

restaurant · bar · catering

#### June Schedule

Wednesday - Saturday beginning at 5:15pm

#### Wednesday Night is Italian Night

(standard menu not offered)

book online with resy or call 207-863-2300

#### The Sand Bar

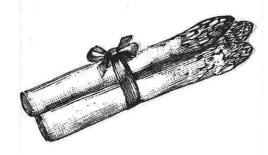
863-4500 \* Dine-In or Take-Out Open for Lunch, Dinner & Cocktails Kitchen open 11 am - 8 pm Closed Mondays

#### Trivia is back!\*

Friday @ 7 pm \*cancelled occasionally if short staffed, check our Facebook page for updates

Order food online @ www.sandbarvinalhaven.com Cocktails to-go still available! (Order in-person or by phone)

Check our Facebook page for daily specials & slushie flavors



#### **Adult Trivia Answers**

- 1.spiced ham
- 2.Istanbul
- 3. Taylor Swift 29 AMA's
- 4.So they won't separate while sleeping.

#### Kids Trivia Answers

- 1.omnivors (many humans are omnivors)
- 2.18 inches
- 3. The Vikings (over 500 years before Columbus)
- 4. Pocahontas

May 26 - National Blueberry Cheesecake Day!

(see recipe in this issue)

May 28- International

Hamburger Day!

Vinalhaven Taxi

207-720-0056

Ferry/Airstrip connections.

Here and there on Vinalhaven.

By reservation or by chance.

Jeanne Bineau-Ames



9-12

May 31 National Macaroon Day

This week's menu includes: **Butter Chicken** 

**Cauliflower Potato Curry** 

Homemade Naan Bread

**Ginger Scones** 

Vegetable Quiche

Rustic Mini Rhubarb Tarts

44 North Coffee

144 Roberts Cemetery Road

www.rhfarmvh.com/shop sherrry's kitchen catering.sherry@gmail.com



Hanging baskets, seedlings and fresh produce.

> May Hours: Sat 5/14: 9-5 Sat 5/21: 9-5 Sat 5/28: 9-5

Stop by or browse our online shop to see what's available. Off island or not ready to plant? We'll care for purchased plants until pick up 5/28-

www.rhfarmvh.com

144 Roberts Cemetery Road @robertsharborfarm







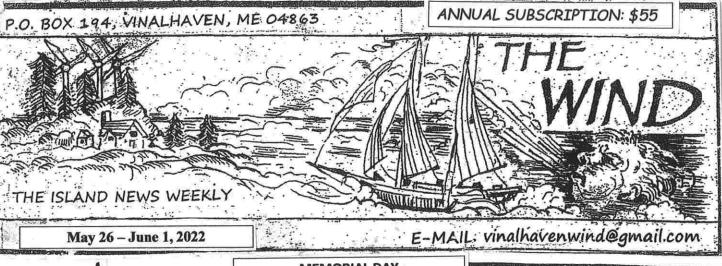
Hand-selected wine, cheese, a large selection of Maine craft beer. locally roasted coffee beans, Maine raised meats, gluten free pasta & crackers, chocolates...and more!

#### Our Hours: **Tuesday-Saturday** From 11-5

Join us on Fri. 5/27 and Sat. 5/28 for Wine & Beer Tastings ~ we will be pouring from 4-6! (Yep, staying open a bit later on those 2 days!)

> 32 Main Street 863,2192



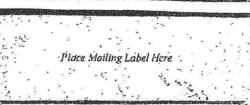




#### **MEMORIAL DAY**

All veterans, firefighters, EMT's, School Groups, etc. are invited to participate in this years Memorial Day Parade and ceremony. Meet up at the Legion Hall at 10 o'clock. Parade at 10:30. Hope to see you there.

American Legion Post 18



EARLY RELEASE THIS FRIDAY, MAY 27TH



First Flea Market for 2022! Sat. May 28th 9-12 Webster Field For information or becoming a vendor please call Kathy Morton 863-2791

June Martin is in rehab for the next 2 weeks and would love to hear from friends. June Martin 2 Footbridge Lane Belfast, ME 04915

American Legion and Auxiliary are invited to march to the Union Church on Memorial Sunday, May 29th.

## Memorial Day Weekend Legion Auxiliary Notice

Sunday, those who can and want to go to church; Meet at the Brown Church at 10:45. Auxiliary members who would like to march, meet at the Legion Hall at 10:15. For those who need a ride, call Faye at 863-2083 and leave a message.

#### Thank You

The family of Kay Poor would like to thank everyone for their cards, flowers, phone calls and other acts of kindness after the passing of our mother on April 22,2022. She dearly loved Vinalhaven but due to health issues moved to Warren a few years ago. There will be a committal service on July 23 @ 10:30 at Brown's Head Cemetery.

Joanne, Priscilla, & Nancy

Thank you to all my workers at lunchbox. See you in the fall.

#### **Town of Vinalhaven Information**

www.townofvinalhaven.org

#### Calendar

Library CLOSED for Memorial Day - All day, Saturday, May 28

Town Office, Transfer Station, Public Works, and Public Safety Building CLOSED for Memorial Day – All day, Monday, May 30

Pre-Planning Board Meeting – 7pm Wednesday, June 1, contact Faye Grant FMI – 863-216 vhceo@townofvinalhayen.org

Library Trustees Meeting – 5pm Thursday, June 2, contact Scott Candage FMI – 863-4401 or librarian@vinalhavenpubliclibrary.org

#### Notices

Want to Learn More about The Downtown Project? Go to www.townofvinalhaven.org/ government/pages/downtown-project or email downtownproject@townofvinalhaven.org

2021-2022 Property Taxes – Tax bills were mailed out on Sept 1st, 2021. Tax bills were sent to the owner of record on April 1st, 2021. If you sold your property after April 1st, 2021, it's up to you to forward the tax bill to the new owner. Payments are due on November 1st, 2021, and May 2nd, 2022. Interest is accruing on unpaid payments. Please call the Town Office at 863-4471 or 863-4343 for an interest figure.

Dog Licenses - All dogs 6 months or older need to be licensed, including visiting dogs in town for 10 days or more. Please bring current rabies certificate and \$6 for spayed/neutered or \$11 for male/female. A new puppy must be vaccinated & licensed once reaching 6 months of age, and if adopting an older dog or if you are just arriving in town, you have ten days to register. There is no late fee for new or newly arriving puppies/dogs if these guidelines are followed. All dogs not licensed for 2022 will now have to pay \$25 late fee per dog.

2020 Town Reports are available. Stop by the Town office to pick one up or contact Town Clerk, Darlene Candage (207) 863-4343 townclerk@townofvinalhaven.org

Single-Stream Recycling #1-7 rigid plastics, tin, aluminum, glass, paper, cardboard.

**Food Scrap Composting** collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org.

**Swap Shop** used goods recycling at the former Public Works Garage (Net Factory Property). Open Saturdays 9am–1pm and occasional pop-ups.

#### **Hours of Operation & Contact Information**

The Town Office is open to the public. Services are also available over the phone, by email, or online-please contact the Town Office FMI.

