

The Sand Bar

863-4500 * Dine-In or Take-Out
Open for Lunch, Dinner & Cocktails
Kitchen open 11 am - 8 pm
Closed Mondays

Trivia is back!*

Friday @ 7 pm

*cancelled occasionally if short staffed, check our Facebook page for updates

Order food online @

www.sandbarvinalhaven.com

Cocktails to-go still available!

(Order in-person or by phone)

Check our Facebook page for daily specials & slushie flavors

Submit to The Wind!

We are looking for stories, **anecdotes**, **recipes**, **images**, **SHOUT OUTS**, etc. to include in **THE WIND**. If you have something you would like to share, we would love to include it in future WINDS. Please send to: vinalhavenwind@gmail.com

Kids Trivia Answers

- 1 Lion
- 2 Scabbers
- 3 Nine and three quarter (9 3/4)
- 4 False
- 5 One Hundred Forty-Two 142

Adult Trivia Answers

- 1 Marlon Brando
- 2 Goodfellas
- 3 Heat
- 4 Chicago
- 5 True

Answer to The Old Farmer's Almanac riddle: **LEAVES**

"Why not go out on a limb? Isn't that where the fruit is?"

Frank Scully

Food Pantry Friday, Feb. 3rd.
Please bring your own bags.
Union Church Vestry 1 - 3PM

Vinalhaven Taxi

207-720-0056

Ferry/Airstrip connections.
Here and there on Vinalhaven.
By reservation or by chance.

Jeanne Bineau-Ames



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Definitively Healthy, Freshest Products!

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Bar Harbor Rockland

88 Main St. Island Spirits
Freeport Vinalhaven

www.FIOREoliveoils.com
info@FIOREoliveoils.com

Community Calendar

Community Lunch Box,
Deliveries only on Mondays.

Meals on Wheels, Deliveries start at 11:30 on Wednesdays.

Email events to: windnonprofitads@gmail.com

Cowboy Cookies

- 1/2 cup butter
- 1/2 cup Crisco
- 1 cup sugar
- 1 cup dark brown sugar
- 2 eggs
- 1 tsp baking soda
- 1 1/2 tsp vanilla
- 1/2 tsp salt
- 1 cup flaked coconut
- 2 cups flour
- 2 cups quick oatmeal
- 1 cup mini chocolate chips

Cream together the first four ingredients, then add the next four. When very well combined, add in remaining items. Drop by rounded spoonfuls onto greased cookie sheet and bake at 375°F for 8-10 minutes or until golden brown.

Recipe from Peggy Luther, submitted by her friend, Amy Calkins



Hand-selected wine, cheese, a large selection of Maine craft beer, locally roasted coffee beans, Maine raised meats, gluten free pasta & crackers, lots of chocolate...and more!

**Our Hours:
Tuesday-Saturday
from 11-5**

**Wine tastings
will resume in February!**

32 Main Street
863.2192



P.O. BOX 194, VINALHAVEN, ME 04863

ANNUAL SUBSCRIPTION: \$55



THE ISLAND NEWS WEEKLY

February 2 - February 8, 2023

E-MAIL: vinalhavenwind@gmail.com

...Feb. 5th, is the Full Snow Moon Sunday, 1:29pm (est)



February

Place Mailing Label Here

Congratulations to Arlene Merritt on her marriage to Richard Rumney!

Arlene and Richard were married on December 10th, 2022, at the Salvation Army in Augusta, Maine by Captain Keith Davis. A small reception followed. Arlene was walked down the aisle by her two sons, Lauren Merritt and Lance Merritt, her daughter Alisa Munn stood up with her, and her granddaughter Vanessa Merritt was her ring bearer.

This is a love story that dates back over 30 years ago, where these two dated, and then went their separate ways. A chance encounter, a year ago, brought them back together and they have vowed to never be apart again.

Love truly does conquer all!

Arlene lived on Vinalhaven for many years, raising her children and grandchildren there. Mr. & Mrs. Rumney reside in Rockland.

We, her grandchildren, are so excited to see her so happy!! Congratulations Ma, we love you!! Kristi, Billy & Kira (The Dickey Kids) (their love story was featured on 92 moose and will also be airing on Channel 6 news)

Thank you to FIEC for the quick response to our transformer fire, and getting the power restored. Thank you to Eric and Marjorie, from the cast and crew, for making more comfortable accommodations. **Matt C.**

Did you know... A recently released book, "Living with Mr. Fahrenheit" tells the story of a Portland, Maine couple, Jamie and Lisa Beecher, both first responders. The book, written by Lisa, recounts the time in their lives when Jamie suffered a mental health crisis and the impact it had on their marriage, family and jobs. It is a compelling story about love, loss, and recovery. (Lisa Beecher is Candi Barton's sister).

Feb. 2nd is Groundhog Day



Will winter continue for 6 more weeks? Cloudy & no shadow, an early spring. Sunny & shadow, winter continues!

\$10 Dollar Treasuahh!

Each week a short riddle will be published in *The Wind* that will lead one lucky person (or a team) to a hidden \$10 bill. The prize will always be hidden in an easy to access and safe public place.

"Rules:"

- (1) Solve the riddle
- (2) Find the \$10 dollar bill
- (3) Follow secret instructions to add your name to the winners list!

Week #1 has begun, so let's have some fun!

I'm full of sharp points and interesting stuff

People stare and can't get enough Cards and paper hang on to me tight Fishermen often pass me before first light

Up on a wall I also hang tight....

~Love, Captain Hook



Parents, There will be no bus runs on Tuesday, Feb. 7th. Thank you for understanding.

