

## The Sand Bar

863-4500 \* Dine-In or Take-Out  
Open for Lunch, Dinner & Cocktails  
Kitchen open 11 am - 8 pm  
Closed Mondays

Trivia is back!\*

Friday @ 7 pm

\*cancelled occasionally if short staffed, check our Facebook page for updates

Order food online @

www.sandbarvinalhaven.com

Cocktails to-go still available!  
(Order in-person or by phone)

Check our Facebook page for  
daily specials & slushie flavors

### Sweet Potato Pie

3-4 sweet potatoes (3 C mashed)  
2 eggs  
1 tsp vanilla  
½ C milk  
½ C butter, softened

Topping:

1 C flour  
1 C chopped pecans  
1/3 C soft butter  
1 C brown sugar

36 mini marshmallows

Sweet potatoes - Peel, cube, boil until tender, then drain & mash. Add eggs, vanilla, milk, and butter, beating well after each. Pile into casserole dish. (Can be covered and refrigerated a day ahead)

Combine topping ingredients and spread over pie. Bake at 350°F for 30 minutes.

Just before serving, top with mini marshmallows and slide back into oven just to melt and slightly brown them.

Recipe from Robin Busiek, submitted by her sister, Amy Calkins



"Experience is what you get when you didn't get what you wanted."  
*Italian proverb*



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BALSAMIC VINEGAR  
TASTING ROOMS

Come In And  
Taste For Yourself!

Definitively Healthy,  
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8 Rodick Pl. 503 Main St.  
Bar Harbor Rockland

88 Main St. Island Spirits  
Freeport Vinalhaven

www.FIOREoliveoils.com  
info@FIOREoliveoils.com

## SKÅL!

A Vinalhaven Speakeasy

A WINTER POP UP!

Saturday, January 28

### Dance Party

Monte Selby, Bill Trevaskis  
and Morgan Selby

With surprise Vinalhaven High  
School performers

Open at 5:00 p.m.

Music starts at 7:00 p.m.

\$15

Information and tickets online  
www.islandspeakeasy.com

More Pop Ups in February!

## Vinalhaven Taxi

207-720-0056

Ferry/Airstrip connections.  
Here and there on Vinalhaven.

By reservation or by chance.

Jeanne Bineau-Ames

Adult Trivia Answers

- 1 South Pacific
- 2 Grease
- 3 Aquarius
- 4 Into the Woods
- 5 Chitty Chitty Bang Bang

Kids Trivia Answers

- 1 Sloth
- 2 One that is active at night.
- 3 True
- 4 The Blue Whale
- 5 Roar

## Island Spirits

Hand-selected wine, cheese,  
a large selection of Maine craft  
beer, locally roasted coffee beans,  
Maine raised meats, gluten free  
pasta & crackers, lots of  
chocolate...and more!

Our Hours:  
Tuesday-Saturday  
from 11-5

Wine tastings  
will resume in February!

32 Main Street  
863.2192



P.O. BOX 194, VINALHAVEN, ME 04863

ANNUAL SUBSCRIPTION: \$55



THE ISLAND NEWS WEEKLY

January 26 - February 1, 2023

E-MAIL: vinalhavenwind@gmail.com

### Support Maine Lobstermen & Maine's Lobster Industry



February is National  
Cancer Prevention Month

Adult Trivia  
Famous Musicals

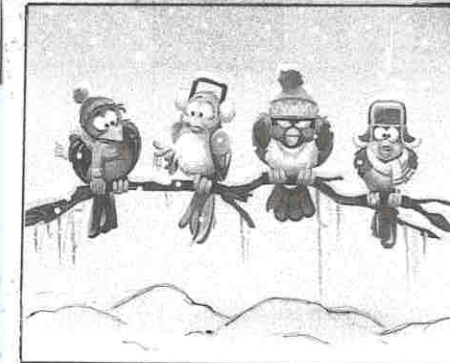
- 1 A French plantation owner & an American nurse fall in love. What's the musical?
- 2 In which musical do characters known as the Pink Ladies appear?
- 3 What "Age" do the characters in *Hair* live in?
- 4 Which musical that stars fairy-tale characters such as Cinderella and Little Red Riding Hood does not have a happy ending?
- 5 Which musical has the characters Caractacus Potts and the "Child Catcher"?

Kids Trivia-Great & Small

- 1 This slow mover lets moss grow on its fur. What is it?
- 2 What is a nocturnal animal?
- 3 A Kangaroo could leap over your head. True or False?
- 4 At up to 109 ft (33m) in length, what is the biggest animal in the world?
- 5 What can a tiger, a lion, a leopard, and a jaguar do that a cheetah can't?

Unofficial Official Fun February  
Month Celebrations

Feed the Birds Month  
Love the Bus Month  
Responsible Pet Owners Month



January 27<sup>th</sup> is  
International Holocaust  
Remembrance Day

Submit to the Wind!

We are looking for stories,  
anecdotes, recipes, images,  
SHOUT OUTS, etc. to include  
in *THE WIND*. If you have  
something to share, we  
would love to include it in  
future WINDs. Please send to:  
vinalhavenwind@gmail.com

Food Pantry Friday, Feb. 3<sup>rd</sup>.  
Please bring your own bags.  
Union Church Vestry 1 - 3PM

Place Mailing Label Here

Notice - Wind Delivery Change!  
With freight changes, The Wind will  
now be delivered on Wednesdays,  
unless there is a weather issue, then  
Fridays. Please send your  
submissions/emails to:  
vinalhavenwind@gmail.com -  
by Monday, 7PM. No walk-ins on  
Tuesday, due to having to get The  
Wind read for print early and give  
our printers time for the quick  
turnaround.

