COVID-19 Update

Active Case Count

As of Thursday, January 6, 2022, ICMS is reporting that there are 17* active cases of COVID on Vinalhaven, an increase of 6 since Tuesday.

*This count only represents the confirmed positive tests that have been shared with ICMS.

From the School

The latest info for VH school is on the school’s FB page. The School Board will meet tomorrow (1/7 at 4 PM) to consider a policy around quarantining. Folks should stand by for further info after that meeting.

What can YOU do to lower risk to yourself, your family/friends, and your community?

Wear face coverings in public indoor places. When possible, open windows to promote air flow. Gather outdoors when possible. Stay home and avoid others if you feel sick.

The best thing you can do to protect yourself and your loved ones is to get vaccinated. If it has been six months since your final dose of Pfizer or Moderna, or two months since your dose of Johnson & Johnson, get a booster.

If you have not yet received your booster shot, contact Janica Barrows at 863-4341 to schedule your appointment. If you have a child, ages 5 to 11, and would like them to be vaccinated, contact Janica at ICMS or Amanda Philbrook at the school (863-4800). ICMS needs a minimum of 25 children before being allotted the Phizer vaccines for this age group.

COVID-Friendly Activities

1. Reorganize areas of your home that have been needing it for years now. Drop decent, unwanted items at the swap shop for someone else to use.
2. Pick up an art, such as writing (poetry, journaling your experience during COVID), painting, drawing. Check the VH Library for books to help with your project.
3. Use technology to interact with your friends and family (Apps such as Zoom, FaceTime, Skype, etc.). You can also play games or “cook” together!
4. Get outside more and hike island trails, shovel a neighbor’s driveway, or capture some great photos.
5. Start learning a new language, learn music, or learn a new hobby such as crocheting or robotics.
6. Get crackin’ in the kitchen! Find some new recipes and try them out!

Questions?

- Contact 2-1-1 for general information about COVID-19 or visit Maine CDC’s website.
- Contact ICMS, 863-4341 if you are looking to schedule an appointment for a vaccine.
- Contact the school, 863-4800, with questions about school COVID policies.
- Businesses with COVID-19 questions can call 2-1-1 or the Town Manager, 863-2042.