Will need the ability to read and follow instructions. Job requires lifting up to 35 lbs., standing, reaching, walking, bending.

We are Islands Community Medical Services, Inc. For more information, visit our website at [www.icmsvh.org](http://www.icmsvh.org). To apply, email your resume or an application from our website to [Humanresources@icmsvh.org](mailto:Humanresources@icmsvh.org).

## **Stressed out by COVID-19 and the recent tragedy in town? Don't know who to turn to?**

Remember, the Medical Center is here for you with trained therapists available to help you through difficult times.

You can reach **Dan Keniston, LCSW** at **207-837-4057**  
or **Jeff Wilber, LCSW** at **207-449-9448**

We have appointments available by telemedicine through  
Zoom. We are offering a **free visit** for anyone who is  
struggling during these challenging times.

You can call Dan or Jeff directly.

If you have any questions or concerns, please contact Dinah  
Moyer at [dmoyer@icmsvh.org](mailto:dmoyer@icmsvh.org) or **207-863-4109**.



## BOTTLE BRIGADE CONTINUES WITH YOUR HELP, THANKS!



It is working! Following CDC guidelines, we are collecting returnable bottles and cans in the town parking lot

(not yet at the dump) to benefit Vinalhaven Eldercare Services.

Please deposit clean returnables (no milk jugs) in the totes or bring bags of mixed returnables to the bin on the right.

Please do not deliver directly to the Homestead as we need to keep items "quarantined" for three days before sorting on Sundays and Wednesdays.

For more information, contact Bill Alcorn 863-2246 or Peter Richards 863-5055

Forgiveness says  
you are given another chance  
to make a new beginning.

—Desmond Tutu

### WIND UPDATE

We are now printing paper copies of the WIND for all our subscribers!

We want to make sure that anyone who wants a copy is able to get one. (The WIND will continue to be online, as well). The average cost of one paper, including printing and postage is \$1.70.

If you would be interested in a 3 month subscription, please send \$15.00 to:

**The WIND**  
**PO Box 194**  
**Vinalhaven, ME 04863**

We will continue this offer as long as needed. Please be patient as we work out the wrinkles.

*Thank you!*

### Write to Friends

*We are sure these folks would love to hear from islanders / friends  
during the coronavirus pandemic*

Jaquelyn Ames  
c/o Goodwill-Kendall  
Lane House  
Freeport, Maine 04032

Lucy Wadsworth  
30 Community Drive  
Camden, Maine 04843

Joan Mitchell  
Assisted Living Floor  
Quarry Hill  
Camden, Maine 04843

Carlene Michael  
Boardman Cottage  
Islesboro, Maine 04848

Charles M. Miller  
1725 Honore Avenue  
Sarasota, FL 34232

Gladys Walls  
(new address)  
PO Box 702  
Newcastle, Maine 04553

Herb Conway  
Nans Case  
Barb Davis  
Priscilla Rosen  
Pat Nick  
Virginia Olney  
Calderwood Homestead  
18 Beaver Dam Road  
Vinalhaven, Maine 04863

Ora "Buddy" Warren  
Harbor Hill Center  
2 Footbridge Road  
Cape Rosier Unit Rm. 3  
Belfast, Maine 04915

Ann Anthony  
Caroline Morton  
Dottie Knowlton  
Windward Gardens  
105 Mechanic Street  
Camden, Maine 04843

Rosemary Anthony  
7 North Shore Drive  
Owls Head, Maine 04854



WOULD YOU LOVE TO ACTUALLY SEE SOME SMILES RIGHT NOW ?  
!!! YOUR 2021 ICMS CALENDAR HAS THEM !!!

Grag a bunch For Yourself, Family, Friends  
At the Flea, Island's Closet, the Tidewater, ICMS

MAIL ORDER 2021 CALENDARS

PHONE 207-863-4109

OR EMAIL: [dmoyer@icmsvh.org](mailto:dmoyer@icmsvh.org).

\$20 For One Includes Handling & Shipping.

Two Or More Are \$15 Each, Postpaid: Our Gift To You.

\$20 Each For Any Sent On Your Behalf As A Gift.

### Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

1. Download the wind to your computer/device
2. Create an email message addressed to your Kindle account
3. Subject of the email is the word "Convert"
4. Attach the wind PDF to the email body (no other text)
5. Send email
6. After a short while open your Kindle app and synchronize - the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' - copy/ paste that address and you're all set.



### Vinalhaven Eldercare Services

Carver's Harbor Market has been extremely helpful during all of this stay at home period. As you know Vinalhaven Eldercare Services is not going to be able to do our large fund-raising events this summer. **Carvers Harbor Market has graciously agreed to let Vinalhaven Eldercare Services have the round up this summer.**

I am asking that those of you who do curb side pickup when you place your order to ask them to round up for VES or add a small amount to your order to help support us and if you go to the store shopping that you please ask the cashier to round up for us.

This is going to be a very different summer for us, and we really need your support. ***Thank you for your help keeping our Homestead and all of our programs going.***

## *Vinalhaven Historical Society*

The Museum has a small collection of Indian artifacts, but we're wondering what others have in their collection.

If you have found arrow heads or other artifacts, we would love to have a picture of your finds for possible identification and dating by the State Archeologist.

