

# Island Spirits

Hand-selected wine, cheese, a large selection of Maine craft beer, locally roasted coffee beans, Maine raised meats, gluten free pasta & crackers, chocolates...and more!

**Our Hours:  
Tuesday-Saturday  
From 11-5**

32 Main Street  
863.2192



## Vinalhaven Taxi

207-720-0056

Ferry/Airstrip connections.  
Here and there on Vinalhaven.  
By reservation or by chance.  
Jeanne Bineau-Ames

### Community Calendar

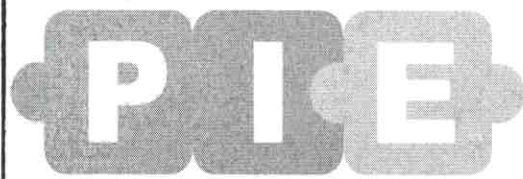
Mondays, Community Lunch  
Box, 11:30, UC  
(on break until mid/end of  
February)

Wednesdays, Meals on Wheels,  
deliveries 11:30, UC

Feb. 2, 6pm, PIE event-Antonio  
Rocha Performance, SHA  
\*\*\*

PRC: Pleasant River Chapel  
UC: Union Church  
SHA: Smith Hokanson Auditorium

Email events  
to: [windnonprofitads@gmail.com](mailto:windnonprofitads@gmail.com)



Adult Kimchi Making Class  
with Ger Liang Tysk of  
Red Kettle Kimchi

Come learn how to make  
kimchi, a traditional Korean  
dish made with fermented  
cabbage

January 27<sup>th</sup> at the Legion  
12 -2:30PM  
\$40

Space Limited  
To Register Email:  
[annie.vh.pie@gmail.com](mailto:annie.vh.pie@gmail.com)

### Kids Trivia Answers

- 1 Static electricity
- 2 Face down
- 3 The lion
- 4 Spinach
- 5 Humpty Dumpty

### Adult Trivia Answers

- 1 Love Story
- 2 The Sound of Music
- 3 Tiny Tim
- 4 Venus
- 5 Levi's

### Nickname Answers

Jimmy Poole (7-Homer), Steve  
Rosen (4-Raisin), Johnny Haskell  
(10-Pesky), Joby Philbrook Jr. (1-  
Ham), Walden Lazaro (3- Jo Jo),  
John Beckman (9-Sneak), Harold  
Davis (5-Hinky), Dicky Hildings (2-  
The Count), Greg Carter (6-B.A.),  
Steve Young (8-Chiz)

"We are only lost if we don't  
reach out." *Aviva Rahmani*

P.O. BOX 194, VINALHAVEN, ME 04863

ANNUAL SUBSCRIPTION: \$55



THE ISLAND NEWS WEEKLY

January 25 - January 31, 2024

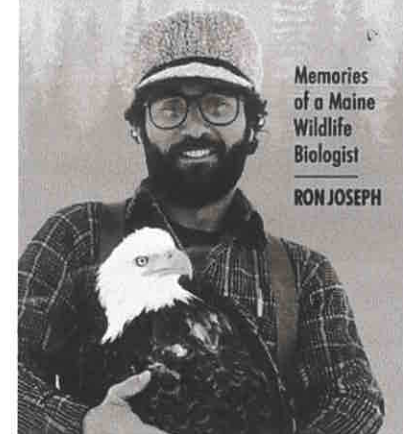
E-MAIL: [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)



## Author Visit

Tuesday Feb 13, 7pm

### Bald Eagles, Bear Cubs and Hermit Bill



Memories  
of a Maine  
Wildlife  
Biologist  
RON JOSEPH

Ron Joseph will share stories  
from his new memoir with a  
series of pictures. His book  
"transports people to the heart of  
rural Maine, where he grew up  
and later pursued a career as a  
wildlife biologist".  
Please come listen to Ron share  
his adventures as a wildlife  
biologist  
[www.vinalhavenpubliclibrary.org](http://www.vinalhavenpubliclibrary.org)

Thank you to Peter and Craig  
for help with the Manger this  
year. Also, to Linnell, once  
again for the hay, and to Kelly  
and Maisie for character  
cosmetics.  
With gratitude, Matthew

I would like to thank Pastor Jeff,  
Andrew & Skylar for helping me  
up after falling, last Thursday.  
Also, to the two gentlemen who  
helped me up on main street. I  
do not know your names...thank  
you all and God Bless. Ede

A belated Happy 97<sup>th</sup> Birthday to  
Marion Tolman (Jan. 15<sup>th</sup>) God  
Bless You!

J.O. Brown & Son was hit very  
hard during the devastating  
storm, major building and  
wharf damage and equipment  
& supply loss. A gfm page has  
been set up -Help Rebuild J. O.  
Brown & Son/gofundme.com  
for more information or you  
can donate by mail at:

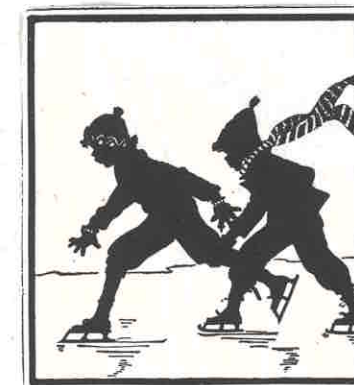
J. O. Brown & Son  
PO Box 525  
North Haven, ME 04853

Please write "donation on the  
memo line. Thank you.

The Wind Ad Box (by the Swap  
Shop is "Closed"- until spring.

Place Mailing Label Here

Reminder for those who have an  
annual subscription to the Wind:  
your expiration date is printed in  
the upper right corner of the  
mailing address label. This date  
will be highlighted when it gets  
close to running out.



**Temporary Wind Delivery Change**  
The Wind is now delivered on  
Wednesdays, unless there is a  
weather issue, then Fridays. Please  
send your submissions/emails to:  
[vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com) -  
by Monday, or call 863-9926, both  
no later than 5pm

Jan. 25<sup>th</sup> is the  
full Wolf Moon  
Thurs., 12:54pm (EST)



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Bar Harbor Rockland  
88 Main St. Island Spirits  
Freeport Vinalhaven

[www.FIOREoliveoils.com](http://www.FIOREoliveoils.com)  
[info@FIOREoliveoils.com](mailto:info@FIOREoliveoils.com)

## The Sand Bar

863-4500 \* Dine-In or Take-Out  
Open for Lunch, Dinner & Cocktails  
11 am - 9 pm (8 pm Sunday)  
Closed Mondays

Trivia Friday @ 7 pm

Order food online @  
[www.sandbarvinalhaven.com](http://www.sandbarvinalhaven.com)  
Cocktails to-go available with  
takeout orders!

Check our Fb for daily specials

Coming soon...Music Bingo!

### Submit to The Wind!

We are looking for stories,  
**anecdotes, recipes, images,**  
**shout outs, etc. to include in**  
**THE WIND. If you have some-**  
**thing you would like to share,**  
**we would love to include it in**  
**future WINDS. Please send to:**  
[vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

## Town of Vinalhaven News

[www.townofvinalhaven.org](http://www.townofvinalhaven.org)

### Calendar

**Cemetery Committee Meeting** - Tuesday, January 30 at 3:30pm

**Budget Committee** - Tuesday, February 6 at 3:30pm

**Board of Selectmen** - Tuesday, February 6 at 5pm

**Planning Board** - Premeeting - Wednesday, February 7 at 7pm

**Planning Board** - Wednesday, February 14 at 7pm

### Hours of Operation & Contact Information

**Town Office** - Mon-Thurs 8am-5pm, Fridays 8am-12pm, 863-4471 or 863-4343, Fax: 863-4393, Mailing and physical address: 19 Washington School Rd., Vinalhaven, ME

**Town Manager** - Marjorie Stratton, 863-2042, [townmanager@townofvinalhaven.org](mailto:townmanager@townofvinalhaven.org)

**Bookkeeper** - Deborah Young, 863-4471, [dyoung@townofvinalhaven.org](mailto:dyoung@townofvinalhaven.org)

**Town Clerk** - Darlene M. Candage, 863-4343, [townclerk@townofvinalhaven.org](mailto:townclerk@townofvinalhaven.org)

**Deputy Clerk** - Elizabeth Bunker, 863-4343, [deputyclerk@townofvinalhaven.org](mailto:deputyclerk@townofvinalhaven.org)

**Assessor** - Travis Gould, 863-2168, [vhassessor@townofvinalhaven.org](mailto:vhassessor@townofvinalhaven.org); Thursdays

**Code Enforcement Officer / Local Plumbing Inspector** - Faye Grant, Mon-Wed 9am-1 pm, 863-2168, [vhceo@townofvinalhaven.org](mailto:vhceo@townofvinalhaven.org)

