



COVID-19 Vinalhaven Emergency Operations Center (EOC)

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COVID-19 **GUIDE FOR HELPING OTHERS**

During this time of uncertainty, many folks are reaching out, asking what they can do to help. To address those inquiries, the Town's Emergency Operations Center has compiled this Vinalhaven-specific Guide for Helping Others.

Please visit the Town's website for the most up-to-date information including changes in the ferry schedule and changes in how businesses are operating. **townofvinalhaven.org** Call or email for help and more information.

1-207-863-2168

VHEOC@townofvinalhaven.org

Go to "Subscribe" at townofvinalhaven.org and subscribe to "Town Alerts" to receive Daily Updates in your email inbox. Updates are also available on our Facebook Home Page by 7pm daily.

facebook.com/townofvinalhaven

How You Can Help

Focus on Facts Not Fear by getting reliable and credible information from trusted sources:

Maine's 2-1-1 Resource List for Covid-19 help. **211maine.org**

Office of Governor Janet T. Mills **maine.gov/governor/mills/covid-19**

Maine Center for Disease Control & Prevention **1-207-287-8016**
maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml

United States Centers for Disease Control and Prevention **1-800-CDC-INFO**
(1-800-232-4686) **cdc.gov/coronavirus/2019-ncov/index.html?s_cid=bb-coronavirus-2019-ncov-NCIRD**

Maine Health and Human Services Hotline: Dial **2-1-1** or **1-866-811-5695**, Get answers about COVID-19 by calling or texting your zipcode to 898-211, or emailing **info@211maine.org**

Maine Public Radio (90.5 FM WMEP) offers reliable Covid-19 information
mainepublic.org

Stay Home. Governor Mills' mandate limits in-state travel except for essential businesses and essential needs. The Town has asked those whose primary residence is not on Vinalhaven to avoid traveling to the island at this time.

Practice Physical Distancing. Stay at least 6 feet away from others not in your household.

Wear a Mask or Cloth Face Covering when coming within 6 feet of others.

Wash Your Hands and clean surfaces well and often.

Volunteer in a Safe Way by reaching out to community groups and individuals to see if they need help. Follow all safety guidelines provided by the CDC and the Town of Vinalhaven.

Connect with Others using video conferencing tools like Zoom. The Island Institute's Covid-19 resource page includes information about online video conferencing tools islandinstitute.org/coronavirus

Reach Out by calling friends, relatives, and neighbors. Do especially kind things, and thank people for all that they are doing.

Pay-It-Forward by supporting businesses that have been required to close their doors to the public. Utilize take-out and curbside to-go services. Purchase merchandise from businesses' websites. Buy a gift card or gift certificate and pass it along to someone in need.

Donate to Groups and Organizations directly providing for basic needs (several are listed here), as well as your favorite nonprofits and other organizations working to support our community.

Community Lunchbox

makes and delivers prepared meals.

Mail donations to:

Union Church

Attn: Lunchbox

PO Box 249

Vinalhaven, ME 04863

Checks payable to Union Church

Memo line: Lunchbox

Meals on Wheels

makes and delivers prepared meals to those unable to leave their homes. Mail donations to:

Vinalhaven Eldercare Services

attn: Meals on Wheels

PO Box 624

Vinalhaven, ME 04863

Checks payable to VES

Memo Line: Meals on Wheels

Open Bible Baptist Church Corona Virus Relief Fund (CVRF)

provides food for anyone in need.

Mail donations to:

Open Bible Baptist Church

attn: CVRF

PO Box 465

Vinalhaven, ME 04863

Checks payable to Open Bible Baptist Church

Memo line: CVRF

Vinalhaven Community Outreach Covid-19 Fund

helps islanders who have been directly, financially affected by COVID-19. Mail donations to:

Vinalhaven Community Outreach

PO Box 15

Vinalhaven, ME 04863

Checks payable to VCO

Memo line: Covid-19

Vinalhaven Fuel Fund

helps pay for up to 100 gallons of fuel. Mail donations to:

Sue Radley

attn: Vinalhaven Fuel Fund

14 Lawson's Quarry Rd

Vinalhaven, ME 04863

Checks payable to Vinalhaven Fuel Fund

The Brown Door

at the Union Church offers free grocery staples to those in need. Mail donations to:

Union Church

Attn: Food Pantry

PO Box 249

Vinalhaven, ME 04863

Checks payable to Union Church

Memo line: Food Pantry

If you have information that ought to be included in this guide, please contact 1-207-863-2168 or VHEOC@townofvinalhaven.org This information was last revised on 4/20/20