



COVID-19 Vinalhaven Emergency Operations Center (EOC)

Andrew Dorr Town Manager

Marc Candage EMA Director

Kerry McKee EMS Director

Jen Desmond Public Health Officer

Pat Lundholm Public Information Officer

Gabrian McPhail Community Outreach Coordinator

Tanya Robishaw EOC Support Staff

Janica Barrows EOC Support Staff

EOC Contact and Social Media
VHEOC@townofvinalhaven.org

207-863-2168

facebook.com/townofvinalhaven

Instagram @townofvinalhaven

YouTube Town of Vinalhaven

Town of Vinalhaven

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www.townofvinalhaven.org

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19 Washington School Rd
Vinalhaven, Maine 04863

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A VERY IMPORTANT MESSAGE FOR ALL OF US

from the Town's Public Health Team and Select Board

Dear Fellow Vinalhaveners,

We are grateful to you for keeping yourself and your family **SAFE** and **CLOSE TO HOME** during the Covid-19 Pandemic. The difficult actions and sacrifices we make today show the respect we have for our beloved community.

We urge you to keep following the guidelines below. And please, if you or anyone you know needs **HELP** or would like to help...

Contact us at **VHEOC@townofvinalhaven.org** or **207-863-2168** — *Thank you!*

The virus doesn't move. We move the virus. Please...

Stay at Home

If you go outside for exercise or essential needs, keep at least 6 feet away from others

Maintain Physical Distance

Unless you are living in the same household, keep at least 6 feet away from others

Wear a Mask or Face Covering in Public

Sick? Call ICMS 207-863-4341

Don't go to the Medical Center without calling first

Do Not Travel to the Mainland

Unless for emergencies and essential needs

Quarantine for 14 days

If you are travelling from out-of-state or from any area with community spread

Wash Your Hands Frequently

Also use hand sanitizer

Avoid Touching Your Face

Disinfect Surfaces and Items Often

Get Help with Food, Finances, and More – Discover Ways to Help Others

Go to the **Covid-19 page** on the Town website **www.townofvinalhaven.org**

Email **VHEOC@townofvinalhaven.org** or call **207-863-2168**

Please check the Town website or Facebook page daily – Updates are posted every day by 7 PM. Please contact the EOC with your questions and for assistance. Subscribe to "Town Alerts" on the Town's website to automatically receive Daily Updates in your inbox. *This community is a special place and together we will get through this!*