Community Calendar

Community Lunch Box,  
Deliveries only on  
Mondays.

Meals on Wheels, Deliveries  
start at 11:30 on  
Wednesdays.

\*\*\*

Email events  
to: windnonprofitads@gmail.com

National Curmudgeons Day

January 29<sup>th</sup>, celebrate  
& honor all the cranky  
and fussy people in  
our lives!





## Town of Vinalhaven Information

[www.townofvinalhaven.org](http://www.townofvinalhaven.org)

### Calendar

**Board of Selectmen** – Tuesday, January 31 at 5:30

**Planning Board Pre-Meeting** - Wednesday, February 1 at 7:00pm

**Library Board of Trustees** - Thursday, February 2 at 5:00pm

### Notices

**Want to Learn More about The Downtown Project?** Go to [www.townofvinalhaven.org/government/pages/downtown-project](http://www.townofvinalhaven.org/government/pages/downtown-project) or email [downtownproject@townofvinalhaven.org](mailto:downtownproject@townofvinalhaven.org)

**2022-2023 Property Taxes** – Tax bills were mailed out on September 8, 2022. Tax bills were sent to the owner of record on April 1, 2022. If you sold your property after April 1, 2022, it's up to you to forward the tax bill to the new owner. **Payments are due on November 1, 2022, and May 1, 2023.** Interest will accrue November 2, 2022 and May 2, 2023. Please call the Town Office at 863-4471 or 863-4343 if you have any questions.

**Dog Licenses** – All dogs 6 months or older need to be licensed, including visiting dogs in town for 10 days or more. Please bring current rabies certificate and \$6 for spayed/neutered or \$11 for male/female. A new puppy must be vaccinated & licensed once reaching 6 months of age, and if adopting an older dog or if you are just arriving in town, you have ten days to register. There is no late fee for new or newly arriving puppies/dogs if these guidelines are followed.

**Transfer Station** – No longer accepting waste gasoline.

**Single-Stream Recycling** – # 1-7 rigid plastics, tin, aluminum, glass, paper, cardboard.

**Food Scrap Composting** – collection bin located near the household trash container at the Transfer Station. How-To Brochures available at [townofvinalhaven.org](http://townofvinalhaven.org).

**Swap Shop** – Used goods recycling at the former Public Works Garage (Net Factory Property). Open Sat 9am-1 pm and occasional pop-ups.

### Hours of Operation & Contact Information

*The Town Office is open to the public. Services are also available over the phone, by email, or online. Please contact the Town Office FMI.*

**Town Office** – Mon-Thurs 8am-5pm, Fridays 8am-12pm, 863-4471 or 863-4343, Fax: 863-4393, Mailing and physical address: 19 Washington School Rd., Vinalhaven, ME

**Town Manager** – Marjorie Stratton, 863-2042, [townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Town Clerk** – Darlene M. Candage, 863-4343, [townclerk@townofvinalhaven.org](mailto:townclerk@townofvinalhaven.org)

**Assessor** – Travis Gould, Hours vary, contact 863-2168 or [vinalhavenassessor@gmail.com](mailto:vinalhavenassessor@gmail.com)

**Code Enforcement Officer / Local Plumbing Inspector** – Faye Grant, Mon-Wed 9am-1 pm, 863-2168, [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org)

**Public Health Officer** – Jen Desmond, Contact the Town Office 863-2042

**Welfare Program** – Call 863-2042 to set up an appointment

**Director of Public Works / Town Garage** – Millie Martin, 863-2063, [vhdpw@townofvinalhaven.org](mailto:vhdpw@townofvinalhaven.org)

**Library** – Tues, Thurs 1-5pm; Wed, Fri 9am-5pm; Sat 9am-4pm; Sun, Mon Closed; 863-4401, [librarian@vinalhavenpubliclibrary.org](mailto:librarian@vinalhavenpubliclibrary.org)

**Transfer Station** – Kenny Martin, Sun, Mon, Wed, Thurs 7:30am-4pm; 863-4306

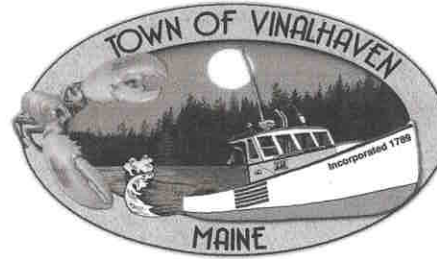
**Fire Department** – Marc Candage, Emergency 911, Non-Emergency 863-4604, [mcandage@townofvinalhaven.org](mailto:mcandage@townofvinalhaven.org)

**Ambulance** – Ryan Nizolek, Ambulance Director, Emergency 911, Non-Emergency 863-2119 [ambulancedirector@townofvinalhaven.org](mailto:ambulancedirector@townofvinalhaven.org)

**Knox County Deputy** – Emergency 911, Non-Emergency 594-0677

**Animal Control Officer and Harbor Master** – James Knowlton, 756-0209

**Deputy Harbor Master** – Peter Gasperini, 542-1992



### 2023 Dog Licenses

**Time is Running Out! \$25 Late Fee Starts February 1st!**

All dogs 6 months or older need to be licensed by January 31, 2023. \$6 for spayed/neutered or \$11 for male/female.

### 2021 Property Taxes - Notices of Impending Automatic

Foreclosures for 2021 Property Taxes were mailed out. 2021 Tax Liens will automatically foreclose on March 10<sup>th</sup>, 2023, if NOT paid in full by March 9<sup>th</sup>, 2023.

If the Tax Lien forecloses, the Town will OWN YOUR PROPERTY!

