

P.O. BOX 194, VINALHAVEN, ME 04863

ANNUAL SUBSCRIPTION: \$50



September 17 - September 23, 2020

E-MAIL: vinalhavenwind@gmail.com

### *Thank You*

The entire Sayward and Hayward families want to try and express our immeasurable thanks for the response and assistance Ruth Sayward received 09/03/20 when she experienced a large stroke at the Octagon house on Middle Mountain. The team's efforts, from the PAs to the emergency drivers, fire personnel, and all the others involved on the island were professional, compassionate, efficient, and exemplary. The life flight crew were also top notch. You all gave her the best possible chance to survive. We are grateful to you all.

*—The Saywards  
Fehnels and Haywards*

### ESTATE/MOVING SALE

42 Crockett's River Road  
Couches, tables, beds,  
small kitchen appliances,  
antiques, garage items and  
lots more

Something for Everyone.  
Everything must go!

**Friday, Saturday and  
Sunday September 25-27th  
8:00 AM to 12:00 PM**

Follow the signs along the  
North Haven Road

*\*Masks required\**



**Vinalhaven Water District**  
wants to remind you that the drought is  
NOT over. Please conserve water.  
Avoid watering lawns, gardens, etc.

*Thank you!*

### PAPER WINDS!

We are now printing paper  
copies of the WIND for all our  
subscribers!

We want to make sure that anyone  
who wants a copy is able to get  
one. (The WIND will continue  
to be online, as well). The average  
cost of one paper, including  
printing and postage is \$1.70.

If you would be interested in a 3  
month subscription, please send  
\$15.00 to:

**The WIND  
PO Box 194  
Vinalhaven, ME 04863**

We will continue this offer as long  
as needed. Please be patient as we  
work out the wrinkles.

*Thank you!*

### Community Calendar

Email events to:  
windnonprofitads@gmail.com

**Does your Organization or  
Business need Hand Sanitizer?  
Masks?**

ICMS can help! Email Dinah  
dmoyer@icmsvh.org

### LIFE SKILLS LESSONS

Parents and Guardians:  
*Teach your child  
how to take a message.*

**Vinalhaven Taxi  
(207) 720-0056**

**Free Deliveries of Essentials  
paid for by ICMS!**

Ferry/Airstrip Connections.  
Here and There on Vinalhaven  
By Reservation or by Chance

***Jeanne Bineau-Ames***

## Town of Vinalhaven Information

[www.townofvinalhaven.org](http://www.townofvinalhaven.org)

### Meetings

Committee meetings have been postponed, are being held virtually, or are hybrid with both in-person and zoom attendance. The Select Board meets regularly online. Meetings are delivered virtually from our Facebook page: [facebook.com/townofvinalhaven](https://facebook.com/townofvinalhaven) and recordings are posted to the Town's YouTube Channel – **Town of Vinalhaven**.

**Hybrid Virtual-In-Person Meeting – Planning Commission, Wednesday, September 23, 5pm.** Contact Holly Sault for Zoom login information [bfalls802@yahoo.com](mailto:bfalls802@yahoo.com)

**Virtual Meeting – Select Board, Tuesday, September 29, 5:30pm** Contact Andrew Dorr, Town Manager for Zoom login information [townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

### Notices

**CEO/LPI Faye Grant** is in the office most days 9am-12pm. The town office is not open to walk-ins so contact 863-2168 or [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org) to schedule an appointment.

**Property Taxes** The Select Board voted to extend the May 1, 2020 Property Tax payment to July 1, 2020. Interest is now accruing on unpaid balances. Contact the Town Office for amount due. (207) 863-4471 or 863-4343

**Single-Stream Recycling** #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard. \$10 Recycling Totes available at the Town Office.

**Food Scrap Composting** collection bin located near the household trash container at the Transfer Station. How-To Brochures available at [townofvinalhaven.org](http://townofvinalhaven.org). Free Composting Pails available at the Town Office and Transfer Station.

### Hours of Operation & Contact Information\*

**\*The phone numbers below are correct, but due to Covid-19, the Town Office is closed to the public so the hours listed may be inaccurate. All services are available over the phone, by email, or online—please contact the Town Office for further information.**

**Town Office** – Mon–Fri 7:30am–5pm – 863-4471 or 863-4343; Fax: 863-4393

\*Please note that the Town Office now has a physical mailing address in place of the PO Box: Vinalhaven Town Office, 19 Washington School Rd., Vinalhaven, ME 04863

**Town Manager – Andrew J. Dorr** – 863-2042; 266-7806;  
[townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Town Clerk – Darlene M. Candage** – 863-4343; [townclerk@townofvinalhaven.org](mailto:townclerk@townofvinalhaven.org)

**Deputy Town Clerk – Tanya Robishaw** – 863-4343; [deputyclerk@townofvinalhaven.org](mailto:deputyclerk@townofvinalhaven.org)

**Assessor – Wes Robinson** – Hours vary, contact 863-2168 or [vinalhavenassessor@gmail.com](mailto:vinalhavenassessor@gmail.com) to set up an appointment

**Code Enforcement Officer / Local Plumbing Inspector – Faye Grant** – M-F, 9am-12pm contact 863-2168 or [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org) to set up an appointment

**Planning and Community Development – Gabe McPhail** – Hours vary, contact 863-2168 or [gmcphail@townofvinalhaven.org](mailto:gmcphail@townofvinalhaven.org) to set up an appointment

**Welfare Program** – Call 863-2042 or 266-7806 to set up an appointment

**Public Works / Town Garage** – 863-2063

**Library – Scott Candage** – Tues & Thurs 1-5pm; Wed & Fri 9am-12pm, 1-5pm; Sat 9am-4pm; Sun & Mon Closed – 863-4401 or [vpl@vnhaven.lib.me.us](mailto:vpl@vnhaven.lib.me.us)

**Transfer Station – Kenny Martin** – Sun, Mon, Wed & Thurs – 7:30am-4pm – 863-4306

**Fire Department – Marc Candage** – Emergency 911; Non-Emergency 863-4604 or [mcandage@townofvinalhaven.org](mailto:mcandage@townofvinalhaven.org)

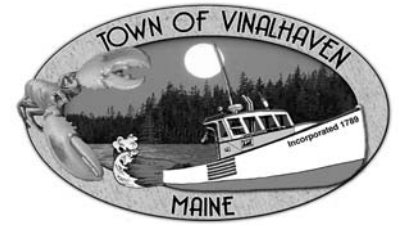
**Ambulance Service – Kerry McKee** – Emergency 911; Non-Emergency 863-2119 or [kmckee@townofvinalhaven.org](mailto:kmckee@townofvinalhaven.org)

**Knox County Deputy** – Emergency 911; Non-Emergency 593-9132

**Animal Control Officer/Harbor Master – James Knowlton** – 756-0209

**Public Health Officer – Jen Desmond** – Contact the Town Office at 863-2042

**Deputy Harbor Master – Peter Gasperini** – 542-1992



## Absentee Ballot Request For November 3, 2020 General Election

Registered Vinalhaven Voters may request absentee ballots any **ONE** of three ways:

1. Use the Secretary of State's Online Absentee Ballot Request Portal. Go to [apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl](https://apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl) The deadline to request ballots using this service is 5:00 pm on Thursday, October 29, 2020.
2. Call the Town Office at **(207) 863-4343** to request a ballot by phone. Please Note: the person requesting the ballot must speak with the Clerk. A person may not request a ballot for someone other than themselves.
3. Print, fill out and mail (or put in our drop box) the request form available on the Town website.  
[www.townofvinalhaven.org](http://www.townofvinalhaven.org)

Actual ballots will be mailed 30 days prior to the election.