Town of Vinalhaven Information

www.townofvinalhaven.org

Calendar

Library Board of Trustees— February 2 at 5:00 pm
Planning Board Meeting — February 8 at 7:00 pm

Notices

Want to Learn More about The Downtown Project? Go to www.townofvinalhaven.org/government/pages/downtown-project or email downtownproject@townofvinalhaven.org

2022-2023 Property Taxes — Tax bills were mailed out on September 8, 2022. Tax bills were sent to the owner of record on April 1, 2022. If you sold your property after April 1, 2022, it's up to you to forward the tax bill to the new owner. Payments are due on November 1, 2022, and May 1, 2023. Interest will accrue November 2, 2022 and May 2, 2023. Please call the Town Office at 863-4471 or 863-4343 if you have any questions.

Dog Licenses — All dogs 6 months or older need to be licensed, including visiting dogs in town for 10 days or more. Please bring current rabies certificate and \$6 for spayed/neutered or \$11 for male/female. A new puppy must be vaccinated & licensed once reaching 6 months of age, and if adopting an older dog or if you are just arriving in town, you have ten days to register. There is no late fee for new or newly arriving puppies/dogs if these guidelines are followed.

Transfer Station — No longer accepting waste gasoline.

Single-Stream Recycling — # 1-7 rigid plastics, tin, aluminum, glass, paper, cardboard.

Food Scrap Composting — collection bin located near the household trash container at the Transfer Station. How-To Brochures available at townofvinalhaven.org.

Swap Shop — Used goods recycling at the former Public Works Garage. Open Sat 9am-1 pm and occasional pop-ups.

Hours of Operation & Contact Information

The Town Office is open to the public. Services are also available over the phone, by email, or online. Please contact the Town Office FMI.

Town Office — Mon-Thurs 8am-5pm, Fridays 8am-12pm, 863-4471 or 863-4343, Fax: 863-4393, Mailing and physical address: 19 Washington School Rd., Vinalhaven, ME

Town Manager — Marjorie Stratton, 863-2042, townmanager@townofvinalhaven.org

Town Clerk — Darlene M. Candage, 863-4343, townclerk@townofvinalhaven.org

Assessor — Travis Gould, Hours vary, contact 863-2168 or vinalhavenassessor@gmail.com

Code Enforcement Officer / Local Plumbing Inspector — Faye Grant, Mon-Wed 9am-1 pm, 863-2168, vhceo@townofvinalhaven.org

Public Health Officer — Jen Desmond, Contact the Town Office 863-2042

Welfare Program — Call 863-2042 to set up an appointment

Director of Public Works / Town Garage — Millie Martin, 863-2063, vhdpw@townofvinalhaven.org

Library — Tues, Thurs 1-5pm; Wed, Fri 9am-5pm; Sat 9am-4pm; Sun, Mon Closed; 863-4401, librarian@vinalhavenpubliclibrary.org

Transfer Station — Kenny Martin, Sun, Mon, Wed, Thurs 7:30am-4pm; 863-4306

Fire Department — Marc Candage, Emergency 911, Non-Emergency 863-4604, mcandage@townofvinalhaven.org

Ambulance — Ryan Nizolek, Ambulance Director, Emergency 911, Non-Emergency 863-2119 ambulancedirector@townofvinalhaven.org

Knox County Deputy — Emergency 911, Non-Emergency 594-0677

Animal Control Officer and Harbor Master — James Knowlton, 701-2018

Deputy Harbor Master — Peter Gasperini, 542-1992

The Town Office is trying a new reminder system for vehicle registration! You may receive a postcard in the mail notifying you of your vehicles expiration. This is a trial run to see how it goes!



2023 Dog Licenses

\$25 late fee is now in place for all unregistered dogs!

All dogs 6 months or older need to be licensed by **January 31**. \$6 for spayed/neutered or \$11 for male/female.

New Phone Number!

Animal Control/ Harbor Master James Knowlton has a new number
701-2018

2021 Property Taxes - Notices of Impending Automatic

Foreclosures for 2021 Property Taxes were mailed out. 2021 Tax Liens will automatically foreclose on March 10th, 2023, if NOT paid in full by March 9th, 2023. If Tax Lien forecloses, the Town will OWN YOUR PROPERTY!

Transfer Station

Junk Cars are being removed from the transfer station. When we begin to accept junk cars again, the disposal fee will be \$100 and gas tanks MUST be removed! - See Ken Martin for details

Town Committee Vacancies!

There are several opportunities to serve your community on many Boards and Committees.

Vacancies are:

- Budget Committee — 5
- Appeals Board — 1
- Ferry Tariff Advisory — 1
- Harbor Committee — 1
- Park Commission — 1
- Planning Commission — 1
- Sewer Commission — 1
- Solid Waste — 1



Pastor Jeff Winters

SUNDAY

9:30—Sunday School
Children (Pre-K to 5th) in
Parsonage
Adults in Church

10:30—Fellowship Time

11:00—Worship Service
Nursery Available

WEDNESDAY

6-7 PM—Prayer Meeting and
Bible Study
6-7 PM—Children's Bible Study
(Pre-K to 5th)

THURSDAY

6-7 PM—Youth Group
(4th to 12th)

ALL ARE WELCOME!

20 Fellowship Drive
863-9944
www.obbc-vinalhaven.org

Upcoming events - Union Church vestry

Coffee House
Feb. 18th, 7pm, with live
music, snacks, etc.

Bean Suppers

"Paint it Shoreself"

More information in next
week's Wind regarding these
events.

Union Church

~Welcomes You~

Sunday Services
11:00 am

~
Reverend
Jeffrey Lewis

We are meeting in-person and
on Zoom

Please contact Betsy Walsh at
4124 for Zoom link information

~
Our Sunday School program for
pre-K and up is at 9:30-10:15am
(10:15-10:30am will be snack time)

~
If you would like to donate
to the Union Church, donations can
be mailed to PO Box 249 or visit
our website at:
Unionchurchvh.org

~
Choir Practice is on Fridays, at
3PM All are welcome.

~
Pastoral Care
Reverend Jeffrey Lewis

Silent Meditation

Non-denominational

Upstairs in The Union Church
Tuesdays and Saturdays
5:00-5:30PM
All are Welcome.

