



dine in • take out • catering
fresh food, coffee, & tea

local produce
fine kitchenware
foodstuffs & gifts

Opening this
Spring!

30 MAIN STREET
VINALHAVEN, ME 04863
www.sherryskitchenvinalhaven.com
skcafeandmarket@gmail.com
207-475-6812

The Sand Bar

863-4500 * Dine-In or Take-Out
Open for Lunch, Dinner & Cocktails
Kitchen open 11 am – 8 pm
Closed Mondays

Music Trivia Bingo
Every other Wednesday 7pm
Check fb for exact dates

Team Trivia
Friday @ 7 pm

**Cocktails to-go available with
any takeout order (21+)**

**Check our Facebook page for
daily specials**

Adult Trivia Answers

- 1 Polaroid
- 2 Seven
- 3 Crest
- 4 Maytag
- 5 Wisk

Kids Trivia Answers

- 1 Mr. Zuckerman
- 2 Two
- 3 A pie man
- 4 Porridge
- 5A chocolate factory



Hand-selected wine, cheese, a
large selection of Maine craft
beer, locally roasted coffee
beans, Maine raised meats,
gluten free pasta & crackers,
chocolates...and more!

Our Hours:
Tuesday-Saturday
From 11-5

32 Main Street
863.2192



**The French Club is selling
Little Ceasars pizza kits!**
Easy dinner after a long workday!

*The students will be coming around
homes, or if they happen to miss you
at your home and you would rather
order online:*

Go to **PizzaKit.com**
Click on *Products*, then *Shop*, then
click *Support a Seller you know*
Enter the **Fundraiser ID# 439971**,
set up your account, and place your
order!

The kits will arrive the week of
April 29th (pizzas will be selling until
April 12th).

Audrey Anthony, Kailyn Hufsey,
Chad Lazaro, Izaac Heppie, Amy
Ricker, and Lydia Wentworth
thank you and *Merci!*

Vinalhaven Taxi

207-720-0056

Ferry/Airstrip connections.
Here and there on Vinalhaven.
By reservation or by chance.
Jeanne Bineau-Ames



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88 Main St. Freeport	Island Spirits Vinalhaven

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info@FIOREoliveoils.com



13 School Street
Frog Hollow Entrance

OPEN

12-3pm on Saturdays
April 20th and 27th

P.O. BOX 194, VINALHAVEN, ME 04863

ANNUAL SUBSCRIPTION: \$55



THE ISLAND NEWS WEEKLY

April 11 – April 17, 2024

E-MAIL: vinalhavenwind@gmail.com



*Wishing Leannette a Very
Happy Birthday, Apr. 14th!*

Shout out to Lorraine Bunker
for the wonderful Tid-Bits in
the Wind every week. Love
them. *Cynthia D.*

Place Mailing Label Here

Reminder for those who have an
annual subscription to the Wind:
your expiration date is printed in
the upper right corner of the
mailing address label. This date
will be highlighted when it gets
close to running out.

Community Calendar

04/18: Friends of the Library
Meeting, 9:00 am, VPL

Mondays, Community Lunch
Box, 11:30, UC

Tuesdays & Thursdays,
Volleyball (ages high school
through adult), 6 – 8 pm, VHS
Gym

Wednesdays, Meals on Wheels,
deliveries 11:30

UC: Union Church
VPL: Vinalhaven Public Library

Email events
to: windnonprofitads@gmail.com

NOTICE DATE CHANGE

Food Pantry Friday, April 12th.
1-3pm, Union Church Vestry.
Please bring your own bags.

**Friends of the Library
Meeting**

Thursday, April 18
9:00 am

**In person in the
Library Reading Room
and via Zoom**

**Summer's coming! Join
us as we discuss events.
Bring your ideas!**

Please email for link:
FriendsofVHLibrary@gmail.com

*"Winter's done, and April's in
the skies. Earth, look up with
laughter in your eyes."
Charles G. D. Roberts*

HCR

200 seats are now being held
for Ms. Richardson's appear-
ance at SHA on June 12. 150
remain available. To add your
name(s) to those for whom
seats are held, email or call
(philcrossman.vh@gmail.com)
592 1865.

**April
Vacation
Week**

is from April 15-19!

Submit to The Wind!

We are looking for stories,
anecdotes, recipes, images,
shout outs, etc. to include in
THE WIND. If you have some-
thing you would like to share,
we would love to include it in
future WINDS. Please send to:
vinalhavenwind@gmail.com

Town of Vinalhaven News

www.townofvinalhaven.org

Calendar

The Town Office and Transfer Station will be closed **Monday April 15** for Patriots Day

Board of Selectmen - Tuesday, April 23 5pm

Board of Appeals - Wednesday, April 24 at 3:30pm

Special Town Meeting - Tuesday, April 30 at 5pm

Hours of Operation & Contact Information

Town Office - Mon-Thurs 8am-5pm, Fridays 8am-12pm, 863-4471 or 863-4343, Fax: 863-4393, Mailing and physical address: 19 Washington School Rd., Vinalhaven, ME