To **REGISTER TO VOTE** you will need to fill out a **Maine Voter Registration Card** and provide a **Maine Drivers License** or **Maine ID AND proof of Vinalhaven residence** (if your VH address is not already on the license).

For more Voting information and deadlines go to [www.maine.gov/sos/cec/elec/voter-info/index.html](https://www.maine.gov/sos/cec/elec/voter-info/index.html)

# A MESSAGE FROM THE VINALHAVEN HARBOR MASTER

Recently there was a special town meeting at the high school. Amendments to the Harbor Ordinance were voted on and passed by the voters. Unfortunately, the attendance was very low and just a few voters that were directly involved in the harbor matters were there to vote. Therefore, laws get passed and you as the fishermen have missed your chance to pass or reject whatever issue is being voted on.

This is our community, our wharf, our harbor! The issues that come up for vote are being passed or rejected by just a handful of residents, most of which do not even own a skiff or have any attachment to the town wharf, harbor, moorings, etc.

Therefore, I appeal to you as business owners, fishermen, and residents to attend these very important meetings that the town schedules so we as a community can decide what is, or not, to be implemented as laws, spending, etc. I hope all residents of this community understand that your vote, input, objections, are important to be heard.

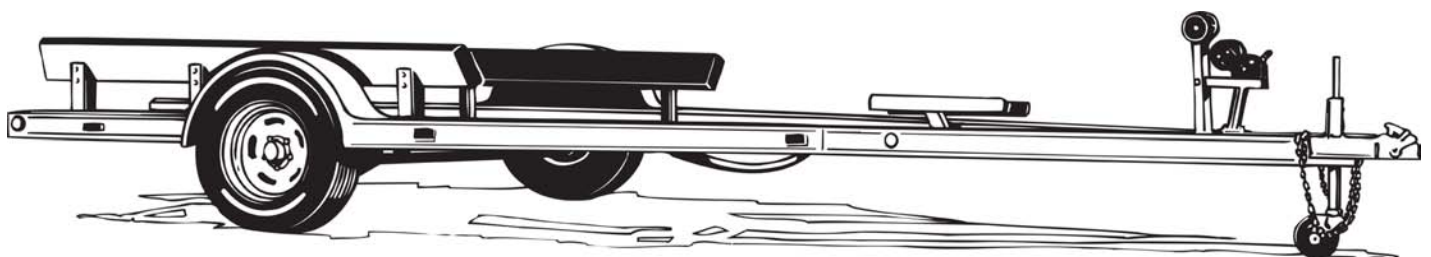
I remember when the school was packed with people when we had these public meetings. I ask for this to come back; I would like for all residents to come to these public meetings. This is your town! We are taking safety precautions at all public meetings, masks, social distancing, etc. Your vote is important, your presence is necessary. Let's bring back the days of community involvement, it is so important for all of us. If you want to be involved with the Harbor Committee contact the town office.

All boat trailers have a 48-hour limit at the town wharf. I have been directed to remove all boat trailers that have been abandoned, left at the town wharf for over that 48-hour period. They will be delivered to the transfer station one week from Thursday, which will be September 24th.

Please help keep the wharf area clean after use of loading and unloading gear.

Respectfully,

*James Knowlton*  
*Harbormaster*



Welcome to summer at the Vinalhaven Public Library during the Covid-19 pandemic. It is certainly not the summer we anticipated or wanted but it is the one we have. We are happy to be able to provide some limited library services during a phased re-opening.

### **Curbside Service – How It Works**

- Request books and DVDs from our collection at [vpl@vhaven.lib.me.us](mailto:vpl@vhaven.lib.me.us) or 207.863.4401.
- Library staff is available for requests **Tuesday – Saturday, 9 am – 5 pm.**
- Cut-off for guaranteed same-day service is 3 pm.
- Your order will be at the rear entrance to the building in a teal-colored plastic bag with your name attached. Items not collected by 5 pm will be available again at 9 am the following business day.
- When approaching the building, please *maintain a minimum distance of six feet from other individuals and wear a mask.*
- Please return materials to the book drops at front and rear of the building.
- Returned materials undergo a quarantine period before being checked back into our circulation system, so our online catalog may be up to a week out-of-date. To ensure availability of an item, please call or email.

### **New Release Titles**

- Due to quarantine requirements and to make it possible for the maximum number of people to access these materials, **only 2 new release titles per patron** may be checked out for a period of 7 days.
- Patrons may borrow up to 2 more new release titles when the first returned titles have been quarantined and entered back into circulation.
- No renewals allowed.

**Interlibrary Loans will not be available through the library until the fall.**

### **ReadME Adult Summer Reading Program**

- This year's titles were selected by Maine author Lily King:
  - *Roughhouse Friday* by Jaed Coffin (nonfiction)
  - *The Vigilance of Stars* by Patricia O'Donnell (fiction).
- We have 4 copies of each book available to circulate for a period of 7 days. Please contact us at the library to borrow one or both of these titles.
- There will be several Zoom ReadME author programs open to the public; information will be posted when available.

**Check our Vinalhaven Public Library Facebook page for more information and for new release titles.**

Thank you all for being patient with us as we provide the best library services possible as we learn to operate within a constantly changing environment. Be safe, be well, and be kind to each other.

Scott Candage, Library Director.



Islands Community  
Medical Services

*Our Medical Center*

### **Medical Center Information**

**www.icmsvh.org**

Medical Services: 863-4341

Dental Services: 863-2533

Counseling: 863-9959

Billing: 863-4348

#### **Hours of Operation**

##### **Medical Services**

**Mon, Wed, Fri: 8:00 am – 12 noon,  
1 pm – 5 pm**

**Tues: 1 pm – 5 pm**

**Thurs: 8:00 am – 12 noon**

**Closed Tues. AM and Thurs. PM**

##### **Dental Services**

Dentist: September

2,3,9,10,16,17,18,23,24,30

Hygienist: September

3,4,9,10,11,14,17,18,21,24,25

Office:

##### **Physical Therapy**

To schedule an appointment,  
please call 863-4341

##### **Counseling**

**Dan Keniston, LCSW**

**Jeff Wilber, LCSW**

To schedule an appointment,  
Please call 863-9959

### **Osteopathic Manipulative Treatment &**

#### **Acupuncture**

To schedule an appointment, please call  
863-4341.

Stuart Damon, DO September 4,18,25

##### **Women's Health**

To schedule an appointment,  
please call 863-4341.

Cathy Colman, ANP: September 11

**To reach the provider on call dial 863-4341  
and your call will be forwarded to the  
answering services. They will take your call  
and page the provider on call for you.**

##### **Like us on Facebook**

ICMS receives HHS funding & has federal PHS  
deemed status with respect to certain health or  
health-related claims, including medical malpractice  
claims, for itself and covered individuals.

ICMS is a 501(c) 3 and contributions to ICMS are tax  
exempt. This health center is a Health Center  
Program grantee under 42 USC 254b, and a  
deemed Public Health Service employee under 42  
USC 233(g)-(n).