### Transfer Station

Junk Cars are being removed from the transfer station. When we begin to accept junk cars again, the disposal fee will be \$100 and gas tanks MUST be removed! - See Ken Martin for details

### Volunteer for a Town Committee!

There are several opportunities to serve your community on the many Boards and Committees.

Vacancies are:

Budget Committee – 6

Appeals Board – 1

Sea Level Rise – 1

Ferry Tariff Advisory – 1

Harbor Committee – 1

Park Commission – 1

Planning Commission – 1

Sewer Commission – 1

Solid Waste – 1



### Pastor Jeff Winters

#### SUNDAY

9:30—Sunday School  
Children (Pre-K to 5<sup>th</sup>) in  
Parsonage  
Adults in Church

10:30—Fellowship Time

11:00—Worship Service  
Nursery Available

#### WEDNESDAY

6-7 PM—Prayer Meeting and  
Bible Study  
6-7 PM—Children's Bible Study  
(Pre-K to 5<sup>th</sup>)

#### THURSDAY

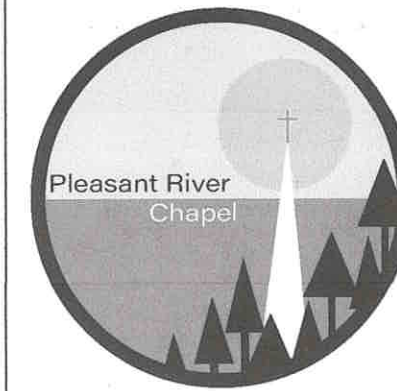
6-7 PM—Youth Group  
(4<sup>th</sup> to 12<sup>th</sup>)

### ALL ARE WELCOME!

20 Fellowship Drive  
863-9944  
[www.obbc-vinalhaven.org](http://www.obbc-vinalhaven.org)

The Little Food Pantry... is now located at The Union Church on East Main Street. Enter via the ramp door on the left side of the building. Pantry is open 24/7. This food is available to anyone on Vinalhaven experiencing a need. No questions asked. Please call Candi 863-2001 with questions

If interested in using the space at The Union Church, please contact Candi Barton at 863-2001 for more information.



**Pleasant River Chapel**  
Sunday, January 29, 2023

**Sharing Sunday**  
Please bring a thought, poem, song, or scripture that is meaningful to you.

Service will be held on Zoom and in person at the chapel

Breakfast at 8,  
Fellowship time at 8:30,  
service at 9:00

All are welcome

For Zoom log-on info, email [pleasanriverchapel@gmail.com](mailto:pleasanriverchapel@gmail.com)

If you are interested in using the Pleasant River Chapel, please contact Pete at (207) 551 4483 or by email at [ppedersen1842@gmail.com](mailto:ppedersen1842@gmail.com)

For pastoral care:  
Bob Candage, 863-4943 or  
Pam Kittredge, 863-2022

Word of the Week  
Fika (fee-ka) Swedish (n): A moment to slow down & appreciate the good things in life.

## Union Church

~ Welcomes You ~

Sunday Services  
11:00 am

~  
**Guest Speaker**  
**Faye Grant**

~  
We are meeting in-person and on Zoom  
Please contact Betsy Walsh at 4124 for Zoom link information

~  
*Our Sunday School program for pre-K and up is at 9:30-10:15am (10:15-10:30am will be snack time)*

~  
If you would like to donate to the Union Church, donations can be mailed to PO Box 249 or visit our website at [unionchurchvh.com](http://unionchurchvh.com)

~  
*Choir Practice is on Fridays, at 3PM All are welcome*

~  
**Pastoral Care**  
Reverend Jeffrey Lewis

### Silent Meditation

*Non-denominational*  
Upstairs in The Union Church  
**Tuesdays and Saturdays**  
**5:00-5:30pm**  
All are welcome.

### January 22<sup>nd</sup> is Celebration of Life Day!

Signifying all that is good about being alive...things aren't always easy, but the good outweighs the bad, starting with gratitude & appreciation for where you are & wherever your dreams may take you. Every life is a huge gift.



# Tidbits from the Vinalhaven Historical Society

The **Antique Club** was entertained Tuesday by Mrs. Elsie Calderwood. Dinner was served. Net knitting was the feature of the afternoon and a jolly social time enjoyed. Mrs. Vivian Georgeson was special guest. *Jan. 25, 1946*

The **inclement weather of the past 3 to 4 days** interfered considerably with island communications. After a two-day tie up caused by the storm, the Vinalhaven II made a round trip from VH to Rockland on Thursday, commanded by Captain Stillman Osgood, and so easing somewhat the supply situation on the island. Heavy seas have bothered Penobscot Bay, although the temperature has not been too severe. Not many of the 1500 residents of the island have made the rough trip to the mainland lately. Lobstermen also report much interference with their livelihood by the weather. Many have lost traps and their hauls have been shortened by the series of storms encountered recently, besides hindering the making of deliveries to dealers on the mainland. *Jan. 18, 1958*

**R. Mont Arey** who is solo clarinetist with the Philadelphia Symphony Orchestra, recently had the honor of being selected by the leader, Stokowski, to accompany the great artist Rachmaninoff in his own composition, "Second Concerto." Mr. Arey was much complimented as to his ability by the artist. He has also played with the famous Josef Hoffman. Mr. Arey's many friends in Vinalhaven are proud to claim him and consider it an honor for him to be playing with these great musicians. *Jan 15, 1924*