**Town Office –** Mon, Wed & Thurs 8am-5pm, Tues & Fri 8am-12pm – 863-4471 or 863-4343; Fax: 863-4393 Mailing and physical address: 19 Washington School Rd., Vinalhaven, ME

Interim Town Manager - Marjorie Stratton - 863-2042;

townmanager@townofvinalhaven.org

Town Clerk - Darlene M. Candage - 863-4343; townclerk@townofvinalahven.org

Deputy Town Clerk - Abby Proctor - 863-4471; deputytownclerk@townofvinalahven.org

Assessor – Wes Robinson – Hours vary, contact 863-2168 or vinalhavenassessor@gmail.com to set up an appointment

Code Enforcement Officer / Local Plumbing Inspector – Faye Grant – M-W, 9am-1pm 863-2168 or vhceo@townofvinalhaven.org

Planning and Community Development – Contact Interim Town Manager, Marjorie Stratton; 863-2042; 266-7806; townmanager@townofvinalhayen.org

Public Health Officer - Jen Desmond - Contact the Town Office - 863-2042

Welfare Program - Call 863-2042 or 266-7806 to set up an appointment

Public Works / Town Garage - Millie Martin - 863-2063

**Library – Scott Candage –**Tues & Thurs 1 - 5pm; Wed & Fri 9am - 5pm; Sat 9am - 4pm; Sun & Mon Closed – 863-4401 or librarian@vinalhavenpubliclibrary.org

Transfer Station - Kenny Martin - Sun, Mon, Wed & Thurs - 7:30am-4pm - 863-4306

Fire Department – Marc Candage – Emergency 911; Non-Emergency 863-4604 or mcandage@townofvinalhaven.org

Ambulance Service – Pat Lundholm, Interim Ambulance Director – Emergency 911; Non-Emergency 863-2119 or plundholm@townofvinalhaven.org

Knox County Deputy - Emergency 911; Non-Emergency 593-9132

Animal Control Officer/Harbor Master - James Knowlton - 756-0209

Deputy Harbor Master - Peter Gasperini - 542-1992



#### WELCOME!

Marjorie Stratton – serving as Interim Town Manager, and Abby Proctor – our new Deputy Clerk!

Thank you both! And Welcome. Aboard!

Absentee Ballots are now available for Elections to be held on June 14th, 2022

Stop by or contact the Town
Office FMI
(207) 863-4471

# TOWN MANAGER SEARCH COMMUNITY MEETING

5:30pm Thursday, May 26 at the Town Office

All are welcome.
Come meet with Town
Manager search consultant
Don Gerrish to discuss what
you are looking for in a new
Town Manager.

FMI or to request a hybrid meeting option, please contact the Town Office (207) 863-4471 townclerk@townofvinalhaven.org

## **SWAP SHOP**

Open Saturdays 9-1

with occasional pop-ups at the former Public Works Building – FMI check out Vinalhaven Public Poster on Facebook

#### **Union Church**

-Welcomes You-

Sunday Services 11:00 am

\*\*

# Reverend Jeffrey Lewis Communion

We are meeting in-person and on Zoom

Please contact Betsy Walsh at 4124 for Zoom link information

A light lunch will be served after the service in the vestry

If you would like to donate to the Union Church, donations can be mailed to PO Box 249 or visit our website at unionchurchyh.com

Notice

Choir Practice is now on <u>Fridays</u>, at 3PM All are welcome

> Pastoral Care Reverend Jeffrey Lewis

The Little Food Pantry... is now located at The Union Church on East Main Street. Enter via the ramp door on the left side of the building. Pantry is open 24/7. This food is available to anyone on Vinalhaven experiencing a need. No questions asked. Please call Candi 863-2001 with questions

#### Silent Meditation

Non-denominational
Upstairs in The Union Church
Tuesdays and Saturdays
5:00-5:30pm

All are welcome.



Pleasant River Chapel Sunday, May 29

**Sharing Sunday** 

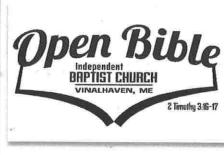
Our doors will be open: Breakfast at 8:00 followed by the Service at 9:00

Service will also be held on Zoom starting at 8:30 All are welcome

For Zoom log-on info, email pleasantriverchapel @gmail.com

Save the Date: June 4 Turkey Drive-Thru Dinner

Donations to the Chapel may be sent to PRC, PO Box 147, Vinalhaven 04863



#### **Pastor Jeff Winters**

#### SUNDAY

9:30—Sunday School Children (Pre-K to 5<sup>th</sup>) in Parsonage Adults in Church

10:30-Fellowship Time

11:00—Worship Service Nursery Available

#### WEDNESDAY

6-7 PM—Prayer Meeting and
Bible Study
6-7 PM—Children's Bible Study
(Pre-K to 5th)

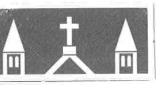
#### THURSDAY

6-7 PM—Youth Group (4th to 12th)

#### ALL ARE WELCOME!

20 Fellowship Drive 863-9944 www.obbc-vinalhaven.org

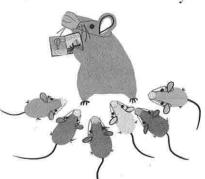
If interested in using the space at The Union Church, please contact Candi Barton at 863-2001 for more information.



Class of 2022

Baccalaureate
Wednesday, June 1st at
7:00pm
The Union Church

# Story Time at the Vinalhaven Public Library



Wednesdays 9am - 9:30

Join us for stories, songs, & games

# for children ages 1-4

\*Children must be accompanied by an adult



#### **Adult Trivia**

1. Where did the name Spam come from?(the canned meat) 2. What is the only city that straddles 2 continents? 3. Who has won the most American Music Awards? 4. Why do otters hold hands?

#### Kids Trivia

1.What do you call animals that eat both plants and animals?
2.What is the diameter of a basketball hoop?
3.Who were the first Europeans to land in what is now the U.S.?
4.Which Disney princess is the only one based on a real person?



Michelangelo wrote a poem about how much he hated painting the Sistine Chapel. Here is an excerpt:

I've already grown a goiter from this torture,

Hunched up like a cat in Lombardy (or anywhere else where the stagnant waters poison). My stomach's squashed under my

chin, My beard's pointing at heaven, my

brain crushed in a casket,...



Pleasant River Chapel
Will host a Drive
Through
"Thanksgiving in June"
Turkey Dinner with all
the Fixin's
June 4th

Cost \$15/meal or extra slice of p

\$3 for extra slice of pie Delivery service at 4 & 5 pm Drive through every 15 minutes from 4:15 to 6:00pm To order: call Pete at 551-4483

> (after 10am) Or email:

ppedersen1842@gmail.com

EVERY CHILD READY TO READ (ECRR)

Parents & caregivers: Have you ever wished that you knew of fun learning activities to do with your child? Do you wish you knew songs, games, and stories that will help your child be ready for school? Your town library can help! ECRR is a program that is for parents/caregivers that will give you ideas, activities, and games that you can do at home with your child that will help them get ready to be successful when they start school. Sue Dempster will be hosting a hands-on session on Thursday, June 2, from 10-11, at the town library to share activities, songs, games, and stories that you can do with your child at home. For more information. please contact the library or SueDempster (sdempster317@gmail.com) This program is sponsored by the Friends of the

#### **BABY SITTER WANTED:**

Library.

5 days – June 27-July 1, 4 hours/day, mornings preferred 9-1 but flexible. Indoor/outdoor at Rockaway, Lanes Island. \$25/hr. Call Paige – 236-4059 Memorial day is coming please make sure the downtown parking lot has the space necessary to accommodate services. All traps, trailers, rope, etc. must be removed, the previous day. Equipment must not be left overnight until labor day, then the 48 hours limit goes into effect.