Islands Community  
Medical Services

*Our Medical Center*

As a congratulations to the  
Vinalhaven Graduating Class of  
2020, ICMS Dental Services would  
like to offer a free dental cleaning,  
dental exam and a set of bitewing x-  
rays. Services must be completed by  
December 31, 2020. If you would  
like to schedule these services,  
please call Brooke Conway at 863-  
2533.



### **Stressed out?**

### **Don't know who to turn to?**

Remember, the Medical Center is here for you with trained  
therapists available to help you through difficult times.

You can reach **Jeff Wilber, LCSW** at **207-449-9448**

We have appointments available by telemedicine through Zoom.

We are offering a **free visit** for anyone who is struggling during  
these challenging times. You can call Jeff directly.

If you have any questions or concerns, please contact Dinah  
Moyer at **dmoyer@icmsvh.org** or **207-863-4109**.



## Vinalhaven School News

This week we are highlighting the positive contributions of the 2020 Vinalhaven seniors and their donation to the community. Each senior donated \$500 from their senior trip funds to specific non-profit organizations in Vinalhaven. These include:

Historical Society \$500  
American Legion Post 18 \$500  
Public Library \$250  
Meals on Wheels \$750  
Eldercare \$1000  
Bandstand Restoration Project \$500  
PIE \$500

The remainder of the senior trip funds were distributed to support students in their college or career efforts. ***Our best wishes go out to the 2020 graduating seniors from Vinalhaven!***

Many students and teacher have been lucky to receive ear protectors for mask usage in the school.

A special thanks to Anastacia Simpson for putting her 3D printer to work. If any other students or staff would like to try one out please see Mr. Feezor.

***Thanks again Ana, they have been a hit!***



## WOULD YOU LOVE A PERFECT ISLAND SUNSET RIGHT NOW?

### !!! Your 2021 ICMS CALENDAR Has It !!!

*Grab a bunch For Yourself, Family, Friends  
At the Flea, Island's Closet, the Tidewater, ICMS*

#### MAIL ORDER 2021 CALENDARS

Phone **207-863-4109**

Or email: **[dmoyer@icmsvh.org](mailto:dmoyer@icmsvh.org)**

\$20 For One Includes Handling & Shipping.

Two Or More Are \$15 Each, Postpaid: Our Gift To You.

\$20 Each For Any Sent On Your Behalf As A Gift.

### Trivia Questions

1. Why was 46 BCE called the “year of confusion”?
2. How many men signed the Declaration of Independence and who signed it first?
3. Where is the summer resort in the movie, “Dirty Dancing”?

### Maine Trivia

What percentage of Maine is covered by forests?

### **Submit to the Wind!**

We are looking for stories, **anecdotes, recipes, images,** *Shout Outs*, etc. to include in the WIND. If you have something to share we would love to include it in future WINDs. Please send to: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

### ***Feeling Low? Reach Out for Help***

ICMS offers behavioral health services. Contact **Jeff Wilber**, LCSW at **(207) 449-9448**

**Maine Statewide Crisis Hotline 24/7** for immediate crisis-oriented help **1-888-568-1112**

**Maine Warm Line 24/7** for connecting with someone if you need mental and emotional support **1-866-771-9276**

Online Recovery Programs:

**Narcotics Anonymous – [namaine.org](http://namaine.org)**

**Alcoholics Anonymous – [csoaaine.org](http://csoaaine.org)**

**Nar-Anon – [nar-anon.org](http://nar-anon.org)**

**Al-Anon – [maineafg.org](http://maineafg.org)**

### **Vinalhaven Eldercare Services**

### **NEEDS YOUR HELP**

During this critical time, VES is grateful to have a dedicated staff of caregivers who are going above and beyond and making personal sacrifices to ensure that the residents of the Calderwood Homestead remain healthy and safe during these scary times. We need each one of them to ensure adequate staffing at the Homestead.

However, there is currently one staff member who needs temporary housing on the island to continue working at the Homestead.

If you or anyone you know might have housing available for a few months over the summer, please let Linda Lynch know at **863-9343**.  
Thanks for your help.

### **COVID-19 INFORMATION**

For Town updates, visit **[www.townofvinalhaven.org](http://www.townofvinalhaven.org)**  
There is a link on the homepage to all Covid-19 information and resources.

Also visit Facebook **[facebook.com/townofvinalhaven](https://www.facebook.com/townofvinalhaven)**

If you have Covid-19-related questions or concerns contact **207-863-2168** or **[VHEOC@townofvinalhaven.org](mailto:VHEOC@townofvinalhaven.org)**

Subscribe to receive Town Covid-19 Updates automatically in your inbox. Go to **Subscribe** on the Town's website and subscribe to **“Town Alerts”**. Also subscribe to **CivicReady® Emergency Notifications** to receive text and phone alerts.

### **Vinalhaven Community Outreach**

**We need your help and we're here to help you**

We have set up a COVID-19 fund to help islanders who have been directly, financially affected by this virus.

**Donations may be mailed to VCO, PO Box 15, Vinalhaven.**

Please mark Covid-19 in the memo

**If you need help**, and fit our criteria, please contact us by **email**

[vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)

Thank you.

We are a 501 (c) 3 organization

*Thank you!*

*For shopping on island  
and for supporting local businesses*

### **COVID-19 FINANCIAL HELP**

#### **Unemployment Benefit for Self-employed People**

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply. **[www.maine.gov/unemployment](http://www.maine.gov/unemployment)**

#### **General Assistance (GA)**

A program to help cover costs for basic needs like food, housing, and utilities. Contact **Andrew Dorr**, Town Manager, **207-863-2042** [townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

#### **Vinalhaven Community**

**Outreach (VCO)** VCO has a COVID-19 fund to help islanders who have been directly, financially affected by COVID-19. Contact [vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)



Ruth “Bami” Hutchinson Sayward’s long, rich life on earth ended September 7th, 2020. Ruth was born April 22, 1934 on Earth Day, in Stafford Springs Connecticut, the youngest daughter of the late Roland W. Sayward and Eleanor Hutchinson Sayward of East Longmeadow, Mass.

In youth, she was a Worthy Advisory within the International Order of Rainbow Girls, an organization within the family of Freemasonry, that taught three basic virtues: Faith in a Supreme Being and other people, having hope in all they do, and Charity toward others. Ruth lived those values and championed the causes that needed a voice both personally and globally. For herself, Ruth pursued advanced education in her 40s earning her Bachelor of Arts from Drew University and into her 50s, pursuing her Master’s in Theological Studies from Princeton University.

For the world, Ruth donated her time supporting many causes. In the 1960s, she marched on Washington in support of civil rights witnessing the I have a Dream Speech at the Lincoln Memorial. In the 1970s, she supported the hungry, helping to establish the Crop Walk in Mendham, NJ. In the 1980’s Ruth marched against nuclear proliferation collaborating with other concerned citizens, as well as, scientists directly involved in the Manhattan Project. Into her late 70s and 80s Ruth enjoyed serving as a crossing guard, and donating her time to Vinalhaven’s elder care, local churches, and participating in book clubs and enjoying nature.

Over the last 33 years, Ruth established a successful woman-owned and operated expatriate mail-forwarding business that continues to this day. Married twice, her former husbands Richard Fehnel and Gery Torborg, for whom she shared her time on Vinalhaven, predeceased her. She was the sister of Virginia Sayward Paul and sister in law to Brenda M. Sayward both deceased. Ruth is remembered and survived by her four sons and their families, Keith & Lisa, Peter & Yveth, Brad & Tricia, and Todd & Dornell Fehnel; her brother, Roland Sayward Jr of Gorham, Maine; and her partner, Charles Hayward, her former childhood sweetheart, with whom she spent the last two years; and is held in affection by the extended Torborg and Sayward families, nieces & nephews, many grandchildren...and countless friends and worthy acquaintances.