**Public Health Officer** - Jen Desmond, Contact the Medical Center at 863-4341

**Welfare Program** - Call 863-2042 to set up an appointment with the Town Manager

**Director of Public Works/Town Garage** - Millie Martin, 863-2063, [vhdpw@townofvinalhaven.org](mailto:vhdpw@townofvinalhaven.org)

**Library** - Hours: Tues/Thur 1pm-5pm, Wed/Fri 9am-5pm, and Saturday 9am-4pm; 863-4401, [librarian@vinalhavenpubliclibrary.org](mailto:librarian@vinalhavenpubliclibrary.org)

**Transfer Station** - Open Sun, Mon, Wed, and Thur 7:30-4pm; Not accepting waste gasoline at this time. Kenny Martin or Luther Tolman, 863-4306

**Fire Department** - Marc Candage, Fire Chief, Emergency 911, Non-Emergency 863-4604, [mcandage@townofvinalhaven.org](mailto:mcandage@townofvinalhaven.org)

**Ambulance** - Ryan Nizolek, Ambulance Director, Emergency 911, Non-Emergency 863-2119 [ambulancedirector@townofvinalhaven.org](mailto:ambulancedirector@townofvinalhaven.org)

**Knox County Deputy** - Emergency 911, Non-Emergency 594-0677

**Animal Control Officer and Harbor Master** - James Knowlton, 701-2018

**Deputy Harbor Master** - Peter Gasperini, 542-1992

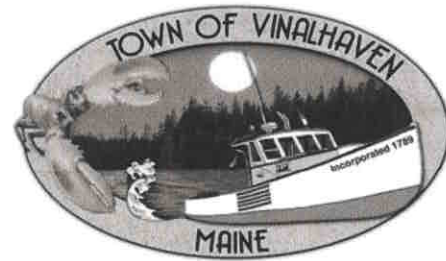
### Notes from the Code Enforcement Office & Planning Board:

In November 2023, the Town voted for revisions to the Land Use Ordinance for the first time since 2009. These notes are to let folks know what is new when it comes to permits and a reminder about other parts of the Ordinance that have always been there

**Piers, Docks, and Floats: All damaged wharves and piers require a site visit review by the Code Enforcement Officer before being restored to pre-damaged condition.**

In addition to Town of Vinalhaven Land Use Standards, there are State and Federal rules regarding building, replacing, or enlarging such waterfront structures. See *Section 16 Land Use Standards, U. Piers, Docks, Wharves...* for more information. Below is a partial list of things to keep in mind for piers in Residential Marine Zones 1, 2, and 3 (most of the island):

The maximum length of all such structures is 160 feet. Piers cannot be longer than either 100 ft. or the length needed to obtain 6 ft. of depth at normal low tide - whichever is less. Maximum width of piers is 6 ft. Maximum width of ramps is 4 ft. Maximum size for floats is 300 sq. ft. Pier decking must be at least 3 ft. above normal high water. Piers and floats cannot interfere with navigation nor mooring areas.



**HELP:** The Town is looking for a rent for the hired island deputy. The current rent is not big enough for his family. We are looking for a three bedroom house that will allow a dog. Please contact the Town Manager with any leads. Thank you!

### IMPORTANT REMINDERS:

**2024 Dog Licenses are due! A \$25 late fee will be added as of February 1!** All dogs 6 months or older need to be licensed, including visiting dogs in town for 10 days or more. Please bring current rabies certificate and \$6 for spayed/neutered or \$11 for male/female. A new dog must be vaccinated & licensed once reaching 6 months of age, and if adopting an older dog or if you are just arriving in town, you have ten days to register. There is no late fee for new or newly arriving dogs to Vinalhaven if these guidelines are followed.

**2022 Property Taxes - Notice of Impending Automatic Foreclosure** 2022 Tax Liens will automatically foreclose on March 19, 2024 if not paid in FULL by March 18, 2024. If the tax lien forecloses, the Town will OWN YOUR PROPERTY!

**2023-2024 Taxes** - The first half of 23-24 property taxes were due November 1, 2023. Interest accrues daily until payment is received! The second half is due May 1, 2024.

**Budget Committee Member Wanted:** The Budget Committee is looking for one more member! This five member board only meets between January and April (possibly into May). There is one current vacancy with a term expiration of June 2025. Please contact the Town Office if you are interested! Thank you!

## Union Church

~ Welcomes You ~

Sunday Services

11:00 am

~  
Reverend  
Jeffrey Lewis

We are meeting in-person and on Zoom  
Please visit [unionchurchvh.org](http://unionchurchvh.org) for link and more information

~  
Sunday School  
9:30am-10:30am

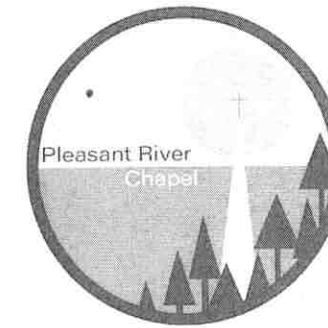
~  
If you would like to donate to the Union Church, donations can be mailed to PO Box 249 or visit our website at: [unionchurchvh.org](http://unionchurchvh.org)

~  
Choir Practice is on Fridays,  
at 3PM All are welcome.

~  
Pastoral Care  
Reverend Jeffrey Lewis



"If you are in a beautiful place where you can enjoy the sunrise and sunset, then you are living like a lord."  
Nathan Philips



Pleasant River Chapel  
Sunday Service will be held on Sunday, January 28, 2024. This is a sharing Sunday. Come and share a favorite poem, a story, or a biblical passage or a scripture

This service will be held via ZOOM and in person at the Chapel. For Zoom Information log-on info, email [pleasantriverchapel@gmail.com](mailto:pleasantriverchapel@gmail.com)

Breakfast is at 8, fellowship time is at 8:30, and service is at 9. ALL are welcome. Extra food for the food table is always appreciated.

Pleasant River Chapel is always open during the day; come and enjoy the peacefulness of Pleasant River.

If you wish to use Pleasant River Chapel, please get in touch with Ethel Jones at 863-2272 or by email [kjrfmy3@aol.com](mailto:kjrfmy3@aol.com).

For pastoral care: Bob Candage, 863-4943 or Pam Kittredge, 863-2022.

If interested in using space at The Union Church, please contact Candi Barton at 863-2001 for more information.



## Pastor Jeff Winters

### SUNDAY

9:30—Sunday School  
Children in the Parsonage  
Adults in the Church

10:30—Fellowship Time

11:00—Worship Service

### WEDNESDAY

6-7 PM—Prayer Meeting and Bible Study  
6-7 PM—Children's Bible Study (Pre-K to 5<sup>th</sup>)

### THURSDAY

6-7 PM—Youth Group (4<sup>th</sup> to 12<sup>th</sup>)

**ALL ARE WELCOME!**

20 Fellowship Drive  
[www.obbc-vinalhaven.org](http://www.obbc-vinalhaven.org)

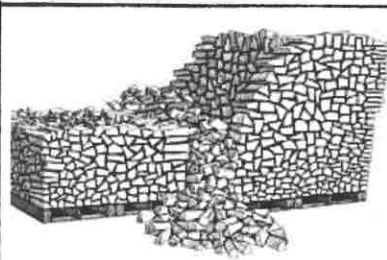


### Silent Meditation

Non-denominational

Upstairs in The Union Church  
Tuesdays and Saturdays  
5:00-5:30PM  
All are Welcome.

Jan. 26 is National Spouse Day...  
Celebrate your better half & let them  
know how much you love them!



**For Sale**

Split Dry Spruce  
\$150.00

Delivery  
\$50.00

Please call 867-4866  
OR  
207 450-1937



**1/27 - Vietnam Peace Day**  
Marks the day that the U.S., Viet  
Gong & N. Vietnam signed the  
Paris Peace Accords. Honoring &  
paying tribute to the hundreds of  
thousands of lives lost in the  
course of this war.

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Caretakers**

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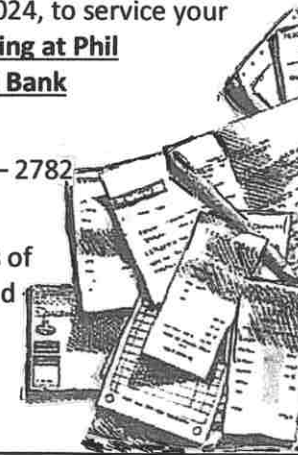
**THE TAX MEN ARE ARRIVING!**

Joe Kruk and his colleague Bob will be on the Island from Friday,  
February 2, 2024, to Saturday, February 10, 2024, to service your  
tax needs and other matters. **We will be staying at Phil  
Crossman's cottage behind Camden National Bank  
again, this year.**

Please call John and Debbie Moreland at 863 - 2782  
to schedule your appointment

New clients are welcome. We service all types of  
tax clients (not only fishermen), businesses and  
tax issues.