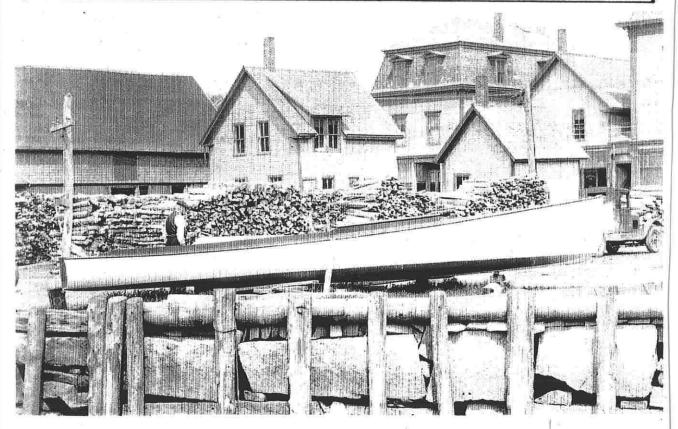
Roadside parking at the Harbor Wharf is for permit autos only. Boat trailers, trap trailers need to be removed within 48 hours. There are 3 boat trailers roadside and I have tried to notify the owners to remove them. Without a plate it is difficult to locate these owners. An abandoned trap trailer has been at carvers parking lot, this must be removed.

The standard procedure is to have these trailers removed by the public works department and taken to the town dump and be treated as abandoned. The good news is instead of transporting these trailers to the dump, they will be removed and placed at the back of the swap shop. They will be in an impound type area, secured and there may be a cost to the owners for towing and storage. Harbor Wharf and Carvers Harbor parking lot has limited parking and the space is needed for the local businesses, local parking and loading and unloading of equipment for the fishermen, in a timely manner.

The Select Board, Town Manager, Public Works Dept. as well as myself are asking all of us to be mindful and to not leave your equipment in these two areas past the allotted time periods and keep trailers off the roadside parking area at the Harbor Wharf. Carvers Harbor Parking Lot is a pick up and drop off area ONLY, until Labor day then after Labor day the 48 hour limit goes back into effect. During all seasons Harbor Wharf is a 48 hour limit.

The Town of Vinalhaven does not want, or have the time to remove your equipment from the two areas. You are responsible for your equipment, please take care of your equipment in a timely manner to avoid any towing, and or storage fees that may occur. Help us, help you.

Thanks, Harbor Master



AT THE EDGE OF CARVER'S HARBOR - THE WOOD YARD ACROSS FROM THE BARTON'S STORE AND FIFIELD'S HARDWARE STORE. THE SITE IS CURRENLY THE TOWN PARKING LOT.



#### **HOUSING COMMITTEE UPDATE**

The Housing Committee is thrilled to announce a grant to support energy audits and air sealing in the homes of income qualified island residents has been granted by the John T Gorman Foundation.

If you have not applied for **HEAP (Home Energy** Assistance Programs) you may do so until July 15th.

Please call (207) 973-3500 or (800) 215-4942 to see if you qualify.

If you need help or have questions please reach out to the members of the Housing Committee.

#### CONTACT

Elin Elisofon 867-4866 Kathi Young Ethan Warren Barb Philbrook Darline Beckman 863-2505 Marjorie Stratton Hooper Brooks hooper.brooks@gmail.com





A Vinalhaven Speakeasy 6 Bodwell Lane

5-11 p.m.

**May 27** 

Come for small plates and excellent cocktails!

> **May 28 Juke Joint Devils**

Old School Jump Blues & Swing Combo band! Music at 8 p.m.

Information and tickets are available online. www.islandspeakeasy.com

# Age 7 and up Age 7 and up Age 7 and up Age 7 and up Pre-K- Gr. 8 Ages 8-12 Ages 8-12 Ages 8-12 Ages 5-7 Ages 5-7 Ages 5-7 Ages 5-7 Iuly 19-22 TU-F uly 19-22 TU-F uly 26-29 TU-F uly 25-29 M-F ug 8-12 TU-F uly 5-8 TU-F ug 2-5 TU-F PILES for KIDS SUMMER ACTIVITIES for KIDS



#### SECOND HAND PROSE

**OPEN** Monday 10-2 Tuesday-Saturday 10-4

We have LOTS of Young Adult books/series to choose from!

Accepting donations during our open hours only (please do not leave items on the porch)

We can take up to 3 boxes of books/day. For more than that, please contact Colleen, 867-9978, to make arrangements.

All sales support Friends of the Vinalhaven Public Library

# **AL-ANON**

Recovery For Family and Friends of Alcoholics

## 12 Step Recovery **Meetings Online**

Al-Anon is for anyone impacted by a relative or friend's alcohol dependency, either currently or in the past. Support is provided through literature and meetings, where everything shared remains confidential, as well as the identity of those attending.

To join meetings online OR by phone, please email vinalhavenalanon@gmail.com or call (207)952-1817

Help is also available from Maine Al-Anon maineafg.org (207)284-1844 and al-anon.org

We are here for you. Newcomers welcome.

**Boat and Engine for Sale** 

1986 Seaway 18ft Center Console Speedboat and 2015 Yamaha 70hp fuel-injected four-stroke outboard.

Motor has fewer than 20 hours and was professionally installed at Jeff's Marine. Comes with 2017 LoadRite Trailer, Flasher sounder, chart plotter, and GPS.

Selling just because we don't use it and want someone to enjoy it. Boat is in very good condition and ready to put in the water.

New Price \$11,000.00 OBRO Call 863-9344 for more info.

#### SAILBOAT FOR SALE

Cape Dory Typhoon. Weekender 19ft., main & jib sails, cushions & anchor, w. heavy duty trailer. Transom motor mount. Sound condition; needs beautifying. At Hopkins boatyard. \$3000.00. Call or text: 314-583-3719

#### AA

Tuesday 7:00PM Zoom meeting ID: 907 085 8272 For password please contact: VinalhavenAA@gmail.com

The only requirement for membership is a desire to stop drinking

#### Oceanside Getaway

Take a digital break. Relax offscreen. Watch the osprey nesting and the eagle soar. Catch the changing tide & lobstermen pulling their pots. Beach and coastline to explore. 3 Bdrms, kitchen, electric & shower.

\$725 per week (212)427-7654 candgre@yahoo.com

# Help Wanted

Bean Maine Lobster is looking to hire a float worker. Duties include buying/shipping lobster. Apply at the first lobster buying facility near the ferry terminal, or call 863-2082

## PENOBSCOT ISLAND AIR



P.O. Box 273, South Thomaston, ME 04858 TERMINAL LANE, OWLS HEAD, ME 04854 (207) 596-7500 · WWW.PENOBSCOTISLANDAIR.NET



## Vinal Energy is thinking spring!

As summer approaches and seasonal homes begin to open, we want to give a friendly reminder to our propane customers to please call us to check and replace propane tanks in advance of your arrival.

This allows a smooth transition for all and decreases the chance you'll arrive on the island and find you are out of propane. We look forward to hearing from you, happy spring!

207-613-7460





you can rebuild as it was before it was destroyed or purchase brand new items if your old ones are damaged or stolen.

Contact us for a free review of your home insurance.



