COVID-19 GUIDE FOR HELPING OTHERS

During this time of uncertainty, many folks are reaching out, asking what they can do to help. To address those inquiries, the Town’s Emergency Operations Center has compiled this Vinalhaven-specific Guide for Helping Others.

Please visit the Town’s website for the most up-to-date information including changes in the ferry schedule and changes in how businesses are operating.

townofvinalhaven.org Call or email for help and more information.
1-207-863-2168
VHEOC@townofvinalhaven.org

Go to “Subscribe” at townofvinalhaven.org and subscribe to “Town Alerts” to receive Daily Updates in your email inbox. Updates are also available on our Facebook Home Page by 7pm daily.

facebook.com/townofvinalhaven

How You Can Help

Focus on Facts Not Fear by getting reliable and credible information from trusted sources:

- Maine’s 2-1-1 Resource List for Covid-19 help. 211maine.org
- Office of Governor Janet T. Mills maine.gov/governor/mills/covid-19
- Maine Health and Human Services Hotline: Dial 2-1-1 or 1-866-811-5695, Get answers about COVID-19 by calling or texting your zipcode to 898-211, or emailing info@211maine.org
- Maine Public Radio (90.5 FM WMEP) offers reliable Covid-19 information mainepublic.org

Stay Home. Governor Mills’ mandate limits in-state travel except for essential businesses and essential needs. The Town has asked those whose primary residence is not on Vinalhaven to avoid traveling to the island at this time.

Practice Physical Distancing. Stay at least 6 feet away from others not in your household.

Wear a Mask or Cloth Face Covering when coming within 6 feet of others.

Wash Your Hands and clean surfaces well and often.

Volunteer in a Safe Way by reaching out to community groups and individuals to see if they need help. Follow all safety guidelines provided by the CDC and the Town of Vinalhaven.

Please check the Town website or Facebook page daily – updates are posted by 7 PM.
Connect with Others using video conferencing tools like Zoom. The Island Institute’s Covid-19 resource page includes information about online video conferencing tools [islandinstitute.org/coronavirus](http://islandinstitute.org/coronavirus)

Reach Out by calling friends, relatives, and neighbors. Do especially kind things, and thank people for all that they are doing.

Pay-It-Forward by supporting businesses that have been required to close their doors to the public. Utilize take-out and curbside to-go services. Purchase merchandise from businesses’ websites. Buy a gift card or gift certificate and pass it along to someone in need.

Donate to Groups and Organizations directly providing for basic needs (several are listed here), as well as your favorite nonprofits and other organizations working to support our community.

**Community Lunchbox**
makes and delivers prepared meals.
Mail donations to:

**Union Church**
Attn: Lunchbox
PO Box 249
Vinalhaven, ME 04863

*Checks payable to Union Church*
*Memo line: Lunchbox*

**Meals on Wheels**
makes and delivers prepared meals to those unable to leave their homes. Mail donations to:

**Vinalhaven Eldercare Services**
attn: Meals on Wheels
PO Box 624
Vinalhaven, ME 04863

*Checks payable to VES*
*Memo Line: Meals on Wheels*

**Open Bible Baptist Church Corona Virus Relief Fund (CVRF)** provides food for anyone in need.
Mail donations to:

**Open Bible Baptist Church**
attn: CVRF
PO Box 465
Vinalhaven, ME 04863

*Checks payable to Open Bible Baptist Church*
*Memo line: CVRF*

**Vinalhaven Community Outreach Covid-19 Fund**
helps islanders who have been directly, financially affected by COVID-19. Mail donations to:

**Vinalhaven Community Outreach**
PO Box 15
Vinalhaven, ME 04863

*Checks payable to VCO*
*Memo line: Covid-19*

**Vinalhaven Fuel Fund**
helps pays for up to 100 gallons of fuel. Mail donations to:

**Sue Radley**
attn: Vinalhaven Fuel Fund
14 Lawson’s Quarry Rd
Vinalhaven, ME 04863

*Checks payable to Vinalhaven Fuel Fund*

**The Brown Door**
at the Union Church offers free grocery staples to those in need. Mail donations to:

**Union Church**
Attn: Food Pantry
PO Box 249
Vinalhaven, ME 04863

*Checks payable to Union Church*
*Memo line: Food Pantry*

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*If you have information that ought to be included in this guide, please contact 1-207-863-2168 or VHEOC@townofvinalhaven.org This information was last revised on 4/20/20*

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*You can email questions to VHEOC@townofvinalhaven.org. This community is a special place and together we will get through this!*