



COVID-19 Vinalhaven Emergency Operations Center (EOC)

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COVID-19 Daily Update 4-28-20

GOVERNOR MILLS PRESENTS PLAN FOR REOPENING THE ECONOMY

Today Governor Janet Mills presented her plan to gradually and safely restart Maine's economy. The plan extends the stay-at-home order with modifications to allow for activities and business operations deemed safe and establishes four gradual stages of reopening, the first of which begins May 1st. The Public Health Team will learn more about the details of this plan over the next few days and will share that information with the community. To see the plan, visit the Governor's website. maine.gov/governor/mills/news/governor-mills-presents-safe-gradual-plan-restart-maines-economy-2020-04-28

PREPARING FOR EMERGENCIES

Just a couple of months ago, when anyone on Vinalhaven called 911 for an emergency, a crew of three or more of the EMS team would arrive promptly at the home of the caller. All of the EMTs would go in the house – one or two would assess and treat the patient, one would arrange the appropriate transportation, and one would talk with another family member and go over the medications the patient takes. If the patient lived alone, the EMT, with the patient's permission, would go to the bathroom, bedroom or kitchen to find and record those medications.

For a hospital to fully understand what is happening to their emergent patient and provide them with the appropriate treatment, they need to have the complete story of a person's medical history. This includes not only what is bothering them now, but what problems they are being treated for out of hospital, like high blood pressure or diabetes, and what medications they are taking.

Today, if you call 911 for an emergency, a crew of three or more will still arrive promptly at your home. Only one EMT will go to the door, however, wearing a mask and gloves, and determine if the patient has symptoms of Covid-19. If so, the EMT will don full personal protective gear before going in the house, and the other EMTs will stay outside unless needed to help inside. If not, since we are living with the presumption that anyone can be carrying the disease, time and personnel in the house will be kept at a minimum. The EMTs will also give you and everyone in your house a mask to wear if you and your family don't already have one on.

The EMTs need your help!

Write down your health story while you're feeling good. That way no one will have to search for your medications, and the EMTs can get you to advanced care more quickly. We have a form you can download to fill out and tape to your fridge. townofvinalhaven.org/sites/vinalhavenme/files/uploads/04282020_emsfridgeform_0.pdf It's also included here on the next page.

If you have a loved one that may not be reading daily updates, please encourage him or her to fill out the form. If you know of someone living alone who is practicing social distancing who needs help with this, you can let us know at vheoc@townofvinalhaven.org

HOUSEHOLD EMERGENCY INFORMATION AND CONTACTS

Please post this on your refrigerator in your home.

Vinalhaven EMS 04/28/2020

Name		DOB	Weight
Mailing Address		Phone	
Medical Problems			
Medications		Amount	How Many Times a Day?
Allergies			
Special Needs / Notes			

Emergency Contacts

Name	Phone
Name	Phone