Or if you have a story about finding, or a relative finding interesting items, we'd love to hear that too!

Images or questions can be sent to [vhhsoc@myfairpoint.net](mailto:vhhsoc@myfairpoint.net) or stop by the Museum!

### **Submit to the Wind!**

We are looking for stories, **anecdotes, recipes, images, Shout Outs**, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

### **Feeling Low? Reach Out for Help**

**ICMS** offers behavioral health services. Contact **Dan Keniston**, LCSW at **(207) 837-4057** or **Jeff Wilber**, LCSW at **(207) 449-9448**

**Maine Statewide Crisis Hotline 24/7** for immediate crisis-oriented help **1-888-568-1112**

**Maine Warm Line 24/7** for connecting with someone if you need mental and emotional support **1-866-771-9276**

Online Recovery Programs:  
**Narcotics Anonymous –**  
**[namaine.org](http://namaine.org)**  
**Alcoholics Anonymous –**  
**[csoaamaine.org](http://csoaamaine.org)**  
**Nar-Anon – [nar-anon.org](http://nar-anon.org)**  
**Al-Anon – [maineafg.org](http://maineafg.org)**

### **Vinalhaven Eldercare Services NEEDS YOUR HELP**

During this critical time, VES is grateful to have a dedicated staff of caregivers who are going above and beyond and making personal sacrifices to ensure that the residents of the Calderwood Homestead remain healthy and safe during these scary times. We need each one of them to ensure adequate staffing at the Homestead.

However, there is currently one staff member who needs temporary housing on the island to continue working at the Homestead.

If you or anyone you know might have housing available for a few months over the summer, please let Linda Lynch know at **863-9343**.  
Thanks for your help.

### **COVID-19 INFORMATION**

For Town updates, visit **[www.townofvinalhaven.org](http://www.townofvinalhaven.org)**  
There is a link on the homepage to all Covid-19 information and resources.

Also visit Facebook **[facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven)**

If you have Covid-19-related questions or concerns contact **207-863-2168** or **[VHEOC@townofvinalhaven.org](mailto:VHEOC@townofvinalhaven.org)**

Subscribe to receive Town Covid-19 Updates automatically in your inbox. Go to **Subscribe** on the Town's website and subscribe to **"Town Alerts"**. Also subscribe to **CivicReady® Emergency Notifications** to receive text and phone alerts.

### **Vinalhaven Community Outreach**

**We need your help and we're here to help you**

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

**Donations may be mailed to VCO, PO Box 15, Vinalhaven.**

Please mark Covid-19 in the memo

**If you need help**, and fit our criteria, please contact us by **email**

**[vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)**

Thank you.

We are a 501 (c) 3 organization

Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset.

—Saint Francis de Sales

### **COVID-19 FINANCIAL HELP**

#### **Unemployment Benefit for Self-employed People**

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply. **[www.maine.gov/unemployment](http://www.maine.gov/unemployment)**

#### **General Assistance (GA)**

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, Town Manager, **207-863-2042** **[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)**

#### **Vinalhaven Community**

**Outreach (VCO)** VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact **[vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)**



## Pop-up

# Guitar SCAMP!

*with teacher Bill Trevaskis*

**Where:** Outdoors at the  
**Pleasant River Chapel**

**When:** Tuesday through Thursday

**August 11-13**

**10 am – 12 pm**

**Who:** **Ages 7-12**

*Maximum 8 students*

**Guitars provided**

**Cost:** **\$30**

**Contact:** Alice Bissell

**To sign up:**

***PartnersInIslandEducation@gmail.com***

**PIE FB Messenger**

**(207) 863-4948**

**PIE booth at the Flea Market on Saturday**

**Note:** *Enrollment will be on a first-come basis, with priority going to Vinalhaven students.*

*We are following safe-distancing protocols.*

*Students will need to wear masks, bring a snack/water, and take home trash.*



THE OBSERVER  
Kevin Waters was a big man, and his heart was proportional to his size. A few years ago, Vinalhaven opened its own heart to Kevin, trying to emulate his own compassionate regard for we who have depended on him and on Penobscot Island Air for so long. It was an evening of entertainment, a roast essentially, at the auditorium, during which Kevin had to sacrifice a night at home and sit centerstage so one after another of us could have fun at his expense. But his capacity for taking as much abuse as we could give was as big as his capacity for giving all that we could take—all the love and compassion we could take—and we have certainly taken. He once made a special flight so an island man in a hard place could enjoy a birthday cake a loved one had ordered for him. Not unusual. And if there any possible way he could get a plane out here in an emergency, he did. Kevin was in our corner and nearly all of us, at one time or another, is better off as a result. pc