A memorial service will be planned in the Spring of 2021 to allow for a more amenable and safer environment for a gathering. In lieu of flowers, memorial contributions may be made to Vinalhaven Eldercare Services, Inc. P.O. Box 624 Vinalhaven, ME 04863. Any condolences, thoughts of remembrance, and most especially, amusing anecdotes should be sent directly to P.O. Box 311, Mendham, NJ 07945 care of Ruth Sayward.

## Music

*Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything.*  
Plato

If Brooklyn were its own city, it would be the third largest in the U.S, So Coming back to the Island startles existing sensibility. Each separate bird classification weaves its morning songs as the distant sound of fishing boats drone in the distance. My oversaturated city senses are crying “thank you” like my physical body, for taking a break from its norm. Like most things in life, my senses need a good cleaning, a reboot for the young. Vinalhaven is on the horizon and so it begins...

For some reason, the fine art of music gives us hope, which is a good thing. No matter what timber, culture, or harmony (or lack off) it draws us into memories and taps into the full spectrum of our emotions.

A lobster fisherman's season is a short one but intense, maybe four or five months. With that in mind, there is time to chase your passion, music is but one. Many write songs of their spot in the Sea, the Weather that controls so much of their life, or the mysteries of the Fox Islands

### Island Barn Music

On a wonderful Maine like Sunday, I was told by my Island friends and fellow musicians ( Richie, Goog, Jamie, and Eric ). "Ya feel like playing down at Gweeker's today? It's a party for Hal Chiles, he's not doing too good, so this get together is for him." "Sure," I said, "I'm there". The boathouse was about 60' wide and 60' long and with the lobster boat overboard the space was clear. My drum set sat mid-semi-circle of 12 chairs, mics and amplifiers abound. In front of the two large overhead doors were 4 chairs facing the impending music. That setup was for Hal. People showed up with kegs of beer and drinks, food was plentiful with a never-ending supply of sea and barbecue food. Musicians from North Haven, The Mainland, and Matinicus (an Island 12 Miles further out to sea) started arriving ( most in their boats) all intent on having a great time. With over 100 people cutting loose, Local songs, rock songs, and folk songs rang the day. Intense dance and electric music gave way to emotional local story songs and in musical waves, the day progressed. Finally, 12 hours later, exhausted, it was over. I hadn't a beer as enjoying my passion drove the day. When it was all over, we all hugged and said the proverbial " same time next year" That was 17 years ago, but It seems like yesterday.

Richard Flagg

## Write to Friends

*We are sure these folks would love to hear from islanders / friends during the coronavirus pandemic*

Jaquelyn Ames  
c/o Goodwill-Kendall  
Lane House  
Freeport, Maine 04032

Lucy Wadsworth  
30 Community Drive  
Camden, Maine 04843

Carlene Michael  
Boardman Cottage  
Islesboro, Maine 04848

Charles M. Miller  
1725 Honore Avenue  
Sarasota, FL 34232

Gladys Walls  
(new address)  
PO Box 702  
Newcastle, Maine 04553

Ora "Buddy" Warren  
Harbor Hill Center  
2 Footbridge Road  
Cape Rosier Unit Rm. 3  
Belfast, Maine 04915

Nans Case  
Barb Davis  
Marie Dempster  
Joan Mitchell  
Priscilla Rosen  
Pat Nick  
Virginia Olney  
Calderwood Homestead  
18 Beaver Dam Road  
Vinalhaven, Maine 04863

Ann Anthony  
Caroline Morton  
Dottie Knowlton  
Windward Gardens  
105 Mechanic Street  
Camden, Maine 04843

Rosemary Anthony  
7 North Shore Drive  
Owls Head, Maine 04854

# Peaceful Harbor Farm Is Open! PLANT NOW!

For Next Spring's  
Blooms and Color!

Echinacea	Carnations	Monkshood
Heuchera	Salvia	Lavender
Liatris	Day Lilies	Hosta
Jacob's Ladder	Bee Balm	Astilbe
Shasta Daisy	Lilac Shrubs and more	

**Greenhouse Open**  
**Mon and Wed and Friday**  
**noon - 4pm**  
**Saturday noon-2pm**  
**Sunday noon-2pm**  
**Closed Tuesday and Thursday**

**Don't forget our Laundry Service:**  
 Machine Washed, Line Dried.  
 You drop off and pick up.

No large quilts. Please call first.  
**Dushane Road, 863-9381**  
**Just off the Pequod Road**  
**Support Local Economies**



## Vinalhaven Eldercare Services

Carver's Harbor Market has been extremely helpful during all of this stay at home period. As you know Vinalhaven Eldercare Services is not going to be able to do our large fund-raising events this summer. **Carvers Harbor Market has graciously agreed to let Vinalhaven Eldercare Services have the round up this summer.**

I am asking that those of you who do curb side pickup when you place your order to ask them to round up for VES or add a small amount to your order to help support us and if you go to the store shopping that you please ask the cashier to round up for us.

This is going to be a very different summer for us, and we really need your support. *Thank you for your help keeping our Homestead and all of our programs going.*

You don't have to be perfect to be amazing.

—Anonymous



## Vinalhaven Solidarity M a r c h

**Fridays at 5pm**

Meet at the Eagle  
 bring a sign  
 wear a mask

[vhsolidarity@gmail.com](mailto:vhsolidarity@gmail.com)

# I WANT YOU!



**To help sort bottles at Eldercare**  
**Sundays &/or Wednesdays 10-11am**  
**Work with a dedicated, friendly crew**  
**Training provided**

**Just show up or call 863-2246 for more info**

# WINDHORSE ARTS

Personal Shopping by appointment  
For an appointment  
please call or Text 207/449-6285  
or email [alisonthibault@gmail.com](mailto:alisonthibault@gmail.com)

Prefer the comfort of your home?  
I am available to "live shop"  
or visit my website [www.WindHorseArts.com](http://www.WindHorseArts.com)  
where you can see all of my current inventory.

Special orders are welcome!



Vinalhaven Cleaning Services, LLC  
We don't cut corners, we clean them!  
207.863.2073

*Vinalhaven Cleaning Services is open for  
business!*

At this time, we have decided that we do not feel comfortable flipping weekly rentals until things move in a different direction. We WILL, however, open houses for those coming to the island who plan on staying for the summer or for more than the 14-day quarantine. We will be more than happy to come back & clean for you again once you have satisfied the quarantine requirement. We will also be more than happy to clean for any local island residents and/or businesses. We are fully insured and can provide proof of insurance as requested.

We have all of our own cleaning supplies and equipment, facial coverings, gloves, foot coverings, ozone generators (more info on those as requested), etc and look forward to talking to each of you on your personal needs & requirements for your home or business!

Please be patient with us as we work out the kinks with our new venture in this new world we are navigating thru! We hope to be able to provide a wonderful service to everyone & to the community.

Angelina Turner & Maggie Beckman 😊

Email contact:  
[angelina@vinalhavencleaningservices.com](mailto:angelina@vinalhavencleaningservices.com)

*Disclaimer: we reserve the right to accept or deny any business & your safety & ours is our top priority!!*



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[vinalenergy@gmail.com](mailto:vinalenergy@gmail.com)

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It Comes From Your Own Actions.

