An individual on-island has tested positive for COVID-19. Based on contact tracing conducted, no additional island individuals were exposed.

It’s hard not to sound like a broken record, but our message to everyone this week remains the same: **Wear your mask. Wash your hands. Watch your distance.** With Super Bowl Sunday approaching, and knowing that community transmission happens when people get together, we must stress how important it is that we continue to be cautious. Don’t take risks. Our community is vulnerable and transmission can happen quickly and easily if we fail to follow safety guidelines. So please, avoid unnecessary in-person get-togethers, including Super Bowl Sunday parties. Thank you for doing your part to keep our community safe.

**Vaccination Updates from ICMS**

ICMS will be publishing weekly vaccination updates available on the ICMS Facebook page and on the Town website. Here’s the link to this week’s: **www.townofvinalhaven.org/sites/g/files/vyhlif3981/f/uploads/020221icmsupdate.pdf**

On Thursday, February 4, ICMS will begin Vaccination Phase 1b-1, which includes patients of record who are 70 and older. We ask that everyone wishing to be vaccinated by ICMS remain patient. ICMS is working with the state to ensure a steady supply of vaccines, but state supplies remain limited. Rest assured, ICMS will contact you by phone as vaccines become available, but it will likely take several months before everyone on-island has received both a first and final dose of the vaccine.

If you’re able to travel off-island, vaccines are available at other facilities throughout the state. Visit **www.maine.gov/covid19/vaccines/vaccination-sites** for more information. PenBay is also a vaccination site option for island residents. For more information call **1-877-780-7545** or visit **www.mainehealth.org/Coronavirus-COVID-19/Vaccine/FAQs**

If you are an ICMS patient, you will receive a call to let you know when you can be vaccinated. If you are not an ICMS patient, but would like to receive your vaccine from ICMS, please contact **Anna Clapham (207) 863-4341 ext. 1126 or aclapham@icmsvh.org**. Anna is also available to answer your ICMS vaccine-related questions.

**State Updates**

As of February 3, 2021, there were **27,139 active cases** reported in the state and **40,233 total cumulative cases statewide**. Currently there are **372 active cases in Knox county**. The state’s positivity rate is **3.50%**.

**Word on the Street**

**Watch out for Scams!** The Maine CDC recently reported a number of Mainers have received calls – many from an 844 area code – from people claiming to be part of the Maine CDC’s contact-tracing team or calling to confirm a vaccine appointment. The callers then ask for Social Security numbers and other confidential information. Be aware that legitimate calls to confirm vaccination appointments and for contact tracing will not ask for this type of information. Vaccination centers might ask for the last four digits of your Social Security number, but never the full number. They usually will just verify your date of birth and address.

If you receive a suspicious call, be extremely cautious. Ask: 1) where the person is calling from 2) what their employee ID number is, and 3) request a follow-up contact number. Do not give out confidential information.

If you believe you are the victim of a COVID-19 scam, call the **Knox County Sheriff (207) 593-9132** and the **National Center for Disaster Fraud hotline 1-866-720-5721**.

**Tip of the Week:**

Use Maine’s Vaccination website! It includes vaccination FAQs, descriptions of Maine’s Vaccination Plan Phases and a new Vaccination Dashboard **www.maine.gov/covid19/vaccines**