JT Kruk Associates LLC  
(781) 300-7513



**Conways Celebrate Anniversaries**

VINALHAVEN — Mrs. Eleanor Conway  
entertained a group at a dinner party at her  
home last Friday evening in observance of  
the wedding anniversaries of her sons and  
their wives, Clarence and Muriel Conway  
on their 25th and Herbert and Marjorie  
Conway for their 35th.

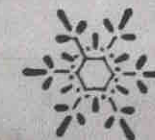
Those attending the dinner, in addition to  
guests of honor and hostess, were Mr. and  
Mrs. Dale Conway with children Tawnya  
and Heath, Stanley Conway and William  
Wood, from East Hartford, Conn.; Mrs.  
Alan Barker and children, Kelsey and Alan  
II, from Fort Dix, N.J.; Mr. and Mrs.  
William Minor and Mrs. Madeline Smith,  
Vinalhaven.

Later Mr. and Mrs. Lamont Oakes, Ed-  
ward and Sharon Conway, Cynthia Dyer  
and Pamela Conway dropped by to enjoy  
the evening. Anniversary cake and ice cream  
were served.

The party was especially for Clarence

and Muriel Conway for their Silver Anni-  
versary. They were the recipients of a special  
gift, a silver colored ladder money tree.  
Each step of the ladder had money arranged  
in fan form. On the side of the ladder was  
printed the names Conway and Chilles,  
appropriate as Clarence Conway and Paul  
Chilles work together as contractors on the  
island. Timothy Dyer made the ladder, while  
his wife Cynthia decorated and cleverly  
arranged the money.

Both couples were well remembered  
with gifts and cards to mark these special  
occasions.



**DOUBLE ANNIVERSARIES** — Clarence and Muriel Conway, left, celebrated their  
25th wedding anniversary and Marjorie and Herbert Conway marked their 34th year  
of marriage at a dinner party hosted by Mrs. Eleanor Conway, the grooms' mother,  
at her Vinalhaven home.

Courier Gazette - January 28, 1982

Photo by Minor

For cutting, clearing, burning,  
blow downs, house lots, etc.

Call Greg Hopkins 975-3679.

Years of experience and  
references.



Heated Garage/storage units  
for lease on the mainland, just 1  
block from the ferry terminal.  
Corner of Granite & Union St.  
[Admin@RockHarborManage  
ment.com](mailto:Admin@RockHarborManagement.com)

A long time ago in a land far  
away, Pennsylvania, I went to  
visit my friend, Don Frye.  
He was living in a hunting cabin  
that had been built by some  
doctors. It had a gorgeous stone  
fireplace and one bedroom.  
Upon my arrival, Don told me he  
had plans for that night, but that  
I was invited to dinner next-door  
at his landlady's house.  
Really?

After introductions were made,  
and Don departed, I was very  
fortunate to make the acquaint-  
tance of a wonderful cook, and a  
World War II surviving pilot, who  
had fabulous stories and a den  
full of photographs and memora-  
billia.

Upon Don's return, we had a  
drink with them and then walked  
over to his house. He was kind  
enough to offer to sleep on the  
couch so I could sleep in his bed.  
Little did I know that his two  
cats would launch themselves  
from a platform high above the  
bed every few minutes and wake  
me up.

It's not often that a bed beats a  
couch in a card game.  
Thank you, Uncle Don, for the  
memories and nightmares. cc



**Elin Elisofon - Realtor**

Buyers and Sellers Agent

207-867-4866 • 207-450-1937

[elin@islandheritagehomes.com](mailto:elin@islandheritagehomes.com)

[www.islandheritagehomes.com](http://www.islandheritagehomes.com)

**80 Pequot Road - Vinalhaven**



This is a lovely year-round three bedroom  
cottage set back from the road on almost  
a half acre of land. It is close to Booth's  
Quarry, a popular town owned swimming  
quarry. The two story gambrel roof barn  
was built in 2007. It is close behind the  
residence and measures 16' by 20'. It has  
double doors facing the residence, double pane  
windows and is almost completely insulated.  
There is ample room for a garden and other  
outdoor activities. Stone walls border the  
boundaries. Offered for \$229,000.



Serving the islands of Vinalhaven, North Haven, and Islesboro

# Vinalhaven Basketball

High School				
Date	Opponent	Girl's Start	Boy's Start	Ferry Times
25 Jan (Thu)	HOME Pine Tree	6 PM		
26 Jan (Fri)	HOME Pine Tree	8:30 AM		
27 Jan (Sat)	AWAY Temple	10:30 AM	12 Noon	7 AM/3:15 PM
29 Jan (Mon)	HOME North Haven	11 AM	12:30 PM	
01 Feb (Thu)	HOME Temple *Senior Rose Ceremony	11:30 AM	1 PM	
03 Feb (Sat)	AWAY Islesboro	10 AM	11:30 AM	7 AM/3:15 PM
05 Feb (Mon)	AWAY North Haven	11:30 AM	1 PM	9:30 AM (Thoroughfare)

Busline (Grades 5-8)			
Date	Opponent	Start Time	Ferry Times
TBD	AWAY North Haven	11 AM (Girls)	7 AM/1:30 PM
31 Jan (Wed)	Potential playoff games	Stay tuned...	



## School Administrative District 8 Board Meeting

Wednesday, January 24, 2024

5:15PM Business Meeting / 5:30 Regular Meeting

Location: VH Middle School

- I. Call of the Roll
- II. Approval of minutes – January 3, 2024, minutes - Motion
- III. Persons desiring to address the Board
- IV. Approval of the January 24, 2024, agenda - Motion
- V. Board Chair
- VI. Personnel –
- VII. Principal's Report –
  - a. 24-25 School Calendar
- VIII. Superintendent Report -
  - a. 24-25 Budget timeline
  - b. Leadership updates
- IX. Questions of Board Members
- X. Policy Consideration
- XI. Old Business
- XII. New Business
  
- XIII. Set date for February 2024 policy meeting and February board meeting
- XIV. Adjourn

Topic: School Board Meeting Time: January 24, 5:30 PM Eastern Time (US and Canada)

Join Zoom Meeting – <https://networkmaine.zoom.us/j/3280774764>

Meeting ID: 328 077 4764 Dial In +1 646 876 9923 US (New York)

### WIND INFORMATION

For ads, notices, community calendar & subscriptions..:

#### AD/NOTICE SUBMISSIONS:

These items must be submitted to *The Wind* by email to:

[vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com)

prior to **7PM Monday night** (or call Torry @ 863-9926, no later than 5PM, Sunday for options)

NO WALK-INS PLEASE

#### COMMUNITY CALENDAR:

ads should be submitted by email to:

[Windnonprofitads@gmail.com](mailto:Windnonprofitads@gmail.com)

#### AD RATES:

Non-Profit \$1.50 per inch, per column  
For Profit \$3.50 per inch, per column  
If over, we round up to the next inch.  
Column width: 2.25 inches, three columns per page.

#### FUNDRAISING:

The cost of fundraising ads is \$1.50 per column inch. Please provide your mailing address for billing.

#### NEW ADVERTISERS:

Please include your address for billing purposes.

#### PHOTOS:

Submitted for publications should be no less than 300dpi

**PAYMENT:** We do not accept any type of online payment, for ads and notices. (checks and cash)

**ACCEPTANCE OF ANY ADVERTISING** does not constitute an endorsement by *The WIND* of said product or service.

#### SUBSCRIPTIONS:

Renewals, updates & subscription questions... contact Sue Radley at:

[islandlife1950@gmail.com](mailto:islandlife1950@gmail.com)

*WINDs* can be picked up in front of the Post Office, the ferry terminal, the box at Todd's Garage and other various locations

For subscriptions send \$55 to: **THE WIND**, PO Box 194, Vinalhaven, ME 04863.

Current subscribers check your address label for the date of renewal

"Stay committed to your decisions but stay flexible in your approach." *Tony Robbins*

~JANUARY AWARENESS MONTH~

NATIONAL THANK YOU

NATIONAL BOOK BLITZ

NATIONAL CELEBRATE LIFE

## SHOP & SUPPORT OUR FUNDRAISER

[www.RadaFundraising.com](http://www.RadaFundraising.com)

Please search for our group name:

American Legion Auxiliary Unit 18

More than 100 exceptional products priced under \$15!



