COVID-19
Vinalhaven Emergency Operations Center (EOC)

Andrew Dorr Town Manager
Marc Candage EMA Director
Kerry McKee EMS Director
Jen Desmond Public Health Officer
Pat Lundholm Public Information Officer
Gabrian McPhail Community Outreach Coordinator
Tanya Robishaw EOC Support Staff
Janica Barrows EOC Support Staff

EOC Contact and Social Media
VHEOC@townofvinalhaven.org
207-863-2168
facebook.com/townofvinalhaven
Instagram @townofvinalhaven
YouTube Town of Vinalhaven

Town of Vinalhaven
19 Washington School Rd, Vinalhaven, Maine 04863
Phone: 207-863-2042 Cell: 207-266-7806
Fax: 207-863-4393
www.townofvinalhaven.org
Dear Fellow Vinalhaveners,

We are grateful to you for keeping yourself and your family **SAFE** and **CLOSE TO HOME** during the Covid-19 Pandemic. The difficult actions and sacrifices we make today show the respect we have for our beloved community.

We urge you to keep following the guidelines below. And please, if you or anyone you know needs **HELP** or would like to help...

Contact us at **VHEOC@townofvinalhaven.org** or **207-863-2168** — Thank you!

---

**Stay at Home**
If you go outside for exercise or essential needs, keep at least 6 feet away from others

**Maintain Physical Distance**
Unless you are living in the same household, keep at least 6 feet away from others

**Wear a Mask or Face Covering in Public**

**Sick? Call ICMS 207-863-4341**
Don’t go to the Medical Center without calling first

**Do Not Travel to the Mainland**
Unless for emergencies and essential needs

**Quarantine for 14 days**
If you are travelling from out-of-state or from any area with community spread

**Wash Your Hands Frequently**
Also use hand sanitizer

**Avoid Touching Your Face**

**Disinfect Surfaces and Items Often**

---

**Get Help with Food, Finances, and More – Discover Ways to Help Others**

Go to the **Covid-19 page** on the Town website **www.townofvinalhaven.org**
Email **VHEOC@townofvinalhaven.org** or call **207-863-2168**

---

Please check the Town website or Facebook page daily – Updates are posted every day by 7 PM. Please contact the EOC with your questions and for assistance. Subscribe to “Town Alerts” on the Town’s website to automatically receive Daily Updates in your inbox. This community is a special place and together we will get through this!