—Dalai Lama



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## ***Representing Buyers and Sellers on the Fox Islands***

Kris Davidson, Broker

Lisa Shields, Associate Broker ~ Alex Young, Sales Agent

207.863.2200 ~ info@davidson-realty.com

**www.maineislandliving.com**



**Sale Pending!**

**Saltwater Farm.** Stunning homestead on Coombs Neck. Renovated farmhouse, guesthouse, barn. 7 acres, HOA for 20 acres & dock. Very special! **\$1,695,000**



**New Listing!**

**Village Home.** Classic stonecutter's house w/ almost an acre of land. Monitor heat, 2-3 bedrooms, 1100 sq. ft. Close to school & village. A great buy! **\$169,900**



**Roberts Harbor.** Waterfront 3 bdrm home with guest apartment. Buy alone or invest w/ another family. Very well maintained. Excellent value! **\$595,000**



**New Price!**

**Year Round Home.** C. 1880s 3 bedroom, 2 bath home on Pleasant St. 1600+ sq. ft. Great village location. New roof and furnace. Very well priced! **\$199,000**



**Spectacular Views.** Shingled home w/ ocean access perched above Robert's Harbor. First flr ensuite master, 2 bdrms & bath on second flr. Garage. **\$550,000**



**Roberts Harbor Views.** Contemporary cottage w/ big views on the SE side. Wood flrs, first flr. bdrm., spacious covered porch. Impeccable! **\$439,900**



**Building Lot on Coombs Neck.** 3+ acres with extraordinary elevated views of E. Penobscot Bay. HOA dock, common land and road. Fabulous! **\$445,500**



**Elevated Building Lot.** 1.4 acres with sweeping views of the eastern bay. Soil tested with power nearby. Quiet location yet close to town. **\$185,900**



## **TEMPORARY HOURS FOR THE WEEK OF SEPT. 14<sup>TH</sup>!!**

**Josef and Sue are going on a Maine-cation!!**

**Due to our absence the shop hours will be shortened for the week of Sept. 14<sup>th</sup>:**

**OPEN THURSDAY, FRIDAY, SATURDAY FROM 11-5**

***There will not be any flowers that week***

**~ Again, this is ONLY for the week of September 14<sup>th</sup> ~**

**Big thanks to our wonderful crew for making it possible for us to get away!**



# NORTH HAVEN \* VINALHAVEN



## LIGHTHOUSE COVE, VINALHAVEN:

Well-built, beautifully designed Contemporary on 20 private acres with plenty of room for family and friends. 5 bedrooms, 3 baths, separate guest quarters in boathouse. Granite fireplaces, water-side porches. Deep-water dock, large hangar/garage. Splendid sunset views! MLS #1373724

**\$1,995,000**



**VINALHAVEN:** Dyer Island Retreat. A quaint shingled Cape with granite remains of a deep-water dock. Access over a causeway from the main island to this well-maintained getaway in a private setting at the end of the road. Island living at its finest, with spectacular sunsets. Offered at **\$875,000**



**CITY POINT, VINALHAVEN:** 7 acres with 1,000' deep water on Vinalhaven's Westside. Two-bedroom year-round cottage with separate garage/ workshop. Sunset views. MLS #1347431 **\$850,000**



**VINALHAVEN:** Contemporary Cape on 7 acres with views out over the Island. Just outside town, walking distance to town-maintained swimming quarry. Well worth a look. Listed by Ashley Davis-Oakes 207-213-3788 and Wanda Davis-Oakes 207-401-8655 **\$525,000**



**VINAL COVE, VINALHAVEN:** 8 acres of nicely elevated waterfront land. 500' on the water, with deep water. 2 soil tests for septic. Nice variety of trees. **\$495,000**



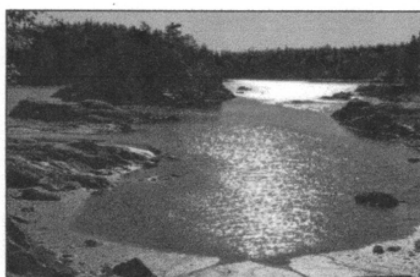
**THE PRIVILEGE, VINALHAVEN:** Cabin at the water's edge on private cove off Winter Harbor near Starboard Rock. Six plus acres with driveway to cabin. **\$395,000**



**CLAM SHELL ALLEY:** Step back in time in this 1890s restored Victorian with views into Carvers Harbor. Double front porches, wonderful wallpaper, tin ceiling in kitchen. Slate roof. Great location. MLS #1315183 **\$299,000**



**VINAL COVE, VINALHAVEN:** 7 acres with 700' tidal waterfront looking East at Conservation land. Two soil tests for septic. Easy road frontage, driveway started. **\$289,000**



**WINTER HARBOR, VINALHAVEN:** 2-bedroom Contemporary home on 2 acres, 200 feet tidal frontage with deep-water mooring. Walk-in basement/ workshop with 200-amp electric. Southern exposure, sunny spot. **\$249,000**



**23 SCHOOL STREET, VINALHAVEN:** Circa 1880 Maine Farmhouse style year-round home with slate roof with recent copper valleys, recent high end heating system. Convenient location. **\$169,900**



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**THE ISLAND GROUP**

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**WESLEY REED 207-863-2554**

wreed@jaretcohn.com

## WOOD FOR SALE

Dried split spruce  
\$125 per truck load

**Call Gene 863-2012**

## Land For Sale

3.3 Acre Woodlot  
with old gravel pit  
and new survey  
East end of Map/Lot 003/020  
Ocean View Road  
Asking \$34,900  
(Town appraised value)

**Contact Jessica Farrelly**

**Call 207-863-2021**

**Text 207-542-9690**

**pjtfarrelly@gmail.com**

## Looking for Babysitting Jobs



**Call Ava 867-5600**

## Boat and Engine for Sale

1986 Seaway 18ft Center  
Console Speedboat and 2015  
Yamaha 70hp fuel injected four  
stroke outboard. Motor has fewer  
than 20 hours and was  
professionally installed at Jeff's  
Marine. Comes with 2017  
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Selling just because we don't use  
it and want someone to enjoy it.  
Boat is in very good condition  
and ready to put in the water.

\$16,500 OBRO  
call 863-9344 for more info.

## Millstream Cottage



**All seasons  
waterfront rental  
by day, week, or month**

**Two bedroom, two bath  
full kitchen and laundry  
Easy walk to ferry and all in-  
town activities  
Great bird watching!**

**Contact  
Phil Crossman  
207-592-1865  
philcrossman.vh@gmail.com**

## How You Can Help *donate to local service groups*

### **Community Lunchbox**

Union Church, attn: Lunchbox  
PO Box 249

*Checks payable to Union Church*

*Memo line: Lunchbox*

### **Meals on Wheels**

VES

attn: Meals on Wheels,  
PO Box 624

*Checks payable to VES*

*Memo Line: Meals on Wheels*

### **Open Bible Baptist Church Corona Virus Relief Fund (CVRF)**

Open Bible Baptist Church

attn: CVRF

PO Box 465

*Checks payable to Open Bible Baptist  
Church, Memo line: CVRF*

### **Vinalhaven Community Outreach**

PO Box 15

*Checks payable to VCO Memo line: Covid-19*

## Rosh Hashanah (Jewish New Year) Sept.18-20

Among the eight customs traditionally  
celebrated during this time are: reflection  
on one's past and contemplation on the  
future, attending Rosh Hashanah services  
at the synagogue, listening to the shofa  
(ram's horn), and dipping apples in honey.