**Mr. and Mrs. William Chetwynd** were given a pleasant surprise at their home Wednesday evening in celebration of their golden wedding. The friends who gathered at their home were members of the Pythian Sisterhood and they carried with them a number of things good to eat, which made a fine supper. They presented Mr. and Mrs. Chetwynd with a purse of gold and a very pretty china piece. The evening was devoted to sociability with selections at intervals on the graphophone. They have lived in Vinalhaven for the past 8 years where Mr. Chetwynd has been employed by the Lane & Libby Fisheries Co. Mrs. Chetwynd is an exceedingly smart woman not only doing all her own work, but also helping others. *Jan 15, 1910*

**Thursday afternoon** from 3 to 5, Master Norman Calderwood little son of Mr. and Mrs. F. O. Calderwood entertained the following friends in honor of his 8th birthday: Dorothy Saunders, Ethel Young, Vivian Libby, Kendall Hatch, Ernest Tolman, Frank Thomas, Warren Beggs, Henry Anderson and Charles Libby. The host received many gifts. Games were played and lunch was served with included a large birthday cake. *Jan. 3, 1920*

In a **joint meeting of the Junior and Senior Home Economics Clubs** of Vinalhaven, held at the Firemen's Hall January 23rd, the girls saw two film presentations, "The Life of a Teenage Girl" and "Cooking with Potatoes." Senior group members made cupcakes in the early afternoon, and with their advisor, Mrs. Smith, served refreshments after the films. The group has purchased several small kitchen items with the gift given them by the Vinalhaven Extension. *Jan. 30, 1958*

**Two lively basketball games** were played Wednesday night at the Town Hall. "The Flying Demons," Capt. Nathalie Smith, defeated "The Whizzers," Capt. Elsie Holmquist, score 28 to 22; referee, Louise Libby. The Vinalhaven High School boys, Capt. Malcolm Hopkins, defeated the "Airedales," Capt. Leon Arey, score 58 to 39; referee Lou Merrithew, umpire Jack Phillips. *Jan. 30, 1932*

**Frank Bunker, S1c**, formerly of North Haven, and son of L. C. (and the late Sarah M.) Bunker, arrived in the U.S. at the St. Albans Naval Hospital Dec. 1st for treatment. It is expected that he may be recovered enough to enjoy a leave of absence in the near future when he will visit his sister Mrs. Helen B. Marden of North Haven and Mr. Bunker at Vinalhaven. He was in London during the German bombing of Oct. 10. His son Frederick Bunker, S1c was on the same ship. Father and son saw service together. *Jan. 11, 1944*

**Vinalhaven School Treasurer Harry Conway** reports that the Senior Class Trip Fund grew another \$100 with the new year. The dance, held Tuesday evening, December 31, at the Vinalhaven Memorial Hall attracted more than 200 townspeople and holiday guests who danced to the music of the local Leon Arey Orchestra until midnight. Class Trip chaperones, Mr. and Mrs. John Stordahl, sold soft drinks, sandwiches and cupcakes at the snack bar while Harry officiated at the gate. *Jan 9, 1958*

The **basement of the famous Cascade House** is to be outfitted with three B's - bath, barber, and billiard rooms. It will also have a boat privilege for the convenience of summer rusticators. It will be under the management of L. R. Coombs. *Vinalhaven Echo January 26, 1888*

**Edward Thompson**, son of Mr. and Mrs. Merrill Thompson, celebrated his 11th birthday Tuesday evening by entertaining a few friends at his home. They enjoyed a lunch of birthday cake, ice cream and passed the evening playing games and watching TV. Those present were Dana and Arnold Barton, Billy Warren, Cecil Philips, Mrs. Clara Philips and Mrs. Charlotte Barton. *Jan. 25, 1958*

I have been growing Garlic for over 30 years and I'm familiar when it gets planted and it gets picked.

I was sent on a mission from God to pick up some obscure healthy cream for one of my 10 daughters at the "Wholefoods" in Massachusetts.

It was February or March as I marched through the vegetable section, I came upon drop dead gorgeous Garlic with a beautiful purple tinge. I knew it was from South America, but I needed to know which country it was grown in. Many of you are unaware that DDT might have been banned in this country, but it's still produced in a large volume and shipped to countries around the world, especially certain South American countries.

I saw a young lady stocking potatoes and I asked her what country in South America the garlic came from? She replied, "no sir, it's locally grown"

I tried to explain to her that that was impossible because upon examining the skin and a bit of the stock, it was not even aged yet. She said she would et the produce manager. A few minutes later her boss came out and asked me what the problem was. I said there was no problem I just needed to know which country in South America or some other country south of the equator that this Garlic came from. The young lady I spoke to first said, "I told him it's locally grown," I replied that that was impossible. The second woman said give me one minute please and she came back with another woman who identified herself as the store manager. She asked me, "what seems to be the problem sir?"

I explained for the third time that the problem was that they're telling me it was "locally grown" was impossible and I asked her what farm it came from.

She said that she didn't like my tone of voice and I told her I didn't like her fabrication. Well, what happened next was unimaginable but lots of fun. She told me that I needed to leave the store. I thought to myself, self, don't escalate this anymore. And then the bad little Chucky on my left shoulder took over that conversation. "What are you going to do, put Granola in my underpants? Or will you be throwing that really sharp brown rice at me as I duck into the vitamin aisle?" Several other employees showed up, so I gave them a deep bow and went on my merry way.

It dawned on me after I got back to the house that all my clothes were in the laundry and I happened to be commando that day, good thing they didn't take my suggestion in regard to the Granola. CC



How would you  
like to be here?  
M. D.



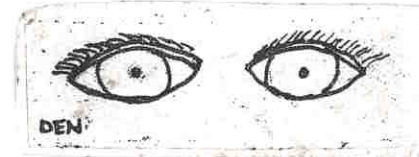


**VINALHAVEN REALTY**

**17 PEQUOT RD**  
**\$689,000**

Custom built year-round home on Carvers Cove. Architect designed, this 3 bedroom/1 bathroom home is situated on 8.5 acres with 297 ft of tidal shorefront. The shoreline is easily navigable and perfect for putting in a kayak or swimming at high tide. Ready for your personal touches!