Town Manager - Marjorie Stratton, 863-2042, townmanager@townofvinalhaven.org

Bookkeeper - Deborah Young, 863-4471, dyoung@townofvinalhaven.org

Town Clerk - Darlene M. Candage, 863-4343, townclerk@townofvinalhaven.org

Deputy Clerk - Elizabeth Bunker, 863-4343, deputyclerk@townofvinalhaven.org

Assessor - Travis Gould, 863-2168, vhassessor@townofvinalhaven.org; Thursdays

Code Enforcement Officer / Local Plumbing Inspector - Faye Grant, Mon-Wed 9am-1 pm, 863-2168, vhceo@townofvinalhaven.org

Public Health Officer - Jen Desmond, Contact the Medical Center at 863-4341

Welfare Program - Call 863-2042 to set up an appointment with the Town Manager

Director of Public Works/Town Garage - Millie Martin, 863-2063, vhdpw@townofvinalhaven.org

Library - Hours: Tues/Thur 1pm-5pm, Wed/Fri 9am-5pm, and Saturday 9am-4pm; 863-4401, librarian@vinalhavenpubliclibrary.org

Transfer Station - Open Sun, Mon, Wed, and Thur 7:30-4pm; Not accepting waste gasoline at this time. Kenny Martin or Luther Tolman, 863-4306

Fire Department - Marc Candage, Fire Chief, Emergency 911, Non-Emergency 863-4604, mcandage@townofvinalhaven.org

Ambulance - Ryan Nizolek, Ambulance Director, Emergency 911, Non-Emergency 863-2119 ambulancedirector@townofvinalhaven.org

Knox County Deputy - Emergency 911, Non-Emergency 594-0677

Animal Control Officer and Harbor Master - James Knowlton, 701-2018

Parking Ordinance Reminder: Over the next couple weeks we will be posting sections of the Town's Parking Ordinance.

It shall be unlawful for any person to park a motor vehicle on the public ways, or portion of public ways thereof, as herein described:

Section III: It shall be unlawful for any person to park a motor vehicle within 10 feet of a fire hydrant.

Section IV: It shall be unlawful for any person to park a motor vehicle on or across any sidewalk or portion thereof.

Section V: It shall be unlawful to park a motor vehicle in a manner that obstructs or impedes pedestrian use of a crosswalk.

Section VI: It shall be unlawful for any person to park a motor vehicle so as to block or impede entrance and exit from any driveway or private way.

The entire ordinance can be found on the Town website; Ordinances/Polices button on the home page.

Notes from the Code Enforcement Office & Planning Board:

In November 2023, the Town voted for revisions to the Land Use Ordinance for the first time since 2009. These notes are to let folks know what is new when it comes to permits and a reminder about other parts of the Ordinance that have always been there.

The new Permit Application Forms have some changes including to ask for "any easements or deeds restrictions on the lot". If there are any such encumbrances which might possibly have something to do with the activity being applied for, you are required to provide the Code Enforcement Officer copies of the Deed Recording. Failure to inform the town of such a deed restriction could invalidate the permit.

Some parcels of land have restrictions on what can be built, where structures or driveways can be put, and some parcels have rights-of-way which cannot be impeded. It is necessary that the Town know about this before a permit can be issued.



IMPORTANT NOTICES

Board of Appeals - Public Hearing

The Town of Vinalhaven Board of Appeals will hold a Public Hearing on **Wednesday, April 24, 2024, at 3:30 pm at the Vinalhaven Town Office** to review:

Administrative Appeal filed by the Planning Commission for a permit issued to the Star of Hope Foundation - 3 Clam Shell Alley (Map 18 Lot 56)

Special Town Meeting

The Board of Selectmen has scheduled a Special Town Meeting to decide whether or not to fund the purchase of residential housing up to \$500,000. The final warrant articles will be published as soon as they are available.

Date: April 30, 2024

Time: 5 PM

Place: Washington School Town Office Meeting Room

Heavy Loads Limited to over 23,000 lbs
3/5/24 to 5/15/24

The following roads will be posted:

Calderwoods Neck Rd North Haven Rd
Roberts Cemetery Rd Granite Island Rd
Around the Island Rd Pooles Hill Rd

If you have any questions, contact Public Works Dept at vhdpw@townofvinalhaven.org or 863-2063

Nomination Papers Now Available for Elections to be held June 11, 2024

Two - 3-year Terms for Selectmen
Two - 3-year Terms for School Board
One - 3-Year Term for Water Dist. Trustee

Interested candidates must collect not less than 25, nor more than 100 signatures of registered voters to be placed on the June 11, 2024 ballot. The deadline for submitting nomination papers back to the Town Office is this **Friday, April 12, 2024!**

Union Church

~ Welcomes You ~

Sunday Services
11:00am

~
**Reverend
Jeffrey Lewis**
~

We are meeting in-person and on Zoom
Please visit unionchurchvh.org for link and more information

~
Sunday School
9:30am-10:30am

~
If you would like to donate to the Union Church, donations can be mailed to PO Box 249 or visit our website at: unionchurchvh.org

~
Choir Practice is on Fridays, at 3PM All are welcome.

~
Pastoral Care
Reverend Jeffrey Lewis



Silent Meditation
Non-denominational
Upstairs in The Union Church
Tuesdays and Saturdays
5:00-5:30PM
All are Welcome.



