Traditional Thanksgiving gatherings with family and friends are fun but can increase the chances of getting or spreading COVID-19. The safest way to celebrate Thanksgiving this year is to keep your gathering limited to just your household or pod*. 

Lower Risk
- Staying home; traveling only for essential purposes
- Restricting close contact (15+ minutes) to only those from your household or pod*
- Wearing a mask in public
- Washing your hands often
- Cleaning and disinfecting surfaces
- Celebrating outside or inside with plenty of ventilation

Higher Risk
- Traveling off and to the island (Note: testing and quarantine are required when traveling to and from any state other than NH or VT)
- Being in close contact with those not in your household or pod
- Not following CDC Guidelines
- Celebrating indoors with limited ventilation

*A pod is a small group of a few people, committed to abiding by Maine and CDC COVID-19 safety guidelines and who limit their close contacts to only each other in order to mutually protect their health.

FMI Contact Vinalhaven Emergency Operations Center (EOC)
(207) 863-2042  VHEOC@townofvinalhaven.org  www.townofvinalhaven.org
Check out the CDC Thanksgiving Guidelines