

August 27 - September 2, 2020

E-MAIL: vinalhavenwind@gmail.com

#### **VINALHAVEN SCHOOL SEEKING**

#### 2 Ed Tech Positions open:

Ed Tech I - Special Education 7:45-2:45 Ed Tech III - Working mainly with Kindergarten 7:45-2:45

Please send a letter of interest by Monday, August 31, 2020 to mselby@vinalhavenschool.org and bfeezor@vinalhavenschool.org

Failure is another stepping stone to greatness. —Oprah Winfrey

#### PAPER WINDS!

We are now printing paper copies of the WIND for all our subscribers!

We want to make sure that anyone who wants a copy is able to get one. (The WIND will continue to be online, as well). The average cost of one paper, including printing and postage is \$1.70.

If you would be interested in a 3 month subscription, please send \$15.00 to:

> The WIND **PO Box 194** Vinalhaven, ME 04863

We will continue this offer as long as needed. Please be patient as we work out the wrinkles.

Thank you!

Thank you to all the wonderful emergency response folks who rescued me off the Story Trail last Monday. You were all so kind and professional, and I certainly had a unique view of the trail from the stretcher! Vinalhaven is lucky to have such caring people as members of the community. -Jane Sullivan

#### **FOOD PANTRY**

Thurs. Sept. 3 3-4:30 **Union Church Vestry** Wear a mask and bring bags.

#### **Community Calendar**

Email events to: windnonprofitads@gmail.com

#### Attribution

Last week's poem, "Brooklyn Bridge" should have been credited to Ruth Sayward.

#### **Congratulations!**

#### Joby and Kendra were married on August 18! Cards may be sent to:

Joby and Kendra Philbrook 27 Mortland Road Searsport, Maine 04974

#### **Hunter Safety Course**

**Hunter Safety Course** Aug 30, 9am-4pm Combo Firearms/Archery

This course requires that students complete the knowledge portion of the course online and attend a skills and exam day. For more info and to sign up, call Mark McCarthy at 863-2057.

### Vinalhaven Taxi (207)720-0056

#### Free Deliveries of Essentials paid for by ICMS!

Ferry/Airstrip Connections. Here and There on Vinalhaven By Reservation or by Chance

Jeanne Bineau-Ames

#### **Town of Vinalhaven Information**

www.townofvinalhaven.org

#### **Meetings**

Committee meetings have been postponed, are being held virtually, or are hybrid with both in-person and zoom attendance. The Select Board meets regularly online. Meetings are delivered virtually from our Facebook page: **facebook.com/townofvinalhaven** and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven.** 

Virtual Meeting – Sea Level Rise, Tuesday, September 1, 4:30pm Contact Gabe McPhail for Zoom login information gmcphail@townofvinalhaven.org

Hybrid Virtual-In-Person Meeting – Pre-Planning Board, Wednesday, September 2, 7pm. Contact Faye Grant for information vhceo@townofvinalhaven.org

**Hybrid Virtual-In-Person Meeting – Planning Board, Wednesday, September 9, 7pm.** Contact Faye Grant for information **vhceo@townofvinalhaven.org** 

#### **Notices**

**CEO/LPI** Faye Grant is in the office most days 9am-12pm. The town office is not open to walk-ins so contact 863-2168 or vhceo@townofvinalhaven.org to schedule an appointment.

**Property Taxes** The Select Board voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. Interest is now accruing on unpaid balances. Contact the Town Office for amount due. (207) 863-4471 or 863-4343

**Single-Stream Recycling** #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

**Food Scrap Composting** collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org. Free Composting Pails available at the Town Office and Transfer Station.

#### **Hours of Operation & Contact Information\***

\*The phone numbers below are correct, but due to Covid-19, the Town Office is closed to the public so the hours listed may be inaccurate. All services are available over the phone, by email, or online—please contact the Town Office for further information.

Town Office - Mon-Fri 7:30am-5pm - 863-4471 or 863-4343; Fax: 863-4393

\*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

**Town Manager – Andrew J. Dorr** – 863-2042; 266-7806; townmanager@townofvinalhaven.org

Town Clerk - Darlene M. Candage - 863-4343; townclerk@townofvinalahven.org

Deputy Town Clerk - Tanya Robishaw - 863-4343; deputyclerk@townofvinalhaven.org

**Assessor – Wes Robinson –** Hours vary, contact 863-2168 or vinalhavenassessor@gmail.com to set up an appointment

**Code Enforcement Officer / Local Plumbing Inspector – Faye Grant –** M-F, 9am-12pm contact 863-2168 or vhceo@townofvinalhaven.org to set up an appointment

**Planning and Community Development – Gabe McPhail** – Hours vary, contact 863-2168 or gmcphail@townofvinalhaven.org to set up an appointment

Welfare Program – Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage - 863-2063

**Library – Scott Candage** –Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or vpl@vhaven.lib.me.us

Transfer Station – Kenny Martin – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

**Fire Department – Marc Candage** – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

**Ambulance Service – Kerry McKee –** Emergency 911; Non-Emergency 863-2119 or kmckee@townofvinalhaven.org

Knox County Deputy - Emergency 911; Non-Emergency 593-9132

Animal Control Officer/Harbor Master – James Knowlton – 756-0209

Public Health Officer – Jen Desmond – Contact the Town Office at 863-2042

**Deputy Harbor Master – Peter Gasperini** – 542-1992



#### Absentee Ballot Request For November 3, 2020 General Election

Registered Vinalhaven Voters may request absentee ballots any **ONE** of three ways:

- Use the Secretary of State's
   Online Absentee Ballot
   Request Portal. Go to
   <u>apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl</u>
   The deadline to request ballots using this service is 5:00 pm on
   Thursday, October 29, 2020.
- 2. Call the Town Office, Darlene Candage at (207) 863-4343 to request a ballot by phone. Please Note: the person requesting the ballot must speak with the Clerk. A person may not request a ballot for someone other than themselves.
- Print, fill out and mail (or put in our drop box) the request form available on the Town website.
   www.townofvinalhaven.org

Actual ballots will be mailed 30 days prior to the election.

To **REGISTER TO VOTE** you will need to fill out a **Maine Voter Registration Card and provide a Maine Drivers License or Maine ID AND proof of Vinalhaven residence** (if your VH address is not already on the license).

For more Voting information and deadlines go to

www.maine.gov/sos/cec/elec/voter-info/index.html

# VINALHAVEN COMMUNITY COVID-19 GUIDELINES

We are still in a Pandemic. Do your part to put your safety, your family's safety, and the safety of the community first. Do not take unnecessary risks, and be respectful of others by abiding by these guidelines.



**Stay home** if you are exhibiting symptoms of COVID-19 or if you are in quarantine. Limit any unnecessary travel.



**Maintain physical distance** by keeping at least 6 feet away from others unless you are from the same household.



**Do not gather in groups** of more than the permitted number according to current guidelines.



**Wear a face covering\*** when in public, including places of business, downtown, on the ferry, and all areas where keeping at least 6 feet away from others is not possible.



**Comply with CDC guidelines.** Do not touch surfaces unnecessarily. Wash/sanitize hands often.

Comply with guidelines for businesses.