Listed by: Claire Jackson, Assoc Broker. 207-401-8242  
Designated Broker: Lorraine Walker 207-249-5379  
28 Main St | 207-863-5151 | vinalhavenrealty.com



**THE OBSERVER  
SHOULDERING ON**

A couple of years ago I finally relented and purchased what so many younger contractors had recommend-repeatedly—a Multi-tool, a silly looking little piece of cordless overkill that was said to accomplish what, for decades, I'd been managing with a sawzall, circular saw, hand saw, keyhole saw, drill or chisel, or all of those. What a game changer—neatly accomplishing complicated, awkward, and often barely accessible procedures quickly and effortlessly.

Imagine my surprise, however, when, about to undergo shoulder replacement surgery recently, having been mistakenly wheeled—or maybe it was intentional—into surgery before my anesthesia had asserted itself, I was startled at the extraordinary familiarity of tools arranged next to my head: a flatbar, cordless drill, mallet, is that a chisel?, a utility knife?, a tiny shop-vac and a Multi-tool—I think it was DeWalt. I drifted off worrying about whether I'd been mistaken for a carpentry project and was about to voice my concerns but was then oblivious. Unwilling to compound the exceeding apprehension I was already feeling days before being taken to surgery, I had resisted watching any of the you tube videos of 'reverse shoulder replacement' surgery but recently, home now for a week and completely free of pain, I poured a drink and watched as a shoulder was nonchalantly sliced seven inches open, the flesh yanked aside left and right, a hand shoved deep into the opening to manipulate a muscle, the flatbar tapped between the ball and socket to pry them apart, the ends of each of those cut off with the Multi-tool, a deep shaft drilled and reamed into the humerus, a metal component driven into the shaft with a hammer and a manufactured ball and socket hammered and then screwed into the sawn off ends in a juxtaposition opposite to the one God clearly intended.

I am five days later enjoying a beer. I have a bottle of Tylenol handy in case I need it, but I don't. How can that be?

**Feb 1<sup>st</sup> National Freedom Day**  
Commemorates the day in 1865 that President Lincoln signed what would later be the 13<sup>th</sup> Amendment. Founded to celebrate freedom for all.

**Dr. Caron**  
will hold the next  
**Veterinary Clinic**

**February 16<sup>th</sup> & March 16<sup>th</sup>**

Upstairs at the  
Old Fire Hall.

Please call the Rockland  
Animal Hospital for an  
appointment at **594-5850**.

Providing year-round  
veterinary services to  
Vinalhaven  
for over 40 years.



**SymmeTree**  
207 458 7283  
Tree + Garden Services

**SymmeTree Arborist Services**

Licensed and insured climbing arborists specializing in tree pruning and removals. We give free estimates! Call or email to have us look at your tree from - January 26 -29 for a quote. Please contact:  
[galen.lichterfeld95@gmail.com](mailto:galen.lichterfeld95@gmail.com)  
207-458-7283



**THE VINALHAVEN FISHERMAN'S  
COOPERATIVE, INC.**

**ANNUAL MEETING OF STOCKHOLDERS**

**DATE: FEBRUARY 8<sup>TH</sup>**

**TIME: 5:00PM**

**LOCATION: AMERICAN LEGION HALL**



**Buying or selling, we can help!**

Davidson Realty offers professional expertise, local knowledge, a year-round fully staffed office, a strong team and wide marketing exposure.



**The Privilege.** 32 acres with waterfront on the Privilege. Acreage includes a variety of trees, a pond and granite outcroppings. Potential for multiple homes. Existing roadbed from Calderwood Neck Road, soil tested, and surveyed. Many possibilities! **\$295,000**



**Waterfront on Old Harbor Pond.** 1.4 acres to camp, "glamp" or build an off-the-grid house near town. Partially cleared, drilled well, soil tested, vehicular right of way. Enjoy birdwatching & kayaking. Great chance to own waterfront at an affordable price! **\$130,000**

Kris Davidson, Broker ~ Lisa Shields, Associate Broker ~ Alex Young, Sales Agent  
207.863.2200 ~ [info@davidson-realty.com](mailto:info@davidson-realty.com)  
[www.maineislandliving.com](http://www.maineislandliving.com)



Dana Emmott  
Principal



### ELDEN SERVICES

PO Box 655 Lynnfield, MA 01940  
46 Round The Mountain Road, Vinalhaven, ME 04863  
781.820.3190  
demott@att.net

### Wishing our neighbors, clients & friends a Happy & Colorful 2023!!

This New Year feels like the right time to share warmest thanks for the opportunity to be part of this community. We would like to thank those who chose Elden Services in 2022:

PS: Please note the addition of Mike and Lorraine Bunker to our 2022 client list.

It was an honest mistake on our part that we overlooked these two very special people on our list of satisfied clients. We look forward to painting their kitchen upon its' completion!