Pastor Jeff Winters

SUNDAY

9:30—Sunday School
Children in the Parsonage
Adults in the Church

10:30—Fellowship Time

11:00—Worship Service

WEDNESDAY

6-7 PM—Prayer Meeting and Bible Study
6-7 PM—Children's Bible Study (Pre-K to 5th)

THURSDAY

6-7 PM—Youth Group (4th to 12th)

ALL ARE WELCOME!

20 Fellowship Drive
www.obbc-vinalhaven.org



Pleasant River Chapel Sunday Service will be held on Sunday, April 14, 2024.

Our speaker will be Brian Casey. This service will be held via Zoom or in person at the Chapel. For log-on information, email: pleasantriverchapel@gmail.com Breakfast is at 8, fellowship time is at 8:30, and service is at 9. All are welcome.

The Baked Bean Dinner for Bella Littlefield was a great success. A check for \$1000 will be sent to her family. As many of you know, the weather on the island from Wednesday through Saturday was terrible. We had a difficult time with internet issues and connecting with people. Yet that was not a problem; so many people made pies and volunteered to deliver 43 meals. A special thank you to each one who donated a meal or meals to an island neighbor and to so many who made donations.

If you wish to use Pleasant River Chapel, please contact Ethel Jones at 863-2272 or by email: kjrmy3@aol.com. For pastoral care: Bob Candage, 863-4943, or Pam Kittredge, 863-2022.

If interested in using space at The Union Church, please contact Candi Barton at 863-2001 for more information.

This is the eighth and final article in our series of updates about the Star of Hope Foundation, which was established by the artist Robert Indiana prior to his death. The purpose of the Foundation is to support arts education and working artists in Maine.

Star of Hope - A re-cap of who we are and what we are doing

Over the past two months, we have published these updates to let you know more about the mission of Star of Hope Foundation, our properties on Vinalhaven, the art collection, and Mr. Indiana's personal papers. We have shared with you some of our challenges and opportunities, such as our difficult decision to raze the Sail Loft, and our exciting future plans for that property. Clearly, there is much work ahead of us.

Our more immediate priorities include continuing to make the Lodge a structurally sound, safe, and welcoming building; creating a new public greenspace on the Sail Loft property; completing the inventory and authentication of artwork in the collection; and working with the Archives of American Art at the Smithsonian to assemble and organize Mr. Indiana's personal papers, memorabilia, and photographs.

And while the Vinalhaven community remains central to much of our work, at the same time we must also turn our attention to remaining legal issues and our broader mandate to support working artists and art education in Maine. That will likely involve developing new and interesting partnerships with other arts-related institutions and programs.

As we stated in the first update, the Foundation board is committed to always doing the right thing in carrying out our mission and working with the people of Vinalhaven. There will be more updates along the way, but for now we hope that you have a better understanding of who we are and what we are doing.

Please visit our website, starofhopefoundation.org, often and reach out anytime with questions or concerns to starofhope@starofhopefoundation.org.

This Friday, April 12th, the Foundation's Managing Director, Carole Martin, plans to be at the Vinalhaven Public Library to meet islanders and gather information about the timing and scope for community input about the design of the new public greenspace at 3 Clam Shell Alley. Please drop by anytime between 10:30 a.m. and 12:30 p.m. to talk with Carole.

NOTE: This assumes that the 8:45 ferry is running from Rockland to Vinalhaven and the 2:45 is running from Vinalhaven to Rockland. Please keep an eye out for ferry notices.

Kids Trivia - from books
 1 Who owns the barn where Wilbur and Charlotte live in *Charlotte's Web*?
 2 How many wicked stepsisters does Cinderella have?
 3 Who did Simple Simon meet on his way to the fair?
 4 What did the three bears leave to cool when they went for a walk?
 5 What kind of factory does Charlie visit in a book by Roald Dahl?

Adult Trivia - commercials
 1 What camera co. claimed: "Beep! Your picture is perfectly developed."
 2 How many 3-D views on a View-Master reel?
 3 What toothpaste had kids saying: "Look, Ma, no cavities"?
 4 What appliance co. did Jesse White start doing lonely TV commercials for?
 5 What product made ring-around-the collar a TV-commercial staple?

Vinalhaven Community Outreach

Are you experiencing unusual expenses, loss of income, unexpected medical bills, or other crises in your life?

If you need help, and fit our criteria, please contact us by email:

vhcommunityoutreach@gmail.com

Or at P.O.Box 15
 Vinalhaven, ME 04863

We are a 501 (c) (3) organization

~APRIL AWARENESS MONTH~
 EARTH MONTH
 NATIONAL VOLUNTEER
 STRESS AWARENESS

National Scrabble Day 4/13

SCRABBLE BRAND [G₂] [R₁] [A₁] [M₃] [S₁]

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[]	[]	[]	[]	[]	[]	[]	[]
E ₁	E ₁	I ₁	R ₁	M ₃	S ₁	M ₃	RACK 1
[]	[]	[]	[]	[]	[]	[]	[]
A ₁	I ₁	G ₂	M ₃	N ₁	N ₁	W ₄	1st Letter Double RACK 2
[]	[]	[]	[]	[]	[]	[]	[]
A ₁	O ₁	I ₁	T ₁	C ₃	P ₃	W ₄	RACK 3
[]	[]	[]	[]	[]	[]	[]	[]
A ₁	E ₁	E ₁	C ₃	C ₃	N ₁	D ₂	RACK 4
[]	[]	[]	[]	[]	[]	[]	[]
A ₁	U ₁	L ₁	N ₁	S ₁	C ₃	B ₃	Triple Word Score RACK 5