The Little Food Pantry...
Is located at The Union Church on
East Main Street. Enter via the
ramp door on the left side of the
building. The pantry is open 24/7.
This food is available to anyone
on Vinalhaven experiencing a
need. No questions asked. Please
call Candi at 863-2001 with
questions.



Pleasant River Chapel
Sunday, February 5, 2023,
will be Communion Sunday.
Jeff Lewis will deliver the
message and officiate the
communion service.

This Service will be held via
Zoom and in person at the
Chapel, For Zoom log-on
info, email
pleasantriverchapel@gmail.com

Breakfast at 8,
Fellowship time at 8:30,
service at 9:00
All are welcome!

If you are interested in using
the Pleasant River Chapel,
please contact Ethel at (207)
863 2272 or by email at
ppedersen1842@gmail.com

For pastoral care:
Bob Candage, 863-4943 or
Pam Kittredge, 863-2022

If interested in using space at
The Union Church, please
contact Candi Barton at 863-
2001 for more information.



CALL FOR PHOTOGRAPHS!

2024 ANNUAL FUNDRAISING CALENDAR

Friends and photographers, it's time to send in your favorite Vinalhaven images! Your contributions to the Islands Community Medical Services Calendar benefit not only ICMS but the entire community.



Send your high-resolution photos to:
jsanborn@icmsvh.org

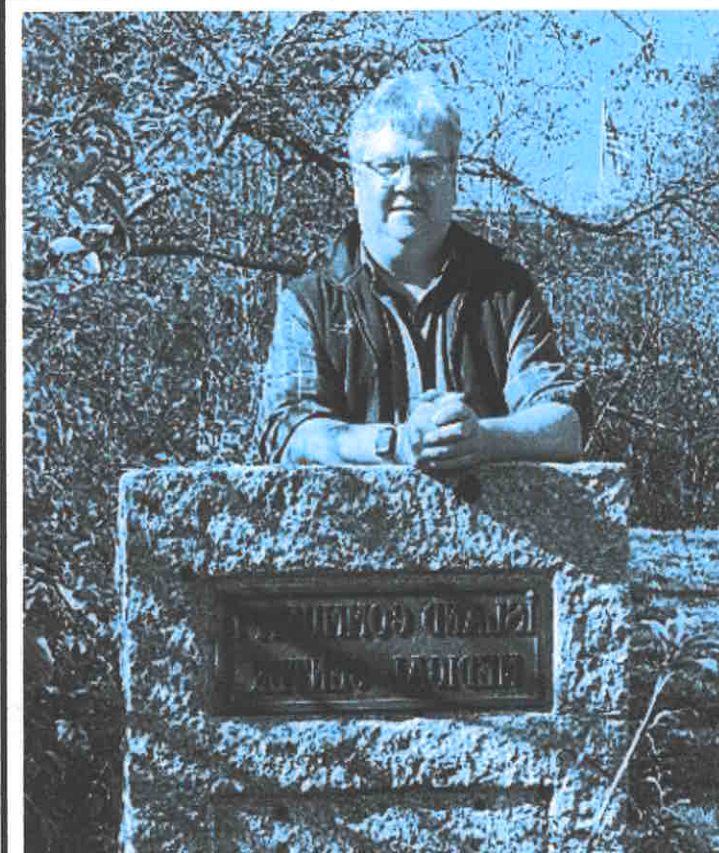
Deadline for entries is February 17, 2023

Do you or a family member currently have health coverage through Medicaid (Maine Care) or the Children's Health Insurance Program (CHIP)?

If so, you may soon need to take steps to find out if you can continue your coverage.

Be on the lookout for a renewal letter in the mail from the Department of Health and Human Services. To ensure you receive this critical piece of mail, make sure your contact information (mailing address, phone number and email) is up to date with Medicaid. Your notice could also go in your mymaineconnection.gov account, so be sure to check that as well.

Our Outreach Enrollment Manager, Brooke Conway, is here to help assist you with reapplying for Medicaid. If you received a termination letter, Brooke can also help you find affordable health coverage through the Marketplace. Please reach out to Brooke at 863-4341 ext. 1122 or email bconway@icmsvh.org to set up an appointment.



Welcome Dr. John Kroger!

Dr. John Kroger and his wife Christina have officially made the move to Vinalhaven!

Dr. Kroger is a graduate of Bates College and Baylor College of Medicine. He completed his residency training in Family Medicine at one of the top family medicine programs, Lancaster General. John and his family moved to Maine in 1993 and he began his work at Swift River Family Medicine in Rumford. He also has served in multiple leadership roles at Rumford Hospital, including Chief of Staff and President of the Medical Staff.

In addition to Dr. Kroger's professional accomplishments, he is a devoted family man. He has 9 children with his wife Christina. His interests lie in camping, skiing, hiking, cooking and writing. John and his family are also very involved in the Greek Orthodox Church in Lewiston since he joined 18 years ago. He has served as the Medical Director for the Greek Orthodox Church camp in New Hampshire for the past 10 years.

"We are looking forward to the upcoming change in my career. My wife has had a dream of living on island since she was a young girl growing up in Greece and my taking this position is a childhood dream of hers come true." -John Kroger

SUPPORT ICMS!

SHOP THE ICMS STORE!

WWW.ICMSVH.ORG/SHOP



Congratulations to Brooke Conway for signing up 65 community members with affordable health insurance coverage!

FEBRUARY IS NATIONAL CHILDREN'S DENTAL HEALTH MONTH

Developing good habits at an early age and scheduling regular dental visits helps children get a good start on a lifetime of healthy teeth and gums.

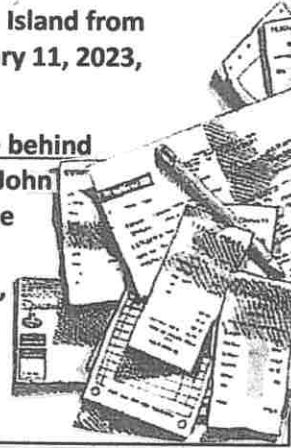
CALL ICMS TO SCHEDULE AN APPOINTMENT TODAY
207-863-2533

THE TAX MEN ARE ARRIVING!