If you need assistance, please call Betsy at 207-863-4124

#### Kids Trivia

- 1 What kind of electricity is produced when you rub a balloon against your hair?
- 2 Are you face up or face down if you are doing the dead man's float?
- 3 What animal is known as The King of Beasts?
- 4 What's Popeye's favorite food?
- 5 What famed fictional character "had a great fall" & went to pieces?

#### Adult Trivia

- 1 What was Eric Segal's 1st novel?
- 2 What musical was the top-grossing film of the '60s?
- 3 Who tiptoed on as the mystery guest on *What's My Line* on Oct. 2, 1969?
- 4 What was the 1st planet to be struck by a man-made object?
- 5 What pants sport a trademark patch showing the patent date of May 20, 1873?

#### 1/28 - Christa McAuliffe Day

Former Concord, NH teacher, lost her life, with other crew members, Jan. 28, 1986, when the NASA shuttle, Challenger exploded post take-off. She was in the Teacher in Space Program.

#### Vinalhaven Nickname Match Game

- |             |                    |
|-------------|--------------------|
| 1 Ham       | Jimmy Poole        |
| 2 The Count | Steve Rosen        |
| 3 Jo Jo     | Johnny Haskell     |
| 4 Raisin    | Joby Philbrook Jr. |
| 5 Hinky     | Walden Lazaro      |
| 6 B.A.      | John Beckman       |
| 7 Homer     | Harold Davis       |
| 8 Chiz      | Dicky Hildings     |
| 9 Sneak     | Greg Carter        |
| 10 Pesky    | Steve Young        |

Can you match the nicknames to the real names of people who are with us and of those who have passed. Answers in this week's Wind and more nicknames to follow in future Winds...

...contributed by Lee Osgood



Islands Community Medical Services

## CERVICAL CANCER AWARENESS MONTH

January is cervical cancer awareness month and ICMS is here to provide you with quality care as you prioritize your health in 2024. Cervical cancer is caused by the human papillomavirus (HPV). There are more than 100 different strains of HPV, certain strains of the virus cause warts on the hands and the feet, other strains are sexually transmitted. While most HPV infections do not cause cancer, some sexually transmitted strains of HPV can cause cancer of the cervix, as well as in the throat and genitals of people of any gender. HPV is transmitted through skin to skin contact and nearly all Americans, regardless of gender, will get sexually transmitted HPV in their lifetime.

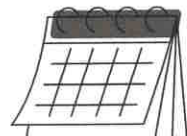
HPV causes 36,000 cases of cancer in men and women each year. The Gardasil vaccine is the only vaccine that prevents cancer, and it is recommended for all girls and boys starting at age 11. The vaccine will protect them from over 90% of HPV-related cancers for life. The Gardasil vaccine is available for free at ICMS for Maine residents through age 18. Some adults may also choose to be vaccinated after a consultation with their healthcare provider. It is recommended that people with a cervix begin screening for cervical cancer starting at age 21 with a PAP smear.

Please call us on 863-4341 to schedule your cervical cancer screening or Gardasil vaccine for the young person in your life today.

### 2024 CALENDARS ARE IN!

The 2024 ICMS calendar has arrived!

Calendars are \$25 each, which includes shipping. If purchased at the Medical Center, they are only \$20.



Order now online at:  
<https://www.icmsvh.org/shop>

### THANK YOU DONORS!

ICMS would like to thank all those who donated during our winter campaign!

Your gift will help ICMS close the gap in our operating funds and provide critical support to ensuring ICMS services exist into the future!



### REMINDER

Please arrive 15 minutes early to your appointment in order to complete your yearly paperwork.



You will need your insurance card and co-pay at time of visit.



Islands Community Medical Services

[www.icmsvh.org](http://www.icmsvh.org)

Medical Services: 863-4341  
Dental Services: 863-2533  
Counseling: 837-4057  
Billing: (603) 782-8374

#### Hours of Operation

##### Medical Services

Mon, Tues, Weds, Fri: 8am-12noon  
1pm-4pm  
Thurs: 8am-12noon,  
closed Thurs afternoons

##### Dental Services

Dentist: Wed & Thurs  
Hygienist: Tues, Weds, Thurs.

##### Physical Therapy

To schedule an appointment, call  
863-4341

##### Counseling

Dan Keniston, LCSW  
To schedule an appointment, call  
837-4057

##### Osteopathic Manipulative Treatment & Acupuncture

Stuart Damon, DO  
To schedule an appointment, call  
863-4341

##### Women's Health

Vanessa Shields-Haas, FNP-BC  
To schedule an appointment, call  
863-4341

#### To reach the provider on call:

Dial 863-4341 and your call will be forwarded to the answering service. They will take your call and page the provider-on-call for you.

ICMS receives HHS funding and has federal PHS deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and covered individuals. ICMS is a 501(c)3 and contributions to ICMS are tax exempt. This health center is a Health Center Program grantee under 42 USC 254b, and a deemed Public Health Service employee under 42 USC 233

#### Word of the Week

Tussie-mussie (n) tuhs-ee-muhs-ee: A small bunch of flowers or herbs.



Congratulations to my dad, Captain Bill Dickey on his retirement from the Maine State Ferry Service.

My dad has worked for the Ferry Service my entire life. He has worked every boat, and all islands.

Captain Bill taught me at a young age what work ethic is and how important it is to follow your dreams. He taught me to work hard, and to always do your best.

I have always been proud of my dad, he is a good man, a respectable man, and one of the hardest workers I have met.

Captain Bill grew up on Vinalhaven, raised his family on Vinalhaven, and as Captain he always kept the island people in mind, and never took the hurdles that an islander may face, for granted, when it came to getting across the bay. His job was always of utmost importance to him, and he took getting people across safely as top priority.

If my dad was in the wheelhouse, you knew you were in good hands.

Captain Bill has retired from the State of Maine and will follow his dream of living in Florida. I don't think you will ever see him slow down, as it is not in his blood. You may just see him, in the wheelhouse of another ferry, in the sunny south.

I love you dad, and beyond proud of you for working hard your entire life to live out your dream of moving to Florida. You know I'll be down to visit.

Love,  
Kristi Sheridan

There will be no retirement party, per his wishes, but if you would like to message him, or send a card please text me, [Kristi at 207-542-2893](tel:207-542-2893) or email: [KSheridan71530@yahoo.com](mailto:KSheridan71530@yahoo.com)



PARTNERS in ISLAND EDUCATION

**FEBRUARY 28, 2024!**

*That's the application deadline for PIE's Post-Secondary Scholarships!*

**Vinalhaven College Scholarships**

- \$3000 for each year of college – a total of \$12,000!
- Available to graduating VHS seniors of 2024, going to a four-year college, and to VHS graduates of 2023, providing they did not apply in 2023

**Ogden/Chaffey Scholarships**

- Up to \$2000 in a one-time scholarship to attend a 1 or 2-year college program, or other training/vocational program
- Available to graduating VHS seniors of 2024, and to VHS graduates of 2023 providing they did not apply in 2023
- Type of program is flexible – contact us

**If you have ANY plans for post-secondary education, don't miss out on this opportunity!**

Visit the PIE website FMI and links to the applications:

[www.PartnersInIslandEducation.org](http://www.PartnersInIslandEducation.org)

Email: [PartnersInIslandEducation@gmail.com](mailto:PartnersInIslandEducation@gmail.com)

See Allie Heckerd at school:

[Allie.heckerd@vinalhavenschool.org](mailto:Allie.heckerd@vinalhavenschool.org)



**~Library News ~**

(207) 863-4401

**WINTER HOURS**

Tues, Thurs 1-5

Wed, Fri 9-5

Sat 9-4

**LEGO Club**

3<sup>rd</sup> Grade 1<sup>st</sup> and 3<sup>rd</sup> Thursdays

4/5 Grade 2<sup>nd</sup> and 4<sup>th</sup> Thursdays

3-4 pm

**Toddler Time**

Wednesdays 10am

**Kindermusik**

Thursdays 10am

**Story Time**

Saturdays 10am

**Game Time**

Saturdays 2-4

Chess, checkers, Scrabble, Uno, Battleship, cribbage, puzzles, Life, Vintage Vinalhaven-opoly, Dominion and lots more... Bring a friend and play a game!