Stay safe. Keep others safe. Be kind.

#### www. townofvinalhaven.org for Vinalhaven COVID-19 Information

Questions? Comments? Contact the Vinalhaven Emergency Operations Center (EOC) (207) 863-2168 or VHEOC@townofvinalhaven.org

\*CDC guidelines state that children under age 2 and anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance should NOT wear a face covering.





#### **Medical Center Information**

#### www.icmsvh.org

Medical Services: 863-4341 Dental Services: 863-2533 Counseling: 863-9959 Billing: 863-4348

Hours of Operation Medical Services

Mon, Wed, Fri: 8:00 am – 12 noon, 1 pm – 5 pm

Tues: 1 pm – 5 pm Thurs: 8:00 am – 12 noon Closed Tues. AM and Thurs. PM Dental Services

> Dentist: August 26,27 Hygienist: August 27,28,31 Office:

#### Physical Therapy

To schedule an appointment, please call 863-4341

Counseling
Dan Keniston, LCSW
Jeff Wilber, LCSW

To schedule an appointment, Please call 863-9959

## Osteopathic Manipulative Treatment & Acupuncture

To schedule an appointment, please call 863-4341.

Stuart Damon, DO August 28

#### Women's Health

To schedule an appointment, please call 863-4341.

Cathy Colman, ANP: Aug. 11

To reach the provider on call dial 863-4341
and your call will be forwarded to the
answering services. They will take your call
and page the provider on call for you.

#### Like us on Facebook

ICMS receives HHS funding & has federal PHS deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and covered individuals.

ICMS is a 501(c) 3 and contributions to ICMS are tax exempt. This health center is a Health Center Program grantee under 42 USC 254b, and a deemed Public Health Service employee under 42 USC 233(g)-(n).



## Vinalhaven School News

## The first day of school is quickly approaching. Here's an update!

The first four days of school, **September 8, 9, 10, and 11 will be shortened days.** We will start at 8:00 a.m. and dismiss at 1:00 p.m. Then, teachers will meet from 1:00 - 3:00 to make any adjustments needed and communicate with parents. We'll help all of the students learn and practice how everything works this year.

YES - it's true! Thanks to Coronavirus Relief Funds, all back-to-school supplies are provided for students at Vinalhaven School this year. This will enable us to organize supplies for each student before school starts, and help us limit sharing (and germs) throughout the year. Again, parents do not need to purchase school supplies this year.

Over the past week parents have meet through zoom to learn about the "return to learning" plan at Vinalhaven school. If you have questions, please contact principal

Monte Selby

mselby@vinalhavenschool.org

Thank you!

## Stressed out by COVID-19 and current tragedies? Don't know who to turn to?

Remember, the Medical Center is here for you with trained therapists available to help you through difficult times. You can reach **Jeff Wilber**, LCSW at **207-449-9448** 

We have appointments available by telemedicine through Zoom. We are offering a **free visit** for anyone who is struggling during these challenging times. You can call Jeff directly.

If you have any questions or concerns, please contact Dinah Moyer at **dmoyer@icmsvh.org** or **207-863-4109.** 

## Tidbits from the Vinalhaven Historical Society

Abial Carnes was engaged in plastering a house for the B. G. Co., along with his nephew Willie, who officiated as hod carrier. He had plastered the top of the wall, finished his job and removed the staging. He was about to leave the building when the hod tender went up to the upper story and was hammering a few cleats into the wall, when all at once the newly plastered wall below fell down and buried the old man in the ruins. The hod carrier ran to his rescue and pulled him from the debris. After regaining his senses, he charged his nephew with deliberately trying to bury him alive. The nephew was chased around the room, and had he not got out of doors the consequences would have been serious! Abial and building were insured.

Messenger, 15 May 1885

Mrs. Redman Swears, while breaking what she thought was a double yolked egg, was surprised to find inside another perfectly formed hard shelled egg. Can you beat it?

March 1919

The Ames' Farm at Calderwood's Neck has been the scene of extensive improvements during the winter months. A new hardwood floor has been laid in the living room of the house and the dining room is being newly decorated. A Delco Lighting System has just been installed by the crew employed by Roy H. Genthner of Waldoboro, who placed 28 outlets in the house and barn in less than two days. An electric water system is soon to be installed to furnish running water throughout the house and barn. Earlier in the fall a 6-tube radio was added to the enjoyments.

Saturday, March 10, 1928



#### **Vinalhaven Eldercare Services**

Carver's Harbor Market has been extremely helpful during all of this stay at home period. As you know Vinalhaven Eldercare Services is not going to be able to do our large fund-raising events this summer.

Carvers Harbor Market has graciously agreed to let Vinalhaven Eldercare Services have the round up this summer.

I am asking that those of you who do curb side pickup when you place your order to ask them to round up for VES or add a small amount to your order to help support us and if you go to the store shopping that you please ask the cashier to round up for us.

This is going to be a very different summer for us, and we really need your support. *Thank you for your help keeping our Homestead and all of our programs going.* 

#### **Write to Friends**

We are sure these folks would love to hear from islanders / friends during the coronavirus pandemic

Jaquelyn Ames c/o Goodwill-Kendall Lane House Freeport, Maine 04032

Lucy Wadsworth 30 Community Drive Camden, Maine 04843

Carlene Michael Boardman Cottage Islesboro, Maine 04848

Charles M. Miller 1725 Honore Avenue Sarasota, FL 34232

Gladys Walls (new address) PO Box 702 Newcastle, Maine 04553

Ora "Buddy" Warren Harbor Hill Center 2 Footbridge Road Cape Rosier Unit Rm. 3 Belfast, Maine 04915 Herb Conway
Nans Case
Barb Davis
Marie Dempster
Joan Mitchell
Priscilla Rosen
Pat Nick
Virginia Olney
Calderwood Homestead
18 Beaver Dam Road
Vinalhaven, Maine
04863

Ann Anthony
Caroline Morton
Dottie Knowlton
Windward Gardens
105 Mechanic Street
Camden, Maine 04843

Rosemary Anthony 7 North Shore Drive Owls Head, Maine 04854

#### **Trivia Questions**

- 1. How many days and nights did Jonah spend in the great fish's belly?
- 2. What are the strings on a banana called?
- 3. What is the term for using one hand for a task and the other for other tasks?

#### **Maine Trivia**

What does Katahdin mean?

The sweetest part of leaving home is knowing, beyond the shadow of a doubt, that you'll always carry it with you.

—Anonymous

#### Submit to the Wind!

We are looking for stories, anecdotes, recipes, images,

Shout Outs, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: vinalhavenwind@gmail.com

#### Feeling Low? Reach Out for Help

ICMS offers behavioral health services. Contact **Jeff Wilber**, LCSW at **(207) 449-9448** 

Maine Statewide Crisis Hotline 24/7 for immediate crisis-oriented help 1-888-568-1112

Maine Warm Line 24/7 for connecting with someone if you need mental and emotional support 1-866-771-9276

Online Recovery Programs:
Narcotics Anonymous –
namaine.org
Alcoholics Anonymous –
csoaamaine.org
Nar-Anon – nar-anon.org
Al-Anon – maineafg.org

#### Vinalhaven Eldercare Services NEEDS YOUR HELP

During this critical time, VES is grateful to have a dedicated staff of caregivers who ae going above and beyond and making personal sacrifices to ensure that the residents of the Calderwood Homestead remain healthy and safe during these scary times. We need each one of them to ensure adequate staffing at the Homestead.