Joe Kruk and his colleague Bob will be on the Island from Friday, January 27, 2023, to Saturday, February 11, 2023, to service your tax needs and other matters.

We will be staying at Phil Crossman's cottage behind Camden National Bank this year. Please call John and Debbie Moreland at 863-2782 to schedule an appointment. New clients are welcome. We service all types of tax clients, businesses, and tax matters.

JT Truk Associates LLC
(718) 300-7513



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RVs & ATVs • Boats / Marine • Commercial / Business

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Vinalhaven, ME 04863
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www.jedwardknight.com

Boothbay Harbor New Harbor Vinalhaven Rockland Bath Wiscasset

~Library News~

Visit our website
VinalhavenPublicLibrary.org
For New Arrivals, E-books,
and More Information



Open
Tues, Thurs 1-5
Wed, Fri 9-5
Sat 9-4

Game Time!
Feb 4 & 18, 2-4 pm
First and third Saturday
afternoons each month. Classic
and new games. Teen – Adult

Toddler Time
Wednesdays 10-10:30am
Playtime, songs, games and
stories.

Kindermusik
Thursdays 10am
for kids ages 1-3

Lego Club
Thursdays 3-4:00
Ages 8-12

Book to Movie Club
Next meeting Tues, Feb 7 @6pm.
We are currently reading The
Road by Cormac McCarthy.
Join at any time!



Feb. 3rd is National
Golden Retriever Day!



Vinalhaven Telephone Directory includes North Haven and Matinicus

View Listing Help

Search for any text/number:

Number of results: 1352

Vinalhaven North Haven Matinicus Businesses ALL

Last name	First name	Home	Address	Map
Adair	Hiram	(207) 863-4148	410 North Haven Rd	
Adair	Robin	(207) 863-4926	North Haven Rd	
Adams	Joseph	(207) 863-2239	The Laurie	

The Phone Book is on the Internet

For those who missed previous announcements, the printed Vinalhaven phonebook has long been replaced by an online version.

Go to the town's website and bookmark it:

townofvinalhaven.org
(Click **Residents / Phone Book**)

Take advantage of it and register:

If you have a home on Vinalhaven, we encourage you to securely register. Registered users can add, correct, and modify their own entry with all sorts of contact information.

One more reason to register:

When logged-in, we now show alternate phone numbers (mobile) and email addresses if made available by other registered users.

Attention business owners and freelancers:

Register and add your searchable yellow page style keywords.

It is free and was created by volunteers - Try it - use it - enjoy!

Second Hand Prose

is CLOSED
all of February
while work is being
done on the building

Hopefully we can
reopen in March

Call Colleen
867-9978 to arrange
to meet for book
donations.

So sorry for the
inconvenience, and
have a warm and
cozy winter:)

Notice

The WINDS are available online (on the town of Vinalhaven's website and Vinalhaven Public Poster, occasionally the posting may be delayed) at local businesses, and **The WIND** boxes at the ferry terminal, Todd's Garage, and in front of the post office. Thanks to those who help deliver the Winds around town and to the ladies at the Town Office for their help!



Word of the Week

Knackered (*adj*) NAK-erd:
Mostly used informally to
mean "very tired or
exhausted." (British English)

Unofficial Official Fun Feb. Days!
4 - National Thank a Mail Carrier
4 - Take your Child to the Library
7 - National Send a Card to a Friend

Avalanched

Fields lay white upon white
a soft moon quivers on ice
chandeliers hang from trees
and she wails against the
passage of time that makes
her blind to the fragile
movement of icicles

She remembers coming in
from the cold, cheeks burnt
red from the wind, mittens
frozen into the shape of her
hands, eyes bright with the
immense light of snow and
the promise of tomorrow's hills
where the squeak of runners
on powder, the quickening
of child and sled would
blur into one fast motion
scream into air so thin
it might break from the joy

There is no end to her happy
memories of snow, the past
much closer than present
the nurse in white waiting
as chandeliers cling to the trees
while she in her window
framed by the night sits
frozen forever in their light.

Paddy Noble

Adult Trivia Gangster Movies

- 1 Who plays the original Godfather?
- 2 Which film is this quote from: "All my life, I wanted to be a gangster"?
- 3 Which films pairs Robert De Niro & Al Pacino on screen for the first time?
- 4 In which city is the film *The Untouchables* set?
- 5 James Cagney never says, "You dirty rat!" in any of his films. True or False?

Homestead Happenings

It has been a while since we have provided any updates in The Wind. We would like to start by saying a big THANK YOU to everyone who has donated to Eldercare. The residents enjoyed a wonderful prime rib for Christmas, along with turkey and several tasty desserts, muffins, cookies, etc. We are very grateful for all donations.

We celebrated 2 birthdays in December here at The Homestead. Louie celebrated his birthday with cake and gifts at lunch, and then a nice family dinner the next day. He enjoyed both very much.

Barb celebrated her birthday with family members who had a special luncheon for her. She also had a small celebration at The Homestead as well. She also enjoyed her special day.

While the weather lately has been windy and cold, the residents have been doing a few arts and crafts to keep busy inside. Louis has been playing cribbage with the staff. No one has won a game with him yet!

Please feel free to stop by anytime for a cup of tea, a game of cribbage, or just to chat. See you at The Homestead!

Feb. 3rd ~ Wear Red Day

To raise and spread awareness in hopes to eradicate heart disease and strokes in millions of women & men.



February is National Cancer Prevention Month

From February 1923, *The Old Farmer's Almanac*

"Often we are covered in wisdom and wit"
And oft with a cloth were the dinner guests sit.

In beauty around you, and over your head,

We are countless, through numbered when bound to be read."

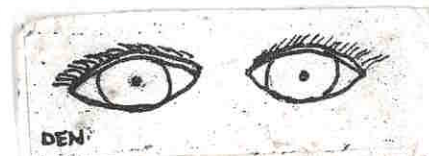
WHAT ARE WE?