Paul Ricciardi and Jeff Mousseau  
Lorraine and Mike Bunker  
Pat and Sophie Benzie  
Union Church  
Alison Angel and Wes Robinson  
Hayden Jones and Shelby Smith  
Norman Reidy  
Jerry Doughty  
Creelman Farm Store  
Faye Grant  
James Dwyer  
John and Diane Cochran  
ICMS Apartments  
Alessandra DiGuisto

Barbara Mintz  
Roberts Harbor Farm  
SKÁL  
Kris Davidson  
Ann and Bob Barrett  
Delphine Eberhart  
Poor Farm  
Dot and Millie's  
Barbara Deering  
Tad Heinz  
Marian Godfrey  
John Barbour  
ICMS Lobby and Exam Rooms

Know that we are available to bring new color to your walls this winter as you wait for the winds to fade and temperatures to rise. **Please call us!**



### SUPPORT ICMS!

#### SHOP THE ICMS STORE!

[WWW.ICMSVH.ORG/SHOP](http://WWW.ICMSVH.ORG/SHOP)



#### REMINDER

Please bring your insurance card (including your prescription card) and driver's license/state ID to every appointment. Your office copay is required at time of service as well. If you are unable to pay your co-pay or same day rate, please contact Brooke Conway at 863-4341 ext. 1122 to set up a payment plan or help with enrolling in insurance and/or sliding fee.

#### JANUARY IS CERVICAL CANCER AWARENESS MONTH

When cervical cancer is diagnosed at an early stage the survival rate is 92%.



Women between the ages of 21 and 65 are recommended to have screening every 3 years.

CALL ICMS TO SCHEDULE A WOMEN'S HEALTH APPOINTMENT TODAY  
207-863-4341

## CALL FOR PHOTOGRAPHS!

### 2024 ANNUAL FUNDRAISING CALENDAR

Friends and photographers, it's time to send in your favorite Vinalhaven images! Your contributions to the Islands Community Medical Services Calendar benefit not only ICMS but the entire community.

Send your high-resolution photos to:  
[jsanborn@icmsvh.org](mailto:jsanborn@icmsvh.org)

Deadline for entries is February 17, 2023





### I Shall Go Mad

In the mountains of the Alpuharras Spain where the olive leans against the wind and the ruin of a Moorish citadel protects Granada from the sea

with you in the ground I'll shut myself away and unlock this closet of a heart all the faces will spill around me snatches of conversation cling to the hem of my shawl you'll be with me again and we'll play the world as if continents ranged our back yard and there were no fences

We lived so long among strangers, markets blended into one sound, boulevard cafes became a place to meet the evening in

like some fever coming on in the night we'd back and move at dawn drawn by water, that thin border between land and sky it often stopped us was the reason for stopping we'd let the waves move for us, carry off our burdens leave us peaceful then suddenly we'd cross the sea like messengers delivering ourselves

I shall go mad in the mountains, in that stone house I'll age like wine come spring, I'll pour myself into some gypsy and take up the road again

Paddy Noble

January 29<sup>th</sup> is National Puzzle Day... Crossword, Jigsaw, Sudoku, etc., it's all brain exercise!



### Having a hard time? Not sure who to talk to?

Remember, the Medical Center is here for you with trained therapists available to help you through difficult times.

You can reach Dan Keniston, LCSW at (207) 837-4057.

We have appointments available by telemedicine through Zoom. We are offering a free visit for anyone who is struggling during challenging times. You can call Dan directly.

### Notice

*The WINDS* are available online (on the town of Vinalhaven's website and Vinalhaven Public Poster, occasionally the posting may be delayed) and at local businesses, and *The Wind* boxes at the ferry terminal, Todd's Garage and in front of the post office. Thanks to those who help deliver the Winds around town and to the ladies at the Town Office for their help!

"Problems are messages."  
Shakti Gawain

### THE TAX MEN ARE ARRIVING!

Joe Kruk and his colleague Bob will be on the Island from Friday, January 27, 2023, to Saturday, February 11, 2023, to service your tax needs and other matters.

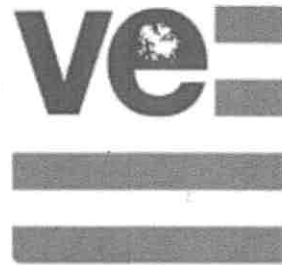
We will be staying at Phil Crossman's cottage behind Camden National Bank this year. Please call John and Debbie Moreland at 863-2782 to schedule an appointment. New clients are welcome. We service all types of tax clients, businesses, and tax matters.

JT Truk Associates LLC  
(718) 300-7513

### Overeaters Anonymous Meeting

6 PM Tuesday  
Downstairs at the Union Church

Compulsive over or under-eating, food addiction, anorexia, bulimia, binge eating or over-exercising...no matter your challenge with food or body image, you will be welcome here and find support for your recovery.

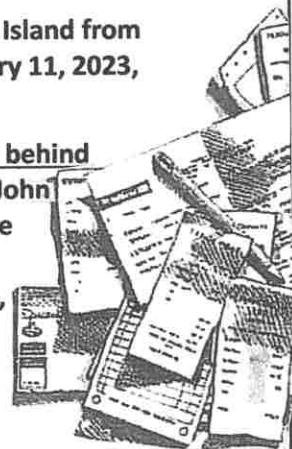


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### Islands Community Medical Services

www.icmsvh.org

Medical Services: 863-4341  
Dental Services: 863-2533  
Counseling: 837-4057  
Billing: (603) 782-8374

### Hours of Operation

**Medical Services**  
Mon, Tues, Weds, Fri: 8am-12noon  
1pm-4pm  
Thurs: 8am-12noon,  
closed Thurs afternoons

**Dental Services**  
Dentist: Wed & Thurs

**Physical Therapy**  
To schedule an appointment, call  
863-4341

**Counseling**  
Dan Keniston, LCSW  
To schedule an appointment, call  
837-4057

**Osteopathic Manipulative Treatment & Acupuncture**  
Stuart Damon, DO  
To schedule an appointment, call  
863-4341

**Women's Health**  
Kathleen Coleman, ANP  
To schedule an appointment, call  
863-4341

**To reach the provider on call:**  
Dial 863-4341 and your call will be forwarded to the answering service. They will take your call and page the provider-on-call for you.