PAR SCORE 215-225
 BEST SCORE 286

FIVE RACK TOTAL
 TIME LIMIT: 25 MIN

DIRECTIONS: Make a 2- to 7-letter word from the letters in each row. Add points of each word, using scoring directions at right. Finally, 7-letter words get 50-point bonus. "Blanks" used as any letter have no point value. All the words are in the Official SCRABBLE® Players Dictionary, 4th Edition. **Solution in this Wind**

Town Manager's Corner SPECIAL TOWN MEETING

The Board of Selectmen has scheduled a Special Town Meeting to decide whether or not to fund the purchase of residential housing up to \$500,000. The primary purpose is to provide housing for a resident Knox County Deputy, but it could also be used for other Town employee housing. **We will meet at 5:00 pm on April 30th at the Washington School Town Office meeting room.**

We will be voting to authorize the Board of Selectmen, on behalf of the Town, to borrow an amount not to exceed \$500,000 and to appropriate funds out of our Undesignated Fund Balance up to \$100,000 for any expenses related to the purchase including but not limited to legal fees, down payment, or any other administrative expense. The final warrant articles will be posted at least seven days prior to the Special Town Meeting.

These Special Town Meetings are ripe for criticism for pushing something through without general knowledge. We want you to know about this meeting and to attend so that you have a vote. There will be no opportunity for any kind of paper ballot or zoom attendance. **You must attend in person to vote!** Please contact me or Town Clerk, Darlene Candage if you have any questions.

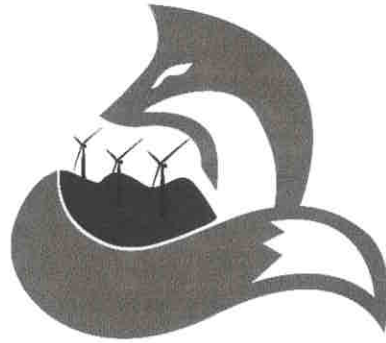
Thank you for your support, and remember, be kind to one another!
 Marjorie E. Stratton, Town Manager

Word of the Week
 Uhtceare (n) Oot-key-are-a: To lie awake anxiously before dawn.

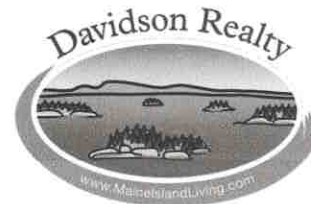
**Fox Islands Electric Cooperative (FIEC) and Fox Islands Wind (FIW)
Community Meeting**

The Board of Directors for FIEC and FIW are jointly hosting a community meeting to discuss historical and projected energy requirements to reliably serve the Fox Islands. The meeting will also provide an opportunity explore to energy conservation programs, demand data, and time-of-use topics. The meeting is scheduled as follows:

Date: April 15, 2024
Topic: FIEC Energy Requirements and Projections
Time: 6:30 – 8:00 p.m.
Location: Union Church, Basement Meeting Room
Attend online: www.Zoom.us, Meeting ID 852 5432 7902
Passcode: 442684

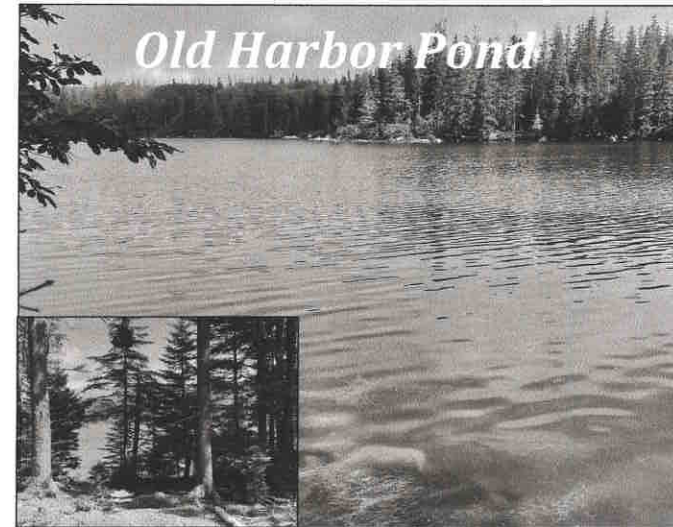


Please join us for this important discussion.