However, there is currently one staff member who needs temporary housing on the island to continue working at the Homestead.

If you or anyone you know might have housing available for a few months over the summer, please let Linda Lynch know at 863-9343.

Thanks for your help.

#### **COVID-19 INFORMATION**

For Town updates, visit **www.townofvinalhaven.org** 

There is a link on the homepage to all Covid-19 information and resources.

Also visit Facebook **facebook. com/townofvinalhaven** 

If you have Covid-19-related questions or concerns contact 207-863-2168 or VHEOC@ townofvinalhaven.org

Subscribe to receive Town Covid-19 Updates automatically in your inbox. Go to **Subscribe** on the Town's website and subscribe to "Town Alerts". Also subscribe to **CivicReady® Emergency Notifications** to receive text and phone alerts.

## Vinalhaven Community Outreach

We need your help and we're here to help you

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

Donations may be mailed to VCO, PO Box 15, Vinalhaven.

Please mark Covid-19 in the memo

If you need help, and fit our criteria, please contact us by email

vhcommunityoutreach@gmail .com

Thank you.

We are a 501 (c) 3 organization

#### Thank you!

For shopping on island and for ssupporting local businesses

#### **COVID-19 FINANCIAL HELP**

#### Unemployment Benefit for Selfemployed People

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply. www.maine.gov/ unemployment

#### **General Assistance (GA)**

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, Town Manager, **207**-**863-2042 townmanager**@ **townofvinalhaven.org** 

Vinalhaven Community
Outreach (VCO) VCO has a
COVID-19 fund to help islanders
who have been directly, financially
affected by COVID-19. Contact
vhcommunityoutreach@gmail.
com

#### SECOND HAND PROSE REOPENING

For those of us who believe that books are ESSENTIAL, we're glad to finally reopen! Let's all keep safe with the following protocols:

-2 customers or 1 family group (same household) at a time -face covering required -gloves required (provided) -6' spacing between browsers \*\*\*

To minimize contact between volunteers and customers, we won't be giving cash change but will instead issue a credit slip. PLEASE BRING SMALL BILLS OR A CHECK or feel free to round up:)

\*\*\*

#### **BOOK DONATIONS**

Like the library, we will be putting all incoming books in quarantine for 7 days. We have very little storage space, so we will need to strictly limit donations to 10 BOOKS PER HOUSEHOLD / DAY.

DROP-OFF DURING OPEN HOURS ONLY.

Thank you for understanding:)

## SECOND HAND PROSE CLEARANCE SALE!

10 - 2

**OPEN MON-SAT** 

We missed our July 4 book sale, so we're doing an ongoing clearance sale

Check the Clearance Cart in the back of the shop

25 cents each New books added daily

OPEN MON-SAT 10-2

#### The Visitors

Four foggy mornings and I'm glad of the slowness the bellow of the fog horn the silky warm wetness softening my skin, soaking the tender leaves of my beans and tomatoes
Last time we had fog it stayed eight days and no burn-off no release from the seashroud till, like an old dog circling its bed, I laid down and cried "Uncle!"

"It'll take a thunder-bumper afore we shake this stuff off" says the store-clerk, and I've been here long enough to know she's right, been here long enough to never leave this island that kisses you in summer then come winter you're totally gob-smacked by wind, wet and the depletion of ferries "We only have two seasons"

You get used to it pretty quick or you leave. So I'm living here now rarely going over to the mainland and when I must leave for appointments or supplies, it is seldom and hard not my choice to go but I say it is but no, it's never easy turning your back on majesty

I was remembering overhearing visitors down the boat wharf say "Well that was nice but no biggie

just a pleasant time on an island off of Maine and I really couldn't stay ya know, too quiet, water's too cold, too harsh a living, but ok for those that live here, who are a bit clannish I heard... tell me, when are we coming back?"

There's something about this place that calls to us deeply makes us smile, makes our hearts move in our chests Words fail to describe how it gets a hold on you, it's color it's sea roar n fog chime, it's fern and poplars and birches and moss and pines and granite floor its medicinal wildflowers berries and birds everywhere the way deer wait to see you see them, then, and only then, dart off with slow-motion tail waves and bears brave the swim to get here but you never see them at all and the rumors fly about sighting here, no there, no, gone again

And I take for granted people that still care for each other like a tribe, like family, it is so familiar, I am a child in the 50's again and time is on my side I know that, like so many before I am just a visitor that never wants to leave nor can I and think I'd ever be the same again.

Paddy Noble

Focus on your work. Do what you're great at. Don't compare yourself to others and or waste time criticizing the lives and work of others. Do what matters most to you and make a difference doing that.

-Germany Kent



#### The Bird in the Pond Behind Cynthia's House

This is the bird that was in the pond behind Cynthia's house. I sent this photo to Mr. Brad Winn, a friend at Manomet Center for Conservation Sciences because usually sandpipers do not frequent fresh water and it seemed quite fat.

Brad Winn is Manomet's Director of Shorebird Habitat Management and is committed to working with a wide range of individuals and organizations to implement conservation projects. Brad joined Manomet in 2011 to work toward Western Hemisphere shorebird population recovery, including teaching shorebird ecology management workshops, and coordinating the International Shorebird Survey, contributing to the development of the Atlantic Flyway Shorebird Business Strategy, and performing field studies including Arctic Shorebird Demographics Network, Red Knot population estimates, and Whimbrel migration ecology.



Page Credit: C. James Smith



This is Brad's response to my email and sending along the photo of your bird.

"Nice find. My favorite bird, it is a Solitary Sandpiper, a freshwater seeker. It is that round for bulking, and perhaps a little cuffed up as well. They breed in bogs up north, and migrate down into the tropics, maintaining both the freshwater life, and small isolated pools and ponds throughout central and northern South America. I found one, one time in a puddle in an Amazonian rainforest when I was in my early 20's. (He is in his early 60's) I'm jealous and hope to stumble upon one here in Vermont.



#### **Roberts Harbor**

The old dog barks backwards without getting up. I can remember when he was a pup. –Robert Frost

Our stay here is as short as Frost's couplet. You don't remember when your elders were young because you and every-one else grow old at the same speed.

Dogs are different, of course. Briggs, Lady, Daisy, Bear, Molly and now Dobby have all left this plane, to roam doggy heaven. Each loss was as heartfelt as the next. Longer or shorter, we all have our own pet lists, our own stories, and this is but one......