800.898.4423 Auto | Home | Business | Marine

New Harbor

Vinalhaven

Rockland Bath Wiscasset

May is National Stroke Awareness Month...remember











Time to

# **ISLAND TICKS** pest control

#### **BUG SEASON** IS COMING FAST!

Making our lists for:

- Ants
- Browntails
- Ticks

Charlie & Erica Simpson

islandticks@gmail.com

# FOR SALE Sailboat

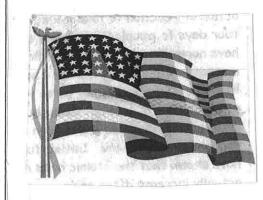
1974 Pearson 26 with inflatable dinghy, new mainsail and low mileage Honda 8 HP long shaft outboard included

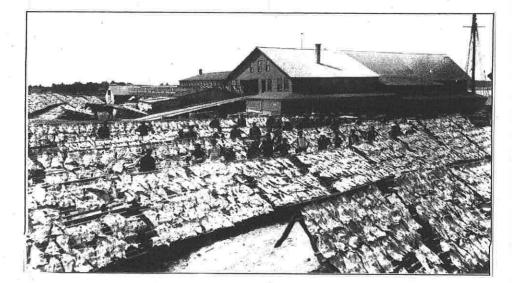
Offered at \$4500 OBO

More information available including recent service history. If interested please contact Jack (jackmyer@hotmail.com) or Pat (solutist@gmail.com)

is for Fish Flakes. The name of the platform upon which filleted, salted cod are laid to dry out in the sun. At one time fish flakes could be in many Vinalhaven locales: Lane & Libby Fisheries, Grimes, and C.L. Bickford's, to name a few. The sale of salt cod was a prosperous local business for many years.

Sourced Horse Holliwoggers, and Littlefield Blue (VH Historical Society)







Lorraine Walker, D.B Claire Jackson, Assoc. Broker



28 Main St 207 863 5151 vinalhavenrealty.com









Thursdays & Fridays, & By Appointment 10 a.m. - 4 p.m.

Watch for the OPEN flag!



WinifredandEvalyn.com





# HUGE THANKS

TO LUKE **PHILBROOK** 

for removing two diseased trees in front of the library. New trees soon!

Also, we're trying to gather a volunteer garden crew to do spring clean-up (all the landscapers are already booked solid) Saturday, May 28 9 am

Please bring hand tools and maybe a rake

Vinalhaven Public Library **VPL** Board of Trustees and Friends of the Library

May 29 Learn About Composting Day!



# **Spring Open House** at The Grange Sunday, May 29, 1-3 pm

Come join us at the Pleasant River Grange as we open up for the season and get ready for this year's programs and activities.

Please stop by and see our historic island Grange, which has played such an important role in our community since 1909.

Members will be working there Sunday afternoon, May 29th from 1-3 pm. If you can spare 30 minutes to help us spruce things up inside and out, we'd welcome your help.

- See our new shingles funded through the generous donations of many island residents.
- · Ask gardening questions.
- · Learn about the Grange and find out what we're up to.

The **Pleasant River Grange** is located on Round The Island Road beside Vinal Cove. Please carpool if possible.

## Dr. Caron will hold the next Veterinary Clinics

June 16th

Upstairs at the Old Fire Hall. Please call the Rockland Animal Hospital for an appointment at 594-5850. Providing year-round veterinary services to Vinalhaven for over 40 years.



Our Medical Center

Please DO NOT enter the Medical Center building if you have tested positive, or if you are having any of the following Covid symptoms:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you need to be seen, please call ahead and a provider will come out to your car.

We appreciate your cooperation!



#### Write to Friends

Our shut-in community members always appreciate hearing from friends. Take a moment to write a note and bring a smile to someone's face!

**Barb Davidson Nans Case Ethelyn Day** Marie Dempster Joan Mitchell Virginia Olney Priscilla Rosen

Calderwood Homestead 18 Beaver Dam Road Vinalhaven, ME 04863

Ann Anthony **Dottie Knowlton** Carolyn Morton Windward Gardens

105 Mechanic Street Camden, ME 04843

Jaquelyn Ames c/o Goodwill-Kendall

Lane House Freeport, ME 04032

Rosemary Anthony 7 North Shore Drive Owls Head, ME 04854

Ricki Soaring Dove 1825 Clifton Road NE #805 Atlanta, GA 30329

Vicky Edelen Woodlands Memory Care 201 Camden St. Rockland, ME 04841

**Bruce Kelwick** 

Coastal Manor 20 West Main Street Yarmouth, ME 04096

Frances Philbrook Washington Manor 276 Razorville Road Washington, ME 04574

**Lucy Wadsworth** 30 Community Drive Camden, ME 04843

**Gladys Walls** 354 Augusta Road Washington, ME 04574



## Buying? Selling? We would love to help!

Kris Davidson, Broker Lisa Shields, Associate Broker ~ Alex Young, Sales Agent 207.863.2200 ~ info@davidson-realty.com ~ www.maineislandliving.com



one level, 3-bdrm cottage on 55 acres. 6000+ waterfront. Striking home, fully Granite fireplace, exposed beams. Ramp, equipped sheep barn, & more! Surveyed,





Waterfront Home. Architect designed Long Cove Farm. 200-acre farm w/ Polly Cove Waterfront. post & beam Candy Co/Homeport. Two turn-key cottage, sleeping cabin, bathhouse, shed. businesses-candy/ice cream shop & 17 acres, private beach, 4 moorings, & restaurant. 2 apts. above w/ harbor spot for a deepwater dock. \$1,100,000





Year-Round Home with Workshop. Well-built home at the end of a quiet road. 4 bdrms. 2.5 baths, wood floors, workshop, shed, 2.67 acres. \$480,000



2+ acres with a Pond. Sunny lot with septic system, well, electric, gravel driveway. Mobile home needs a lot of Soil tested, surveyed, driveway in place. Soil tested, surveyed, amazing work. Quiet location.



deep-water dock on Calderwood Neck. land with a granite coastline on the west \$129,000 CE in place. Beautiful land. \$475,000 sunset views. Very unique! \$315,000



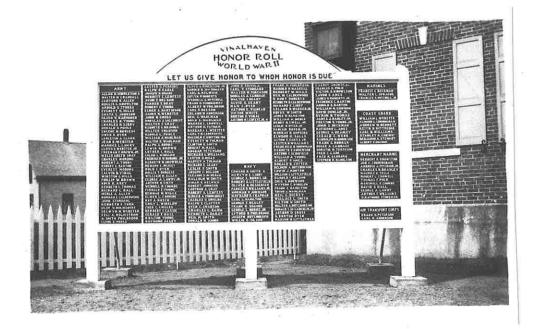
Winter Harbor. 14+ acres w/shared Stunning Lot on City Point. An acre of

#### **MEMORIAL DAY 2022**

Three of their children: E-5s and E-4s, Five uncles and aunts: wartime officers corps, Great uncle, Grandfather: Navy commanders, Two cousins: jet pilots, their bravery grander But hard to recall in these times full of plenty Why all were so willing to serve at age twenty. Our Country and Honor were clarion call, Their doubts and their fears didn't matter at all.

This is what it's like to be in the Service, Away from your home and with a new purpose To protect and defend this country of ours From bad guys and weirdos while flexing our powers. Some gave up their lives while protecting god's freedom, The families, the friends of their life. We all need 'em. So pause and say thank you for their Service this way. Place your hand on your heart this Memorial Day.