(answer in this week's Wind)

... submitted by Larry McIntosh

Kids Trivia-Harry Potter

- 1 What is the emblem of the Gryffindor house?
- 2 What is the name of Ron's pet rat?
- 3 The *Hogwarts Express* departs from which platform at London's King's Cross station?
- 4 Ron has seven siblings. True or False?
- 5 How many staircases are there at Hogwarts?



THE OBSERVER

Unique among marine crustaceans and, in turn, among lobsters—specifically Nephropidae, a clawed lobster, as opposed to lesser and in some cases only distantly related species such as Spiny lobsters—the Maine lobster, an individual nearly as fragmented as this sentence and those that follow, is singularly remarkable when passion calls. Like many of us, a young male passes agonizing years of loneliness and confusion until a female finally releases her pheromone outside his apartment signaling an interest not unlike his own, long neglected but hardly dormant. Intent on consummating this, perhaps the only, opportunity for an amorous experience—not to be confused with a meaningful relationship, although that consequence, subject to interpretation, is often unavoidable—the young male, and this is so remarkable, within seconds grows a large set of defensive appendages and wields them in defense of his beloved, turning back competitors until both the young couple and the dust have settled and a routine, familiar to some of us, develops wherein he discovers it was, after all, a partnership he was looking for and the short-lived antlers, having outgrown, as it were, their usefulness, are shed outside his apartment as a signal to others that a contented male lives within and requires no further enticement. pc



Island Spirits

Hand-selected wine, cheese, a large selection of Maine craft beer, locally roasted coffee beans, Maine raised meats, gluten free pasta & crackers, lots of chocolate...and more!

Join us for our next TWO

Wine Tastings!

- Saturday, 2/11 from 3-5 and
- Tuesday, 2/14 from 3-5

Both tastings will feature Valentine's Day wines that you will LOVE!



Feb. 3rd - 4 Chaplains Day

Commemorates the events of this day in 1943, when these four men of different religious backgrounds acted with heroic sacrifice as the USAT *Dorchester* sank after being torpedoed, saving many. A thought to this day and all, to bring people together despite diverse backgrounds & creeds in recognition of our common humanity.

Vinalhaven Hoops

Reminder
There will be no bus runs on Tues. Feb. 7th. Thank you for understanding.

Date	Opponent	Girl's Start	Boy's Start	Ferry Times
01 Feb (Wed)	AWAY Temple (at Colby)	10:30 AM	12 Noon	7 AM/3:15 PM
04 Feb 23 (Sat)	AWAY Wiscasset	10:30 AM	12:30 PM	3:15 PM
11 Feb (Sat)	HOME North Haven <i>(senior rose ceremony)</i>	11:00	12:30	



February-Black History Month

A celebration of achievements and contributions by African Americans and a time for recognizing their central role in U.S. history.

Burr.!



PARTNERS in ISLAND EDUCATION

FEBRUARY 28, 2023!

That's the application deadline for PIE's Post-Secondary Scholarships!

Vinalhaven College Scholarships

- \$3000 for each year of college – a total of \$12,000!
- Available to graduating VHS seniors of 2023, going to a four-year college, and to VHS graduates of 2022, providing they did not apply in 2022

Ogden/Chaffey Scholarships

- Up to \$2000 in a one-time scholarship to attend a 1 or 2-year college program, or other training/vocational program
- Available to graduating VHS seniors of 2023, and to VHS graduates of 2022 providing they did not apply in 2022
- Type of program is flexible – contact us

If you have ANY plans for post-secondary education, don't miss out on this opportunity!

Visit the PIE website FMI and links to the applications:

www.PartnersInIslandEducation.org

Email: PartnersInIslandEducation@gmail.com

See Allie Heckerd at school: Allie.heckerd@vinalhavenschool.org

Week of January 30th

CONNECT



to **SCHOOL**

Want to know what's going on at school?

Here are some conversation starters!

Ask one of these students about . . .

LOWER ELEM.
2ND grade

INDI CAR ROBOTS

UPPER ELEM.
3RD grade

BLACK HISTORY MONTH
and quilting

MIDDLE SCHOOL
8TH grade

SLOPE-INTERCEPT FORM
and graphing

HIGH SCHOOL
GEOMETRY

REGULAR AND IRREGULAR POLYGONS
and their angles

Look for updates each week!



Islands Community Medical Services

www.icmsvh.org

Medical Services: 863-4341
Dental Services: 863-2533
Counseling: 837-4057
Billing: (603) 782-8374

Hours of Operation

Medical Services
Mon, Tues, Weds, Fri: 8am-12noon
1pm-4pm
Thurs: 8am-12noon,
closed Thurs afternoons

Dental Services
Dentist: Wed & Thurs

Physical Therapy
To schedule an appointment, call
863-4341

Counseling
Dan Keniston, LCSW
To schedule an appointment, call
837-4057

Osteopathic Manipulative Treatment & Acupuncture
Stuart Damon, DO
To schedule an appointment, call
863-4341

Women's Health
Kathleen Coleman, ANP
To schedule an appointment, call
863-4341

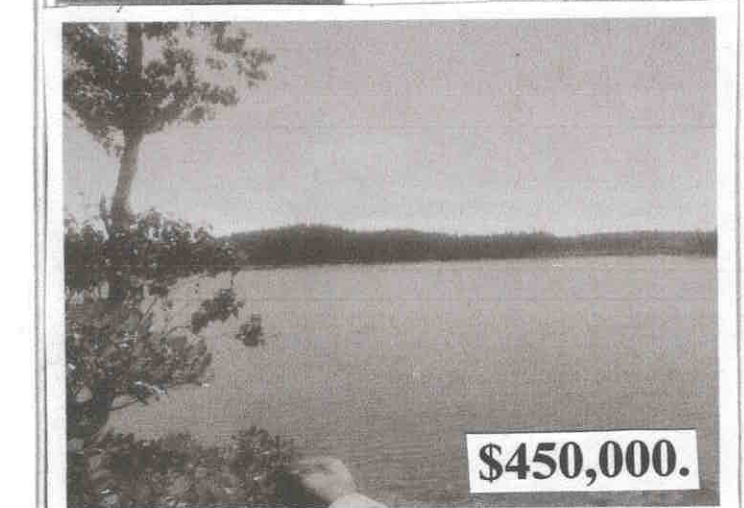
To reach the provider on call:
Dial 863-4341 and your call will be forwarded to the answering service. They will take your call and page the provider-on-call for you.

