



Islands Community Medical Services, Inc

Keeping Our Community Healthy

ICMS is strongly urging visitors to “**Know Before You Go**,” and to be tested for COVID-19 and receive results in their home state, either at a mobile testing site or by their primary care provider, before traveling to Vinalhaven. Websites like [Get Tested COVID-19](#) show local testing options nationwide.

Our health center does not have the capacity or the testing to become a “swab and send site”. Our lab vendor continues to define our testing algorithm, which is based on their ability to provide us with testing kits.

ICMS will not be testing for COVID-19 as an “Alternative to Quarantine”.

If you require Covid-19 testing before surgery or an appointment at a mainland facility, please follow up with your primary care provider to arrange COVID-19 testing.

ICMS will collect COVID-19 specimens under the following conditions:

1. Established Patients who meet ICMS’ testing protocols.
2. Patients who have COVID-19 symptoms and meet our testing protocols.
3. Formal agreement with Pen Bay OB/GYN

Although someone may receive a negative test before arriving on Vinalhaven, ICMS will continue to determine in-person visits based on our current protocols. ICMS still requires all health center visitors to self-quarantine for 14 days prior to being seen, except for urgent and emergent issues.

If you have any additional questions, please contact our office at 207.863.4341.

Visit our website for more COVID related news. www.icmsvh.org