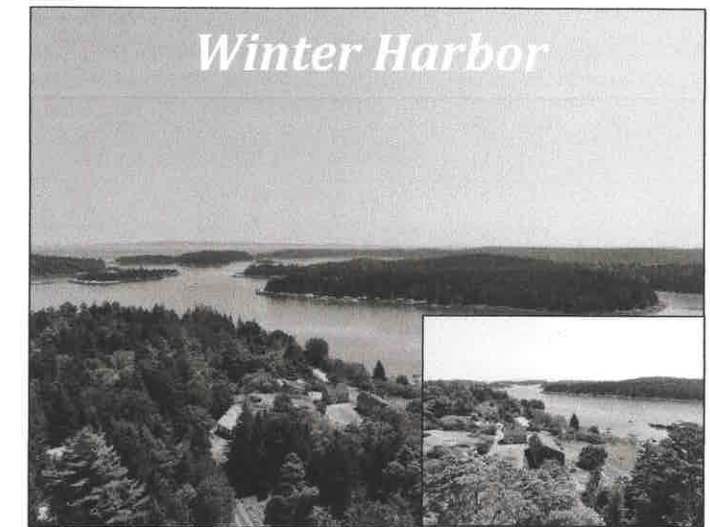


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 Lisa Shields, Associate Broker ~ Kathy Macy, Sales Agent
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Old Harbor Pond
 Waterfront on Old Harbor Pond. 1.4 acres and 330' of waterfront overlooking conserved land. Drilled well, soil tested, vehicular right of way. Come camp, "glamp" or build an off-the-grid house. Great chance to live near town and own waterfront at an affordable price! **\$115,000**



Winter Harbor
 24-acre peninsula with nearly half a mile of shoreline. Gorgeous granite shoreline, open fields, paths, and woods. Historic granite dwelling, antique barn, shingled camp and bungalow. Multiple conserved islands nearby. Incredible vistas and many places to build. Stunning! **\$1,999,999**

AGING ME GERIATRICS WORKFORCE ENHANCEMENT PROGRAM (GWEP) PRESENTS

Combating Dementia Worry

LECTURE TRAINING

May 10 | 10 a.m. - 1 p.m.

Cohen Community Center



AgingME has created a brief lecture that has been shown to alleviate worry and gives clear guidance on what you can do to improve your cognitive health. Owing to the success of this program, we are looking for speakers that we can train statewide.

Susan Wehry is a board-certified geriatric psychiatrist with almost 40 years of experience. She is the director of AgingME, a GWEP to create a more age-friendly health system.

Hotel accommodations, mileage, and ferry reimbursement are available for the training. Email info@healthylivingforme.org or call 1.800.620.6036 to register or for more information.

Take the first step towards Dementia Inclusion!



This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,049,444. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.

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"A smooth sea never made a skilled sailor." Franklin D. Roosevelt

SCRABBLE BRAND GRAMS SOLUTION

I ₁	M ₃	M ₃	E ₁	R ₁	S ₁	E ₁	RACK 1 =	61
W ₄	I ₁	N ₁	G ₂	M ₃	A ₁	N ₁	RACK 2 =	67
C ₃	O ₁	W ₄	P ₃	A ₁	T ₁		RACK 3 =	13
C ₃	A ₁	D ₂	E ₁	N ₁	C ₃	E ₁	RACK 4 =	62
S ₁	U ₁	B ₃	C ₃	L ₁	A ₁	N ₁	RACK 5 =	83
							TOTAL	286

PAR SCORE 215-225
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Ad/article submissions go to Torry Pratt at: vinalhavenwind@gmail.com

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Boothbay Harbor New Harbor Vinalhaven Rockland Bath Wiscasset

1 Bubs Way- \$295,000
1 bed/1 bath & studio

15 Bay State rd- \$279,900
2 bed/1 bath, private 2 acres

SALE PENDING

121 E Main St
2 bed/1 bath & artist studio

SOLD

1615 Friendship rd
Waldoboro

30 Pond St- \$329,000
2 bed/1 bath, 1.4 acres

69 Clam Shell Alley- \$189,000
48 ft wharf & workshop

6 South Rd- \$195,000
Matinicus. 3 bed/1 bath

ROCK COAST REALTY

Contact us today or visit at
our downtown location
28 Main St.
207-401-8242
rockcoastrealty.com
Claire Jackson-Conlan
Designated Broker
claire@rockcoastrealty.com



April 15-National Librarian Day!



~Library News~

(207) 863-4401
SPRING/SUMMER HOURS
Tues, Thurs 1-7
Wed, Fri 9-5
Sat 9-12

LEGO Club
3rd Grade Thurs April 18
4/5 Grade Thurs April 11
3-4 pm

Toddler Time
Wednesdays 10am
Kindermusik
Thursdays 10am
Story Time
Saturdays 10am

Coming Up
Friday April 12 10:30-12:30
"Coffee with Carole", an
informal discussion with the Star
of Hope Foundation Director.
Find out what is being planned
and talk to her about what you'd
like to see.

May Basket Workshop
For adults, learn how to make
May baskets! Date TBA soon!

Thursday April 25 5pm
"The Aging Brain"

Sat April 27 7pm
Readings from 2 authors:
Penny Guisinger and Annie
Penfield.

www.vinalhavenpubliclibrary.org

132 Park Street, Rockland
207.594.5900
63 Union Street, Rockland
207.593.1010
800.564.3195 • TheFirst.com
Member FDIC

Our Island

Our Island. Our beautiful Island.
A green spot out here in the sea
Our people so different from others
As independent as people can be.

Some people have tried hard to
change us
But they had to give up in despair
We are about as the Good LORD
has made us
And wish to remain as we are.

One little man tried to zone us
But we all set up such a cry
He said how you tame such wild
people
They will stay wild till they die.

The people who come here each
season
Learn to conform to our ways
They even get used to our language
By hearing it spoken each day.