**Happy Rosh Hashanah  
to all our Jewish friends!**

## Reading Online Wind on a Kindle

Norbert Leser shared his steps for  
converting the online Wind into a more  
easily readable version on a Kindle.

1. Download the wind to your  
computer/device
2. Create an email message  
addressed to your Kindle account
3. Subject of the email is the word  
"Convert"
4. Attach the wind PDF to the email  
body (no other text)
5. Send email
6. After a short while open your Kindle  
app and synchronize - the Wind  
should appear in your library!

To find the Kindle email account  
mentioned above, you need to open the  
Kindle app and go to 'App Settings' in your  
menu at Kindle's home page. It lists 'Send  
to Kindle Email Address' - copy/paste that  
address and you're all set.

### **Vinalhaven Fuel Fund**

Sue Radley

attn: Vinalhaven Fuel Fund

14 Lawson's Quarry Rd

*Checks payable to Vinalhaven Fuel Fund*

### **The Brown Door at the Union Church**

Union Church

attn: Food Pantry

PO Box 249

*Checks payable to Union Church*

*Memo line: Food Pantry*

*All = Vinalhaven, ME 04863*

# END OF SUMMER CUCUMBERS AND TOMATOES

*Adapted from The New York Times Cookbook, 1980*

## CHILLED TOMATO, CUCUMBER AND YOGURT SOUP

2 tbsps butter  
2 cups chopped onion  
2 cups peeled, seeded, cubed cucumbers  
3 cups peeled, seeded, cubed tomatoes  
3 basil leaves  
2 cups chicken or vegetable broth  
2 cups yogurt  
Salt  
1 tsp chopped fresh mint (optional)

### Directions

1. Melt butter in a saucepan and add the onion. Cook, stirring frequently, for about 10 minutes. Do not brown. Add the cucumbers, tomatoes, basil and broth. Cook, stirring frequently, for about 30 minutes.
2. Process until smooth. Pour most of the processed soup into a bowl, leaving a little bit of vegetables and broth in the processor. Add yogurt to the processor and blend until smooth. Add to the bowl and blend thoroughly. Add salt to taste. Served chilled with chopped mint on top.

## QUINOA SALAD

1/2 cup or more quinoa  
Cucumber, peeled and cut into 1/2 inch cubes  
Tomatoes, cut into 1/2 inch cubes  
Scallions, cut into thin rounds or a small amount of onion, chopped fine  
1/4 to 1/2 green bell pepper, cut into 1/2 inch squares  
Lemon juice  
Olive oil  
Salt and pepper  
Basil leaves  
Lettuce leaves (optional)

### Directions

1. Wash quinoa and soak in lukewarm water for 15 minutes or more. Bring water to boil in a medium sized pot. Add quinoa and salt and cook for 15 minutes, or until the quinoa is tender. Drain.
2. Put tomatoes, cucumbers, scallions or onions and bell peppers in a bowl and toss. Add as much quinoa as desired and toss. Add lemon juice first so that it penetrates the quinoa and the vegetables, then add olive oil and salt and pepper to taste and toss again. Top with torn basil leaves. Serve as is or on a base of lettuce leaves.



## AND WITH THE LEFTOVER QUINOA: QUINOA CAKES

To make the cakes, you will need a metal, smooth-sided 1/4 or 1/3 cup measuring cup with a panhandle.

Cooked quinoa  
Chopped scallions or onions  
1/4 bell pepper or less, chopped very  
1 small clove of garlic, chopped fine  
Grated parmesan  
A dash of cream  
Pine nuts or blanched almonds, roughly chopped  
1 egg  
Salt and pepper  
Bread crumbs

### Directions

1. Combine everything except the breadcrumbs. Add the breadcrumbs, a little bit at a time, until the mixture seems to hold together.
2. Heat vegetable oil in a pan. To make a cake, pack mixture firmly into the measuring cup described above. After the cup is packed, turn the cup upside down a few inches over the heated pan near the edge of the pan. Tap the handle of the measuring cup on the side of the pan to release the formed cake. Ideally, the result will be a perfect cylinder about an inch high. If the cake doesn't hold together, add more breadcrumbs to the remaining mixture. Repeat making cakes and releasing them into the pan, carefully turning cakes as their undersides become well browned.

---

## North Haven Road Vinalhaven \$4,500,000



- Waterfront estate on the Fox Islands Thorofare with 17± acres, 520± feet of shorefront and spectacular views
- Architect-designed main residence is sophisticated and inviting with unique details - total of 8 bedrooms, 8.5 baths in all buildings
- Artfully built screened porch seamlessly connects to the main house and has a commanding granite fireplace and views of the Thorofare
- Top-quality outbuildings include a guest house, a water's edge gym, a barn with recreational and living space and a storage barn
- Well-landscaped grounds feature a tennis court, two coves and a protected, granite deep-water wharf with an extensive float system

---

## Cubby Hole Farm North Haven \$2,875,000



- Classic saltwater farm with 29± acres, historic buildings and spectacular broad views
- Year-round, classic center-chimney four-bedroom Cape has been beautifully restored
- Additional buildings include a new post-and-beam barn built in keeping with the historic property, a three-bedroom guest house, a three-car garage, a complete workshop and a water's edge boathouse
- Private in-ground lap pool, beautiful perennial gardens defined by rock walls and established, productive vegetable gardens
- Approximately 2,439± feet of frontage on the tidal Cubby Hole excellent for beachcombing, kayaking and swimming

**Terry Sortwell** | 207-236-3543 | [tsortwell@landvest.com](mailto:tsortwell@landvest.com)

**Joseph Sortwell** | 207-236-3543 | [jsortwell@landvest.com](mailto:jsortwell@landvest.com)

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## *Tidbits from the Vinalhaven Historical Society*

Schooner J. G. Clifford of Newport, RI, 600 tons, is loading granite at the Sands. She is said to be the largest vessel ever loaded with granite at this place.

**Vinalhaven Echo, March 29, 1888**

Schooner David Osier this week landed at Lane & Libby's 16,000 weight of fish; Clara Benner 18,000; Esperanza, 18,000; Lena Young 12,000; Lottie Hopkins 26,380. The Lottie's stock was \$720 for the week. The crew of the last-named vessel are large, smart, able bodied med. They are fishermen throughout. Their extra weight comes from heavy ginger-bread they eat which they call sinkers.

**Vinalhaven Echo, January 5, 1888**

The Schooner William Booth at the time of this writing is ashore on Narrows Island where she drifted last week, after parting her lines at the wharf of the Robert's Harbor Granite Company. Tug Sophie of Rockland is expecting to float her on the high tide Monday. Her Captain Mr. Armstrong of Rockland is in town assisting.

The Schooner William Booth, for the past week, has been ashore on Narrows Island. She has been floated by the Lighter Sophia and Tug Somers Smith. She was not badly damaged and will be towed to Rockland the first good chance for repairs at Snow's Shipyard.

**Vinalhaven February 7 & 9, 1928**

(This schooner is carved on the ledge at Booth's Quarry)



### ***Island Hoops and Scratches***

New book by Walt White



This sports book, written by Vinalhaven native Walt White, is full of treasured island memories dedicated to Vinalhaven basketball and pool players over the last 120 years. The book highlights the island's rich sports history and includes interesting facts and stories along with hundreds of photos. Walt presents a unique island narrative that he hopes will be historically educational yet fun to read for all island age groups as both sports are traced from their early origins to present times. *Island Hoops and Scratches* promises to be a family keepsake.