Veterans from Away



The Wind AD Box (located near the Swap Shop) will be available beginning April. The cut off time for submissions (ads removed from box) is Sunday, 6PM. Please include billing address and/or payment with ad.

#### **Old Harbor Rental**

Timber frame 3 bedroom, 1 ½ baths, big deck, water view, W/D, dock access. 2000/wk. July 9-16 only. 206-390-6390

BOAT FOR SALE
2002 AQUASPORT OSPREY
2005 150 MERCURY
2007 VENTURE TRAILER
Motor runs very good.
Has full curtain cabin.
Bimini Top.
Boat is in good condition.
ASKING \$13,500 FIRM.
Larry and Faith, Vinalhaven,
Maine.
401-837-5543, 401-835-0024.

# FOR SALE Sailboat

1974 Pearson 26 with inflatable dinghy, new mainsail and low mileage Honda 8 HP long shaft outboard included

#### !! NEW PRICE !! \$3500 OBO

More information available including recent service history. If interested please contact Jack (jackmyer@hotmail.com) or Pat (solutist@gmail.com)



# Executive Director Position Opening

Vinalhaven Land Trust

Vinalhaven Land Trust (VLT) is seeking a new Executive Director. This is currently a full-time position based at our Vinalhaven office. VLT is a well established, financially secure organization dedicated to protecting the nature and resources of the Vinalhaven Island community for future generations. VLT owns both conservation properties and protective easements across the Island and runs a variety of educational programs. We are excited to consider a wide range of leaders for this role, and seek someone who shares our commitment to Vinalhaven's people and environment, likes to get outdoors, and enjoys working with a team.

Please go to vinalhavenlandtrust.org for the full position description and how to apply, or email search@vinalhavenlandtrust.org



# Help Wanted



Bean Maine Lobster has an opening for a full time position. Duties include buying/shipping lobster, working in the bait areas. Forklift experience helpful. Paid sick/personal days, paid holidays, and health insurance. Apply at the first lobster buying facility near the ferry terminal, or call 863-2082



Islands Community Medical Services

Our Medical Center

#### Medical Center Information www.icmsvh.org

Medical Services: 863-4341 Dental Services: 863-2533 Counseling: 837-4057 Billing: (603) 782-8374

#### **Hours of Operation**

#### **Medical Services**

Mon, Tues, Wed, Fri: 8am – 12noon, 1pm – 4pm Thurs: 8am – 12noon, closed Thurs afternoons

#### **Dental Services**

Dentist: Wed, Thurs, and most Fridays
Hygienist: Thurs and Friday
Physical Therapy
To schedule an appointment, call 8634341

#### Counseling

Dan Keniston, LCSW To schedule an appointment, call 837-4057

# Osteopathic Manipulative Treatment & Acupuncture

Stuart Damon, DO To schedule an appointment, call 863-4341

#### Women's Health

Kathleen Coleman, ANP To schedule an appointment, call 863-4341

#### To reach the provider on call:

Dial 863-4341 and your call will be forwarded to the answering service. They will take your call and page the provider-on-call for you.

ICMS receives HHS funding and has federal PHS deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and covered individuals. ICMS is a 501©3 and contributions to ICMS are tax exempt. This health center is a Health Center Program grantee under 42 USC 254b, and a deemed Public Health Service employee under 42 USC 233(g)-(n).

Like us on Facebook

#### TO ALL OUR SUBSCRIBERS AND ADVERTISERS

For subscriptions and questions about billing/payments, contact
Sue Radley at:
islandlife1950@gmail.com

Ad/article submissions go to Torry Pratt at: vinalhavenwind@gmail.com



#### **WE WANT YOU!**

The Ivan Calderwood Homestead is looking for community members to lead an hour activity once a week with our wonderful residents Sherry, Priscilla, Virginia, Nans, Joan, Marie, Ethelyn, and Barb.

The ladies would love your company and would appreciate doing some simple exercises such as gentle stretching, chair yoga, or Tai Chi
Classes in painting, drawing, or writing Weekly sing-a-longs, ice cream socials, and

To volunteer call 863-9980 and let us know what day you would like to come and if mid-late morning or early to midafternoon is better for you.

Thank you in advance!

#### PRE-K REGISTRATION & SCREENING

If your child is eligible for pre-K (turning 4 years of age on or before October 15, 2022) please contact Vinalhaven School to set up an appointment. Registration & Screening will take place on May 27, 8AM-12PM, and you can plan on 20-30 minutes for your child's appointment. You must bring copies of your child's birth certificate and immunization record. Please contact the pre-K teacher, Cherie Doughty at cherie.doughty@vinalhavenschool. org with questions or call the school at 863-4800 by May 26, for an appointment.

# WIND INFORMATION AD SUBMISSIONS:

All items for *The WIND* must be submitted by email to:

vinalhavenwind@gmail.com prior 9 o'clock PM Monday night.

#### NO WALK INS!

Community Calendar ads should be submitted by email to:

Windnonprofitads@gmail.com

#### AD RATES:

Non-Profit \$1.50 per inch
For Profit \$3.50 per inch
If over, we round up to the next inch
Column width: 2.25 inches, three
columns per page.

#### **FUNDRAISING:**

The cost of fundraising ads \$1.50 per column inch. You can include payment with your ad or provide your mailing address so we can bill you.

#### **NEW ADVERTISERS:**

Please include your address for billing purposes.

#### PHOTOS:

Submitted for publications should be no less than 300dpi Cost per photo \$10-40

**PAYMENT:** We do not accept any type of online payment, for ads and notices. (checks and cash)

ACCEPTANCE OF ANY
ADVERTISING does not
constitute an endorsement by *The*WIND of said product or service.
WINDs can be picked up in front of
the Post Office, the ferry terminal,
and the box at Todd's Garage.

#### SUBSCRIPTIONS:

For subscriptions send \$55 to: **THE WIND**, PO Box 194, Vinalhaven, ME 04863.

Current subscribers check your address label for the date of renewal

#### Submit to the Wind!

We are looking for stories, anecdotes, recipes, images, shout outs, etc. to include in THE WIND. If you have something to share, we would love to include it in future WINDs. Please send to: vinalhavenwind@gmail.com

# Hours: Wed-Thur-Fri: Noon-4pm 1-3pm Sat Open 11am-2pm Sundays Thru June closed Mon/Tue

We've had a huge uptick in the number of cases on the island. Maine used to be the best model for the rest of the country, now we're the worst. If you are positive, even without symptoms, please don't come to the greenhouse.

Just like two years ago, if you are positive, call, leave a message, and I will deliver without charge or you can do roadside pickup....

Please wear a mask and practice social distancing! Starter Seedlings of all kinds, potato seed, onion sets, herbs, flowers, perennials, trees, shrubs

Also everything you need to create your own window boxes and hanging baskets, including the window boxes and hanging baskets!

Supplies of all kinds, including Potting soil, stakes, slug and deer deterrents, fish emulsion, gift certificates and more!

LOOK FOR OUR DAILY

MESSAGES ON FACEBOOK!



So many Reasons To visit

#### Peaceful Harbor Farm's Greenhouse

Laundry:
Dug well insufficient for all
your laundry needs?
Peaceful Harbor Farm
washes, line dries and folds.
You drop off and pick up.
No large quilts please.
Dushane Road, 863-9381
Just off the Pequot Road
Support Local
Economies



#### Having a hard time? Not sure who to talk to?

Remember, the Medical Center is here for you with trained therapists available to help you through difficult times.