## How You Can Help donate to local service groups

### Community Lunchbox

Union Church, attn: Lunchbox  
PO Box 249

*Checks payable to Union Church*

*Memo line: Lunchbox*

### Meals on Wheels

VES

attn: Meals on Wheels,  
PO Box 624

*Checks payable to VES*

*Memo Line: Meals on Wheels*

**Open Bible Baptist Church  
Corona Virus Relief Fund**

### (CVRF)

Open Bible Baptist Church

attn: CVRF

PO Box 465

*Checks payable to Open Bible*

*Baptist Church, Memo line: CVRF*

### Vinalhaven Community Outreach

PO Box 15

*Checks payable to VCO Memo*

*line: Covid-19*

**Vinalhaven Fuel Fund  
Sue Radley**

attn: Vinalhaven Fuel Fund

14 Lawson's Quarry Rd

*Checks payable to Vinalhaven*

*Fuel Fund*

### The Brown Door at the Union Church

Union Church

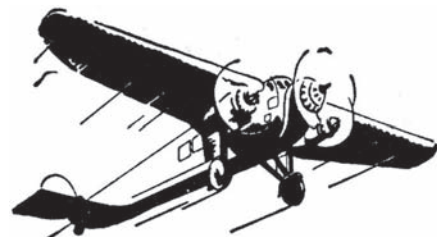
attn: Food Pantry

PO Box 249

*Checks payable to Union Church*

*Memo line: Food Pantry*

*All = Vinalhaven, ME 04863*







Vinalhaven Cleaning Services, LLC  
We don't cut corners, we clean them!  
207.863.2073

Vinalhaven Cleaning Services is open for  
business!

At this time, we have decided that we do not feel comfortable flipping weekly rentals until things move in a different direction. We WILL, however, open houses for those coming to the island who plan on staying for the summer or for more than the 14-day quarantine. We will be more than happy to come back & clean for you again once you have satisfied the quarantine requirement. We will also be more than happy to clean for any local island residents and/or businesses. We are fully insured and can provide proof of insurance as requested.

We have all of our own cleaning supplies and equipment, facial coverings, gloves, foot coverings, ozone generators (more info on those as requested), etc and look forward to talking to each of you on your personal needs & requirements for your home or business!

Please be patient with us as we work out the kinks with our new venture in this new world we are navigating thru! We hope to be able to provide a wonderful service to everyone & to the community.

Angelina Turner & Maggie Beckman 😊

Email contact:  
[angelina@vinalhavencleaningservices.com](mailto:angelina@vinalhavencleaningservices.com)

*Disclaimer: we reserve the right to accept or deny any business & your safety & ours is our top priority!!*

## Vinalhaven Historical Society

Open for the Season

**NEW HOURS**

**Monday-Thursday, 9-3:30**

Other times by appointment. Email  
[vhhissoc@myfairpoint.net](mailto:vhhissoc@myfairpoint.net) or call  
863-4410

Masks are required while inside the building. Please limit groups to 5.



## Great news!

The VH Chamber of Commerce has installed a new bulletin board in the grassy area in front of the post office where the previous board stood for twenty years. As before, all are invited to make use of it.

The three doors are operated with a key.

*Please return to the locked position  
after opening and closing.*

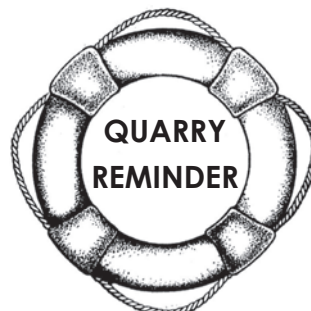
Please be respectful of other notices and avoid posting anything that might be viewed as offensive.

The Chamber will monitor it for current and appropriate content and will remove anything that is deemed inappropriate.

**Thank you!**

Looking for  
babysitting jobs

**Call Ava 867-5600**



Life Rings at the quarries are for LIFE SAVING. They are NOT WATER TOYS and should not be used as such.

Thank you – Vinalhaven  
Parks Commission



# NORTH HAVEN \* VINALHAVEN



## LIGHTHOUSE COVE, VINALHAVEN:

Well-built, beautifully designed Contemporary on 20 private acres with plenty of room for family and friends. 5 bedrooms, 3 baths, separate guest quarters in boathouse. Granite fireplaces, water-side porches. Deep-water dock, large hangar/garage. Splendid sunset views! MLS #1373724

**\$1,995,00**



**VINALHAVEN: Dyer Island Retreat.** A quaint shingled Cape with granite remains of a deep-water dock. Access over a causeway from the main island to this well-maintained getaway in a private setting at the end of the road. Island living at its finest, with spectacular sunsets. Offered at **\$875,000**



**CITY POINT, VINALHAVEN:** 7 acres with 1,000' deep water on Vinalhaven's Westside. Two-bedroom year-round cottage with separate garage/ workshop. Sunset views. MLS #1347431 **\$850,000**



**VINAL COVE, VINALHAVEN:** 8 acres of nicely elevated waterfront land. 500' on the water, with deep water. 2 soil tests for septic. Nice variety of trees. **\$495,000**



**THE PRIVILEGE, VINALHAVEN:** Cabin at the water's edge on private cove off Winter Harbor near Starboard Rock. Six plus acres with driveway to cabin. **\$395,000**



**VINAL COVE, VINALHAVEN:** 7 acres with 700' tidal waterfront looking East at Conservation land. Two soil tests for septic. Easy road frontage, driveway started. **\$289,000**



**VINALHAVEN VILLAGE DUPLEX HOME:** 2-unit, year-round home with separate garage. On large corner lot. Many great architectural features including Cypress woodwork, pocket doors and built-in China cabinet. 2 recent furnaces. **\$279,000**