Please call or visit the Vinalhaven Historical Society to reserve copies. Limited books will be available starting September 24, so please order soon. Tel: 863-4410. Hours  
Monday–Thursday  
9 a.m.–3:30 p.m. Price: \$40.00

## **Unraveling**

Laughing loon on the water  
cloven hoof on the beach  
green leaf quietly turning  
over to red and me on a  
boulder watching the mail  
plane coming in, its engine  
competing with the lobster  
boat going out and the  
tide quietly ebbing like me

As I sit here with an old dog  
at my feet I wonder at all the  
wandering that has taken me  
to this, I am thankful for all the  
steps and missteps, every  
foot forward a victory over  
the undoing done to my soul

I revel in the doing now  
the planting, the harvesting  
the freezing and canning  
admiring the blossoms and  
low hanging fruit, the large  
the small, the damaged  
so like my children in their  
beauty, in the sweat and toil  
it took to help them into life

Like the happy old woman  
I am, I inspect all the stitches  
I've sewn to get me to here  
even the places I tore out to  
start over, the knots tied tight  
to hide the mistakes, now  
seamlessly woven into a whole

I sit here on this boulder by  
the sea, wrapped in a pink  
coral blanket my mother made  
for me and my wonderment  
hasn't ceased but my own  
unraveling has begun  
as I accept every drop given  
and slowly become what  
I'm feeling, what I'm looking at  
the ever changing sea made  
up of all the rivers of my life.

*Paddy Noble*



## ISLAND TICKS

pest control

**207-837-7011**

### Mice... YUCK!

Mice are looking for a winter home. If you have, or have had a problem with mice, give us a call.

Fall is also a good time to deal with Cluster Flies and other overwintering pests.

It's never too early to discuss next spring for Ticks, Browntail Moths, and Ants.

Island Owned + Operated  
Charlie + Erica Simpson

**Field mowing and other light  
duty tractor work.  
Call Tim 863-4672**

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37 Years, Still Kicking!

Not Retiring Yet!

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### I've Moved!

Sonya Ames is now working at Gray Moon Hair Salon! If you would like to make an appointment, please call the salon at (207) 593-8342.

Gray Moon is located at: 359 Broadway, Rockland ME 04841

*We look forward to hearing from you!!*

### 1999 Pursuit for Sale



\$29,500. Gorgeous boat!!! Very good condition. 28+'. Runs and looks great. Garmin GPS, radar, depth finder. With aluminum bunk trailer. Reupholstered cushions. Ready for summer fun and fishing! Call Drew 860-490-3001 or [Dkeir@cox.net](mailto:Dkeir@cox.net).

### FOR SALE: Double Sea Kayak

22' fast, stable, ocean kayak, w/3 cargo holds and rudder; includes 2 paddles w/leashes, 2 skirts & a bilge pump. Perfect for local day tripping or extended island hopping along the coast. This is a sister ship to the one that supported the Gulf of Maine Expedition, May to September, 2002; from Provincetown, MA to Cape Sable Island, Nova Scotia...by kayak. So, no problems going anywhere. \$1,600 complete, or \$1,300 w/o gear. Larry McIntosh, (207) 703-6668 or [Lmacyak@gmail.com](mailto:Lmacyak@gmail.com)

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## SECOND HAND PROSE

Let's all keep safe with the following protocols:

- 2 customers or 1 family group (same household) at a time
- Face covering and hand sanitizer required
- 6' spacing between browsers

\*\*\*

### BOOK DONATIONS

Like the library, we will be putting all incoming books in quarantine for the recommended period of time.

We have very little storage space, so we will need to strictly limit donations to 10 BOOKS PER HOUSEHOLD PER DAY

DROP-OFF DURING  
OPEN HOURS ONLY

Thank you for understanding:)

\*\*\*

OPEN MON-SAT 10-2



## SECOND HAND PROSE CLEARANCE SALE!

We missed our July 4 book sale, so we're doing an ongoing clearance sale

Check the Clearance Cart  
in the back of the shop

25 cents each  
New books added daily  
OPEN MON-SAT 10-2

## GO FISH



### HOURS

11:00 AM – 4:00 PM  
MONDAY – SATURDAY  
CLOSED SUNDAYS

NEW SHIPMENT OF  
VINALHAVEN  
SWEATSHIRTS JUST  
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HERE ARE OUR GUIDELINES  
TO FOLLOW TO KEEP US ALL  
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\* 2 CUSTOMERS OR SMALL  
FAMILY GROUPS AT A TIME IN  
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\* MASKS ARE A MUST FOR  
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FROM TOUCHING IT.

\* USE THE HAND SANITIZER  
PROVIDED AT THE ENTRANCE  
SO THAT YOU CAN TOUCH THE  
MERCHANDISE.

SADLY THE CANDY COUNTER  
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ONLINE SO PLEASE PLACE  
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MAKE THE TRIP IN!

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(207) 863-4193

Freedom is not worth having  
if it does not include  
the freedom to make mistakes.

—Mahatma Gandhi

## New Era Gallery

60 Main Street



David Peterson

Ceramic Boats

Sailing into September  
Home 2020

Thursday & Friday  
10:00 – 4:00

Saturday 10:00 – 2:00  
and whenever the  
ART flag is flying!

View the show on our  
website!

[neweragallery.com](http://neweragallery.com)  
[director@neweragallery.com](mailto:director@neweragallery.com)

The Person Who Says It Cannot  
Be Done Should Not Interrupt The  
Person Who Is Doing It.

— Chinese Proverb

### Trivia Answers

1. Julius Caesar added two extra months to recalibrate the calendar in preparation for his calendar reform which went into effect in 45 BC. Therefore, the year 46 BCE had 455 days.
2. 56 John Adams
3. Catskills, New York

### Maine Trivia

As of 2016, Maine was number one in the United States with 89.46 percent of the state being covered by forests.



**NEW LISTING \$298,000**

**19 CHESTNUT ST**

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Charming 3 bedroom/2 bath year round home on quiet downtown street, well cared for with newly painted interior and updates.

Originality intact with classic farm style kitchen.

Desirable location. Come take a look!

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We are currently taking on new properties for 2021!

Contact us to set up a consultation!



## IMPORTANT SINGLE-STREAM RECYCLING REMINDER

Please NO Styrofoam, Plastic Bags,  
Large Not-Broken-Down Boxes, Plastic  
Strapping, Plastic Wrap, Bubble wrap  
and Bubble Wrap Mailers,  
Padded Mailers...  
in the Single-Stream Bin.

*Thank you!*



[www.vinalhavenvacationrentals.com](http://www.vinalhavenvacationrentals.com)

207- 401-8242

[claire@vinalhavenvacationrentals.com](mailto:claire@vinalhavenvacationrentals.com)



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Come visit!

September Farm Stand Hours:  
Tues & Thurs 2-5, Sat 9-1  
Masks & social distancing please

144 ROBERTS CEMETERY ROAD  
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207-863-4474



We have neglected the truth that a  
good farmer is a craftsman of the  
highest order, a kind of artist.