You can reach Dan Keniston, LCSW at (207) 837-4057.

We have appointments available by telemedicine through Zoom. We are offering a free visit for anyone who is struggling during challenging times. You can call Dan directly.

#### **COVID-19 FINANCIAL HELP**

Unemployment Benefit for Self-employed People

Go to the Maine Department of Labor Bureau of Unemployment Compensation webpage to apply: www.maine.gov/unemployment

#### General Assistance (GA)

A program to help cover costs for basic needs like food, housing, and utilities. Contact Andrew Dorr, 207-863-2042 townmanager@townofvinalhaven.org

#### NOTICE

to

#### NEW MOMS & DADS

Send us a photo (optional) or announcement of your newborn, with his/her name, weight and length and we will put it on the front page of The Wind, free.

#### Limerick #8

There once was a husband and wife
Whose relations were troubled by strife
But if you look closely
'Twas filled with love (mostly)
How much more can you ask for in life?

Submitted by Ed Movitz

#### Notice

The WINDS are now available online and at local businesses, and The WIND boxes at the ferry terminal, Todd's Garage, and in front of the post office. Thanks to the ladies at the Town Office for their help!

## Vinalhaven Public Library

What's new at VPL?

Passes for free admission to the Farnsworth Museum and Coastal Maine Botanical Garden

Free seeds-plant flowers that our pollinators will love

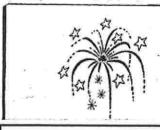
Themed backpacks to help children explore

ReadME titles: Sigh, Gone by Phuc Tran Beneficence by Meredith Hall

It's your library... come check it out!

VinalhavenPublicLibrary.org

OPEN
Tue & Thu, 1-5
Wed & Fri 9-5
Sat 9-4
MASKS ENCOURAGED



4th of July Celebration is less
than 2 months away!
~ Theme ~
The games we like to play
To reserve or info about
~ Parking lot space/booths ~
Call Lynn 863-2733, after
May 24th



## VINAL ENERGY

36 WEST MAIN ST PO BOX 803 (207) 613-7460 vinalenergy@gmail.com

Fuel oil, Kerosene, Diesel & Propane Factory Authorized Toyotomi and Monitor service and sales

Fuel prices are low - think about pre-buying for next season!

# Vinalhaven Community Outreach

Are you experiencing unusual expenses, loss of income, or unexpected medical bills or other crises in your life?

If you need help, and fit our criteria, please contact us by email:

vhcommunityoutreach@gmail

.com

Or at PO Box 15, Vinalhaven, ME 04863

We are a 501 (c) (3) organization

Come see what's new at The Island's Closet. We have a new collection of jewelry, shirts, towels, decorations, magnets and more. It's time to get your outdoor areas ready. We have garden tools, potting soil, plant pots and more. We have a large selection of flowers and plants including Memorial Day baskets. We have grills, lawnmowers, pools and patio chairs. Need something we don't have? We take orders for anything legal and usually have it within a few days.



# Vinalhaven Eldercare Services – Fundraising Committee has some updates:

- > We are officially announcing that we will not be holding the Tag Sale this year
  - ➤ We have **pot buoys** available for decoration to be auctioned Please contact Kachina to get one (207-863-2109)

We are happy to welcome new volunteers for fundraising events!

Please contact Shelby if you would like to get involved

(603-724-5803 OR <a href="mailto:shsmith261@gmail.com">shsmith261@gmail.com</a>)

➤ We are now accepting items for the annual AUCTION!
Please contact Kachina or Shelby to discuss donating items

Remember to keep an eye out in the Wind and around town for upcoming events!



## J. A. B. Paving, LLC

With 25+ years of combined paving and earthwork experience, we strive to provide quality, honest and reliable paving and site development services for driveways, parking lots and private roads.

Free Estimates ~ Fully Insured **Local References Upon Request** 

Brad Aitken 207.944.2033

Joey Swoboda 207.949.1669

Office 207.322.3136 Monroe, ME jabpaving@gmail.com

## **Help Wanted**

The Vinalhaven Fisherman's Coop is seeking dock workers. Applications available at the gas station. Please call 863-2263 or see Tony on the dock for more information.



**NEW PRICE** CALDERWOOD NECK ROAD, EASY ACCESS. VIEWS EAST TO WINTER HARVOR AND SOUTH INTO VINAL COVE. NICELY ELEVATED. \$495,000. wreed@jaretcohn.com 32 WEST MAIN STREET, VINALHAVEN, MAINE 04863



#### Did you know?

An adult's circulatory system, if laid out flat would stretch for more than 100,000 miles. The Philippines consist of 7,641

islands.

Armadillo shells are bulletproof. Sudan has more pyramids than any country in the world. (255)



# **Spring Schedule**

**RESTAURANT:** SATURDAY & SUNDAY nights Opening May 28th & 29th

Kitchen open 5-8:30pm, Bar open until 10pm Pizza, salads, small plates, full-bar, island beer! Call for a thorofare boat ride reservation, day of, before 4pm

www.calderwoodhall.com // 207.867.4700

Shiatsu is a Japanese form of therapeutic bodywork using acupressure points on the body to create wholeness and flarmony by strengthening and supporting the body's ability to heal.

#### Shiatsu is deeply relaxing and effective in helping with:

#### Mind

Anxiety & Depression Insomnia, Muscular Tension, Headaches

# oints & Muscles

#### Body

## What to Expect

Thumb and palm pressure, kneading apping and gentle stretches

#### **Book an Appointment Today**



#### **How You Can Help**

Donate to local service groups

#### **Community Lunchbox**

Union Church attn: Lunchbox PO Box 249 Checks payable to Union Church Memo line: Lunchbox

#### Meals on Wheels

VES attn: Meals on Wheels PO Box 624 Checks payable to VES Memo line: Meals on Wheels

#### Vinalhaven Community Outreach

PO Box 15 Checks payable to VCO

#### **Open Bible Baptist Church** Coronavirus Relief Fund (CVRF)

Open Bible Baptist Church attn: CVRF PO Box 465 Checks payable to Open Bible Baptist Church Memo line: CVRF

#### Vinalhaven Fuel Fund

Sue Radley attn: Vinalhaven Fuel Fund 14 Lawson's Quarry Rd

Checks payable to Vinalhaven Fuel Fund

#### The Brown Door at the Union Church

Union Church attn: Food Pantry PO Box 249 Checks payable to Union Church Memo line: Lunchbox

#### Vinalhaven Eldercare

18 Beaver Dam Road Checks payable to Vinalhaven Eldercare

#### **Medical Alert Devises**

Available through Eldercare 18 Beaver Dam Road Checks payable to Vinalhaven Eldercare

> Add to all addresses: Vinalhaven, ME 04863



SAT. MAY 28TH & SUN. MAY 29TH OPEN 11AM - 4PM

Table linens & serving pieces, glassware, pillows & throws, candles & holders, soaps & bath salts, small furnishings, and so much more!

SO MANY NEW GOODIES ARE ARRIVING!