**WINTER HARBOR, VINALHAVEN:** 2-bedroom Contemporary home on 2 acres, 200 feet tidal frontage with deep-water mooring. Walk-in basement/ workshop with 200-amp electric. Southern exposure, sunny spot. **\$249,000**



**23 SCHOOL STREET, VINALHAVEN:** Circa 1880 Maine Farmhouse style year-round home with slate roof with recent copper valleys, recent high end heating system. Convenient location. **\$169,900**



**CLAM SHELL ALLEY:** Step back in time in this 1890s restored Victorian with views into Carvers Harbor. Double front porches, wonderful wallpaper, tin ceiling in kitchen. Slate roof. Great location. MLS #1315183 **\$299,000**



**RE/MAX Jaret & Cohn**

**THE ISLAND GROUP**

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**WESLEY REED 207-863-2554**

wreed@jaretcohn.com





## Representing Buyers and Sellers on the Fox Islands

Kris Davidson, Broker ~ Lisa Shields, Associate Broker

207.863.2200 ~ [info@davidson-realty.com](mailto:info@davidson-realty.com)

[www.maineislandliving.com](http://www.maineislandliving.com)



### New Listing!

**Crocketts Cove.** Charming cottage on a 9-acre peninsula w/ a deepwater dock and a bunkhouse. 3 bdrm. Exquisite setting and sunset views. **\$999,500**



**Leo's Lane.** Fabulous 5 bdrm, 3 bath 1890s home, w/ deeded harbor access. Excellent craftsmanship and impeccable details. Completely rebuilt. **\$849,000**



**Post and Beam on Roberts Harbor.** Stunning custom-built home. Quality construction, loft bedroom, expansive ocean views, shared dock. **\$629,000**



**Spectacular Views.** Year-round home w/ ocean access perched above Robert's Harbor. First flr ensuite master, 2 bdrms & bath on second flr. Garage. **\$625,000**



**Kelwick Farm.** Historic farm with 18 acres and tastefully updated farmhouse. 3 fireplaces, 4 beds/2 baths. Fruit trees, open meadows. Charming! **\$595,000**



**Elevated Building Lot.** 3.88 acres w/ granite dock on Seal Cove, just off the Thorofare. Completed survey and soil test. Great sunset views! **\$525,000**



**Village Home.** Circa 1880s 3 bedroom, 2 bath house on Pleasant St. 1600+ sq. ft. Well-maintained, many updates. Great location in the village! **\$210,000**



**Spacious Log Home.** Many possibilities for this 6500 sq.ft. bldg. Currently main residence w/ 2 rentals. Updated, well-maintained. Good value! **\$310,000**



## VINAL ENERGY

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pre-buying for next season!**

## Help Wanted

Bean Maine Lobster has an opening for a full time position. Duties include buying/shipping lobster, working in the bait areas. Forklift experience helpful. Paid sick/personal days, paid holidays, and health insurance. Apply at the first lobster buying facility near the ferry terminal, or call 863-2082



**AllenIF.com | 236-4311**



Offices in Rockland, Camden, Belfast, Southwest Harbor and Waterville. An employee-owned company.

---

## North Haven Road Vinalhaven \$4,500,000



- Waterfront estate on the Fox Islands Thorofare with 17± acres, 520± feet of shorefront and spectacular views
- Architect-designed main residence is sophisticated and inviting with unique details - total of 8 bedrooms, 8.5 baths in all buildings
- Artfully built screened porch seamlessly connects to the main house and has a commanding granite fireplace and views of the Thorofare
- Top-quality outbuildings include a guest house, a water's edge gym, a barn with recreational and living space and a storage barn
- Well-landscaped grounds feature a tennis court, two coves and a protected, granite deep-water wharf with an extensive float system

---

## Cubby Hole Farm North Haven \$2,875,000



- Classic saltwater farm with 29± acres, historic buildings and spectacular broad views
- Year-round, classic center-chimney four-bedroom Cape has been beautifully restored
- Additional buildings include a new post-and-beam barn built in keeping with the historic property, a three-bedroom guest house, a three-car garage, a complete workshop and a water's edge boathouse
- Private in-ground lap pool, beautiful perennial gardens defined by rock walls and established, productive vegetable gardens
- Approximately 2,439± feet of frontage on the tidal Cubby Hole excellent for beachcombing, kayaking and swimming

**Terry Sortwell** | 207-236-3543 | [tsortwell@landvest.com](mailto:tsortwell@landvest.com)

**Joseph Sortwell** | 207-236-3543 | [jsortwell@landvest.com](mailto:jsortwell@landvest.com)

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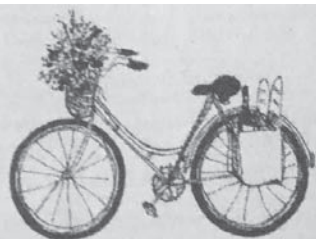
Write PO Box 45 Vinalhaven, ME 04863

## Fresh Bread

Selling Portuguese sweet  
bread at the flea market  
this Sat. at 9 AM. Feel  
free to reserve a loaf:  
[bread@ezisland.org](mailto:bread@ezisland.org)

To understand somebody else as a human  
being, I think, is about as close to real  
forgiveness as one can get.