—Wendell Berry



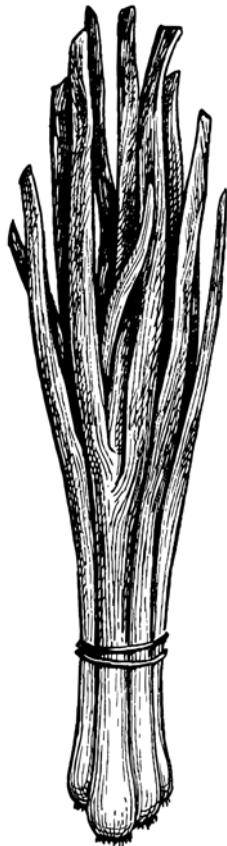
## Fox Islands APIARIES

Fox Islands Apiaries harvests  
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- ◆ 20 lb boxes, 14-16 fillets \$260 (\$13/lb)
- ◆ 10 lb boxes, 7-8 fillets \$140 (\$14/lb)
- ◆ 20 lb boxes, 5 oz. portions \$280 (\$14/lb)
- ◆ 10 lb boxes, 5 oz. portions \$150 (\$15/lb)

*Pick-up dates in Downstreet parking lot:*

Saturday September 19, 10am -Noon  
Sunday September 20, 10am -Noon

=====

Saturday September 26, 10am -Noon  
Sunday September 27, 10am -Noon

*Place your order with Ross Trainor at:*  
**thebrotherskatch@gmail.com**

*Check this website for more information:*  
**www.thebrotherskatch.com**



@ Home or the Transfer Station

FMI please contact Anna  
knitwitmaine@gmail.com or Gabe  
gabemcphail@gmail.com

### COMPOST REMINDERS:

Transfer Station Composting does not  
allow for the composting of certain items.  
*Please...*

**NO (SHELLFISH) SHELLS**  
**NO BONES, NO MEAT, NO DAIRY**  
**NO YARD WASTE**  
**NO COMPOSTABLE PRODUCTS**  
**NO PRODUCE STICKERS**

*Thank You for Composting!*





## Pleasant River Chapel

Sunday, Sept 20th

8:30-9:15-- Music outdoors  
and short time of reflection

9:15—worship service with  
message brought by Sue  
O'Dell

For Zoom log on info, email  
pleasantriverchapel  
@gmail.com

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We are grateful to those who  
are taking care of so many.

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For pastoral care call:  
Rosanne Wallace 863-4846  
Bob Candage 863-4943



My Recovery Must Come First  
So That Everything I Love In Life  
Doesn't Have To Come Last.

## Union Church

Partnering with the Maine  
Seacoast Mission and the  
United Church of Christ  
~Welcomes You~

Sunday Service  
at 11:00am

**PLEASE WEAR  
MASKS**

If you need pastoral care,  
please contact  
John Potter  
729-7024  
or  
Ruthie Philbrook  
863-4507

Recovery Is About  
Progression  
Not Perfection.

### *Find Anonymous Peer Recovery Programs ONLINE*

Portland Recovery Center  
[portlandrecovery.org](http://portlandrecovery.org)

Narcotics Anonymous  
[namaine.org](http://namaine.org)

Alcoholics Anonymous  
[csoaamaine.org](http://csoaamaine.org)

Nar-Anon  
[nar-anon.org](http://nar-anon.org)

Al-Anon  
[maineafg.org](http://maineafg.org)



### SUNDAY

9:30—Sunday School  
Adults in Church

10:30—Fellowship Time

11:00—Worship Service

### WEDNESDAY

6 PM—Bible Study and  
Prayer Time

**ALL ARE WELCOME!**

20 Fellowship Drive  
863-9944  
[www.obbc-vinalhaven.org](http://www.obbc-vinalhaven.org)



Our meetings have  
temporarily gone online, for  
URL and times  
please email

[VinalhavenAA@gmail.com](mailto:VinalhavenAA@gmail.com)

## AL-ANON MEETING CHANGE

**Until further notice,  
Al-Anon meetings will  
be held virtually.**

To join the meeting by internet  
OR phone, please email  
[vinalhavenalanon@gmail.com](mailto:vinalhavenalanon@gmail.com)  
or call 207-952-1817  
Help is also available from Maine  
Al-Anon [maineafg.org](http://maineafg.org)  
and World Al-Anon [al-anon.org](http://al-anon.org)  
*We are here for you! Newcomers welcome!*

## The Sand Bar

863-4500 \* Dine-In or Take-Out  
Open for Lunch, Dinner & Cocktails  
11 am – 8pm (9pm Friday & Saturday)  
Closed Mondays

### Frequently Asked Questions

**Q: Are you open?**

**A:** YES! We are open for dine-in, take-out and touchless curbside togo

**Q: How do I eat & drink with a mask on?**

**A:** You only need to wear your mask when you are standing. This includes coming in, using the restroom and leaving. When seated you can remove your mask.

**Q: How many people can I have dinner and drinks with?**

**A:** Per state requirements, up to 8 people can be seated at one table.

**Q: Can I take my drink to go?**

**A:** Yes and no. You **cannot** take the drink you are enjoying at the bar, but you **can** order drinks to go with your take-out food. We will package any drink for you, try our frozen booze slushies...they are amazing!

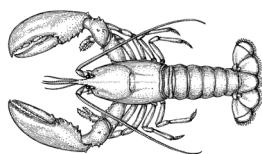
**Q: Last summer it was so hot in the bar, is it still hot?**

**A:** No! We now have AC, come in and cool off...enjoy a cold drink too!

**Check our Facebook page for daily specials & slushie flavors**



**SHOP  
LOCAL  
SUPPORT  
LOCAL**

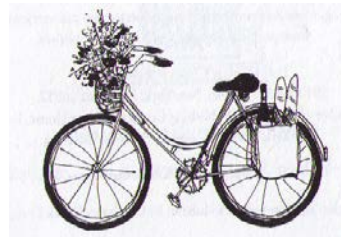


### Fathom Seafood and Meats

Offering free delivery of a variety of fresh meats from Wiggins Butcher shop. Call for free delivery and a full menu including steaks, ground chuck, sausage, pork chops, fresh chicken, fresh cooked lobsters, and much more!

Kelly and Lee Oxtan: 703-6720

**RESTAURANT FOR RENT  
64 MAIN STREET (SALT)  
MASTERBAR@AOL.COM**



## Downstreet Market

*Bakery - Café - Espresso Bar*  
207 - 863 - 5218

**Hours This Thursday - Sunday 8 pm - 8 pm  
Monday - 8 am - 4pm**

***New Hours Begin Thurs. Sept. 24  
Thursday - Monday 6 am - 3 pm***

***This Is Our Last Week Offering Pizza  
Evenings***

***& Our First Week Offering Pizza  
by the Slice  
During the Day  
Beginning this Thursday***

***Other New Daytime Menu Items Include:  
Meatball Subs  
Chili & Cornbread***

***Clearance Sale  
50 Percent off all jewelry  
20 - 50 Percent Off Clothing***



**FIORE - The Freshest  
Olive Oil & Aged  
Balsamic from Italy**

**Find Us Every Day  
at Island Spirits  
as well as  
503 Main Street in  
Rockland**

## OYSTERS

**In the Carvers Parking Lot  
Saturdays 9-11am  
Can't make it?  
Call 863-4837  
to order,  
2 dozen minimum**

### SURFSIDE

**DAILY 4:00ish-10:30 AM.  
LIMITED INSIDE/OUTSIDE  
SEATING; STILL TAKING  
CURBSIDE ORDERS.  
PLEASE FOLLOW STATE  
PROTOCOL.  
863-2767**