Don't think we don't know we are
different
Our speech crude and strange to
the ear
Of people who come from the city
And hear cultured voices all year.

We never can change I assure you.
Don't expect any city airs here
We enjoy our simple existence
On our beautiful island so dear.

May Lawry

KINDERGARTEN KIDS
CLASS OF 2036



Savannah Stanley

How old are you? I am five.
When is your birthday? My birthday is Aug. 31.
Who is in your family? Mom, Dad, Jonah, and
Elijah.
Where do you live? Vinalhaven, ME
What do your parents do? Dad is a mechanic.
Mom stays home and does the bills and taxes.
Do you have any pets? A dog, a chocolate dog
named Sampson. He's 10 years old. He is big.
What is your favorite food? Spaghetti with
Parmesan cheese, sauce, and meatballs on top.
Lots of everything!
What is your favorite toy? My American Girl doll
and her accessories. One is Savannah and she
looks like me. The other is NeeNee Mack Savvy
What is your favorite color? Pink!!
What do you like about school? Free Choice! We
get to pick anything on the shelf to play with. I like
drawing with Opal.
What do you like to do after school? I play with
Sami on the playground and either have her come
up to my house or go to her house. I like Opal too.
**What do you want to be when you are grown-
up?** A Ballerina Princess that likes unicorns.
**If you could be any animal, what would you be
and why?** A unicorn because I love them. They are
magical and have powers. Princesses like unicorns
a lot.
Who do you love most? Mommy, NeeNee, Nana
and Mimi!
If you had a superpower, what would it be? I
would be able to fly and be invisible. I will have a
princess on a unicorn and disappear.
Is there anything we should know about you? I
have powers, but they are secret. I can speak every
language!

HISTORIC DOWNSTREET

To encourage, undertake and support the preservation and restoration of structures and objects of architectural and historic significance, located in and around the "downtown" area of Vinalhaven, Maine

The following five downtown structures have been listed on the National Register of Historic Places (NRHP) for many years:

Moses Webster House
Star of Hope Lodge
The Galamander
Union Church of Vinalhaven
Vinalhaven Public Library

An historic district is 'a geographically definable area possessing a significant concentration of sites, buildings, structures, or objects united by past events.' As it relates to Vinalhaven, the past events providing that unity are those that resulted in the creation of the architectural and mercantile wonderland that was downtown Vinalhaven during the first half of last century.

Historic districts often consist of properties that do and that don't enjoy that significance and, while Vinalhaven is no exception, most of the properties or sites within our proposed district, in fact, do.

Such a district is an area of historical significance to the town and to the property owners within that district. While official recognition will come from the Maine Preservation Commission and the National Register of Historic Places (NRHP), such designation is entirely honorary and does not restrict the rights of property owners in any way.

THE AGING BRAIN

A talk about ways to stay healthy, reduce risk, and live well with dementia.

SUSAN WEHRY, M.D.



SUPPORTED BY:



ABOUT THE TALK

This presentation on the aging brain talks through ways you can stay healthy, reduce risk, and live well with dementia. There will also be overview of 'dementia worry' or the anxiety one might have about a dementia diagnosis. The talk is 1 hour in total; with time allotted for discussion.

ABOUT THE SPEAKER

Susan Wehry is a board certified geriatric psychiatrist with almost 40 years of experience. She is the director of AgingME, a GWEP, to create a more age-friendly health system.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,266,297. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.

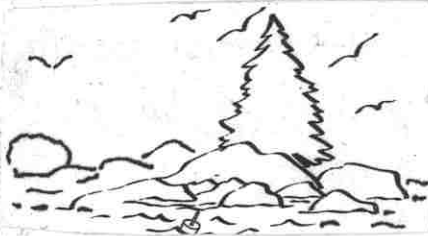
Join us for an
Aging Brain Talk at
**Vinalhaven
Library**
6 Carver St,
Vinalhaven, ME 04863

THURSDAY
April 25th
5pm - 6pm

WWW.AGINGME.ORG

Island Interiors

Don't wait until Summer to think about refreshing your home! George Webster has over 40 years of sales and design experience at Stickleby Fine Furniture and is working with Pierce Furniture out of Scarborough, ME. Indoor and outdoor spaces welcome. Expertise in handmade specialty rugs. Call to schedule a consultation for Summer 2024. Email: Gwebster57@gmail.com or Call: 315-430-0748 today!



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Unofficial Official Celebrations

Apr. 11 - National Pet Day
Apr. 14 - National Gardening Day
Apr. 14 - National Good Deeds Day

WIND INFORMATION

For ads, notices, community calendar & subscriptions...

AD/NOTICE SUBMISSIONS:
These items must be submitted to *The Wind* by email to:

vinalhavenwind@gmail.com

prior to 7PM Monday night (or call Torry @ 863-9926, no later than 5PM, Sunday)

NO WALK-INS PLEASE
COMMUNITY CALENDAR:
ads should be submitted by email to:

windnonprofitads@gmail.com

AD RATES:

Non-Profit \$1.50 per inch, per column
For Profit \$3.50 per inch, per column
If over, we round up to the next inch.
Column width: 2.25 inches, three columns per page.

FUNDRAISING:

The cost of fundraising ads is \$1.50 per column inch. Please provide your mailing address for billing.