— David Small



**Downstreet Market**

**Thursday - Monday**

**8 AM - 8 PM**

**Bakery-Café-Espresso Bar**

**863 - 5218**

**New Hours! New Menu!**

**ARTISAN PIZZA**

**SANDWICHES**

**SALADS - SOUP - CHOWDER**

**PIE & DESSERTS**

*Retail Wine & Craft Beer to  
Pair with your Pizza*

*Espresso Bar Coupon Given  
with every Pizza Purchase*

*Stop By & Pick Up Printed  
Menus at the Market*

*Take Out & Curb Side*

## COMPOST NOW!

@ Home or the Transfer Station

FMI please contact Anna

[knitwitmaine@gmail.com](mailto:knitwitmaine@gmail.com) or Gabe  
[gabemcphail@gmail.com](mailto:gabemcphail@gmail.com)

## COMPOST REMINDERS:

Transfer Station

Composting does not  
allow for the composting  
of certain items. *Please...*

**NO (SHELLFISH) SHELLS**

**NO BONES, NO MEAT,**

**NO DAIRY**

**NO YARD WASTE**

**NO COMPOSTABLE  
PRODUCTS**

**NO PRODUCE STICKERS**

*Thank You for  
Composting!*



Your home is your sanctuary.  
Heat Pumps clean and filter the air in  
your home while giving you energy  
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We are practicing social distancing &  
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**AUGUST IS ALMOST FULL**

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**207-401-8242**

Do not let the behavior of others destroy your inner peace.

—Dalai Lama





## Plumbing and Heating

- Licensed Master Plumber
- Licensed Master Oil Burner
- Repair Service Available
- Solar Hot Water

P.O. Box 69  
Vinalhaven, ME 04863  
207/863-2030

—JSDavisPlumheat@aol.com—

### Commercial Paving

We will be on the island next week for seal coating. Call for an estimate for paving or seal coating. (624-2391)

### Gardening Help Wanted

Island Groundworks, LLC  
Contact: Kristel Moore  
207-863-4868

You may not always have a comfortable life and you will not always be able to solve all of the world's problems at once but don't ever underestimate the importance you can have because history has shown us that courage can be contagious and hope can take on a life of its own.

—Michelle Obama

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VINALHAVEN



2400 SQ FT • 3 BEDROOMS • 2 BATHROOMS • OCEAN VIEWS

TURN KEY AND PERFECTION. OPEN AIR  
SUMMER KITCHEN ON GROUND LEVEL,  
COVERED PORCH, WATER VIEWS FROM  
THREE DECKS, A MUST SEE! **\$379,000**

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[LORRAINE@VINALHAVENREALTY.COM](mailto:LORRAINE@VINALHAVENREALTY.COM)  
[WWW.VINALHAVENREALTY.COM](http://WWW.VINALHAVENREALTY.COM)



## ISLAND TICKS

pest control  
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Organic Sprays for Ticks  
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Ants  
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Wasps  
Mice and More

"If you have a pest...we  
have a Solution!"

Charlie and Erica Simpson

Field mowing and other light  
duty tractor work.  
Call Tim 863-4672

## FOX ISLAND DIVING

37 Years, Still Kicking!

Not Retiring Yet!

Wheel cleanings

Mooring inspections  
and cleanings

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or text 542-1992

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Both house and/or yard!

We are experienced cleaners  
available to start anytime -  
willing to wear masks and  
gloves.

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Amber Shane: (207) 863-4455

Ashlyn Littlefield: (207) 863-4552

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Landscape, Mechanic; small engine  
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Peace is a daily, a weekly, a monthly process, gradually changing  
opinions, slowly eroding old barriers, quietly building new structures.

—John F. Kennedy

### 1999 Pursuit for Sale



\$29,500. Gorgeous boat!!! Very  
good condition. 28+'. Runs and  
looks great. Garmin GPS, radar,  
depth finder. With aluminum  
bunk trailer. Reupholstered  
cushions. Ready for summer fun  
and fishing! Call Drew 860-490-  
3001 or [Dkeir@cox.net](mailto:Dkeir@cox.net).

### FOR SALE: Double Sea Kayak

22' fast, stable, ocean kayak, w/3  
cargo holds and rudder; includes  
2 paddles w/leashes, 2 skirts & a  
bilge pump. Perfect for local day  
tripping or extended island  
hopping along the coast. This is a  
sister ship to the one that  
supported the Gulf of Maine  
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Scotia...by kayak. So, no  
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\$1,600 complete, or \$1,300 w/o  
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**Trust**  
**(I never met a wall I didn't**  
**want to climb...)**

Whenever I ache from  
withdrawing too tightly  
holding it inside for too long  
or just forgetting to exhale  
I cry out loud and long  
wailing down the stars  
tear at my walls so as to  
lay naked in such a light that  
shines from those who would  
teach me, raise me up until  
I remember who, exactly, has  
made such a mess of it n laugh  
at this b-movie-drama I would  
never pay money to watch

Trust seems to come in a slow  
steady procession of  
recognitions, understandings  
realizations that begin and end  
with me. It comes to crack  
carefully what hardened shell  
I have left, birthing me anew  
every single day

It will never be done with me  
as long as I'm here, which is  
lip-smacking delicious in the  
knowing that as it renews itself  
constantly changing form  
the simple power of trust  
stretches me open to allowing  
everything to simply be  
what it is