ICMS receives HHS funding and has federal PHS deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and covered individuals. ICMS is a 501(c)3 and contributions to ICMS are tax exempt. This health center is a Health Center Program grantee under 42 USC 254b, and a deemed Public Health Service employee under 42 USC 233.



\$275,000.

3.9 ACRE TIDAL WATERFRONT ON "THE PRIVILEGE" WITH 964' WATERFRONT SOIL TESTED & SURVEYED. EASY ROAD ACCESS ELECTRIC AT STREET. LOVELY WOODED LOT WITH INTERESTING TOPOGRAPHY. \$275,000.
ASHLEY DAVIS-OAKES 207-213-3788
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\$450,000.

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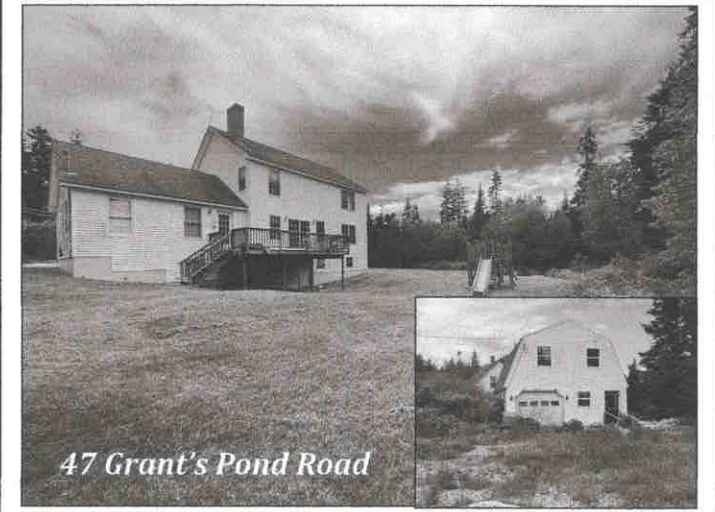
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Notice – Wind Delivery Changel
 With freight changes, The Wind will now be delivered on Wednesdays, unless there is a weather issue, then Fridays. Please send your submissions/emails to:
vinalhavenwind@gmail.com – by Monday, 7PM. Please no walk-ins on Tuesday, due to having to get The Wind ready for print early and to give the printers time for the quick turnaround.



Browntail Moth Awareness Month

February 2023

Browntail Moths (BTM) are a threat to the health and safety of both humans and trees! February 2023 has been recognized as Browntail Moth Awareness Month in Maine to encourage people to take action to reduce the negative impacts caused by this invasive insect. Areas with hardwoods are especially vulnerable to infestations, which lead to long-lasting tree defoliation and branch die-back. The spread of the caterpillar's microscopic, toxic hairs – either from touching a caterpillar or from hairs that have become airborne – can cause trouble breathing and skin irritation similar to poison ivy, which can last for a few hours or up to several weeks. The hairs can remain an irritant for several years!

February and March are the best months to clip and destroy the webs of BTM, before the caterpillars hatch in April or May. Here's what to look for when identifying BTM webs:

- 2-5" long white silk web tightly woven around a leaf or leaves (small brown hairy larvae within dense silk)
- Wrap of white silk tying leaf petiole to twig
- Webs occur more commonly on twig ends (not branch crotches) of oak, apple, shad-bush, cherry, beach plum, and rugosa rose

Keep in mind that for those you can't reach, a licensed arborists may need to be hired. More identification information, images, and videos – as well as a plethora of other helpful BTM resources – are available online at: www.maine.gov/dacf/knockoutbtm

Keep an eye out for additional BTM information from us in the coming weeks!

info@vinalhavenlandtrust.org

Write to Friends

Our shut-in community members always appreciate hearing from friends. Take a moment to write a note and bring a smile to someone's face!

- | | | |
|------------------------|---------------------------|--------------------------|
| Nans Case | Jaquelyn Ames | Marguerite Mills |
| Barb Davidson | c/o Goodwill-Kendall | Southern Harbor |
| Ethelyn Day | Lane House | Eldercare Services |
| Marie Dempster | Freeport, ME 04032 | 12 Pulpit Harbor Road |
| Beth Haskell | | North Haven, ME 04853 |
| Louie Martin | Ann Anthony | Sandra Osgood |
| June Martin | Lucy Wadsworth | Quarry Hill |
| Virginia Olney | Knox Center | 30 Community Drive |
| Calderwood Homestead | 6 White Street | Camden, Maine 04843 |
| 18 Beaver Dam Road | Rockland, ME 04841 | |
| Vinalhaven, ME 04863 | | |
| David Arey | Rosemary Anthony | Frances Philbrook |
| Thornton Hall | 7 North Shore Drive | Washington Manor |
| 58 Baribeau Drive | Owls Head, ME 04854 | 276 Razorville Road |
| Room 223 | | Washington, ME 04574 |
| Brunswick, ME 04011 | Ricki Soaring Dove | Gladys Walls |
| | 3055 Briarcliff Rd NE#328 | 354 Augusta Road |
| | Atlanta, GA 30329 | Washington, ME 04574 |
| | 470-630-3845 (7-8pm) | |
| Dottie Knowlton | Walter Haskell | |
| Windward Gardens | c/o Madison House | |
| 105 Mechanic Street | 93 Military Street | |
| Camden, ME 04843 | Houlton, ME 04730 | |