**Coming in Feb**

Feb 13, 7pm Author visit with

Ron Joseph

**Digital Skills Class**

IPhone Basics: Feb 28,29,

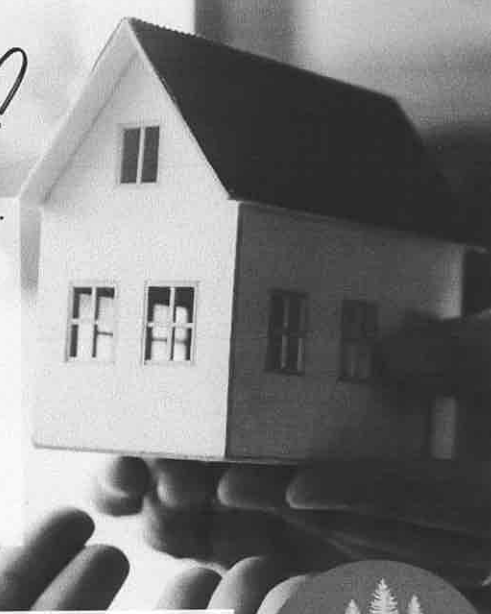
March1 (3 class series, 10:30am)

[www.vinalhavenpubliclibrary.org](http://www.vinalhavenpubliclibrary.org)

**National Geographic Day  
January 27<sup>th</sup> - homage to  
the Nat. Geographic Mag-  
azine, which has been up &  
running for over 100 yrs.**

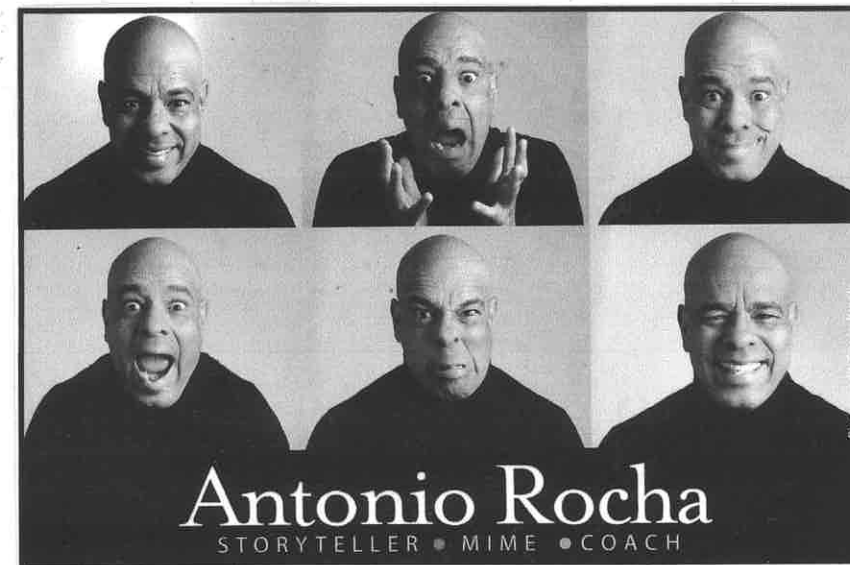
*Is now a good time to  
list your home?*

- Low inventory- less competition. Today there are only **4 residential listings** on VH
- Interest rates have come down which **strengthens** the purchasing power of many buyers.
- Back-log of qualified buyers **looking for a home today!**



**We're here to support you on your home buying & selling journey**

Claire Jackson- Conlan  
Designated Broker 207-401-8242  
[claire@rockcoastrealty.com](mailto:claire@rockcoastrealty.com)



**Antonio Rocha**  
STORYTELLER • MIME • COACH

**Special Community Performance!**

Friday, February 2

6:00 pm

Smith Hokanson Auditorium

Vinalhaven School

Antonio will be an artist-in-residence working with all ages

January 29<sup>th</sup>-February 2<sup>nd</sup>



*This event is free. Your donations support  
Vinalhaven School Enrichment programs like this one!*

**Davidson Realty  
Vacation Rental Advertising**

*Do you manage your own rental and  
want more advertising exposure?*

**We can help!**

*Call or email for information.*

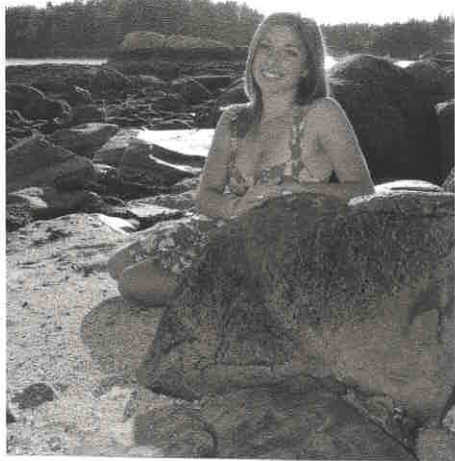


[info@davidson-realty.com](mailto:info@davidson-realty.com)

207.863.2200

[maineislandliving.com](http://maineislandliving.com)

**SENIOR PROFILE  
CLASS OF 2024  
Meagan Davis**



**Age/Birthday:** April 4, 2006, and I am 17.

**Who are your parents and siblings?**  
Dwayne Davis and Farrah Swears and my siblings are Marina and Corbin Davis.

**What are your hobbies/extra-curricular?**  
Napping and softball

**Favorite book or other reading material:** I don't have one.

**Favorite movie/TV show:** Floribama Shore

**Do you listen to podcasts?** No

**What is a favorite childhood memory?**  
Beating up my sister.

**If you could spend one year after school doing anything you want, what and where would it be?** I would want to travel around the world.