ICMS receives HHS funding and has federal PHS deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and covered individuals. ICMS is a 501(c)3 and contributions to ICMS are tax exempt. This health center is a Health Center Program grantee under 42 USC 254b, and a deemed Public Health Service employee under 42 USC 233

"It is health that is real wealth, and not pieces of gold and silver."  
Mahatma Gandhi



### With building costs soaring, it's time to review your home insurance.

Houses come in many shapes and sizes — and so does homeowners insurance. With homebuilding costs on the rise, it is vital for you to make sure that your house has replacement cost coverage so that you can rebuild as it was before it was destroyed or purchase brand new items if your old ones are damaged or stolen.

Contact us for a free review of your home insurance.

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Auto | Home | Business | Marine **800.898.4423**

Boothbay New Harbor Vinalhaven Rockland Bath Wiscasset

### TO ALL OUR SUBSCRIBERS AND ADVERTISERS

For subscriptions and questions about billing/payments, contact Sue Radley at: [islandlife1950@gmail.com](mailto:islandlife1950@gmail.com)

Ad/article submissions go to Torry Pratt at: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

### AA

Tuesday 7:00 PM  
Zoom meeting ID:  
907 085 8272  
Please contact [vinalhavenaa@gmail.com](mailto:vinalhavenaa@gmail.com) for password or any other questions.

The only requirement for membership is a desire to stop drinking.

"You cannot do a kindness too soon, for you never know how soon it will be too late."  
Ralph Waldo Emerson

### AL-ANON Recovery For Family and Friends of Alcoholics

### 12 Step Meetings

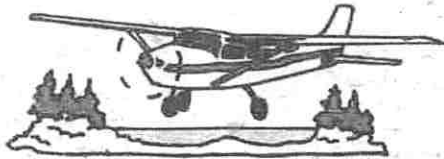
Al-Anon is for anyone impacted by a relative or friend's alcohol dependency, either currently or in the past. Support is provided through literature and meetings, where everything shared remains confidential, as well as the identity of those attending.

To join Vinalhaven meetings online or by phone, 4:30pm Mondays and Thursdays, please email [vinalhavenalanon@gmail.com](mailto:vinalhavenalanon@gmail.com)

Help is also available from Maine Al-Anon [maineafg.org](http://maineafg.org) (207)284-1844 and [al-anon.org](http://al-anon.org)



## PENOBSCOT ISLAND AIR



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### ~Library News~

Visit our website  
[VinalhavenPublicLibrary.org](http://VinalhavenPublicLibrary.org)  
 For New Arrivals, E-books,  
 and More Information



Open  
 Tues, Thurs 1-5  
 Wed, Fri 9-5  
 Sat 9-4

**Game Time!**  
 Feb 4 & 18, 2-4 pm  
 First and third Saturday  
 afternoons each month. Classic  
 and new games. Teen - Adult

**Toddler Time**  
 Wednesdays 10-10:30am  
 Playtime, songs, games and  
 stories.

**Kindermusik**  
 Thursdays 10am  
 for kids ages 1-3

**Lego Club**  
 Thursdays 3-4:00  
 Ages 8-12

**Book to Movie Club**  
 Next meeting Tues, Feb 7 @6pm.  
 We are currently reading The  
 Road by Cormac McCarthy.  
 Join at any time!

### NASA's Day of Remembrance, Jan. 26<sup>th</sup>

(International)

Commemorates the crew  
 members, who gave up their  
 lives in the space missions,  
 Apollo 1, Challenger, and  
 Columbia.

Jan. 28<sup>th</sup> is Christa McAuliffe  
 Day, the first private citizen, a  
 schoolteacher from NH, who  
 was part of the crew who  
 perished in the Challenger  
 disaster.



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### WIND INFORMATION

#### AD SUBMISSIONS:

All items for *The WIND* must  
 be submitted by email to:  
[vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com) prior  
 7 PM Monday night.

NO WALK INS!

Community Calendar ads should  
 be submitted by email to:

[Windnonprofitads@gmail.com](mailto:Windnonprofitads@gmail.com)

#### AD RATES:

Non-Profit \$1.50 per inch  
 For Profit \$3.50 per inch  
 If over, we round up to the next inch  
 Column width: 2.25 inches, three  
 columns per page.

#### FUNDRAISING:

The cost of fundraising ads \$1.50  
 per column inch. You can include  
 payment with your ad or provide  
 your mailing address so we can bill  
 you.

#### NEW ADVERTISERS:

Please include your address for  
 billing purposes.

#### PHOTOS:

Submitted for publications should  
 be no less than 300dpi  
 Cost per photo \$10-40

**PAYMENT:** We do not accept  
 any type of online payment, for ads  
 and notices. (checks and cash)

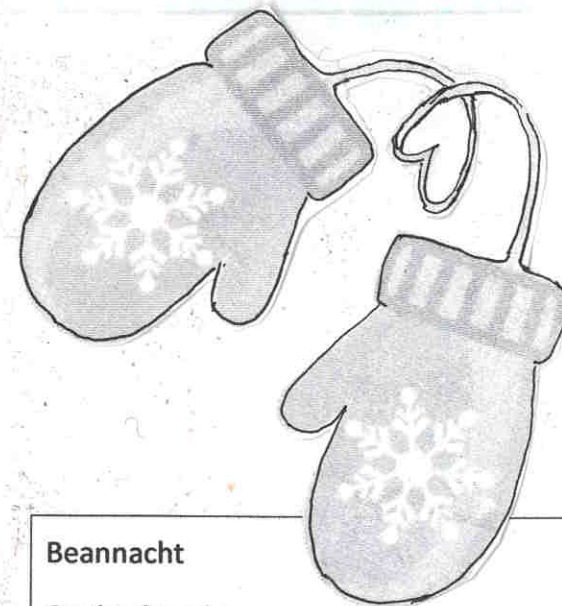
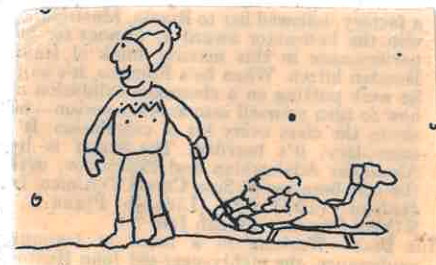
**ACCEPTANCE OF ANY  
 ADVERTISING** does not  
 constitute an endorsement by *The  
 WIND* of said product or service.