The Roberts Harbor Dog Pound

Like an island dog whisperer, Aunt Alice was the pied piper of our families Vinalhaven dogs. At precisely 2:00 each day, our chocolate lab, Molly, would conclude her household daily routine and sit or lie on the front porch facing a barren driveway. Within minutes, Aunt Alice and a gathering of family dogs would come strolling up Blunder Lane toward Sugar's house. With a crook in one hand and a treat in the other, Aunt Al would say to Molly, "Come on Molls, you big dummy," all said with love and affection, and all returned in kind. Like everyone in the Flagg clan, Molly had many mothers. As Aunt Al approached, Molly would be reborn and with her tail wagging uncontrollably joined the melee. She went off on her daily 2½ mile daily adventure, posing as a collective family pet as she travelled from house to house. Skirting George and Dot's, past Randy and Cathy's, out to Noel and Dana's, around the Reach, dissecting Charlotte's and through Pam and James's, she would return to the Roost, to be feted by Aunt Alice. Sometimes, Moll would not come home, enjoying an extended vacation with Alice, perhaps for a day, maybe two. It was up to Moll. During her longer visits, Mom would call down to the Roost, upset that Molly hadn't returned or even called to check-in. A common Sugar refrain was that "Molly has the life," swimming in the ocean, visiting so many family homes, enjoying the view and eating home-cooked meals I make for her every night. "Jesus Christ," she'd say, "I'm comin' back as her." Such was life at the Roberts Harbor Dog pound.

-Richard Flagg



VINALHAVEN VACATION RENTALS

www.vinalhavenvacationrentals.com

207- 401-8242 claire@vinalhavenvacationrentals.com

#### Reading Online Wind on a Kindle

Norbert Leser shared his steps for converting the online Wind into a more easily readable version on a Kindle.

- Download the wind to your computer/device
- Create an email message
   addressed to your Kindle account
- 3. Subject of the email is the word "Convert"
- 4. Attach the wind PDF to the email body (no other text)
- Send email
- After a short while open your Kindle app and synchronize - the Wind should appear in your library!

To find the Kindle email account mentioned above, you need to open the Kindle app and go to 'App Settings' in your menu at Kindle's home page. It lists 'Send to Kindle Email Address' - copy/paste that address and you're all set.

## WOULD YOU LOVE LOBSTER FRESH OFF THE BOAT RIGHT NOW? !!! Your 2021 ICMS CALENDAR Has It !!!

Grag a bunch For Yourself, Family, Friends At the Flea, Island's Closet, the Tidewater, ICMS

> MAIL ORDER 2021 CALENDARS Phone 207-863-4109

OR EMAIL: dmoyer@icmsvh.org. \$20 For One Includes Handling & Shipping. Two Or More Are \$15 Each, Postpaid: Our Gift To You. \$20 Each For Any Sent On Your Behalf As A Gift.





Call Ava 867-5600



Does your Organization or Business need Hand Sanitizer? Masks?

ICMS can help! Email Dinah dmoyer@icmsvh.org



## BOTTLE BRIGADE CONTINUES WITH YOUR HELP, THANKS!



It is working! Following CDC guidelines, we are collecting returnable bottles and cans in the town parking lot

(not yet at the dump) to benefit Vinalhaven Eldercare Services. Please deposit clean returnables (no milk jugs) in the totes or bring bags of mixed returnables to the bin on the right. Please do not deliver directly to the Homestead as we need to keep items "quarantined" for three days before sorting on Sundays and Wednesdays. For more information, contact Bill Alcorn 863-2246 or Peter Richards 863-5055

#### **Homestead COVID-19 Protocols**



The CDC has issued new protocols for outside visits at The Homestead.

Outdoor Visitation: Facilities may allow in-person visitation in a designated outdoor visitation space, provided the facility implements all of the following safety, care, and infection prevention and control measures. There must be no new COVID-19 cases that originated within the facility, including those involving residents or staff, within the last 14 days

#### Measures: • Visits Specifics:

- o Must take place in a designated outdoor space and are dependent upon permissible weather conditions, availability of outdoor space, and sufficient staffing at the facility to meet resident care needs, and the health and wellbeing of the resident.
- o Visitations must be scheduled in advance for all designated outdoor spaces
- o Facilities may limit the length of any visit, the days on which visits will be permitted, the hours during a day when visits will be permitted, and the number of times during a day or week a resident may be visited.
- o No meals/snacks are permitted during the visit as this would require the removal of the face mask/face covering.
- o Facilities will post signage or provide a handout for visitors on signs and symptoms associated with COVID-19.
- o Prior to the visit the facility will provide the visitor instructions and requirements for visitation and where to go upon arrival.
- o 6 feet of physical distance must be maintained during the visit.
- o Residents must wear a cloth face covering. Visitors must wear a face covering or mask for the duration of the visit.

Visitors: o Visitors must be limited to no more than two individuals per visit

- o The facility must screen the visitor for fever or respiratory symptoms. Any individuals with symptoms of COVID-19 infection1 will not be permitted to visit.
- o Hand hygiene will be performed before and after the visit.
- o All visitors must remain at least 6 feet from the resident and any attending staff member(s) at all times during the visit.
- o Children must be supervised at all times, maintain social distancing, and wear a face covering when age appropriate
- . Staff: o A staff member(s) trained in patient safety and infection prevention and control measures must be present to monitor the outdoor designated space(s).
- o Monitoring of visitation is required. Facility should assess the number of staff necessary to ensure appropriate masking and social distancing are followed.
- o Staff must wear a surgical face mask.

#### **Star of Hope Update**



Many thanks to the hardworking construction crew who, last week, removed the scaffolding and dark wrap that has covered the southside of the Star of Hope building for almost a year. People cheered and smiled as they watched the unveiling of this important island landmark.

There is more work to do over the next few months, including the removal of all the scaffolding and replacing the first-floor windows. Please visit our website for updates and to view a video of the interior of the Star of Hope building.

#### www.starofhopefoundation.org

The mission of the Star of Hope Foundation is to promote education of the visual arts through various means including exhibitions, a museum, artist-in-residence programs and other outreach endeavors.

## NORTH HAVEN \* VINALHAVEN







#### LIGHTHOUSE COVE, VINALHAVEN:

Well-built, beautifully designed Contemporary on 20 private acres with plenty of room for family and friends. 5 bedrooms, 3 baths, separate guest quarters in boathouse. Granite fireplaces, waterside porches. Deep-water dock, large hangar/garage. Splendid sunset views! MLS #1373724 \$1,995,00



VINALHAVEN: Dyer Island Retreat. A quaint shingled Cape with granite remains of a deep-water dock. Access over a causeway from the main island to this well-maintained getaway in a private setting at the end of the road. Island living at its finest, with spectacular sunsets.