**If you could visit one place in the world, where would it be?** I would go to Paris to see the Eiffel Tower.

**Favorite song and/or band:** The Night is Still Young by Nicki Minaj.

**Favorite animal(s):** Baby cows

**Favorite food:** Tacos

**Just for fun, I... sleep.**

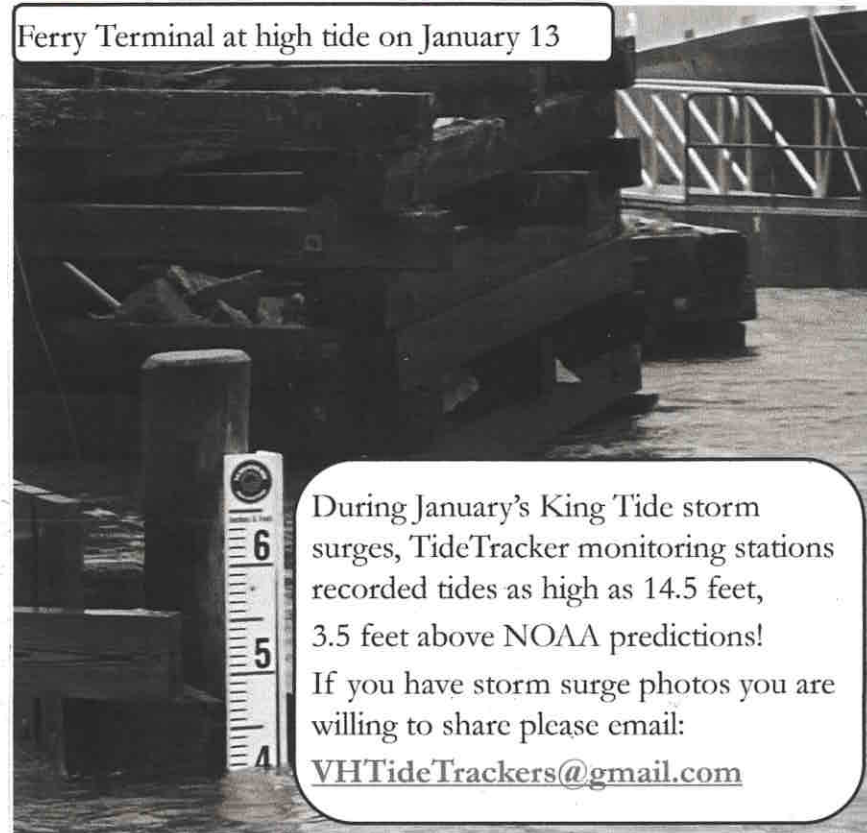
**Favorite course in school:** Gym

**Best school memory:** Science class with Maddie.

**In school what would you be voted most likely to do?** Worst Driver!

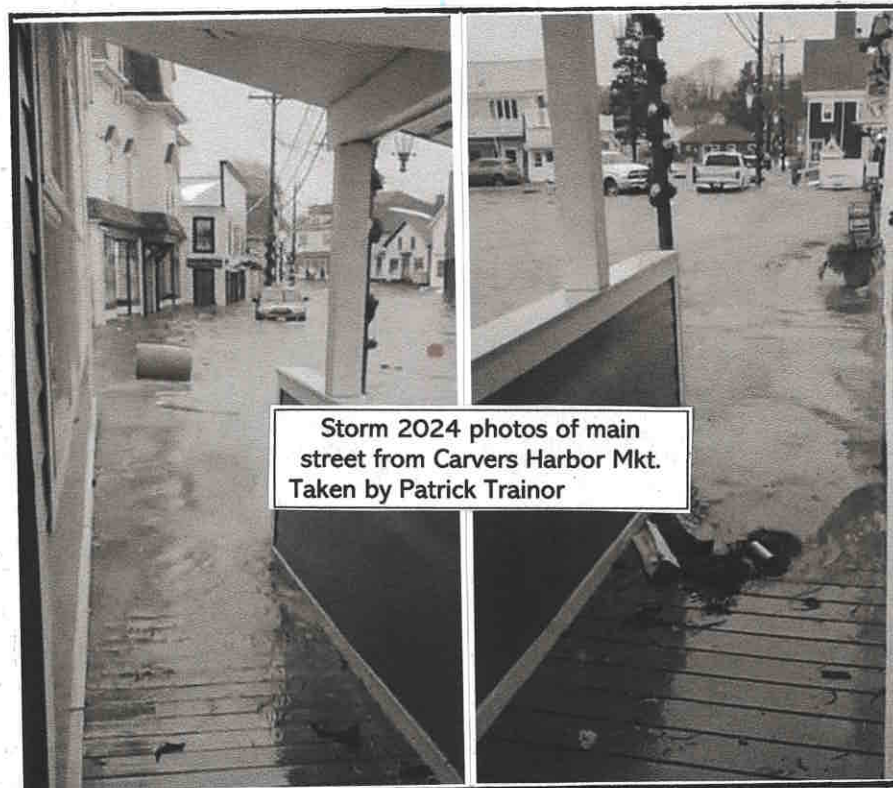
**If you could spend one day with someone living or dead, who would it be and why?**  
Zach Effron because why not!

**Future plans:** I am attending Southern Maine Community College.



Ferry Terminal at high tide on January 13

During January's King Tide storm surges, TideTracker monitoring stations recorded tides as high as 14.5 feet, 3.5 feet above NOAA predictions! If you have storm surge photos you are willing to share please email: [VHTideTrackers@gmail.com](mailto:VHTideTrackers@gmail.com)



Storm 2024 photos of main street from Carvers Harbor Mkt. Taken by Patrick Trainor

**Community Conversation:  
Marine Science on Hurricane Island**



Join us at **The Sand Bar** for a community discussion about goals for Hurricane Island's new science facility. We want to know how our research can serve you.

**January 31st 4:30 - 6:30pm**

*Snacks and drinks provided - childcare upon request*

*RSVP to [info@hurricaneisland.net](mailto:info@hurricaneisland.net) or 207-867-6050*

**Hurricane Island**  
Center for Science and Leadership



**FOR MORE INFORMATION - [INFO@HURRICANEISLAND.NET](mailto:INFO@HURRICANEISLAND.NET)**



**Save the date!**

**Wednesday February  
14<sup>th</sup>**

**Join us for a special Valentine's  
Day Tasting!**

**Wine!  
Beer!  
Cheese!  
And, more!**

**4:00 pm - 6:00 pm**



### THE OBSERVER

I'm continually asked, as are many of us, I'm sure, 'What's it like living on an island?' I try to explain in a way that doesn't represent the circumstances described by living with 1200 other people who are familiar enough with one another to essentially speak, what amounts to another language, one that is described by familiarity, one that only those of us with that tribal fellowship can understand. But sometimes, I, we slip into that familiar mode and answer inquiries in a way that would make a good deal more sense to those of us who live here than to visitors. An example presented itself recently when a repeat visitor saw the daughter of an islander with whom he'd been acquainted years earlier drive by in a pickup. He asked about the father and was told he'd passed away.

"How long ago did he die?"

"Well, ever since she's been driving the red truck", was the response. pc

*The WINDS* are available online (town of Vinalhaven's website and Vinalhaven Public Poster, occasionally the posting may be delayed) at local businesses, and *The WIND* boxes at the ferry terminal, Todd's Garage, and in front of the post office. Thanks to those who help deliver the Winds around town and to the ladies at the Town Office for their help!

### How You Can Help Donate to local service groups

<b>Community Lunchbox</b> Union Church attn: Lunchbox PO Box 249 Checks payable to Union Church Memo line: Lunchbox	<b>Vinalhaven Fuel Fund</b> Sue Radley attn: Vinalhaven Fuel Fund 14 Lawson's Quarry Rd Checks payable to Vinalhaven Fuel Fund
<b>Meals on Wheels</b> VES attn: Meals on Wheels PO Box 624 Checks payable to VES Memo line: Meals on Wheels	<b>the Brown Door at the Union Church</b> Union Church attn: Food Pantry PO Box 249 Checks payable to Union Church Memo line: Food Panty
<b>Vinalhaven Community Outreach</b> PO Box 15 Checks payable to VCO	<b>Vinalhaven Eldercare</b> 18 Beaver Dam Road Checks payable to Vinalhaven Eldercare
<b>Open Bible Baptist Church Coronavirus Relief Fund (CVRF)</b> Open Bible Baptist Church attn: CVRF PO Box 465 Checks payable to Open Bible Baptist Church Memo Line: CVRF	<b>Medical Alert Devices</b> Available through Eldercare 18 Beaver Dam Road Checks payable to Vinalhaven Eldercare

**Add to all addresses:  
Vinalhaven, ME 04863**

...to all our loyal readers, please help us keep these columns current. It is important!  
Email can be sent to [vinalhavenwind@gmail.com](mailto:vinalhavenwind@gmail.com) or call 863-9926. Thank you

### Write to Friends

*Our shut-in community members always appreciate hearing from friends.  
Take a moment to write a note and bring a smile to someone's face!*

<b>Nans Case</b> <b>Ethelyn Day</b> <b>Teddy Dyer</b> <b>Beth Haskell</b> <b>Louie Martin</b> <b>June Martin</b> <b>Linda Oxton</b> <b>Lauretta Robinson</b> Calderwood Homestead 18 Beaver Dam Road Vinalhaven, ME 04863	<b>David Arey</b> Thornton Hall 58 Baribeau Drive/Rm 223 Brunswick, ME 04011	<b>Sandra Osgood</b> Windward Gardens 105 Mechanic Street Camden, ME 04843
<b>Rosemary Anthony</b> 7 North Shore Drive Owls Head, ME 04854	<b>Roland Geary</b> Montello Manor 540 College St./Room 1 Lewiston, ME 04240	<b>Frances Philbrook</b> Woodlands Memory Care 201 Camden St./Rm 107 Rockland, ME 04841
<b>Jaquelyn Ames</b> c/o Goodwill-Kendall Lane House Freeport, ME 04032	<b>Walter Haskell</b> c/o Madison House 93 Military Street Houlton, ME 04730	<b>Barbara Robinson</b> 886 Main St. - Unit 47 Agawam, MA 01001
	<b>June MacDonald</b> Summit 5850 Limestone Rd. Room 206 Hockessin, DE 19707	<b>Lucy Wadsworth</b> Breakwater Commons 100 Commons Drive Memory Care Unit Rm 318 Rockland, ME 04841
		<b>Gladys Walls</b> 354 Augusta Road Washington, ME 04574

### HCR

Heather Cox Richardson is a common name for the many of us who touch base with her each morning. She has graciously responded to an invitation from the Men's Book Group and will appear on the evening of June 12 at the school auditorium (SHA). We look forward to welcoming you for an evening with this very astute political observer.

### AA

**Tuesday 7PM**  
**Zoom Meeting ID:**  
**907 085 8272**  
Please contact  
[vinalhavenaa@gmail.com](mailto:vinalhavenaa@gmail.com)  
for password or any other questions.

The only requirement for membership is a desire to stop drinking.

### AL - ANON

Recovery for Family and Friends of Alcoholics

### 12 Step meetings

Al-Anon is for anyone impacted by a relative or friend's alcohol dependency, either currently or in the past. Support is provided through literature and meetings, where everything shared remains confidential, as well as the identity of those attending.

To join Vinalhaven meetings online or by phone, 4:30 Mondays, please email:

[vinalhavenanon@gmail.com](mailto:vinalhavenanon@gmail.com)

Help is also available from Maine Al-Anon: [maineafg.org/\(207\)284-1844](http://maineafg.org/(207)284-1844) and [al-anon.org](http://al-anon.org)

### NOTICE

to  
**New Moms & Dads**

Send us a photo (optional) or announcement of your newborn, with his/her name, weight & length and we will put it on the front page of *The Wind*, free.



