



COVID-19 Vinalhaven Emergency Operations Center (EOC)

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Vinalhaven Public Health Officer 3-29-20 URGENT MEMO

To All the People of Vinalhaven,

The public health team and staff at ICMS are working 24/7 to ensure the safety of our island residents. It is imperative that we all act now to do our part to prevent further spread of Covid-19. For this reason, I have decided to **strongly recommend** the following:

If you are on island:

- I am asking you to **stay at home**.
- If you or one of your loved ones is sick, please call ICMS at (207) 863-4341. **Do not come directly to the medical center without calling first.**
- I ask that you **only travel** to the mainland **for absolute emergencies** and necessities.
- Please understand that **we have very limited resources on the island**. We have no hospital, no intensive care capabilities, and no ventilators.
- If you or a loved one becomes critically ill, we are at the mercy of the weather, as well as the staff at Penobscot Island Air, Life Flight of Maine, and our state ferry crew. **Getting a critically ill patient to a hospital that is prepared to take them could take several hours or more.**

If you are not here but considering traveling here:

- If Vinalhaven is NOT your primary residence, I am asking that you **stay at your home residence**.
- If you choose to come to Vinalhaven, you will be adding to the strain on our already limited resources. While I understand this would certainly NOT be your intention, **you may be putting your life and the lives of others at risk.**

The virus doesn't move. We move the virus.

With concern for you and yours,

Jennifer Sargent Desmond, MSN, FNP-C, MFA

Public Health Officer, Town of Vinalhaven

Clinical Director, Islands Community Medical Center



**Islands Community
Medical Services**

Our Medical Center