Offered at \$875,000



CITY POINT, VINALHAVEN: 7 acres with 1,000' deep water on Vinalhaven's Westside. Two-bedroom year-round cottage with separate garage/ workshop. Sunset views. MLS #1347431 \$850.000



VINAL COVE, VINALHAVEN: 8 acres of nicely elevated waterfront land. 500' on the water, with deep water. 2 soil tests for septic. Nice variety of trees. \$495,000



THE PRIVILEDGE, VINALHAVEN: Cabin at the water's edge on private cove off Winter Harbor near Starboard Rock. Six plus acres with driveway to cabin. \$395,000



VINAL COVE, VINALHAVEN: 7 acres with 700' tidal waterfront looking East at Conservation land. Two soil tests for septic. Easy road frontage, driveway started. \$289,000



VINALHAVEN VILLAGE DUPLEX HOME: 2-unit, year-round home with separate garage. On large corner lot. Many great architectural features including Cypress woodwork, pocket doors and built-in China cabinet. 2 recent furnaces. \$279,000



WINTER HARBOR, VINALHAVEN: 2-bedroom Contemporary home on 2 acres, 200 feet tidal frontage with deep-water mooring. Walk-in basement/ workshop with 200-amp electric. Southern exposure, sunny spot. \$249,000



23 SCHOOL STREET, VINALHAVEN:
Circa 1880 Maine Farmhouse style year-round
home with slate roof with recent copper
valleys, recent high end heating system.
Convenient location. \$169,900



CLAM SHELL ALLEY: Step back in time in this 1890s restored Victorian with views into Carvers Harbor. Double front porches, wonderful wallpaper, tin ceiling in kitchen. Slate roof. Great location. MLS #1315183 \$299,000



#### THE ISLAND GROUP

#### WINDHORSE ARTS

Personal Shopping by appointment For an appointment please call or Text 207/449-6285 or email alisonthibault@gmail.com

Prefer the comfort of your home? I am available to "live shop" or visit my website www.WindHorseArts.com where you can see all of my current inventory.

Special orders are welcome!



Vinalhaven Cleaning Services, LLC We don't cut corners, we clean them! 207.863.2073

#### Vinalhaven Cleaning Services is open for business!

At this time, we have decided that we do not feel comfortable flipping weekly rentals until things move in a different direction. We WILL, however, open houses for those coming to the island who plan on staying for the summer or for more than the 14-day quarantine. We will be more than happy to come back & clean for you again once you have satisfied the quarantine requirement. We will also be more than happy to clean for any local island residents and/or businesses. We are fully insured and can provide proof of insurance as requested.

We have all of our own cleaning supplies and equipment, facial coverings, gloves, foot coverings, ozone generators (more info on those as requested), etc and look forward to talking to each of you on your personal needs & requirements for your home or

Please be patient with us as we work out the kinks with our new venture in this new world we are navigating thru! We hope to be able to provide a wonderful service to everyone & to the community.

Angelina Turner & Maggie Beckman 🐸



Email contact:

angelina@vinalhavencleaningservices.com

Disclaimer: we reserve the right to accept or deny any business & your safety & ours is our top priority!!



#### VINAL ENERGY

36 WEST MAIN ST PO BOX 803 (207) 613-7460 vinalenergy@gmail.com

Fuel oil, Kerosene, Diesel & Propane **Factory Authorized Toyotomi and** Monitor service and sales

Fuel prices are low - think about pre-buying for next season!



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We are practicing social distancing & offering remote estimates Call or e-mail to learn more lunarockvh@gmail.com 207 863 5048

Set an example for others to do better. -Debasish Mridha

## Davidson Realty

#### Representing Buyers and Sellers on the Fox Islands

Kris Davidson, Broker

Lisa Shields, Associate Broker ~ Alex Young, Sales Agent 207.863.2200 ~ info@davidson-realty.com

www.maineislandliving.com



**The Point.** 1700' of waterfront and 7 + acres w/ expansive views of Penobscot Bay. Multiple bldg. sites w/ option for dock, A rare opportunity! **SOLD!** 



**Ocean Views.** Enjoy views of Isle Au Haut Bay from this comfortable 3 bdrm, 2 bath home. 2 out bldgs, almost an acre of land. Near village, private. **\$365,000** 



Building Lot on Coombs Neck. 3+ acres with extraordinary elevated views of E. Penobscot Bay. HOA dock, common land and road. Fabulous! \$445,500



**Saltwater Farm.** Stunning homestead on Coombs Neck. Renovated farmhouse, guesthouse, barn. 7 acres, HOA for 20 acres & dock. Very special! **\$1,695,000** 



**Post and Beam on Roberts Harbor.** Stunning custom-built home. Quality construction, loft bedroom, expansive ocean views, shared dock. \$629,000



**Roberts Harbor.** Well-maintained 4 bdrm waterfront home w/ 3 bdrm guest apartment. Buy alone or invest w/ another family. Great value! \$595,000



Village Home. Circa 1880s 3 bedroom, 2 bath house on Pleasant St. 1600+ sq. ft. Well-maintained, many updates. Great location in the village! \$210,000



Elevated Building Lot. 1.4 acres with sweeping views of the eastern bay. Soil tested with power nearby. Quiet location yet close to town. \$185,900



## Single-Stream RECYCLING

VH Recycling is EASY – No Sorting!

FMI islandwastewatchers@gmail.com and the Recyclopedia app at ecomaine.org/RECYCLOPEDIA | Drop off at the VH Transfer Station



#### **Plastic**

must have #1-#7 symbol on it rigid containers only, leave recyclable lids on

Yes ✓ all rigid containers ds on marked #1–#7

#### No×

plastic bags! plastic film of any kind



#### **Paper Cartons**

empty & remove plastic caps

milk & juice cartons aseptic containers

wax-coated material



#### **Cardboard & Mixed Paper**

must be clean and dry (no greasy-gross pizza or food boxes) all paper, cardboard paperboard, shredded paper (in clear bag only) wax-coated material loose shredded paper



#### Glass

jars & bottles, all colors remove caps & lids (recycle metal lids)

clear & colored glass bottles & jars

window glass



#### Metal

tin & aluminum

tin cans, pots & pans, lids aluminum cans & clean foil empty aerosal cans scrap metal paint cans gas cylinders

#### **Land For Sale**

3.3 Acre Woodlot with old gravel pit and new survey East end of Map/Lot 003/020 Ocean View Road Asking \$34,900 (Town appraised value)

Contact Jessica Farrelly Call 207-863-2021 Text 207-542-9690 pjtfarrelly@gmail.com

SHORT-TERM RENTAL

#### **Cottage on Ocean** Very private. Fantastic views.

Great for kayaking. 3 bedrms. \$650 wk. candgre@yahoo.com (212) 427-7654

## Vinalhaven Fisherman's Co-Op is now Hiring!

#### \$14 per hour

Full time with benefits or part time hours available.

Stop by or call us at **863-2263** or **4373** 

#### **Rental Needed**

My name is Peter Bussian. I am coming to Vinalhaven for a few months to work as a sternman. I am looking for a rental on Vinalhaven from the last week of August to the second week of December. Roommates are ok. I'm 26, very clean, and timely with rental payments. I can be reached at 970-946-2944 or peterhenrybussian@gmail.com.

#### **Apartment or Home Rentals Needed**

The Vinalhaven Fisherman's Co-Op is looking for apartment or house rentals for a few valued employees who have rented on island before with excellent references.

Please call Patrick at 207-994-9143 or office at 863-2263

#### Elin Elisofon - Realtor Buyers and Sellers Agent

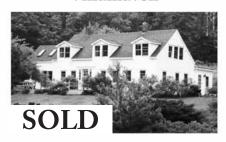
207-867-4866 • 207-450-1937 elin@islandheritagehomes.com

islandheritagehomes.com



We have SOLD properties as the Buyers Agent on The Basin, Long Cove, and Washington School Road. The advantage of using a buyers agent is you have someone looking out for you.