**VINAL ENERGY**  
36 WEST MAIN STREET  
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VINALHAVEN, 04863

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Monday-Friday 9am to 4pm

Providing fuel oil, kerosene, diesel and propane  
Factory authorized Toyotomi and Monitor service and sales

### Vinalhaven Community Outreach

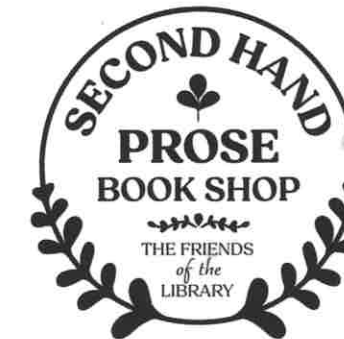
Are you experiencing unusual expenses, loss of income, unexpected medical bills, or other crisis in your life?

If you need help, and fit our criteria, please contact us by email:

[vhcommunityoutreach@gmail.com](mailto:vhcommunityoutreach@gmail.com)

Or at P.O.Box 15  
Vinalhaven, ME 04863

We are a 501 (c) (3) organization



OPEN  
Wed-Sat, 10-2  
(weather permitting)

*Bookstores, like libraries, are the physical manifestation of the wide world's longest, most thrilling conversation.*

-Richard Russo

Accepting donations during our open hours only (please do not leave items on the porch)

www.friendsofvhlibrary.org  
Instagram: @friendsofvpl  
FB: Friends of the VH Library

All sales support  
Friends of the  
Vinalhaven Public Library

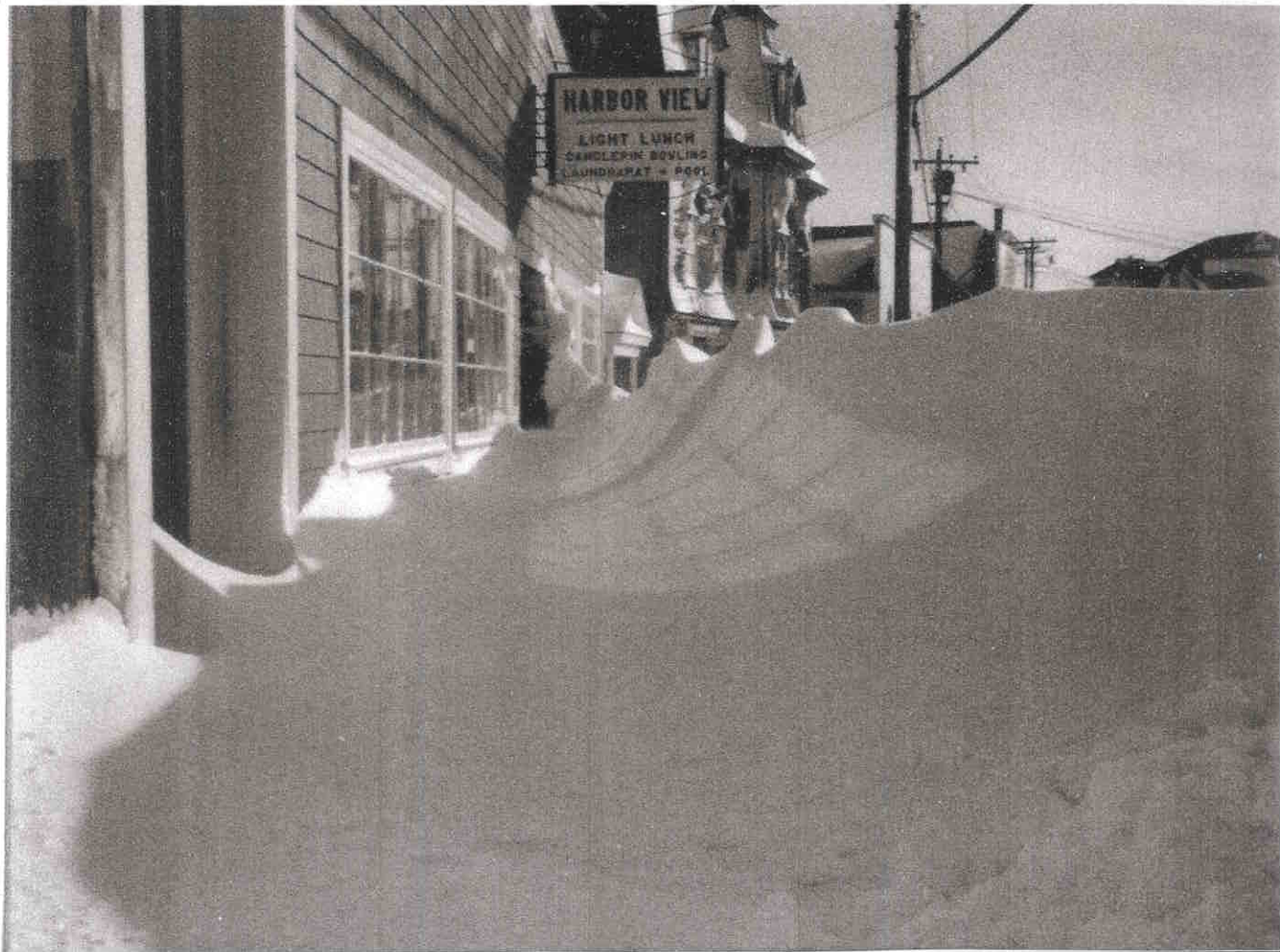


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*The Cliff*

*My cliff is my cloud  
kingdom,  
I am one of the warriors,  
One of the protectors  
working under the  
supreme god,  
My childhood lives and  
thrives in this kingdom  
of the clouds,  
The one place that I  
shall belong,  
Every time I come up  
here,  
My childhood will come  
back to me,  
Never rush your  
childhood,*

*You will regret it.*

*Jillian Applegate  
Grade 6*

**Unofficial Official Fun Days!**  
1/29 - National Puzzle Day  
1/29 - Curmudgeons Day  
1/31 - National Backwards Day



# Allen



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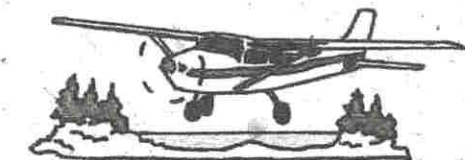
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www.jedwardknight.com

Boothbay Harbor New Harbor Vinalhaven Rockland Bath Wiscasset

## PENOBSCOT ISLAND AIR



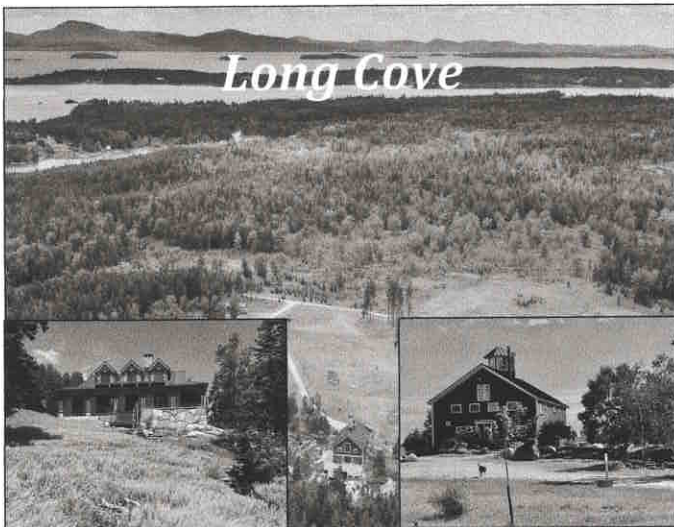
P.O. Box 273, SOUTH THOMASTON, ME 04858  
TERMINAL LANE, OWLS HEAD, ME 04854  
(207) 596-7500 • WWW.PENOBSCOTISLANDAIR.NET



**Buying or selling?**

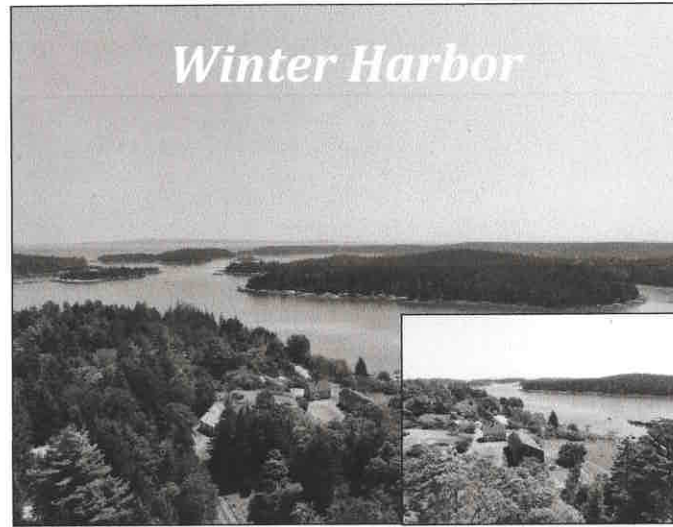
**Our year-round office is here to help!**