1197 North Haven Road (6.5 miles from the ferry) WinifredandEvalyn.com 802,274,1664

# I ye I berty & the purjuit of Happiness

Today in 2022 everything needs to be guestioned and tested. Trust should never come easy. Integrity and intention are unbelievably compromised. Use your wisdom to make smart decisions before the opportunity is so far gone, that you would have to back track in order to grasp hold of that opportunity. Which is impossible because what is done is done. Life and your decisions become permanent. Second chances seldomly arise in this world. While giving forgiveness is essential to a healthy soul, this world is full of habitual offenders. A habitual offender is someone who commits the same offense repeatedly. Which makes forgiveness hard to give. Respect is not free, neither is forgiveness, it is something that you work for. As we grow as people or, individually thinking, as "persons", rule your life with wisdom, justice, courage, compassion, hope, respect, responsibility and most importantly integrity.

> Swerely. Harfuffyn Harrond

# New Era Gallery





Susan Cooney Curly Lieber

# Spring!

## A group show

featuring new works by your favorite artists, and works by artists new to the gallery

Opening Saturday, May 28 10:00-7:00

60 Main Street 207-863-9351 neweragallery.com director@neweragallery.com

Spring Hours: Tuesday—Saturday 10:00—4:00



Observer It's happened again and we have the same people to thank for it—The K-12 **Students Spring Concert** and Art Show. With each passing year it becomes clearer and clearer that these kids are in good hands. The Art Show was a reflection not of how much these kids can do if they're made to, but of how much they can do it if they simply want to and it's clear from the walls of creativity that they want and wanted to because their Art Teacher. Heather White has inspired them. And the same is certainly true, as always, of the mastery of music, accomplishments consecutively displayed by young musicians, K-12 and, this year, in collaboration with one another, inspired again by Music Teacher Bill Trevaskis. Thanks to them both and to the supportive faculty and staff that helped make it happen.



## Plumbing and Heating

- Licensed Master Plumber
- · Licensed Master Oil Burner
- · Repair Service Available

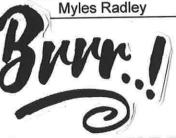
P.O. Box 69 Vinalhaven, ME 04863 207/863-2030

Solar hot water

JSDavisPlumheat@aol.com

#### **Quarry Temperatures**

Booth's- 60 degrees on the Pequot side. (Kids were swimming on the other side!) Peter Richards Lawson's - 65.6 degrees





#### **Announcements and Reminders:**

ICMS would like to remind the community that lab results from Nordx may take up to 72 hours, this includes our Covid results. If you are in need of a Covid test for travel or pre-op surgery you may want to think about arranging to have the test done on the mainland.

Prescriptions medications should be requested 48 hours in advance, please do not call the same day for medications that you are trying to pick-up, we may not be able to fill them on time.

#### SUMMER HOUSE SWAP

Interested in visiting London, England? Consider a summer house swap between London-Vinalhaven: we're a professional couple from Falmouth ME, living in London with our two children. See our airbnb listing for our house in central London: https://www.airbnb.co.uk/ rooms/4071394 .If interested, email scotia@scotialuhrs.com

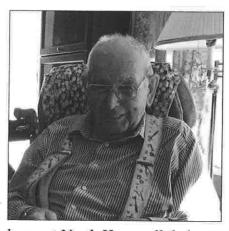


#### Burpee, Carpenter & Hutchins Funeral Home

110 Limerock Street

Rockland, ME 04841

email wecare@bchfh.com



NORTH HAVEN – Edwin (Bud) A. Thayer, 93, died Friday, May 13, 2022, at the Sussman House in Rockport.

Born at North Haven, October 5, 1928, he was the son of Raymond L. and Florence E. Bray Thayer.

He attended North Haven elementary schools and early high school in Swampscott, MA during the war and was a 1947 graduate of North Haven High School.

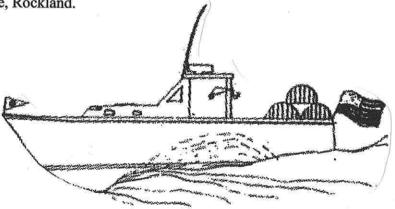
On June 25, 1949, he married Ruth W. Babbidge. The couple made their

home at North Haven all their married lives, where they raised three children and were involved in many of the community activities. Over the years he served on the board of selectmen, as town constable and on the North Haven Conservation Partners board.

Throughout his career, Bud worked as a mechanic for Frank Sampson, was a lobsterman into his 80's, for the Fox Island Electric Co-op as a lineman and had his own electrician's business. He was most noted as an accomplished boat builder and owner/operator of Thayer's Y-Knot Boat Yard at Southern Harbor. As a "hobby" he maintained many older island cars for summer residents, rebuilt model T's and other touring cars many times starting from an old frame and boxes of parts. He so enjoyed going to flea markets with his good friend, Elliott Brown, wheeling and dealing for car parts and pieces. Upon retirement from the boatyard he and Ruthie spent winters on the Florida Keys traveling back and forth in their conversion van. They made many, many friends over the years.

Other than his parents, Bud was predeceased by a sister, Dorothy Thayer Beverage in 1978. He is survived by his beloved wife Ruth of 73 years of North Haven; his children Linda Thayer Haskell and life partner Roy Penniman of New Harbor, Deborah Thayer Langley and husband Robert Langley of Skowhegan, Raymond Thayer and wife Donna of North Haven; nine grandchildren and 17 great-grandchildren.

Per his wishes no service will be held at this time. To share a memory or story with Bud's family, please visit their online Book of Memories at www.bchfh.com. Arrangements are in the care of Burpee, Carpenter & Hutchins Funeral Home, Rockland.



# Tidbits from the Vinalhaven Historical Society

Mrs. A. F. Creed was hostess Thursday at the Islander Inn her dinner guests were Edie Lou Coombs, Frances & Betty Gray, Jeannie & Tommy Hildings, "Buzzy" Young and John Stordahl.

Courier-Gazette May 23, 1950

Aboard Supply Ship USS Harcourt in Tokyo Bay Donald Oakes, seaman, 2nd class, USNR, 18 of Vinalhaven, came in for praise by the commanding officer for the speedy handling of air freight moving in and out of the Yokosuka Naval Base. "A remarkable job," said Lt. Cdr. H. T. Shelly, USNR, skipper of the Harcourt. The Harcourt, which served as a Liberty ship until it was bombed and beached during the Philippines campaign, was refitted and commissioned last June, arriving in Tokyo Bay on Sept. 18.

Agnes Beverage won the ribbon in the *Table Setting* contest held by the Jolly Sea Beas of North Haven at Nebo Lodge, the home of the leader, Mrs. Louise Crockett, May 12. Others taking part in the contest were Helen Shields, Bodine MacDonald, Evelyn Brown, Betty Joy, Joyce Staples, Carole Beverage and Patricia Staples.

Courier-Gazette May 20, 1950

An Eighth Air Force Fighter Station, England—Cpl. Harold W. Poole, of Vinalhaven, has received official recognition of his skill as an airplane armorer in a Mustang squadron here. Col. Wm. J. Cummings, Jr., awarded a special qualification badge to the soldier which he will wear on his uniform. The order further stated that he was given a rating of "excellent" in his performance of duty. Cpl. Poole was inducted in August 1942.

The Juanita Club was delightfully entertained Wednesday evening at the home of Mrs. David Duncan. The table was decorated green and white, the centerpiece was a canoe containing gifts for the guests. Each member lightened the load of the canoe by pulling a string leading to their plate at the table. A delicious luncheon was served, after which the guests engaged in a thimble hunt. Mrs. Joseph Morton received the first prize, and will entertain the members of the club at her home next Wednesday evening.