How You Can Help
 Donate to local service groups

- | | |
|---|--|
| Community Lunchbox
Union Church attn: Lunchbox
PO Box 249
Checks payable to Union Church
Memo line: Lunchbox | Vinalhaven Fuel Fund
Sue Radley attn: Vinalhaven Fuel Fund
14 Lawson's Quarry Rd
Checks payable to Vinalhaven Fuel Fund |
| Meals on Wheels
VES attn: Meals on Wheels
PO Box 624
Checks payable to VES
Memo line: Meals on Wheels | the Brown Door at the Union Church
Union Church attn: Food Pantry
PO Box 249
Checks payable to Union Church
Memo line: Food Panty |
| Vinalhaven Community Outreach
PO Box 15
Checks payable to VCO | Vinalhaven Eldercare
18 Beaver Dam Road
Checks payable to Vinalhaven Eldercare |
| Open Bible Baptist Church
Coronavirus Relief Fund (CVRF)
Open Bible Baptist Church attn: CVRF
PO Box 465
Checks payable to Open Bible Baptist Church
Memo Line: CVRF | Medical Alert Devices
Available through Eldercare
18 Beaver Dam Road
Checks payable to Vinalhaven Eldercare |

Add to all addresses:
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To all organizations, please update information as needed, so that we can print the most recent and needed information

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AL-ANON

Recovery For Family and
Friends of Alcoholics

12 Step Meetings

Al-Anon is for anyone impacted by a relative or friend's alcohol dependency, either currently or in the past. Support is provided through literature and meetings, where everything shared remains confidential, as well as the identity of those attending.

To join Vinalhaven meetings online or by phone, 4:30pm Mondays and Thursdays, please email vinalhavenalanon@gmail.com

Help is also available from Maine Al-Anon maineafg.org
(207)284-1844 and al-anon.org

NOTICE to

New Moms & Dads

Send us a photo (optional) or announcement of your newborn, with his/her name, weight & length and we will put it on the front page of *The Wind*, free.



Having a hard time? Not sure who to talk to?

Remember, the Medical Center is here for you with trained therapists available to help you through difficult times.

You can reach Dan Keniston, LCSW at (207) 837-4057.

We have appointments available by telemedicine through Zoom. We are offering a free visit for anyone who is struggling during challenging times. You can call Dan directly.

Dr. Caron will hold the next Veterinary Clinic

February 16th & March 16th

Upstairs at the
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AA

Tuesday 7:00 PM
Zoom meeting ID:
907 085 8272

Please contact
vinalhavenaa@gmail.com
for password or any other
questions.

The only requirement for membership is a desire to stop drinking.

Overeaters Anonymous Meeting

6 PM Tuesday
Downstairs at the Union Church

Compulsive over or under-eating, food addiction, anorexia, bulimia, binge eating or over-exercising...no matter your challenge with food or body image, you will be welcome here and find support for your recovery.

ve

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islandlife1950@gmail.com

Ad/article submissions go to
Torry Pratt at:
vinalhavenwind@gmail.com

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All items for *The WIND* must
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vinalhavenwind@gmail.com prior
7 PM Monday night.

NO WALK INS!

Community Calendar ads should
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Windnonprofitads@gmail.com

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our last cruise." Robert L. Stevenson

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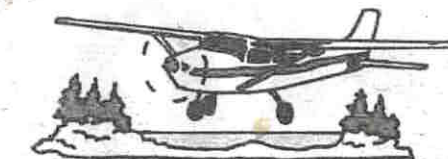


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Tidbits from the Vinalhaven Historical Society

The **Aches & Pains Bowling Teams** met on Friday for their weekly match and enjoyed having the husbands participate in the game. The ladies matched up to the men very well and quite a few laughs were provided by both players and spectators. All adjourned to the home of Mr. and Mrs. Frank Thompson, following the game, for refreshments of sandwiches, jelly doughnuts and coffee
Feb. 10, 1959

Lane & Libby's pair of horses, driven by L. W. Vinal, hauled a load of ice weighing 10,500 pounds.
Feb. 13, 1894

Mr. & Mrs. Herbert Conway entertained at a dinner party at their home last Thursday evening in honor of three family wedding anniversaries. Herb's grandmother and grandfather, Mr. and Mrs. Angus Hennigar observed their 63rd, Herb and Marge their 11th and his brother and wife, Airman and Mrs. Clarence Conway have been married one year. Gifts were exchanged and congratulations offered.
Feb. 4, 1958

Penobscot Bay Frozen Over in 1876 and people walked from the islands to the mainland. It may be of interest to your readers to learn that it was the 50th anniversary of the crossing on the ice of Penobscot Bay on foot by a woman. Feb. 14, 1876. Mrs. James Witherspoon of North Haven walked from her home at Pulpit Harbor to Lincolnville Beach. She was accompanied by her husband's uncle William Thurston. The writer remembers watching them from her home on the North Shore, until they became mere specks on the ice and finally disappeared in the distance. Mrs. Witherspoon, now Mrs. Martin, is living in Camden, in or near a place known as Millville. She might be able to give you some interesting reminiscences of her trip. The writer also remembers watching Samuel Randall of Vinalhaven and another man crossing with horse and sleigh. She also remembers seeing Martin Kiff of Vinalhaven, representative to the Maine Legislature, cross on his way to Augusta, but she cannot remember the date. Earlier than any of these, Simon Annis of North Haven crossed from the North Shore to Islesboro.
Cora Ames February 22, 1926

Mrs. Oscar Olson has recently returned from a trip of several months in Norway where she visited her brothers and sisters and other relatives in Halden, Oslo and Kristiansand and several other cities. She also had the privilege of visiting the new hospital in Halden which the newspapers tell us is the most modern and fully equipped hospital of the present time.
Feb. 28, 1953

Herbert Warren, son of Mr. & Mrs. Leland Warren who has recently returned from Korea where he served with the U. S. Army has received his discharge and returned home.
Feb. 1953