#### WINTER HARBOR FARMHOUSE Vinalhaven



Beautifully cared for, year-round 1840's farmhouse, with dock and deep water mooring. Secluded and private location in Winter Harbor. Open fields to the shore with mature apple, cherry and plum trees. A rare opportunity on Vinalhaven. \$685,000

#### PULPIT HARBOR BARN HOME North Haven



Spacious Barn Style home, with 1.5 story Carriage House and lofted woodshed, provides a peaceful, four-season retreat, with abundant wildlife and ever changing natural beauty! Overlooking Fresh Pond and Upper Pulpit Harbor. \$789,000

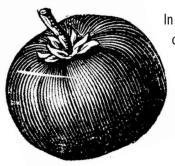
#### PLEASANT RIVER WOODLAND Vinalhaven



19 acres of mixed woodland plus 9 acres of salt marsh habitat with frontage on the southern end of Vinal Cove. Close to town, existing woods road, driveway and soil test for a 3 bedroom home. A wonderful property with various habitats. \$158,000

Serving the islands of Vinalhaven, North Haven, and Islesboro

#### SALADS MADE WITH ONIONS "A PLUMAS"



In Chile and possibly in other countries in South America, many salads call for onions prepared "a plumas" (like feathers). Onions are cut in half, then cut into the thinnest possible slices you can manage. They are then put in a bowl with cold water

and salt. After 15 minutes or more, the onion slices are drained and rinsed, then put back in the bowl and the process is repeated. The salt and water leach out the strength of the onion, making it milder tasting. Repeat the soaking and rinsing of the onions slices until the desired degree of mildness is reached. For these salads, half an onion "a plumas" will usually do, if you're serving less than 6.

#### CHILEAN TOMATO AND ONION SALAD

Tomatoes, cut into wedges Onion prepared "a plumas" Lemon juice Olive oil Salt and pepper Cilantro or parsley, chopped fine

Mix the onion slices and the tomatoes in a bowl. Add a small amount of lemon juice, a generous amount of olive oil, salt, pepper and mix. Add a generous portion of chopped cilantro or parsley, mix and serve immediately.

#### **ROASTED BEET SALAD**

Beets
Onion prepared "a plumas"
Lemon juice
Olive oil
Feta cheese, crumbled
Salt and pepper
Parsley or dill, chopped fine

- Pre-heat the oven to 400 degrees. Wrap the beets tightly in aluminum foil, folding over any edges of foil and pressing them to seal so no steam can escape. Roast beets for 1 hour or more. Allow to cool in the foil, then peel and slice into the thinnest slices you can manage.
- Mix the beets and onions in a bowl. Add lemon juice and toss.
   Add crumbled feta cheese, olive oil and salt and pepper and toss.
   Add parsley or dill.

#### **SALADE NIÇOISE**

(salad in the style of the French city of Nice). A complete meal in itself.

Tomatoes, cut into wedges or cubes

Onion prepared "a plumas"

Green beans, boiled

Potatoes, boiled, cut into cubes

Tuna

**Black Olives** 

**Anchovies** 

Capers

Vinegar

Olive Oil

Salt, pepper

Hard boiled eggs, cut into wedges (for garnish)

Parsley, chopped

Mix tomatoes, onions, green beans, potatoes, tuna, olives and anchovies. Season with vinegar, olive oil, salt and pepper. Top with wedges of hard boiled eggs and sprinkle with parsley.

#### PANZANELLA (ITALIAN BREAD SALAD)

For the salad:

Tomatoes, cut into 1 inch cubes

Onion prepared "a plumas"

Cucumber, cut into 1 inch cubes

Half of one red bell pepper, cut into 1/2 inch squares

Dry good quality French or Italian bread, cut or torn into 1 inch cubes or pieces and used as is, or cut and fried in vegetable oil until crisp and crouton-like and drained on a paper towel

For the dressing:

Garlic

**Anchovies** 

Capers

Vinegar

Olive Oil

Salt and pepper

Combine the salad ingredients. Mash garlic, anchovies and capers into a paste in a mortar and pestle, or chop as finely as possible on a cutting board. Add to the salad. Add vinegar, olive oil and salt and mix. Let rest half for at least an hour before serving, so the sauce can penetrate the bread.



#### North Haven Road Vinalhaven \$4,500,000



- Waterfront estate on the Fox Islands Thorofare with 17± acres, 520± feet of shorefront and spectacular views
- Architect-designed main residence is sophisticated and inviting with unique details - total of 8 bedrooms, 8.5 baths in all buildings
- Artfully built screened porch seamlessly connects to the main house and has a commanding granite fireplace and views of the Thorofare
- Top-quality outbuildings include a guest house, a water's edge gym, a barn with recreational and living space and a storage barn
- Well-landscaped grounds feature a tennis court, two coves and a protected, granite deep-water wharf with an extensive float system

#### Cubby Hole Farm North Haven \$2,875,000



- Classic saltwater farm with 29± acres, historic buildings and spectacular broad views
- Year-round, classic center-chimney fourbedroom Cape has been beautifully restored
- Additional buildings include a new postand-beam barn built in keeping with the historic property, a three-bedroom guest house, a three-car garage, a complete workshop and a water's edge boathouse
- Private in-ground lap pool, beautiful perennial gardens defined by rock walls and established, productive vegetable gardens
- Approximately 2,439± feet of frontage on the tidal Cubby Hole excellent for beachcombing, kayaking and swimming

**Terry Sortwell** | 207-236-3543 | tsortwell@landvest.com **Joseph Sortwell** | 207-236-3543 | jsortwell@landvest.com

We've traveled the back roads, we've navigated the waters, and we know Maine.

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**NEW PRICE** \$215,000



**NEW LISTING** \$299,000



SALE PENDING



NEW! \$379,000



IN-TOWN \$199,000

#### **Lorraine Walker**

Designated Broker lorraine@vinalhavenrealty.com 207 863 5151



REALTY

#### Claire Jackson

Sales Agent claire@vinalhavenrealty.com 207 863 5151



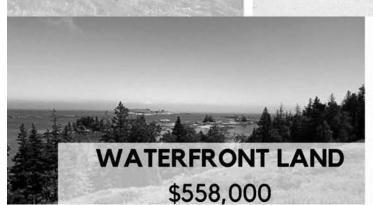
LAND IN WASHINGTON \$65,000



**SALE PENDING** 



SALE PENDING







pest control 207-837-7011

Organic Sprays for Ticks and Mosquitoes.

Also treatments for:

Ants Spiders Wasps Mice and More

"If you have a pest...we have a Solution!"
Charlie and Erica Simpson

#### Gardening Help Wanted

Island Groundworks, LLC Contact: Kristel Moore

207-863-4868

Field mowing and other light duty tractor work. Call Tim 863-4672

FOXISLAND DIVING 37 Years, Still Kicking! Not Retiring Yet! Wheel cleanings Mooring inspections and cleanings 863-4837 or text 542-1992

"Retired Property Manager" Frank W. Demmons 863-4364

Handy-man work, Hard-scape & Landscape, Mechanic; small engine & heavy equipment. Mudding & painting (inside only), Professional tiling (any design you want)

#### PENOBSCOT ISLAND AIR



P.O. Box 273, South Thomaston, ME 04858

TERMINAL LANE, OWLS HEAD, ME 04854
(207) 596-7500 • <u>www.penobscotislandair.net</u>

#### I've Moved!

Sonya Ames is now working at Gray Moon Hair Salon! If you would like to make an appointment, please call the salon at **(207) 593-8342.**Gray Moon is located at: 359 Broadway, Rockland ME 04841

We look forward to hearing from you!!