It accepts my accepting by  
giving me the time and space  
to walk gently over my ruins  
my rich remains, and bouquet  
them for the moon and you

I come to my walls now to  
dance a new dance, lay siege  
to myself and be undone  
so as to be done again by  
larger, kinder hands than mine.  
Paddy Noble

**Temperatures**

Six feet down:

Booth's Quarry     **64**

Lawson's             **64**



**Historical Notes**  
from the Vinalhaven Historical Society

**Vinalhaven Echo August 9, 1888**

*Singular Mystery: For skeptics to unravel*

Friday of the past week excitement prevailed here. More than two hundred people gazed in amazement and wonder upon a scene that was awe inspiring. It was a large wreath of smoke crossing the water from Lane's Island to Norton's Point apparently coming from out of the water. All the people at the Sands looked in vain to see what mysterious agency produced it, but nothing could be seen but the smoke rising as though coming from a steamboat's smokestack. Its mystical appearance and origin so excited many that they took to boats and rowed out to it to ascertain and unravel its invisible origin, but there was nothing to be seen but the watery exhalations of visible vapor curling up into the heavens and vanishing into obscurity leaving the explorers more mystified than ever and destitute of understanding its obscure mystery. It looks monstrously absurd to believe that occult powers are at work in this vicinity, but many of the people who saw the phenomenon believe in the direct agency of supernatural powers and say it is a premonition of something awful to come.

\*\*\*

**Vinalhaven, August 22, 1916**

A shark measuring 10'4" was caught near Green's Island by Capt. Walter Tolman of the sloop "Lelia E." The shark was entangled in the fishing trawl and was secured after much effort and brought to Vinalhaven, where it has been attracting much attention.

\*\*\*

**Vinalhaven, May 16, 1929**

The attraction of the week was the arrival of a seaplane Wednesday afternoon from Rockland with Pilot Wincapaw. The following availed themselves of the opportunity to receive the first thrill of an air flight: Flavilla Arey, Pauline Sanborn, Lida Greenlaw, Fred Chilles, Frank Winslow, O. V. Drew, G. C. Peasley, George Elwell, Fred Geary, George Wright, Frank Oakes, Henry Anderson, Carl Magnuson, Oscar Columb, Freeman Robinson. They flew over the adjacent islands, including North Haven and the Morrow Estate where the Lindbergh-Morrow wedding will take place. I was some trip!

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**rentals@davidson-realty.com**

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**maineislandliving.com**



35 years ago, on the night of our graduation, we read a prophecy of where we planned to be in the future. Since then, a lot of paths were altered, and a lot of outcomes were different than what we had predicted. But, I'll tell you one thing, 35 years hasn't changed me one bit. Still just as handsome today as I was then. Time sure did take its toll on the other guys in the class, for instance, I can still fit into my corduroy graduation suit (barely).

***Elin Elisofon - Realtor***  
**Buyers and Sellers Agent**

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 elin@islandheritagehomes.com  
**islandheritagehomes.com**



We have **SOLD** properties as the Buyers Agent on The Basin, Long Cove, and Washington School Road. The advantage of using a buyers agent is you have someone looking out for you.

**WINTER HARBOR FARMHOUSE**  
**Vinalhaven**



Beautifully cared for, year-round 1840's farmhouse, with dock and deep water mooring. Secluded and private location in Winter Harbor. Open fields to the shore with mature apple, cherry and plum trees. A rare opportunity on Vinalhaven. **\$685,000**

**PULPIT HARBOR BARN HOME**  
**North Haven**



Spacious Barn Style home, with 1.5 story Carriage House and lofted woodshed, provides a peaceful, four-season retreat, with abundant wildlife and ever changing natural beauty! Overlooking Fresh Pond and Upper Pulpit Harbor. **\$789,000**

**PLEASANT RIVER WOODLAND**  
**Vinalhaven**



**19 acres of mixed woodland plus 9 acres of salt marsh habitat** with frontage on the southern end of Vinal Cove. Close to town, existing woods road, driveway and soil test for a 3 bedroom home. A wonderful property with various habitats. **\$158,000**

Serving the islands of Vinalhaven, North Haven, and Islesboro



Fox Islands Electric  
Cooperative's 45th Annual  
Meeting Door Prize Winners

Thank you to all who attended our 45<sup>th</sup> annual meeting via Zoom! Also, thank you to all who sent in or dropped off their ballots.

We have new board members, a new logo, and 5 door prize winners! The election results and new logo will be posted next week in The Wind and on the FIEC Facebook page.

Below are the door prize winners:

- \$100- Steve Ritterbush & Rachel Noyes
- \$150- Karen Gates & Vinalhaven Historical Society
- \$500- Joe Bickford

**Millstream Cottage**



All seasons  
waterfront rental  
by day, week, or month

Two bedroom, two bath  
full kitchen and laundry  
Easy walk to ferry and all in-  
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Great bird watching!