R. G. Babbidge opened his new store on the bridge Monday. His stock includes groceries, fishermen's outfits and an assortment of dry goods. He is assisted by his son Grover as clerk and Cheever Ames on the delivery wagon.
Feb. 8, 1913

Mail carrying among the islands during the winter season, is frequently attended by peril, as Bernard Mossman of Vinalhaven and Roger Raymond of North Haven, learned when the thin ice in the Thororoughfare collapsed and the mail and the two men were plunged into the icy water. Mossman and Raymond were taken to their respective homes, and it was believed this morning that they suffered no ill effects from the dangerous and uncomfortable experience. Attempts to regain the mail are being made today.
Feb. 12, 1943

Miss Barbara Ann Duncan, little daughter of Mr. & Mrs. David Duncan, Jr., celebrated her 3rd birthday on Saturday afternoon by entertaining a group of her young friends at her home. The children passed the afternoon playing and Barbara received many lovely gifts. Lunch of birthday cake, ice cream, cupcakes, crackers and punch were served. Those present were Jeff Chilles, Lennie Skoog, Jill Oakes, Terry Whittington, Sandra, Pamela and Douglas Burgess, Marc Bradley, Bethany Wellington, Wendy Duncan, Mrs. Lucy Skoog, Mrs. Isabel Osgood, Mrs. Edyth Whittington, Mrs. Barbara Burgess, Mrs. Cynthia Oakes, Mrs. Doris Chilles and Mrs. Pat Bradley.
Feb. 25, 1958

The residence of Mrs. Freeman Brown was recently bought by Mr. and Mrs. Vaughn Johnson. The house, which prior to the ownership of Mrs. Brown, was operated as a hotel for many years, known at the Ocean View House, will soon be reopened by Mr. & Mrs. Johnson with the name "The Down Easter."
Feb. 3, 1948

An item which has some food for thought is that a customer of Daniel Green, milkman, who takes a quart of milk a day, saves cream enough in one week to make 1 1/2 pounds of butter and has the milk for use. The high cost of living is somewhat reduced in such cases!
Feb. 11, 1913

Thomas Dickey, son of Mr. & Mrs. Norman Dickey who has been station at Fort Devens, Mass., has been transferred to Camp Polk, Louisiana
Feb. 21, 1953

While unloading coal from the barge *Atlas* for Fernald Ames, Earl Calderwood and Ned Kessell fell from the slip into the water between the barge and wharf. The distance was 25', but fortunately it was high tide. Except for the uncomfortable cold bath, the men received no injuries.
Feb. 15, 1930

A Geological Explanation for Cultural Differenced between Vinalhaven and North Haven

- A hypothesis made up from what I learned on Vinalhaven Land Trust geology walks

-- Banner Moffat

Around 500 million years ago New England was slowly pieced together when chunks of land, "exotic terranes", collided with the rest of what is now North America. North Haven arrived first by millions of years, then Vinalhaven. Vinalhaven residents live on one exotic terrane. North Haven folks live on another, much older one, but that's not it.

Millions of years of weather on Vinalhaven's granite produced a fairly thin blanket of acidic soil. Even more millions of years of weather on North Haven's mostly ancient basalt lava made a richer, less acidic and thicker soil. Plus, in recent history (just 17,000 years ago) the massive Laurentide Glacier pushed down from the north and covered both places with thousands of feet of ice. Purely by chance, as it melted, the glacier dumped a bunch of inland dirt onto North Haven while Vinalhaven got scraped clean, but that's not it.

All this made North Haven a better place to farm. You might notice how many more fields and hardwood trees there are on North Haven. Better dirt and more of it. Also, since North Haven "arrived" at the American continent first, Vinalhaven is more exposed to the Atlantic Ocean weather. North Haven's climate is softened a bit by Vinalhaven "protecting" it and so has a slightly longer growing season. When Europeans started settling the two islands, the geology nudged the inhabitants into different ways of making a living. While there were farms on Vinalhaven, there were more of them on North Haven, and the North Haven Farms were more successful. Vinalhaven farmers struggled more and had to work harder to survive. Now we're getting to it.

Early settlers on Vinalhaven had to concentrate on fishing more than folks on North Haven. Of course, they both had fishermen and they both had farms but cultural differences were forming. Fishing is more solitary and breeds a rugged independence while farming tends to involve the whole family and the community more. Farmers on North Haven tended to be more successful.

But, thanks to geology, there is all that granite on Vinalhaven. North Haven had its good dirt and farms, but Vinalhaven had beautiful, accessible granite. From the early 1800's to the early 1900's, Vinalhaven built a *huge* industry out of it. To mine and work all that granite, immigrants from Europe were imported. They came to Vinalhaven, not North Haven, and the Vinalhaven economy flourished during those granite quarrying years. The Vinalhaven economy was primarily industrial rather than agricultural, and it had a diverse, mostly working-class population. There were strikes, lockouts, workers union activity, anti-immigrant sentiment and attendant political wrangling, but not on North Haven.

At the height of this granite era, urban "rusticators" (summer people) started coming to coastal Maine and buying summer homes. Those rusticators were trying to get away from urban, industrial life so North Haven was more attractive. I imagine Vinalhaven with all the granite quarries scattered around town must have been *noisy!* As noisy as any big city. Rusticators often wanted to buy charming farm houses, and there were more of them on North Haven. With the development of ferries, trains, and highways, it became possible to ship food farther/faster – even out to the islands, and North Haven farms couldn't compete with food from more productive mainland farms. So North Haven farms got sold to summer people. There was more money to be had selling to rusticators from Boston or New York and caretaking for them. Not so much on Vinalhaven. The granite industry economy was so successful, why sell to summer people?

Sure, lots of summer folks came to Vinalhaven eventually, but not till later. Later enough for the cultural differences between the two communities to form. At least that's my theory.

P.S. If you haven't gone on a Land Trust Geology Walk, I recommend it!