#### 1999 Pursuit for Sale



\$29,500. Gorgeous boat!!! Very good condition. 28+'. Runs and looks great. Garmin GPS, radar, depth finder. With aluminum bunk trailer. Reupholstered cushions. Ready for summer fun and fishing! Call Drew 860-490-3001 or Dkeir@cox.net.

#### FOR SALE: Double Sea Kayak

22' fast, stable, ocean kayak, w/3 cargo holds and rudder; includes 2 paddles w/leashes, 2 skirts & a bilge pump. Perfect for local day tripping or extended island hopping along the coast. This is a sister ship to the one that supported the Gulf of Maine Expedition, May to September, 2002; from Provincetown, MA to Cape Sable Island, Nova Scotia...by kayak. So, no problems going anywhere. \$1,600 complete, or \$1,300 w/o gear. Larry McIntosh, (207) 703-6668 or Lmacyak@gmail.com



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No job too big or small. Set prices, no surprises.
All material & Labor with no extras.
Noah Hall VH: 863-5024 Cell: 299-8633
Hall357@gmail.com



Vinalhaven Solidarity March

Fridays at 5pm

Meet at the Eagle
bring a sign
wear a mask

vhoolidarity@gmail.com

#### New Era Gallery 60 Main Street



Kitty Wales

"Night Flight"

Last week to view
Late Summer
featuring
Parrish Dobson & Kitty Wales
August 8 – September 1

Thursday & Friday 10:00 – 4:00 Saturday 10:00 – 2:00

neweragallery.com director@neweragallery.com

## **Sneak Preview!!**

2021 Exhibits!

## **Granite Island Gallery & Antiques**

217 Old Harbor Rd

Opening on Thursday, August 17 and closing September 17.

The original prints from the children's book: "A Maine Island Walk" as seen on the Granite Island Trail at the Basin, "Island Portraits: The Men" and other work by George Bartko are featured.

Hours: Monday - Sunday 3-6 PM or when the "Open" flag is flying.

Always dream and shoot higher than you know you can do. Do not bother just to be better than your contemporaries or predecessors. Try to be better than yourself.

-William Faulkner



#### GO FISH



#### HOURS

11:00 AM - 4:00 PM MONDAY - SATURDAY CLOSED SUNDAYS

NEW SHIPMENT OF VINALHAVEN SWEATSHIRTS JUST ARRIVED!

HERE ARE OUR GUIDELINES TO FOLLOW TO KEEP US ALL HEALTHY AND AT EASE:

\* 2 CUSTOMERS OR SMALL FAMILY GROUPS AT A TIME IN THE STORE.

\* MASKS ARE A MUST FOR YOUR VISIT. PLEASE REFRAIN FROM TOUCHING IT.

\* USE THE HAND SANITIZER PROVIDED AT THE ENTRANCE SO THAT YOU CAN TOUCH THE MERCHANDISE.

SADLY THE CANDY COUNTER
WILL ONLY BE AVAILABLE
ONLINE SO PLEASE PLACE
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MAKE THE TRIP IN!

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BE WELL, STAY WELL

MRSGOFISH@GMAIL.COM (207) 863-4193

## SHOP LOCAL SUPPORT LOCAL



#### **Geology Walk**

September 8th, Tuesday, 9 am

The rocks at Pocus Point include some complex remnants of the Vinalhaven supervolcano, as well as evidence of massive winter storms and sea level changes. Join us for a morning walk to this rocky peninsula with geologist George Kendrick. Meet at Skoog Park to caravan. FREE, all are welcome.

#### **DIY Bird Walks**

Early mornings

Armbrust Hill, State Beach, Lane's Island, and the Basin are all good places to see birds in the early morning. For some guides and suggested apps to help itentify birds, visit our website:

vinalhavenlandtrust.org/walksand-talks

## Bumiller&Co.

## Mainland Caretakers

We're here, when you're not.



207-596-6146

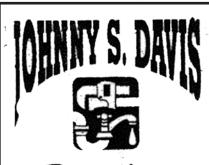
bumillercompany.com

#### THE OBSERVER

I've enjoyed some great times here in the last seventy-five years—most of us have--and many of the most memorable have been during the last half century because Annie Boyden has been involved in our lives and provided us with opportunities we'd certainly not have had otherwise. I know I speak for us all, many of whom were at The Farm last Sunday for an appreciative celebration of her gracious and imaginative life and for having shared it so enthusiastically, pc

There is nothing noble in being superior to your fellow man; true nobility is being superior to your former self.

—Ernest Hemingway



## Plumbing and Heating

- · Licensed Master Plumber
- · Licensed Master Qil Burner
  - · Repair Service Available
    . Solar Hot Water

P.O. Box 69 Vinalbaven, ME 04863 207/863-2030

..JSDavisPlumheat@aol.com-

#### **How You Can Help**

donate to local service groups

#### **Community Lunchbox**

Union Church, attn: Lunchbox

PO Box 249

Checks payable to Union Church

Memo line: Lunchbox

#### Meals on Wheels

**VES** 

attn: Meals on Wheels.

PO Box 624

Checks payable to VES

Memo Line: Meals on Wheels

## Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

Open Bible Baptist Church

attn: CVRF

PO Box 465

Checks payable to Open Bible Baptist

Church, Memo line: CVRF

#### **Vinalhaven Community Outreach**

PO Box 15

Checks payable to VCO Memo line:

Covid-19

#### Vinalhaven Fuel Fund

Sue Radlev

attn: Vinalhaven Fuel Fund

14 Lawson's Quarry Rd

Checks payable to Vinalhaven Fuel Fund

#### The Brown Door at the Union Church

Union Church

attn: Food Pantry

PO Box 249

Checks payable to Union Church

Memo line: Food Pantry

All = Vinalhaven, ME 04863

#### Trivia Answers

- 1. 3
- 2. Phloem Bundles
- 3. Mixed-Handedness or cross-dominance

#### **Maine Trivia**

From the Penobscot Native Americans, it means, "The Greatest Mountain".

### **Davidson Realty**

is pleased to welcome



## **Alex Young**

to the Davidson Realty Team



Alex Young, Sales Agent alex@davidson-realty.com 207.863.2275 maineislandliving.com



Take into account that great love and great achievements involve great risk.

—Dalai Lama





As human beings, our greatness lies not so much in being able to remake the world – that is the myth of the atomic age – as in being able to remake ourselves.

—Mahatma Gandhi

#### Millstream Cottage



All seasons waterfront rental by day, week, or month

Two bedroom, two bath full kitchen and laundry Easy walk to ferry and all intown activities Great bird watching!

Contact
Phil Crossman
207-592-1865
philcrossman.vh@gmail.com

#### LIFE SKILLS LESSONS Week Two

Parents and Guardians: Teach your child how to do laundry.