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**Trivia Answers**

1. Technology,  
Entertainment, Design
2. 800-1500 eggs per day
3. The Rolling Stones

**Maine Trivia**

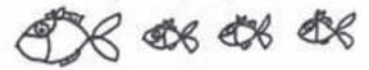
62

**Boat and Engine for Sale**

1986 Seaway 18ft Center  
Console Speedboat and 2015  
Yamaha 70hp fuel injected four  
stroke outboard. Motor has fewer  
than 20 hours and was  
professionally installed at Jeff's  
Marine. Comes with 2017  
LoadRite Trailer. Flasher  
sounder, chart plotter and GPS.

Selling just because we don't use  
it and want someone to enjoy it.  
Boat is in very good condition  
and ready to put in the water.  
Enjoy August on the water.  
\$16,500 OBRO  
call 863-9344 for more info.

**GO FISH**



**JULY  
NEW HOURS**

11:00 AM – 4:00 PM  
MONDAY – SATURDAY

CLOSED SUNDAYS



HERE ARE OUR GUIDELINES  
TO FOLLOW TO KEEP US ALL  
HEALTHY AND AT EASE:

★ 2 CUSTOMERS AT A TIME IN  
THE STORE OR IN YOUR  
SMALL FAMILY GROUP

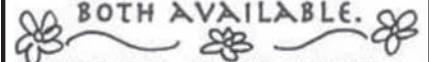
★ MASKS ARE A MUST FOR  
YOUR VISIT. PLEASE REFRAIN  
FROM TOUCHING IT.

★ USE THE HAND SANITIZER  
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SO THAT YOU CAN TOUCH THE  
MERCHANDISE.

SADLY THE CANDY  
COUNTER WILL ONLY BE  
AVAILABLE ONLINE SO  
PLEASE PLACE YOUR  
ORDER BEFORE YOU  
MAKE THE TRIP IN!

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MRSGOFISH@GMAIL.COM

(207) 863-4193



**Window Cleaning Services**

Call

Ashlyn: (207) 863-4552  
Terry: (207) 863-8007  
Amber: (207) 863-4455

# Peaceful Harbor Farm

## Perennials Blooming this week:

### Colorful

Corydalis, Heuchera, Penstemon,  
Moonbeam Coreopsis,  
Moonshine Yarrow, Paprika Yarrow,  
Gay Feather Liatris, Echinacea,  
Gum, Gentian, Veronica,  
Balloom Flower, Maltese Cross,  
Daylilies, Astilbe,  
Grenadin Dianthus (Carnations)

### Shrubs:

Common Lilac, Deep Purple Lilac,  
Radar Love Clematis, Bayberry,  
Northern Bush Honeysuckle,  
Annabelle Hydrangea,  
Redosier Dogwood, Rugosa Rose

### House Plants:

Streptocarpus, Coleus, Succulents

### Perennial Herbs:

Lemon Grass, Mints, Chives, Tarragon

### Open by Appointment

Only

call 863-9381 for  
an appointment,  
curbside pickup,  
or delivery

Dushane Road, just off  
the Pequot Road  
863-9381  
Support Local Economies



## Fox Islands APIARIES

Fox Islands Apiaries harvests  
their honey from hives right  
here on the islands!

support  
local bees

foxislandsapiaries@gmail.com

available at: Carver's Harbor Market,  
Creelman Farm Store, Island Spirits, &  
North Haven Grocery



## GOOD FOOD. ISLAND GROWN.

### WE ARE OPEN!

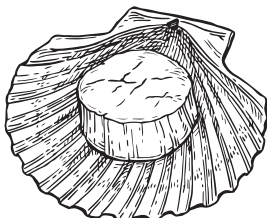
Veggies, herbs, flowers & more.  
Come visit!

NEW Farm Hours: Tues & Thurs 2-5, Sat 9-5  
Follow CDC guidelines for masks, social distancing

144 ROBERTS CEMETERY ROAD



@ROBERTSHARBORFARM | RHFARMVH.COM | 207-863-4474



### Scallops

ADAIR SCALLOPS at the flea  
market Sat. 9am. \$20. lb., also  
can call the house 863-4926 for  
contact free pick up. 412 North  
Haven rd.



### DIY Wildflower Walk

This summer, the annual June Carver Roberts Wildflower Walk is canceled, but you can still get out there on your own and hunt for wildflowers. We have put together a DIY Wildflower Walk for Lane's Island, available to print from our website: [vinalhavenlandtrust.org/walks](http://vinalhavenlandtrust.org/walks) and talks

### Dirty Dog Walk

August 11, 9:30-11  
Granite Island Preserve

Bring your dog for a walk on Granite Island and Story Trails. Space will be limited, please pre-register with Jim Boone, 863-2105. We will be reading "Harry, The Dirty Dog" by Gene Zion, along the trail. There will be swimming at the end so every dog can get dirty! Meet at Granite Island/Story Trail parking lot. Please wear a mask and practice social distancing.



## Pleasant River Chapel

Sunday, August 2nd  
Communion Sunday on Zoom

Join us for conversation at  
8:30; service begins  
at 9:00 AM

If you would like to join in via  
internet or phone, contact  
Carol Thompson at 863-4110  
or email [pleasanriverchapel@gmail.com](mailto:pleasanriverchapel@gmail.com) for log-on  
information

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We are grateful to those who  
are taking care of so many.

