It’s fall on the island. Winds are picking up, the air is chillier, and we are spending more time indoors. While we are all well-versed in what it means to “do the right thing”, recent outbreaks in Maine communities have shown us that we need to remain vigilant. Know how to reduce the risk of COVID transmission. Keep yourself, your family, and the community safe. #doyourpartvh

**State Updates**

As of September 24, 2020, there are 588 active cases of COVID-19 in Maine; 5 are in Knox County. Find COVID-19 data and a list of Knox County resources on the Knox Hub website. knox-hub-knoxme.hub.arcgis.com

MaineHousing’s Rental Relief Program provides up to $1,000 in rental assistance to eligible applicants for up to three months. Payments are made directly to landlords. Go to www.mainehousing.org/programs-services/rental/rentaldetail/covid-19-rental-relief-program

On September 23, 2020 Massachusetts was added to the list of states whose occupants may travel to Maine without being required to quarantine for 14 days or receive a negative test within 72 hours of arriving in the state. The CDC continues to remind all travelers to stay home if they are experiencing COVID-19 symptoms.

The state has expanded the DHHS Standing Order for COVID-19 testing to allow anyone to get tested at certain locations in Maine, including “Swab and Send” sites. This change does not affect the testing policy at ICMS. A complete list of sites offering testing under the expanded Standing Order can be found at www.maine.gov/covid19/restartingmaine/keepmainehealthy/testing

**Word on the Street**

The Public Health Team is encouraging everyone to get a flu shot this season. To help make that easier, ICMS is offering no-cost drive-through Flu Clinics in the ICMS parking lot. Adults – Tuesday, September 29, 8am–12pm Children (up to age 18) – Thursday, October 1, 1pm–5pm Contact ICMS for more information (207) 863-4341

Know someone who needs food assistance? Locally, the Brown Door (food pantry) and the Little Free Pantry plus other groups in the community offering food assistance. For more info visit www.townofvinalhaven.org/home/pages/get-help-basic-needs

**Support for Small Businesses, Sole Proprietors and Fishermen**

The state has a second round of funding for the Maine Economic Recovery Grant Program, for businesses, non-profits, and sole proprietors dealing with economic hardships caused by COVID-19. Apply online September 23, 2020 through October 23, 2020. To learn more and to access the online application portal, go to www.maine.gov/dec従economic-recovery-grants

Federal CARES Act Covid-19 relief funds will be distributed to commercial fishermen, dealers, processors, aquaculturists and the party/charter fleet. For more information go to www.maine.gov/dmr/news-details.html?id=3238215

ICMS has hand sanitizer and masks available for businesses and organizations. Contact Dinah dmoyer@icmsvh.org

Follow our Community Guidelines to keep yourself, your family and the community safe. As always, please contact the EOC with your questions and comments.

**Tip of the Month**