Courier-Gazette May 2, 1922.

Joseph Hutchinson, USN, has been promoted to chief warrant officer in the South Pacific, and Walter Hutchinson, USN, has been in England for the past 3 months according to their mother Mrs. Clara Hutchinson.

Miss Ada Mae Dyer, daughter of Mr. and Mrs. Leslie B. Dyer, became the bride Saturday of Richard Williams son of Mr. and Mrs. Leigh Williams. The candlelight ceremony took place in North Haven and was performed by Rev. George Merriam, who used the double ring service. Mrs. Colon Winslow was Matron of Honor and Mr. Winslow was Best Man. Both bride and Matron of Honor wore gray suits and a corsage of jonquils and blue hyacinth. Mr. Williams is an overseas veteran of WWII and is employed as a mechanic at Peaslee's Garage. The couple began housekeeping at once at the Williams' residence on Summer Street. C-G May 25, 1950

The Telephone Company has started the work of placing, rebuilding and strengthening toll line poles on the island of Vinalhaven. The executive committee of the company authorized the expenditure of \$9,988 to cover the cost of the work. The work includes the placing of 182 poles, 192 crossarms, 214 guides and 20 drop wires. Included in the work is the straightening of 30 poles and the resetting of 61 poles. Removed will be 180 poles, 73 crossarms, 30 drop wires, 5 miles of iron circuit wire and 3 miles of brush.

Courier-Gazette May 17, 1928

Pvt. Victor N. Green, son of R. F. Green of this town, is at Base Hospital No. 25, Ward 19, in France, recovering from wounds received Oct. 5, shrapnel piercing his left lung and breaking two ribs. Pvt. Green was one of four who volunteered to carry messages to the front lines, where he was wounded. He has been constantly at the front since he arrive in France. (WWI)

C. B. Vinal, veteran of the Civil War, and one of Vinalhaven's smartest citizens at the age of 79, helped gather cedar to make wreaths for decoration of soldier's graves on Memorial Day May 30, 1922.





#### **OLIVE OIL &** BALSAMIC VINEGAR TASTING ROOMS

Come In And Taste For Yourself!

Definitively Healthy, Freshest Products!

8 Rodick Pl. Bar Harbor

503 Main St. Rockland

88 Main St. Freeport

Island Spirits Vinalhaven

www.FIOREoliveoils.com info@FIOREoliveoils.com

#### From The WIND, 1884

#### **HEALTH HINTS**

Exercise to the extent of great fatigue does more harm than good.

The thinnest veil or silk handkerchief thrown over the face while riding or walking against a cold wind is a remarkably comfortable protection.

The worst cold may be promptly cured if, within the first twentyfour hours after it has been taken. the patient will keep warm in bed and eat little or nothing for a day or two.

A good cleansing of the entire body with soap and warm water once a week is all the bathing the human system requires for purposes of health, in ordinary circumstances. -Hall's Journal of Health



#### Community Calendar

5/29: Spring Open House, TG, 1- 8/6: North Atlantic Ballet,

5/15: Rise Up! performance, SHMH, 2

6/4: Drive Through Turkey Dinner, PRC, 4-6

6/16: PIE - Student Musicians perform at Skål, 6

6/26: Farm & Garden Tour, TG,

6/30: Bean Supper, UC, 6 pm 7/5: PIE - Janann Sherman: Up

in the Air, Book talk, SHMH, 7

7/10: PIE - Cassatt Quartet Concert, UC, 7

7/14: Bean Supper, UC, 6

7/17: Henneke Africa Reforestation Lecture, TG, 7 - 8:30

7/19: PIE - Bill Trevaskis, Photo talk, SHMH, 7

7/20: Fox Islands Concerts: Portland Piano Trio 7:30, **SMHM** 

7/23: Eldercare Vintage Vinalhaven, WF, 5

7/26: PIE - Steve Costanza, Scott Joplin, King of Ragtime, SHMH, 7

7/28: Bean Supper, UC, 6 pm 8/3: Fox Islands Concerts: The Art of Song 7:30, SMHM

8/6: PIE - Lydia Sparrow Print Sale, TG, 5-7

SHMH, 7

8/7: Dinner and Roast, PRC,

8/8: Eldercare Services Auction, FF. 2

8/11: Bean Supper, UC, 6

8/14: Music, Dance, & Picnic, TG, 2-6

8/17: Fox Island Concerts: Winsor Music, NH, 7:30

8/24: PIE - Pairings Event, RHF,

8/25: Bean Supper, UC, 6

9/8: Bean Supper, UC, 6 9/24: Drive Through Bean

Supper, PRC, 4-6

10/22: Harvest Festival, TG, 12-

10/22: Drive Through Bean Supper, PRC, 4-6

FF: Flagg Field NH: North Haven

PRC: Pleasant River Chapel

RHF: Roberts' Harbor Farm SMHM: Smith Hokanson

Memorial Hall

TG: The Grange

UC: Union Church WF: Webster Field

Email events to:windnonprofitads@gmail.com

#### Coconut Macaroons

Servings: 26 macaroons Prep Time: 20 Minutes Cook Time: 25 Minutes Total Time: 45 Minutes

#### **INGREDIENTS**

- · 114-oz bag sweetened flaked coconut, such as Baker's Angel Flake (see note)
- 7/8 cup sweetened condensed milk (see note below on measurement)
- 1 teaspoon ALMOND extract
- 2 large eggs whites
- 1/4 teaspoon salt
- 4 ounces semi-sweet chocolate, best quality such as Ghirardelli, chopped (optional)

#### INSTRUCTIONS

- 1. Preheat the oven to 325°F. Set two oven racks near the center of the oven. Line two baking sheets with parchment paper.
- 2. In a medium bowl, mix together the coconut, sweetened condensed milk and vanilla extract. Set aside.
- 3. In the bowl of an electric mixer, beat the egg whites and salt until stiff peaks form. Use a large rubber spatula to fold the egg whites into the coconut mixture.
- 4. Using a mini ice cream scoop or two spoons, form heaping tablespoons of the mixture into mounds on the prepared baking sheets, spacing about 1 inch apart. Bake for 23 to 25 minutes, rotating the pans from top to bottom and front to back, until the tops and edges are golden. Let cool on the pans for a few minutes, then transfer to a wire rack to cool completely.
- 5. If dipping the macaroons in chocolate, melt the chocolate in a microwave-safe bowl at medium power, stopping and stirring at 30 second intervals, until just smooth and creamy. (Alternatively, melt the chocolate in a double boiler over

simmering water.) Dip the bottoms of the macaroons in the chocolate, letting any excess drip back into the bowl, and return to the lined baking sheets. Place the macaroons in the refrigerator for about 10 minutes to allow the chocolate to set. The cookies keep well in an airtight container at room temperature for about a week.

- **Note:** There is a lot of variability in coconut depending on the brand you purchase. For the best results, I recommend Baker's Angel Flake (see package in the first picture on this
- 7. Note: 7/8 cup = 3/4 cup plus 2 tablespoons
- 8. **Note:** Make sure to use parchment paper (NOT wax paper) on the baking sheets. The macaroons will stick to wax paper.
- 9. Freezer-Friendly Instructions: The macaroons can be frozen for up to 3 months. Let them cool completely and store in an airtight container separating layers with parchment paper or aluminum foil. Before serving, remove the cookies from the container and let them come to room temperature.

Submitted by Elin Elisofon