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For pastoral care call:  
Rosanne Wallace 863-4846  
Vannesa Henneke 863-4834

When you hold resentment  
toward another,  
you are bound  
to that person or condition  
by an emotional link  
that is stronger than steel.  
Forgiveness is the only way  
to dissolve that link  
and get free.

—Catherine Ponder

## Union Church

Partnering with the Maine  
Seacoast Mission and the  
United Church of Christ  
~Welcomes You~

**Sunday Service**  
*at 11:00am*

**PLEASE WEAR  
MASKS**

If you need pastoral care,  
please contact  
John Potter  
729-7024  
or  
Ruthie Philbrook  
863-4507



## AL-ANON MEETING CHANGE

**Until further notice,  
Al-Anon meetings will  
be held virtually.**

To join the meeting by internet  
OR phone, please email  
[vinalhavenalanon@gmail.com](mailto:vinalhavenalanon@gmail.com)  
or call 207-952-1817  
Help is also available from Maine  
Al-Anon [maineafg.org](http://maineafg.org)  
and World Al-Anon [al-anon.org](http://al-anon.org)  
*We are here for you! Newcomers welcome!*



### SUNDAY

9:30—Sunday School  
Adults in Church

10:30—Fellowship Time

11:00—Worship Service

### WEDNESDAY

6 PM—Bible Study and  
Prayer Time

**ALL ARE WELCOME!**

20 Fellowship Drive  
863-9944  
[www.obbc-vinalhaven.org](http://www.obbc-vinalhaven.org)



Our meetings have  
temporarily gone online, for  
URL and times  
please email

**VinalhavenAA@gmail.com**

## **Find Anonymous Peer Recovery Programs ONLINE**

Portland Recovery Center  
[portlandrecovery.org](http://portlandrecovery.org)

Narcotics Anonymous  
[namaine.org](http://namaine.org)

Alcoholics Anonymous  
[csoaamaine.org](http://csoaamaine.org)

Nar-Anon  
[nar-anon.org](http://nar-anon.org)

Al-Anon  
[maineafg.org](http://maineafg.org)



### Fathom Seafood and Meats

Offering free delivery of a variety of fresh meats from Wiggins Butcher shop. Call for free delivery and a full menu including steaks, ground chuck, sausage, pork chops, fresh chicken, fresh cooked lobsters, and much more!

Kelly and Lee Oxtan: 703-6720

**RESTAURANT FOR RENT**  
64 MAIN STREET (SALT)  
**MASTERBAR@AOL.COM**

### SECOND HAND PROSE REOPENING

For those of us who believe that books are ESSENTIAL, we're glad to finally reopen!

Let's all keep safe with the following protocols:

- 2 customers or 1 family group (same household) at a time
- face covering required
- gloves required (provided)
- 6' spacing between browsers

\*\*\*

To minimize contact between volunteers and customers, we won't be giving cash change but will instead issue a credit slip. PLEASE BRING SMALL BILLS OR A CHECK or feel free to round up:)

\*\*\*

### BOOK DONATIONS

Like the library, we will be putting all incoming books in quarantine for 7 days. We have very little storage space, so we will need to strictly limit donations to 10 BOOKS PER HOUSEHOLD / DAY. DROP-OFF DURING OPEN HOURS ONLY.

Thank you for understanding:)

\*\*\*

OPEN MON-SAT 10-2

### SURFSIDE

**DAILY 4:00ish-10:30 AM.  
LIMITED INSIDE/OUTSIDE  
SEATING; STILL TAKING  
CURBSIDE ORDERS.  
PLEASE FOLLOW STATE  
PROTOCOL.  
863-2767**

### The Sand Bar

863-4500 \* Dine-In or Take-Out  
Open for Lunch, Dinner & Cocktails  
11 am – 8pm (9pm Friday & Saturday)  
Closed Mondays

### Frequently Asked Questions

**Q: Are you open?**

**A:** YES! We are open for dine-in, take-out and touchless curbside togo

**Q: How do I eat & drink with a mask on?**

**A:** You only need to wear your mask when you are standing. This includes coming in, using the restroom and leaving. When seated you can remove your mask.

**Q: How many people can I have dinner and drinks with?**

**A:** Per state requirements, up to 8 people can be seated at one table.

**Q: Can I take my drink to go?**

**A:** Yes and no. You **cannot** take the drink you are enjoying at the bar, but you **can** order drinks to go with your take-out food. We will package any drink for you, try our frozen booze slushies...they are amazing!

**Q: Last summer it was so hot in the bar, is it still hot?**

**A:** No! We now have AC, come in and cool off...enjoy a cold drink too!

**Check our Facebook page for daily specials & slushie flavors**

### SECOND HAND PROSE CLEARANCE SALE!

We missed our July 4 book sale, so we're doing an ongoing clearance sale

Check the Clearance Cart in the back of the shop

25 cents each

New books added daily

OPEN MON-SAT 10-2



Hand-selected wines, artisanal cheeses, craft beers, Maine raised meats, locally roasted coffee, and more!

### NEW Hours:

**TUESDAY  
thru  
SATURDAY  
10-5**

32 Main Street  
863.2192

*Call for curbside  
or home delivery!*



**FIORE – The Freshest  
Olive Oil & Aged  
Balsamic from Italy**

**Find Us Every Day  
at Island Spirits  
as well as  
503 Main Street in**