NEW ADVERTISERS:

Please include your address for billing purposes.

PHOTOS:

Submitted for publications should be no less than 300dpi

PAYMENT: We do not accept any type of online payment, for ads and notices. (checks and cash)

ACCEPTANCE OF ANY ADVERTISING does not constitute an endorsement by *The WIND* of said product or service.

SUBSCRIPTIONS:

All subscription questions (new and renewals... contact Sue Radley at:

islandlife1950@gmail.com

WINDs can be picked up in front of the Post Office, the ferry terminal, the box at Todd's Garage and other various locations.

For subscriptions send \$55 to: **THE WIND**, PO Box 194, Vinalhaven, ME 04863.

Current subscribers check your address label for the date of renewal

"The world is changed by your example, not by your opinion."

Paulo Coelho

AL - ANON

Recovery for Family and Friends of Alcoholics

12 Step meetings

Al-Anon is for anyone impacted by a relative or friend's alcohol dependency, either currently or in the past. Support is provided through literature and meetings, where everything shared remains confidential, as well as the identity of those attending.

To join Vinalhaven meetings online or by phone, 4:30 Mondays, please email:

vinalhavenalanon@gmail.com

Help is also available from Maine Al-Anon: [maineafg.org/\(207\)284-1844](http://maineafg.org/(207)284-1844) and al-anon.org

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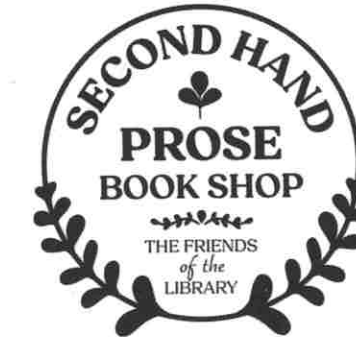
Tuesday 7PM
Zoom Meeting ID:
907 085 8272

Please contact
vinalhavenaa@gmail.com
for password or any other questions.

The only requirement for membership is a desire to stop drinking.



Elias & Drew donned life jackets & scurried from the Sparrow Farm onto the little jetty at the head of the rapids. There, at the restricted waterway between the Cove & Winter Harbor, the outgoing tide creates substantial rapids for 100 yds or so. The boys had been converging here to ride the rapids every day of vacation with Mom attending anxiously from shore. Their arrival coincided with a carnal frenzy of some tiny critters, maybe herring, & those attracting predators far from the trio's attention. Elias flung himself confidently into the rushing water. As soon as the current jerked him around so he faced downstream, he sensed a startling warmth underwater right next to his right side. Glancing down he could easily make out a big shadow, much larger than himself, nearly touching—*then touching*—his leg. In the next instant a big Harbor Seal popped up right in front of him, steely black head with white stripes extending from the center of its forehead down & off to the right & left either side of its 'V' shaped nostrils. These were contracting & expanding; the latter effort enveloping Elias' face with a pungent odor, not altogether unpleasant but unmistakably digestive. The big creature looked inquiringly into Elias' eyes as the duo hurtled down the rapids—Elias facing downstream; the seal facing upstream; their heads about a foot apart, perfectly choreographed. The ride seemed to go on forever, Elias at the mercy of the current—exercising no control whatever; the seal entirely otherwise, effortlessly making whatever adjustments were necessary to keep the playful Pinniped facing backwards & themselves a duo, lawlessly in sync. Watching from shore, Mom watched the astonishment & wonder on Elias' face as this miraculous adventure unfolded, and ran along the shore to rendezvous with him the instant the ride was over. The thrill lasted a minute, one that will linger, & for the duration the seal never took its inquiring eyes off Elias' own. The current slowed & settled into not much more than a little eddy, Elias' feet touched bottom & the seal was gone. Elias splashed toward shore, toward his mom, eager to give voice to this extraordinary experience. *ac.*



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The WINDs are available online (town of Vinalhaven's website and Vinalhaven Public Poster, occasionally the posting may be delayed) at local businesses, and *The WIND* boxes at the ferry terminal, Todd's Garage, and in front of the post office. Thanks to those who help deliver the Winds around town and to the ladies at the Town Office for their help!

APRIL 14 DONATE A BOOK DAY!



Islands Community Medical Services

www.icmsvh.org

Medical Services: 863-4341
Dental Services: 863-2533
Counseling: 837-4057
Billing: (603) 782-8374

Hours of Operation

Medical Services
Mon, Tues, Weds, Fri: 8am-12noon
1pm-4pm
Thurs: 8am-12noon,
closed Thurs afternoons

Dental Services
Dentist: Wed & Thurs
Hygienist: Tues, Weds, Thurs.

Physical Therapy
To schedule an appointment, call
863-4341

Counseling
Dan Keniston, LCSW
To schedule an appointment, call
837-4057

Osteopathic Manipulative Treatment & Acupuncture
Stuart Damon, DO
To schedule an appointment, call
863-4341

Women's Health
Vanessa Shields-Haas, FNP-BC
To schedule an appointment, call
863-4341

To reach the provider on call:
Dial 863-4341 and your call will be forwarded to the answering service. They will take your call and page the provider-on-call for you.

