



4-12-2021 EMERGENCY OPERATIONS CENTER (EOC) COVID-19 UPDATE

Reminders

The 3W's are Still a Must!

Don't forget to keep practicing the 3 W's: *Wear your mask. Wash your hands. Watch your distance.* Even if you've been fully vaccinated, please follow CDC Guidelines. This includes continuing to wear your mask and maintaining physical distance in public. Remember that Maine has a mandated face covering policy for all public settings, regardless of the ability to maintain physical distance. *Thank you for doing your part to keep our community safe!*

Travel, Testing, and Quarantine

ICMS has received many inquiries regarding Maine's travel policy and the requirements for testing or quarantine. Go to the source to get the facts. The Maine CDC has clear travel guidelines

www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/travel.shtml

The Keep Maine Healthy page also lists Maine's travel requirements

www.maine.gov/covid19/keepmainehealthy/faqs

Get Vaccinated

There are many benefits to being fully vaccinated, including being able to visit others who are fully vaccinated without needing to wear face coverings or maintain six feet of distance! Check out all of the benefits here

www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html

Also, in order to slow down the spread of the virus by achieving "herd immunity", upwards of 80+% of the population needs to be fully vaccinated. *Please do you part! Get Vaccinated ASAP!*

Local Vaccination News

ICMS and volunteers have been working to vaccinate islanders since the vaccine rollout began. If you would like to be added to the ICMS vaccination list to receive your COVID-19 vaccine, please contact **Anna Clapham (207) 863-4341 ex. 1126** or aclapham@icmsvh.org

PenBay is also a vaccination site option for island residents. For more information visit www.mainehealth.org/

Vinalhaven Case Info

March 2020 – April 12, 2021

Known Active Confirmed
Positive – 0
Total Known Confirmed
Positive – 7
Total Recovered – 7

For state and county data,
go to **knox-hub-knoxme.**
hub.arcgis.com

Coronavirus-COVID-19/Vaccine/FAQs or
call **1-877-780-7545**

Vaccines are available at other facilities throughout the state. FMI go to www.maine.gov/covid19/vaccines/vaccination-sites

Updates from the State

Vaccination Eligibility

Maine's Vaccination Timeline makes *all residents age 16 and over eligible for COVID-19 vaccinations as of April 7, 2021.* For more information about Maine's vaccination

schedule, vaccine eligibility, and vaccination sites, go to www.maine.gov/covid19/vaccines or call **Maine's COVID-19 Community Vaccination Line 1-888-445-4111**

Moving Maine Forward Plan – Summer Guidelines and Revised Travel Requirements

Moving Maine Forward is a multi-month plan with guidelines which help maintain public health protocols like mask-wearing, physical distancing, and hand-washing; update capacity requirements for gatherings and businesses; and revise Maine's travel policy to allow those fully vaccinated to be exempt from travel-based testing and quarantine requirements, among other changes. For details on the Moving Maine Forward Plan, go to www.maine.gov/covid19/moving-maine-forward

State Vaccination and COVID-19 Case Counts

As of April 12, 2021, *33.79% percent of the Maine population—380,211 people—have been fully vaccinated.* There were 2,295 active cases reported in the state and 54,256 total cumulative cases statewide. There were *37 active cases in Knox county.* The state's *positivity rate was at 3.2%.* See COVID-19 data on the Maine CDC website www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/data.shtml

Guidelines for Fully Vaccinated Individuals

Check out this article from Johns Hopkins www.jhsph.edu/covid-19/articles/what-you-need-to-know-about-the-cdcs-covid19-guidance-for-fully-vaccinated-individuals.html