



COVID-19 Vinalhaven Emergency Operations Center (EOC)

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COVID-19 Daily Update 4-9-20

FACE COVERINGS AND MASKS... AGAIN!

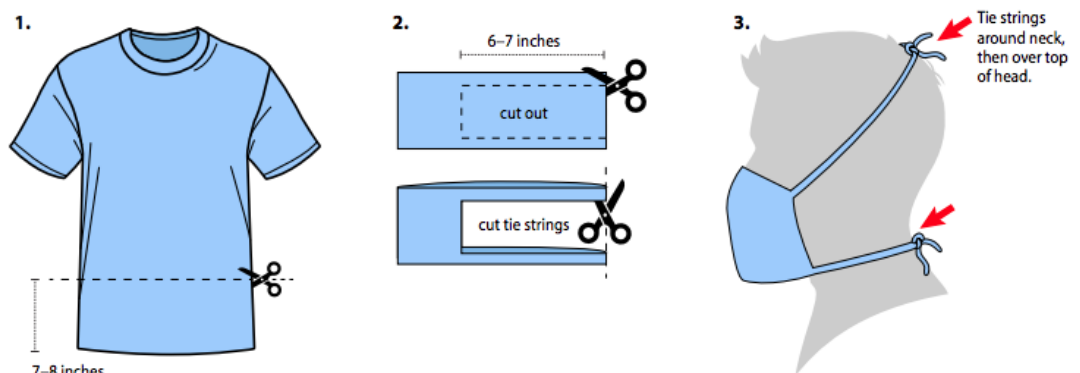
The first time we put on a face covering or mask and look in the mirror, our reaction is usually “that’s not a good look for me”. And the first time we wear one on the street, we anticipate being stigmatized or mocked for not being “cool”. Let’s flip that attitude!

What isn’t cool is not wearing a mask when we are close to anyone else (unless they are someone we live with). We should assume that we all have Covid-19. Scientists are finding that many, many people with no symptoms are contagious. Social/physical distancing (staying home as much as possible and staying at least 6 feet away from others) is the key to slowing the virus. But when we pick up groceries or takeout meals, buy a ferry ticket for an essential trip, or fill up the gas tank, we usually come within the six feet of other people. So if we all wear face coverings or masks, we are much less likely to pass on the virus.

Not even a week has passed since the CDC recommended we all wear face coverings when we’re in public. Some heroic island seamstresses, including Ali McCarthy, Martha Reed, Betsy Hopkins, Sue Martin, Diana Cherbuliez, Ellen Brochu, and many, many others have been making cloth face coverings for our community. The EOC Team is making sure that everyone in an essential business who works with the public has a cloth face covering to wear.

But face coverings don’t have to be fancy like the ones these fine seamstresses are making! They just have to cover your nose and mouth—your favorite bandana or scarf will do. You can also cut a 20” square from an old shirt to make a perfectly functional face covering or use a t-shirt to make a simple mask using the method shown here.

Quick Cut T-shirt Cloth Face Covering (no sew method)



Bandana, t-shirt, or beautifully sewn mask – find a look to match your personality, and...

BE COOL. COVER YOUR FACE. SAVE LIVES.

As always, please contact the EOC with your questions and for assistance. Subscribe to “Town Alerts” on the Town’s website to automatically receive Daily Updates in your inbox.

Please check the Town website or Facebook page daily – updates are posted by 7 PM. You can email questions to VHEOC@townofvinalhaven.org. This community is a special place and together we will get through this!