Kris Davidson, Broker ~ Alex Young, Associate Broker  
Lisa Shields, Associate Broker ~ Kathy Macy, Sales Agent  
207.863.2200 ~ info@davidson-realty.com  
[www.maineislandliving.com](http://www.maineislandliving.com)



### Long Cove

230 +/- acres and over a mile of waterfront on Long Cove. Deepwater dock, two beautiful year-round homes, large barn, outbuildings, and farm equipment. Ideal as a family compound, private retreat, or farm. (Option to buy one residence, 200 acres & shared use dock for 5 years) **POR**



### Winter Harbor

24-acre peninsula with nearly half a mile of shoreline. Gorgeous granite shoreline, open fields, paths, and woods. Historic granite dwelling, antique barn, shingled camp and bungalow. Multiple conserved islands nearby. Incredible vistas and many places to build. Stunning! **\$1,999,999**

# Tidbits from the Vinalhaven Historical Society

**Much interest is shown** this year in the arrangement of the high school paper, "The Exile," which will hold a beauty contest. All those paying for the paper will be entitled to one vote for the most beautiful girl in the High School. Jan 26, 1924

**4-H doings.** The meeting of the "White Caps" was called to order by the president, Nancy Tolman. The refreshment committee for the January 10th. meeting will be Gail Carleton and Hazel Canary. Jan. 4, 1958

**The hospitality of Mr. & Mrs. Herman Crockett** caused Nebo Lodge to form an outstanding impression in the minds of four men who recently left Northeast Harbor in the teeth of a northwest gale to deliver two 26-foot U. S. Army power boats to Portland to be used as tenders from the forts of that city. The men, two in each boat, got as far as here (North Haven), their boats covered in an icy spray and they were benumbed with cold. They remained at the Lodge for two days before proceeding on their journey. While here the temperature remained around the zero mark. Jan. 25, 1941

**Hospitality in all its** generous and liberal meaning was freely extended Friday evening by the Independent Order of Odd Fellows. A musical program, supper and dance were special features of the evening. The supper consisting of cold meats, baked beans, salads, pastry and fruit was served in the lower halls of the block occupied by the order and the Memorial Hall joining was thrown open for dancing. There were throngs of pretty girls in pretty costumes who tripped the light fantastic into the "wee hours" of the morning. The Big Four of Rockland furnished music. Everybody had a charming time and it was voted the event of the season. Jan. 12, 1897

**H. D. Farnham** is now located at Vinalhaven, where he will conduct a general music business. Teaching, organ and piano tuning, selling, renting, exchanging, repairing strings and brass instruments. Music arranged, song poems set to music. Mail orders promptly filled. Prices right. Jan 13, 1917

**The new one-piece cable** was laid last Thursday, but it was decided not to connect it until the old one gave out. A very short wait was in order for sometime between Saturday and Sunday morning the lights went out. So, the Vinalhaven Light & Power Co. worked a good part of Sunday connecting the cable. Our light troubles will be few and far between from now on. Jan. 24, 1924

**For the year 1923** as quoted from the records there were 1611 callers at the O.B. Ames Farm at Calderwood's Neck Jan 17, 1924

**Mr. & Mrs. Charles Philbrook** entertained their family at a dinner party on Friday in honor of their two sons who were home on furlough for the holidays. Those present were Pvt. Lawrence Philbrook, U. S. Army, Karl Philbrook, A.N., U. S. Navy, Mr. & Mrs. Frank Philbrook and children Donald, Peggy and Robert, Mr. & Mrs. Kenneth Hildings and daughters Linda and Cheryl, Mr. & Mrs. Harold Philbrook and daughters Diane and Joan, Mr. & Mrs. Bruce Johnson and son Brian, Doris Philbrook and special guest Susan Webster. Jan. 3, 1956

**At 9 o'clock Wednesday morning** F. S. Hamilton, who has been employed at the Leopold & Co. quarries at East Boston, slipped and fell 26 feet into the quarry, receiving very serious injuries. Dr. W. F. Lyford was called immediately and Mr. Hamilton was taken by motor boat *The Governor* to Knox Hospital, Rockland, and from there to the Maine General Hospital at Portland for powerful x-ray examination. He was accompanied by Dr. Lyford and A. U. Patterson. Jan. 12, 1917

**Donald M. Roberts ARM2c, USNR**, son of Mr. & Mrs. James Roberts of Vinalhaven, is on his way home. Roberts is one of 3250 high-point Navy veterans whom the "Magic Carpet" is bringing back to the States aboard the *USS Saratoga*. The *USS Saratoga* - one of more than 250 carriers, battleships, cruisers, and attack transports in the Navy's famed "Magic Carpet" fleet-left Pearl Harbor, December 13 and was scheduled to arrive in San Francisco about December 19. Jan. 1, 1946

**Established in 1839** Saddleback Light Station with its clear white beams of light has undoubtedly been a gladsome sight to the weary eyes of many a sailor man during its 99 years of existence. Saddleback Ledge is situated at the SE entrance of East Penobscot Bay and 13 miles seaward from the mainland. The light tower is 54' in height with grey granite top and white base. It is equipped with a 2900 candle power stationery white light. The bell in the station's pyramidal tower is set to ring every 10 seconds. Saddleback Ledge is certainly no place for a nervous man for during rough weather the ledge is often awash with great waves dashing against the buildings. VH Neighbor Jan. 5, 1938

**V.L. Beverage** has retired from the milk business, Alton S. Calderwood of Indian Point Farm is again making daily deliveries - one day the Pulpit Harbor route and the next the Thorofare Village route, Elliot Brown has recently started selling and delivering milk from Vinal's in Thomaston. Jan. 17, 1956

**Groceries & Choice Candies** at the little store near the ball-ground. Nellie Hall, proprietor. VH Neighbor Jan. 19, 1938

## THANK YOU, DR. CARON & STAFF for over 27 years of veterinarian service on Vinalhaven!

...here are a few personal thank you notes from some of our readers...

**A big heartfelt thank you, Dr. Caron** for your many years of dedication to the island animals, especially our goldens: Tucker, Jack, Gus, Logan, Bailey, Dakota, and our adopted dog, Marty!  
Lauretta C.

**Thank you so much for your years of dedication to our island.**  
Gladys & Fancy

Dear Dr. Caron and Crew, We appreciate all your care over the years in Vinalhaven and Rockland. Our pets always feel so comfortable with you and so do we. Thank You! Sincerely, Strider (RIP), Jude (RIP), Scooby (RIP), Lance-Kitty (RIP), Andi (RIP), Mateo (aka Pookie), Mackerel, Zoe, Wewa, Gibson and Olive...and Jamie, Yvonne, Liam, and Tekla

**Kevin & I certainly understand your decision not to do monthly visits to the island, but we will miss your visits so much.** You will of course remain as our veterinarian, and we will look forward to seeing you at your office. Thank you so much for your many years of devotion to our island. We did appreciate the effort you put in to serving the islands. Our best, Kevin & Ellen Hopkins

**Dr. Caron and Team: Tremendous thanks from us and all our pets for your many years of service to our island, through rough weather and crowded ferries.**  
Raymond & Tracy

**In the December 21-27 issue of The Wind,** Dr. Caron noted that his 27+ years of coming to Vinalhave for the animal island clinic was ending. Over much of that time, Dr. Caron helped our family and others. Through those years we had three diabetic coon cats. When we realized that VH's Animal Clinic needed a good scale (in addition to the one in Fifield's hardware store) June MacDonald joined us in purchasing one for the clinic. The scale helped us determine how our animals were doing on Vinalhaven. And pets were often better than their owners in going up the stairs at the Fire Hall to make it to Dr. Caron!  
Our best to Dr. Caron & his assistants at the Rockland Animal Hospital.  
The Lasanskys' Bodhi, Bachi, and Bird

**Thank you so much for the years of care you gave my pets, Nellie & Minky.**  
Pam Weatherbee

**We have been very grateful to Dr. Caron & assistants for their regular visits to the island. It did make life on the island easier and more convenient. Our dog loves him & will miss his visits to the island too, though she'll see him in Rockland.**  
Banner Moffat, Lisa Lewis & MinnieMan

**Thank you for all your compassion and medical care that you have given to all our pets on the island, and for making the sometimes not-so-pleasant trips across the bay. Moxie didn't always appreciate the attention, but I never would have had so much time with her without your veterinarian care. Your visits to Vinalhaven for the care of our pets will truly be missed.**  
Torry