*WINDs* can be picked up in front of  
 the Post Office, the ferry terminal,  
 and the box at Todd's Garage.

#### SUBSCRIPTIONS:

For subscriptions send \$55 to: *THE  
 WIND*, PO Box 194, Vinalhaven,  
 ME 04863.

Current subscribers check your  
 address label for the date of renewal



### Beannacht

On the day when  
 The weight deadens  
 On your shoulders  
 And you stumble,  
 May the clay dance  
 To balance you.

And when your eyes  
 Freeze behind  
 The grey window  
 And the ghost of loss  
 Gets into you,  
 May a flock of colours,  
 Indigo, red, green  
 And Azure blue,  
 Come to awaken in you  
 A meadow of delight.

When the canvas frays  
 In the currach of thought  
 And a stain of ocean  
 Blackens beneath your,  
 May there come across the waters  
 A path of yellow moonlight  
 To bring you safely home.

May the nourishment of the earth be yours,  
 May the clarity of light be yours,  
 May the fluency of the ocean be yours,  
 May the protection of the ancestors be yours.

And so may a slow  
 Wind work these words  
 Of love around you,  
 An invisible cloak  
 To mind your life.

~John O'Donohue

Submitted by Andrea Smith

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# Vinalhaven School News



Did you know that just a year or so ago physicist discovered, after 150 years of research, a way to scientifically explain why ice is slippery? While you're looking up the explanation, we want to thank everyone for supporting the decision to close school and keep students off of the slippery roads. Thanks to the road crew staff and Mr. Feezor for going out super early in the morning, checking conditions, and making a decision. We hope that everyone enjoyed the extra break, and we also hope for no more snow days to make up in June!

This week marks the beginning of semester 2 for students at Vinalhaven School.

**Literacy.** The elementary teachers at Vinalhaven School meet almost every week to improve literacy instruction for all students. For students who need additional support beyond the regular classroom instruction, they can receive individualized or small group instruction through our Title 1 program. In our school, and in most schools around the world, students have missed a significant amount of instruction due to covid. So, we are using federal grant funds to give more kids individualized instruction by adding part-time teachers who can teach specific skills. If you are a skilled elementary reading instructor, have a flexible schedule, and would like to consider part-time work, please contact [Tina.Davidson@VinalhavenSchool.org](mailto:Tina.Davidson@VinalhavenSchool.org) and ask for an application! Our goal is to help every student make significant gains in reading by the end of this school year.

If you're *not* a literacy expert, you can still help. Ask a kid what they are reading. Tell them what you're reading. And, maybe read something together. Show them how you sound out words. *Talk about what "new" words mean.* It makes a difference!

**Transportation.** In addition to the bright yellow bus transporting students before and after school, we also use our school vans to transport students to/from specific locations for a variety of individualized reasons. There will be times this year when having extra drivers available will be very helpful. If you are interested in driving a van before or after school, you will need a valid driver's license and a fingerprint/background check. We'll check your driving history to make sure you're a safe driver, and provide you with some safety tips for transporting students. Contact: [Tina.Davidson@VinalhavenSchool.org](mailto:Tina.Davidson@VinalhavenSchool.org).

Sincerely,

Dr. Monte Selby, Principal/Superintendent

## Vinalhaven Hoops



High School				
Date	Opponent	Girl's Start	Boy's Start	Ferry Times
27 Jan (Fri)	HOME Valley	5:30 PM	7 PM	
28 Jan (Sat)	HOME Valley	8:30 AM	10 AM	
1 Feb (Wed)	AWAY Temple Academy game played at Colby College	10:30 AM	Noon	7/3:15
2 Feb (Thu)	HOME North Haven <i>senior rose ceremony night</i>	4:30 PM	6 PM	
4 Feb (Sat)	AWAY Wiscasset	10:30 AM	12:30 PM	7/3:15 PM



PARTNERS in ISLAND EDUCATION

**Applications are OPEN!!**

### Ogden/Chaffey Career Path Grant

*What is it?*

A one-time grant of up to \$500 to help with expenses related to pursuing a career/training: tuition, fees, supplies, travel, etc.

*Who is it for?*

Vinalhaven adults, ages 18-25  
High school diploma not required

*Is there a deadline?*

Applications are accepted on a first come, first served basis. Funding is limited - apply ASAP!

*How do I apply?*

Apply online at: [PartnersInIslandEducation.org/post-secondary-scholarships/](http://PartnersInIslandEducation.org/post-secondary-scholarships/)

*Questions?*

Contact Alice or Julie at:

[PartnersInIslandEducation@gmail.com](mailto:PartnersInIslandEducation@gmail.com)

A Varsity Baseball Coach is needed this spring. If you are interested in applying for this position, please contact Dan Ganoza before Wednesday, February 1st.

[daniel.ganoza@vinalhavenschool.org](mailto:daniel.ganoza@vinalhavenschool.org)