## Garlic!

For Eating and For Planting At The Flea, Saturday, August 29,

Peaceful Harbor Farm

## Perennials Blooming this week:

Colorful

Corydalis, Heuchera, Penstemon,
Moonbeam Coreopsis,
Moonshine Yarrow, Paprika Yarrow,
Gay Feather Liatris, Echinacea,
Guem, Gentian, Veronica,
Balloom Flower, Maltese Cross,
Daylilies, Astilbe,
Grenadin Dianthus (Carnations)

#### Shrubs:

Common Lilac, Deep Purple Lilac, Radar Love Clematis, Bayberry, Northern Bush Honeysuckle, Annabelle Hydrangea, Redosier Dogwood, Rugosa Rose

#### House Plants:

Streptocarpus, Succulents

#### Perennial Herbs:

Open by Appointment
Only
call 863-9381 for

an appointment, curbside pickup, or delivery

Dushane Road, just off the Pequot Road 863-9381 Support Local Economies

## **IMPORTANT**SINGLE-STREAM INFO

Please NO Styrofoam, Plastic Bags, Large Unbroken-Down Boxes, Plastic Strapping, Plastic Wrap, Bubble wrap and Bubble Wrap Mailers, Padded Mailers... in the Single-Stream Bin.



## GOOD FOOD. ISLAND GROWN.

Veggies, herbs, flowers & more.
Come visit!

AUGUST Farm Stand Hours: Tues & Thurs 2-5, Sat 9-1 Masks & social distancing please

I44 ROBERTS CEMETERY ROAD

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### Fox Islands APIARIES

Fox Islands Apiaries harvests their honey from hives right here on the islands!

#### support local bees

foxislandsapiaries@gmail.com

available at: Carver's Harbor Market, Creelman Farm Store, Island Spirts, & North Haven Grocery



@ Home or the Transfer Station

FMI please contact Anna

knitwitmaine@gmail.com or Gabe gabemcphail@gmail.com

#### **COMPOST REMINDERS:**

Transfer Station Composting does not allow for the composting of certain items. *Please...* 

NO (SHELLFISH)
SHELLS
NO BONES, NO MEAT,
NO DAIRY
NO YARD WASTE
NO COMPOSTABLE
PRODUCTS
NO PRODUCE
STICKERS

Thank You for Composting!



#### **Pleasant River Chapel**

Sunday, August 30th Sharing Sunday on Zoom

Offer a thought, poem or song to share

Join us for conversation at 8:30; service begins at 9:00 AM

Annual meeting at 10:00 AM to elect Trustees; all "attendees" can vote

If you would like to join in via internet or phone, email pleasantriverchapel @gmail.com for log-on information

We are grateful to those who are taking care of so many.

For pastoral care call:

Rosanne Wallace 863-4846 Vannesa Henneke 863-4834



#### Union Church

Partnering with the Maine Seacoast Mission and the United Church of Christ ~Welcomes You~

Sunday Service at 11:00am

PLEASE WEAR MASKS

If you need pastoral care,
please contact
John Potter
729-7024
or
Ruthie Philbrook
863-4507

### AA

Our meetings have temporarily gone online, for URL and times please email

VinalhavenAA@gmail.com

#### **AL-ANON**

**MEETING CHANGE** 

Until further notice, Al-Anon meetings will be held virtually.

To join the meeting by internet OR phone, please email vinalhavenalanon@gmail.com or call 207-952-1817
Help is also available from Maine Al-Anon maineafg.org and World Al-Anon al-anon.org

We are here for you! Newcomers welcome!



#### SUNDAY

9:30—Sunday School Adults in Church

10:30-Fellowship Time

11:00-Worship Service

#### WEDNESDAY

6 PM—Bible Study and Prayer Time

#### ALL ARE WELCOME!

20 Fellowship Drive 863-9944 www.obbc-vinalhaven.org

The truest story—the one that will always be truest—is that I am a human being, being human.
Sometimes, I am my best self.
Sometimes, not so much. But... I am trying to do better. I am always trying to do better. My guess is that you are, too.

—Laura McKowen

#### Find Anonymous Peer Recovery Programs ONLINE

Portland Recovery Center **portlandrecovery.org** 

Narcotics Anonymous **namaine.org** 

Alcoholics Anonymous csoaamaine.org

Nar-Anon

nar-anon.org

Al-Anon maineafg.org

#### The Sand Bar

863-4500 \* Dine-In or Take-Out Open for Lunch, Dinner & Cocktails 11 am – 8pm (9pm Friday & Saturday) Closed Mondays

#### Frequently Asked Questions

#### Q: Are you open?

A: YES! We are open for dine-in, take-out and touchless curbside togo

#### Q: How do I eat & drink with a mask on?

**A:** You only need to wear your mask when you are standing. This includes coming in, using the restroom and leaving. When seated you can remove your mask.

### Q: How many people can I have dinner and drinks with?

**A:** Per state requirements, up to 8 people can be seated at one table.

Q: Can I take my drink to go?
A: Yes and no. You cannot take the drink you are enjoying at the bar, but you can order drinks to go with your take-out food. We will package any drink for you, try our frozen booze slushies...they are amazing!

#### Q: Last summer it was so hot in the bar, is it still hot?

A: No! We now have AC, come in and cool off...enjoy a cold drink too!

Check our Facebook page for daily specials & slushie flavors



#### **Fathom Seafood and Meats**

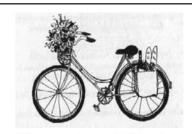
Offering free delivery of a variety of fresh meats from Wiggins Butcher shop. Call for free delivery and a full menu including steaks, ground chuck, sausage, pork chops, fresh chicken, fresh cooked lobsters, and much more!

Kelly and Lee Oxton: 703-6720

RESTAURANT FOR RENT 64 MAIN STREET (SALT) MASTERBAR@AOL.COM

#### **SURFSIDE**

DAILY 4:00ish-10:30 AM.
LIMITED INSIDE/OUTSIDE
SEATING; STILL TAKING
CURBSIDE ORDERS.
PLEASE FOLLOW STATE
PROTOCOL.
863-2767



#### **Downstreet Market**

Thursday - Monday 8 AM - 8 PM Bakery - Café - Espresso Bar 863 – 5218

#### Try Our Zap Frappe!

Our Espresso Bar Favorite! Blended Coffee, Espresso & Chocolate

#### New Lunch Menu!

New Sandwiches Soup - Chowder - Chili Green, Rice & Potato Salads

#### Artisan Pizza

Thursday – Sunday 4 - 8 No Pizza on Monday Nights Order Ahead Any Time of Day We Do Sell Out

Full Menus on Facebook & Instagram or Pick up a copy at the Market

#### **Fundraiser**

for the Navajo Nation is on Come in & Check Out the Beautifully Handcrafted Turquoise & Silver Jewelry Our 20 Percent Off Sale Begins Saturday August 29th



Hand-selected wines, artisanal cheeses, craft beers, Maine raised meats, locally roasted coffee, and more!

# Our Hours: TUESDAY thru SATURDAY 10-5

32 Main Street 863.2192 Call for curbside or home delivery!





FIORE - The Freshest Olive Oil & Aged Balsamic from Italy

Find Us Every Day at Island Spirits as well as 503 Main Street in Rockland