ICMS receives HHS funding and has federal PHS deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and covered individuals. ICMS is a 501(c)3 and contributions to ICMS are tax exempt. This health center is a Health Center Program grantee under 42 USC 254b, and a deemed Public Health Service employee under 42 USC 233

Tidbits from the Vinalhaven Historical Society

Vinalhaven is Alert! Vinalhaven has formed a Home Guard patrol which has about 200 members. W. S. Vinal is the leader. The boys are guarding various properties which might come under an enemy's attention. *April 20, 1917*

The Silent Sisters were entertained Thursday evening at the home of Mrs. F. M. White. The entertaining half were in evening dress and wore cut flowers. A delicious lunch was served, the piece de resistance being "chicken wiggle." At 9 o'clock a messenger arrived from the Zigoma Club with a large package containing a suggestive gift for each member, which when presented caused much merriment. The meeting was an unusually interesting one and will long be remembered. Mrs. Irving Fifield will entertain next. *April 20, 1917*

In celebration of her 7th birthday Ruth Ann Bennett, daughter of Mr. & Mrs. Clarence Bennett, gave a "Western Party" Saturday afternoon at her home on East Boston Road. The guests wore western costumes and the room decoration were of western design. The afternoon was merrily passed with western and other games. Miss Ruth received many nice gifts. Ice cream and two handsomely decorated birthday cakes made by Ruth Ann's mother and aunt, Mrs. Miona Bennett, one carrying out the western motif, were served. The young guests were, Rachel Burgess, Leanne Healey, Bobby Lou Conway, Rosella Thompson, Nancy Tolman, Marcia Alley, Donna Kalloch, Roseann Greenlaw and June Dickey. Special guests were Ruth Ann's grandmother Carrie Bennett, her teacher Mrs. Dorothy Melin and Mrs. Marjorie Kalloch. Invited but unable to attend were Gail and Beth Carleton, Jane Bennett and Elaine Osgood. *April 8, 1954*

Joseph Norton died April 5, 1892. He was one of the two last Union prisoners at Andersonville Stockade.

The Farm Bureau met Thursday at the G.A.R. rooms with 24 present. The use of pressure cookers was demonstrated and porcupine meatballs cooked as part of the supper menu. The housekeepers were Mrs. Lida Ames, Mrs. Muriel Lane and Mrs. Madeline Smith. Subject, "Better Meals For Less Money" was presented by Mrs. Esther Mayo, home demonstration agent of Rockland. *April 12, 1949*

Master Kenneth Holbrook celebrated his birthday Mar. 25 by entertaining the neighbors at a boiled dinner. Ken was the recipient of many gifts and 5 birthday cakes. *Neighbor Apr. 8, 1938*



In 1973 Memorial Hall was declared unsatisfactory, unfit, and a fire hazard by postal inspectors. In a copy of a letter from the regional real estate office in Waltham, MA, a bid by Jose Diaz had been accepted for the construction of a new post office. The contract called for parking space and a driveway, all of which would be owned by Diaz, but leased to the government. *VHHS Newsletter 2023*

A fortune teller was in town the past week reading the future to the girls. She read in the cards that a tall, short, medium-sized, stout, slender, man dressed in clothes was coming to the island who would have a powerful influence upon their future destinies. It only cost them 30 cents to learn this. *Vinalhaven ECHO 1889*

Work is being done on the Lane's Island bridge to make it as once previous, a drawbridge. This is to enable stone freighters to load at the Easton Boston Wharf the stone from the paving quarry now operated by Joseph Leopold. *April 11, 1911*

Stop complaining about the weather, it could be worse. On April 9, 1915, Mr. & Mrs. Nelson Bunker drove across the island from North Haven in a horse & buggy. There was a snowstorm in progress and at times they were unable to see the horse, April 19, 1923 there was a heavy coat of packed snow on the ground and snowbanks in front of the stores over 4' high and on the 5th of May 1899 the baseball game between Vinalhaven and Rockland was held up in the 7th inning because of heavy snow. *VH Neighbor April 13, 1938*

Vinalhaven School NEWS!



Congrats! VH High School student **Audrey Anthony** was selected as our outstanding senior to receive the MPA Principal's Award for academic achievement and citizenship. Audrey attended the MPA luncheon in Augusta on Saturday, April 6, along with top students from across Maine.

Congrats again to Audrey for achieving **High Honors** during quarter 3! Students who received **honors** in Q3 include Brielle Davis-Oaks, Caylee Brooker, and Evan Heppe. Middle school students who achieved honors are Blake Lazaro and Tori Davis.

0%? Encourage all students to keep up with the 7th and 10th grade, who currently have **ZERO** students who are chronically absent. Good attendance - it makes a difference!

In the coming months, we are going to hire a full-time **school custodian** and a full-time person for the **kitchen**. *Interested?* To ask about payment, or to request an application, please email: Tina.Davidson@VinalhavenSchool.org.

A big congratulations to the Vinalhaven Students of the Month for March, 2024
Liam (2), Addy (3), Tucker (K), Lucy (1), Gia (5) – mascot accepting, Ira (11) and Liam (6)



Enjoy your time during spring break! First day back is Earth Day, Monday, April 22.

Monte Selby

Dr. Monte Selby, Principal/Superintendent.

Monte.Selby@VinalhavenSchool.org